

Cumbria Schools' AA Track & Field Championships
Sheepmount Athletics Stadium, Carlisle : Saturday 14th June 2025

Heats

T12	IB 800m Heats	Heat 1		
Posn	Name	District	Perf	
1	Declan Denwood	Allerdale	2:08.6	Q
2	Joseph Tinniswood	Allerdale	2:10.4	Q
3	Jayden Robson	Carlisle	2:13.8	q
4	Matthew Hetherington	South Lakes	2:22.4	q
5	Ben Barclay	Furness	2:24.7	q
6	J DAVIES	Eden	2:27.9	q

T12	IB 800m Heats	Heat 2		
Posn	Name	District		
1	Ben Brassington	South Lakes	2:13.4	Q
2	J OSTLE	Eden	2:13.7	Q
3	Ben Hope	South Lakes	2:15.2	q
4	Oliver Scott	Furness	2:20.1	q
5	Malcolm Nicholson	Carlisle	2:37.8	

T50	IB 800m Final			
NS 1:55.0	ES 1:57.0	CS 2:05.0	CBP 1:56.6	
Pos	Name	District	Perf	
1	Ben Brassington	South Lakes	2:00.2	CS
2	Declan Denwood	Allerdale	2:08.1	
3	Jayden Robson	Carlisle	2:09.1	
4	J OSTLE	Eden	2:09.9	
5	Joseph Tinniswood	Allerdale	2:11.5	
6	Ben Hope	South Lakes	2:13.5	

T49	IG 800m Final			
NS 2:13.0	ES 2:16.0	CS 2:25.0	CBP 2:11.9	
Pos	Name	District	Perf	
1	Daisy Woodcock	Allerdale	2:28.4	
2	Tess Evans	South Lakes	2:31.2	
3	Anna Cobby	South Lakes	2:32.6	
4	Lucy Knott	Allerdale	2:39.8	
5	Sophie Norman	South Lakes	2:42.7	
6	-	Eden	2:50.5	
7	I DAVIES	Eden	2:51.4	
8	Isobel Marsh	Carlisle	3:00.8	
9	Ava Fisher	Allerdale	3:29.9	

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T11 JG 800m Final

NS 2:15.0 ES 2:19.0 CS 2:29.0 CBP 2:11.1

Pos	Name	District	Perf	
1	Emmy Ranner	South Lakes	2:24.0	CS
2	Fay Thomas	South Lakes	2:28.3	CS
3	Imogen Moore	Furness	2:34.8	
4	K Douglas	Furness	2:35.6	
5	Ava Lawson	Copeland	2:35.6	
6	D RITSON	Eden	2:36.0	
7	Ellen Metcalfe	South Lakes	2:36.8	
8	Ellie Woodcock	Allerdale	2:42.4	
9	Frankie Foster	Carlisle	2:43.6	
10	Maisie Booth	Allerdale	2:54.5	
11	P WILLS	Eden	3:01.9	
12	Emily Mallett	Carlisle	3:02.8	

T52 SB 800m Final

NS 1:52.0 ES 1:54.0 CS 2:02.0 CBP 1:53.3

Pos	Name	District	Perf	
1	Josh Todd	South Lakes	1:58.9	CS
2	Alfie Addison	South Lakes	2:00.1	CS
3	Oliver Oldham	Furness	2:09.4	

T51 SG 800m Final

NS 2:12.0 ES 2:15.0 CS 2:25.0 CBP 2:12.9

Pos	Name	District	Perf	
1	Annabell Starkie	Copeland	2:16.7	CS
2	Kate Collin	South Lakes	2:40.9	

T48 JB 800m Final

NS 2:02.0 ES 2:04.0 CS 2:13.0 CBP 2:03.1

Pos	Name	District	Perf	
1	P WAYMAN	Eden	2:04.8	CS
2	Tyler Cumersky	Carlisle	2:20.4	
3	Henry Murray	Furness	2:22.2	
4	Luca Roberts	Allerdale	2:25.8	
5	Hunter Barrett	Allerdale	2:26.0	
6	Oliver Pearson	Furness	2:26.7	
7	C HALL	Eden	2:29.1	
8	Reagen Lees	Allerdale	2:29.1	
9	Arthur Wray	South Lakes	2:29.7	
10	Aidan Jameson	Carlisle	2:31.6	
11	Herbie Marston	South Lakes	2:35.8	

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T13	JB 100m Heats	Heat 1	
Posn	Name	District	
1	Thomas Downie	Allerdale	Q
2	Harry Cattermole	Carlisle	Q
3	T HETHERINGTON	Eden	q
4	C Lackey	Furness	q

T13	JB 100m Heats	Heat 2	
Posn	Name	District	
1	Rorke Anderson	South Lakes	Q
2	Jack Frampton	South Lakes	Q
3	Tommy Faraday	South Lakes	q
4	Noah Walker	Allerdale	q
5	William Graham	Allerdale	
6	Maximus Enabubele	Carlisle	
7	A BAZDARA	Eden	

T29	JB 100m Final		
NS 11.4	ES 11.7	CS 12.3	CBP 11.3
Pos	Name	District	Perf
1	Thomas Downie	Allerdale	12.3
2	Rorke Anderson	South Lakes	12.5
3	Harry Cattermole	Carlisle	12.6
4	Tommy Faraday	South Lakes	12.8
5	Jack Frampton	South Lakes	12.8
6	T HETHERINGTON	Eden	12.8
7	Noah Walker	Allerdale	13.1

T14	JG 100m Heats	Heat 1	
Posn	Name	District	
1	Daisy Smith	Allerdale	Q
2	Jasmine O'Hagan	Copeland	Q
3	Akiva Peterkin	South Lakes	q
4	Isla Jackson	Allerdale	
5	Aoife Smith	Allerdale	

T14	JG 100m Heats	Heat 2	
Posn	Name	District	
1	Amy Johnstone	Carlisle	Q
2	Penny Turnbull	South Lakes	Q
3	Lara Collin	South Lakes	q
4	Jessica Ostle	Carlisle	q
5	J MEKOMA	Eden	q
6	K OKORO	Eden	
7	N TAYLOR	Eden	

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T30 JG 100m Final

NS 12.4 ES 12.7 CS 13.3 CBP 12.3

Pos	Name	District	Perf	
1	Amy Johnstone	Carlisle	12.6	ES
2	Penny Turnbull	South Lakes	13.6	
3	Lara Collin	South Lakes	14.1	
4	Jasmine O'Hagan	Copeland	14.4	
5	Daisy Smith	Allerdale	14.5	
6	Akiva Peterkin	South Lakes	14.7	
7	Jessica Ostle	Carlisle	14.7	

T15 IB 100m Heats

Heat 1

Posn	Name	District	
1	Fred Taylor	South Lakes	Q
2	Fergus Horner	Carlisle	Q
3	Ngoni Dube	Carlisle	q
4	B ROMANO	Eden	q
5	O PAGE	Eden	
6	Z BUCKLE	Eden	

T15 IB 100m Heats

Heat 2

Posn	Name	District	
1	Dan Cattermole	Carlisle	Q
2	Daniel De Lannoy	South Lakes	Q
3	Jaiden Udegbe	Furness	q
4	Tash Mutikani	South Lakes	q
5	Liam Cooper	Allerdale	

T31 IB 100m Final

NS 11.0 ES 11.2 CS 11.7 CBP 10.9

Pos	Name	District	Perf	
1	Dan Cattermole	Carlisle	11.3	CS
2	Daniel De Lannoy	South Lakes	11.8	
3	Fred Taylor	South Lakes	11.9	
4	Jaiden Udegbe	Furness	12.0	
5	Fergus Horner	Carlisle	12.1	
6	Ngoni Dube	Carlisle	12.3	
7	B ROMANO	Eden	12.4	

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T32 IG 100m Final

NS 12.2 ES 12.5 CS 13.0 CBP 12.0

Pos	Name	District	Perf	
1	Vicky Chapman	South Lakes	12.4	ES
2	Grace Whitfield	Allerdale	13.0	CS
3	M SHERIFFE	Eden	13.4	
4	Eva Mizon Gill	South Lakes	14.3	
5	Lily Prudham	Carlisle	14.4	
6	Nyah Brown	Allerdale	14.6	
7	Jessica Sowerby	Allerdale	15.1	

T34 SB 100m Final

NS 10.8 ES 11.0 CS 11.5 CBP 10.5

Pos	Name	District	Perf	
1	Marcus Kirk	Carlisle	11.3	CS
2	EWAN GILL	Eden	12.4	

T33 SG 100m Final

NS 12.1 ES 12.4 CS 13.0 CBP 12.1

Pos	Name	District	Perf	
1	Greta Morton	Furness	13.6	

T17 JB 200m Heats

Posn	Name	District		
1	L HETHERINGTON	Eden		Q
2	Thomas Fitzpatrick	Carlisle		Q
3	Rorke Anderson	South Lakes		q
4	Archie Robson	Carlisle		q
5	Morgan Towers	Allerdale		

T17 JB 200m Heats

Posn	Name	District		
1	Thomas Downie	Allerdale		Q
2	Harry Platts	Furness		Q
3	Luca Ollerenshaw	Allerdale		q
4	Ben Hollows	South Lakes		q
5	K HIND	Eden		

T35 JB 200m Final

NS 23.3 ES 23.8 CS 25.3 CBP 22.9

Pos	Name	District	Perf	
1	Thomas Downie	Allerdale	24.8	CS
2	Thomas Fitzpatrick	Carlisle	25.1	CS
3	L HETHERINGTON	Eden	25.1	CS
4	Harry Platts	Furness	25.1	CS
5	Luca Ollerenshaw	Allerdale	26.8	
6	Ben Hollows	South Lakes	27.2	

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T18	JG 200m Heats	Heat 1	
Posn	Name	District	
1	Amy Johnstone	Carlisle	Q
2	Lily Flemming	South Lakes	Q
3	Emilia Meakin	Carlisle	q
4	Christina Monkhouse	Allerdale	q
5	M Strydom	Furness	

T18	JG 200m Heats	Heat 2	
Posn	Name	District	
1	Elena Archibald	Carlisle	Q
2	L COULSTON	Eden	Q
3	Lara Collin	South Lakes	q
4	Freya Hodgson-Jones	South Lakes	q
5	Eden Holliday	Allerdale	
6	Halle McDonough	Allerdale	

T36	JG 200m Final			
NS 25.5	ES 26.2	CS 27.6	CBP 25.7	
Pos	Name	District	Perf	
1	Amy Johnstone	Carlisle	26.9	CS
2	Elena Archibald	Carlisle	27.9	
3	L COULSTON	Eden	28.8	
4	Emilia Meakin	Carlisle	29.0	
5	Lara Collin	South Lakes	29.1	
6	Lily Flemming	South Lakes	28.1	
7	Christina Monkhouse	Allerdale	29.7	

T38	IG 200m Final			
NS 25.1	ES 25.8	CS 27.0	CBP 25.2	
Pos	Name	District	Perf	
1	Bea Church	South Lakes	29.0	
2	Lexi Stephenson	South Lakes	29.1	
3	Isabella Wilkin	South Lakes	30.1	
4	Jorja Read	Carlisle	30.3	
5	H STAFFORD	Eden	31.7	
6	S WATSON	Eden	32.3	
7	Bua Rhodes	Furness	32.5	

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T19		IB 200m Heats	Heat 1	
Posn	Name		District	
1	Casper Hoggarth		South Lakes	Q
2	C Walker		Furness	Q
3	O NICHOLSON		Eden	q
4	Aaron McKean		Allerdale	

T19		IB 200m Heats	Heat 2	
Posn	Name		District	
1	Dan Cattermole		Carlisle	Q
2	Reuban Carss		South Lakes	Q
3	Ben Holmes		Carlisle	q
4	B ROMANO		Eden	q
5	Joe Stott		Carlisle	q

T37		IB 200m Final			
NS 22.2	ES 22.7	CS 24.0	CBP 22.2		
Pos	Name	District	Perf		
1	Dan Cattermole	Carlisle	23.8	CS	
2	Casper Hoggarth	South Lakes	24.4		
3	Reuban Carss	South Lakes	24.9		
4	Ben Holmes	Carlisle	25.1		
5	C Walker	Furness	25.1		
6	B ROMANO	Eden	25.7		

T40		SG 200m Final			
NS 25.1	ES 25.8	CS 26.5	CBP 25.0		
Pos	Name	District	Perf		
1	Greta Morton	Furness	28.1		

T39		SB 200m Final			
NS 21.9	ES 22.2	CS 23.3	CBP 21.5		
Pos	Name	District	Perf		
1	Marcus Kirk	Carlisle	23.5		

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T22	JG 300m Heats	Heat 1	
Posn	Name	District	
1	Sophie Lessels	Carlisle	Q
2	H MURDOCK	Eden	Q
3	Isla Hamilton	South Lakes	q
4	G GAUNT	Eden	

T22	JG 300m Heats	Heat 2	
Posn	Name	District	
1	Evie McConnell	Copeland	Q
2	Ava Lawson	Copeland	Q
3	Hannah McGlasson	Allerdale	q
4	Emily David	Allerdale	q
5	Anna McFall	South Lakes	q

T45	JG 300m Final			
NS 41.0	ES 42.0	CS 44.0	CBP 43.4	
Pos	Name	District	Perf	
1	Sophie Lessels	Carlisle	45.1	
2	Evie McConnell	Copeland	46.1	
3	Ava Lawson	Copeland	46.4	
4	H MURDOCK	Eden	46.6	
5	Emily David	Allerdale	49.6	
6	Isla Hamilton	South Lakes	50.0	
7	Anna McFall	South Lakes	52.3	

T44	JB 300m Final			
NS 36.8	ES 37.8	CS 40.0	CBP 38.1	
Pos	Name	District	Perf	
1	P WAYMAN	Eden	39.9	CS
2	S ABBEY	Eden	41.0	
3	Ben Notman	Carlisle	42.0	
4	J Hooper	South Lakes	43.0	
5	Tom Crellin	Carlisle	44.6	
6	Lachlan Knaggs	South Lakes	44.9	
7	Isaac Napier	Allerdale	45.5	

T46	IG 300m Final			
NS 40.1	ES 41.0	CS 44.8	CBP 40.9	
Pos	Name	District	Perf	
1	Mahiya Mohan	Furness	41.3	CS
2	B WILSON	Eden	43.6	CS
3	Betsy Harrison	South Lakes	45.2	
4	Isla Sawyers	Carlisle	45.5	
5	Rosie Scott	South Lakes	50.1	

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T27 SG 400m Final

NS 57.0 ES 58.3 CS 61.0 CBP 57.6

Pos	Name	District	Perf	
1	Kate Collin	South Lakes	1.1	NS

T28 SB 400m Final

NS 48.8 ES 49.5 CS 52.5 CBP 49.4

Pos	Name	District	Perf	
1	Alfie Todd	South Lakes	51.4	CS

T47 IB 400m Final

NS 49.5 ES 51.1 CS 53.4 CBP 50.8

Pos	Name	District	Perf	
1	Archie Spicer	South Lakes	51.2	CS
2	Joseph Tinniswood	Allerdale	53.6	
3	Dan Miller	Carlisle	55.7	
4	E BIRCH	Eden	57.4	
5	Huw Griffiths	South Lakes	58.0	
6	Demitri Kyriacou	Furness	60.5	
7	C BRISCOE	Eden	64.9	

T23 JG 1500m

NS 0.0 ES 0.0 CS 0.0 CBP 0.0

Pos	Name	District	Perf	
1	Lucia Connell	South Lakes	4:59.4	CS
2	Emma Anderson-Bickley	South Lakes	5:26.0	
3	Harriet Stainer	South Lakes	5:36.0	
4	Aoife McAllister	Carlisle	5:46.0	
5	Lily Thompson	Carlisle	5:51.0	
6	Cerlyn Stevens	Carlisle	5:52.0	
7	E PICKERING	Eden	5:53.0	
8	A Elison	Furness	6:17.2	
9	M ALLISON	Eden	6:31.5	
10	Erin Pearson	Allerdale	7:00.0	

Cumbria Schools' AA Track & Field Championships**Sheepmount Athletics Stadium, Carlisle : Saturday 14th June 2025****T24 JB 1500m****NS 4:13.0 ES 4:20.0 CS 4:36.0 CBP 4:14.2**

Pos	Name	District	Perf	
1	L FULTON	Eden	4:34.0	CS
2	Noah Cook	Furness	4:35.9	CS
3	Toby Kitchin	Allerdale	4:38.1	
4	Joe Green	Allerdale	4:38.7	
5	William Moorhouse	South Lakes	4:39.2	
6	Theo Zaboklicki	Furness	4:45.8	
7	S ABBEY	Eden	4:50.9	
8	Elliot Morgan	Carlisle	4:52.0	
9	E PARK	Eden	4:55.8	
10	Magnus Foxwell	South Lakes	#VALUE!	
11	Ethan Hughes-Rudd	Allerdale	4:56.5	
12	Oli Carruthers	South Lakes	5:23.4	

T25 IB 1500m**NS 4:03.0 ES 4:06.0 CS 4:20.0 CBP 4:05.7**

Pos	Name	District	Perf	
1	Will Brayshaw	South Lakes	4:19.6	CS
2	Riely Scott	Furness	4:38.7	
3	Samuel Turney	Carlisle	4:39.0	
4	Evan Mulvany	South Lakes	4:39.1	
5	J KAVOURIDES	Eden	4:51.4	
6	L COOPER	Eden	4:56.2	
7	J Jewell	Furness	5:01.3	

T41 IG 1500m**NS 0.0 ES 0.0 CS 0.0 CBP 0.0**

Pos	Name	District	Perf	
1	Julia Fielding	South Lakes	5:01.1	CS
2	Suzie McNally	Allerdale	5:10.8	
3	Cara Bradley	South Lakes	5:16.3	
4	Bella Tiffin-Lowe	Carlisle	5:20.3	
5	A CUNNINGHAM	Eden	5:38.5	
6	Sophie Harrison	Allerdale	5:47.9	
7	Isabella Sproul	Carlisle	5:51.6	
8	T STEWART	Eden	5:53.3	
9	Nicole Jefferey	Carlisle	6:02.8	

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T42 SG 1500m

NS 0.0 ES 0.0 CS 0.0 CBP 0.0

Pos	Name	District	Perf
1	Honor Morton	Furness	5:15.8

T2 IB 3000m

NS 0.0 ES 0.0 CS 0.0 CBP 0.0

Pos	Name	District	Perf	
1	D DAVIES	Eden	9:08.1	CS
2	Ryan Proctor	Furness	9:30.1	
3	George Martin	South Lakes	9:42.0	

T3 SB 3000m

NS 0.0 ES 0.0 CS 0.0 CBP 0.0

Pos	Name	District	Perf	
1	George Tiffin-Lowe	Carlisle	8:57.1	CS
2	Aaron Duncan	Copeland	9:29.0	
3	Daniel Cooper	Allerdale	10:27.0	
4	Isaac Hunter	Allerdale	10:27.0	
5	DANNY CLARKE	Eden	10:35.1	

T9 IG 3000m

NS 0.0 ES 0.0 CS 0.0 CBP 0.0

Pos	Name	District	Perf
1	C HARRISON	Eden	12:07.2
2	A CUNNINGHAM	Eden	12:16.4
3	T STEWART	Eden	13:41.4

T10 SG 3000m

NS 0.0 ES 0.0 CS 0.0 CBP 0.0

Pos	Name	District	Perf	
1	R GILDALEY	Eden	10:17.0	CS
2	Ruth Walker	Allerdale	11:41.6	
3	Sophie Crawford	Allerdale	12:39.7	
4	Iona Barrowdale Smith	Furness	12:44.4	
5	Hannah Malpass	Allerdale	13:53.7	

T1 IG 300m Hurdles (76.2cm) Final

NS 45.0 ES 46.4 CS 50.0 CBP 46.3

Pos	Name	District	Perf
1	Hanna Johnson	Allerdale	54.1

Cumbria Schools' AA Track & Field Championships**Sheepmount Athletics Stadium, Carlisle : Saturday 14th June 2025****T8 JG 75m Hurdles (76.2cm) Final****NS 11.4 ES 11.7 CS 12.8 CBP 11.6**

Pos	Name	District	Perf
1	K WATSON	Eden	12.9
2	Farisa Lobb	South Lakes	13.8
3	M EDMONDSON	Eden	14.3
4	Kylah Miller	Carlisle	14.3
5	Elise Wrennal	South Lakes	15.3
6	Meesha Hodgson	Carlisle	15.6
7	Lulu Randles	South Lakes	15.8

T7 IG 80m Hurdles (76.2cm) Final**NS 11.6 ES 12.0 CS 13.0 CBP 11.9**

Pos	Name	District	Perf
1	Evie Ingham	Carlisle	16.0
2	H STAFFORD	Eden	16.0

T6 JB 80m Hurdles (84.0cm) Final**NS 11.6 ES 12.0 CS 12.9 CBP 11.3**

Pos	Name	District	Perf
1	Adam Giuma	Carlisle	14.0
2	Archie Rendall	South Lakes	14.1
3	Jack Gibson	South Lakes	14.1
4	Joshua Mitchell	Carlisle	15.1
5	L DAVIS	Eden	16.0

T4 IB 100m Hurdles (91.4cm) Final**NS 13.5 ES 14.0 CS 15.0 CBP 14.2**

Pos	Name	District	Perf
1	W HOLDSWORTH	Eden	19.0
2	Malcolm Nicholson	Carlisle	19.1

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F1 JB Hammer 4 Kg
NS 45.00 ES 38.00 CS 31.00 CBP 48.22

Record Holder - F1

Posn	Num	Name	District	Perf	ESAA Std
1	21	Jonah Causey	Allerdale	37.68	CS
2	12	Kohl Slack	Carlisle	28.91	
3	11	Jackson Crawshaw	Carlisle	24.95	
4	13	Zaidyn Thomson	Carlisle	24.01	

F2 IB Hammer 5 Kg
NS 56.00 ES 50.00 CS 37.00 CBP 60.22

Record Holder - F2

Posn	Num	Name	District	Perf	ESAA Std
1	51	Jack Barker	South Lakes	40.58	CS
2	31	A STEEL	Eden	20.54	

F3 SB Hammer 6 Kg
NS 58.00 ES 52.00 CS 39.00 CBP 62.44

Record Holder - F3

Posn	Num	Name	District	Perf	ESAA Std
1	11	Josh Reibbitt	Carlisle	54.77	ES

F4 JG Hammer 3Kg
NS 44.00 ES 36.00 CS 30.00 CBP 53.53

Record Holder - F4

Posn	Num	Name	District	Perf	ESAA Std
1	11	Scarlett Yeomans	Carlisle	28.09	
2	31	E STEPHENSON	Eden	24.84	
3	32	S MITCHELL	Eden	23.43	
4	22	Sydney Knight	Allerdale	22.82	
5	21	Athena Perestrelo	Allerdale	21.79	

F5 IG Hammer 3Kg
NS 53.00 ES 48.00 CS 38.00 CBP 53.84

Record Holder - F5

Posn	Num	Name	District	Perf	ESAA Std
1	11	Holly Ivison	Carlisle	41.87	CS
2	21	Isla Armstrong	Allerdale	30.52	
3	12	Anya Runney	Carlisle	29.63	

Cumbria Schools' AA Track & Field Championships**Sheepmount Athletics Stadium, Carlisle : Saturday 14th June 2025****F6 JB High Jump****NS 1.78 ES 1.72 CS 1.60 CBP 1.90****Record Holder - F6**

Posn	Num	Name	District	Perf	ESAA Std
1	11	Michael Sweeny	Carlisle	1.50	
2	31	J ALBAN	Eden	1.45	
3	22	Aidan Canfield	Allerdale	1.45	
4	52	Leo Newton Ham	South Lakes	1.45	
5	32	L FULTON	Eden	1.40	
6	51	Lucas Forrest	South Lakes	1.40	
7	53	Finley Wilson	South Lakes	1.40	
8	23	Kian Stuart	Allerdale	1.35	
9	12	Oli Garderner	Carlisle	1.35	

F7 IG Long Jump**NS 5.50 ES 5.35 CS 4.80 CBP 5.59****Record Holder - F7**

Posn	Num	Name	District	Perf	ESAA Std
1	21	Grace Whitfield	Allerdale	4.95	CS
2	63	Mahiya Mohan	Furness	4.49	
3	41	Molly Pater	Copeland	4.46	
4	31	E BLAKE	Eden	4.32	
5	22	Suzie McNally	Allerdale	4.24	
6	51	Betsy Harrison	South Lakes	4.15	
7	23	Nyah Brown	Allerdale	4.08	
8	11	Sophie Moscrop	Carlisle	3.43	
9	12	Aglaia Chebolarona	Carlisle	3.23	

F8 IB Triple Jump**NS 13.70 ES 13.20 CS 12.50 CBP 13.55****Record Holder - F8**

Posn	Num	Name	District	Perf	ESAA Std
1	51	Fraser Dunn	South Lakes	11.60	
2	12	Arthur Roy-Power	Carlisle	10.93	
3	22	Keane Devoy	Allerdale	10.38	
4	61	Leon Percell	Furness	10.30	
5	13	Dylan Boertien	Carlisle	9.88	
6	11	Theo Lamont	Carlisle	9.76	
7	21	Etienne Smith	Allerdale	9.56	
8	23	Harley Hunter	Allerdale	8.96	

Cumbria Schools' AA Track & Field Championships**Sheepmount Athletics Stadium, Carlisle : Saturday 14th June 2025****F9 IB Shot 5Kg****NS 14.20 ES 13.20 CS 11.90 CBP 14.30****Record Holder - F9**

Posn	Num	Name	District	Perf	ESAA Std
1	53	Lucas McComb	South Lakes	13.40	ES
2	61	Leo Massicks	Furness	10.90	
3	51	Joe O'Flaherty	South Lakes	9.50	
4	11	Bertie Glaister	Carlisle	9.12	
5	21	Mitchell Ross	Allerdale	8.85	
6	31	D COLAK	Eden	8.66	
7	12	Harry Whittaker	Carlisle	7.65	
8	22	Ethan Walker-Pinguey	Allerdale	7.57	

F10 SB Shot 6Kg**NS 13.70 ES 12.80 CS 11.50 CBP 13.84****Record Holder - F10**

Posn	Num	Name	District	Perf	ESAA Std
1	11	Josh Reibbitt	Carlisle	8.94	

F13 JB Discus 1.25 Kg**NS 38.00 ES 35.00 CS 30.50 CBP 43.94****Record Holder - F13**

Posn	Num	Name	District	Perf	ESAA Std
1	11	Zaidyn Thomson	Carlisle	31.76	CS
2	53	Max Walker	South Lakes	29.90	
3	32	A BALDOCK-CADE	Eden	29.45	
4	51	Oliver Stubbs	South Lakes	25.76	
5	52	J Hooper	South Lakes	25.14	
6	22	William Beverley	Allerdale	24.28	
7	21	Kai Melton	Allerdale	21.63	
8	62	Luca Carter	Furness	21.37	
9	23	Harry Shepherd	Allerdale	19.62	
10	13	Harrison Forster	Carlisle	18.51	
11	12	Keli Smith	Carlisle	15.90	
	31	H ALLISON	Eden	NM	
	61	Daniel Richardson	Furness	NM	

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F11 JG Javelin 500g
NS 36.00 ES 34.00 CS 27.50 CBP 33.41

Record Holder - F11

Posn	Num	Name	District	Perf	ESAA Std
1	21	Poppy Rogers	Allerdale	20.82	
2	31	Z YASEEN	Eden	19.07	
3	22	Emily David	Allerdale	18.84	
4	11	Grace Taylor	Carlisle	18.54	
5	63	Annie Armstrong	Furness	17.05	
6	51	India Charrier	South Lakes	15.50	
7	32	E HODDER	Eden	15.26	
8	61	Brooke Fagon	Furness	14.74	
9	12	Bella Bailey	Carlisle	14.47	
10	52	Freya Herbert	South Lakes	13.45	
	41	Lexi Stafford	Copeland	NM	
	62	Dora Jones	Furness	NM	

F17 JG High Jump
NS 1.65 ES 1.59 CS 1.45 CBP 1.70

Record Holder - F17

Posn	Num	Name	District	Perf	ESAA Std
1	51	Emma Smith	South Lakes	1.46	CS
2	11	Olivia Tanner	Carlisle	1.40	
3	32	M EDMONDSON	Eden	1.35	
4	33	E THRELKELD	Eden	1.30	
5	61	Katie Lydon	Furness	1.30	
6	31	Nancy TAYLOR	Eden	1.30	
7	41	Morgan Leeson	Copeland	1.30	
8	52	Mia Scott	South Lakes	1.25	
9	22	Martha Daniels	Allerdale	1.25	
10	21	Hannah McGlasson	Allerdale	1.20	
11	53	Asha Rowe	South Lakes	1.20	
12	12	Julia Kosewska	Carlisle	1.15	

F18 IB Long Jump
NS 6.80 ES 6.40 CS 6.00 CBP 6.58

Record Holder - F18

Posn	Num	Name	District	Perf	ESAA Std
1	53	Tash Mutikani	South Lakes	5.49	
2	32	O PAGE	Eden	5.43	
3	11	Ngoni Dube	Carlisle	5.37	
4	52	Zach Engel	South Lakes	5.13	
5	12	Freddy Kagoro	Carlisle	5.13	
6	51	Alfie Learmonth	South Lakes	4.19	
7	21	Josh Brown	Allerdale	3.75	

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F24 JG Discus 1 Kg
NS 30.00 ES 27.00 CS 23.00 CBP 30.82

Record Holder - F24

Posn	Num	Name	District	Perf	ESAA Std
1	22	Sydney Knight	Allerdale	21.07	
2	32	E HARRISON	Eden	20.63	
3	51	Nyla Halliwell	South Lakes	20.38	
4	53	Gigi Schooler	South Lakes	19.71	
5	31	K SANSOM	Eden	18.96	
6	11	Kelsey Chilton	Carlisle	18.17	
7	52	Alice Brown	South Lakes	17.99	
8	62	Tianna Charnley	Furness	16.48	
9	23	Ruby Cowan	Allerdale	16.10	
10	21	Elise Taylor	Allerdale	15.77	
11	12	Freya Alderson	Carlisle	13.51	
12	41	Evelyn Graham	Copeland	13.06	

F20 IG Javelin 500g
NS 41.00 ES 38.00 CS 33.00 CBP 38.45

Record Holder - F20

Posn	Num	Name	District	Perf	ESAA Std
1	51	Megan Harris	South Lakes	26.04	
2	21	Gracie Weller	Allerdale	25.66	
3	31	Addison JONKER	Eden	21.99	
4	52	Julia Fielding	South Lakes	21.01	
5	32	O MARSTON	Eden	20.83	
6	12	Hattie Spedding	Carlisle	20.73	
	61	Imogen Bravery	Furness	NM	

F21 SG Javelin 600 g
NS 40.00 ES 37.00 CS 32.00 CBP 57.62

Record Holder - F21

Posn	Num	Name	District	Perf	ESAA Std
1	21	Zara Armstrong	Allerdale	31.95	

F14 JB Triple Jump
NS 12.40 ES 12.00 CS 11.45 CBP 12.37

Record Holder - F14

Posn	Num	Name	District	Perf	ESAA Std
1	61	Jack Jones	Furness	10.59	
2	11	Maximus Enabubele	Carlisle	9.79	
3	51	Lewis Till	South Lakes	9.36	
4	62	Aston James	Furness	9.18	
5	13	Harry Fowler	Carlisle	8.82	
6	22	Aidan Canfield	Allerdale	8.30	
7	52	Celyn Revill	South Lakes	8.22	
8	21	Billy Rosser	Allerdale	NM	

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F31 IG High Jump
NS 1.70 ES 1.64 CS 1.52 CBP 1.71

Record Holder - F31

Posn	Num	Name	District	Perf	ESAA Std
1	51	Vicky Chapman	South Lakes	1.65	ES
2	31	T PAUL	Eden	1.56	CS
3	21	Hanna Johnson	Allerdale	1.45	
4	32	J BULMER	Eden	1.30	
5	22	Anais Denwood	Allerdale	1.20	

F32 SG High Jump
NS 1.72 ES 1.66 CS 1.55 CBP 1.70

Record Holder - F32

Posn	Num	Name	District	Perf	ESAA Std
1	51	Isabelle Murphy	South Lakes	1.65	CS

F15 IG Shot 3Kg
NS 12.70 ES 11.60 CS 10.00 CBP 12.80

Record Holder - F15

Posn	Num	Name	District	Perf	ESAA Std
1	41	Molly Pater	Copeland	9.03	
2	31	M O'DOHERTY	Eden	8.75	
3	52	Ava Saunders	South Lakes	8.21	
4	13	Alex Taylor	Carlisle	7.33	
5	32	O MARSTON	Eden	7.16	
6	12	Hattie Spedding	Carlisle	7.05	
7	11	Lily Prudham	Carlisle	6.61	
8	61	Jinelle Yung	Furness	6.36	
9	21	Isla Armstrong	Allerdale	6.33	
10	22	Rebecca Wilson	Allerdale	5.61	

F16 SG Shot 4Kg
NS 11.40 ES 10.50 CS 8.85 CBP 11.10

Record Holder - F16

Posn	Num	Name	District	Perf	ESAA Std
1	21	Zara Armstrong	Allerdale	9.07	CS

Cumbria Schools' AA Track & Field Championships**Sheepmount Athletics Stadium, Carlisle : Saturday 14th June 2025****F26 JG Long Jump****NS 5.25 ES 5.15 CS 4.65 CBP 5.33****Record Holder - F26**

Posn	Num	Name	District	Perf	ESAA Std
1	51	Emmy Ranner	South Lakes	4.37	
2	31	D RITSON	Eden	4.06	
3	52	Freya Hodgson-Jones	South Lakes	3.98	
4	23	Nikola Lejbt	Allerdale	3.97	
5	53	Fay Thomas	South Lakes	3.92	
6	32	J MEKOMA	Eden	3.83	
7	22	Aoife Smith	Allerdale	3.57	
8	12	Leah Cameron	Carlisle	3.47	
9	11	Evie Davidson	Carlisle	3.04	

F27 JB Javelin 600 g**NS 47.00 ES 44.00 CS 39.00 CBP 44.55****Record Holder - F27**

Posn	Num	Name	District	Perf	ESAA Std
1	21	Freddie Strong	Allerdale	42.99	CS
2	22	Tim Fuggle	Allerdale	39.04	CS
3	51	Oliver Stubbs	South Lakes	35.47	
4	62	Charlie English	Furness	28.89	
5	33	T HETHERINGTON	Eden	27.62	
6	31	H ALLISON	Eden	27.27	
7	53	Lochlann Heddle	South Lakes	24.25	
8	61	Sam Pearson	Furness	24.16	
9	63	Ethan Bravery Mattheson	Furness	22.65	
10	11	Max Hope	Carlisle	20.35	

F29 IB Discus 1.5 Kg**NS 44.00 ES 41.00 CS 34.00 CBP 43.94****Record Holder - F29**

Posn	Num	Name	District	Perf	ESAA Std
1	51	Matthew Hetherington	South Lakes	26.75	
2	32	A ARMSTRONG	Eden	25.96	
3	31	A STEEL	Eden	25.13	
4	11	Jack Ellison	Carlisle	24.67	
5	22	Lucas Smiles	Allerdale	21.86	
6	53	Blake Newitt	South Lakes	21.52	
7	21	Edward Frizell	Allerdale	21.44	
8	13	Lindon Barker	Carlisle	20.43	
9	61	Jaiden Udegbe	Furness	17.44	

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F30 SB Discus 1.75 Kg
NS 46.00 ES 40.00 CS 34.00 CBP 45.84

Record Holder - F30

Posn	Num	Name	District	Perf	ESAA Std
1	21	Ashton Quigley	Allerdale	37.66	CS

F25 JB Shot 4Kg
NS 13.30 ES 12.30 CS 11.20 CBP 13.52

Record Holder - F25

Posn	Num	Name	District	Perf	ESAA Std
1	31	B JONES	Eden	11.19	
2	21	Jonah Causey	Allerdale	10.49	
3	53	Max Walker	South Lakes	10.37	
4	32	A BALDOCK-CADE	Eden	10.22	
5	11	Jackson Crawshaw	Carlisle	9.87	
6	52	Lenni Wilcock	South Lakes	9.16	
7	12	Luke Murray	Carlisle	8.25	
8	22	William Graham	Allerdale	6.15	

F37 IB High Jump
NS 1.96 ES 1.90 CS 1.75 CBP 1.95

Record Holder - F37

Posn	Num	Name	District	Perf	ESAA Std
1	51	Fred Taylor	South Lakes	1.80	CS
2	61	Leon Percell	Furness	1.77	CS
3	21	Harrison Shaw	Allerdale	1.70	
4	12	Arthur Roy-Power	Carlisle	1.65	
5	31	E BIRCH	Eden	1.60	
6	52	Zack Dixon	South Lakes	1.55	
7	32	Z TAYLOR	Eden	1.50	
8	13	Mason Ewart	Carlisle	1.50	
9	11	Theo Lamont	Carlisle	1.45	
10	53	Blake Newitt	South Lakes	1.40	

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F28 JB Long Jump
NS 5.95 ES 5.80 CS 5.45 CBP 5.92

Record Holder - F28

Posn	Num	Name	District	Perf	ESAA Std
1	21	Freddie Strong	Allerdale	5.67	CS
2	32	L HETHERINGTON	Eden	5.06	
3	51	Finton White	South Lakes	4.86	
4	12	Harry Cattermole	Carlisle	4.79	
5	22	Noah Walker	Allerdale	4.69	
6	31	S THWAITES	Eden	4.63	
7	61	Ethan Ngoro	Furness	4.50	
8	53	Xander Furness	South Lakes	4.36	
9	11	Micky Tuck	Carlisle	4.34	
10	23	Luca Ollerenshaw	Allerdale	4.28	
11	62	Henry Murray	Furness	4.23	
12	13	Leo Logan	Carlisle	4.18	

F22 IG Triple Jump
NS 11.20 ES 10.90 CS 10.00 CBP 11.02

Record Holder - F22

Posn	Num	Name	District	Perf	ESAA Std
1	31	T PAUL	Eden	10.41	CS
2	52	Rosie Scott	South Lakes	8.74	
3	11	Bella Judd	Carlisle	8.18	
4	62	Jessica Titcombe	Furness	8.18	
5	61	Willow Coats	Furness	8.04	

F23 SG Triple Jump
NS 11.40 ES 11.10 CS 9.50 CBP 11.62

Record Holder - F23

Posn	Num	Name	District	Perf	ESAA Std
1	11	Lucy Bell	Carlisle	9.72	CS

F34 IB Javelin 700 g
NS 54.00 ES 52.00 CS 45.00 CBP 58.00

Record Holder - F34

Posn	Num	Name	District	Perf	ESAA Std
1	32	J DAVIES	Eden	35.10	
2	61	Harry waddington	Furness	33.47	
3	12	Joe Stott	Carlisle	31.32	
4	31	W HOLDSWORTH	Eden	31.19	
5	51	Thomas Dawson	South Lakes	30.03	
6	13	Lewis Burrows	Carlisle	25.60	
7	63	Joseph Cook	Furness	22.86	
8	11	Charlie Bell	Carlisle	22.39	

Cumbria Schools' AA Track & Field Championships**Sheepmount Athletics Stadium, Carlisle : Saturday 14th June 2025****F35 SB Javelin 800 g****NS 56.00 ES 52.00 CS 46.00 CBP 57.62****Record Holder - F35**

Posn	Num	Name	District	Perf	ESAA Std
1	21	Callum James	Allerdale	47.80	CS

F36 IG Discus 1 Kg**NS 37.00 ES 33.00 CS 27.00 CBP 35.32****Record Holder - F36**

Posn	Num	Name	District	Perf	ESAA Std
1	11	Anya Rumney	Carlisle	26.00	
2	31	Addison JONKER	Eden	20.74	
3	32	A BOYD	Eden	20.25	
4	61	Jessica Clinton	Furness	18.57	
5	13	Maisie Greenwood	Carlisle	13.04	

F33 JG Shot 3Kg**NS 11.20 ES 10.60 CS 9.25 CBP 10.02****Record Holder - F33**

Posn	Num	Name	District	Perf	ESAA Std
1	52	Heidi Armstrong	South Lakes	9.09	
2	54	Alice Brown	South Lakes	8.81	
3	32	E HARRISON	Eden	8.77	
4	22	Megan Dawson	Allerdale	7.99	
5	51	Rowan Sill	South Lakes	7.99	
6	61	Eva Udegbe	Furness	7.63	
7	21	Athena Perestrelo	Allerdale	7.52	
8	53	Bella Woof	South Lakes	7.33	
9	31	S LEWIS	Eden	7.29	
10	62	Tianna Charnley	Furness	7.15	
11	11	Abby Squires	Carlisle	7.06	
12	23	Ruby Cowan	Allerdale	7.03	
13	13	Talia Zwidza	Carlisle	6.61	
14	41	Evelyn Graham	Copeland	6.39	