



ESAA English Schools' Track and Field Cup 2025
Round - 1, SHR : Oakengates Athletics Track - Monday 12th May 2025



Junior Boys
1 : 285pts : Thomas Telford School, Shropshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Zaine Cole Equiano	17.5		4pts	Sam Walker	14.9		15pts	
100m	Jeremiah Grant	16.1		1pts	Kamsichukwu Nwachukwu	13.3		17pts	
200m	Isiah Hurst White	28.4		16pts	Henoc Moponda	25.4		25pts	
300m	Owen H	48.5		9pts	Shay Fletcher	47.5		11pts	
800m	Charlie Ray	2:37.0		18pts	Jaihan Mehra	2:43.1		15pts	
1500m	Ethan Rouse	5:33.0		13pts	Hayden Duval	5:16.0		18pts	
Long_Jump	Hayden Duval	3.66		8pts	Zaine Cole Equiano	3.60		8pts	
High_Jump	Will Betntham	1.33		14pts	Shay Fletcher	1.30		13pts	
Triple_Jump	Isaiah Hurst White	7.32		2pts	Charlie Ray	8.00		8pts	
Pole_Vault									
Shot	Evans Iginoba James	8.00		13pts	Kam Nwachukwu	6.55		8pts	
Discus	Ethan Rouse	13.64		7pts	Jaihan Mehra	14.59		9pts	
Javelin	Caleb Daniel	15.25		8pts	Sam Wa;ker	12.25		5pts	
Hammer									
Relay	Jeremiah Grant , Evans Iginoba- james , Caleb Daniel , Henoc Moponda							54.0	20pts



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Junior Girls

1 : 328pts : Thomas Telford School, Shropshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	lylah S	15.3		13pts	Ava G	15.3		13pts
100m	Nana A	13.1		27pts	Freya	13.8		20pts
200m	Jess B	27.8		25pts	Dionne W	28.3		23pts
300m								
800m	Biba G	2:40.0		24pts	Rose McCutheon	2:46.0		22pts
1500m	Emilia W	5:35.0		24pts	Isla W	5:58.0		20pts
Long_Jump	Isabella Stewart	3.09		5pts	Biba G	2.75		2pts
High_Jump	Dionne White	1.15		12pts	Tyra-Mae Jackson	1.15		12pts
Triple_Jump								
Pole_Vault								
Shot	Rose McCutheon	6.90		15pts	Jess Brown	4.90		8pts
Discus	lylah S	16.05		14pts	Seren Murray	11.50		8pts
Javelin	Ava Gilpin	15.65		13pts	Isla W	6.88		2pts
Hammer								
Relay						54.4		26pts

2 : 183pts : Newport Girls' High School, Shropshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Tabitha Hatch	14.6		14pts	Freya Roberts	15.8		8pts
200m	Naomi Grant	32.6		9pts	Isla Davis	34.2		6pts
300m								
800m	Yumeng Wel	3:20.0		11pts	Ivy Brannan	2:44.0		23pts
1500m	Evie Adams	6:13.1		17pts	Megan Kershaw	6:13.0		17pts
Long_Jump	Louise Bryant	3.58		10pts	Larssa P	2.08		0pts
High_Jump	Janelle Chong	1.25		15pts	Megan Kershaw	1.10		10pts
Triple_Jump								
Pole_Vault								
Shot	Kate Furniss	4.17		5pts	Ivy Branna	4.70		7pts
Discus	Naomi Grant	10.72		7pts	Isla Davis	10.25		7pts
Javelin	Evie Abrams	NM		0pts	Freya Roberts	8.60		4pts
Hammer								
Relay	Yumeng Wel , Janelle Chong , Kate Furniss , Tabitha Hatch					63.6		13pts



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Intermediate Boys

1 : 374pts : Shrewsbury School, Shropshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Hayyan Muri- Okundola	12.6		22pts	Archie F	15.0		10pts
100m	Mashi A	12.9		13pts	Noel Prieur	11.6		26pts
200m	Leo Todoroki	23.3		27pts	Fin Maquire	28.3		10pts
300m	Rafe Warner Reed	40.3		20pts	Aaron NG	46.1		8pts
800m	Joeseph A	2:17.4		20pts	Don Wong	2:25.4		17pts
1500m	Arjun C	4:43.0		21pts	Will Ashmore	5:03.0		17pts
Long_Jump	Finn Mcguire	5.28		17pts	Rafe Warner Reed	5.08		15pts
High_Jump	Joe Bonner Ashby	1.55		17pts	Don Wong	1.50		16pts
Triple_Jump	Mashiro Kato	10.07		12pts	Leo Todoroki	9.59		9pts
Pole_Vault								
Shot	Noe Prieur	8.75		11pts	Aarron NG	5.80		2pts
Discus	Will Ashmore	19.36		10pts	Gabriel	14.59		6pts
Javelin	Cornwall Leigh	32.25		15pts	Archie Fenwick	28.38		12pts
Hammer								
Relay	Gabriel , Harthur Connwall , Hayyan Muri- Okunola ,					49.8		21pts

2 : 344pts : Thomas Telford School, Shropshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Benji Antwi	14.2		14pts	Jerome Abbey	14.4		13pts
100m	Abdul Seidhu	12.4		19pts	Desmond	17.2		0pts
200m	Nathan Sacramento	25.4		19pts	Theo Hannah	24.8		21pts
300m	Louis McPartland	39.8		21pts	Evan Hart	41.8		17pts
800m	Callum Evans	2:23.3		18pts	Elliot Mallin	2:21.7		19pts
1500m	Harry Wilkins	5:14.0		15pts	Stan Lammeman	5:13.0		15pts
Long_Jump	Jerome Abbey	4.49		9pts	Nathan Sacramento	5.17		16pts
High_Jump	Abdul	1.65		21pts	Louis McPartland	1.33		10pts
Triple_Jump	Desmond	10.59		14pts	Aaron Aneke	11.52		19pts
Pole_Vault								
Shot	Jeyden Abbey	9.80		15pts	Evan Hart	7.50		7pts
Discus	Stan Lammiman	12.55		4pts	Harry Wilkins	13.84		5pts
Javelin	Callum Evans	22.43		8pts	Elliot Mallin	17.30		5pts
Hammer								
Relay	Jeyden Abbey , Benji Antwi , Theo Hannah , Aaron Aneke					50.5		20pts



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Intermediate Girls
1 : 305pts : Thomas Telford School, Shropshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Bethany W	17.4		7pts				
100m	Maisy R	13.1		24pts	Jenna G	15.0		9pts
200m	Harriet Anslow	26.8		24pts	Belle W	28.7		18pts
300m	Ellie S	50.4		13pts	Poppy GU	56.1		6pts
800m	Gracie Jones	2:28.0		27pts	Alisa A	2:37.0		22pts
1500m	Emily McCabe	5:34.0		21pts	Ellie Corbett	5:31.0		21pts
Long_Jump	Harriet Anslow	4.91		22pts	Jenna G	2.95		3pts
High_Jump	Alisa A	1.20		11pts	Bethany W	1.20		11pts
Triple_Jump	Ellie S	5.43		0pts	Poppy GU	6.93		0pts
Pole_Vault								
Shot	Ellie Corbett	6.86		12pts				
Discus	Audrey Ampaabeng	14.68		8pts	Emily McCabe	12.08		5pts
Javelin	Sarah Clarke	27.80		23pts	Belle W	6.60		0pts
Hammer								
Relay						59.1		18pts

2 : 289pts : Moreton Hall School, Shropshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Eva Puvogel	15.2		14pts	Rebecca Allen	16.5		9pts
100m	Darcy Cooke	13.4		22pts	Joda Ocran	15.2		8pts
200m	Issy Jones	30.2		13pts	Flora Harrison	30.4		12pts
300m	TD Onadele	53.7		9pts	Morgan Munro	48.8		16pts
800m	Phoebe Duggleby	2:35.0		23pts	Hattie Sloane	3:21.0		6pts
1500m	Nina Harney	5:24.0		23pts	Mila Wagner	6:42.0		9pts
Long_Jump	Phoebe Duggleby	3.82		11pts	Rebecca Allen	3.83		11pts
High_Jump	Darcy Cooke	1.20		11pts	Flora Harrison	1.25		12pts
Triple_Jump	Nina Harvey	7.94		8pts	Eva Puvogel	7.76		6pts
Pole_Vault								
Shot	Charlotte Tedford	6.93		12pts	Mila Wagner	5.26		7pts
Discus	Morgan munro	14.25		8pts	Jode Ocran	13.11		6pts
Javelin	Issy Jones	18.50		12pts	Tolu Bodede	17.20		10pts
Hammer								
Relay	Tolu Bodede , Hattie Sloane , Charlotte tedford , TD Onadele					64.5		11pts

3 : 246pts : Shrewsbury School, Shropshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Agath Richardson	15.5		13pts	Jasmine Pickering	17.9		5pts
100m	Kitty Corfield	14.9		9pts	Georgia pound	13.6		19pts
200m	Alice Julsem	31.0		10pts	Tilly Bing	30.6		11pts
300m	Matilda Lloyd	46.1		20pts	Charlotte Harker	49.5		14pts
800m	Arabella Windsor	2:42.0		20pts				
1500m	Lily Cannon William	5:49.0		18pts	Carys Tamianonn	6:40.0		9pts
Long_Jump	Charlotte Haker	3.88		12pts	Jasmine Pickering	3.65		10pts
High_Jump	Ellie Mash	1.05		6pts	Lilly Cannon	1.10		7pts
Triple_Jump	Carys Tamarasan	7.11		0pts	Lily Connor Wittery	6.88		0pts
Pole_Vault								
Shot	Tilly Bing	5.40		7pts	Arabella Windsor	6.41		11pts
Discus	Alice Fulsum	14.38		8pts	Jolan P	7.68		0pts
Javelin	Nina Gabb	17.30		10pts	Georgia Pound	14.70		6pts
Hammer								
Relay	Agatha Richardson , Matilda Lloyd , Nina Gabb , Jolan P					57.3		21pts



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Intermediate Girls
4 : 175pts : Newport Girls' High School, Shropshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Sophie Coupe	16.2		11pts	Easha Kaur	17.8		5pts	
100m	Xiaohan Wei	16.2		3pts	Chizua Ude	14.2		13pts	
200m	Erika Christiansen	30.0		14pts	Hermione Turner	31.1		10pts	
300m	Oona Gowan	50.7		13pts	Jess A	53.9		9pts	
800m	Shaan Kaur	2:47.0		17pts	Ellen Cambridge	3:01.0		12pts	
1500m					Easha Kaur	6:38.0		9pts	
Long_Jump	Erika Christiansen	3.96		13pts					
High_Jump	Shaan Kaur	1.05		6pts	Jess A	1.10		7pts	
Triple_Jump									
Pole_Vault									
Shot	Ellen Cambridge	7.30		14pts					
Discus	Melissa Eminova	12.60		6pts					
Javelin	Oona Gowan	9.10		0pts	Hermione Turner	9.00		0pts	
Hammer									
Relay	Sophie Coupe , Xiaohan Wei , Chizua Ude , Ife Lucas							62.6	13pts