Regional Final

English Schools' AA Cross Country Cup 2026

Regional Final, North West at Sedbergh School - Wednesday 4th November 2026

Junior Boys **Team Results** **4** **Scoring Athletes** **Distance 2400m**

Pos	Name	School, County	Time
1	Henry Oakes	St Anselm's College, Merseyside	8:34
2	Lucas Pendlebury	Manchester Grammar School, Greater Manchester	8:35
3	Will Goligher	Sedbergh Prep School, Cumbria	8:39
4	Freddie Jackson	Wirral Grammar School For Boys, Merseyside	8:41
5	Steven Chan	St Anselm's College, Merseyside	8:47
6	Flynn Eatwell	Sedbergh Prep School, Cumbria	8:48
7	Joshua Leong	Altrincham Grammar School For Boys, Greater Manchester	8:49
8	Benedict Dunning	Wirral Grammar School For Boys, Merseyside	8:49
9	Joshua Chesworth	Lancaster Royal Grammar School, Lancashire	8:50
10	Isaac Farrugia	St Ambrose College, Greater Manchester	8:51
11	Barnaby Plant	Kirkbie Kendal School, Cumbria	8:52
12	Harrison Reid	Kirkbie Kendal School, Cumbria	8:53
13	Rafe Lucas	Altrincham Grammar School For Boys, Greater Manchester	8:57
14	Harry Lowde	Westholme School, Lancashire	8:58
15	George Ayres	Wirral Grammar School For Boys, Merseyside	9:02
16	Keanu Campbell	Queen Elizabeth Grammar School, Cumbria	9:04
17	Jude Rogers	St Ambrose College, Greater Manchester	9:07
18	Alfie Cairns	Wirral Grammar School For Boys, Merseyside	9:09
19	Luca Seminara	Queen Elizabeth Grammar School, Cumbria	9:09
20	Tom Stephenson	Sedbergh Prep School, Cumbria	9:09
21	Lucas Barnett	Wirral Grammar School For Boys, Merseyside	9:10
22	Oscar Reynolds	Altrincham Grammar School For Boys, Greater Manchester	9:11
23	Harry McLoone	Manchester Grammar School, Greater Manchester	9:12
24	Duncan Buis	Queen Elizabeth Grammar School, Cumbria	9:17
25	Flynn O'Donnell	Kirkbie Kendal School, Cumbria	9:17
26	Alpha Tham	Manchester Grammar School, Greater Manchester	9:18
27	Luke English	St Anselm's College, Merseyside	9:18
28	James Moran	Altrincham Grammar School For Boys, Greater Manchester	9:21
29	Michael McElligott	St Ambrose College, Greater Manchester	9:21
30	Isaac O'Connor	Scarisbrick Hall School, Lancashire	9:21
31	Noah Bagley	St Anselm's College, Merseyside	9:23
32	Louie Bell	St Edwards College, Merseyside	9:24
33	Adam Goad	Queen Elizabeth Grammar School, Cumbria	9:24
34	Fin Gillon	Queen Elizabeth Grammar School, Cumbria	9:29
35	Xavier Sawyers	Sedbergh Prep School, Cumbria	9:31
36	Austin Poole	Scarisbrick Hall School, Lancashire	9:32
37	Evan Greenhalgh	St Anselm's College, Merseyside	9:33
38	Harry Holden	Westholme School, Lancashire	9:34
39	Ellis Smith	Sedbergh Prep School, Cumbria	9:35
40	Reuben Allmark	St Edwards College, Merseyside	9:40
41	George Lowde	Westholme School, Lancashire	9:41
42	Harry Atkinson	Kirkbie Kendal School, Cumbria	9:43
43	Rupert Collins	Sedbergh Prep School, Cumbria	9:46
44	Sebastian O'Hare	St Ambrose College, Greater Manchester	9:46
45	Haroon Elkhatib	Lancaster Royal Grammar School, Lancashire	9:48
46	Isaac Payne	St Ambrose College, Greater Manchester	9:50
47	William Rudd	Scarisbrick Hall School, Lancashire	9:53

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Junior Boys **Team Results** **4** **Scoring Athletes** **Distance 2400m**

Pos	Name	School, County	Time
48	Freddie Hignett	Westholme School, Lancashire	9:55
49	Archie McKenzie	Kirkbie Kendal School, Cumbria	9:56
50	Jenson Dawson	St Edwards College, Merseyside	9:57
51	Elliott Griffiths	Queen Elizabeth Grammar School, Cumbria	9:59
52	Sebastian Davies	St Anselm's College, Merseyside	10:00
53	Joseph Doherty	St Ambrose College, Greater Manchester	10:01
54	Bobby Clements	Westholme School, Lancashire	10:04
55	Isaac Ruler	Kirkbie Kendal School, Cumbria	10:06
56	William Hutchings	Altrincham Grammar School For Boys, Greater Manchester	10:08
57	Tom Samwell	Altrincham Grammar School For Boys, Greater Manchester	10:09
58	Ren Beckford	Scarisbrick Hall School, Lancashire	10:10
59	Henry Bennett	Westholme School, Lancashire	10:11
60	Noah Potts	St Edwards College, Merseyside	10:17
61	Joshua Boyd	Scarisbrick Hall School, Lancashire	10:22
62	Sam Sutton	St Edwards College, Merseyside	10:26
63	Joe Redmayne	Lancaster Royal Grammar School, Lancashire	10:27
64	Daniel Craig-Fernandez	St Edwards College, Merseyside	10:31
65	Lachlan Treacey	Lancaster Royal Grammar School, Lancashire	10:40
66	Alexander Risley	Manchester Grammar School, Greater Manchester	10:54

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Intermediate Boys **Team Results** **4** **Scoring Athletes** **Distance 4100m**

Pos	Name	School, County	Time
1	Noah Phllips	Manchester Grammar School, Greater Manchester	13:55
2	Fred Reese	St Anselm's College, Merseyside	14:12
3	Harry Redhead	St Anselm's College, Merseyside	14:34
4	Owen Oswick	Wirral Grammar School For Boys, Merseyside	14:40
5	Thomas Daly	St Ambrose College, Greater Manchester	14:43
6	Noah Mills	St Anselm's College, Merseyside	14:49
7	Craig Hallinan	Manchester Grammar School, Greater Manchester	15:02
8	Oliver Ramshaw	Queen Elizabeth Grammar School, Cumbria	15:09
9	Bobby Hughes	Calday Grange Grammar School, Merseyside	15:10
10	Jenson Read	St Anselm's College, Merseyside	15:11
11	Gab Sardais	Hutton Ce Grammar School And Sixth Form, Lancashire	15:13
12	Jack Turner	All Hallows Catholic High School, Lancashire	15:16
13	Jos Jebb	The Queen Katherine School, Cumbria	15:26
14	Julian Weinberger	Calday Grange Grammar School, Merseyside	15:29
15	Arthur O'Hare	St Ambrose College, Greater Manchester	15:30
16	Sam Baker	Calday Grange Grammar School, Merseyside	15:33
17	Tom Smout	Calday Grange Grammar School, Merseyside	15:36
18	Charlie Hodgson	The Queen Katherine School, Cumbria	15:37
19	Dylan Leadsom	Lancaster Royal Grammar School, Lancashire	15:44
20	Stanley Barron	The Queen Katherine School, Cumbria	15:55
21	James Merriman	St Anselm's College, Merseyside	15:56
22	Theodore Hanson	St Anselm's College, Merseyside	16:07
23	Sam Harrison	Queen Elizabeth Grammar School, Cumbria	16:10
24	Will Taylor	Lancaster Royal Grammar School, Lancashire	16:11
25	Rupert Buitellar-Warden	Sedbergh School, Cumbria	16:12
26	Orson Wakefield	Calday Grange Grammar School, Merseyside	16:13
27	Quinn McCaul	Wirral Grammar School For Boys, Merseyside	16:14
28	George Morison	Sedbergh School, Cumbria	16:19
29	Micah Kenyon-Betts	West Hill School, Greater Manchester	16:22
30	Toby Harrison	Manchester Grammar School, Greater Manchester	16:23
31	George Yapp	All Hallows Catholic High School, Lancashire	16:29
32	TJ Samways	Hutton Ce Grammar School And Sixth Form, Lancashire	16:29
33	Seb Beach	All Hallows Catholic High School, Lancashire	16:33
34	Xander Regan	St Ambrose College, Greater Manchester	16:50
35	Elijah O'Neill	Lancaster Royal Grammar School, Lancashire	16:52
36	Ollie Mitchell	Queen Elizabeth Grammar School, Cumbria	16:55
37	Lawrie Belshaw	The Queen Katherine School, Cumbria	16:58
38	Isaac Matley	West Hill School, Greater Manchester	17:01
39	Henry Friend	St Ambrose College, Greater Manchester	17:03
40	Ethan Douthwaite	The Queen Katherine School, Cumbria	17:07
41	Peter Talks	Lancaster Royal Grammar School, Lancashire	17:17
42	Archie Railton	Sedbergh School, Cumbria	17:17
43	Harry Bird	West Hill School, Greater Manchester	17:18
44	Isaac Marlin	St Ambrose College, Greater Manchester	17:21
45	Hadrian Pendlebury	Manchester Grammar School, Greater Manchester	17:24
46	Ethan Walker	West Hill School, Greater Manchester	17:25
47	Ruben Harwood	Hutton Ce Grammar School And Sixth Form, Lancashire	17:26

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Intermediate Boys **Team Results** **4** **Scoring Athletes** **Distance 4100m**

Pos	Name	School, County	Time
48	Issac McDonough	Hutton Ce Grammar School And Sixth Form, Lancashire	17:28
49	Alaistair Buis	Queen Elizabeth Grammar School, Cumbria	17:29
50	James Hunter	St Ambrose College, Greater Manchester	17:29
51	Jacob-Lee Wilson	Wirral Grammar School For Boys, Merseyside	17:36
52	Dallas Machell	Sedbergh School, Cumbria	17:43
53	Huw Christie	Hutton Ce Grammar School And Sixth Form, Lancashire	17:58
54	Jenson Harrop	West Hill School, Greater Manchester	18:00
55	Forest Rowley	Sedbergh School, Cumbria	18:00
56	Jenson Pickles	West Hill School, Greater Manchester	18:06
57	Oliver Partington	Lancaster Royal Grammar School, Lancashire	18:07
58	Hou-long Gu	Manchester Grammar School, Greater Manchester	18:24
59	Jonah Pickering	Wirral Grammar School For Boys, Merseyside	18:32
60	Lewis Dalton	The Queen Katherine School, Cumbria	18:35
61	Alex Wilkinson	Wirral Grammar School For Boys, Merseyside	18:36
62	Alexander Hanison	Manchester Grammar School, Greater Manchester	19:08
63	Mark Evans	Queen Elizabeth Grammar School, Cumbria	19:27
64	Magnus Church	Sedbergh School, Cumbria	20:44
65	Cian Cox O'Shea	Queen Elizabeth Grammar School, Cumbria	20:58

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Senior Boys **Team Results** **4** **Scoring Athletes** **Distance 4800m**

Pos	Name	School, County	Time
1	Pio Aron	Loreto College, Greater Manchester	15:33
2	Hugo Berry	Sedbergh School, Cumbria	15:34
3	Peter Wayman	Queen Elizabeth Grammar School, Cumbria	15:39
4	Theo Austin	Loreto College, Greater Manchester	15:40
5	Michael Phelan	St Anselm's College, Merseyside	15:52
6	George Martin	Sedbergh School, Cumbria	15:54
7	Finlay Dobson Emmas	Loreto College, Greater Manchester	15:58
8	Evan Mulvany	The Queen Katherine School, Cumbria	16:34
9	Liam Fulton	Queen Elizabeth Grammar School, Cumbria	16:37
10	Jack Mawdsley	All Hallows Catholic High School, Lancashire	16:40
11	George Goulding	St Anselm's College, Merseyside	16:42
12	Gabriel Pearse	St Anselm's College, Merseyside	16:50
13	Patrick Cuthbert	St Anselm's College, Merseyside	16:59
14	Samuel Greenhalgh	St Anselm's College, Merseyside	17:07
15	Ben Dutson	Loreto College, Greater Manchester	17:10
16	Mac Lightfoot	St Anselm's College, Merseyside	17:23
17	Thomas Heap	Wirral Grammar School For Boys, Merseyside	17:29
18	Archer Blann	Altrincham Grammar School For Boys, Greater Manchester	17:31
19	Toby Acland	The Queen Katherine School, Cumbria	17:36
20	Jonah Hughes	The Queen Katherine School, Cumbria	17:43
21	Ewan Birch	Queen Elizabeth Grammar School, Cumbria	17:47
22	Massey Cunningham	Altrincham Grammar School For Boys, Greater Manchester	17:50
23	Alfie Shawcross	Lancaster Royal Grammar School, Lancashire	17:54
24	Edward Manley	Altrincham Grammar School For Boys, Greater Manchester	17:59
25	Theo Kaye	Wirral Grammar School For Boys, Merseyside	18:01
26	Oscar Holroyd	Lancaster Royal Grammar School, Lancashire	18:13
27	Joseph Cuddy	Altrincham Grammar School For Boys, Greater Manchester	18:20
28	Stan Marston	The Queen Katherine School, Cumbria	18:32
29	Pratik Jayar	Lancaster Royal Grammar School, Lancashire	18:36
30	Gil Burns	Queen Elizabeth Grammar School, Cumbria	18:46
31	Henry Patchett	Sedbergh School, Cumbria	18:51
32	Troy Amer	Wirral Grammar School For Boys, Merseyside	18:54
33	Evan Thomas	Range High School, Merseyside	18:54
34	Ivan Gateley	Wirral Grammar School For Boys, Merseyside	18:59
35	Harry Cuttle	Sedbergh School, Cumbria	19:00
36	Ayaan Siddiqui	Altrincham Grammar School For Boys, Greater Manchester	19:05
37	Thomas Brennan	Range High School, Merseyside	19:05
38	Cormac O'Neil	Stonyhurst College, Lancashire	19:05
39	Joshua Cadman	Stonyhurst College, Lancashire	19:06
40	Seth Abbey	Queen Elizabeth Grammar School, Cumbria	19:19
41	Finn O'Donnell	Lancaster Royal Grammar School, Lancashire	19:27
42	Kayden Parkinson Herron	Loreto College, Greater Manchester	19:29
43	Isaac Roberts	Wirral Grammar School For Boys, Merseyside	19:34
44	Adam Wilmore	Stonyhurst College, Lancashire	19:57
45	George Kenyon	Stonyhurst College, Lancashire	20:05
46	Henry Renton	Range High School, Merseyside	20:08
47	Charlie Francis	Sedbergh School, Cumbria	20:13

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Senior Boys **Team Results** **4** **Scoring Athletes** **Distance 4800m**

Pos	Name	School, County	Time
48	Carston Lam	Stonyhurst College, Lancashire	20:30
49	Oscar Firth	Sedbergh School, Cumbria	20:36
50	Charlie Croasdale	All Hallows Catholic High School, Lancashire	20:52
51	Pierce Quinn	Range High School, Merseyside	21:12
52	Kyle Craig	The Queen Katherine School, Cumbria	21:40
53	Louie McKenna	Range High School, Merseyside	22:05
54	Felix Farrimond	Queen Elizabeth Grammar School, Cumbria	22:05
55	Nayan Luthra	Stonyhurst College, Lancashire	22:06

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Junior Girls **Team Results** **4** **Scoring Athletes** **Distance 2400m**

Pos	Name	School, County	Time
1	Isla Newton	Canon Slade C of E School, Greater Manchester	9:18
2	Anna Gately	Wirral Grammar School For Girls, Merseyside	9:22
3	polly mcvicar	Upton Hall School, Merseyside	9:25
4	Mila Sillito	The Queen Katherine School, Cumbria	9:30
5	gabrielle davis-cope	Upton Hall School, Merseyside	9:33
6	Maia Dacre	Sedbergh Prep School, Cumbria	9:36
7	Teigan Wilcock	The Queen Katherine School, Cumbria	9:37
8	Mila Price	Wirral Grammar School For Girls, Merseyside	9:38
9	Romy Barron	The Queen Katherine School, Cumbria	9:41
10	Erin Lee	Lancaster Girls' Grammar School, Lancashire	9:50
11	Ziva Timson	Wirral Grammar School For Girls, Merseyside	9:51
12	Eleanor Mackintosh	Loreto Grammar School, Greater Manchester	10:00
13	Rosa-Mae Crompton	The Queen Katherine School, Cumbria	10:02
14	Isla Davies	Birkenhead High School Academy, Merseyside	10:09
15	Lucy Wood	Queen Elizabeth Grammar School, Cumbria	10:22
16	Jia Kochhar	Withington Girls' School, Greater Manchester	10:22
17	Amelia Draper	Birkenhead High School Academy, Merseyside	10:23
18	Sophia Clutton	Sedbergh Prep School, Cumbria	10:25
19	Pippa Hunt	Canon Slade C of E School, Greater Manchester	10:27
20	Georgia Morton	Queen Elizabeth Grammar School, Cumbria	10:28
21	Maggie Bartram	Wirral Grammar School For Girls, Merseyside	10:30
22	Meila Craven	Scarisbrick Hall School, Lancashire	10:31
23	Eloise Maplesden	Canon Slade C of E School, Greater Manchester	10:32
24	Clemency Carroll	Loreto Grammar School, Greater Manchester	10:34
25	Izzy Hughes	Queen Elizabeth Grammar School, Cumbria	10:35
26	nieve campbell	Upton Hall School, Merseyside	10:36
27	Mackenzie Bastille	Sedbergh Prep School, Cumbria	10:37
28	Scarlet Gora	Lancaster Girls' Grammar School, Lancashire	10:42
29	Bronte Lowe	Withington Girls' School, Greater Manchester	10:45
30	Laiyah Manjra	Withington Girls' School, Greater Manchester	10:47
31	Elizabeth Loke	Withington Girls' School, Greater Manchester	10:47
32	millie airey	Upton Hall School, Merseyside	10:47
33	Charlotte Hodkinson	Loreto Grammar School, Greater Manchester	10:48
34	Nessa Cody	Lancaster Girls' Grammar School, Lancashire	10:49
35	Dixie Connolly	Scarisbrick Hall School, Lancashire	10:58
36	Izzy Guinan	Manchester High School For Girls, Greater Manchester	10:59
37	Charlotte Hibbert	Canon Slade C of E School, Greater Manchester	11:01
38	Willow McNulty	Manchester High School For Girls, Greater Manchester	11:01
39	Alice Carden	Manchester High School For Girls, Greater Manchester	11:01
40	Hattie Blunt	The Queen Katherine School, Cumbria	11:02
41	Bryony Germond	Lancaster Girls' Grammar School, Lancashire	11:03
42	Skylagh-Eve Redman Broml	Scarisbrick Hall School, Lancashire	11:08
43	Poppy Gardhouse	Queen Elizabeth Grammar School, Cumbria	11:10
44	Deiyin Kajopaye	Manchester High School For Girls, Greater Manchester	11:11
45	Evelyn Edmondson	Loreto Grammar School, Greater Manchester	11:11
46	Ophelia Forrest	Sedbergh Prep School, Cumbria	11:12
47	Elizabeth O'Meara	Loreto Grammar School, Greater Manchester	11:13
48	Suki Waterhouse	Stonyhurst College, Lancashire	11:19

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Junior Girls **Team Results** **4** **Scoring Athletes** **Distance 2400m**

Pos	Name	School, County	Time
49	emma o'keefe-wilson	Upton Hall School, Merseyside	11:23
50	Anna Dooley	Wirral Grammar School For Girls, Merseyside	11:24
51	Micha Bojdol	The Queen Katherine School, Cumbria	11:27
52	Eleanor Roberts	Scarisbrick Hall School, Lancashire	11:32
53	Emily Ebbrell	Loreto Grammar School, Greater Manchester	11:36
54	Autumn Pickering	Wirral Grammar School For Girls, Merseyside	11:47
55	Pheobe Foreshaw	Stonyhurst College, Lancashire	11:47
56	Primrose Dunn	Lancaster Girls' Grammar School, Lancashire	11:52
57		Scarisbrick Hall School, Lancashire	11:55
58	Darcie Fielding	Stonyhurst College, Lancashire	12:00
59	Rosie Richardson	Stonyhurst College, Lancashire	12:01
60	Olivia Stockdale	Queen Elizabeth Grammar School, Cumbria	12:02
61	Poppy Cain	Stonyhurst College, Lancashire	12:03
62	Reyah Holden	Canon Slade C of E School, Greater Manchester	12:09
63	Renee Bolton-Price	Sedbergh Prep School, Cumbria	12:17
64	Ellie-Rosa Dejonge Seiros	Manchester High School For Girls, Greater Manchester	12:40
65	Maddison Earnshaw	Stonyhurst College, Lancashire	12:45
66	Maggie Stamper	Queen Elizabeth Grammar School, Cumbria	12:52

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Intermediate Girls **Team Results** **4** **Scoring Athletes** **Distance 2400m**

Pos	Name	School, County	Time
1	daisy mcvicar	Upton Hall School, Merseyside	8:33
2	Amelie Wormald	Canon Slade C of E School, Greater Manchester	8:39
3	Ellie Blackhurst	All Hallows Catholic High School, Lancashire	8:46
4	Frankie Foster	William Howard School, Cumbria	8:47
5	Mila Barron	The Queen Katherine School, Cumbria	9:05
6	Tolu adebanjo	Archbishop Blanch School, Merseyside	9:06
7	Lucy O'Brien	Loreto Grammar School, Greater Manchester	9:07
8	Elizabeth Pitts	Scarisbrick Hall School, Lancashire	9:15
9	Sienna Thorley	Lancaster Girls' Grammar School, Lancashire	9:17
10	marie-ange robson	Upton Hall School, Merseyside	9:22
11	Yemi Adebanjo	Archbishop Blanch School, Merseyside	9:24
12	Bridget Flynn	Loreto Grammar School, Greater Manchester	9:26
13	Millie Wright	All Hallows Catholic High School, Lancashire	0:31
14	Lauren Cowell	Lancaster Girls' Grammar School, Lancashire	9:32
15	Gabriella Forrest	Sedbergh School, Cumbria	9:40
16	poppy boden	Upton Hall School, Merseyside	9:46
17	Scarlett Walker	All Hallows Catholic High School, Lancashire	9:49
18	Maggie Rowley	Sedbergh School, Cumbria	9:52
19	Penny Philbin	Scarisbrick Hall School, Lancashire	9:53
20	Ava Stirling	Canon Slade C of E School, Greater Manchester	9:58
21	Alice Boothroyd	Sale Grammar School, Greater Manchester	10:00
22	alina Phillips	Archbishop Blanch School, Merseyside	10:04
23	lucie finlay	Upton Hall School, Merseyside	10:05
24	Ella Cagatey	Sedbergh School, Cumbria	10:08
25	Isla Igoe	Loreto Grammar School, Greater Manchester	10:10
26	Erin Maule	Loreto Grammar School, Greater Manchester	10:10
27	Violet Brady	Birkenhead High School Academy, Merseyside	10:14
28	Zoe Dunning	Birkenhead High School Academy, Merseyside	10:16
29	Alice Horsfall	Sale Grammar School, Greater Manchester	10:21
30	Louise Ackerely	William Howard School, Cumbria	10:23
31	Gabriella Roche	Canon Slade C of E School, Greater Manchester	10:25
32	Aoife Wiilson	Sale Grammar School, Greater Manchester	10:26
33	Francesca Cooper	Canon Slade C of E School, Greater Manchester	10:27
34	Nina Conti	Loreto Grammar School, Greater Manchester	10:28
35	Elsa Dove	Scarisbrick Hall School, Lancashire	10:38
36	Elodie Haslett	The Queen Katherine School, Cumbria	10:40
37	Ruby Hewson	William Howard School, Cumbria	10:44
38	Isla Hamilton	Lancaster Girls' Grammar School, Lancashire	10:46
39	lottie abbot beck	Upton Hall School, Merseyside	10:48
40	Charlotte Hore	William Howard School, Cumbria	10:54
41	Harriet Stainer	The Queen Katherine School, Cumbria	10:56
42	Sophia Davies	Lancaster Girls' Grammar School, Lancashire	11:00
43	Tess Reedy	The Queen Katherine School, Cumbria	11:01
44	Lyla Bramah	Canon Slade C of E School, Greater Manchester	11:02
45	Rachel Evans	William Howard School, Cumbria	11:09
46	Eloise Graham-Campbell	Sedbergh School, Cumbria	11:17
47	Emma Jones	Sale Grammar School, Greater Manchester	11:19
48	Ella Kay	The Queen Katherine School, Cumbria	11:20

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Intermediate Girls **Team Results** **4** **Scoring Athletes** **Distance 2400m**

Pos	Name	School, County	Time
49	Carmen Brennan-Sweeney	Loreto Grammar School, Greater Manchester	11:22
50	melissa Cameron	Archbishop Blanch School, Merseyside	11:24
51	Lisbeth Allen	Scarisbrick Hall School, Lancashire	11:44
52	Pippa Dauncey	Sale Grammar School, Greater Manchester	11:48
53	Eve Higson	Sale Grammar School, Greater Manchester	11:49
54	Ailsa Haywood	Sedbergh School, Cumbria	11:52
55	Mia Presch	William Howard School, Cumbria	12:04
56	Georgie Thompson	Sedbergh School, Cumbria	12:05
57	Laura Dolan-Draper	Canon Slade C of E School, Greater Manchester	12:11
58	Asha Rowe	The Queen Katherine School, Cumbria	12:25
59	Rowan Fosker	Lancaster Girls' Grammar School, Lancashire	12:32
60	faye Tsintzou	Archbishop Blanch School, Merseyside	12:40
61	Lauren Sinha	Scarisbrick Hall School, Lancashire	12:41
62	Emily Wildig	All Hallows Catholic High School, Lancashire	12:49
63	Jessica Nicol	Scarisbrick Hall School, Lancashire	12:54
64	Phoebe Joules	All Hallows Catholic High School, Lancashire	13:12

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Senior Girls **Team Results** **4** **Scoring Athletes** **Distance 3400m**

Pos	Name	School, County	Time
1	Lucia Connell	Sedbergh School, Cumbria	13:42
2	Isla Jebb	The Queen Katherine School, Cumbria	14:08
3	Isla Pastor	West Kirby Grammar School, Merseyside	14:13
4	Maisie Yorke	West Kirby Grammar School, Merseyside	13:26
5	Emmy Ranner	The Queen Katherine School, Cumbria	14:34
6	Megan Boyer	Sale Grammar School, Greater Manchester	14:43
7	Caitlin Wetters	Sale Grammar School, Greater Manchester	14:56
8	Millie Jebb	The Queen Katherine School, Cumbria	15:14
9	Imogen Dunning	Wirral Grammar School For Girls, Merseyside	15:20
10	Ellie Todhunter	Kirkbie Kendal School, Cumbria	15:29
11	Ava Sant-Cassia	West Kirby Grammar School, Merseyside	15:38
12	Isla Pearman	Kirkbie Kendal School, Cumbria	15:55
13	Bonnie Kewley	West Kirby Grammar School, Merseyside	16:05
14	Cara Bradley	Kirkbie Kendal School, Cumbria	16:19
15	isla lawrenson	Upton Hall School, Merseyside	16:25
16	Beatrice Bartram	Wirral Grammar School For Girls, Merseyside	16:29
17	Natasza Crowder	West Kirby Grammar School, Merseyside	16:35
18	Lydia Worsley	Bury Grammar School, Greater Manchester	16:42
19	faye mckeown	Upton Hall School, Merseyside	16:48
20	Amelia Cox	Wirral Grammar School For Girls, Merseyside	16:59
21	Ruby Duxbury	The Queen Katherine School, Cumbria	17:04
22	Daisy Fielding	Sedbergh School, Cumbria	17:07
23	Annabelle Rogan	West Kirby Grammar School, Merseyside	17:13
24	Rosie Scott	The Queen Katherine School, Cumbria	17:22
25	katie merriman	Upton Hall School, Merseyside	17:26
26	Sophie Norman	Sedbergh School, Cumbria	17:44
27	Amira Crookall	Sedbergh School, Cumbria	17:56
28	Ava Brocklehurst	Bury Grammar School, Greater Manchester	17:59
29	Hannah McKay	Wirral Grammar School For Girls, Merseyside	18:10
30	Eva Cummings	Bury Grammar School, Greater Manchester	18:17
31	ava lewis	Upton Hall School, Merseyside	18:21
32	Lena Woda	Stonyhurst College, Lancashire	18:49
33	Juliet Price-Lyall	Sedbergh School, Cumbria	18:58
34	Grace Goligher	Sedbergh School, Cumbria	18:59
35	Lily Slater	Kirkbie Kendal School, Cumbria	19:02
36	Erin Huston	Wirral Grammar School For Girls, Merseyside	19:24
37	Jessica Baker	Sale Grammar School, Greater Manchester	19:34
38	Zanita Aneni	Stonyhurst College, Lancashire	19:46
39	Rosie Speight	Kirkbie Kendal School, Cumbria	19:55
40	Neev Renton	The Queen Katherine School, Cumbria	19:57
41	Jessica Clarke	Sale Grammar School, Greater Manchester	20:10
42	May Castendyk	Stonyhurst College, Lancashire	20:28
43	Mila Tesic	Stonyhurst College, Lancashire	20:37
44	Bethan McGrath	Sale Grammar School, Greater Manchester	20:40
45	Charlotte Leitch	Bury Grammar School, Greater Manchester	21:57
46	Zia Isherwood	Bury Grammar School, Greater Manchester	21:57
47	Kosa Ogah	Bury Grammar School, Greater Manchester	22:08
48	Gaby Safar Narvaez	Stonyhurst College, Lancashire	22:37

Regional Final

English Schools' AA Cross Country Cup 2026

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Junior Boys

Posn	Points	School	Places 1st	2nd	3rd	4th
1	45	Wirral Grammar School For Boys, Merseyside	4	8	15	18
2=	64	St Anselm's College, Merseyside	1	5	27	31
2=	64	Sedbergh Prep School, Cumbria	3	6	20	35
4	70	Altrincham Grammar School For Boys, Greater Manchester	7	13	22	28
5	90	Kirkbie Kendal School, Cumbria	11	12	25	42
6	92	Queen Elizabeth Grammar School, Cumbria	16	19	24	33
7	100	St Ambrose College, Greater Manchester	10	17	29	44
8	117	Manchester Grammar School, Greater Manchester	2	23	26	66
9	141	Westholme School, Lancashire	14	38	41	48
10	171	Scarisbrick Hall School, Lancashire	30	36	47	58
11=	182	St Edwards College, Merseyside	32	40	50	60
11=	182	Lancaster Royal Grammar School, Lancashire	9	45	63	65

Junior Girls

Posn	Points	School	Places 1st	2nd	3rd	4th
1	33	The Queen Katherine School, Cumbria	4	7	9	13
2	42	Wirral Grammar School For Girls, Merseyside	2	8	11	21
3	66	Upton Hall School, Merseyside	3	5	26	32
4	80	Canon Slade C of E School, Greater Manchester	1	19	23	37
5	97	Sedbergh Prep School, Cumbria	6	18	27	46
6	103	Queen Elizabeth Grammar School, Cumbria	15	20	25	43
7	106	Withington Girls' School, Greater Manchester	16	29	30	31
8	113	Lancaster Girls' Grammar School, Lancashire	10	28	34	41
9	114	Loreto Grammar School, Greater Manchester	12	24	33	45
10	151	Scarisbrick Hall School, Lancashire	22	35	42	52
11	157	Manchester High School For Girls, Greater Manchester	36	38	39	44
12	220	Stonyhurst College, Lancashire	48	55	58	59

Regional Final

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Intermediate Boys

Posn	Points	School	Places 1st	2nd	3rd	4th
1	21	St Anselm's College, Merseyside	2	3	6	10
2	56	Calday Grange Grammar School, Merseyside	9	14	16	17
3	83	Manchester Grammar School, Greater Manchester	1	7	30	45
4	88	The Queen Katherine School, Cumbria	13	18	20	37
5	93	St Ambrose College, Greater Manchester	5	15	34	39
6	116	Queen Elizabeth Grammar School, Cumbria	8	23	36	49
7	119	Lancaster Royal Grammar School, Lancashire	19	24	35	41
8	138	Hutton Ce Grammar School And Sixth Form, Lancashire	11	32	47	48
9	141	Wirral Grammar School For Boys, Merseyside	4	27	51	59
10	147	Sedbergh School, Cumbria	25	28	42	52
11	156	West Hill School, Greater Manchester	29	38	43	46

Intermediate Girls

Posn	Points	School	Places 1st	2nd	3rd	4th
1	50	Upton Hall School, Merseyside	1	10	16	23
2	70	Loreto Grammar School, Greater Manchester	7	12	25	26
3	86	Canon Slade C of E School, Greater Manchester	2	20	31	33
4	89	Archbishop Blanch School, Merseyside	6	11	22	50
5	95	All Hallows Catholic High School, Lancashire	3	13	17	62
6=	103	Lancaster Girls' Grammar School, Lancashire	9	14	38	42
6=	103	Sedbergh School, Cumbria	15	18	24	46
8	111	William Howard School, Cumbria	4	30	37	40
9	113	Scarisbrick Hall School, Lancashire	8	19	35	51
10	125	The Queen Katherine School, Cumbria	5	36	41	43
11	129	Sale Grammar School, Greater Manchester	21	29	32	47

English Schools' AA Cross Country Cup 2026

Regional Final, North West at Sedbergh School - Wednesday 4th November 2026

Senior Boys

Posn	Points	School	Places 1st	2nd	3rd	4th
1	27	Loreto College, Greater Manchester	1	4	7	15
2	41	St Anselm's College, Merseyside	5	11	12	13
3	63	Queen Elizabeth Grammar School, Cumbria	3	9	21	30
4	74	Sedbergh School, Cumbria	2	6	31	35
5	75	The Queen Katherine School, Cumbria	8	19	20	28
6	91	Altrincham Grammar School For Boys, Greater Manchester	18	22	24	27
7	108	Wirral Grammar School For Boys, Merseyside	17	25	32	34
8	119	Lancaster Royal Grammar School, Lancashire	23	26	29	41
9	166	Stonyhurst College, Lancashire	38	39	44	45
10	167	Range High School, Merseyside	33	37	46	51

Senior Girls

Posn	Points	School	Places 1st	2nd	3rd	4th
1	31	West Kirby Grammar School, Merseyside	3	4	11	13
2	36	The Queen Katherine School, Cumbria	2	5	8	21
3	71	Kirkbie Kendal School, Cumbria	10	12	14	35
4	74	Wirral Grammar School For Girls, Merseyside	9	16	20	29
5	76	Sedbergh School, Cumbria	1	22	26	27
6	90	Upton Hall School, Merseyside	15	19	25	31
7	91	Sale Grammar School, Greater Manchester	6	7	37	41
8	121	Bury Grammar School, Greater Manchester	18	28	30	45
9	155	Stonyhurst College, Lancashire	32	38	42	43