

The Referees may change the time depending on the progress of the Pole Vaults and other events.

PRESENTATIONS will take place as soon after the conclusion of the events as possible.

Unless athletes are told otherwise they should have completed their warm up,
etc and be prepared to start the different competitions at the stipulated start times.

Athletes and Team Managers should listen for announcements.

Saturday 19th September 2026

Time	Sen Boys	Sen Girls	Inter Boys	Inter Girls	Jun Boys	Walks	Time
09:30		100mH (84cm) Yr13	Long Jump 1/2				09:30
09:45					100mH (84cm) Yr9		09:45
10:10		100mH (76.2cm) Yr12					10:10
10:25				100mH (76.2cm) Yr11			10:25
10:50					80mH (76.2cm) Yr8		10:50
11:05		High Jump 1/4		80mH (76.2cm) Yr10			11:05
11:15			Discus 1/2				11:15
11:30	100m						11:30
11:45				High Jump 2/3	Shot 1/2		11:45
12:15	Long Jump 1/2					Mixed U13 1500m	12:15
12:45						JB/JG 2000m	12:45
13:00			Javelin 1/2				13:00
13:15						IB/IG/SB/SG 3000m	13:15
13:30	Shot 1/2				Long Jump 1/2		13:30
14:00							14:00
14:30		Shot 1/2					14:30
14:45	High Jump 1/4				High Jump 2/3		14:45
15:00			400m				15:00
15:15				Shot 1/2			15:15
15:45		200m					15:45
16:15							16:15
16:30				200m			16:30
16:45	400m						16:45
17:15					800m		17:15

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Sunday 20th September 2026

Time	Sen Boys	Sen Girls	Inter Boys	Inter Girls	Jun Girls	Wheelchair Races	Time
09:00					75mH (68.5cm) Yr8		09:00
09:20					80mH (76.2cm) Yr9		09:20
09:30				Long Jump 1/2			09:30
09:45	110mH (99.1cm) Yr13						09:45
10:00	110mH (91.4cm) Yr12						10:00
10:15			110mH (91.4cm) Yr11		Shot 1/2		10:15
10:40	Discus 1/2	Long Jump 1/2	100mH (84cm) Yr10				10:40
11:00				Javelin 1/2			11:00
11:30			High Jump 2/3			100m	11:30
11:45	Pole Vault 1/2				High Jump 1/4		11:45
12:15		Javelin 1/2				400m	12:15
13:00						200m	13:00
14:00	Javelin 1			800m			14:00
14:30			Shot 1/2				14:30
15:00	Javelin 2	800m			Long Jump 1/2		15:00
16:00			1500m				16:00
16:15							16:15
16:30	1500m						16:30
16:45					800m		16:45