



**ESAA English Schools' Track and Field Cup 2025**  
**Regional 'B' Final, LN 1 at Watford - Wednesday 11th June 2025**



**Junior Boys**

**1 : 363pts : Hampton School, Middlesex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Henry Malone	16.1		9pts	Peter Rey-Raab	15.0		14pts	
100m	Yule Choi	13.2		18pts	Ollie Scrimshaw	13.5		15pts	
200m	stephan Ansel	28.4		16pts	Ethan Chow	28.4		16pts	
300m	Thomas Young	43.6		18pts	Toby Baker	45.0		15pts	
800m	Raffi Berry	2:25.2		21pts	Mayouran Kaarthikan	2:31.9		19pts	
1500m	Noah Liborg	5:13.9		18pts	Theo Payne	5:37.2		12pts	
Long_Jump	Peter Rey-Raab	4.00		12pts	Ethan Chow	3.80		10pts	
High_Jump	Yule Choi	1.35		15pts	Raffi Berry	1.23		11pts	
Triple_Jump	Thomas Young	10.11		19pts	Ollie Scrimshaw	9.94		18pts	
Pole_Vault									
Shot	stephan Ansel	7.81		12pts	Jonah Miles	7.48		11pts	
Discus	Henry Malone	14.18		8pts	Toby Baker	28.49		22pts	
Javelin	Theo Rainey	20.77		13pts	Mayouran Kaarthikan	12.72		5pts	
Hammer									
Relay	Theo Rainey , Theo Payne , Noah Liborg , Jonah Miles						57.2		16pts

**2 : 360pts : Dame Alice Owens, Hertfordshire**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Kush Majavadia	14.9		15pts	Archie Wynn	15.7		11pts	
100m	Charlie Knight	13.0		20pts	JamesTsui	14.9		7pts	
200m	Jonny James Flintoff	29.3		14pts	Zak Urquhart	33.3		4pts	
300m	Alex Xavier	44.2		17pts	Anselme Decouttere	43.5		18pts	
800m	Luke Johnson	2:18.5		23pts	Adetola Adeleke	2:37.0		18pts	
1500m	James Moudart	5:06.8		20pts	Jack Gilbert	5:36.9		12pts	
Long_Jump	Charlie Knight	5.03		22pts	Jonny James Flintoff	3.90		11pts	
High_Jump	Alex Xavier	1.38		16pts	JamesTsui	1.41		17pts	
Triple_Jump	Kush Majavadia	8.43		11pts	Archie Wynn	8.04		8pts	
Pole_Vault	Luke Johnson	2.40		21pts					
Shot	Firdaus Zahar	7.17		10pts	Anselme Decouttere	9.53		18pts	
Discus	Felix Buchanan	19.48		13pts	Adetola Adeleke	19.42		13pts	
Javelin					zak urquhart	18.12		11pts	
Hammer									
Relay	Felix Buchanan , Firdaus Zahar , James Moudart , Jack Gilbert						62.3		10pts

**3 : 352pts : Haberdasher's Elstree Schools, Hertfordshire**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Seth Saunders	13.2		23pts					
100m	Kitan Oke	13.5		15pts	Jacob Dalah	15.2		6pts	
200m	Ethan	27.2		19pts	Ayden Haria	31.8		8pts	
300m	Adam Grant	47.0		12pts	Rafi Barsam	47.2		12pts	
800m	Anand Dhlokia	2:19.5		23pts	Noah Szajman	2:26.2		21pts	
1500m	Charlie Hamilton	4:58.5		22pts	Luca Lane	5:23.3		16pts	
Long_Jump	Jacob Dalah	3.89		10pts	Noah Szajman	3.73		9pts	
High_Jump	Luca Lane	1.29		13pts	Stef Louzoi	1.35		15pts	
Triple_Jump	Lucas Davis	9.21		15pts	Adam Grant	7.72		6pts	
Pole_Vault									
Shot	Kitan Oke	8.84		15pts	Anand Dhlokia	7.23		10pts	
Discus	Avi Hertzberg	24.57		19pts	Charlie Hamilton	17.64		12pts	
Javelin	Seth Saunders	21.67		14pts	Rafi Barsam	19.78		12pts	
Hammer	Jermemy Rottenburg	21.72		14pts					
Relay	Stef Louzoi , Jermemy Rottenburg , Avi Hertzberg , Ayden Haria						61.5		11pts



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**Junior Boys**  
**4 : 322pts : Belmont Mill Hill, Middlesex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Riley Hagen	14.5		17pts	Ben Simmons	15.9		10pts
100m	Harrison Maule	13.7		13pts	Jacob Lim	13.5		15pts
200m	Jadon Evbuomwan	26.8		20pts	Leo Barnett	28.4		16pts
300m	Finn Reid	53.9		4pts	Zac Kopelowitz	47.1		12pts
800m	Toby Chesser	2:37.2		17pts	Anthony Eden	2:31.7		19pts
1500m	Kia Schumacher	5:07.8		20pts	Lysander Mullan	5:12.5		18pts
Long_Jump	Kia Schumacher	3.57		7pts	Eytan Gishen	3.61		8pts
High_Jump	Riley Hagen	1.38		16pts	Ben Simmons	1.26		12pts
Triple_Jump	Finn Reid	8.72		12pts	Sammy Berg	7.58		4pts
Pole_Vault								
Shot	Jacob Lim	8.90		16pts	Zac Kopelowitz	7.63		11pts
Discus	Leo Barnett	17.87		12pts	Lysander Mullan	17.02		11pts
Javelin	Anthony Eden	16.12		9pts	Jadon Evbuomwan	11.16		4pts
Hammer								
Relay	Eytan Gishen , Sammy Berg , Harrison Maule , Toby Chesser					54.6		19pts

**5 : 308pts : John F Kennedy Catholic School, Hertfordshire**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Emmanuel Macmillan	15.9		10pts	Ryan Hlbbberd	17.3		4pts
100m	Zuriel Moses	14.2		11pts	Ethan Mcdonough	14.1		11pts
200m	Edmund Kyremeh	16.6		0pts	Kingsford sarfo	29.4		14pts
300m	Bailee Ellis	46.2		13pts	Kacper Nowak	44.3		16pts
800m	Jude Glynn	2:42.1		16pts	Micheal Elisikases	2:49.8		13pts
1500m	Harry Deacon	4:51.6		24pts	Jude Harkin	5:38.1		12pts
Long_Jump	Bailee Ellis	4.17		13pts	Edmund Kyremeh	4.60		18pts
High_Jump	Ethan Mcdonough	1.26		12pts				
Triple_Jump	Emmanuel Macmillan	10.00		19pts	Zuriel Moses	9.65		17pts
Pole_Vault								
Shot	Kacper Nowak	7.42		11pts	Micheal Elisikases	6.50		8pts
Discus	Jack James	18.88		13pts	Jude Harkin	12.79		6pts
Javelin	Ryan Hlbbberd	27.10		20pts	Finn Eustace	19.65		12pts
Hammer								
Relay	Jack James , Finn Eustace , Jude Glynn , Kingsford sarfo					58.0		15pts

**6 : 308pts : St Edmund's College, Hertfordshire**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Zachary Woghiren	13.4		22pts	Wilf Dav	15.5		12pts
100m	Samuel Ogatunde	14.6		9pts	Monty Bonnett-Powell	13.8		13pts
200m	Daniel Pozner	31.2		9pts	Aiden Gupta	29.6		13pts
300m	William Sales	48.1		10pts	Spencer Bensley	48.7		9pts
800m	Alex Hartley	2:39.5		17pts	Jordan Shamlou	2:42.8		16pts
1500m					Alfie Lawrence	5:27.2		15pts
Long_Jump	William Sales	4.09		12pts	Alex Mc Grath	3.65		8pts
High_Jump	Thomas Smits	1.29		13pts	Alex Hartley	1.26		12pts
Triple_Jump	Zachary Woghiren	9.39		15pts	Spencer Bensley	7.66		5pts
Pole_Vault								
Shot	Henry Skitt	7.32		10pts	Monty Bonnett-Powell	11.03		23pts
Discus	Samuel Ogatunde	23.94		18pts	Daniel Pozner	14.50		9pts
Javelin	Alfie Lawrence	29.14		22pts	Aiden Gupta	11.23		4pts
Hammer								
Relay	Henry Skitt , Toby Mc Grath , Alex Mc Grath , Jordan Shamlou					60.3		12pts



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**Junior Boys**

**7 : 307pts : Central Foundation Boys' School, London**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Emmanuel Guzman	16.5		7pts	Thomas Minns Green	15.8		10pts
100m	Prince Deo Otambul	12.9		21pts	Jayden Eale	13.7		13pts
200m	Zain Miah	28.0		17pts	Rory Pendry	29.3		14pts
300m	Samuel Ramirez	48.1		10pts	Anthony Charles	45.8		14pts
800m	Ayman Mahmoud	2:39.8		17pts	Edward Van Dorp	2:31.0		20pts
1500m	Etienne Wong She	5:35.7		13pts	Ylli Krasniqi	5:36.7		12pts
Long_Jump	Prince Deo Otambul	4.63		18pts	Zain Miah	4.46		16pts
High_Jump	Etienne Wong She	1.38		16pts	Cairo Logan	NM		0pts
Triple_Jump	Ayman Mahmoud	7.21		1pts	Ylli Krasniqi	8.18		9pts
Pole_Vault								
Shot	Thomas Minns Green	6.70		8pts	Rory Pendry	11.25		23pts
Discus	Anthony Charles	16.46		10pts	Kondrad Mamilone	13.93		8pts
Javelin	Emmanuel Guzman	16.59		9pts	Edward Van Dorp	14.11		7pts
Hammer								
Relay	Cairo Logan , Samuel Ramirez , Kondrad Mamilone , Jayden Eale					58.6		14pts

**8 : 240pts : Heartlands High School, Middlesex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles					Joel J Gumbs	14.7		16pts
100m	Lawrence Nimako Junior	13.0		20pts	Leo Mephram	13.8		13pts
200m					Bryce Philips Chan	27.8		18pts
300m	Harrison H Eyre	45.9		14pts	Julian Ephriam Bakojja	43.9		17pts
800m					Jasper Willars	2:48.5		14pts
1500m	Jack Sondhi	5:10.7		19pts	Sebby Brown	5:24.1		15pts
Long_Jump	Leo Mephram	3.61		8pts	Josiah Afful	3.90		11pts
High_Jump	Julian Ephriam Bakojja	1.44		18pts				
Triple_Jump	Reggie S P Robertson	7.38		2pts	Harrison H Eyre	9.07		14pts
Pole_Vault								
Shot	Yigit Ali	7.87		12pts	Lawrence Nimako Junior	7.33		10pts
Discus	Jack Sondhi	8.01		0pts	Jasper Willars	12.60		6pts
Javelin					Bryce Philips Chan	8.43		1pts
Hammer								
Relay	Josiah Afful , Joel J Gumbs , Yigit Ali , Sebby Brown					60.9		12pts

**9 : 201pts : Highgate School, Middlesex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Alex Pabst	16.0		9pts	Joshua Weinberger	18.9		0pts
100m	Albie Whyles	13.7		13pts	Khanh Nguyen	14.6		9pts
200m	Max Robinson	34.9		0pts	Aaron Goodman	34.9		0pts
300m	Arthur Duffy	49.9		8pts	Sam Gosman	47.2		12pts
800m					Dylan Lewis	2:42.9		16pts
1500m	Josh Zobel	5:27.3		15pts	Robert Mainwood	5:11.0		19pts
Long_Jump	Joshua Weinburger	3.51		7pts	Khanh Nguyen	3.92		11pts
High_Jump	Lucas Wang	2.26		0pts	Sam Gosman	1.29		13pts
Triple_Jump	Albie Whyles	8.59		11pts	Arthur Duffy	9.60		17pts
Pole_Vault								
Shot	Alex Pabst	6.47		7pts	Joshua Weinberger			
Discus	Erik Langran	10.70		4pts	Aaron Goodman	14.52		9pts
Javelin	Josh Zobel	14.05		7pts	Robert Mainwood	12.64		5pts
Hammer								
Relay	Lucas Wang , Dylan Lewis , Erik Langran , Max Robinson					63.9		9pts



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Junior Girls

1 : 395pts : Sandringham School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Isla Chitty	14.7		15pts	Hannah Hardy	14.0		19pts
100m	Flo Randall	14.3		16pts				
200m	Lottie Dennis	30.2		17pts	Sadie Smith	30.2		17pts
300m	Fanya Poulougiannis	45.2		23pts	Grace Betteridge	51.0		13pts
800m	Eliza Power	2:39.0		25pts	Olivia Daniel	2:40.1		24pts
1500m	Sofia Sacoto	5:31.6		24pts	Eleanor White	5:38.4		23pts
Long_Jump	Lottie Dennis	4.20		17pts	Sadie Smith	4.20		17pts
High_Jump	Fanya Poulougiannis	1.26		16pts	Eleanor White	1.26		16pts
Triple_Jump								
Pole_Vault	Claire Hardy	2.00		20pts				
Shot	Isla Chitty	8.50		23pts	Olivia Daniel	6.28		12pts
Discus	Flo Randall	16.97		15pts				
Javelin					Grace Betteridge	25.22		26pts
Hammer								
Relay	Hannah Hardy , Eliza Power , Claire Hardy , Sofia Sacoto					61.0		17pts

2 : 337pts : Queenswood School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lorelle Ojo	14.1		18pts				
100m	Ella Appiah-Spick	14.5		14pts	Bibisola Alo	14.3		16pts
200m	Elsa Donaghy	29.8		18pts	Ava Gascoigne	30.6		16pts
300m	Polly Dodd	47.7		17pts				
800m	Genenieve Kellaway	2:48.0		22pts	Ella Maddison	3:11.9		14pts
1500m	Molly Haigh	5:30.6		24pts	Olimpia Martinez	5:37.1		23pts
Long_Jump	Ella Appiah-Spick	3.92		14pts	Bibisola Alo	3.54		10pts
High_Jump	Polly Dodd	1.29		17pts	Lorelle Ojo	1.26		16pts
Triple_Jump								
Pole_Vault								
Shot	Darrah Doherty	7.77		19pts	Elsa Donaghy	5.96		11pts
Discus	Kyra Higley	20.52		20pts	Ava Gascoigne	11.52		8pts
Javelin	Genenieve Kellaway	21.07		21pts	Molly Haigh	11.75		8pts
Hammer								
Relay	Ella Maddison , Darrah Doherty , Kyra Higley , Olimpia Martinez					65.3		11pts

3 : 329pts : St Edmund's College, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ava-Grace Harding	14.6		16pts	Nina Evans-Fernandez	15.3		13pts
100m	Jemimah Olaoluwa	14.3		16pts	Siena Paercy	14.1		18pts
200m	KK Omidiji	26.8		28pts	Ella Rudman	31.7		12pts
300m	Olivia Bacon-Sugrue	47.8		17pts				
800m	Isabelle Bacon-Sugrue	DNF		0pts	Cyenna Tuma	2:55.9		19pts
1500m	Teddey Dawson	6:09.4		18pts	Eme Udom	6:04.7		19pts
Long_Jump	Ava-Grace Harding	4.28		18pts	Temidire Fadahunsi-Jones	4.08		15pts
High_Jump	Olivia Bacon-Sugrue	1.17		13pts	Nina Evans-Fernandez	1.26		16pts
Triple_Jump								
Pole_Vault								
Shot	Jemimah Olaoluwa	7.80		20pts	Siena Paercy	6.50		13pts
Discus	KK Omidiji	18.96		18pts	Cyenna Tuma	12.79		10pts
Javelin	Isabelle Bacon-Sugrue	13.93		11pts				
Hammer								
Relay	Teddey Dawson , Eme Udom , Ella Rudman , Temidire Fadahunsi-Jones					59.5		19pts



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Junior Girls

4 : 327pts : Haberdasher's Elstree Schools, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Mila Lovis	13.4		22pts	Uju Okafor	16.5		9pts
100m	Avni Mandalia	14.9		12pts	Seyi Saseun	15.6		9pts
200m	Sophie Pearce	29.0		21pts	Eno Ebai	29.8		18pts
300m	Tamara Marshall-Harry	47.1		18pts				
800m	Amelia Holt	2:47.0		22pts	Saanvi Doijad	2:54.6		19pts
1500m	Neve Black	6:13.1		17pts	Kika Townshend	6:01.3		19pts
Long_Jump	Eno Ebai	4.20		17pts	Saanvi Doijad	3.73		12pts
High_Jump	Avni Mandalia	1.26		16pts	Uju Okafor	1.26		16pts
Triple_Jump								
Pole_Vault								
Shot	Sophie Pearce	7.26		17pts	Seyi Saseun	6.51		13pts
Discus	Tamara Marshall-Harry	17.03		16pts	Neve Black	11.66		8pts
Javelin	Trisha Das	17.03		15pts				
Hammer								
Relay	Trisha Das , Amelia Holt , Mila Lovis , Kika Townshend					64.9		11pts

5 : 320pts : Highgate School, Middlesex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Millie Rosel	14.8		15pts	Temi Owoyemi	16.4		9pts
100m	Olivia Daibo	14.7		13pts	Alba Kim	16.1		6pts
200m	Matilda Foster	32.2		10pts	Olivia Charlier	30.6		16pts
300m	Olivia Taylor	51.6		12pts	Effie Kennedy	50.5		13pts
800m	Imogen Williets	2:33.4		26pts	Abigail Ross	2:51.3		20pts
1500m	Holly Brewester	5:27.1		25pts	Valeria Shmaneva	5:44.8		22pts
Long_Jump	Olivia Daibo	3.81		13pts	Temi Owoyemi	3.92		14pts
High_Jump	Holly Brewester	1.23		15pts	Effie Kennedy	1.29		17pts
Triple_Jump								
Pole_Vault								
Shot	Millie Rosel	7.41		18pts				
Discus					Valeria Shmaneva	9.71		6pts
Javelin	Imogen Williets	24.21		25pts	Alba Kim	11.42		8pts
Hammer								
Relay	Olivia Taylor , Olivia Charlier , Matilda Foster , Abigail Ross					61.1		17pts

6 : 314pts : Christ's School, Middlesex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Grace Claros	15.4		13pts	Eloise Clarke	15.2		13pts
100m	Cecily Somelu	14.3		16pts	Liya A	13.8		21pts
200m	Evelyn Michael	33.8		7pts	Sasha Nartey	29.8		18pts
300m	Holly Brotherstone	53.8		9pts	Molly Terziu	56.9		6pts
800m	Keira Rankin	2:39.3		24pts	Savannah Hunt	2:56.7		19pts
1500m	Laura Graham	5:02.6		30pts	Matilda Beale	6:08.8		18pts
Long_Jump	Cecily Somelu	3.97		14pts	Sasha Nartey	3.77		12pts
High_Jump	Laura Graham	1.26		16pts	Eloise Clarke	1.38		20pts
Triple_Jump								
Pole_Vault								
Shot	Keira Rankin	5.13		9pts	Savannah Hunt	4.60		7pts
Discus	Holly Brotherstone	9.71		6pts				
Javelin	Molly Terziu	18.19		17pts				
Hammer								
Relay	Liya A , Matilda Beale , Evelyn Michael , Grace Claros					59.7		19pts



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Junior Girls

7 : 309pts : St Albans High School for Girls, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Emily Back	14.6		16pts	Ellie Huddleston	16.3		10pts
100m	Charlotte Wood	14.4		15pts	Amelia Green	15.2		11pts
200m	Amelia Alade	29.5		19pts	Lilly Burger	33.0		9pts
300m	Amelie Sarosi	51.0		13pts				
800m	Lara Hall	2:56.1		19pts	Ella Pinder	2:53.7		20pts
1500m	Anna Stokes	5:29.5		25pts	Anna Lucia Blankenship	6:30.1		14pts
Long_Jump	Charlotte Wood	4.49		20pts	Emily Back	3.68		11pts
High_Jump	Amelia Alade	1.32		18pts	Lara Hall	1.23		15pts
Triple_Jump								
Pole_Vault								
Shot	Orla Henry	6.38		13pts	Anna Lucia Blankenship	5.64		10pts
Discus	Ellie Huddleston	10.31		7pts				
Javelin	Anna Stokes	15.31		13pts	Lilly Burger	15.34		13pts
Hammer								
Relay	Amelia Green , Ella Pinder , Orla Henry , Amelie Sarosi					60.2		18pts

8 : 298pts : Dame Alice Owens, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Arya Ogan	14.6		16pts	Lydia Sneath	17.0		7pts
100m	Layla Kalam	14.9		12pts	Anashe Mapanzure	15.7		8pts
200m	Emily Metcalf	31.2		14pts	Maria Goudetsidi	32.1		11pts
300m	Amy Storey	53.7		9pts				
800m	Sky Shah	2:58.6		18pts	Iman Kalam	3:01.5		17pts
1500m	Izzy Voss	5:47.5		22pts	Bethany Wong	6:05.6		19pts
Long_Jump	Arya Ogan	3.97		14pts	Lydia Sneath	3.77		12pts
High_Jump	Sky Shah	1.14		12pts	Maria Goudetsidi	1.17		13pts
Triple_Jump								
Pole_Vault								
Shot	Nicole Kandasamy	8.70		24pts				
Discus	Erin Hope	13.85		11pts	Iman Kalam	13.93		11pts
Javelin	Emily Metcalf	22.57		23pts	Layla Kalam	18.13		17pts
Hammer								
Relay	Izzy Voss , Bethany Wong , Erin Hope , Amy Storey					67.4		8pts

9 : 276pts : John F Kennedy Catholic School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Angel Ahenkan	14.3		17pts	Tamara Ngachu	22.3		0pts
100m	Iaryna Tase	15.6		9pts				
200m	Daniella Adenaike	29.0		21pts	Zofia Henry	29.7		19pts
300m	Dalu Okeke	48.6		16pts				
800m	Allegra Blasi-Colleran	2:51.0		21pts	Isabelle Nico	3:32.9		7pts
1500m	Niamh Connolly	5:24.0		26pts	Skye Ivory	6:18.1		16pts
Long_Jump	Angel Ahenkan	3.65		11pts	Daniella Adenaike	2.77		2pts
High_Jump	Allegra Blasi-Colleran	1.14		12pts	Tamara Ngachu	1.14		12pts
Triple_Jump								
Pole_Vault								
Shot	Dalu Okeke	6.63		14pts	Isabelle Nico	5.84		11pts
Discus	Anna Abegunde	16.75		15pts	Lavanagh Barrett	14.05		12pts
Javelin	kerrie-Leigh Muchando	12.72		10pts	Zofia Henry	12.00		9pts
Hammer								
Relay	Anna Abegunde , Lavanagh Barrett , Skye Ivory , Niamh Connolly					61.2		16pts



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Intermediate Boys

1 : 503pts : Hampton School, Middlesex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Joe Timba	11.1		29pts	Luke Mills	12.9		20pts
100m	Ethan Monk	11.8		25pts	Oliver Khaksar	12.1		22pts
200m	Kota Dooley	24.2		23pts	Tolu Idowu	24.4		22pts
300m	Oliver Maisuria-Hull	36.9		29pts	Oscar Leonard	39.2		23pts
800m	James Phillips	2:18.6		20pts	Jojo O'Shaughnessy	2:19.5		19pts
1500m	Sebastian Wright	4:53.1		19pts	Leo Nishida	4:58.7		18pts
Long_Jump	Ethan Monk	5.83		23pts	Luke Mills	4.86		13pts
High_Jump	Joe Timba	1.71		23pts	Jojo O'Shaughnessy	1.62		20pts
Triple_Jump	Kota Dooley	11.07		17pts	Tolu Idowu	11.03		17pts
Pole_Vault								
Shot	Konrad Rolles	9.70		15pts	Oliver Khaksar	10.50		17pts
Discus	Sebastian Wright	19.42		10pts	Oscar Leonard	21.52		13pts
Javelin	Oliver Maisuria-Hull	41.79		21pts	Eric Rainey	32.28		15pts
Hammer								
Relay	Konrad Rolles , James Phillips , Leo Nishida , Eric Rainey					52.3		17pts

2 : 475pts : St Columbas College, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Albert Dye	13.8		16pts	Joshua Green	11.8		26pts
100m	Blake Octave	11.5		28pts	Darragh Worthington	12.5		18pts
200m	Oliver Bowen	23.2		28pts	Ollie Bryne	25.6		18pts
300m	Alex Hill	40.6		20pts	Ben Slocombe	41.1		18pts
800m	Zac Butterworth	2:10.6		24pts	Stanley Lursch	2:16.9		21pts
1500m	Sonny Lyes	4:37.8		22pts	Ben Davies	4:41.4		21pts
Long_Jump	Blake Octave	5.42		19pts	Ollie Bryne	4.46		9pts
High_Jump	Albert Dye	1.83		28pts	Stanley Lursch	1.62		20pts
Triple_Jump	Alex Hill	10.67		15pts	Ben Slocombe	10.47		14pts
Pole_Vault					Joshua Green	2.90		22pts
Shot	Ben Nevlander	10.43		17pts	Darragh Worthington	7.65		8pts
Discus	Zac Butterworth	20.33		11pts				
Javelin	Oliver Bowen	45.40		24pts	Zac Alley	29.49		13pts
Hammer								
Relay	Ben Davies , Ben Nevlander , Sonny Lyes , Zac Alley					53.4		15pts

3 : 450pts : The Latymer School, Middlesex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Prince Charles Ekpe	13.1		19pts	Jayden Ijomanta	13.7		16pts
100m	Erioluwa Emaye	12.3		20pts	Reuben Anderson	12.1		22pts
200m	Berkay Mulayim	27.0		14pts	Mark Jordan	25.1		20pts
300m	Isaiah Okorie	36.0		31pts	Eddie Silcock	37.6		27pts
800m	Kieron Bell	2:15.3		21pts	Oliver Lindsell	2:18.2		20pts
1500m	Luca Teodorescu	4:54.2		19pts	Isaac Walker	4:57.4		18pts
Long_Jump	Erioluwa Emaye	5.09		15pts	Reuben Anderson	5.81		23pts
High_Jump	Kieron Bell	1.47		15pts	Mark Jordan	1.59		19pts
Triple_Jump	Prince Charles Ekpe	10.22		13pts	Jayden Ijomanta	10.54		14pts
Pole_Vault								
Shot	Yuv Juneja	9.74		15pts	Isaac Walker	10.06		16pts
Discus	Berkay Mulayim	24.93		16pts	Oliver Lindsell	21.91		13pts
Javelin	Luca Teodorescu	27.09		12pts	Lucas Mihut	26.09		11pts
Hammer								
Relay	Isaiah Okorie , Yuv Juneja , Eddie Silcock , Lucas Mihut					49.8		21pts



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**Intermediate Boys**  
**4 : 353pts : St Edmund's College, Hertfordshire**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Elijah Ebai-Eyong	12.5		22pts	Nimi Ololaluwa	14.3		13pts
100m	Bradley Moran	11.5		28pts				
200m	Aran Ara	25.7		18pts	Luke Stoneham	25.4		19pts
300m	Enrique Campo-Dorronzor	40.3		20pts	Fola Olowekeree	44.6		11pts
800m	Oliver Gilmartin	2:17.2		20pts	Charlie Tyler	2:20.3		19pts
1500m	Jorge Cano	5:26.4		12pts	Finn Carpenter	5:14.6		15pts
Long_Jump	Jorge Cano	4.12		6pts	Luke Stoneham	4.99		14pts
High_Jump	Dejare Bello	1.56		18pts	Ruben Bishop	1.44		14pts
Triple_Jump	Enrique Campo-Dorronzor	10.44		14pts	Nimi Ololaluwa	10.52		14pts
Pole_Vault								
Shot	Elijah Ebai-Eyong	11.10		19pts	Brendan Brown-Flavien	8.45		10pts
Discus	Thomas Ritson	NM		0pts	Finn Carpenter	13.51		5pts
Javelin	Aran Ara	28.16		12pts	Charlie Tyler	22.87		9pts
Hammer								
Relay	Dejare Bello , Thomas Ritson , Oliver Gilmartin , Bradley Moran					49.9		21pts

**5 : 350pts : Dame Alice Owens, Hertfordshire**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Kian Shah	14.6		12pts	Rohan Shah	14.4		13pts
100m	Marley Fernandes	12.2		21pts	Elijah Fernandes	12.3		20pts
200m	Chris Leahy	26.5		15pts	Ronnie Hayden Esposito	27.9		11pts
300m	Albert Taylor	42.3		15pts	Charlie Woods	40.3		20pts
800m	Sean Williams	3:02.5		5pts	Faris Hamdulay	2:27.4		17pts
1500m	Zak White	4:56.7		18pts				
Long_Jump	Faris Hamdulay	4.02		5pts	Charlie Woods	4.77		12pts
High_Jump	Marley Fernandes	1.38		12pts	Rohan Shah	1.50		16pts
Triple_Jump	Kian Shah	9.76		10pts				
Pole_Vault	Marko Mankovsky	2.70		20pts	Xavier Wilkins	2.70		20pts
Shot	Sean Williams	6.59		4pts	Elijah Fernandes	8.62		11pts
Discus	Lewis Golding Courtnage	23.31		14pts	Kanye Akpakwu	36.59		27pts
Javelin	Albert Taylor	30.82		14pts	Chris Leahy	25.36		10pts
Hammer								
Relay	Zak White , Lewis Golding Courtnage , Marko Mankovsky , Xavier Wilkins					59.2		8pts

**6 : 332pts : Highgate School, Middlesex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Henry Van Kaathoven	14.1		14pts	Chris Bage	16.0		5pts
100m	Yash Gandhi	12.9		14pts	Oscar Davey	12.2		21pts
200m	Oscar Levene	25.2		20pts	Edoardo Sola	27.1		13pts
300m	Andre Shiramba	41.2		18pts	Toby Bowden	44.5		11pts
800m	Theo Hayes	2:09.0		25pts				
1500m	Ben Stafford	4:40.1		21pts				
Long_Jump	Yash Gandhi	5.24		17pts	Theo Hayes	5.03		15pts
High_Jump	Chayil John	1.50		16pts	Josh Socker	1.53		17pts
Triple_Jump	Oscar Levene	9.27		8pts	Edoardo Sola	9.37		8pts
Pole_Vault								
Shot	Dylan Goad	7.67		8pts	Andre Shiramba	7.56		7pts
Discus	Joshua Aube	24.99		16pts	Toby Bowden	25.75		17pts
Javelin	Henry Van Kaathoven	20.54		7pts	Chris Bage	33.18		16pts
Hammer								
Relay	Chayil John , Ben Stafford , Dylan Goad , Oscar Davey					51.7		18pts



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**Intermediate Boys**  
**7 : 329pts : Central Foundation Boys' School, London**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Charlie Seabrook	DQ		0pts	Joshua Adeleke	13.9		15pts
100m	Zac Rahman	12.6		17pts	Malachi Edwards	12.9		14pts
200m	Zac Yahya	25.8		18pts	Macdavid Abakpa	26.4		16pts
300m	Albert Shirley	41.6		17pts	Freddie Lewis Simmonds	40.9		19pts
800m	Archie Hutchins	2:24.0		18pts	Ari Dedinca	3:08.8		3pts
1500m	Max Lamy	4:31.6		23pts	Hobbs Dinolt	5:12.6		15pts
Long_Jump	Joshua Adeleke	4.00		5pts	Albert Shirley	4.50		10pts
High_Jump	Zac Henry	1.56		18pts	Malachi Edwards	1.56		18pts
Triple_Jump	Zac Rahman	11.11		17pts	Zac Yahya	10.25		13pts
Pole_Vault								
Shot	Charlie Seabrook	7.84		8pts	Freddie Lewis Simmonds	10.40		17pts
Discus	Macdavid Abakpa	18.84		10pts				
Javelin	Ari Dedinca	NM		0pts				
Hammer	Archie Hutchins	16.80		6pts	John Munday	26.83		16pts
Relay	Hobbs Dinolt , John Munday , Max Lamy , Zac Henry					52.8		16pts

**8 : 322pts : Christ's School, Middlesex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Logan Knowles	13.7		16pts	Herbie Harris	15.4		8pts
100m	Caleb McRae	12.3		20pts	Joey Blood	13.0		13pts
200m	Emmanuel Dos Santos	27.0		14pts	Charlie Casaware	24.7		21pts
300m	William Robinson	42.6		15pts	Robert Major	39.4		23pts
800m	Keir Proudfoot	2:20.6		19pts				
1500m	Josh Parslow	5:17.6		14pts	Tim Magona	5:23.9		13pts
Long_Jump	Caleb McRae	4.59		10pts	Joshua Jones	4.16		6pts
High_Jump	Logan Knowles	1.47		15pts	Keir Proudfoot	1.41		13pts
Triple_Jump	William Robinson	10.48		14pts	Tim Magona	10.64		15pts
Pole_Vault								
Shot	Emmanuel Dos Santos	8.95		12pts	Joey Blood	8.00		9pts
Discus	Ethan Norman	21.68		13pts	Robert Major	15.19		6pts
Javelin	Alex Durrani	26.28		11pts	Herbie Harris	21.77		8pts
Hammer								
Relay	Charlie Casaware , Alex Durrani , Josh Parslow , Ethan Norman					54.5		14pts

**9 : 319pts : Mill Hill School, Middlesex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Alexander Wayne	13.4		18pts	Trystan Hueber	14.9		10pts
100m								
200m	Sunny Ho	24.2		23pts	Charlie Llyod Jones	23.7		25pts
300m	Cruz Halabi	41.5		17pts	Aidan Burland	39.5		22pts
800m	Eriksan Hua	2:22.8		18pts	Albie Smith	2:25.7		17pts
1500m	Eben Keve	4:56.0		18pts				
Long_Jump	Eben Keve	4.31		8pts	Eli Evbuomwan	4.89		13pts
High_Jump	Sunny Ho	1.47		15pts	Aidan Burland	1.68		22pts
Triple_Jump	Charlie Llyod Jones	10.16		12pts				
Pole_Vault								
Shot	Eriksan Hua	6.20		3pts	Trystan Hueber	7.58		7pts
Discus					Alexander Lewis	28.97		20pts
Javelin	Alexander Wayne	23.02		9pts	Albie Smith	27.06		12pts
Hammer	Milo Rynehart	50.38		30pts				
Relay								



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**Intermediate Girls**

**1 : 391pts : Queenswood School, Hertfordshire**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Bru Burrows	13.9		18pts	Tehya Robertson	16.9		8pts	
100m	Erin Hobson	14.8		10pts	Katriel Ayegbeni	15.3		7pts	
200m	Ruby Berry	30.5		12pts	Amy Sheldon	31.9		8pts	
300m	Chloe Clements	44.5		23pts	Olivia Evans	45.5		21pts	
800m	Martha Hockley	2:32.4		24pts	Rosa Court	2:33.0		24pts	
1500m	Isabella Marriott	5:04.6		27pts	Gigi Raubitschek-Smith	5:57.5		16pts	
Long_Jump	Erin Hobson	4.33		16pts	Amy Sheldon	3.70		10pts	
High_Jump	Chloe Clements	1.44		19pts	Tehya Robertson	1.44		19pts	
Triple_Jump	Bru Burrows	8.59		12pts	Martha Hockley	8.66		13pts	
Pole_Vault									
Shot	Katriel Ayegbeni	10.32		25pts	Olivia Evans	7.17		13pts	
Discus	Madison Foxcroft	17.95		13pts	Ruby Berry	15.87		10pts	
Javelin	Amelia Rashid	20.40		14pts	Gigi Raubitschek-Smith	17.40		10pts	
Hammer									
Relay	Amelia Rashid , Isabella Marriott , Madison Foxcroft , Rosa Court						58.8		19pts

**2 : 373pts : The Latymer School, Middlesex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Graca Kotseva	17.5		6pts	Zoe Prodromou	15.0		15pts	
100m	Oluchi Ojike	13.6		20pts	Laura Partanen	14.2		14pts	
200m	Tioluwani Femi-Aka	27.1		23pts	Annelise Brown	32.3		7pts	
300m	Maggie Stronati	46.8		19pts	Agnes Walker	47.8		17pts	
800m	Sofia Curtaz	2:41.2		20pts	Felicity Fudge	2:48.9		16pts	
1500m	Jorjia March	4:37.8		33pts	Alisa Makarova	5:42.9		19pts	
Long_Jump	Jorjia March	4.68		20pts	Agnes Walker	3.98		13pts	
High_Jump	Oluchi Ojike	1.20		11pts	Annelise Brown	1.26		13pts	
Triple_Jump	Tamar Erez	8.25		10pts	Laura Partanen	9.19		16pts	
Pole_Vault									
Shot	Tioluwani Femi-Aka	6.57		11pts	Zoe Prodromou	7.64		15pts	
Discus	Isabel Land	16.19		10pts	Felicity Fudge	19.00		14pts	
Javelin	Maggie Stronati	19.97		14pts	Alisa Makarova	11.46		3pts	
Hammer									
Relay	Sofia Curtaz , Tamar Erez , Evie Hipwell , Isabel Land						62.3		14pts

**3 : 355pts : St Augustine's Priory, Middlesex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Luna Salvucci de Oliveira	13.5		20pts	Amelia Campbell	17.0		8pts	
100m	Gabriella Nnatu	13.4		22pts	Kristina Graovac	15.0		9pts	
200m	Antonia Carter	28.6		18pts	Freya Barrett	28.8		18pts	
300m	Maria Gomes Bergamasco	47.2		18pts	Gabriella Bryce	49.4		15pts	
800m	Emilie Walsh	2:38.8		21pts	Alice Bubb	2:51.3		15pts	
1500m	Bella Charnaud	5:51.4		17pts	Sumatee Nakarmi	6:14.8		13pts	
Long_Jump	Antonia Carter	3.73		10pts	Emilie Walsh	3.96		13pts	
High_Jump	Maria Gomes Bergamasco	1.50		21pts	Luna Salvucci de Oliveira	1.26		13pts	
Triple_Jump	Freya Barrett	9.33		17pts	Amelia Campbell	7.89		7pts	
Pole_Vault									
Shot	Gabriella Bryce	6.78		12pts	Odile Freeman	6.97		12pts	
Discus	Eddie Howell-Jones	14.44		8pts	Alice Bubb	18.01		13pts	
Javelin	Bella Charnaud	18.62		12pts	Kristina Graovac	10.34		2pts	
Hammer									
Relay	Eddie Howell-Jones , Odile Freeman , Sumatee Nakarmi , Gabriella Nnatu						57.3		21pts



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Intermediate Girls

4 : 343pts : John F Kennedy Catholic School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Renee Ronan	15.4		13pts	Mercy Adeyemi	15.2		14pts
100m	Esther Faponle	13.1		25pts	Sofia Briggs	13.6		20pts
200m	Tomi Kehinde	31.2		10pts	Marta Tykocka	31.7		8pts
300m	Tomi Bankole	47.4		18pts	Isabella Bignall	51.7		11pts
800m	Ciara O'Neill	3:11.6		9pts	Summer Bradbury	3:42.3		0pts
1500m	Laura Fituch	5:48.1		18pts	Jasmine Okoh	5:24.9		23pts
Long_Jump	Jasmine Okoh	4.24		15pts	Isabella Bignall	3.70		10pts
High_Jump	Sofia Briggs	1.29		14pts	Summer Bradbury	1.32		15pts
Triple_Jump	Evelyn Cook	9.95		22pts	Renee Ronan	8.46		12pts
Pole_Vault								
Shot	Tomi Bankole	9.63		21pts	Tomi Kehinde	8.87		19pts
Discus	Esther Faponle	20.57		16pts	Mercy Adeyemi	15.86		10pts
Javelin	Harper Cowman-Daly	14.49		6pts	Laura Fituch	8.03		0pts
Hammer								
Relay	Evelyn Cook , Harper Cowman-Daly , Marta Tykocka , Ciara O'Neill					62.3		14pts

5 : 297pts : St Albans High School for Girls, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Millie Lindsay	13.6		19pts				
100m	Verity Fuge	14.6		11pts	Violet Whiting	14.2		14pts
200m	Hannah Makombera	33.1		5pts	Alexa Johnson	28.4		19pts
300m	Alice Gates	50.3		13pts	Amira Mackney	50.6		13pts
800m	Bibi Fisher	2:43.3		19pts	Sophia Butt	3:22.1		5pts
1500m	Eloise Thomas				Lottie Fisher	5:52.6		17pts
Long_Jump					Verity Fuge	4.20		15pts
High_Jump	Eloise Thomas	1.47		20pts	Lottie Fisher	1.23		12pts
Triple_Jump	Alexa Johnson	9.47		18pts				
Pole_Vault								
Shot	Bibi Fisher	8.96		19pts	Amira Mackney	7.03		13pts
Discus	Millie Lindsay	18.07		13pts	Izzy Walker	22.51		19pts
Javelin	Alice Gates	21.87		16pts				
Hammer								
Relay	Izzy Walker , Hannah Makombera , Violet Whiting , Sophia Butt					59.8		17pts

6 : 257pts : Mill Hill School, Middlesex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Gabi Greenfield	16.3		10pts	Anna Von Dem Hagen	15.8		12pts
100m	Zoe Simmons	15.4		7pts	Olivia Dalley	15.6		6pts
200m	Alice Wang	28.9		17pts				
300m	Danielle Izhari	52.0		11pts				
800m	Sophie Fitzpatrick	2:40.9		20pts	Ava Smith	2:51.1		15pts
1500m	Mirella Graham	6:28.0		11pts	Sofia Nosinova	6:32.9		10pts
Long_Jump	Anna Von Dem Hagen	3.63		9pts	Evie Raford	3.75		11pts
High_Jump	Ava Smith	1.20		11pts	Molly Clarke	1.32		15pts
Triple_Jump	Danielle Izhari	9.20		17pts	Mirella Graham	7.77		6pts
Pole_Vault								
Shot	Zoe Simmons	8.04		16pts	Chloe Hirsch	6.28		10pts
Discus	Gabi Greenfield	14.70		9pts	Isabelle Stewart	15.45		9pts
Javelin	Sofia Nosinova	11.48		3pts	Olivia Dalley	11.10		2pts
Hammer								
Relay	Sophie Fitzpatrick , Alice Wang , Evie Raford , Chloe Hirsch					58.0		20pts



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**Intermediate Girls**  
**7 : 234pts : Highgate School, Middlesex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles					Emily Monico	18.7		2pts
100m	Isabella Brownlie	15.6		6pts	Eesha Gudka	15.1		8pts
200m	Hannah Sylvester	30.2		13pts	Maya Cooper	31.6		8pts
300m					Sophia Kruglykhina	50.2		13pts
800m	Emma Parsons	2:49.4		16pts	Amelia Hyman	2:55.6		14pts
1500m	Amara Mankodi	5:40.0		20pts	Caitlin Roberts	5:34.7		21pts
Long_Jump	Hannah Sylvester	4.60		19pts	Maya Cooper	3.18		5pts
High_Jump					Anais Thomas	1.32		15pts
Triple_Jump					Caitlin Roberts	6.05		0pts
Pole_Vault								
Shot	Emma Parsons	5.87		9pts				
Discus	Esme Walford	14.94		9pts	Sophia Kruglykhina	18.56		14pts
Javelin	Amara Mankodi	16.86		9pts	Amelia Hyman	19.12		13pts
Hammer								
Relay	Isabella Brownlie , Eesha Gudka , Esme Walford , Anais Thomas					57.8		20pts

**8 : 184pts : Heartlands High School, Middlesex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Anastasia D Rudaminskaya	16.7		9pts				
100m					Kayla Midgeo	15.0		9pts
200m	Hailey C Balong-Angey	31.7		8pts	Malaysia S P M Rattray	31.1		10pts
300m	Khrystyna Kryvytska	59.1		2pts	Stefania Uzum	52.7		10pts
800m	Lorien Kinglett	3:09.0		10pts				
1500m	Amelia Myhill	5:55.7		16pts	Ella Hatt	6:08.1		14pts
Long_Jump	Hailey C Balong-Angey	3.78		11pts				
High_Jump	Stefania Uzum	1.26		13pts	Lorien Kinglett	1.29		14pts
Triple_Jump	Anastasia D Rudaminskaya	8.93		15pts				
Pole_Vault								
Shot	Deandra M C Simpson	7.61		15pts	Cleusia J Pereira Vieira Lc	6.67		11pts
Discus	Amelia Myhill	9.93		2pts				
Javelin	Khrystyna Kryvytska	NM		0pts	Ella Hatt	7.72		0pts
Hammer								
Relay	Malaysia Rattray , Kayla Midgeo , Cleusia J Pereira Vieira Lopes ,					61.3		15pts