



ESAA English Schools' Track and Field Cup 2025
Regional 'B' Final, EA 2 at Chelmsford Athletics Track - Thursday 12th June 2025



Junior Boys

1 : 432pts : Brentwood School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Tommy Davies	DQ		0pts	Daniel Sheath	14.0		19pts
100m	Toby Faley	12.6		24pts	Chuk Umeh	12.8		22pts
200m	Josh Freeman	29.2		14pts	Henry Qui	28.7		15pts
300m	William Adenagbe	40.4		24pts	Will Sanderson	50.0		8pts
800m	Justin Edwards	2:26.7		21pts	Ronan Addicott	2:25.6		21pts
1500m	Hugo Wilks	5:25.5		15pts	Mason Grindrod	5:30.7		14pts
Long_Jump	Cammy Woods	4.50		17pts	Chuk Umeh	4.40		16pts
High_Jump	Will Sanderson	1.44		18pts	Daniel Sheath	1.38		16pts
Triple_Jump	Justin Edwards	10.08		19pts	Toby Faley	10.09		19pts
Pole_Vault								
Shot	William Adenagbe	12.27		27pts	Henry Qui	8.68		15pts
Discus	Josh Freeman	25.22		19pts				
Javelin	Tommy Davies	28.00		21pts	Mason Grindrod	18.85		11pts
Hammer	Prince Bamiduro	28.58		21pts				
Relay	Ronan Addicott , Hugo Wilks , Cammy Woods , Prince Bamiduro					57.4		16pts

2 : 432pts : St Martin's School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Max Bezuidenhout	12.9		25pts	Freddie Maskell	14.0		19pts
100m	Kairhys Hoyte	12.9		21pts	Oscar Rogers	12.8		22pts
200m	Dylan Durran	27.3		19pts	Daniel Obayemi	28.0		17pts
300m	Tyler Mudd	41.0		22pts	Martis Heyes	43.0		19pts
800m	Alfie Sheppard	2:31.5		19pts	Ben Sterry	2:53.5		12pts
1500m	Sebastian Sweeney Webb	5:16.7		17pts				
Long_Jump	Max Bezuidenhout	4.74		19pts	Freddie Maskell	4.25		14pts
High_Jump	Lucas Reeves	1.56		22pts	David Sankoh	1.56		22pts
Triple_Jump	Kairhys Hoyte	9.57		16pts				
Pole_Vault								
Shot	Tyler Mudd	8.16		13pts	Oscar Rogers	9.08		16pts
Discus		18.90		13pts	Martis Heyes	23.50		18pts
Javelin	George Norsworthy	26.37		19pts				
Hammer	Alfie Sheppard	19.46		12pts	Dylan Durran	24.61		17pts
Relay	Lucas Reeves , Sebastian Sweeney Webb , David Sankoh , George Norsworthy					54.8		19pts

3 : 406pts : The Coopers Company and Coborn School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Austin Broadhurst	14.2		18pts	Max Mason	14.8		15pts
100m	Henry Brown	12.7		23pts	David Brown	13.0		20pts
200m	Aidan Pettet	31.2		9pts	Lenard Nicorici	31.6		8pts
300m	Freddie Holloway	45.1		15pts				
800m	George Smith	2:26.8		21pts	Stanley Naughton	2:33.5		19pts
1500m	George Bangs	4:34.4		28pts	Joe Sandford	4:55.9		23pts
Long_Jump	Austin Broadhurst	4.04		12pts	David Brown	4.27		14pts
High_Jump	Max Mason	1.35		15pts	Stanley Naughton	1.23		11pts
Triple_Jump	Henry Brown	9.19		14pts	Joe Sandford	9.18		14pts
Pole_Vault								
Shot	Aidan Pettet	8.99		16pts	Jake Atkinson	9.14		16pts
Discus	Barlow Assenheim-Keith	26.00		20pts	Lenard Nicorici	17.64		12pts
Javelin	George Smith	16.80		9pts	Tom Whiley	25.39		18pts
Hammer	Freddie Holloway	26.65		19pts				
Relay	George Bangs , Jake Atkinson , Tom Whiley , Barlow Assenheim-Keith					56.6		17pts



ESAA English Schools' Track and Field Cup 2025
Regional 'B' Final, EA 2 at Chelmsford Athletics Track - Thursday 12th June 2025



Junior Boys
4 : 391pts : Barking Abbey, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Danite Isilika	13.0		24pts	Hamza Uddin	13.9		20pts
100m	Bello Owosu Boakye	13.8		13pts	Furqan Ahmed	13.7		13pts
200m	Aidan Muhammed	29.9		12pts	Ayaan Hussain	28.3		16pts
300m	Airidas Zalatukas	44.0		17pts	Karsten Kalwany	43.4		18pts
800m	Zayan Zaman-Shikder	2:41.5		16pts	Abdul Khan	2:32.6		19pts
1500m	Adam Beldjoudi	5:20.8		16pts				
Long_Jump	Zayan Zaman-Shikder	3.99		11pts	Hamza Uddin	4.80		20pts
High_Jump	Danite Isilika	1.44		18pts	Ayaan Hussain	1.32		14pts
Triple_Jump	Bello Owosu Boakye	9.62		17pts	Abdul Khan	9.44		16pts
Pole_Vault								
Shot	Adyan Khan	8.96		16pts	Furqan Ahmed	7.53		11pts
Discus	Aidan Muhammed	19.73		14pts	Karsten Kalwany	17.44		11pts
Javelin	Dennis Ungureanu	19.44		12pts				
Hammer	Airidas Zalatukas	21.24		14pts	Yazdan Ibrar	28.27		21pts
Relay	Yazdan Ibrar , Dennis Ungureanu , Adyan Khan , Adam Beldjoudi					61.0		12pts

5 : 390pts : Beauchamps High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Jacob Martin	13.8		20pts	Charlie Mckenna	13.1		24pts
100m	Riley Victory	13.1		19pts	Charlie Robertson	13.3		17pts
200m	Bradley Tolley	27.0		20pts	Henry Fry	28.2		17pts
300m					Harry Smith	48.3		10pts
800m	James Peters	2:36.0		18pts	Edgar Aucott	2:42.2		16pts
1500m	CJ Ridgway	5:19.1		17pts	Mitchell Gerchen	5:01.7		21pts
Long_Jump	CJ Ridgway	3.67		8pts	Henry Fry	3.96		11pts
High_Jump	Riley Victory	1.38		16pts	Charlie Mckenna	1.38		16pts
Triple_Jump					Edgar Aucott	NJ		0pts
Pole_Vault								
Shot	Thomas Dawes	9.00		16pts	Charlie Robertson	8.51		14pts
Discus	Jacob Martin	21.12		15pts	Mitchell Gerchen	19.84		14pts
Javelin	James Peters	21.42		14pts	Zac Smart	30.15		23pts
Hammer	Bradley Tolley	22.62		15pts	Dorian Franciskovity	20.97		13pts
Relay	Thomas Dawes , Dorian Franciskovity , Zac Smart , Harry Smith					56.9		16pts

6 : 376pts : Woodbridge School, Suffolk

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Olly Berry	14.9		15pts	Griff Fletcher	17.7		3pts
100m	Josh Seaman	13.1		19pts	George Brightwell	14.3		10pts
200m	George Letts	28.5		16pts	William Blackman	30.1		12pts
300m	Thomas Freeman	40.7		23pts	Otis Ripman	46.7		12pts
800m	Ollie Lee	2:31.1		19pts	Alfie Ripman	2:31.7		19pts
1500m	Dexter Marshall	4:28.9		30pts	Archie Rufford	5:03.3		21pts
Long_Jump	Josh Seaman	4.76		19pts	George Brightwell	4.03		12pts
High_Jump	Olly Berry	1.38		16pts	Griff Fletcher	1.35		15pts
Triple_Jump	Dexter Marshall	9.19		14pts	Otis Ripman	8.13		9pts
Pole_Vault								
Shot	George Letts	9.03		16pts	William Blackman	7.14		10pts
Discus	Ollie Lee	13.60		7pts	Alex Curtis	21.90		16pts
Javelin	Jesse Knight	22.53		15pts	James Complin	21.16		14pts
Hammer								
Relay	Alfie Ripman , Alex Curtis , James Complin , Archie Rufford					59.2		14pts



ESAA English Schools' Track and Field Cup 2025
Regional 'B' Final, EA 2 at Chelmsford Athletics Track - Thursday 12th June 2025



Junior Boys
7 : 368pts : Emerson Park Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Freddie Foster	15.2		13pts	Jack Rossington	16.4		7pts
100m	Nathan Wobdike	13.8		13pts	Louis Fox	13.6		14pts
200m	Riley Roche	26.4		21pts	Kai Richardson	27.8		18pts
300m	Tristian Wells	41.5		21pts	Ali Moreno	44.8		16pts
800m	Ebraheem Bizimana	2:20.1		23pts	Cameron smith	2:38.9		17pts
1500m	Rafael Maghera	5:23.3		16pts	Denny Indriliunds	5:05.4		20pts
Long_Jump	Riley Roche	4.25		14pts	Rafael Maghera	3.38		5pts
High_Jump	Harry Jackson	1.23		11pts	Kai Richardson	1.29		13pts
Triple_Jump	Freddie Foster	9.08		14pts	Nathan Wobdike	9.03		14pts
Pole_Vault								
Shot	Ali Moreno	8.12		13pts	Jack Rossington	7.85		12pts
Discus	Ebraheem Bizimana	22.68		17pts	Louis Fox	16.44		10pts
Javelin	Arthur McKellick	21.90		14pts	Cameron smith	18.20		11pts
Hammer								
Relay	Tristian Wells , Denny Indriliunds , Arthur McKellick , Harry Jackson					53.0		21pts

8 : 355pts : Forest, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Charlie Kyson	13.2		23pts	Jonah Geymayel	14.0		19pts
100m	Asa Josey	13.2		18pts	Israel Aduba	13.0		20pts
200m	Nakai Actille	25.9		23pts	Joe Allam	29.0		15pts
300m	Leo Walton	44.5		16pts				
800m	Oskar Prince	2:23.5		22pts	Ashton Jokiya	2:32.1		19pts
1500m	Khalif Ali	5:10.3		19pts	Rhys Phillips	5:31.1		14pts
Long_Jump	Nakai Actille	4.38		15pts	Israel Aduba	4.03		12pts
High_Jump	Ashton Jokiya	1.14		8pts	Kayden Kankam	1.20		10pts
Triple_Jump	Eli Barnes	8.15		9pts	Joe Allam	9.43		16pts
Pole_Vault								
Shot	Asa Josey	10.03		19pts				
Discus	Jonah Geymayel	20.87		15pts				
Javelin	Oskar Prince	25.05		18pts	Charlie Kyson	15.09		8pts
Hammer								
Relay	Kayden Kankam , Eli Barnes , Ellis Gentles , Khalif Ali					56.5		17pts

9 : 354pts : The King Edmund School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Tommy Lewis	14.4		17pts	Bobby Hopson	15.7		11pts
100m	Sid Suchley	15.3		5pts	George Assiter	13.6		14pts
200m	Riley Hurst	26.8		20pts	Bradley Mpofu	28.0		17pts
300m	Tyler St Omer-Fake	45.8		14pts	Danny Hope	48.9		9pts
800m	Freddie Forward	2:28.6		20pts	Zak Collins	2:27.8		21pts
1500m	Stanley Lord	5:33.6		13pts	Oliver Brimfield	5:15.4		18pts
Long_Jump	Riley Hurst	4.82		20pts	George Assiter	3.94		11pts
High_Jump	Tommy Lewis	1.38		16pts	Oliver Brimfield	1.23		11pts
Triple_Jump	Bradley Mpofu	8.96		13pts	Stanley Lord	8.09		8pts
Pole_Vault								
Shot	Tyler St Omer-Fake	8.01		13pts				
Discus	Sid Suchley	19.68		14pts	Bobby Hopson	16.77		11pts
Javelin	Jacob Kegg	24.44		17pts	Freddie Forward	19.80		12pts
Hammer	Zach Miles	24.03		17pts				
Relay	Zak Collins , Jacob Kegg , Zach Miles , Danny Hope					60.4		12pts



ESAA English Schools' Track and Field Cup 2025
Regional 'B' Final, EA 2 at Chelmsford Athletics Track - Thursday 12th June 2025



Junior Boys

10 : 349pts : Becket Keys Church of England School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Jacobus Van Der Lith	15.3		13pts	Sonny Perrera	15.1		14pts
100m	Patrick Barden	12.6		24pts	Will Tasker	13.2		18pts
200m	Felix Rogers	25.9		23pts	Farley Haslam	27.9		17pts
300m	Oskar Golba	44.5		16pts	James Sibbald	50.9		7pts
800m	Oskaras Nemunaitis	2:52.1		12pts				
1500m	Luca Tredgett	5:28.0		15pts	Ollie Everitt	5:24.8		15pts
Long_Jump	Felix Rogers	4.47		16pts	Patrick Barden	3.97		11pts
High_Jump	Ollie Everitt	1.41		17pts	Jacobus Van Der Lith	1.35		15pts
Triple_Jump	James Sibbald	8.22		9pts	Oskaras Nemunaitis	8.14		9pts
Pole_Vault								
Shot	Vinnie Yeaman	8.67		15pts	Oskar Golba	7.10		10pts
Discus	James Duffill	18.80		13pts	Sonny Perrera	19.43		13pts
Javelin	Will Tasker	27.68		20pts	Farley Haslam	21.52		14pts
Hammer								
Relay	<u>James Duffill , Vinnie Yeaman , Sebastian McNally , Luca Tredgett</u>					59.7		13pts

11 : 349pts : Greensward Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Aaron Polain	14.2		18pts	Mitchell Johnson	14.2		18pts
100m	Sonny Williams	13.8		13pts	George Long	12.9		21pts
200m	Sean Pearce	27.2		19pts	Max Rubin	29.6		13pts
300m	Henley Jacobs	48.0		10pts	Sebastian Bonser	50.4		7pts
800m	Louie Rawlinson	2:18.2		23pts				
1500m	Harry Edwards	5:42.3		11pts				
Long_Jump	Sean Pearce	4.87		20pts	Max Rubin	3.37		5pts
High_Jump	Aaron Polain	1.29		13pts	Edward Swann	1.32		14pts
Triple_Jump	Louie Rawlinson	9.37		15pts	Leo Carroll	8.26		10pts
Pole_Vault								
Shot	Sonny Williams	6.90		9pts	Sebastian Bonser	8.44		14pts
Discus	Henley Jacobs	16.06		10pts	Mitchell Johnson	23.26		17pts
Javelin	Harry Edwards	16.92		9pts	George Long	22.71		15pts
Hammer	Riley Baker	24.82		17pts	Roman Mullhearn	24.16		17pts
Relay	<u>Leo Carroll , Riley Baker , Roman Mullhearn , Edward Swann</u>					61.6		11pts



ESAA English Schools' Track and Field Cup 2025
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Junior Girls
1 : 373pts : Woodbridge School, Suffolk

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Imarah Innis	14.4		15pts	Juno McConnell	15.5		9pts
200m	Izzy Achour	30.0		18pts	Sienna Carpenter	30.8		15pts
300m	Imogen McVittie	46.9		19pts	India Bostock	47.5		18pts
800m	Alexandra McVittie	2:24.3		30pts	Chloe Berry	2:30.9		27pts
1500m	India Johnson	5:15.2		27pts	Ella Knight	5:09.3		28pts
Long_Jump	Alexandra McVittie	4.03		15pts	India Johnson	3.60		11pts
High_Jump	Sienna Carpenter	1.26		16pts	India Bostock	1.35		19pts
Triple_Jump								
Pole_Vault								
Shot	Izzy Achour	6.90		15pts	Clementine Piers Hall	6.98		15pts
Discus	Imarah Innis	21.45		21pts	Matilda Pettitt	12.07		9pts
Javelin	Imogen McVittie	16.05		14pts	Ella Knight	13.78		11pts
Hammer								
Relay	<u>Juno McConnell , Matilda Pettitt , Clementine Piers Hall , Chloe Berry</u>					57.7		21pts

2 : 353pts : St John Payne Catholic School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Omosalewa Ojediran	16.0		11pts	Agnese Iorio	13.6		21pts
200m	Klaudia Bochonek	14.1		18pts	Kamdi Ezeoke	15.4		10pts
300m	Jessica Garcia	29.2		20pts	Lois Rutter	30.4		16pts
800m	Scarlett Danson	50.0		14pts	Florence Phipps	45.9		21pts
1500m	Sophie Newman	2:46.0		22pts	Katie Wiseman	2:59.7		18pts
Long_Jump	Eleanor Sheehan	5:41.4		23pts	Anabelle Morden	5:32.5		24pts
High_Jump	Scarlett Danson	3.94		14pts	Agnese Iorio	4.10		16pts
Triple_Jump								
Pole_Vault								
Shot					Kamdi Ezeoke	7.90		20pts
Discus	Klaudia Bochonek	12.86		10pts				
Javelin	Lois Rutter	16.56		15pts	Florence Phipps	27.55		28pts
Hammer								
Relay	<u>Sophie Newman , Eleanor Sheehan , Jessica Garcia , Katie Wiseman</u>					61.0		17pts

3 : 339pts : Bedford Girls' School, Bedfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Emily Elphick	13.4		22pts	Lottie Tillison	14.5		14pts
200m	Merrin Harris	14.3		16pts	Bella Olds	32.0		11pts
300m	Krystal Sotande	30.3		17pts	Anna Quirighetti	53.4		10pts
800m	Izzy Macey-White	54.0		9pts	Anna Trueman	3:03.6		16pts
1500m	Regan Rowley-Smith	2:52.9		20pts	Lottie Ayers	6:05.3		19pts
Long_Jump	Pippa Blakemore	5:30.7		24pts	Anna Quirighetti	3.38		8pts
High_Jump	Krystal Sotande	3.66		11pts	Eva Jackson	1.23		15pts
Triple_Jump								
Pole_Vault								
Shot	Izzy Macey-White	NM		0pts				
Discus	Regan Rowley-Smith	7.30		17pts	Bella Olds	6.99		15pts
Javelin								
Hammer	Emily Elphick	33.85		34pts	Lottie Ayers	19.22		18pts
Relay	<u>Pippa Blakemore , Merrin Harris , Eva Jackson , Lottie Tillison</u>					59.5		19pts



ESAA English Schools' Track and Field Cup 2025
Regional 'B' Final, EA 2 at Chelmsford Athletics Track - Thursday 12th June 2025



Junior Girls
4 : 335pts : Thorpe Hall School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Mia Jackson	16.1		10pts	Isabella Eynon	14.5		16pts
100m	Emily Thompson	14.6		14pts	Scarlett Demello	14.5		14pts
200m	Jessica Rider	29.2		20pts				
300m	Freya Homer	46.0		21pts				
800m	Halle Newman	2:54.3		19pts	Katie Carver	2:33.2		26pts
1500m	Bronte Bantick	6:14.5		17pts				
Long_Jump	Mia Jackson	4.05		15pts	Scarlett Demello	3.81		13pts
High_Jump	Freya Homer	1.41		21pts	Amelie Ashby	1.29		17pts
Triple_Jump								
Pole_Vault								
Shot	Halle Newman	6.00		12pts	Charlotte Pownceby	6.95		15pts
Discus	Jessica Rider	13.37		11pts	Katie Carver	11.55		8pts
Javelin	Sofia Motin	17.18		15pts	Isabella Eynon	25.65		26pts
Hammer	Emily Thompson	17.21		13pts				
Relay	Sofia Motin , Bronte Bantick , Charlotte Pownceby , Amelie Ashby					64.5		12pts

5 : 329pts : Great Baddow High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lilly-Rose Dickinson	14.1		18pts	Mia Chapman	18.5		2pts
100m	Maisie Lonsdale	14.5		14pts	Aaliyah Parry	14.4		15pts
200m	Darcey Radley	29.4		20pts	Evie Darke	32.1		11pts
300m								
800m	Georgia Matthews	2:37.5		25pts	Brooke Nowell	2:53.5		20pts
1500m	Mia Lawes	5:21.7		26pts	Emily Collins	5:38.4		23pts
Long_Jump	Darcey Radley	3.96		14pts	Evie Darke	3.45		9pts
High_Jump	Lilly-Rose Dickinson	1.32		18pts	Mia Chapman	1.26		16pts
Triple_Jump								
Pole_Vault								
Shot	Maisie Lonsdale	7.01		16pts	Brooke Nowell	5.72		11pts
Discus	Isla Silk	13.88		11pts	Maddie Moss	19.31		19pts
Javelin	Mia Lawes	20.34		20pts	Emily Collins	15.32		13pts
Hammer								
Relay	Aaliyah Parry , Maddie Moss , Isla Silk , Georgia Matthews					66.9		8pts

6 : 327pts : Colchester County High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Aamina Maan	17.1		7pts	Shindara Ayo-Adeyemo	12.6		26pts
100m	Keela Tudor	15.1		11pts	Megan Hull	14.4		15pts
200m	Isabelle Famojuro	30.8		15pts	Mathilda Vote	30.0		18pts
300m								
800m	Isabella Clarke	2:36.4		25pts	Nancy Garner	2:50.6		21pts
1500m	Lucilla Visintin	6:10.6		18pts	Jemima Rutland	5:43.3		22pts
Long_Jump	Isabelle Famojuro	4.02		15pts	Megan Hull	4.18		17pts
High_Jump	Evie Gbagbo	1.17		13pts	Shindara Ayo-Adeyemo	1.38		20pts
Triple_Jump								
Pole_Vault								
Shot	Keela Tudor	4.51		7pts	Tallulah Hughes	4.95		8pts
Discus	Aamina Maan	14.70		12pts	Mathilda Vote	14.92		13pts
Javelin	Isabella Clarke	15.92		14pts	Jemima Rutland	14.77		12pts
Hammer								
Relay	Nancy Garner , Lucilla Visintin , Evie Gbagbo , Tallulah Hughes					59.9		18pts



ESAA English Schools' Track and Field Cup 2025
Regional 'B' Final, EA 2 at Chelmsford Athletics Track - Thursday 12th June 2025



Junior Girls

7 : 312pts : Brentwood School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Olivia Gildersleeves	14.2		18pts	Indie Palmer	15.4		13pts
100m	Lucy Croker	14.1		18pts	Teni Ogundeko	14.2		17pts
200m	Rae Townshend	30.9		15pts	Rae Betteley	30.2		17pts
300m								
800m	Erin Ruggles	3:01.0		17pts	Mathilda Wright	3:10.9		14pts
1500m	Lianna Bego	5:41.7		23pts				
Long_Jump	Sophie Hoskin	3.98		14pts	Rae Betteley	3.98		14pts
High_Jump	Isabella Levenfiche	1.38		20pts	Indie Palmer	1.20		14pts
Triple_Jump								
Pole_Vault								
Shot	Lucy Croker	7.24		17pts	Teni Ogundeko	4.97		8pts
Discus	Olivia Gildersleeves	13.04		10pts	Erin Ruggles	14.78		12pts
Javelin	Rae Townshend	6.85		2pts	Mathilda Wright	21.72		22pts
Hammer	Cressida Tudor-Hart	17.82		13pts				
Relay	Isabella Levenfiche , Lianna Bego , Cressida Tudor-Hart , Sophie Hoskin					62.6		14pts

8 : 290pts : Becket Keys Church of England School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Pollyanna Fetherstone	20.4		0pts	Edee Eldrid	15.0		14pts
100m	Imogen Course	14.7		13pts	Kessiah Kinghorn	14.1		18pts
200m	Anna Bennis	31.8		12pts	Melody Shanley	33.0		9pts
300m					Evie Haworth	48.8		16pts
800m	Esme Withers	2:55.2		19pts	Ava Taylor	3:03.4		16pts
1500m	Allegra Sawkins	5:58.4		20pts	Charlotte Snow	5:55.1		20pts
Long_Jump					Charlotte Snow	3.32		8pts
High_Jump	Pollyanna Fetherstone	NM		0pts	Evie Haworth	1.26		16pts
Triple_Jump								
Pole_Vault								
Shot	Imogen Course	5.87		11pts	Melody Shanley	5.85		11pts
Discus	Erin Hayward	17.34		16pts	Esme Withers	15.44		13pts
Javelin	Anna Bennis	22.00		22pts	Kessiah Kinghorn	17.27		16pts
Hammer								
Relay	Allegra Sawkins , Erin Hayward , Edee Eldrid , Ava Taylor					58.8		20pts

9 : 272pts : Wymondham College, Norfolk

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ava Hosmer	14.1		18pts				
100m	Chloe Harris	14.0		19pts	Edith Downing	15.0		12pts
200m	Emilia Pull	30.9		15pts	Chloe Harper	30.2		17pts
300m	Belle Sophia Randall	52.2		11pts	Cleo Wagner	53.2		10pts
800m					Lucy Archer	3:07.2		15pts
1500m	April Green	5:53.3		21pts	Lara Waterman	6:48.7		11pts
Long_Jump	Edith Downing	2.77		2pts	Lara Waterman	3.84		13pts
High_Jump	Belle Sophia Randall	1.17		13pts	Chloe Harper	1.32		18pts
Triple_Jump								
Pole_Vault								
Shot	Ava Hosmer	5.95		11pts	Grace Methuen	6.70		14pts
Discus	Emilia Pull	14.23		12pts	Lucy Archer	15.44		13pts
Javelin	April Green	12.48		9pts				
Hammer								
Relay	Chloe Harris , Cleo Wagner , Darcy Devlin , Grace Methuen					59.8		18pts



ESAA English Schools' Track and Field Cup 2025
Regional 'B' Final, EA 2 at Chelmsford Athletics Track - Thursday 12th June 2025



Intermediate Boys

1 : 469pts : St John Payne Catholic School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Chester Booth	12.2		24pts	Jake Read	11.8		26pts
100m	Justin Adrada	12.8		15pts	Rob Nicolai-Cucu	12.7		16pts
200m	Nathan Okonkwo	25.9		17pts	Benji Ejionye	24.5		22pts
300m	Dean Mwanza	38.2		26pts	Zack Ikharebore	39.5		22pts
800m	Joe Delaney	2:04.8		27pts	Archie Booth	2:20.1		19pts
1500m	Noah Taylor	5:07.4		16pts	Jack Northwood	4:37.5		22pts
Long_Jump	Justin Adrada	5.33		18pts	Zack Ikharebore	4.85		13pts
High_Jump	Tyson Aldrin Parkes	1.65		21pts	Jake Read	1.71		23pts
Triple_Jump	Dean Mwanza	10.21		13pts	Benji Ejionye	12.32		23pts
Pole_Vault								
Shot	Lucas Simpson	11.41		20pts	Rob Nicolai-Cucu	8.07		9pts
Discus	Nathan Okonkwo	24.23		15pts	Jack Northwood	24.71		16pts
Javelin	Chester Booth	33.07		16pts	Archie Booth	27.95		12pts
Hammer								
Relay	Tyson Aldrin Parkes , Lucas Simpson , Noah Taylor , Joe Delaney					51.5		18pts

2 : 455pts : Brentwood School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Nile Grandison	12.1		24pts				
100m	Fawwaz Adeboye	11.5		28pts	Robert Dewar	12.9		14pts
200m	Leo Lorraine	24.2		23pts	Max Dowman	23.7		25pts
300m	Sam Redgrave	40.4		20pts	Jojo Faleye	39.7		22pts
800m	Charlie McCluskey	2:18.5		20pts	Ben Usher-Tollen	2:20.2		19pts
1500m	Feargus Addicott	4:44.5		21pts	Oliver Weston-Stokes	5:05.6		16pts
Long_Jump	James Folan	5.52		20pts	Oliver Weston-Stokes	3.71		2pts
High_Jump	Leo Lorraine	1.62		20pts	Max Dowman	1.56		18pts
Triple_Jump	Fawwaz Adeboye	11.70		20pts	Jojo Faleye	11.05		17pts
Pole_Vault								
Shot					Robert Dewar	10.65		18pts
Discus	Sam Redgrave	24.66		16pts	Noah Olafemi	26.22		17pts
Javelin	Feargus Addicott	28.47		12pts	Ben Usher-Tollen	20.96		7pts
Hammer	Nile Grandison	29.55		18pts	Marius Mereacre	26.98		16pts
Relay	Noah Olafemi , James Folan , Charlie McCluskey , Marius Mereacre					49.4		22pts

3 : 451pts : King Edward Vi Grammar School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Carwyn E	12.2		24pts	Kareem A	13.5		17pts
100m	Chimebuka N	11.6		27pts	Anoush S	12.1		22pts
200m	Brume O	25.0		20pts	David O	25.1		20pts
300m	Donald O	42.7		14pts	Alex C	39.9		21pts
800m	Stephen B	2:08.3		25pts	Jamie G	2:13.2		22pts
1500m	Jacob P	4:28.8		24pts	Matthew M	4:40.4		21pts
Long_Jump	Carwyn E	5.17		16pts	Anoush S	5.20		17pts
High_Jump	Zhi C L	1.41		13pts	Kareem A	1.53		17pts
Triple_Jump	Donald O	12.14		22pts	Brume O	11.18		17pts
Pole_Vault								
Shot	Monty R	7.50		7pts	David O	9.18		13pts
Discus	Chimebuka N	28.10		19pts	Alex C	19.36		10pts
Javelin	Stephen B	32.87		15pts	Matthew M	24.83		10pts
Hammer								
Relay	Jacob P , Jamie G , Zhi C L , Monty R					51.7		18pts



ESAA English Schools' Track and Field Cup 2025
Regional 'B' Final, EA 2 at Chelmsford Athletics Track - Thursday 12th June 2025



Intermediate Boys

4 : 448pts : The Coopers Company and Coborn School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Sanderson Campbell	12.0		25pts	Oliver Cambridge	12.0		25pts
100m	Teddy Monk	12.3		20pts	Jayden Singh Bal	12.0		23pts
200m	Theo Laronde	25.8		18pts	Matai Milner	26.5		15pts
300m	Jayden Wilkinson	38.8		24pts	Reggie Marshall	40.5		20pts
800m	Tommy Ferrieria	2:13.8		22pts	Matthew Mia	2:13.3		22pts
1500m	Orly Morton	4:50.3		19pts	Jamie Pink	5:25.7		12pts
Long_Jump	Jayden Singh Bal	4.87		13pts	Matai Milner	5.18		16pts
High_Jump	Ewan Lowrie	1.56		18pts	Oliver Cambridge	1.50		16pts
Triple_Jump	Orly Morton	8.49		4pts	Sanderson Campbell	11.11		17pts
Pole_Vault								
Shot	Theo Laronde	11.40		20pts	Jamie Pink	8.89		12pts
Discus	Reggie Marshall	32.03		23pts	Matthew Mia	21.16		12pts
Javelin	Jayden Wilkinson	31.40		14pts	Ethan Johnson	34.13		16pts
Hammer								
Relay	Ethan Johnson , Tommy Ferrieria , Ewan Lowrie , Teddy Monk					49.5		22pts

5 : 426pts : Barking Abbey, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Mueen Tinibu	12.7		21pts	Zain Rahman	12.1		24pts
100m	Tareeq Muyanja	12.1		22pts	Adil Kamaly	12.0		23pts
200m	Darius Boateng	25.0		20pts	Farhan Arif	26.3		16pts
300m	Emmanuel Olatunde	41.3		18pts	Jamal Bajwa	38.8		24pts
800m	Ibrahim Msabah	2:11.8		23pts	Kamari Emanuel	2:57.0		7pts
1500m	Nathan Norcisse	5:15.8		14pts	Inayet Hossain	5:13.1		15pts
Long_Jump	Darius Boateng	5.42		19pts	Jamal Bajwa	5.08		15pts
High_Jump	Mueen Tinibu	1.65		21pts	Kamari Emanuel	1.53		17pts
Triple_Jump	Emmanuel Olatunde	11.22		18pts	Adil Kamaly	10.44		14pts
Pole_Vault								
Shot	Nathan Norcisse	8.81		12pts	Zain Rahman	9.15		13pts
Discus	Raffay Omer	25.26		16pts	Inayet Hossain	24.00		15pts
Javelin	Yusuf Gaffor	25.08		10pts	Farhan Arif	21.32		8pts
Hammer								
Relay	Yusuf Gaffor , Raffay Omer , Ibrahim Msabah , Tareeq Muyanja					50.2		21pts

6 : 415pts : Wymondham College, Norfolk

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Amail Ganiyu	12.9		20pts	Ethan Thorpe	15.2		9pts
100m	Lewis Chambers	11.6		27pts	Durotimi Oyewale	12.4		19pts
200m	Krish Chilleystone	25.1		20pts	Alex Russell	24.7		21pts
300m	Max Allen	36.7		29pts	Alfie Sparks	39.2		23pts
800m	Vito Machin	2:08.4		25pts	Marlone Sibanda	2:32.5		15pts
1500m	Kaiden Erogbogbo	4:54.1		19pts	Will Pattison	4:47.6		20pts
Long_Jump	Ethan Thorpe	4.78		12pts	Will Pattison	4.30		8pts
High_Jump	Amail Ganiyu	1.44		14pts	Marlone Sibanda	1.38		12pts
Triple_Jump	Kaiden Erogbogbo	9.72		10pts	Alfie Sparks	10.18		12pts
Pole_Vault								
Shot	Krish Chilleystone	11.64		21pts	Max Allen	8.23		10pts
Discus	Lewis Chambers	20.89		12pts	Edward Schooley	20.12		11pts
Javelin	Max Sayers	35.95		17pts	Alex Russell	24.80		10pts
Hammer								
Relay	Durotimi Oyewale , Vito Machin , Edward Schooley , Max Sayers					51.3		19pts



ESAA English Schools' Track and Field Cup 2025
Regional 'B' Final, EA 2 at Chelmsford Athletics Track - Thursday 12th June 2025



Intermediate Boys
7 : 410pts : The Beaulieu Park School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Oliver Harrison	14.3		13pts	Ben Evans	14.6		12pts
100m	Josh Laybourn	12.4		19pts	Noah Kalema	12.2		21pts
200m	Hugo Allison	24.6		22pts	Josh Samuels	24.6		22pts
300m	Jack Bodell	40.6		20pts	Ellis Walker	40.1		21pts
800m	Khaya Fakazi	2:12.2		23pts	Josh Hurd	2:20.5		19pts
1500m	Zac Johnson	4:38.7		22pts	Freddie Johnson	5:10.4		15pts
Long_Jump	Freddie Johnson	4.49		9pts	Khaya Fakazi	3.95		4pts
High_Jump	Noah Kalema	1.62		20pts	Oliver Harrison	1.44		14pts
Triple_Jump	Zac Johnson	10.38		13pts	Jack Bodell	10.60		15pts
Pole_Vault								
Shot	Josh Hurd	9.04		12pts	Joseph Glenister	9.88		15pts
Discus	Josh Samuels	25.77		17pts	Ellis Walker	25.56		17pts
Javelin	Ben Evans	31.21		14pts	Freddie Jones	24.15		10pts
Hammer								
Relay	Josh Laybourn , Joseph Glenister , Freddie Jones , Hugo Allison					50.1		21pts

8 : 408pts : Emerson Park Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ade Ademoroti	12.9		20pts	George Rogers	14.1		14pts
100m	Josisas Manpinga	12.1		22pts	Joaquim Longjoka	13.4		9pts
200m	Aaron Thwala	25.5		19pts	Jaiden Mahli	24.3		23pts
300m	Sam Kolawole	37.9		26pts	Charlie Greenwood	38.3		25pts
800m	Ethan Wood	2:14.8		22pts	Matt Crane	2:30.7		16pts
1500m	George Haselgrove	5:21.4		13pts	Sam Singh	4:46.0		20pts
Long_Jump	Josisas Manpinga	4.96		14pts	Charlie Greenwood	4.61		11pts
High_Jump	Ade Ademoroti	1.50		16pts	Matt Crane	1.47		15pts
Triple_Jump	Sam Kolawole	12.07		22pts	Joaquim Longjoka	9.00		7pts
Pole_Vault								
Shot	George Rogers	6.90		0pts	George Haselgrove	9.53		14pts
Discus	Aaron Thwala	20.64		12pts	Sam Singh	27.80		19pts
Javelin	Zain Igot	30.12		14pts				
Hammer	Nathan Halverston	24.39		14pts				
Relay	Jaiden Mahli , Ethan Wood , Zain Igot , Nathan Halverston					49.7		21pts

9 : 401pts : The King Edmund School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Charles Pennells	12.8		21pts	Lenny Emmons	13.9		15pts
100m	Brandon Karonbulut	12.6		17pts	Frankie Bones	12.0		23pts
200m	Connor Dobson	26.0		17pts	Daniel Scotchford	26.5		15pts
300m	Duke Pearman	38.6		25pts	Jakob Hanson	41.8		17pts
800m	Cameron Pennells	2:14.7		22pts	Ryan Ball	2:30.4		16pts
1500m	Drew Cole	5:10.6		15pts	Arthur Ali	5:08.1		16pts
Long_Jump	Cameron Pennells	5.14		16pts	Duke Pearman	5.33		18pts
High_Jump	Fayaor Rayam	1.29		9pts	Jakob Hanson	1.29		9pts
Triple_Jump	Daniel Scotchford	10.62		15pts	Frankie Bones	10.70		15pts
Pole_Vault								
Shot		12.14		23pts	Drew Cole	8.05		9pts
Discus	Connor Dobson	23.00		14pts				
Javelin	Charles Pennells	29.99		13pts	Roy Osman	25.77		11pts
Hammer					Lenny Emmons	25.11		15pts
Relay	Fayaor Rayam , Ryan Ball , Arthur Ali , Roy Osman					53.7		15pts



ESAA English Schools' Track and Field Cup 2025
Regional 'B' Final, EA 2 at Chelmsford Athletics Track - Thursday 12th June 2025



Intermediate Boys
10 : 399pts : Beauchamps High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Carter Williams	15.3		8pts	Samuel Agboola	14.0		15pts
100m	George Jordan	12.4		19pts	George Campling	12.2		21pts
200m	Kanye Okorie	26.6		15pts	Kairon Mills	24.6		22pts
300m	Noah Quarrell	43.6		13pts	Ollie Kevany	41.6		17pts
800m	Cooper Ridgway	2:14.1		22pts	Troy Austin	2:32.2		15pts
1500m	Stanley Brown	4:58.8		18pts	Mason Gerhan	4:50.2		19pts
Long_Jump					Samuel Agboola	4.68		11pts
High_Jump	Stanley Brown	1.26		8pts	Ollie Kevany	1.47		15pts
Triple_Jump	Kanye Okorie	8.96		6pts	Cooper Ridgway	9.27		8pts
Pole_Vault								
Shot	Carter Williams	8.20		10pts	Kairon Mills	18.75		45pts
Discus	Oliver Jackson	27.55		19pts	George Campling	24.17		15pts
Javelin					Callum Leeworthy	27.40		12pts
Hammer	Noah Quarrell	22.07		12pts	Mason Gerhan	25.52		15pts
Relay	George Jordan , Troy Austin , Oliver Jackson , Callum Leeworthy					51.3		19pts

11 : 387pts : Woodbridge School, Suffolk

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ollie Yasar	13.4		18pts	Lade Laguda	14.7		11pts
100m	Tom Oyawale	12.8		15pts	Oli Moreton	12.9		14pts
200m	Charlie Dean	26.3		16pts	Ben Ryder	26.4		16pts
300m	Oscar Wynne	39.6		22pts	George Velloso Langton	42.1		16pts
800m	Jago Jennings	2:19.2		19pts	Jack Knight	2:27.2		17pts
1500m	Digby Pearson	4:31.6		23pts	Hamish Dover	4:31.4		23pts
Long_Jump	Jago Jennings	4.59		10pts	Ben Ryder	4.91		14pts
High_Jump	Oscar Wynne	1.29		9pts	Digby Pearson	1.38		12pts
Triple_Jump	Charlie Dean	10.62		15pts	Seb West	10.00		12pts
Pole_Vault								
Shot	Tom Oyawale	10.17		16pts	Lade Laguda	8.99		12pts
Discus	Ollie Yasar	25.01		16pts	George Velloso Langton	22.86		14pts
Javelin	Johnny Owens	33.22		16pts	Oli Moreton	26.56		11pts
Hammer								
Relay	Jack Knight , Johnny Owens , Seb West , Hamish Dover					50.8		20pts

12 : 368pts : Becket Keys Church of England School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	William Sell	15.9		5pts	Samuel Northcott	15.1		9pts
100m	Nicolas Moses	12.6		17pts	George Toomey	12.7		16pts
200m	Donnie Yeaman	26.2		16pts	Harvey Saunders	27.7		12pts
300m	Caleb Kinghorn	40.8		19pts	Oliver Pallett	43.4		13pts
800m	Matthew Delea	2:03.7		27pts	James Stevens	2:16.5		21pts
1500m	Jake Adams	5:08.5		16pts	Dan-Luka Nitisor	4:54.3		19pts
Long_Jump	Caleb Kinghorn	4.70		12pts	George Toomey	4.96		14pts
High_Jump	Donnie Yeaman	1.53		17pts	Samuel Northcott	1.44		14pts
Triple_Jump	Matthew Delea	10.67		15pts	Jake Adams	10.27		13pts
Pole_Vault								
Shot	Nicolas Moses	8.10		9pts	Louie Newnham	10.40		17pts
Discus	Harvey Saunders	20.77		12pts	Dan-Luka Nitisor	22.76		14pts
Javelin	David Wilson	32.70		15pts	Oliver Pallett	21.62		8pts
Hammer								
Relay	William Sell , Louie Newnham , James Stevens , David Wilson					51.6		18pts



ESAA English Schools' Track and Field Cup 2025
Regional 'B' Final, EA 2 at Chelmsford Athletics Track - Thursday 12th June 2025



Intermediate Girls

1 : 549pts : The Coopers Company and Coborn School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Alice Watts	13.4		20pts	Isabelle James	13.9		18pts
100m	Annabella Drake	13.0		26pts	Tomi Ojelowo	21.5		0pts
200m	Cleo Drake	26.7		25pts	Poppy Dent-Jones	28.4		19pts
300m	Faith Franklin	43.5		24pts	Jessie Lynes	44.6		23pts
800m	Jasmine Asmal	2:27.9		27pts	Jessica Page	2:32.1		24pts
1500m	Summer Smith	4:41.0		33pts	Orla Friel	4:56.1		29pts
Long_Jump	Cleo Drake	4.86		22pts	Tomi Ojelowo	4.87		22pts
High_Jump	Annabella Drake	1.50		21pts	Poppy Dent-Jones	1.50		21pts
Triple_Jump	Jasmine Asmal	10.36		25pts	Jessie Lynes	9.16		16pts
Pole_Vault								
Shot	Alice Watts	8.74		18pts				
Discus	Summer Smith	19.82		15pts	Isabelle James	20.58		16pts
Javelin	Ayla Baker	34.43		31pts	Jessica Page	30.39		26pts
Hammer	Lila Chapelhow	34.75		27pts				
Relay	Lila Chapelhow , Faith Franklin , Ayla Baker , Orla Friel					57.1		21pts

2 : 408pts : Colchester County High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Grace Ajani	16.1		11pts	Emilia Cooke	15.7		12pts
100m	Grace Cooper	14.2		14pts	Juliette Hemeury	14.0		16pts
200m	Semilore Ajibola	28.4		19pts	Oluwatosin Joshua-Omoni	29.4		16pts
300m	Georgia Banyard	45.0		22pts	Edeigh Irvine	48.2		17pts
800m	Ella Connor	2:59.2		13pts	Mya Atkins	2:56.8		14pts
1500m	Ella Hudson	5:52.2		17pts	Poppy Rykens	5:49.6		18pts
Long_Jump	Semilore Ajibola	4.33		16pts	Emilia Cooke	4.50		18pts
High_Jump	Grace Cooper	1.50		21pts	Oluwatosin Joshua-Omoni	1.17		10pts
Triple_Jump	Grace Ajani	9.52		19pts	Juliette Hemeury	8.16		10pts
Pole_Vault								
Shot	Adanna Udechuku	13.07		38pts	Monica Malagala	11.91		33pts
Discus	Ella Hudson	12.50		6pts	Mya Atkins	11.88		5pts
Javelin	Georgia Banyard	24.94		19pts	Poppy Rykens	15.08		7pts
Hammer								
Relay	Edeigh Irvine , Ella Connor , Adanna Udechuku , Monica Malagala					59.7		17pts

3 : 390pts : Great Baddow High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Holly Partridge	14.5		16pts	Cherri Moss	14.2		17pts
100m	Abi McElroy	12.4		32pts	Ava Dingham	15.8		5pts
200m	Jessica Barnard	21.2		43pts	Lucie Young	29.6		15pts
300m	Emily Davis	53.1		10pts	Sofia Nardi	49.5		14pts
800m	Scarlett Nowell	3:07.8		10pts	Liz Feld	2:51.8		15pts
1500m	Rosie Burden	5:33.7		21pts	Daisy Duckworth	5:59.9		16pts
Long_Jump	Cherri Moss	4.20		15pts	Ava Dingham	2.75		1pts
High_Jump	Holly Partridge	1.35		16pts	Rosie Burden	1.32		15pts
Triple_Jump	Jessica Barnard	8.04		9pts	Lucie Young	8.43		11pts
Pole_Vault								
Shot	Abi McElroy	9.43		21pts	Sofia Nardi	5.91		9pts
Discus	Emily Davis	17.31		12pts	Peyton Moore	15.00		9pts
Javelin	Scarlett Nowell	23.91		18pts	Freya Matthews	26.39		21pts
Hammer								
Relay	Peyton Moore , Daisy Duckworth , Freya Matthews , Liz Feld					58.6		19pts



ESAA English Schools' Track and Field Cup 2025
Regional 'B' Final, EA 2 at Chelmsford Athletics Track - Thursday 12th June 2025



Intermediate Girls

4 : 383pts : Greensward Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Annabel Elkington	15.8		12pts	Maisie Jones	16.6		9pts
100m	Libby Mitchell	12.9		27pts	Caitlin Godwin	13.8		18pts
200m	Farah O'Donovan	29.3		16pts	Lucy Keig	29.5		15pts
300m	Ruby Bixby	47.2		18pts	Poppy Sharpe	48.4		16pts
800m	Ava Jolly	2:49.8		16pts	Charlotte Devior	3:03.4		11pts
1500m	Tilly Dowell	5:49.7		18pts	Isabella Gonsalves	5:27.8		22pts
Long_Jump	Libby Mitchell	5.02		23pts	Caitlin Godwin	3.89		12pts
High_Jump	Ava Jolly	1.29		14pts	Lucy Keig	1.29		14pts
Triple_Jump								
Pole_Vault								
Shot	Tilly Dowell	6.68		11pts	Poppy Sharpe	5.54		8pts
Discus	Ruby Bixby	17.55		12pts	Maisie Jones	18.24		13pts
Javelin	Isla Frost	25.81		21pts	Charlotte Devior	18.47		12pts
Hammer	Annabel Elkington	23.73		16pts	Elosie Jobber	16.50		9pts
Relay	Elosie Jobber , Isla Frost , Isabella Gonsalves , Farah O'Donovan					58.0		20pts

5 : 380pts : The King John School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Daisy Berry	17.0		8pts	Alexi salmon	16.8		9pts
100m	Ava-Rose Waldion	14.3		13pts	Daisie Mansell	14.2		14pts
200m	Greta Emeseh	30.0		14pts	Lily Brooks-garrod	28.4		19pts
300m	Loella bull smith	45.0		22pts	Holly Bailey	46.2		20pts
800m	Imogen scorey	2:42.7		19pts	Molly fenton	2:50.9		16pts
1500m	Ryden smith	5:36.0		20pts	Holly shepherd	5:44.0		19pts
Long_Jump	Daisy Berry	4.03		13pts	Holly shepherd	4.26		16pts
High_Jump	Ava-Rose Waldion	1.50		21pts	Amber Longman	1.47		20pts
Triple_Jump	Imogen scorey	9.24		17pts	Lily Brooks-garrod	9.30		17pts
Pole_Vault								
Shot					Ryden Smith	6.57		11pts
Discus	Leanna Reeve	15.56		10pts				
Javelin	Loella bull smith	15.38		7pts				
Hammer	Greta Emeseh	25.76		18pts	Alexi salmon	22.32		15pts
Relay	Leanna Reeve , Daisie Mansell , Amber Longman , Holly Bailey					56.7		22pts

6 : 332pts : Woodbridge School, Suffolk

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Millie Stell	15.4		13pts	Frankie Fletcher	17.4		7pts
100m					Ella Ball	15.9		4pts
200m	Georgia Clarke	28.5		19pts	Bay Towndrow	31.2		10pts
300m	Millie Smith	48.8		16pts	Sukie Hallam	47.2		18pts
800m	Felicity Mitchell	2:37.9		22pts	Eirann Cheale	2:46.5		17pts
1500m	Romilly Adams	4:54.1		29pts	Grace Hotham	5:43.5		19pts
Long_Jump	Bay Towndrow	3.70		10pts	Sukie Hallam	4.21		15pts
High_Jump	Frankie Fletcher	1.35		16pts	Eirann Cheale	1.29		14pts
Triple_Jump	Georgia Clarke	9.64		19pts	Romilly Adams	8.90		15pts
Pole_Vault								
Shot	Millie Stell	6.93		12pts	Ella Ball	6.61		11pts
Discus	Felicity Mitchell	15.41		9pts	Izzy Hutchinson	20.24		16pts
Javelin	Imogen Potter	13.95		5pts	Abigail Rickard	9.62		1pts
Hammer								
Relay	Millie Smith , Abigail Rickard , Grace Hotham , Imogen Potter					61.5		15pts



ESAA English Schools' Track and Field Cup 2025
Regional 'B' Final, EA 2 at Chelmsford Athletics Track - Thursday 12th June 2025



Intermediate Girls

7 : 322pts : St John Payne Catholic School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Tallulah Coleman	15.4		13pts	Dami Morenikeji	14.2		17pts
100m	Makayla Turner	15.1		8pts	Alicija Yalaju	12.7		29pts
200m	Francine Niyrenda	29.4		16pts	Jasmin Recasa-Lunn	26.1		27pts
300m	Sienna Wright	47.2		18pts	Nadya Theys	51.7		11pts
800m	Maisy Martindale	3:08.3		10pts	Phoebe Drummond	3:00.9		12pts
1500m	Anna Shuttlewood	6:12.2		14pts	Jess Dick	7:08.4		4pts
Long_Jump	Francine Niyrenda	4.11		14pts	Phoebe Drummond	2.84		1pts
High_Jump	Sienna Wright	1.38		17pts	Alicija Yalaju	1.53		22pts
Triple_Jump	Tallulah Coleman	7.15		0pts	Jasmin Recasa-Lunn	9.91		21pts
Pole_Vault								
Shot	Maisy Martindale	8.00		16pts	Acelynn Agyapong	7.43		14pts
Discus		12.24		5pts				
Javelin	Makayla Turner	11.65		3pts	Dami Morenikeji	9.98		1pts
Hammer	Eloise Smith	21.84		14pts				
Relay	Anna Shuttlewood , Acelynn Agyapong , Nadya Theys , Eloise Smith					61.7		15pts

8 : 308pts : Forest, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lennie Micallef	15.7		12pts	Charlotte Edwards	14.7		16pts
100m					Bailey Boatang	14.5		11pts
200m	Maya Robinson	26.3		26pts				
300m	Evanna Eze	42.3		26pts	Esmee Mahalingham	45.9		20pts
800m	Eni Fadhuni	2:44.9		18pts	Amelie Somers	2:54.5		14pts
1500m	Lara Mydlar	5:35.6		20pts	Amber Mclean	6:06.4		15pts
Long_Jump	Maya Robinson	4.25		16pts	Bailey Boatang	3.01		3pts
High_Jump						1.23		12pts
Triple_Jump	Lennie Micallef	8.43		11pts	Esmee Mahalingham	9.20		17pts
Pole_Vault								
Shot	Evanna Eze	8.10		16pts	Bella Holiday	7.12		13pts
Discus	Jola Ashiru	16.87		11pts	Amelie Somers	9.30		1pts
Javelin	Lara Mydlar	14.73		6pts	Charlotte Edwards	11.54		3pts
Hammer								
Relay	Bella Holiday , Bisi Ojopse , Amber Mclean , Jola Ashiru					57.1		21pts

9 : 293pts : Thorpe Hall School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Yasmin Rose	14.7		16pts	Kitty Langstone	16.5		10pts
100m	Delilah Maddocks	14.6		11pts	Dahlia Hanrahan	13.1		25pts
200m	Emily Bentley	27.6		22pts				
300m	Freya Walls	48.9		15pts	Darcy Williamson	49.8		14pts
800m	Heidi Duff	3:27.1		3pts	Amber Cantor	2:49.3		16pts
1500m								
Long_Jump	Emily Bentley	3.21		5pts	Kitty Langstone	3.83		11pts
High_Jump	Delilah Maddocks	1.23		12pts	Darcy Williamson	1.17		10pts
Triple_Jump	Yasmin Rose	8.63		13pts	Dahlia Hanrahan	11.08		32pts
Pole_Vault								
Shot	Isobel Crease	6.28		10pts	India Seaby	7.09		13pts
Discus	Amelie Barthaud	15.67		10pts	Amber Cantor	13.28		7pts
Javelin	Freya Walls	NT		0pts	Sonny Shorey	21.52		16pts
Hammer	Heidi Duff	29.96		22pts				
Relay								



ESAA English Schools' Track and Field Cup 2025
Regional 'B' Final, EA 2 at Chelmsford Athletics Track - Thursday 12th June 2025



Intermediate Girls
10 : 239pts : The King Edmund School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lydia Szumanski	16.5		10pts	Hayley Hughes	15.8		12pts
100m	Ava Simpson	13.5		21pts	Emily Hallums	14.3		13pts
200m	Aimee Lawrence	29.0		17pts	Sophie Foster	30.2		13pts
300m	Neive Miller	51.7		11pts				
800m	Lily Meyers	3:03.9		11pts				
1500m								
Long_Jump	Ava Simpson	4.14		14pts	Aimee Lawrence	4.22		15pts
High_Jump					Emily Hallums	1.26		13pts
Triple_Jump	Hayley Hughes	8.34		11pts	Sophie Foster	NJ		0pts
Pole_Vault								
Shot	Neive Miller	6.86		12pts	Erin O'Neil	6.35		10pts
Discus	Ama Gymafi-Apertang	13.62		7pts	Mya Osman	15.67		10pts
Javelin	Seanna Roche	9.15		0pts	Lily Meyers	12.09		3pts
Hammer	Lydia Szumanski	15.65		8pts	Destiny Rickets	21.71		14pts
Relay	Ama Gymafi-Apertang , Mya Osman , Destiny Rickets , Seanna Roche					62.3		14pts