JUNIOR GIRLS SCHOOLS' CUP FINAL BEST PERFORMANCES

75m Hurdles	S. Harris	Ivybridge Community College, Devon	11.50	2015
100 metres	S. Jajemisin	Headington School, Oxfordshire	12.30	2011
200 metres	A. Hunt	Kesteven & Grantham Girls', Lincs	25.20	2015
300m	S. Omotosho	Southend High School for Girls, Essex	41.10	2022
800 metres	S. Okoro	The Coopers' Company & Coborn School, Essex	2:18.20	2019
1500 metres	S. Smith	The Coopers' Company & Coborn School, Essex	4:38.50	2024
Relay		Wycombe High School, Bucks	54.30	2006
Shot	E. Adese	James Allen's Girls' School, London	11.80	2023
Discus	H.Evenden	Wakefield Girls' High School, West Yorks	31.52	2004
Javelin	E. Christian	Guildford High School, Surrey	38.14	2022
Hammer	Olivia Green	Grey Court School, Middlesex	33.95	2025
Long Jump	S. Wilhelmy	Southend High School for Girls, Essex	5.43	1993
High Jump	T. Ojora	Wycombe Abbey School, Bucks	1.65	2015
Pole Vault	Rosie Mower	The Eastwood Academy, Essex	2.50	2025

JUNIOR BOYS SCHOOLS' CUP FINAL BEST PERFORMANCES

80m Hurdles	J. McLean	Greensward College, Essex	11.15	2004
100 metres	W. Andoh	Bishop Challenor Collegiate Boys, London	11.30	2015
200 metres	G. Abrahams	Greycourt School, Middlesex	23.51	2024
300 metres	O. Seki	The Campion School, Essex	37.60	2013
800 metres	T. Kendrick	The Judd School, Kent	2.02.9	2013
1500 metres	A. Hickey	Southend High School for Boys, Essex	4.22.0	2001
Relay		St. Bonaventure's Roman Catholic School, Essex	51.60	2014
Shot	L. Capes	Bourne Grammar School, Lincs	15.97	2022
Discus	Samar Plaha	Dartford Grammar School, Kent	52.64	2025
Javelin	D. Murphy	FitzWimarc School, Essex	44.56	1986
Hammer	A. Reynolds	William De Ferrers School, Essex	52.77	2012
Long Jump	Emmanuel Famokun	Dartford Grammar School, Kent	6.12	2025
High Jump	J. Akintolu	Queen Elizabeth Grammar, West Yorks	1.76	2023
	Josh Jukes	**The Judd School, Kent**	**1.76**	**2026**
Triple Jump	J. Hughes	ARK Globe Academy, London	12.71	2023
	C. Eyre	Royal Grammar School, Northumberland	3.20	1989
Pole Vault	M. Etheridge	Essex FitzWimarc School, Essex	3.20	2008
	J. Longhurst	Essex FitzWimarc School, Essex	3.20	2010

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INTER BOYS SCHOOLS' CUP FINAL BEST PERFORMANCES

80m Hurdles	H. Nmaju	Dartford Grammar, Kent	10.58s	2024
100 metres	**Matthew Boos**	**Poole Grammar School, Dorset**	**11.02**	**2026**
200 metres	**Grindan Abrahams**	**Grey Court School, Middlesex**	**22.05**	**2026**
300 metres	M. Agbolegbe	Westcliff High School for Boys, Essex	35.89	2024
800 metres	A. Fulford	The Ridgeway School, Wiltshire	1:57.50	1997
1500 metres	F. Scott	Northampton School for Boys, Northants	4:00.25	2018
Relay		Whitgift School, Surrey	47.50	2002
Shot	L. Capes	Bourne Grammar School, Lincs	19.15	2024
Discus	**Obinna Aniebo**	**Dartford Grammar School, Kent**	**52.10**	**2026**
Javelin	**Liam Bergin-Mccarthy**	**The Campion School, Essex**	**56.70**	**2026**
Hammer	J. Norris	The Windsor Boys' School, Berkshire	73.52	2014
Long Jump	M. Giraud	Wimbledon College, London	7.11	1993
High Jump	**Mack O'Keefe**	**Grey Court School, Middlesex**	**2.01**	**2026**
Triple Jump	Oluwajomiloju Jonathan Hughes	ARK Globe Academy, London	14.24	2025
Pole Vault	Max Merriman	RGS Guildford, Surrey	4.35	2025

INTER GIRLS SCHOOLS' CUP FINAL BEST PERFORMANCES

80m Hurdles	A. Barrett	St. Mary's High School, Derbyshire	11.10	2013
100 metres	A. Wilson	Guildford High School, Surrey	12.20	2022
200 metres	S. Wilhelmy	Southend High School for Girls, Essex	24.90	1994
300 metres	S. Omotosho	Southend High School for Girls, Essex	40.00	2023
800 metres	K.Snowdon	James Allen's Girls', London	2:11.30	2009
1500 metres	B. Wood	South Wiltshire Grammar, Wiltshire	4:27.10	2018
Relay		Queen Mary School, Lancashire	53.10	1981
Shot	Emilia Adese	James Allen's Girls', London	15.40	2025
Discus	C. Bradley	Easthampstead Park School, Berkshire	38.12	1983
Javelin	E. Korczack	Brighton College, Sussex	46.03	2018
Hammer	Keira Lake-Bryan	Queenswood School, Hertfordshire	46.46	2024
Long Jump	S. Fajemisin	Headington School, Oxfordshire	5.74	2013
High Jump	V. Hubbard	Kesteven & Grantham Girls', Lincs	1.70	2004
	H. Scaramanga	Millfield, Somerset	1.70	2005
Triple Jump	R. Williamson	Kirkham Grammar, Lancashire	11.41	2010
	H. Bunter	Parkstone Grammar, Dorset	11.41	2024
Pole Vault	I. Turner	Roundwood Park School, Hertfordshire	3.70	2023

BEST PERFORMANCES

Pre: Introduction of new weights & heights in 2000

JUNIOR BOYS	S. Foster	Our Lady's High School, Greater Manchester	13.22	1995
Shot (4kg)	J. Kindon	Millfield, Somerset	36.48	1989
Discus				
(1.25kg)	P. Waterman	St. Olave's, Kent	45.22	1993
Hammer				
(4kg)				
INTERMEDIATE BO'	J. Quarry	Langley Park, Kent	11.10	1988
80m Hurdles				
(Hgt 91.5cm)	M. Simson	Furtherwick Park, Essex	14.86	1985
Shot (5kg)	E. Udechuku	Dulwich College, London	50.10	1994
Discus (1.5kg)	C. Mason	Macmillan College, Cleveland	50.51	1999
Hammer (5kg)				

Pre: Introduction of change of distance in 2013

JUNIOR BOYS	J. Deane	Lincroft Middle School, Bedfordshire	52.60	2008
400 metres				
INTERMEDIATE BO'	N. Hamilton	Dulwich College, London	50.30	1994
400 metres				

Pre: Introduction of new weights in 2014

JUNIOR GIRLS	Y. Spencer	Lady Manners School, Derbyshire	10.93	2006
Shot (3.25kg)	J. Loxton	Queens College, Somerset	34.90	2010
Javelin (600gms)				
INTERMEDIATE GIR	Y. Anekwe	Millfield, Somerset	12.96	1987
Shot (3.25kg)	R. Semenytsh	Newlands Girls', Berkshire	39.49	2002