



ESAA English Schools' Track and Field Cup 2025
Regional 'A' Final, EA at Melbourne Park, Chelmsford - Tuesday 10th June 2025



Junior Boys

1 : 549pts : Southend High School for Boys, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Derin Okubanjo	12.7		26pts	Aiden Tricker	13.2		23pts
100m	William Moir	13.4		16pts	Logan Hay	12.2		28pts
200m	Bevan Dove	28.9		15pts	Jayden Ofili	27.3		19pts
300m	Toby Tubbs	42.0		20pts	Alan Arul	43.1		18pts
800m	George Tanner	2:25.0		21pts	Jonny Nash	2:22.3		22pts
1500m	Charlie Smith	4:49.4		24pts	Oliver Lupton	4:56.4		22pts
Long_Jump	Derin Okubanjo	4.85		20pts				
High_Jump					Oliver Lupton	1.41		17pts
Triple_Jump	William Moir	9.98		18pts	Alan Arul	10.74		22pts
Pole_Vault	Toby Tubbs	2.40		21pts	Aiden Tricker	2.55		24pts
Shot	George Tanner	8.99		16pts	Logan Hay	10.61		21pts
Discus	Hector Johnson	31.95		26pts	Jayden Ofili	29.88		24pts
Javelin								
Hammer	Bevan Dove	43.45		34pts	Charlie Taylor	44.91		35pts
Relay	Charlie Smith , Hector Johnson , Charlie Taylor , Jonny Nash					56.8		17pts

2 : 481pts : Westcliff High School for Boys, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	GOWTHAM SANGA	13.5		22pts	MIKAEL ALI	13.2		23pts
100m	SEMI ADENUGA	13.3		17pts	TASEEN AHMED	13.4		16pts
200m	JOSHUA MOONEY	27.5		18pts	FAVOUR BEN	27.0		20pts
300m	JOJO AIDOO	40.0		25pts	Stanley Cook	45.9		14pts
800m	XAVIER KEENAN	2:35.7		18pts	FUMFUM NWABUEZE	2:34.5		18pts
1500m								
Long_Jump	JOSHUA MOONEY	4.50		17pts	MIKAEL ALI	4.98		21pts
High_Jump	SEMI ADENUGA	1.35		15pts	Stanley Cook	1.38		16pts
Triple_Jump	JOJO AIDOO	10.65		22pts	FAVOUR BEN	9.78		17pts
Pole_Vault	SPENCER DEPREZ	2.25		18pts				
Shot	GOWTHAM SANGA	8.69		15pts	FUMFUM NWABUEZE	8.21		13pts
Discus	JAKE WHITE	26.13		20pts	TAM WORIKA	26.13		20pts
Javelin	XAVIER KEENAN	22.21		15pts				
Hammer	HENRY EYNON	36.32		28pts	TASEEN AHMED	44.90		35pts
Relay	JAKE WHITE , TAM WORIKA , SPENCER DEPREZ , HENRY EYNON					55.6		18pts

3 : 472pts : The Eastwood Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Archie Berry	13.6		21pts	Alfie Pithman	14.3		18pts
100m	Stan Sokolowski	12.3		27pts	Cooper Littmoden	13.4		16pts
200m	Wade Harper	27.6		18pts	Luis Andrade	29.3		14pts
300m	Ryder Venman	43.5		18pts	Rafe Dowling	42.7		19pts
800m	Harry Cunningham	2:23.8		22pts	Charlie Crampin	2:30.9		20pts
1500m	Ronnie Grant	4:40.7		26pts	Rude Perry-Kite	5:03.1		21pts
Long_Jump	Ryder Venman	4.83		20pts	Cooper Littmoden	4.02		12pts
High_Jump	Archie Berry	1.32		14pts	Rude Perry-Kite	1.23		11pts
Triple_Jump	Ronnie Grant	10.37		20pts	Rafe Dowling	10.26		20pts
Pole_Vault								
Shot	Kayden Wheeler	9.89		19pts	Wade Harper	8.93		16pts
Discus								
Javelin	Stan Sokolowski	34.24		27pts	Luis Andrade	23.75		16pts
Hammer	Harry Cunningham	21.81		14pts	Albie Simpson	31.97		24pts
Relay	Albie Simpson , Kayden Wheeler , Alfie Pithman , Charlie Crampin					54.5		19pts



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Junior Boys

4 : 471pts : The Fitzwimarc School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Callum Bysouth	13.0		24pts	Harry Carr	13.3		23pts
100m	Dylan Cordell	12.2		28pts	George Bruce	13.4		16pts
200m	Josh Cane	28.3		16pts	Cayleb Arrowsmith	28.2		17pts
300m	Will Surridge	46.0		14pts	Stanley Rawles	44.3		16pts
800m	Theo Mahoney	2:22.4		22pts	Preston Mesher	2:22.4		22pts
1500m	Samuel Brown	4:57.4		22pts	Charlie Lee	4:49.2		24pts
Long_Jump	Callum Bysouth	4.29		14pts	Charlie Lee	4.47		16pts
High_Jump	Dylan Cordell	1.47		19pts	Cayleb Arrowsmith	1.35		15pts
Triple_Jump	Theo Mahoney	9.17		14pts	Stanley Rawles	10.08		19pts
Pole_Vault	Will Surridge	2.30		19pts				
Shot	Josh Cane	9.78		18pts	Preston Mesher	9.03		16pts
Discus					Henry Rouse	24.74		19pts
Javelin	Jack Lee	29.10		22pts	Harry Carr	23.75		16pts
Hammer								
Relay	Samuel Brown , Jack Lee , George Bruce , Henry Rouse					54.4		20pts

5 : 468pts : St John Payne Catholic School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Sacha Kirk	13.8		20pts	Tijesunimi Oluwole	12.7		26pts
100m	Eniola Odupitan	12.6		24pts	Adrian Omijie	12.1		29pts
200m	Isaac Coleman	29.6		13pts	Joshua Oyetade	29.0		15pts
300m	Ethan McDonald	44.1		17pts	Toby Okonkwo	47.6		11pts
800m	Luca Wright	2:38.5		17pts	Eli Mawoyo	2:29.8		20pts
1500m	Zachary Franklin	5:24.5		15pts	Ed Delaney	5:15.5		18pts
Long_Jump	Luca Wright	4.50		17pts	Tijesunimi Oluwole	5.22		24pts
High_Jump	Sacha Kirk	1.35		15pts	Ed Delaney	1.47		19pts
Triple_Jump	Eniola Odupitan	10.93		23pts	Toby Okonkwo	9.43		16pts
Pole_Vault								
Shot	Deji Buraimoh	10.33		20pts	Adrian Omijie	11.48		24pts
Discus	Ethan McDonald	22.63		17pts	Zachery Franklin	18.39		12pts
Javelin	Isaac Coleman	22.13		15pts	Adam Borowy	28.84		21pts
Hammer								
Relay	Deji Buraimoh , Joshua Oyetade , Adam Borowy , Eli Mawoyo					54.4		20pts

6 : 465pts : Woodlands School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Kundiso Chibatamoto	12.7		26pts	Zak Naylor	12.8		25pts
100m	Oliver Francis	13.4		16pts	Harry Cleland	14.0		12pts
200m	Oliver Everard	29.1		14pts	Fahim Abdul	28.1		17pts
300m	Charlie Dingwall	43.0		19pts	Tommy Taylor	43.5		18pts
800m	Teddy Wormald	2:38.3		17pts	Alex Butcher	2:25.4		21pts
1500m	Jayden Cletus	5:11.6		19pts				
Long_Jump	Oliver Everard	4.00		12pts	Zak Naylor	3.60		8pts
High_Jump	Charlie Dingwall	1.44		18pts	Alex Butcher	1.50		20pts
Triple_Jump	Oliver Francis	9.72		17pts	Fahim Abdul	10.26		20pts
Pole_Vault								
Shot	Kundiso Chibatamoto	8.35		14pts	Ramsey McDala	10.38		20pts
Discus	Laurentiu Popov	28.67		23pts	Tommy Taylor	35.37		29pts
Javelin	Teddy Wormald	18.97		11pts				
Hammer	Andrew Persunaru	44.85		35pts	Harry Cleland	26.20		19pts
Relay	Ramsey McDala , Andrew Persunaru , Laurentiu Popov , Jayden Cletus					57.8		15pts



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Junior Boys

7 : 461pts : The King John School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ethan Christensen	13.6		21pts	Joey Colyer	12.6		26pts
100m	Dara Adetunji	13.3		17pts	Elisha Onilogbo	12.8		22pts
200m	Seb Newton	29.5		13pts	Harry Thompson	26.9		20pts
300m	Danny Crawley	41.9		20pts	Charlie Taylor	43.1		18pts
800m	Oliver Sheldrick	2:33.7		19pts	Henry Tappenden	2:29.7		20pts
1500m	Joshua Viner Wood	4:55.7		23pts	Vincent Baker	5:05.1		20pts
Long_Jump	Dara Adetunji	4.71		19pts	Joey Colyer	4.53		17pts
High_Jump	Oliver Sheldrick	1.38		16pts	Harry Thompson	1.41		17pts
Triple_Jump	Seb Newton	9.07		14pts				
Pole_Vault	Josh Suett	2.30		19pts				
Shot	Ethan Christensen	10.18		20pts	Charlie Taylor	8.39		14pts
Discus	Danny Crawley	17.80		12pts	Elisha Onilogbo	24.95		19pts
Javelin	Joshua Viner Wood	20.19		13pts	Arron Watson	31.37		24pts
Hammer								
Relay	Henry Tappenden , Vincent Baker , Arron Watson , Josh Suett					56.0		18pts

8 : 450pts : St Thomas More High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Jeffrey Commey	14.3		18pts	Aubrey Hill	14.7		16pts
100m	Elliot Brackenbury	12.8		22pts	Ralph Calubaquib	12.6		24pts
200m	Matthew Aguirre	28.3		16pts	Anthony Ugwuegbulem	28.6		16pts
300m	Charlie Walton	41.8		21pts	Henry Moyles	43.2		18pts
800m	Corban Hardiman	2:29.6		20pts	Teddy Mullin	2:35.2		18pts
1500m								
Long_Jump	Matthew Aguirre	4.39		15pts	Elliot Brackenbury	4.53		17pts
High_Jump	Charlie Walton	1.35		15pts	Teddy Mullin	1.29		13pts
Triple_Jump	Jeffrey Commey	10.06		19pts	Aubrey Hill	9.85		18pts
Pole_Vault								
Shot	Gabriel Borbely	9.96		19pts	Henry Moyles	8.13		13pts
Discus	Corban Hardiman	25.07		19pts	Anthony Ugwuegbulem	21.46		15pts
Javelin	Louis Paillard	26.90		19pts	Ralph Calubaquib	32.69		25pts
Hammer	Mandela Ibe	23.18		16pts	Aviel Olawaye	25.98		18pts
Relay	Gabriel Borbely , Louis Paillard , Mandela Ibe , Aviel Olawaye					54.3		20pts

9 : 434pts : The Champion School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Nick Diavewa-Lechowicz	13.2		23pts	William Rackham	13.7		21pts
100m	Elian Dasilva-Hunte	13.9		12pts	William Hiles	13.4		16pts
200m	Eliel-Rondall Mbwankiem	29.1		14pts	Kyriq McGillivary	26.8		20pts
300m	Liam Bergin-McCarthy	39.7		25pts	Daniel Ikwudirim	45.3		15pts
800m	Thomas Gilley	2:34.5		18pts	Victor Agboola	2:24.4		21pts
1500m	Sean Mooney	5:05.9		20pts	Reuben McDermott	5:06.8		20pts
Long_Jump					Kyriq McGillivary	4.45		16pts
High_Jump	Nick Diavewa-Lechowicz	1.29		13pts	Daniel Ikwudirim	1.47		19pts
Triple_Jump	Elian Dasilva-Hunte	9.08		14pts	William Rackham	9.16		14pts
Pole_Vault								
Shot	Noah Cox	9.80		19pts	William Hiles	9.26		17pts
Discus	Eliel-Rondall Mbwankiem	20.37		14pts	Victor Agboola	22.03		16pts
Javelin	Liam Bergin-McCarthy	41.18		34pts	Reuben McDermott	18.32		11pts
Hammer	Tommy Jones	29.08		22pts				
Relay	Sean Mooney , Noah Cox , Thomas Gilley , Tommy Jones					DQ		0pts



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Junior Boys

10 : 429pts : Robert Clack School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Rehan Syed	12.8		25pts	Dre Overare	13.4		22pts
100m	Stephen Olaitan-ajiboye	12.7		23pts	Emmanuel Efobi	13.7		13pts
200m	Denzel Mwashha	25.1		26pts	Jesse Botikali	30.6		11pts
300m	Kaream Boyce-Aleskeviciu	43.2		18pts	Robert Radoescu	43.2		18pts
800m	Nicholas Gjoni	2:39.8		17pts	David Senderek	2:31.9		19pts
1500m					Renato Da Silva	5:09.6		19pts
Long_Jump	Denzel Mwashha	5.29		24pts	Renato Da Silva	4.13		13pts
High_Jump	Stephen Olaitan-ajiboye	1.38		16pts	Jesse Botikali	1.35		15pts
Triple_Jump	Rehan Syed	10.47		21pts	David Senderek	9.55		16pts
Pole_Vault								
Shot	Kaream Boyce-Aleskeviciu	9.34		17pts	Emmanuel Efobi	11.49		24pts
Discus	Kevin Uzoma-Ufomba	27.63		22pts	Dre Overare	21.53		16pts
Javelin	Nicholas Gjoni	20.89		13pts	Gabriel Euston	NM		0pts
Hammer	Seyi Amakor	28.18		21pts				
Relay	Seyi Amakor , Gabriel Euston , Kevin Uzoma-Ufomba , Robert Radoescu					DQ		0pts

11 : 416pts : Shenfield High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Alfie Bowden	15.5		12pts	Edward Keen	13.8		20pts
100m	Max Cheetham	12.3		27pts	Brandon Tarbard	13.0		20pts
200m	Tjaart Venter	28.1		17pts	Jevier Flores	27.5		18pts
300m	Ben Arnold	42.4		20pts	Perry Nkeng	41.9		20pts
800m	Reis Ozpembe	2:32.6		19pts	Matthew Cottee	2:45.9		15pts
1500m	Daniel Smith	5:06.5		20pts	Tom Ellis	4:55.7		23pts
Long_Jump	Max Cheetham	4.63		18pts	Perry Nkeng	4.68		18pts
High_Jump	Daniel Smith	NM		0pts	Matthew Cottee	1.35		15pts
Triple_Jump	Tjaart Venter	10.27		20pts	Brandon Tarbard	9.31		15pts
Pole_Vault								
Shot	Ben Arnold	8.58		14pts	Jevier Flores	11.60		25pts
Discus	Dami Majekodunmi	24.43		18pts	Edward Keen	15.60		10pts
Javelin	Alfie Bowden	NM		0pts	Reuben Hart	22.94		15pts
Hammer								
Relay	Reuben Hart , Reis Ozpembe , Dami Majekodunmi , Tom Ellis					56.5		17pts

12 : 392pts : Redden Court School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Harry Huckle	14.3		18pts	Oliver Clancy	16.3		8pts
100m	Ayden Taylor	14.5		9pts	Tobi Oloyede	12.4		26pts
200m	Gideon Lee	27.7		18pts	Harry Milton	26.3		22pts
300m	Arafaat Aduma	48.7		9pts	Ayo Oliwalia	45.2		15pts
800m	Joshua Braiden	2:33.7		19pts	Max Kondrchi	2:36.6		18pts
1500m	Joe Battrum	5:18.5		17pts	Callum Millard Jennings	5:11.0		19pts
Long_Jump	Jack Rushworth	4.19		13pts	Tobi Oloyede	5.46		26pts
High_Jump	Joe Battrum	1.23		11pts	Ayo Oliwalia	1.29		13pts
Triple_Jump	Harry Huckle	9.43		16pts	Harry Milton	11.24		25pts
Pole_Vault								
Shot	Ayden Taylor	7.00		9pts	Ethan Sparrow	10.45		21pts
Discus	Arafaat Aduma	17.74		12pts	Max Kondrchi	15.10		9pts
Javelin	Gideon Lee	20.46		13pts	Oliver Clancy	18.88		11pts
Hammer								
Relay	Ethan Sparrow , Joshua Braiden , Callum Millard Jennings , Jack Rushworth					57.9		15pts



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Junior Girls

1 : 442pts : Southend High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Clara Wilson	13.0		24pts	Joannabel Eshun	13.1		23pts
100m	Jemimah Othieno	14.0		19pts	Betsy Chuks	14.8		13pts
200m	Victoria Edghill	28.6		22pts	Emily Davison	30.6		16pts
300m	Kai Bucci	46.2		20pts	Arabella Stevens	48.3		16pts
800m	Rose Holland	2:38.1		25pts	Katie Wiles	2:32.7		27pts
1500m	Sadie Owen	5:05.9		29pts	Fleur Burrows	5:14.3		27pts
Long_Jump	Jemimah Othieno	4.85		27pts	Katie Wiles	4.23		17pts
High_Jump	Clara Wilson	1.44		22pts	Arabella Stevens	1.38		20pts
Triple_Jump								
Pole_Vault								
Shot	Victoria Edghill	7.85		20pts	Betsy Chuks	10.25		32pts
Discus								
Javelin					Emily Davison	21.77		22pts
Hammer								
Relay	Joannabel Eshun , Rose Holland , Sadie Owen , Fleur Burrows					58.1		21pts

2 : 416pts : The Fitzwimarc School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Penny Tubbs	13.1		23pts	Issabella Reeves	13.3		22pts
100m	Lola Manion	13.2		27pts	Ava Harris	14.1		18pts
200m	Masie Hegwein	29.6		19pts	Zenobia Williams	29.1		21pts
300m					Libby Jones	47.8		17pts
800m	Freya Bell	2:43.4		23pts	Ava Jeffery	2:43.4		23pts
1500m	Orla Martin	5:27.1		25pts	Isla Young	5:10.9		28pts
Long_Jump	Lola Manion	3.87		13pts	Ava Harris	4.16		17pts
High_Jump					Libby Jones	1.44		22pts
Triple_Jump								
Pole_Vault								
Shot					Maisie Hegwein	7.65		19pts
Discus	Orla Martin	11.18		8pts	Ava Jeffery	11.55		8pts
Javelin	Penny Tubbs	18.25		17pts	Zenobia Williams	26.77		27pts
Hammer	Abigail Willson	25.10		21pts				
Relay	Abigail Willson , Isabella Reeves , Freya Bell , Isla Young					60.4		18pts

3 : 406pts : The Eastwood Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Tia Leaver	13.0		24pts	Rosie Mower	13.2		23pts
100m	Amy Ward	14.2		17pts	Evie Laing	13.8		21pts
200m	Elsie Burrell	28.6		22pts	Anna Higgins	31.1		14pts
300m	Florence Taylor	50.5		13pts	Isla Haslett	47.0		19pts
800m	Delilah Eastwood	2:39.4		24pts	Phoebe Coleman	2:47.1		22pts
1500m	Lilia Noreika	5:45.5		22pts	Imogen Hurst	5:50.3		21pts
Long_Jump	Tia Leaver	4.52		20pts	Evie Laing	4.07		15pts
High_Jump	Delilah Eastwood	1.23		15pts	Isla Haslett	1.47		23pts
Triple_Jump								
Pole_Vault					Rosie Mower	2.25		25pts
Shot	Elsie Burrell	7.20		17pts	Phoebe Coleman	5.94		11pts
Discus	Lilia Noreika	19.11		18pts				
Javelin								
Hammer								
Relay	Amy Ward , Florence Taylor , Imogen Hurst , Anna Higgins					58.6		20pts



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Junior Girls

4 : 392pts : St Martin's School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Gabriella Boxall	12.9		24pts	Nella Doherty	14.2		18pts
100m	Saudieka Hinds	13.6		23pts	Dolci Hoyte	13.8		21pts
200m								
300m	Jess Bone	46.6		19pts	Ella Wilks	48.4		16pts
800m	Tilly Bixby	2:49.9		21pts	Neha Uddin	2:42.3		23pts
1500m	Hattie Blackburn	5:25.4		25pts	Brogan Lambert	5:42.9		22pts
Long_Jump	Saudieka Hinds	4.13		16pts	Neha Uddin	3.78		12pts
High_Jump	Gabriella Boxall	1.41		21pts	Dolci Hoyte	1.20		14pts
Triple_Jump								
Pole_Vault								
Shot	Jess Bone	7.24		17pts				
Discus	Isabelle Holmes	21.62		22pts	Nella Doherty	14.29		12pts
Javelin	Tilly Bixby	18.22		17pts	Ella Wilks	17.08		15pts
Hammer	Amber Curnick	21.38		17pts				
Relay	Hattie Blackburn , Isabelle Holmes , Amber Curnick , Brogan Lambert					60.8		17pts

5 : 385pts : St Bernard's High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles					Lillyana Fordham	14.4		17pts
100m	Honor Oteng	12.1		38pts	Chim Okafor	13.7		22pts
200m	Lucia Radley	28.5		23pts	Michelle Chukwuke	29.4		20pts
300m					Niamh Jones	48.2		17pts
800m	Makaylah Lyanda	2:46.7		22pts	Chloe Connolly	2:57.2		18pts
1500m	Rosa Manzyukova	5:48.3		21pts	Abigail Cauchi	5:51.6		21pts
Long_Jump	Makaylah Lyanda	4.08		15pts	Chim Okafor	4.19		17pts
High_Jump	Lucia Radley	1.23		15pts	Niamh Jones	1.44		22pts
Triple_Jump								
Pole_Vault								
Shot	Honor Oteng	6.44		13pts	Kosi Opara	8.17		21pts
Discus	Iona Phillips	19.80		19pts	Lillyana Fordham	NM		0pts
Javelin	Rosa Manzyukova	14.43		12pts	Chloe Connolly	15.21		13pts
Hammer								
Relay	Abigail Cauchi , Kosi Opara , Iona Phillips , Michelle Chukwuke					59.6		19pts

6 : 377pts : Shenfield High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Chloe Gallgher	13.1		23pts				
100m	Laura Mason	13.9		20pts	Marlie Leachman	14.1		18pts
200m	Grace Higgins	30.1		17pts	Mollie Byhurst	28.7		22pts
300m	Freya Gallagher	47.5		18pts				
800m	Lyla Mercer	2:44.2		23pts	Jessica Berry	2:53.9		20pts
1500m	Amira Khelfa	5:36.9		23pts	Elsie Smith	5:45.9		22pts
Long_Jump	Grace Higgins	3.94		14pts	Marlie Leachman	4.03		15pts
High_Jump	Chloe Gallgher	1.35		19pts	Mollie Byhurst	1.32		18pts
Triple_Jump								
Pole_Vault								
Shot	Amelia Lyons	6.93		15pts	Isabella Helliwell	7.87		20pts
Discus	Freya Gallagher	18.08		17pts	Elsie Smith	12.62		10pts
Javelin	Lyla Mercer	17.91		16pts	Jessica Berry	10.05		6pts
Hammer								
Relay	Amira Khelfa , Isabella Helliwell , Amelia Lyons , Laura Mason					58.0		21pts



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Junior Girls

7 : 371pts : The Coopers Company and Coborn School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Brooke Lavey	13.2		23pts	Holly Bawden	13.4		22pts
100m	Esther Olajide	13.9		20pts	Ava McMillan	13.7		22pts
200m	Betsy Morrow	29.8		18pts	Scarlett Barclay	29.1		21pts
300m	Mari Stander	47.9		17pts	Isla Spears	49.3		15pts
800m	Aria Sabado	2:37.5		25pts	Izzy Roch	2:43.2		23pts
1500m	Mia Wilson	5:18.3		26pts				
Long_Jump	Ava McMillan	4.34		18pts				
High_Jump	Esther Olajide	1.35		19pts				
Triple_Jump								
Pole_Vault								
Shot	Betsy Morrow	7.49		18pts	Brooke Lavey	7.21		17pts
Discus	Mari Stander	14.85		13pts	Holly Bawden	14.71		12pts
Javelin	Isla Spears	16.54		15pts	Izzy Roch	10.61		7pts
Hammer								
Relay	Aria Sabado , Scarlett Barclay , Mia Wilson , Eden Sloan					58.7		20pts

8 : 361pts : Robert Clack School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Martha Boateng	17.6		5pts				
100m	Deborah Adeleke	15.3		10pts	Nicole Nwanke	13.9		20pts
200m	Harmony Valentine	28.7		22pts	Lily Oyewunmi	30.8		15pts
300m	Durga Abegunde	48.4		16pts	Mariama Barnes	48.8		16pts
800m	Isabella Kaciulis	2:53.2		20pts	Dominyka Petrauskaite	2:55.7		19pts
1500m	Princy Patel	6:26.9		15pts	Valley Shally	6:30.6		14pts
Long_Jump	Durga Abegunde	4.30		18pts	Nicole Nwanke	3.35		8pts
High_Jump	Isabella Kaciulis	1.32		18pts	Dominyka Petrauskaite	1.35		19pts
Triple_Jump								
Pole_Vault								
Shot	Harmony Valentine	8.45		23pts	Dorcas Oyetunji	9.46		28pts
Discus	Deborah Adeleke	19.31		19pts	Lily Oyewunmi	20.14		20pts
Javelin								
Hammer	Martha Boateng	21.17		17pts				
Relay	Mariama Barnes , Dorcas Oyetunji , Princy Patel , Valley Shally					59.6		19pts

9 : 358pts : The King John School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Mia Duffield	13.8		21pts	Mercy Bakonsa	14.4		15pts
200m	Pippa Hawkins	29.2		20pts	Ava Long	30.3		17pts
300m	Ava Read	50.5		13pts	Emma Frisby	45.8		21pts
800m	Toni Heart	2:48.7		21pts	Chloe Morton	2:52.1		20pts
1500m	Frayia Hodgson	5:59.6		20pts	Grace Crawford	5:26.7		25pts
Long_Jump	Toni Heart	3.79		12pts	Emma Frisby	4.88		27pts
High_Jump	Frayia Hodgson	1.32		18pts	Ava Long	1.26		16pts
Triple_Jump								
Pole_Vault								
Shot	Evie Cross	6.68		14pts	Mercy Bakonsa	6.02		12pts
Discus	Pippa Hawkins	14.69		12pts	Chloe Morton	11.62		8pts
Javelin	Florence Mangan	17.06		15pts	Grace Crawford	14.02		11pts
Hammer								
Relay	Florence Mangan , Ava Read , Evie Cross , Mia Duffield					58.8		20pts



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Junior Girls

10 : 348pts : Chelmsford County High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Camilla Maclachlan	13.3		22pts				
100m	Haneefah Bello	13.5		24pts	Enioluwa Saiki	13.6		23pts
200m		29.9		18pts				
300m					Imogen Oldnall	48.7		16pts
800m	Kailin Wendelkin	2:58.5		18pts	Isobel McLennan	2:48.4		21pts
1500m	Camilla White	5:28.6		25pts	Madison Kindler	4:51.3		33pts
Long_Jump	Camilla White	4.54		20pts	Enioluwa Saiki	3.48		9pts
High_Jump	Eliza Woodward	1.29		17pts	Isobel McLennan	1.26		16pts
Triple_Jump								
Pole_Vault								
Shot	Haneefah Bello	6.26		12pts	Hannah Yeboah	5.93		11pts
Discus	Camilla Maclachlan	14.89		13pts	Obianuju Nsoedo	15.29		13pts
Javelin	Alex Rowe-Goodey	NM		0pts	Imogen Oldnall	21.79		22pts
Hammer								
Relay	Alex Rowe-Goodey , Kailin Wendelkin , Madison Kindler , Obianuju Nsoedo					62.4		15pts

11 : 334pts : Davenant Foundation School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Rosie Anderson	13.4		22pts	Eden Dunnage	13.3		22pts
100m	Zarah Roman	13.9		20pts	Mia King	14.0		19pts
200m					Zintle Griffth	27.5		26pts
300m	Kishi Abiodun-Opangua	51.0		13pts	Ava O'neal	49.3		15pts
800m	Aoife Pearce	3:02.8		17pts	Isabella Lester	2:50.5		21pts
1500m	Sophia Stephenson	5:49.6		21pts	Rosie Muffett	5:52.6		21pts
Long_Jump	Aoife Pearce	3.47		9pts	Isabella Lester	4.23		17pts
High_Jump	Rosie Anderson	NM		0pts	Zintle Griffth	1.32		18pts
Triple_Jump								
Pole_Vault								
Shot	Zarah Roman	7.65		19pts	Eden Dunnage	8.34		22pts
Discus	Kishi Abiodun-Opangua	NM		0pts	Alexa Tsindides-O'shea	9.64		6pts
Javelin								
Hammer	Ava O'neal	14.61		9pts				
Relay	Alexa Tsindides-O'shea , Sophia Stephenson , Mia King , Rosie Muffett					60.6		17pts

12 : 316pts : The Appleton School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Rosie Conway	14.4		17pts	Isabelle Wakefield	13.2		23pts
100m	Grace Page	14.9		12pts	Rokaia Awad	15.1		11pts
200m	Jessica Hill	30.5		16pts				
300m						46.1		20pts
800m	Isabelle Wilson	3:04.5		16pts	Honey Cross	2:51.3		20pts
1500m	Evie Hicks	5:59.4		20pts	Scarlett-Naomi Koekemoer	5:50.7		21pts
Long_Jump	Jessica Hill	3.59		10pts	Isabelle Wakefield	3.62		11pts
High_Jump	Rosie Conway	1.23		15pts	Honey Cross	1.23		15pts
Triple_Jump								
Pole_Vault								
Shot	Jazmin Abbott	6.02		12pts				
Discus	Grace Page	18.72		18pts	Rosie Smith	17.55		16pts
Javelin	Isabelle Wilson	11.00		7pts	Rokaia Awad	19.65		19pts
Hammer	Izabelle Sparks-Hill	NM		0pts				
Relay	Evie Hicks , Scarlett-Naomi Koekemoer , Rosie Smith , Izabelle Sparks-Hill					61.0		17pts



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Intermediate Boys
1 : 585pts : Southend High School for Boys, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Daniel Mendoza	11.6		27pts	Edward Grange	11.3		28pts
100m	Samuel Abioye	11.6		27pts	Razzaq Okeyode	11.8		25pts
200m	Jacob Campbell	25.1		20pts	Lloyd Uwadaie	24.3		23pts
300m	Joshua Lawrence	40.7		19pts	Jeremy Andersen	37.2		28pts
800m	George Safwat	2:12.2		23pts	George Webb	2:14.2		22pts
1500m	Jude Hearn	4:20.9		25pts	Hayden Potton	4:34.9		23pts
Long_Jump	Jacob Campbell	5.45		19pts				
High_Jump	Daniel Mendoza	1.47		15pts	Edward Grange	1.71		23pts
Triple_Jump					Lloyd Uwadaie	12.75		25pts
Pole_Vault	Joshua Lawrence	3.00		23pts	Ethan Williams	3.15		24pts
Shot	Samuel Abioye	12.28		23pts	Jeremy Andersen	15.04		32pts
Discus	George Safwat	32.07		23pts	Razzaq Okeyode	31.41		22pts
Javelin	Luke Wilkin	42.22		22pts	George Webb	47.28		25pts
Hammer								
Relay	Jude Hearn , Luke Wilkin , Hayden Potton , Ethan Williams					50.9		19pts

2 : 581pts : The Champion School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Temi Akinwumi	11.2		29pts	Emanuel Iwuchukwu	11.3		28pts
100m	Ethan Mullender	12.1		22pts	Bailey Anatole-Liburd	11.8		25pts
200m	Brandon Ryan	24.1		23pts	Bode Thompson	23.9		24pts
300m	Joel Asirifi-Otchere	38.3		25pts	Chidera Asiegbu	38.3		25pts
800m	Emmanuel olubukola-sogb	2:22.5		18pts	Barnaby hall	2:17.4		20pts
1500m	Aidan Doherty	4:31.2		23pts				
Long_Jump	Emmanuel olubukola-sogb	5.20		17pts	Barnaby hall	5.14		16pts
High_Jump	Joel Asirifi-Otchere	1.65		21pts	Bode Thompson	1.77		25pts
Triple_Jump	Brandon Ryan	11.65		20pts	Emanuel Iwuchukwu	13.22		28pts
Pole_Vault								
Shot	Ethan Mullender	11.70		21pts	Bailey Anatole-Liburd	11.89		22pts
Discus	Harrison Rabess	38.00		28pts	Josiah Mikana	28.87		20pts
Javelin	Temi Akinwumi	44.30		23pts				
Hammer	Sam Johnson	54.62		32pts	Chidera Asiegbu	38.80		23pts
Relay	Harrison Rabess , Aidan Doherty , Josiah Mikana , Sam Johnson					49.0		23pts

3 : 550pts : Westcliff High School for Boys, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Charlie Burzotta	11.7		26pts	Michael Kushimo	11.9		25pts
100m	Samuel Awobadejo	12.7		16pts	Joe Burdett	12.1		22pts
200m	Danyel Oladimeji	24.4		22pts	Sochima Okoye	25.5		19pts
300m	Benaiah Osei-Poku	39.5		22pts	Freddie Sankey	38.8		24pts
800m	Nathan Moradeke-Johnsor	2:23.6		18pts	Claye Chan	2:18.6		20pts
1500m	Toby Wood	4:48.2		20pts				
Long_Jump	Charlie Burzotta	5.45		19pts				
High_Jump	Danyel Oladimeji	1.53		17pts	Michael Kushimo	1.59		19pts
Triple_Jump	Benaiah Osei-Poku	12.70		25pts	Sochima Okoye	11.88		21pts
Pole_Vault	Toby Wood	2.70		20pts				
Shot	Reggie Herron	12.98		25pts	Freddie Sankey	9.56		14pts
Discus	Nathan Moradeke-Johnsor	28.57		20pts	Joe Burdett	39.06		28pts
Javelin						43.43		22pts
Hammer	Samuel Awobadejo	48.60		29pts	Joshua Babalola	56.68		34pts
Relay	Joshua Babalola , Claye Chan , Charles Harvey , Reggie Herron					48.6		23pts



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Intermediate Boys
4 : 532pts : Woodlands School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Fabian Nayan	10.9		30pts	Fawwaz Owolabi	11.6		27pts
100m	Joshua Cabulo	11.5		28pts	Faiz Abdul	11.9		24pts
200m	Oscar Clarke	25.3		19pts	Joshua Oshitola	24.4		22pts
300m	Charlie Rose	40.4		20pts	Roman Dwyer	38.4		25pts
800m	Edward Hazelgrove	2:29.7		16pts	Archie Brooker	2:13.5		22pts
1500m	Zak Williams-Lewis	4:43.2		21pts	Charlie Cletus	4:47.0		20pts
Long_Jump	Edward Hazelgrove	5.27		17pts	Joshua Oshitola	4.82		13pts
High_Jump	Oscar Clarke	1.62		20pts	Charlie Cletus	1.83		28pts
Triple_Jump	Joshua Cabulo	13.18		27pts	Roman Dwyer	10.64		15pts
Pole_Vault								
Shot	Fabian Nayan	10.30		17pts	Fawwaz Owolabi	10.96		19pts
Discus	Charlie Rose	27.45		18pts	Felix Rosen	28.43		19pts
Javelin					Archie Brooker	40.02		20pts
Hammer	Vinnie Turner	39.91		24pts				
Relay	Faiz Abdul , Felix Rosen , Vinnie Turner , Zak Williams-Lewis					50.2		21pts

5 : 525pts : The Eastwood Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Harvey Anteh	13.0		20pts	Luis Shepherd	12.3		23pts
100m	Cameron Nevill-Blaize	11.3		30pts				
200m	Josh High	24.1		23pts	Sam Munday	24.8		21pts
300m	George Twist	41.5		17pts	Noah Marklew	37.8		27pts
800m	Arun Panchal	2:17.3		20pts	Harry Buttifant	2:07.5		25pts
1500m	Caidon Ali	4:41.0		21pts	Noah Tundervary	4:39.3		22pts
Long_Jump	Cameron Nevill-Blaize	5.87		23pts	Sam Munday	5.52		20pts
High_Jump	Harvey Anteh	1.50		16pts	Noah Marklew	1.56		18pts
Triple_Jump	Arun Panchal	11.08		17pts				
Pole_Vault	Josh High	4.20		31pts	Caidon Ali	2.40		17pts
Shot					Harry Buttifant	8.82		12pts
Discus	George Twist	30.98		22pts	Noah Tundervary	24.46		15pts
Javelin	Tom Buscombe	48.19		26pts	Rhian Martinez	43.40		22pts
Hammer	Ben Pacey	29.42		18pts				
Relay	Luis Shepherd , Tom Buscombe , Rhian Martinez , Ben Pacey					51.0		19pts

6 : 510pts : The King John School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Henry Mills	12.0		25pts	Paul Odukogbe	11.4		28pts
100m	Oliver Plumb	12.1		22pts	Ellis Lyons	12.4		19pts
200m	Tomi Oyentunde	24.4		22pts	Rohan Pandit	24.5		22pts
300m	Albert Ajetunmobi	41.4		18pts	Samuel Clarke	37.7		27pts
800m	Jacob Fuller	2:21.1		19pts	Luke Berry	2:10.4		24pts
1500m	Jake Smith	4:48.1		20pts	Kieran Crighton	4:42.1		21pts
Long_Jump	Albert Ajetunmobi	4.99		14pts	Ellis Lyons	5.10		16pts
High_Jump	Tomi Oyentunde	1.62		20pts	Samuel Clarke	1.53		17pts
Triple_Jump					Rohan Pandit	11.96		21pts
Pole_Vault								
Shot					Paul Odukogbe	12.16		23pts
Discus	Jacob Fuller	25.35		16pts	Leo Mjasnikovs	27.02		18pts
Javelin	Henry Mills	35.07		17pts	Luke Berry	32.22		15pts
Hammer	Oliver Plumb	44.40		26pts	Oliver thorne	32.32		19pts
Relay	Leo Mjasnikovs , Jake Smith , Oliver thorne , Kieran Crighton					50.1		21pts



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Intermediate Boys
7 : 509pts : Forest School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Nathaniel Gittens	12.1		24pts	Joel Williams	13.4		18pts
100m	Lawrence Foster	11.4		29pts	Oscar Morsy	11.4		29pts
200m	Henry Tyfield	24.1		23pts	Oskar Kyson	24.3		23pts
300m	Cosmo Miller	38.3		25pts	Hamza Khan	39.3		23pts
800m	Callum Whiteside	2:15.3		21pts	Charlie Pledger	2:13.3		22pts
1500m	Rory Willis	4:32.4		23pts	Jude Josey	4:34.9		23pts
Long_Jump	Oscar Morsy	5.60		21pts	Lawrence Foster	5.51		20pts
High_Jump	Callum Whiteside	1.41		13pts	Jude Josey	1.41		13pts
Triple_Jump	Joel Williams	11.25		18pts	Hamza Khan	11.29		18pts
Pole_Vault								
Shot	Cosmo Miller	11.82		22pts	Joshua Avery	10.58		17pts
Discus	Henry Tyfield	27.64		19pts				
Javelin	Oskar Kyson	32.47		15pts	Rory Willis	20.01		7pts
Hammer	James Balleny	31.44		19pts				
Relay	James Balleny , Nathaniel Gittens , Charlie Pledger , Joshua Avery					48.1		24pts

8 : 504pts : St Martin's School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Adam Sewell	12.3		23pts	Ralph Phillips	11.3		28pts
100m	Joeseeph Mendez	11.4		29pts	Sean Prelli	12.0		23pts
200m	Aaron Bloom	24.8		21pts	Daniel Fadiora	24.7		21pts
300m	Kewsi Djokota	40.1		21pts	Jamal Wouche	36.7		29pts
800m	Marvellous Ojo	2:11.1		23pts	Peter Neal	2:23.4		18pts
1500m	Dan Girling	4:45.1		20pts				
Long_Jump	Joeseeph Mendez	5.95		24pts	Jamal Wouche	5.27		17pts
High_Jump	Dexter Jones	1.59		19pts	Daniel Fadiora	1.59		19pts
Triple_Jump	Marvellous Ojo	11.66		20pts	Sean Prelli	11.56		19pts
Pole_Vault	Adam Sewell	2.20		15pts	Dan Girling	2.00		11pts
Shot	Aaron Bloom	9.45		14pts	Sam Ayinbuomwan	11.22		20pts
Discus	Dylan Hodges	24.24		15pts	Peter Neal	22.45		13pts
Javelin								
Hammer	Kewsi Djokota	29.09		17pts				
Relay	Dexter Jones , Dylan Hodges , Ralph Phillips , Sam Ayinbuomwan					47.9		25pts

9 : 502pts : Robert Clack School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Jahmaine Aldridge	11.1		29pts	Joshua Buxton	11.6		27pts
100m	Ayaat Ali	12.4		19pts	Peter Aderibigbe	11.6		27pts
200m	Chibuke Ukah	24.1		23pts	Tyler Frederick Waltersto	24.5		22pts
300m	Eugine Poku	40.6		20pts	Airidas Apanavicius	41.2		18pts
800m	Charlie Burke	2:16.8		21pts	Tyreece Tyrrell	2:13.6		22pts
1500m	Gifton Cizungu	5:02.2		17pts	Justin Nguyen	5:20.3		13pts
Long_Jump	Jahmaine Aldridge	5.61		21pts	Peter Aderibigbe	5.29		17pts
High_Jump	Charlie Burke	1.47		15pts	Ayaat Ali	1.50		16pts
Triple_Jump	Chibuke Ukah	12.29		23pts	Tyreece Tyrrell	11.28		18pts
Pole_Vault								
Shot	Eugine Poku	11.19		19pts	Tyler Frederick Waltersto	12.16		23pts
Discus	Joshua Buxton	32.09		23pts	Elijah Gwatiringa	23.72		15pts
Javelin								
Hammer	Airidas Apanavicius	30.33		18pts	Teddy Peebles	28.33		17pts
Relay	Elijah Gwatiringa , Teddy Peebles , Justin Nguyen , Gifton Cizungu					51.4		19pts



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Intermediate Boys
10 : 477pts : The Gateway Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Augustine Agyei-Twum	12.7		21pts	Josh Johnson	11.8		26pts
100m	Emmanuel Opoku-Agyman	12.1		22pts	Samuel Mowoe	11.9		24pts
200m	AJ Adewumi	25.0		20pts	Naphtali Mulumbu	26.2		16pts
300m	Sean Martinez-Oviasogie	39.5		22pts	Lewis Bennet	40.4		20pts
800m	Adam Ezekolonkwor	2:18.5		20pts	Eugene Obanor	2:17.6		20pts
1500m	Garren Thomas	5:04.1		17pts	Szymon Drozdak	5:21.2		13pts
Long_Jump	Augustine Agyei-Twum	5.30		18pts	Daya Panasear	5.05		15pts
High_Jump	Adam Ezekolonkwor	1.41		13pts	Lewis Bennet	1.59		19pts
Triple_Jump	Sean Martinez-Oviasogie	12.81		26pts	Josh Johnson	11.99		21pts
Pole_Vault								
Shot	Emmanuel Opoku-Agyman	12.43		24pts	Naphtali Mulumbu	11.27		20pts
Discus	Tola Adebis	32.47		23pts	Samuel Mowoe	29.42		20pts
Javelin								
Hammer	AJ Adewumi	NM		0pts	Szymon Drozdak	28.40		17pts
Relay	Garren Thomas , Eugene Obanor , Tola Adebis , Daya Panasear					50.6		20pts

11 : 460pts : Finborough School Ltd, Suffolk

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ethan Famoriyo	12.1		24pts	George Thomas	11.8		26pts
100m	Archie Doe	12.5		18pts	Matt Dong	12.4		19pts
200m	Theo Truby	24.7		21pts	Ben Alaku-Ohene	24.6		22pts
300m	James Cundy-Wilding	42.1		16pts	Charlie Hearn	38.9		24pts
800m	Ollie Skinner	2:28.4		16pts	Alfie Littleboy	2:17.0		21pts
1500m	Will Benterman	5:09.4		16pts	Bobby Giles	5:09.9		16pts
Long_Jump	Ethan Famoriyo	4.66		11pts	Alfie Littleboy	4.64		11pts
High_Jump	Theo Truby	1.62		20pts	Ben Alaku-Ohene	1.44		14pts
Triple_Jump	Archie Doe	10.56		14pts	Charlie Hearn	11.64		20pts
Pole_Vault								
Shot	James Cundy-Wilding	9.46		14pts	George Thomas	12.33		23pts
Discus	Will Benterman	30.17		21pts	Matt Dong	22.92		14pts
Javelin	Finley Dines	48.01		26pts	Joe Cook	30.65		14pts
Hammer								
Relay	Joe Cook , Bobby Giles , Finley Dines , Ollie Skinner					51.0		19pts

12 : 457pts : The Fitzwimarc School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Mason Russell	12.0		25pts	Felix Churchill-Brown	12.0		25pts
100m	Alex Cane	11.7		26pts	Olly Williams	12.0		23pts
200m	Cruz Carter	25.9		17pts	Henry White	26.8		14pts
300m	Liam Thomas	41.9		16pts				
800m	Tommy Mason	2:17.5		20pts	Thomas Hull	2:10.3		24pts
1500m	Calvin Bollans	4:43.5		21pts	Frankie Butcher	4:51.3		19pts
Long_Jump	Mason Russell	5.43		19pts	Felix Churchill-Brown	5.04		15pts
High_Jump	Alex Cane	1.68		22pts	Henry White	1.50		16pts
Triple_Jump	Tommy Mason	10.62		15pts	Thomas Hull	11.04		17pts
Pole_Vault	Liam Thomas	2.70		20pts	Frankie Butcher	2.80		21pts
Shot	Cruz Carter	10.45		17pts				
Discus	Ashton Gwanzura-Mead	21.53		13pts				
Javelin					Olly Williams	33.26		16pts
Hammer	Emilio LaFrancesca	NM		0pts	Archie Spiteri	35.88		21pts
Relay	Emilio LaFrancesca , Calvin Bollans , Ashton Gwanzura-Mead , Archie Spiteri					53.8		15pts



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Intermediate Girls
1 : 502pts : The Eastwood Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Amy Pugsley	12.7		23pts	Felicity Wilson	13.5		20pts	
100m	Alba Newton	14.6		11pts	Violet Burrell	13.3		23pts	
200m	Eva Baxter	28.7		18pts	Alice Bird	26.9		24pts	
300m	Cali Gall	45.4		21pts	Heidi Whatton	45.2		22pts	
800m	Nancy Argent	2:41.7		20pts	Chloe Boys	2:38.4		21pts	
1500m	Camille Catling	5:13.3		25pts	Jessica Cunningham	5:57.3		16pts	
Long_Jump	Daisy Nicholson	4.29		16pts	Heidi Whatton	4.73		20pts	
High_Jump	Nancy Argent	1.35		16pts	Felicity Wilson	1.41		18pts	
Triple_Jump	Cali Gall	9.97		22pts	Chloe Boys	9.19		16pts	
Pole_Vault	Eva Baxter	2.35		20pts	Alice Bird	3.15		36pts	
Shot	Olivia Tyler	7.75		15pts	Violet Burrell	10.56		26pts	
Discus	Alba Newton	25.59		23pts					
Javelin	Amy Pugsley	17.41		10pts					
Hammer									
Relay	Camille Catling , Daisy Nicholson , Olivia Tyler , Jessica Cunningham						57.8		20pts

2 : 483pts : St Martin's School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Andi Brooks	13.7		19pts	Eliza Hobdon	13.8		19pts	
100m	Ruby Collier	13.2		24pts	Esme Monk	14.1		15pts	
200m	Katie Lowe	27.4		22pts	Bori Somogyi	31.3		9pts	
300m	Daisy Willingale	45.8		21pts	Gabriella Eid	48.5		16pts	
800m	Emmie Lole	2:21.8		30pts	Sophie Penn	2:51.2		15pts	
1500m	Amelie Shipton	4:42.1		32pts	Erin Kelly	4:49.9		30pts	
Long_Jump	Katie Lowe	4.53		18pts	Esme Monk	4.76		21pts	
High_Jump	Ruby Collier	1.32		15pts					
Triple_Jump	Daisy Willingale	10.12		23pts	Amelie Shipton	9.37		18pts	
Pole_Vault									
Shot	Isabelle Adams	9.79		22pts	Bori Somogyi	9.12		20pts	
Discus	Gabriella Eid	19.47		15pts	Sophie Penn	15.59		10pts	
Javelin	Andi Brooks	25.48		20pts	Eliza Hobdon	20.36		14pts	
Hammer	Oluchi Ehimatie	22.50		15pts					
Relay	Isabelle Adams , Oluchi Ehimatie , Erin Kelly , Emmie Lole						57.6		20pts

3 : 468pts : Southend High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Dakota Sladden	12.6		24pts	Emily Archer	13.7		19pts	
100m	Lola Turner	14.3		13pts	Glory Akintunde	14.0		16pts	
200m	Elouise Thomas	29.6		15pts	Holly Bowdler	30.0		14pts	
300m	Abigail Babalola	44.3		23pts	Keiki Bucci	48.2		17pts	
800m	Niamh Staunton	2:49.3		16pts	Annabel Hutley	3:01.4		12pts	
1500m	Mila Cubeddu	5:14.8		25pts	Orla Bowd	5:09.9		26pts	
Long_Jump	Mila Cubeddu	4.21		15pts	Annabel Hutley	4.37		17pts	
High_Jump	Elouise Thomas	1.56		23pts	Emily Archer	1.59		24pts	
Triple_Jump	Dakota Sladden	9.94		21pts	Annabel Hutley	8.84		14pts	
Pole_Vault									
Shot	Lola Turner	8.41		17pts	Glory Akintunde	8.66		18pts	
Discus	Niamh Staunton	16.20		11pts					
Javelin	Holly Bowdler	30.98		27pts	Elicia Richardson	30.19		26pts	
Hammer	Shalom Bajomo	20.53		13pts					
Relay	Shalom Bajomo , Elicia Richardson , Orla Bowd , Abigail Babalola						56.2		22pts



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Intermediate Girls
4 : 455pts : St Bernard's High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Rita Okorah	13.2		21pts	Hannah Delight	14.6		16pts
100m	Pixie Oakley	13.2		24pts	Mary-Jane Duru	13.3		23pts
200m	Chy Chy Okoli	29.5		15pts	Jessica Anajekwu	30.1		13pts
300m	Gabby Mabaleka	49.6		14pts	Alicia Sonny	47.7		17pts
800m	Eva Williams	2:52.2		15pts	Millie Anderson	2:55.0		14pts
1500m	Florence Wallace	5:17.2		24pts				
Long_Jump	Pixie Oakley	4.08		14pts	Alicia Sonny	4.52		18pts
High_Jump	Rita Okorah	1.44		19pts	Jessica Anajekwu	1.38		17pts
Triple_Jump	Chy Chy Okoli	10.50		27pts	Rubie Crombie	8.69		13pts
Pole_Vault								
Shot	Adeaze Idezuna	8.25		17pts	Mary-Jane Duru	7.68		15pts
Discus					Hannah Delight	25.79		23pts
Javelin	Gabby Mabaleka	22.59		17pts	Millie Anderson	17.34		10pts
Hammer	Shani Mukudu	37.83		29pts	Chidera Opara	27.97		20pts
Relay	Florence Wallace , Shani Mukudu , Chidera Opara , Adeaze Idezuna					57.6		20pts

5 : 450pts : Brentwood Ursuline Convent High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Liya Adeyeri	13.2		21pts				
100m	Ufuoma Obukata	12.7		29pts	Chanae Andrews	13.4		22pts
200m	Natalia Hamber	29.0		17pts	Aiseose Iluobe	28.8		18pts
300m	Chisom Igwe	47.7		17pts	Oseso Iluobe	45.9		20pts
800m	Michelle Eshun	2:45.2		18pts	Abigail Bergin-McCarthy	2:42.3		19pts
1500m	Ella Fagan	5:11.2		25pts	Katie Hallett	6:30.5		11pts
Long_Jump	Chisom Igwe	4.39		17pts	Chanae Andrews	4.45		18pts
High_Jump	Liya Adeyeri	1.38		17pts	Oseso Iluobe	1.41		18pts
Triple_Jump	Natalia Hamber	9.53		19pts				
Pole_Vault					Katie Hallett	2.35		20pts
Shot	Ufuoma Obukata	9.05		19pts	Joyce Akintode	8.44		17pts
Discus	Michelle Eshun	19.89		15pts	Aiseose Iluobe	17.39		12pts
Javelin	Abigail Bergin-McCarthy	19.77		13pts	Elizabeth Askew	19.28		13pts
Hammer	Makarria Osei-Tutu	26.86		19pts				
Relay	Ella Fagan , Makarria Osei-Tutu , Elizabeth Askew , Joyce Akintode					60.5		16pts

6 : 439pts : Shenfield High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Amber Keen	14.6		16pts	Daisy Woodward	16.1		11pts
100m	Poppy Horton	13.3		23pts	Gabriella Goodwin	13.7		19pts
200m	Ava Winterbourne	29.0		17pts	Jessie Holland	29.2		16pts
300m	Stephaine Smith	45.2		22pts	Fae Dignum	46.2		20pts
800m	Isla Franklin	2:31.0		25pts	Amelie Ayers	2:31.2		25pts
1500m	Ellie Gray	5:12.2		25pts	Daisy Mai-Doel	5:43.2		19pts
Long_Jump	Poppy Horton	5.01		23pts	Amelie Ayers	4.49		18pts
High_Jump	Isla Franklin	1.38		17pts	Daisy Woodward	1.44		19pts
Triple_Jump	Maisie Brickell	9.26		17pts	Fae Dignum	7.84		7pts
Pole_Vault	Amber Keen	2.60		25pts				
Shot					Maisie-Jane Johnson	6.22		10pts
Discus	Ava Winterbourne	14.72		9pts	Daisy Mai-Doel	15.65		10pts
Javelin	Ellie Gray	18.57		12pts	Stephanie Smith	18.26		11pts
Hammer								
Relay	Maisie-Jane Johnson , Maisie Brickell , Jessie Holland , Gabriella Goodwin					55.6		23pts



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Intermediate Girls
7 : 426pts : Westcliff High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Emelia Gibson	15.1		14pts	Mide Dosumu	15.2		14pts
100m	Chi Chi Musa-Onyeka	13.8		18pts	Aize Michael	13.3		23pts
200m	Sonnah Fongot	30.2		13pts	Ome Nwapa	27.0		24pts
300m	Sarah Lawal	44.1		23pts	Philippa Kanneh	49.4		15pts
800m	Lacey Cooper	3:00.4		12pts	Brianna Fox	2:54.3		14pts
1500m	Anna Smith	5:09.2		26pts	Isobella Riley	5:23.4		23pts
Long_Jump	Sarah Lawal	4.92		22pts	Philippa Kanneh	3.69		10pts
High_Jump					Ome Nwapa	1.44		19pts
Triple_Jump	Sonnah Fongot	9.14		16pts	Aize Michael	8.29		10pts
Pole_Vault								
Shot	Lacey Cooper	6.30		10pts	Ameerah Salaam	10.38		25pts
Discus	Chi Chi Musa-Onyeka	23.06		20pts	Mide Dosumu	18.48		13pts
Javelin	Emelia Gibson	18.49		12pts	Brianna Fox	19.19		13pts
Hammer	Grace Adewumi	24.33		17pts				
Relay	Isabella Riley , Grace Adewumi , Ameerah Salaam , Anna Smith					57.9		20pts

8 : 426pts : Brentwood School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Katie Archer	14.8		15pts	Amelia Parker	13.7		19pts
100m	Hallie Oguntayo	13.6		20pts	Aimee Lim	13.6		20pts
200m	Lily Beckwith	29.2		16pts	Ava Carter	28.2		20pts
300m	Ore Johnson	48.6		16pts	Maisie Donovan	46.4		20pts
800m	Keeley Hartless	2:45.4		18pts	Hollie Poyton	2:33.8		24pts
1500m	Isabel Whitney	5:21.0		23pts	Eva Sandhu	5:32.4		21pts
Long_Jump	Lily Beckwith	4.18		15pts	Hollie Poyton	4.10		14pts
High_Jump	Hallie Oguntayo	1.35		16pts	Amelia Parker	1.44		19pts
Triple_Jump	Aimee Lim	10.28		24pts	Maisie Donovan	9.54		19pts
Pole_Vault								
Shot	Zoe Anthony	8.38		17pts	Joanne Fashina	7.89		15pts
Discus	Ore Johnson	14.40		8pts	Eva Sandhu	19.75		15pts
Javelin	Katie Archer	17.42		10pts	Keeley Hartless	13.77		5pts
Hammer								
Relay	Ava Carter , Zoe Anthony , Joanne Fashina , Isabel Whitney					59.7		17pts

9 : 407pts : The Fitzwimarc School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Connie Sutton	14.0		18pts	Amy Hockey	14.6		16pts
100m	Erin Norris	13.6		20pts	Holly Goss	14.6		11pts
200m	Stevie Makepeace	30.2		13pts	Lily Hartman	27.8		21pts
300m	Freya Smith	52.7		10pts	Ava Bailey	54.2		8pts
800m	Ami Hines	2:44.1		18pts	Lilly Naylor	2:35.7		23pts
1500m	Amy Harris	5:25.6		22pts	Emmeline Franklin	5:23.5		23pts
Long_Jump	Erin Norris	4.83		21pts	Amy Hockey	4.39		17pts
High_Jump	Amy Harris	1.32		15pts	Ava Bailey	NM		0pts
Triple_Jump	Ezrah Harrold	8.81		14pts	Holly Goss	8.35		11pts
Pole_Vault								
Shot	Freya Smith	7.43		14pts	Lily Hartman	10.78		27pts
Discus	Tia Clarke	20.45		16pts	Lilly Naylor	12.98		6pts
Javelin	Sophie Stanford	25.10		20pts				
Hammer	Stevie Makepeace	33.26		26pts				
Relay	Tia Clarke , Sophie Stanford , Ami Hines , Emmeline Franklin					60.3		17pts



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Intermediate Girls
10 : 373pts : Chelmsford County High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles					Matilda Wilson	16.4		10pts	
100m	Everly Platts	13.2		24pts	Dasha Gyami	14.3		13pts	
200m	Muna Ozono	28.2		20pts	Tomi Holloway	32.2		7pts	
300m	Nicole Mwanache	50.6		13pts	Daisy Oludipe	52.0		11pts	
800m	Lilly Sanford	2:22.6		29pts	Esme Thomas	2:39.0		21pts	
1500m	Frankie Philipps	4:52.7		30pts	Isobella Eida	4:54.8		29pts	
Long_Jump	Lilly Sandford	3.70		10pts	Everly Platts	4.86		22pts	
High_Jump	Lilly Quirk	1.44		19pts					
Triple_Jump	Nicole Mwanache	8.93		15pts	Dasha Gyami	9.47		18pts	
Pole_Vault									
Shot	Muna Ozono	9.06		19pts	Matilda Wilson	7.42		14pts	
Discus	Daisy Oludipe	17.70		13pts	Isobella Eida	14.81		9pts	
Javelin	Frankie Philipps	19.30		13pts	Jocelyn Mathew	12.70		4pts	
Hammer									
Relay	Tomi Holloway , Jocelyn Mathew , Esme Thomas , Lilly Quirk						64.6		10pts

11 : 361pts : Woodlands School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Florence Butler	13.2		21pts	Darcy Birkett	14.3		17pts	
100m	Joshualle Cabulo	13.8		18pts	Lacey Bunce Knight	14.9		9pts	
200m	Emijila Ratekyte	31.2		10pts					
300m	Nicole Hawkins	43.6		24pts	Ayla Laguda	49.7		14pts	
800m	Lilly-May Kehler	2:55.6		14pts	Salet Borrego Fals	3:09.4		9pts	
1500m	Kendall Carr	5:58.9		16pts	Katie Hawkins	6:07.1		14pts	
Long_Jump	Joshualle Cabulo	4.24		15pts	Lacey Bunce Knight	3.80		11pts	
High_Jump	Florence Butler	1.50		21pts	Darcy Birkett	1.35		16pts	
Triple_Jump	Nicole Hawkins	8.73		13pts	Ayla Laguda	9.16		16pts	
Pole_Vault									
Shot	Saule Indrokynte	5.96		9pts					
Discus	Kendall Carr	13.60		7pts	Katie Hawkins	15.99		10pts	
Javelin	Gracie Dupree	17.25		10pts	Salet Borrego Fals	NM		0pts	
Hammer	Emijila Ratekyte	36.96		29pts	Brooke Buddle	30.41		23pts	
Relay	Saule Indrokynte , Brooke Buddle , Lilly-May Kehler , Gracie Dupree						61.2		15pts

12 : 329pts : Robert Clack School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Keziah Pothin	14.4		17pts	Lady Aborah	16.1		11pts	
100m	Tyiana Samuel	14.1		15pts	Joanna Osuala	15.5		6pts	
200m	Davina Huston	32.8		5pts	Joan Osuala	28.3		19pts	
300m	Annabel Omereonye	54.5		8pts	Leyla Oden	49.1		15pts	
800m	Savannah Stewart	2:55.2		14pts	Faizah Mogaji	2:43.5		19pts	
1500m									
Long_Jump	Tyiana Samuel	4.03		13pts	Lady Aborah	4.49		18pts	
High_Jump	Keziah Pothin	1.35		16pts	Leyla Oden	1.23		12pts	
Triple_Jump	Davina Huston	8.16		10pts	Faizah Mogaji	8.31		11pts	
Pole_Vault									
Shot	Annabel Omereonye	5.49		7pts	Joanna Osuala	8.32		17pts	
Discus	Savannah Stewart	12.82		6pts	Joan Osuala	20.56		16pts	
Javelin	Belange Morais	20.42		14pts	Arba Ahmeti	15.57		7pts	
Hammer	Tumi Aladenika	28.04		21pts	Natasha Fania	25.57		18pts	
Relay	Belange Morais , Arba Ahmeti , Tumi Aladenika , Natasha Fania						62.4		14pts