



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Junior Boys

1 : 441pts : The Fitzwimarc School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Callum Bysouth	13.4		22pts	Harry Carr	12.5		27pts
100m	Dylan Cordell	11.8		32pts	George Bruce	13.3		17pts
200m	Josh Cane	27.3		19pts	Will Surridge	27.7		18pts
300m	Jack Lee	46.2		13pts				
800m	Preston Mesher	2:18.0		24pts	Theo Mahoney	2:23.0		22pts
1500m	Charlie Lee	4:48.0		25pts	Samuel Brown	4:55.0		23pts
Long_Jump	Callum Bysouth	4.21		14pts	Charlie Lee	4.13		13pts
High_Jump	Dylan Cordell	NM		0pts	Samuel Brown	1.23		11pts
Triple_Jump					Theo Mahoney	8.93		13pts
Pole_Vault					Will Surridge	2.40		21pts
Shot	Josh Cane	9.25		17pts	George Bruce	7.11		10pts
Discus	Henry Rouse	24.19		18pts				
Javelin	Jack Lee	29.20		22pts	Harry Carr	19.00		12pts
Hammer	Joe McCarthy	26.16		19pts	James Spencer	21.86		14pts
Relay	Preston Mesher , Joe McCarthy , Henry Rouse , James Spencer					57.7		15pts

2 : 435pts : The King John School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ethan Christensen	12.2		28pts	Joey Colyer	14.7		16pts
100m	Charlie Taylor	12.6		24pts	Elisha Onilogbo	12.6		24pts
200m	Seb Newton	28.1		17pts	Harry Thompson	26.7		20pts
300m	Danny Crawley	42.0		20pts	Kasey Curtis	45.0		15pts
800m	Oliver Sheldrick	2:36.0		18pts	Henry Tappenden	2:34.0		19pts
1500m	Vincent Baker	5:17.0		17pts	Leon Rawlings	5:35.0		13pts
Long_Jump	Dylan Crane	4.17		13pts	Joey Colyer	4.63		18pts
High_Jump	Oliver Sheldrick	1.32		14pts	Harry Thompson	1.41		17pts
Triple_Jump	Seb Newton	9.79		17pts	Kasey Curtis	8.53		11pts
Pole_Vault					Josh Suett	2.30		19pts
Shot	Ethan Christensen	9.82		19pts	Charlie Taylor	9.98		19pts
Discus	Danny Crawley	24.50		19pts	Elisha Onilogbo	18.50		13pts
Javelin		NM		0pts	Henry Tappenden	19.30		12pts
Hammer								
Relay	Dylan Crane , Vincent Baker , Henry Tappenden , Josh Suett					59.6		13pts

3 : 427pts : Shenfield High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Alfie Bowden	14.9		15pts	Edward Keen	13.5		22pts
100m	Max Cheetham	11.7		33pts	Brandon Tarbard	13.1		19pts
200m	Jevier Flores	25.8		23pts	Frank Valentine	27.5		18pts
300m	Tjaart Venter	46.2		13pts	Perry Nkeng	42.0		20pts
800m	Ben Arnold	2:24.0		22pts	Matthew Cottee	2:51.0		13pts
1500m	Tom Ellis	5:05.0		20pts	Daniel Smith	4:59.0		22pts
Long_Jump	Max Cheetham	4.78		19pts	Perry Nkeng	4.15		13pts
High_Jump	Matthew Cottee	1.32		14pts	Daniel Smith	1.35		15pts
Triple_Jump	Tjaart Venter	9.77		17pts	Brandon Tarbard	8.63		12pts
Pole_Vault								
Shot	Jevier Flores	11.34		24pts	Frank Valentine	6.77		8pts
Discus	Ben Arnold	18.03		12pts	Edward Keen	17.42		11pts
Javelin	Reuben Hart	26.00		19pts	Ryan O'Sullivan	16.60		9pts
Hammer								
Relay	Alfie Bowden , Reuben Hart , Tom Ellis , Ryan O'Sullivan					58.8		14pts



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Junior Boys

4 : 419pts : St Thomas More High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Elliot Brackenbury	12.9		25pts	Aubrey Hill	13.7		21pts
100m	Ralph Calubaquib	12.5		25pts	Jeffrey Commey	13.2		18pts
200m	Anthony Ugwuegbulem	27.0		20pts	Matthew Aguirre	26.3		22pts
300m	Charlie Walton	44.9		15pts	Henry Moyies	41.3		21pts
800m	Corban Hardiman	2:25.0		21pts	Teddy Mullin	2:29.0		20pts
1500m								
Long_Jump	Elliot Brackenbury	4.59		17pts	Matthew Aguirre	4.23		14pts
High_Jump	Charlie Walton	1.32		14pts	Teddy Mullin	1.32		14pts
Triple_Jump	Aubrey Hill	8.96		13pts	Jeffrey Commey	9.38		15pts
Pole_Vault								
Shot	Gabriel Borbely	9.67		18pts	Henry Moyies	6.43		7pts
Discus	Anthony Ugwuegbulem	23.13		17pts	Corban Hardiman	NM		0pts
Javelin	Ralph Calubaquib	24.70		17pts	Louis Paillard	31.50		24pts
Hammer	Mandela Ibe	22.41		15pts	Ken Marfo	16.62		9pts
Relay	Gabriel Borbely , Louis Paillard , Mandela Ibe , Ken Marfo					56.5		17pts

5 : 387pts : Davenant Foundation School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Landon Marx	15.4		12pts	Mark Adams	14.1		19pts
100m	Alex Bonarski	13.5		15pts	Nathaniel Sandy	11.3		37pts
200m	Aaron Williams	27.6		18pts	Albie Mitchell	25.6		24pts
300m	Nathan Nwobu	49.7		8pts	Henry Maust	47.9		10pts
800m	Joseph Coyne	2:40.0		17pts	William Godsave	2:28.0		21pts
1500m	Eric Frith	4:49.0		24pts	Isack Machine	5:28.0		15pts
Long_Jump	Aaron Williams	4.05		12pts	Albie Mitchell	4.37		15pts
High_Jump	Nathan Nwobu	1.38		16pts	Mark Adams	1.26		12pts
Triple_Jump	Landon Marx	8.51		11pts	Henry Maust	8.47		11pts
Pole_Vault								
Shot	Arthur Rogers	9.58		18pts	Nathaniel Sandy	10.40		21pts
Discus	Alex Bonarski	21.66		16pts	William Godsave	17.62		12pts
Javelin	Eric Frith	19.10		12pts				
Hammer	Henry Wimpres	18.85		11pts				
Relay	Joseph Coyne , Henry Wimpres , Arthur Rogers , Isack Machine					DQ		0pts

6 : 375pts : St Martin's School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Max Bezuidenhout	12.8		25pts	Freddie Maskell	16.2		8pts
100m	Kairhys Hoyte	13.3		17pts	Oscar Rogers	12.9		21pts
200m	Dylan Duran	27.6		18pts	David Sankho	28.9		15pts
300m	Tyler Mudd	41.0		22pts	Martis Heys	43.3		18pts
800m	Alfie Sheppard	2:35.0		18pts	Ben Sterry	2:45.0		15pts
1500m	Zac Townsend	5:26.0		15pts				
Long_Jump	Max Bezuidenhout	4.46		16pts	Freddie Maskell	4.21		14pts
High_Jump	Lucas Reeves	1.56		22pts	David Sankho	NM		0pts
Triple_Jump	Kairhys Hoyte	8.76		12pts	Mason Adams	7.80		7pts
Pole_Vault								
Shot	Tyler Mudd	7.99		12pts	Oscar Rogers	8.73		15pts
Discus		21.96		16pts	Martis Heys	20.96		15pts
Javelin	George Nosworthy	25.55		18pts		NM		0pts
Hammer	Alfie Sheppard	22.02		15pts	Dylan Duran	15.08		8pts
Relay	Lucas Reeves , George Nosworthy , Mason Adams , Zac Townsend					59.9		13pts



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Junior Boys

7 : 348pts : Becket Keys Church of England School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Sonny Perrera	15.3		13pts	Jacobus Van Der Lith	15.7		11pts
100m	Patrick Barden	12.4		26pts	Will Tasker	12.9		21pts
200m	Felix Rogers	25.6		24pts	Farley Haslam	28.2		17pts
300m	Oskar Golba	45.3		15pts	Ethan Mackintosh-Purr	46.9		12pts
800m	Ollie Everitt	2:36.0		18pts	Sebastian McNally	2:42.0		16pts
1500m	Luca Tredgett	5:28.0		15pts	Max Massarella	5:55.0		9pts
Long_Jump	Felix Rogers	4.44		16pts	Ethan Mackintosh-Purr	2.30		0pts
High_Jump	Patrick Barden	1.29		13pts	Max Massarella	1.23		11pts
Triple_Jump	Sonny Perrera	7.25		1pts	Jacobus Van Der Lith	8.79		12pts
Pole_Vault								
Shot	Ollie Everitt	8.23		13pts	Vinnie Yeaman	8.07		13pts
Discus	Daniil Duchuk	18.67		13pts	Oskar Golba	17.75		12pts
Javelin	Will Tasker	23.60		16pts	Farley Haslam	26.40		19pts
Hammer								
Relay	Luca Tredgett , Sebastian McNally , Daniil Duchuk , Vinnie Yeaman					60.9		12pts

8 : 340pts : Maltings Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Chinedum Chinedu-obi	15.3		13pts	Finley Crimmins	14.0		19pts
100m	Tyler Hawthorne	14.3		10pts	James Cartwright	13.1		19pts
200m	Tommy Pemberton	30.0		12pts	James Nicoll	27.2		19pts
300m	Jack Parry	44.8		16pts	Samuel Baxter	50.8		7pts
800m	Alex Bridle	2:48.0		14pts	Oliver Legate	2:47.0		14pts
1500m	Lewis Jefferies	5:50.0		10pts	James Hayes	5:43.0		11pts
Long_Jump	Jack Parry	3.99		11pts	Finley Crimmins	4.16		13pts
High_Jump	James Cartwright	1.35		15pts	Tyler Hawthorne	1.23		11pts
Triple_Jump	James Hayes	8.65		12pts	Samuel Baxter	7.82		7pts
Pole_Vault								
Shot	Chinedum Chinedu-obi	9.46		17pts	Tommy Pemberton	7.53		11pts
Discus	Aarav Huroo	30.16		24pts	Alex Bridle	21.16		15pts
Javelin	Oliver Legate	23.50		16pts	Riley Revell	19.70		12pts
Hammer								
Relay	Aarav Huroo , Riley Revell , James Nicoll , Lewis Jefferies					60.1		12pts

9 : 310pts : The Sandon School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles		15.6		11pts	George Callan	16.4		7pts
100m	Harry Stapleton	12.7		23pts	Jacob Orgles	12.5		25pts
200m	Stanley Spellman	27.2		19pts	Charlie Moore	33.4		4pts
300m	Motiejus Norkus	45.3		15pts		47.5		11pts
800m	Archie Fox	2:41.0		16pts	Max Sewell	2:36.0		18pts
1500m	Leo Gilbert	5:37.0		12pts	Jake Peacock	5:31.0		14pts
Long_Jump	Leo Gilbert	3.92		11pts	Nat Woodward	3.82		10pts
High_Jump	Toby Dawe	1.29		13pts	Jacob Orgles	1.32		14pts
Triple_Jump					Tom Barker	8.53		11pts
Pole_Vault								
Shot	Charlie Moore	4.05		1pts	George Callan	5.29		4pts
Discus	Harry Stapleton	21.32		15pts		22.52		17pts
Javelin	George Roworth	20.10		13pts	Jake Peacock	10.60		3pts
Hammer								
Relay	Motiejus Norkus , Archie Fox , George Roworth , Tom Barker					62.5		10pts



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Junior Boys

10 : 276pts : The Bromfords School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Tino Gorogodo	15.9		10pts	Jacob Allen	16.6		7pts
100m	Jake Chandler	14.0		12pts	Elliot Davison	13.6		14pts
200m	Charlie Wallace	27.4		19pts	Brian Nnadi	28.6		16pts
300m	Oliver Battersby	52.2		5pts	Donavan Lee	48.5		9pts
800m	Leo Fayle	3:04.0		9pts	Max Ryan	2:43.0		16pts
1500m	Max Reilly	5:25.0		15pts	James Jackson	5:25.0		15pts
Long_Jump	Charlie Wallace	3.75		9pts	Jake Chandler	3.78		9pts
High_Jump	Oliver Battersby	1.35		15pts	Brian Nnadi	1.23		11pts
Triple_Jump	Max Reilly	8.55		11pts	Jacob Allen	8.52		11pts
Pole_Vault								
Shot	Tino Gorogodo	8.65		15pts	Markuss Kalnins	6.52		8pts
Discus	Leo Fayle	12.36		6pts	James Jackson	13.78		8pts
Javelin	Edward Boar	21.70		14pts	Elliot Davison	NM		0pts
Hammer								
Relay	Edward Boar , Donavan Lee , Markuss Kalnins , Max Ryan					60.9		12pts

11 : 275pts : The Billericay School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Sonny Crockbain	16.5		7pts	Arthur Ogden	16.0		9pts
100m	Archie Woods	13.1		19pts	Archie Roff	14.3		10pts
200m	Coll Edwards	25.6		24pts	Tyler Anderson	28.2		17pts
300m	Charlie Stevens	43.5		18pts	Eddie Bartley	47.3		11pts
800m	Ben McArthy	2:33.0		19pts	Ollie Hogan	2:35.0		18pts
1500m	Luka Krajacic	6:05.0		7pts	Alex Tomov	6:23.0		5pts
Long_Jump	Sonny Crockbain	3.18		3pts	Archie Roff	3.61		8pts
High_Jump	Ben McArthy	1.41		17pts	Tyler Anderson	NM		0pts
Triple_Jump	Luka Krajacic	7.70		6pts	Ollie Hogan	7.68		5pts
Pole_Vault								
Shot	Charlie Stevens	7.56		11pts	Alex Tomov	4.71		2pts
Discus	Sheldon Appiah	16.93		11pts	Eddie Bartley	15.14		9pts
Javelin	Coll Edwards	23.00		16pts	Oscar Lythall	14.40		7pts
Hammer								
Relay	Sheldon Appiah , Oscar Lythall , Arthur Ogden , Archie Woods					57.3		16pts

12 : 250pts : William De Ferrers School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Oliver Langford	16.5		7pts	Taylor Bull	14.6		16pts
100m	Zachary Walker	13.8		13pts	Kaizer Shah	14.0		12pts
200m	Max Byrne	28.9		15pts	Zack Farmer	30.4		11pts
300m	Dexter Morrell	50.6		7pts	Alec Burgess	45.3		15pts
800m	Charlie Sullivan	2:47.0		14pts	Issac Butterworth	2:45.0		15pts
1500m	Ellis Kingston	5:39.0		12pts	Tyler Hume	5:57.0		9pts
Long_Jump	Max Byrne	4.07		12pts	Alec Burgess	4.29		14pts
High_Jump	Zachary Walker	1.26		12pts	Tyler Wheeler	1.20		10pts
Triple_Jump	Ellis Kingston	7.91		7pts				
Pole_Vault								
Shot	Charlie Sullivan	8.57		14pts	Tyler Hume	6.43		7pts
Discus	Dexter Morrell	9.26		2pts	Taylor Bull	18.25		12pts
Javelin	Oliver Langford	NM		0pts		NM		0pts
Hammer								
Relay	Zack Farmer , Kaizer Shah , Issac Butterworth , Tyler Wheeler					58.7		14pts



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Junior Boys  
13 : 142pts : Hylands School, Gloucestershire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Jack Marshall	16.7		6pts	Jack Phillips	16.5		7pts
100m	Armani Scott	14.3		10pts	Cyril Minta	12.5		25pts
200m	Luis Antonio Giovanni Bran	33.5		3pts	Victor Bonny	35.8		0pts
300m	Terry Huckfield	47.5		11pts	Kenny-Doherty Queen	49.3		8pts
800m	Jacob Fletcher	3:35.0		0pts	Mnangu Dlamini	3:12.0		6pts
1500m	Darnell Charles	6:43.0		3pts	Henry Bwalya	6:02.0		8pts
Long_Jump	Armani Scott	2.44		0pts	Darnell Charles	1.90		0pts
High_Jump	Victor Bonny	1.23		11pts				
Triple_Jump	Jack Phillips	NM		0pts	Mnangu Dlamini	NM		0pts
Pole_Vault								
Shot	Elijah Lewis	7.18		10pts	Terry Huckfield	5.52		4pts
Discus	Warren Ashman	13.20		7pts	Luis Antonio Giovanni Bran	14.52		9pts
Javelin	Jack Marshall	NM		0pts	Jacob Fletcher	21.40		14pts
Hammer								
Relay								

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ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Junior Girls

1 : 403pts : The Fitzwimarc School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Penny Tubbs	12.8		25pts	Issabella Reeves	13.2		23pts
100m	Ava Harris	15.0		11pts	Lola Manion	13.1		28pts
200m	Maisie Hegwein	30.1		17pts	Nevaeh Reeves	30.7		15pts
300m	Libby Jones	47.6		18pts	Zenobia Williams	47.2		18pts
800m	Ava Jeffery	2:42.0		24pts	Freya Bell	2:44.0		23pts
1500m	Isla Young	5:25.0		25pts				
Long_Jump	Ava Harris	4.18		17pts	Lola Manion	4.27		18pts
High_Jump	Libby Jones	1.35		19pts	Nevaeh Reeves	1.26		16pts
Triple_Jump								
Pole_Vault								
Shot	Maisie Hegwein	8.03		21pts				
Discus	Ava Jeffery	11.59		8pts				
Javelin	Penny Tubbs	16.70		15pts	Zenobia Williams	28.20		29pts
Hammer	Abigail Willson	24.18		20pts				
Relay	Isabella Reeves , Freya Bell , Isla Young , Ava Jeffery					63.6		13pts

2 : 381pts : Shenfield High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Chloe Gallagher	12.7		25pts				
100m	Savannah Ludlow-Gibbon	15.0		12pts	Laura Mason	13.1		28pts
200m	Grace Higgins	29.3		20pts	Mollie Byhurst	28.8		22pts
300m	Freya Gallagher	46.2		20pts				
800m	Lyla Mercer	2:41.0		24pts	Jessica Berry	2:59.0		18pts
1500m	Amira Khelfa	5:41.0		23pts	Elsie Smith	5:35.0		24pts
Long_Jump	Grace Higgins	4.05		15pts	Freya Gallagher	4.18		17pts
High_Jump	Chloe Gallagher	1.26		16pts	Mollie Byhurst	1.26		16pts
Triple_Jump								
Pole_Vault								
Shot	Amelia Lyons	7.52		18pts	Laura Mason	4.90		8pts
Discus	Amira Khelfa	11.87		9pts	Isabella Helliwell	15.19		13pts
Javelin	Lyla Mercer	18.85		18pts	Jessica Berry	19.95		19pts
Hammer								
Relay	Amelia Lyons , Elsie Smith , Isabella Helliwell , Savannah Ludlow-Gibbon					61.2		16pts

3 : 367pts : The King John School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Mia Duffield	13.4		25pts	Mercy Bakonsa	14.5		14pts
200m	Pippa Hawkins	28.9		21pts	Ava Long	30.3		17pts
300m	Ava Read	48.5		16pts	Emma Frisby	46.1		20pts
800m	Toni Heart	2:50.0		21pts	Chloe Morton	2:55.0		19pts
1500m	Frayia Hodgson	5:58.0		20pts	Grace Crawford	5:28.0		25pts
Long_Jump	Toni Heart	4.17		17pts	Emma Frisby	5.16		33pts
High_Jump	Frayia Hodgson	1.32		18pts	Ava Long	1.23		15pts
Triple_Jump								
Pole_Vault								
Shot	Jessica Copley	6.20		12pts	Mercy Bakonsa	5.64		10pts
Discus	Pippa Hawkins	12.81		10pts	Chloe Morton	12.89		10pts
Javelin	Florence Mangan	17.20		16pts	Grace Crawford	13.95		11pts
Hammer								
Relay	Florence Mangan , Ava Read , Jessica Copley , Mia Duffield					60.8		17pts



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Junior Girls

4 : 363pts : St Martin's School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Gabriella Boxall	13.0		24pts	Nella Docherty	13.7		20pts
100m	Saudieka Hinds	13.7		22pts				
200m								
300m	Jess Bone	45.6		22pts	Ella Wilks	49.6		14pts
800m	Hattie Blackburn	2:26.0		30pts	Tilly Bixby	2:52.0		20pts
1500m	Brogan Lambert	5:36.0		24pts	Neha Uddin	5:48.0		22pts
Long_Jump	Saudieka Hinds	NM		0pts	Neha Uddin	3.48		9pts
High_Jump	Gabriella Boxall	1.44		22pts	Isla Wood	1.17		13pts
Triple_Jump								
Pole_Vault								
Shot	Jess Bone	7.38		17pts	Brogan Lambert	5.36		9pts
Discus	Nella Docherty	14.89		13pts				
Javelin	Tilly Bixby	16.95		15pts	Ella Wilks	16.00		14pts
Hammer	Isabelle Holmes	20.60		16pts	Amber Curnick	23.87		19pts
Relay	Hattie Blackburn , Isla Wood , Isabelle Holmes , Amber Curnick					60.2		18pts

5 : 363pts : Davenant Foundation School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Rosie Anderson	12.6		26pts	Eden Dunnage	12.9		24pts
100m	Zarah Roman	13.3		26pts	Mia King	14.0		19pts
200m	Zintle Griffth	27.1		27pts	Kira Barrow	32.8		9pts
300m	Kishi Abiodun - Opangua	49.3		15pts	Mya Petitt	48.8		16pts
800m	Isabella Lester	2:45.0		23pts				
1500m	Sophia Stephenson	5:41.0		23pts	Rosie Muffett	5:36.0		24pts
Long_Jump	Zintle Griffth	3.47		9pts	Aofie Pearce	3.69		11pts
High_Jump	Rosie Anderson	1.20		14pts	Mia King	1.05		9pts
Triple_Jump								
Pole_Vault								
Shot	Zarah Roman	7.38		17pts	Eden Dunnage	8.98		25pts
Discus	Kishi Abiodun - Opangua	13.09		10pts	Kira Barrow	12.53		10pts
Javelin	Isabella Lester	12.10		9pts		NM		0pts
Hammer								
Relay	Sophia Stephenson , Mya Petitt , Rosie Muffett , Aofie Pearce					61.0		17pts

6 : 302pts : Becket Keys Church of England School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Edee Eldred	15.5		12pts	Pollyanna Fetherston	14.2		18pts
100m	Kessiah Kinghorn	13.7		22pts	Ava Taylor	14.1		18pts
200m	Anna Benns	31.4		13pts	Melody Shanley	32.5		10pts
300m	Evie Haworth	49.1		15pts				
800m	Jessica Thompson	2:59.0		18pts	Esme Withers	2:54.0		20pts
1500m	Allegra Sawkins	5:42.0		23pts				
Long_Jump	Jessica Thompson	2.97		4pts	Gabby Wright	3.21		7pts
High_Jump	Pollyanna Fetherston	1.29		17pts	Evie Haworth	1.20		14pts
Triple_Jump								
Pole_Vault								
Shot	Melody Shanley	5.73		11pts	Ava Taylor	4.79		7pts
Discus	Erin Hayward	15.16		13pts	Esme Withers	14.59		12pts
Javelin	Anna Benns	15.70		14pts	Kessiah Kinghorn	18.60		17pts
Hammer								
Relay	Allegra Sawkins , Erin Hayward , Gabby Wright , Edee Eldred					61.1		17pts



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Junior Girls

7 : 289pts : Colchester County High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Aamina Maan	16.0		11pts	Zoe Ayo Adeyemo	11.9		29pts
100m	Aisa Nimal Sathiyanesan	17.0		2pts	Megan Hull	14.2		17pts
200m	Tallulah Hughes	29.2		20pts	Isabelle Famojuro	29.7		19pts
300m								
800m	Isabella Clarke	2:39.0		25pts	Nancy Garner	2:45.0		23pts
1500m	Olivia Goff	6:32.0		14pts	Lucilla Visintin	6:19.0		16pts
Long_Jump	Megan Hull	3.89		13pts	Isabelle Famojuro	3.59		10pts
High_Jump	Evie Gbagbo	1.17		13pts	Zoe Ayo Adeyemo	1.35		19pts
Triple_Jump								
Pole_Vault								
Shot	Anaya Owu	5.39		9pts	Tallulah Hughes	3.55		3pts
Discus	Aamina Maan	15.44		13pts	Nancy Garner	10.16		6pts
Javelin	Isabella Clarke	16.50		15pts	Jemima Rutland	7.50		3pts
Hammer								
Relay	Aisa Nimal Sathiyanesan , Lucilla Visintin , Evie Gbagbo , Anaya Owu					66.1		9pts

8 : 279pts : The Bromfords School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Aimee Deplunque	16.8		8pts	Izzy Scarlett	16.5		9pts
100m	Lilly Potter	15.5		9pts	Lexi Pearce	14.2		17pts
200m	Lilly Hough	29.2		20pts	Aimee Basker	29.7		19pts
300m								
800m					Evie Tasneem	2:55.0		19pts
1500m	Megan Denford	5:59.0		20pts	Olivia Partridge	7:34.0		4pts
Long_Jump	Lilly Hough	4.16		17pts	Evie Tasneem	3.99		14pts
High_Jump	Aimee Basker	1.08		10pts	Aimee Deplunque	1.14		12pts
Triple_Jump								
Pole_Vault								
Shot	Grace Tarling	7.12		16pts	Mia Abrey	7.83		20pts
Discus	Megan Denford	12.75		10pts	Izzy Scarlett	13.82		11pts
Javelin	Lilly Potter	19.20		18pts	Olivia Partridge	14.80		12pts
Hammer								
Relay	Grace Tarling , Lexi Pearce , Mia Abrey , Jasmin Selwood					63.0		14pts

9 : 251pts : Shoeburyness, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lola Hazlewood	13.9		19pts	Florence walbey	16.1		10pts
100m	Alex Wicker	14.7		13pts	Angel Biokin	14.8		13pts
200m	Lottie Wilson	32.7		9pts	Daphne ligbago	33.7		7pts
300m								
800m	Bella Dennis	3:06.0		16pts	Heavens D	3:06.0		16pts
1500m	Molly Cotter	6:08.0		18pts	Alegra Gault	6:57.0		10pts
Long_Jump	Alegra Gault	3.12		6pts	Lottie Wilson	3.23		7pts
High_Jump	Molly Cotter	1.17		13pts	Lola Hazlewood	1.14		12pts
Triple_Jump								
Pole_Vault								
Shot	Daphne ligbago	6.00		12pts	Heavens D	5.30		9pts
Discus	Angel Biokin	14.24		12pts	Bella Dennis	14.28		12pts
Javelin	Abbie Jone	15.55		13pts	Olivia peel	15.55		13pts
Hammer								
Relay	Florence walbey , Olivia peel , Abbie Jone , Alex Wicker					64.9		11pts



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Junior Girls

10 : 238pts : Maltings Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Isabella Comparini	16.0		11pts	Ivy Lansdowne	16.6		9pts
100m	Orlaith Corrigan	14.3		16pts	Grace Warren	15.0		12pts
200m	Jessica Wightman	30.6		16pts	Delia Vacarciuc	31.8		12pts
300m	Gabriella Esmator	56.1		6pts	Haliya Yusuf	49.6		14pts
800m	April Hawkins	3:05.0		16pts	Kayla Lambard	3:01.0		17pts
1500m	Lexie Merrett	7:11.0		8pts				
Long_Jump	Orlaith Corrigan	3.51		10pts	Isabella Comparini	3.32		8pts
High_Jump	Kayla Lambard	1.14		12pts	Delia Vacarciuc	1.17		13pts
Triple_Jump								
Pole_Vault								
Shot	Ivy Lansdowne	5.04		8pts				
Discus	Gabriella Esmator	17.32		16pts	Grace Warren	11.36		8pts
Javelin	April Hawkins	11.90		8pts	Poppy Reader	9.20		5pts
Hammer								
Relay	Jesssica Wightman , Lexie Merrett , Poppy Reader , Haliya Yusuf					63.8		13pts

11 : 212pts : The Billericay School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Emily Gilman	16.5		9pts	Freya Turner	16.2		10pts
100m	Jess Carter	14.9		12pts	Amy Warren	14.6		14pts
200m	Hana Kemal	35.4		4pts	Grace Gent	33.7		7pts
300m	Lily Parsons	53.9		9pts	Chloe Jones	48.7		16pts
800m	Mia Dobson	3:07.0		15pts	Ella Rawlings	3:21.0		11pts
1500m	Willow Cuttris	8:17.0		0pts				
Long_Jump	Emily Gilman	3.36		8pts	Amy Warren	3.56		10pts
High_Jump	Francesca Carter	1.11		11pts	Ella Rawlings	1.17		13pts
Triple_Jump								
Pole_Vault								
Shot	Jess Carter	4.97		8pts				
Discus	Hana Kemal	12.14		9pts	Chloe Jones	12.09		9pts
Javelin	Mia Dobson	14.80		12pts	Grace Gent	15.10		13pts
Hammer								
Relay	Lily Parsons , Willow Cuttris , Freya Turner , Francesca Carter					64.6		12pts

12 : 205pts : The Sandon School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Sofia kindred	16.5		9pts				
100m	Nina Nall	15.0		12pts	Mia Scholey	16.1		6pts
200m	Cemresu Gunes	33.1		8pts	Finella Keithly	33.9		7pts
300m								
800m					Dotty Russell	3:04.0		16pts
1500m	Isla Chaston	5:57.0		20pts	Ruby Buck	6:59.0		10pts
Long_Jump	Cemresu Gunes	3.49		9pts	Kitty Webber	4.51		20pts
High_Jump	Isla Chaston	1.08		10pts	Mia Scholey	1.17		13pts
Triple_Jump								
Pole_Vault								
Shot	Phoebe Pattinson	3.89		4pts	Evie Moore	6.87		15pts
Discus	Jayden Osei	13.24		11pts	Dotty Russell	11.24		8pts
Javelin	Nina Nall	14.20		12pts	Finella Keithly	13.05		10pts
Hammer								
Relay	Sofia kindred , Ruby Buck , Evie Moore , Jayden Osei					69.3		5pts



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Junior Girls

13 : 198pts : William De Ferrers School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Jessica Chiswell	18.3		3pts	Holly Drake	22.3		0pts
100m	Layla Hockley	14.2		17pts	Macie McLean	15.3		10pts
200m	Beau Wake	33.9		7pts	Pheobe Tinham	31.6		12pts
300m								
800m	Annabelle Matthews	3:06.0		16pts	Carrigan Cassidy	3:02.0		17pts
1500m	Emily Camfield	6:09.0		18pts	Erin Warren	6:09.0		18pts
Long_Jump	Beau Wake	3.07		5pts	Jessica Chiswell	2.65		1pts
High_Jump	Macie Mclean	1.14		12pts	Emily Camfield	1.14		12pts
Triple_Jump								
Pole_Vault								
Shot	Holly Drake	5.60		10pts	Carrigan Cassidy	4.90		8pts
Discus	Abigail Mcsweeny	8.28		4pts	Annabelle Matthews	9.11		5pts
Javelin	Erin Warren	7.80		3pts	Phoebe Thompson	12.50		9pts
Hammer								
Relay	Phoebe Tinham , Abigail Mcsweeny , Phoebe Thompson , Layla Hockley					64.8		11pts

14 : 120pts : Hylands School, Gloucestershire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Frances Akhore	15.6		9pts	Ruby Reddy White	16.1		6pts
200m	Millie Newins	35.8		3pts	Ruby May Park	49.7		0pts
300m	Elizabeth Onansanya	63.0		0pts	Emmanuella Nwackchu	51.4		12pts
800m	Lexie Alford	DNF		0pts	Praise Obanla	4:17.0		0pts
1500m	Elin Pye	6:28.0		15pts	Ava- Mae Farrant	9:21.0		0pts
Long_Jump	Millie Newins	2.36		0pts	Ava Mae Farrant	2.36		0pts
High_Jump	Elizabeth Onansanya	1.02		8pts		NM		0pts
Triple_Jump								
Pole_Vault								
Shot	Abehi Giwa Amu	5.89		11pts	Emmanuella Nwackchu	7.12		16pts
Discus	Frances Akhore	11.66		8pts	Praise Obanla	12.76		10pts
Javelin	Francnes Alder	11.40		8pts	Ruby Reddy White	16.10		14pts
Hammer								
Relay	Elin Pye , Frances Alder , Lexie Alford , Abehi Giwa Amu					74.9		0pts



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Intermediate Boys

1 : 491pts : The King John School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Henry Mills	12.3		23pts	Paul Odukogbe	11.6		27pts
100m	Oliver Plumb	11.8		25pts	Nathan Ofori	12.9		14pts
200m	Tomi Oyentunde	25.5		19pts	Rohan Pandit	25.7		18pts
300m	Albert Ajetunmobi	40.8		19pts	Samuel Clarke	38.8		24pts
800m	Jacob Fuller	2:21.0		19pts	Kieran Crighton	2:16.0		21pts
1500m	Jake Smith	4:45.0		21pts	Luke Berry	4:38.0		22pts
Long_Jump	Albert Ajetunmobi	5.38		18pts	Nathan Ofori	4.94		14pts
High_Jump	Tomi Oyentunde	1.62		20pts	Samuel Clarke	1.41		13pts
Triple_Jump					Rohan Pandit	11.48		19pts
Pole_Vault					Ethan Johnson	2.70		20pts
Shot					Paul Odukogbe	12.37		23pts
Discus	Jacob Fuller	26.60		18pts	Leo Mjasnikovs	29.51		21pts
Javelin	Henry Mills	34.00		16pts	Luke Berry	29.90		13pts
Hammer	Oliver Plumb	40.94		24pts				
Relay	Kieran Crighton , Ethan Johnson , Leo Mjasnikovs , Jake Smith					50.6		20pts

2 : 470pts : St Martin's School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ralph Phillips	11.9		25pts	Adam Sewell	12.0		25pts
100m	Sean Prelli	12.0		23pts	Joeseeph Mendez	11.5		28pts
200m	Daniel Fadiora	25.0		20pts	Aaron Bloom	23.9		24pts
300m	Kewsi Djokota	40.7		19pts	Jamal Wouche	37.6		27pts
800m	Marvellous Ojo	2:10.0		24pts	Dexter Jones	2:32.0		15pts
1500m	Dan Girling	4:49.0		20pts				
Long_Jump	Joeseeph Mendez	5.70		22pts	Jamal Wouche	5.12		16pts
High_Jump	Daniel Fadiora	1.56		18pts	Dexter Jones	1.59		19pts
Triple_Jump	Sean Prelli	10.90		16pts	Marvellous Ojo	11.42		19pts
Pole_Vault	Ralph Phillips	NM		0pts	Adam Sewell	2.10		13pts
Shot					Aaron Bloom	9.52		14pts
Discus	Sam Ayinbuomwan	22.78		14pts	Dylan Hodges	25.91		17pts
Javelin	Fakhir Mehdi	34.20		16pts		NM		0pts
Hammer	Kewsi Djokota	29.68		18pts				
Relay	Fakhir Mehdi , Dan Girling , Sam Ayinbuomwan , Dylan Hodges					51.9		18pts

3 : 461pts : The Fitzwimarc School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Mason Russell	12.0		25pts	Felix Churchill-Brown	12.0		25pts
100m	Alex Cane	11.1		32pts	Olly Williams	11.8		25pts
200m	Oliver Bryant	26.1		17pts	Emilio LaFrancesca	27.7		12pts
300m	Liam Thomas	43.0		14pts	Leo Parham	41.0		19pts
800m	Tommy Mason	2:12.0		23pts	Zain Quereshi	2:20.0		19pts
1500m	Calvin Bollans	4:42.0		21pts	Frankie Butcher	4:48.0		20pts
Long_Jump	Mason Russell	5.16		16pts	Zain Quereshi	4.54		10pts
High_Jump	Alex Cane	1.68		22pts	Leo Parham	1.59		19pts
Triple_Jump	Tommy Mason	10.22		13pts				
Pole_Vault	Liam Thomas	2.50		18pts	Frankie Butcher	2.70		20pts
Shot	Oliver Bryant	10.24		16pts				
Discus	Ashton Gwanzura-Mead	28.55		20pts				
Javelin					Olly Williams	33.00		16pts
Hammer	Archie Spiteri	40.40		24pts	Emilio LaFrancesca	NM		0pts
Relay	Felix Churchill-Brown , Calvin Bollans , Archie Spiteri , Ashton Gwanzura-Mead					53.5		15pts



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Intermediate Boys  
4 : 390pts : St Thomas More High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Aadrian Damo	12.8		21pts				
100m	Joel Ladegbaye	11.1		32pts	Gideon Olaniyi-Oduntan	12.4		19pts
200m	Sean Chikamata	26.1		17pts	Lewis Anaglavi	24.6		22pts
300m	Immanuel Tan	39.8		22pts	Divine Madueke	41.7		17pts
800m	Luke Tiller	2:21.0		19pts	Ekow Koomson	2:20.0		19pts
1500m								
Long_Jump	Gideon Olaniyi-Oduntan	5.60		21pts	Lewis Anaglavi	3.02		0pts
High_Jump	Aadrian Damo	NM		0pts	Divine Madueke	1.53		17pts
Triple_Jump	Joel Ladegbaye	11.45		19pts	Harvey Chambers	10.15		12pts
Pole_Vault								
Shot	Sean Chikamata	11.17		19pts	Sop Orakposim	11.53		21pts
Discus	Immanuel Tan	26.96		18pts	Lewis Anaglavi	19.86		11pts
Javelin	Ben Williams	35.20		17pts	Fred Roche	19.30		6pts
Hammer	Anaya Amoh	24.91		14pts	Ekow Koomson	20.64		10pts
Relay	Anaya Amoh , Ben Williams , Fred Roche , Sop Orakposim					52.6		17pts

5 : 387pts : Shenfield High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Tom Allen	12.5		22pts	Kai Debenham	13.4		18pts
100m	Charlie Barber	12.7		16pts	Mitchell Mannas	13.9		7pts
200m	Ben Nwanze-King	27.3		13pts	Rory Passingham	27.7		12pts
300m	Louis Wilkinson	38.6		25pts	Owen Fisher	41.2		18pts
800m	Zac Thomas	2:09.0		25pts	Jamie Neal	2:21.0		19pts
1500m	Alf Carter	4:47.0		20pts	Ethan Carroll	4:59.0		18pts
Long_Jump	Louis Wilkinson	4.24		7pts	Owen Fisher	3.99		4pts
High_Jump	Tom Allen	1.59		19pts	Jamie Neal	1.41		13pts
Triple_Jump	Charlie Barber	9.60		10pts	Zac Thomas	10.88		16pts
Pole_Vault								
Shot	Alf Carter	7.15		6pts	Rory Passingham	10.55		17pts
Discus	Egor Jakovenko	26.23		17pts	Mitchell Mannas	28.30		19pts
Javelin	Will Turner-Smith	34.40		16pts	Kai Debenham	30.90		14pts
Hammer								
Relay	Ben Nwanze-King , Ethan Carroll , Will Turner-Smith , Egor Jakovenko					53.0		16pts

6 : 385pts : Davenant Foundation School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Noah Long	15.1		9pts				
100m	Daniel Fairlamb	11.8		25pts	Efosa Amadou	12.4		19pts
200m	Kaleb Silva	24.7		21pts	Alexander Osagie	22.8		30pts
300m	Isiah Oham	42.2		16pts	Joshua Pownell-Jones	43.8		12pts
800m	Tayo Adetona	2:29.0		16pts	Liberty Akisanya	2:33.0		15pts
1500m	Hughie Loe	4:50.0		20pts	Daniel Arnold	4:33.0		23pts
Long_Jump	Noah Long	4.80		13pts	Alexander Osagie	4.11		6pts
High_Jump	Daniel Fairlamb	1.41		13pts	Joshua Pownell-Jones	1.41		13pts
Triple_Jump	Kaleb Silva	9.80		11pts	Efosa Amadou	10.48		14pts
Pole_Vault	Tayo Adetona	1.90		9pts				
Shot	Isiah Oham	9.47		14pts	Liberty Akisanya	8.25		10pts
Discus	Sidney Hau	25.00		16pts	Daniel Arnold	20.16		11pts
Javelin	Jacques Prinsloo	34.90		17pts		NM		0pts
Hammer	Martim De Aguiar Viera	28.41		17pts				
Relay	Hughie Loe , Jacques Prinsloo , Martim De Aguiar Viera , Sidney Hau					53.4		15pts



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Intermediate Boys  
7 : 379pts : The Billericay School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ben Hogan	11.9		25pts	Cayden Wylie	14.2		14pts
100m	Oliver Reeder	11.2		31pts	Marcus Clark	12.3		20pts
200m	David Dania	24.8		21pts	Allen Semarco	24.3		23pts
300m	Jesse Oakman	41.0		19pts	Frank Harris	41.5		17pts
800m	Eli Risidore	2:20.0		19pts	Alex Tarhan	2:20.0		19pts
1500m	George Munday	4:43.0		21pts	Harvey Little	5:12.0		15pts
Long_Jump	David Dania	5.12		16pts	Frank Harris	3.59		1pts
High_Jump	Ben Hogan	1.41		13pts	Eli Risidore	1.32		10pts
Triple_Jump	Tunpo Bode-Akinola	9.71		10pts	Cayden Wylie	8.97		6pts
Pole_Vault								
Shot	George Munday	8.49		10pts	Allen Semarco	8.03		9pts
Discus	Alex Tarhan	17.76		9pts	Alfie Geary	22.02		13pts
Javelin	Oliver Reeder	22.90		9pts	Jesse Oakman	26.50		11pts
Hammer								
Relay	Alfie Geary , Harvey Little , Marcus Clark , Tunpo Bode-Akinola					52.0		18pts

8 : 354pts : Becket Keys Church of England School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	William Sell	15.5		7pts	Samuel Northcott	15.3		8pts
100m	Nicolas Moses	11.5		28pts	Samuel Sawyer	12.6		17pts
200m	Donnie Yeaman	26.3		16pts	Harvey Saunders	26.8		14pts
300m	Caleb Kinghorn	40.5		20pts	Oliver Pallett	44.3		11pts
800m	Matthew Delea	2:30.0		16pts	James Stevens	2:17.0		21pts
1500m	Jake Adams	5:06.0		16pts	Peter Neall	5:12.0		15pts
Long_Jump	Samuel Sawyer	4.66		11pts	Caleb Kinghorn	5.19		16pts
High_Jump	Donnie Yeaman	1.44		14pts	Samuel Northcott	1.41		13pts
Triple_Jump	Matthew Delea	9.92		11pts	Jake Adams	9.48		9pts
Pole_Vault								
Shot	Louie Newnham	10.35		17pts	Harvey Saunders	7.30		7pts
Discus	Nicolas Moses	NM		0pts	Peter Neall	27.84		19pts
Javelin	David Wilson	38.10		19pts	Oliver Pallett	28.00		12pts
Hammer								
Relay	Louie Newnham , David Wilson , William Sell , James Stevens					52.4		17pts

9 : 347pts : The Sandon School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Thabani Zinjia-Ncube	11.9		25pts	Riley Poulson	15.3		8pts
100m	Ethan Lofthouse	12.0		23pts	Oliver Stern	11.7		26pts
200m	Albie Thompson	26.6		15pts	Tom Pain	24.4		22pts
300m	Seb Ford	44.7		11pts	David Jackson	39.7		22pts
800m	Reggie Moore	2:33.0		15pts	Glutekin Hacieyupolog	2:37.0		14pts
1500m	Oliver Ware	5:09.0		16pts	Fred Hicklin	5:18.0		14pts
Long_Jump	Tom Pain	5.32		18pts	Oliver Stern	4.77		12pts
High_Jump	Albie Thompson	NM		0pts	Glutekin Hacieyupolog	1.32		10pts
Triple_Jump	Ethan Lofthouse	7.70		1pts	Riley Poulson	9.33		8pts
Pole_Vault								
Shot	Tyler Grownwald	10.15		16pts	Oliver Ware	8.22		10pts
Discus	David Jackson	25.68		17pts	Reggie Moore	20.18		11pts
Javelin	Seb Ford	21.70		8pts	Oliver Groves	26.70		11pts
Hammer								
Relay	Thabani Zinjia-Ncube , Fred Hicklin , Tyler Grownwald , Oliver Groves					54.4		14pts



**ESAA English Schools' Track and Field Cup 2025**  
**Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025**



**Intermediate Boys**

**10 : 312pts : The Bromfords School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Harrison Duggan	16.8		1pts	Stanley Burns	12.8		21pts
100m	Daniel Kamara	12.4		19pts				
200m	Reiiel Felix	27.5		12pts	Daniel Osagie	25.2		20pts
300m	Deacon Urwin	40.4		20pts	Zack Fisher	42.1		16pts
800m	Ollie Madden	2:25.0		18pts	James Cook	2:23.0		18pts
1500m	Liam Rich	5:24.0		13pts				
Long_Jump	Ollie Madden	4.83		13pts	Archie Newman	4.41		9pts
High_Jump	Daniel Kamara	1.50		16pts	Abdul Agaba	1.35		11pts
Triple_Jump	Reiiel Felix	9.15		7pts	Stanley Burns	9.28		8pts
Pole_Vault								
Shot	Daniel Osagie	9.96		15pts	Ronnie Green	8.40		10pts
Discus	Liam Rich	26.39		17pts	James Cook	20.12		11pts
Javelin	Freddie Fawcett	25.80		11pts	Zack Fisher	26.30		11pts
Hammer								
Relay	Harrison Duggan , Archie Newman , Deacon Urwin , Abdul Agaba					53.7		15pts

**11 : 304pts : Maltings Academy, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles					Finn Branch	13.4		18pts
100m	Daniel Ogua	12.1		22pts	Pedro Henrique Costa	12.1		22pts
200m	Taku Sibanda	27.0		14pts	Kenobi Eleeh	26.5		15pts
300m	Tyler Renwick	45.7		9pts	Hayden Barbrook	42.4		15pts
800m	Jacob Taylor	2:28.0		17pts	Thomas Kemp	2:51.0		9pts
1500m					Adam Freeman	5:20.0		14pts
Long_Jump	Pedro Henrique Costa	5.18		16pts	Tyler Renwick	4.06		5pts
High_Jump					Hayden Barbrook	1.44		14pts
Triple_Jump	Jacob Taylor	9.89		11pts	Kenobi Eleeh	11.06		17pts
Pole_Vault								
Shot	Daniel Ogua	9.64		14pts	Neel Patel	8.77		11pts
Discus	Thomas Kemp	22.31		13pts	Logan Plumb	20.46		11pts
Javelin	Freddie Twin	29.90		13pts	Finn Branch	31.20		14pts
Hammer								
Relay	Taku Sibanda , Adam Freeman , Neel Patel , Logan Plumb					57.5		10pts

**12 : 292pts : Felsted School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	George Dixon	12.0		25pts				
100m	Freddie Daltrey	13.0		13pts	Harry Hassan	11.6		27pts
200m	Joey (Zhuowei) Zhang	27.6		12pts	Tylan Mighty	25.4		19pts
300m	Archie Matthews	42.9		14pts	Sebastian James	45.0		10pts
800m	Harvey Morgan	2:26.0		17pts	Oren Satchell	2:34.0		15pts
1500m	Joseph Willson	5:26.0		12pts	Harry Masters	5:27.0		12pts
Long_Jump	Archie Matthews	5.00		15pts	Oren Satchell	4.14		6pts
High_Jump	Joey (Zhuowei) Zhang	1.41		13pts	Charles Farrow	1.29		9pts
Triple_Jump					Harry Hassan	9.68		10pts
Pole_Vault								
Shot	Sebastian James	8.72		11pts	Joseph Willson	5.85		2pts
Discus	Dallas Drewitt-Barlow	NM		0pts	Freddie Daltrey	20.75		12pts
Javelin	Alfie Huber	29.20		13pts	Harry Masters	17.00		5pts
Hammer								
Relay	George Dixon , Harvey Morgan , Charles Farrow , Tylan Mighty					50.3		20pts



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Intermediate Boys

13 : 175pts : William De Ferrers School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Harrison Barwick	13.8		16pts	Zack Durrant	16.3		3pts
100m	Riley Hughes	13.6		8pts	Ben Murphy	12.5		18pts
200m	Alfie Gibson	27.2		13pts	Franklin O'connor	26.5		15pts
300m	Logan Reed	50.0		5pts	Charlie Keane	43.0		14pts
800m					Kieran Wilson	2:49.0		10pts
1500m					Connor McGurk	4:55.0		19pts
Long_Jump	Logan Reed	4.06		5pts	Connor McGurk	3.03		0pts
High_Jump					Kieran Wilson	1.11		3pts
Triple_Jump					Ben Murphy	9.28		8pts
Pole_Vault								
Shot	Harry Thompson	6.41		4pts	Charlie Keane	8.00		9pts
Discus								
Javelin	Harrison Barwick	19.20		6pts	Billy Beach	21.20		8pts
Hammer								
Relay	Liam Jones , Harry Thompson , Mathew Hydes , Alfie Gibson					56.9		11pts

14 : 160pts : Hylands School, Gloucestershire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles					Oscar Withyman	17.2		0pts
100m	Laken Passfield Knight	12.2		21pts				
200m	Max Allaway	29.3		8pts				
300m	Evan Anderton	45.7		9pts	Freddie Thake	61.4		0pts
800m	Ioan Pye	2:36.0		14pts	Basil Samson	3:12.0		2pts
1500m	Leon Puerto	5:39.0		10pts	Finley McClure	6:07.0		4pts
Long_Jump					Ioan Pye	3.25		0pts
High_Jump	Leon Puerto	1.44		14pts	Jayden Slyvester	1.29		9pts
Triple_Jump	Basil Samson	8.71		5pts	Evan Anderton	8.27		3pts
Pole_Vault								
Shot	Harry Murray	5.25		1pts	Harry Lakin	9.42		14pts
Discus	Laken Passfield Knight	22.36		13pts	Freddie Thake	19.92		11pts
Javelin	Max Allaway	29.30		13pts		NM		0pts
Hammer								
Relay	Finley Mc Clure , Harry Murray , Oscar Withyman , Harry Lakin					57.9		9pts



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Intermediate Girls

1 : 485pts : The Fitzwimarc School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Connie Sutton	14.1		18pts	Amy Hockey	13.3		20pts
100m	Erin Norris	13.5		21pts	Holly Goss	14.2		14pts
200m	Stevie Makepeace	29.4		16pts	Lily Hartman	24.4		32pts
300m	Ava Bailey	47.9		17pts	Ami Hines	48.9		15pts
800m	Ezrah Harrold	2:18.0		32pts	Lilly Naylor	2:35.0		23pts
1500m	Emmeline Franklin	5:28.0		22pts	Amy Harriss	5:22.0		23pts
Long_Jump	Erin Norris	4.87		22pts	Lily Hartman	4.97		23pts
High_Jump	Ava Bailey	1.35		16pts	Amy Harriss	1.26		13pts
Triple_Jump	Ezrah Harrold	9.50		19pts	Holly Goss	8.67		13pts
Pole_Vault								
Shot	Connie Sutton	9.08		19pts	Amy Hockey	6.37		10pts
Discus	Tia Clarke	24.08		21pts	Lilly Naylor	13.41		7pts
Javelin	Sophie Stanford	32.50		29pts				
Hammer	Stevie Makepeace	33.06		26pts				
Relay	Sophie Stanford , Tia Clarke , Ami Hines , Emmeline Franklin					62.3		14pts

2 : 480pts : St Martin's School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Andi Brooks	13.1		21pts	Eliza Hobdon	13.8		19pts
100m	Ruby Collier	12.8		28pts	Esme Monk	13.6		20pts
200m	Katie Lowe	26.6		25pts	Bori Somogyi	31.0		10pts
300m	Daisy Willingale	44.2		23pts	Gabriella Eid	47.8		17pts
800m	Emmie Lole	2:23.0		29pts	Sophie Penn	2:50.0		16pts
1500m	Amelie Shipton	4:56.0		29pts	Erin Kelly	4:59.0		28pts
Long_Jump	Katie Lowe	4.36		17pts	Esme Monk	4.53		18pts
High_Jump	Ruby Collier	1.26		13pts				
Triple_Jump	Daisy Willingale	10.26		24pts	Amelie Shipton	9.42		18pts
Pole_Vault								
Shot	Isabelle Adams	9.11		20pts	Bori Somogyi	8.94		19pts
Discus	Gabriella Eid	17.61		12pts	Sophie Penn	14.30		8pts
Javelin	Andi Brooks	25.10		20pts	Eliza Hobdon	22.50		17pts
Hammer	Oluchi Ehimatie	17.95		10pts				
Relay	Isabelle Adams , Oluchi Ehimatie , Erin Kelly , Emmie Lole					58.7		19pts

3 : 457pts : Shenfield High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Amber Keen	15.1		14pts	Daisy Woodward	15.0		15pts
100m	Poppy Horton	12.9		27pts	Gabriella Goodwin	13.4		22pts
200m	Ava Winterbourne	28.1		20pts	Jesse Holland	28.3		19pts
300m	Stephanie Smith	41.1		29pts	Fay Dignum	44.2		23pts
800m	Isla Franklin	2:37.0		22pts	Amelie Ayers	2:28.0		27pts
1500m	Ellie Gray	5:33.0		21pts	Daisy Mai-Doel	5:44.0		19pts
Long_Jump	Poppy Horton	4.91		22pts	Amelie Ayers	4.18		15pts
High_Jump	Stephanie Smith	1.35		16pts	Daisy Woodward	1.44		19pts
Triple_Jump					Fay Dignum	8.66		13pts
Pole_Vault	Amber Keen	2.50		23pts				
Shot	Isla Franklin	6.87		12pts	Leyla Soyer	6.19		10pts
Discus	Ava Winterbourne	18.31		13pts	Daisy Mai-Doel	15.08		9pts
Javelin	Ellie Gray	24.20		18pts	Maddie Durrant	16.70		9pts
Hammer								
Relay	Maddie Durrant , Jesse Holland , Leyla Soyer , Gabriella Goodwin					57.8		20pts



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Intermediate Girls  
4 : 364pts : The King John School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles					Daisy Berry	16.2		11pts
100m	Lilly Brooks-Garrod	13.8		18pts	Daisie Mansell	13.6		20pts
200m	Evie Parry	31.0		10pts	Greta Emeseh	29.9		14pts
300m	Holly Bailey	45.9		20pts	Loella Bull-Smith	45.1		22pts
800m	Molly Fenton	2:51.0		16pts	Imogen Scorey	2:45.0		18pts
1500m	Holly Shepherd	5:39.0		20pts	Ryden Smith	5:48.0		18pts
Long_Jump	Holly Shepherd	4.06		14pts	Daisy Berry	3.98		13pts
High_Jump	Evie Parry	1.32		15pts	Daisie Mansell	1.17		10pts
Triple_Jump	Lilly Brooks-Garrod	9.06		16pts	Imogen Scorey	8.73		13pts
Pole_Vault								
Shot	Chloe Oldhamstead	6.84		12pts	Ryden Smith	6.62		11pts
Discus	Leanna Reeve	18.44		13pts				
Javelin	Molly Fenton	NM		0pts	Loella Bull-Smith	19.50		13pts
Hammer	Alexi Salmon	24.63		17pts	Greta Emeseh	22.42		15pts
Relay	Leanna Reeve , Alexi Salmon , Chloe Oldhamstead , Holly Bailey					61.2		15pts

5 : 349pts : Colchester County High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Grace Ajani	16.0		11pts	Emilia Cooke	15.5		13pts
100m					Emily Tien	15.5		6pts
200m	Sienna Roberts	33.9		3pts	Semilore Ajibola	28.0		20pts
300m	Georgia Banyard	45.1		22pts	Edeigh Irvine	48.4		16pts
800m	Ella Connor	3:02.0		12pts	Hawaa Patel	2:42.0		20pts
1500m	Poppy Rykens	5:45.0		19pts	Ella Hudson	5:43.0		19pts
Long_Jump	Semilore Ajibola	4.07		14pts	Emilia Cooke	4.14		14pts
High_Jump					Sienna Roberts	1.08		7pts
Triple_Jump	Ella Hudson	7.99		8pts	Grace Ajani	9.17		16pts
Pole_Vault								
Shot	Monica Malagala	12.89		37pts	Adanna Udechuku	11.80		32pts
Discus	Ella Connor	13.09		6pts	Emily Tien	17.18		12pts
Javelin	Georgia Banyard	23.90		18pts	Poppy Rykens	15.50		7pts
Hammer								
Relay	Monica Malagala , Hawaa Patel , Adanna Udechuku , Edeigh Irvine					59.7		17pts

6 : 311pts : Davenant Foundation School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Emma Lea	16.8		9pts				
100m	Tare Akpoveta	12.7		29pts	Grace Nwanko	13.1		25pts
200m	Amarachi Benson	31.2		10pts	Phoebe Whelan	30.1		13pts
300m	Hema Ansah	47.0		19pts	Alicjia Oliwa	50.2		13pts
800m	Emily Stockill	3:16.0		7pts	Faye Owers	2:46.0		18pts
1500m	Katherine Garret	6:46.0		8pts	Polly Gray	6:21.0		12pts
Long_Jump	Amarachi Benson	3.30		6pts	Grace Nwanko	3.57		9pts
High_Jump	Tare Akpoveta	1.23		12pts	Faye Owers	1.32		15pts
Triple_Jump								
Pole_Vault	Emily Stockill	2.65		26pts	Phoebe Whelan	2.30		19pts
Shot	Maria Murphy-Zaleska	7.17		13pts	Akua Amankwah	7.14		13pts
Discus	Katherine Garret	10.13		2pts	Chearelle Lawrence	16.78		11pts
Javelin	Hema Ansah	14.30		6pts	Isobel Cowell	10.60		2pts
Hammer	Emma Lea	12.64		5pts				
Relay	Chearelle Lawrence , Polly Gray , Akua Amankwah , Maria Murphy-Zaleska					65.5		9pts



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Intermediate Girls  
7 : 297pts : Shoeburyness, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Maisie Pease	17.1		8pts	Sherry Jangprai	18.1		4pts
100m	Peniel Lawrence	13.3		23pts	Sienna Creighton	15.0		9pts
200m	Evie Boygel	25.5		29pts	Sharon Okoghenu	26.8		24pts
300m	Ellena Carmen	54.2		8pts	Amelia Bulitude	51.7		11pts
800m	Charlotte Arnold	2:58.0		13pts	Eloise Vaughan	2:57.0		14pts
1500m	Erioluwa	6:47.0		8pts				
Long_Jump	Evie Boygel	4.80		21pts	Ellena Carmen	3.39		7pts
High_Jump	Peniel Lawrence	1.41		18pts	Sienna Creighton	1.14		9pts
Triple_Jump	Eloise Vaughan	8.44		11pts	Charlotte Arnold	8.70		13pts
Pole_Vault								
Shot	Mofia Ubah	7.41		14pts	Sharon Okoghenu	8.58		18pts
Discus	Sherry Jangprai	15.71		10pts	Olivia Belchar	11.88		5pts
Javelin	Maisie Pease	9.00		0pts	Alex Bush	19.30		13pts
Hammer								
Relay	Mofia Ubah , Olivia Belchar , Alex Bush , Amelia Bulitude					66.9		7pts

8 : 274pts : Becket Keys Church of England School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lola Wright	16.9		8pts	Molly Williamson	15.7		12pts
100m	Vienna Hayes	15.8		5pts	Imogen Hutton	15.1		8pts
200m	Lila Metcalfe	28.9		17pts	Maddison Moon	32.3		7pts
300m	Betsy Winney	47.1		18pts	Imogen Hutton	50.0		14pts
800m	Isabel Collins	2:47.0		17pts	Helet Van Der Lith	2:50.0		16pts
1500m	Scarlett Sawkins	7:13.0		4pts	Alana Lewis	6:22.0		12pts
Long_Jump	Lola Wright	2.85		2pts	Lila Metcalfe	3.77		11pts
High_Jump	Scarlett Sawkins	1.26		13pts	Molly Williamson	1.05		6pts
Triple_Jump	Isabella Hutton	NM		0pts	Alana Lewis	9.50		19pts
Pole_Vault								
Shot	Betsy Winney	6.75		12pts	Imogen Hutton	7.11		13pts
Discus	Maddison Moon	15.26		9pts	Tianna Abraham	20.26		16pts
Javelin	Nina Linnecar	24.70		19pts	Vienna Hayes	14.60		6pts
Hammer								
Relay	Isabel Collins , Helet Van Der Lith , Tianna Abraham , Isabella Hutton					64.7		10pts

9 : 268pts : The Sandon School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Frankie Hopper	16.5		10pts	Jessica Bellamy	14.9		15pts
100m	Orla Farrell	13.7		19pts	Esther Stickley	13.8		18pts
200m	Rhea Hodsall	31.9		8pts	Luica Johnson	30.9		11pts
300m	Lucy Beer	52.7		10pts	Eleanor Boarder	51.5		12pts
800m	Anais Knott	2:56.0		14pts	Jessica Healey	3:24.0		5pts
1500m	Annabell Paul	6:08.0		14pts	Jemmima Hepworth	6:16.0		13pts
Long_Jump	Luica Johnson	3.34		6pts	Anais Knott	3.93		12pts
High_Jump	Orla Farrell	1.20		11pts	Jessica Healey	1.41		18pts
Triple_Jump	Eleanor Boarder	7.36		2pts	Esther Stickley	8.26		10pts
Pole_Vault								
Shot	Rhea Hodsall	5.93		9pts	Olivia Smith	8.00		16pts
Discus	Frankie Hopper	19.54		15pts	Jemmima Hepworth	12.81		6pts
Javelin	Millie Henderson	12.50		4pts	Jessica Bellamy	9.60		1pts
Hammer								
Relay	Olivia Smith , Millie Henderson , Annabell Paul , Lucy Beer					65.3		9pts



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Intermediate Girls  
10 : 216pts : Maltings Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Amelia Chapla	17.1		8pts	Abigail Thomas	15.8		12pts
100m	Kiana Smithen	14.5		11pts	Ameerah Ives	15.7		5pts
200m	Ele Owusu	30.5		12pts	Alissa Lambard	29.5		15pts
300m	Megan Huggins	57.6		4pts	Erin Corcoran	54.7		8pts
800m					Amelia Deathe	3:06.0		11pts
1500m	Layla Jones	6:39.0		9pts				
Long_Jump	Amelia Chapla	3.00		3pts	Alissa Lambard	3.58		9pts
High_Jump	Kiana Smithen	1.26		13pts	Megan Huggins	1.08		7pts
Triple_Jump	Ele Owusu	8.02		9pts				
Pole_Vault								
Shot	Erin Corcoran	6.57		11pts	Abigail Thomas	6.27		10pts
Discus	Layla Jones	18.94		14pts	Sofia Hogan	17.35		12pts
Javelin	Amelia Deathe	15.10		7pts	Ameerah Ives	13.70		5pts
Hammer	Izzy PLayer	19.11		12pts				
Relay	Sophia Hogan , Izzy PLayer , Esme Wilson , Emma Pickering					65.6		9pts

11 : 185pts : The Billericay School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Macey Smith	DNF		0pts				
100m	Tilly Bloor	14.9		9pts	Ava Quincey	13.7		19pts
200m					Lilly Robbshaw	36.1		0pts
300m	Evie Curtis	52.1		11pts				
800m	Lucia Salavtore	3:01.0		12pts	Maggie Moreira	3:09.0		10pts
1500m	Chloe Lee	5:35.0		21pts	Jessie Keaveney	6:32.0		10pts
Long_Jump	Tilly Bloor	3.77		11pts	Ava Quincey	3.33		6pts
High_Jump	Chloe Lee	1.29		14pts	Rosie Williams	1.26		13pts
Triple_Jump								
Pole_Vault								
Shot	Macey Smith	4.76		5pts	Maggie Moreira	5.64		8pts
Discus	Lilly Robbshaw	11.84		5pts	Holly Chaproniere	17.91		13pts
Javelin	Evie Curtis	16.10		8pts	Daisy O'Connor Blount	17.00		10pts
Hammer								
Relay	Jessie Keaveney , Daisy O'Connor Blount , Holly Chaproniere , Ruby Catchpole					DQ		0pts

12 : 140pts : The Bromfords School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Emma Cook	17.4		7pts	Martha Shipman	18.2		4pts
100m	Pristeen Mosugu	13.7		19pts	Karina Vintu	16.2		3pts
200m	Winnie Juntrasapt	33.4		4pts	Goda Saracinskaite	34.3		2pts
300m	Lexi Blunt	53.0		10pts	Phoebe Green	58.6		3pts
800m					Emma Bray	3:25.0		4pts
1500m					Charlotte Ford	7:55.0		0pts
Long_Jump	Lexi Blunt	4.34		16pts	Goda Saracinskaite	3.60		9pts
High_Jump	Alisha Lane	1.08		7pts	Jemima Adams	1.14		9pts
Triple_Jump	Winnie Juntrasapt	7.97		8pts				
Pole_Vault								
Shot					Karina Vintu	6.62		11pts
Discus	Charlotte Ford	11.56		4pts	Emma Bray	11.46		4pts
Javelin	Pristeen Mosugu	17.20		10pts	Phoebe Green	10.70		2pts
Hammer								
Relay	Alisha Lane , Emma Cook , Jemima Adams , Martha Shipman					69.0		4pts



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 4 : Chelmsford - Thursday 15th May 2025



Intermediate Girls

13 : 136pts : William De Ferrers School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lynnie Banister	16.5		10pts	Izabelle Farmer	15.5		13pts
100m	Esme Massey	13.9		17pts	Gracie Hadley	15.0		9pts
200m					Lacey Williams	30.0		14pts
300m	Emma Smith	57.6		4pts	Maddie Radmall	50.6		13pts
800m					Casey Kennedy	3:10.0		9pts
1500m	Lily Hood	6:41.0		9pts	Scarlett Huckle	8:36.0		0pts
Long_Jump	Lynnie Banister	3.14		4pts	Olivia Preston	3.84		11pts
High_Jump								
Triple_Jump								
Pole_Vault								
Shot	Remi-Rose Beaumont	5.13		6pts	Emma Smith	3.95		2pts
Discus	Gracie Hadley	8.48		0pts	Lily Hood	8.81		1pts
Javelin	Maddie Radmall	8.60		0pts	Scarlett Huckle	NM		0pts
Hammer								
Relay	Olivia Preston , Eva Rampersad , Izabelle Farmer , Esme Massey					62.0		14pts

14 : 31pts : Hylands School, Gloucestershire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Sophia Osakwe	14.8		10pts				
200m	Phoebe Wells	35.7		0pts				
300m	Ria Jones	58.1		3pts				
800m	Laura Alvarez Gonzalez	DNF		0pts	Lucy Robinson	3:39.0		0pts
1500m								
Long_Jump	Millie Walsh Mc Lewin	2.42		0pts	Lucy Robinson	2.45		0pts
High_Jump	Sophia Osakwe	1.08		7pts				
Triple_Jump	Phoebe Wells	NM		0pts				
Pole_Vault								
Shot					Iara Lima Apresentacao	3.63		1pts
Discus	Chloe Smith	9.94		2pts	Molly Kelly	11.36		4pts
Javelin	Jessica Lording	NM		0pts	Tia Bourn	NM		0pts
Hammer								
Relay	Millie Walsh Mc Lewin , Chloe Smith , Tegan Latour , Ria Jones					69.4		4pts