

Round - 1

English Schools' AA Cross Country Cup 2026

Suffk 1 : Woodbridge School - Tuesday 6th October 2026

Junior Boys		Team Results	4	Scoring Athletes	Distance 3200m
Pos	Name	School, County			Time
1	NICHOLAS IANCU	Westcliff High School For Boys, Essex			
2	Theodor Rennesland	Farlingaye High School, Suffolk			
3	Josh Dinwiddie	Farlingaye High School, Suffolk			
4	Rasmus Holmefjord-Phillips	Woodbridge School, Suffolk			
5	OBIE HARKINS	Westcliff High School For Boys, Essex			
6	MAX LIPPE	Westcliff High School For Boys, Essex			
7	AARAV KISHORE	Westcliff High School For Boys, Essex			
8	Eddie Levack	Woodbridge School, Suffolk			
9	Jack Bownes	Woodbridge School, Suffolk			
10	Max Knowland	Woodbridge School, Suffolk			
11	Otis Water-Palmer	Farlingaye High School, Suffolk			
12	GAUTAM SANDEEP	Westcliff High School For Boys, Essex			
13					
14	Sam Ward	Farlingaye High School, Suffolk			
15	Archie Hatch	Woodbridge School, Suffolk			
16	Charlie Hendry	Woodbridge School, Suffolk			
17	Bailey O'Hara	Farlingaye High School, Suffolk			
18	Calvin Murphy	County High School, Suffolk			
19	William Woodisse	County High School, Suffolk			
20	Michael Hughes	County High School, Suffolk			
21	Luca Cianciola	County High School, Suffolk			

Round - 1

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Suffk 1 : Woodbridge School - Tuesday 6th October 2026

Intermediate Boys		Team Results	4	Scoring Athletes	Distance 4200m
Pos	Name	School, County			Time
1	Dex Marshall	Woodbridge School, Suffolk			
2	Noah Griffiths	Kesgrave High School, Suffolk			
3	Seth Bowman	Kesgrave High School, Suffolk			
4	Eli Bowman	Kesgrave High School, Suffolk			
5	Oliver Lee	Woodbridge School, Suffolk			
6	Josh Seaman	Woodbridge School, Suffolk			
7	GEORGE RILEY	Westcliff High School For Boys, Essex			
8	Noah Farthing	Kesgrave High School, Suffolk			
9	Solomon Brokenshire-Dyke	St Benedicts Catholic School, Suffolk			
10	Olly Ripman	Woodbridge School, Suffolk			
11	AMBROSE NYAMANDI	Westcliff High School For Boys, Essex			
12	Kingsley Davies	Kesgrave High School, Suffolk			
13	Sidney Astle	St Benedicts Catholic School, Suffolk			
14	Harru Litchfield	Farlingaye High School, Suffolk			
15	AARON BAKER-DURSLAG	Westcliff High School For Boys, Essex			
16	ARNAV BANDGUL	Westcliff High School For Boys, Essex			
17	Alfie Ripman	Woodbridge School, Suffolk			
18	Elliot Gordon	Kesgrave High School, Suffolk			
19	Greg Slater	St Benedicts Catholic School, Suffolk			
20	Elliot Mason	Farlingaye High School, Suffolk			
21	JAMES PACKER	Westcliff High School For Boys, Essex			
22	Evan Cameron	St Benedicts Catholic School, Suffolk			
23	Dylan Garnham	Farlingaye High School, Suffolk			
24	Isaac Chandler	Farlingaye High School, Suffolk			
25	Fraser Gimman	Farlingaye High School, Suffolk			
26	Luke Lisney	County High School, Suffolk			

Round - 1

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Senior Boys			Team Results	4	Scoring Athletes	Distance 4800m
Pos	Name	School, County				Time
1	Mason Bramhald	Farlingaye High School, Suffolk				
2	Hamish Dover	Woodbridge School, Suffolk				
3	Edward Berkley	Farlingaye High School, Suffolk				
4	Oliver Lamas Nakagawa	St Benedicts Catholic School, Suffolk				
5	Digby Pearson	Woodbridge School, Suffolk				
6	Jago Jennings	Woodbridge School, Suffolk				
7	Flynn Kelly	Farlingaye High School, Suffolk				
8	REUBEN WALTERS	Westcliff High School For Boys, Essex				
9	NATHAN MORADEKE-JOHN	Westcliff High School For Boys, Essex				
10	Archie Coogan	St Benedicts Catholic School, Suffolk				
11	Andric Nunez	Farlingaye High School, Suffolk				
12	Harry Alexander	Woodbridge School, Suffolk				
13	Sam Lisserman	Woodbridge School, Suffolk				
14	Noah T'Sjoen	St Benedicts Catholic School, Suffolk				
15	Noah Wilkinson	St Benedicts Catholic School, Suffolk				
16	FREDDIE SANKEY	Westcliff High School For Boys, Essex				
17	DEXTER SEYMOUR	Westcliff High School For Boys, Essex				
18	Jacob Woods-Andrews	Farlingaye High School, Suffolk				
19	Charlie Dean	Woodbridge School, Suffolk				

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Suffk 1 : Woodbridge School - Tuesday 6th October 2026

Junior Girls

Team Results			4	Scoring Athletes	Distance 2100m
Pos	Name	School, County			Time
1	Sofia Dean	Woodbridge School, Suffolk			
2	Ava Schwarz	Woodbridge School, Suffolk			
3	Florence Knight	Woodbridge School, Suffolk			
4	Layla-Rose Flory	Farlingaye High School, Suffolk			
5	Elsa Herring	Farlingaye High School, Suffolk			
6	Olive Wates	Farlingaye High School, Suffolk			
7	Clara Scrivener	Woodbridge School, Suffolk			
8	Nancy Carter	Farlingaye High School, Suffolk			
9	Alice Manning	Farlingaye High School, Suffolk			
10	Ziyu Lin	Woodbridge School, Suffolk			
11	Beth Duffield	County High School, Suffolk			
12	Lily Ripman	Woodbridge School, Suffolk			
13	Elsie Orr	Farlingaye High School, Suffolk			

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Intermediate Girls		Team Results	4	Scoring Athletes	Distance 3200m
Pos	Name	School, County			Time
1	Sophie Bolton	St Benedicts Catholic School, Suffolk			
2	Alexandra McVittie	Woodbridge School, Suffolk			
3	Chloe Berry	Woodbridge School, Suffolk			
4	Flora Houchell	Farlingaye High School, Suffolk			
5	India Johnson	Woodbridge School, Suffolk			
6	India Bostock	Woodbridge School, Suffolk			
7	Ella Knight	Woodbridge School, Suffolk			
8	Charlotte Houchell	Farlingaye High School, Suffolk			
9	Jemima Rutland	Colchester County High School For Girls, Essex			
10	Annabella Johnson	Farlingaye High School, Suffolk			
11	Seren Lloyd	Farlingaye High School, Suffolk			
12	Isabella Clarke	Colchester County High School For Girls, Essex			
13	Beatrice Harpur-Davies	St Benedicts Catholic School, Suffolk			
14	Neroli Foster	County High School, Suffolk			
15	Roseanna Lindsell	County High School, Suffolk			
16	Nancy Garner	Colchester County High School For Girls, Essex			
17	Ivy Marsden	Farlingaye High School, Suffolk			
18	Holly Fisher	County High School, Suffolk			
19	Patrycja Golonka	St Benedicts Catholic School, Suffolk			
20	Tati Hotham	Woodbridge School, Suffolk			
21	Lucilla Visintin	Colchester County High School For Girls, Essex			
22	Imogen Knight	St Benedicts Catholic School, Suffolk			
23	Matilda Laflin	County High School, Suffolk			
24	Alice Rifat	County High School, Suffolk			
25	Keela Tudor	Colchester County High School For Girls, Essex			
26	Izabella Howard	Farlingaye High School, Suffolk			

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Senior Girls

		Team Results	4	Scoring Athletes	Distance 3200m
Pos	Name	School, County			Time
1	Sophia Green	Colchester County High School For Girls, Essex			
2	Maggie Vinton	Farlingaye High School, Suffolk			
3	Edie Clough	Farlingaye High School, Suffolk			
4	Sara Kelly	Colchester County High School For Girls, Essex			
5	Poppy Rykens	Colchester County High School For Girls, Essex			
6	Hawaa Patel	Colchester County High School For Girls, Essex			
7	Elsie Hinton	Farlingaye High School, Suffolk			
8	Poppy Hurley	Farlingaye High School, Suffolk			
9	Zoe James	Colchester County High School For Girls, Essex			

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Junior Boys

Posn	Points	School	Places			
			1st	2nd	3rd	4th
1	19	Westcliff High School For Boys, Essex	1	5	6	7
2	30	Farlingaye High School, Suffolk	2	3	11	14
3	31	Woodbridge School, Suffolk	4	8	9	10
4	78	County High School, Suffolk	18	19	20	21

Junior Girls

Posn	Points	School	Places			
			1st	2nd	3rd	4th
1	13	Woodbridge School, Suffolk	1	2	3	7
2	23	Farlingaye High School, Suffolk	4	5	6	8

Intermediate Boys

Posn	Points	School	Places			
			1st	2nd	3rd	4th
1	17	Kesgrave High School, Suffolk	2	3	4	8
2	22	Woodbridge School, Suffolk	1	5	6	10
3	49	Westcliff High School For Boys, Essex	7	11	15	16
4	63	St Benedicts Catholic School, Suffolk	9	13	19	22
5	81	Farlingaye High School, Suffolk	14	20	23	24

Intermediate Girls

Posn	Points	School	Places			
			1st	2nd	3rd	4th
1	16	Woodbridge School, Suffolk	2	3	5	6
2	33	Farlingaye High School, Suffolk	4	8	10	11
3	55	St Benedicts Catholic School, Suffolk	1	13	19	22
4	58	Colchester County High School For Girls, Essex	9	12	16	21
5	70	County High School, Suffolk	14	15	18	23

Senior Boys

Posn	Points	School	Places			
			1st	2nd	3rd	4th
1	22	Farlingaye High School, Suffolk	1	3	7	11
2	25	Woodbridge School, Suffolk	2	5	6	12
3	43	St Benedicts Catholic School, Suffolk	4	10	14	15
4	50	Westcliff High School For Boys, Essex	8	9	16	17

Senior Girls

Posn	Points	School	Places			
			1st	2nd	3rd	4th
1	16	Colchester County High School For Girls, Essex	1	4	5	6
2	20	Farlingaye High School, Suffolk	2	3	7	8