



ESAA English Schools' Track and Field Cup 2025  
Round - 1, ESS 2 : Chelmsford - Tuesday 13th May 2025



Junior Boys

1 : 460pts : The Eastwood Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Archie Berry	13.4		22pts				
100m	Stan Sokolowski	12.0		30pts	Kaiden English	13.0		20pts
200m	Kayden Dewson-German	28.3		16pts	Luis Andrade	28.9		15pts
300m	Ryder Venman	42.7		19pts	Rafe Dowling	41.7		21pts
800m	Harry Cunningham	2:25.0		21pts	Charlie Crampin	2:33.9		19pts
1500m	Ronnie Grant	4:41.8		26pts	Rudy Perry-Kite	5:14.4		18pts
Long_Jump	Ryder Venman	4.92		21pts	Kaiden English	4.24		14pts
High_Jump	Archie Berry	1.26		12pts	Rudy Perry-Kite	1.20		10pts
Triple_Jump	Ronnie Grant	9.97		18pts	Rafe Dowling	10.27		20pts
Pole_Vault								
Shot	Kayden Wheeler	9.98		19pts	Brandon Smith-Ewens	9.34		17pts
Discus		NM		0pts	Kayden Dewson-German	20.28		14pts
Javelin	Stan Sokolowski	32.70		25pts	Luis Andrade	27.40		20pts
Hammer	Albie Simpson	26.07		19pts	Harry Cunningham	15.37		8pts
Relay	Kayden Wheeler , Charlie Crampin , Albie Simpson , Brandon Smith-Ewens					56.9		16pts

2 : 454pts : Robert Clack, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Rehan Syed	12.8		25pts	Dre Overare	13.1		23pts
100m	Kevin Uzoma-Ufomba	14.4		9pts	Emmanuel Efobi	13.6		13pts
200m	Denzel Mwash	24.0		29pts	Trevor Olaniyan	27.3		19pts
300m	Kaream Boyce-Aleskeviciu	42.6		19pts	Maxwell Holder-Black	46.0		14pts
800m	Nicholas Gjoni	2:37.4		17pts	Stephen Olaitan-Ajiboye	2:30.3		20pts
1500m					Renato Da Silva	5:07.0		20pts
Long_Jump	Denzel Mwash	4.79		19pts	Renato Da Silva	4.51		17pts
High_Jump	Trevor Olaniyan	1.41		17pts	Maxwell Holder-Black	1.32		14pts
Triple_Jump	Rehan Syed	10.50		21pts	Stephen Olaitan-Ajiboye	9.59		16pts
Pole_Vault								
Shot	Kaream Boyce-Aleskeviciu	10.28		20pts	Emmanuel Efobi	10.14		20pts
Discus	Kevin Uzoma-Ufomba	27.15		21pts	Jesse Botikali	15.71		10pts
Javelin	Nicholas Gjoni	23.70		16pts	Gabriel Euston	24.10		17pts
Hammer	Oluwaseyi Amakor	26.74		19pts				
Relay	Oluwaseyi Amakor , Gabriel Euston , Jesse Botikali , Dre Overare					55.2		19pts

3 : 448pts : St John Payne Catholic School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Sacha Kirk	13.0		24pts	Tijesunimi Oluwole	12.8		25pts
100m	Adrian Omijie	11.7		32pts	Deji Buraimoh	13.7		13pts
200m	Isaac Coleman	27.6		18pts	Toby Okonkwo	27.9		17pts
300m	Ethan McDonald	43.5		18pts	Cornilieus Blavy-Wilson	42.8		19pts
800m	Eli Mawoyo	2:29.9		20pts	Edward Delaney	2:40.1		16pts
1500m	Zachary Franklin	5:17.0		17pts	Joshua Oyetade	5:30.8		14pts
Long_Jump	Tijesunimi Oluwole	4.96		21pts	Joshua Oyetade	3.89		10pts
High_Jump	Sacha Kirk	1.32		14pts	Edward Delaney	1.44		18pts
Triple_Jump	Adrian Omijie	11.44		26pts	Toby Okonkwo	9.39		15pts
Pole_Vault								
Shot	Ethan McDonald	8.85		15pts	Deji Buraimoh	8.87		15pts
Discus	Samson Munday	19.40		13pts	Cornilieus Blavy-Wilson	22.98		17pts
Javelin	Isaac Coleman	22.60		15pts	Adam Borowy	26.90		19pts
Hammer								
Relay	Eli Mawoyo , Zachary Franklin , Samson Munday , Adam Borowy					56.2		17pts



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Junior Boys

4 : 413pts : Great Baddow High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Oliver Jones	12.4		27pts	Will Bruns	15.9		9pts
100m	Jayden Anaba	12.3		26pts	David Obeng	13.4		16pts
200m	Miguel Niewiadomski	26.0		22pts	Harry Fisher	28.6		16pts
300m	Jayden Kuhanuka	44.2		17pts	Max Dobson	42.7		19pts
800m	Noah Hammond	2:34.5		18pts	Kenneth Iloabuchi	2:34.1		18pts
1500m	Josh Humphries	4:43.0		26pts	Harry Deal	5:12.0		19pts
Long_Jump	Jayden Anaba	4.12		13pts	Harry Fisher	4.58		17pts
High_Jump	Josh Humphries	1.32		14pts	Noah Hammond	1.38		16pts
Triple_Jump	Jayden Kuhanuka	8.80		13pts	Kenneth Iloabuchi	7.36		2pts
Pole_Vault								
Shot	Oliver Jones	9.40		17pts	David Obeng	6.22		7pts
Discus	Frankie Anderson	21.72		16pts	Tobi Adayemi	22.48		16pts
Javelin	Miguel Niewiadomski	30.20		23pts	Max Dobson	21.90		14pts
Hammer								
Relay	Will Bruns , Harry Deal , Frankie Anderson , Tobi Adayemi					60.0		12pts

5 : 406pts : The Coopers Company and Coborn School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Hudson Palmer	14.0		19pts	Max Mason	15.7		10pts
100m	Henry Brown	12.7		23pts	David Brown	12.8		21pts
200m	Aidan Pettet	30.3		11pts	Lenard Nicorici	30.1		12pts
300m	Freddie Holloway	46.2		13pts				
800m	Austin Broadhurst	2:31.0		20pts	George Smith	2:34.3		18pts
1500m	George Bangs	4:36.0		28pts	Joe Sandford	4:52.0		24pts
Long_Jump	David Brown	3.51		7pts	Austin Broadhurst	4.22		14pts
High_Jump	Max Mason	1.38		16pts	George Smith	1.20		10pts
Triple_Jump	Henry Brown	9.12		14pts	Joe Sandford	9.10		14pts
Pole_Vault								
Shot	Aidan Pettet	9.35		17pts	Jake Atkinson	10.17		20pts
Discus	Barlow Assenheim-Keith	26.10		20pts	Lenard Nicorici	18.74		13pts
Javelin	Hudson Palmer	24.30		17pts	Tom Whiley	20.60		13pts
Hammer	Freddie Holloway	25.48		18pts				
Relay	George Bangs , Barlow Assenheim-Keith , Jake Atkinson , Tom Whiley					58.7		14pts

6 : 362pts : The Appleton School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles						15.2		13pts
100m	Harry Hughes	12.8		22pts	Jaydan Finn	13.8		13pts
200m	Sam Speight	27.8		18pts	Ralph Batchelor	29.1		14pts
300m	Kayden Keily	48.0		10pts	Fin Clowting	47.6		11pts
800m	Ollie Bard	2:26.6		21pts	Ayaan Tariq	2:19.9		23pts
1500m	Henry Conlan-Jones	6:21.0		5pts	Stan Watkinson	5:39.0		12pts
Long_Jump	Kayden Keily	5.07		22pts	Ayaan Tariq	4.51		17pts
High_Jump	Henry Conlan-Jones	1.26		12pts	Max Tomkins	NM		0pts
Triple_Jump					Ralph Batchelor	9.20		15pts
Pole_Vault	Harry Hughes	2.60		25pts				
Shot	Tj Harris	11.62		25pts	Matas	9.68		18pts
Discus	Sam Speight	20.68		15pts	Stan Watkinson	10.53		3pts
Javelin	Berty Buckley	16.00		9pts	Jaydan Finn	15.50		8pts
Hammer					Fin Clowting	25.07		18pts
Relay	Ollie Bard , Berty Buckley , Tj Harris , Matas					59.3		13pts



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Junior Boys  
7 : 311pts : Chelmer Valley High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Owen Morley	15.0		14pts	Billy Marney	17.1		5pts	
100m	Henry Cross	14.6		9pts	Joseph Manlow	13.6		14pts	
200m	Ronnie Jones	29.2		14pts	Oscar Irving	26.9		20pts	
300m	Sam Watson	46.2		13pts	Samuel Stewart	49.2		8pts	
800m	Charlie McCall	2:33.1		19pts	Joseph Roig	2:48.0		14pts	
1500m	James Davies	5:20.7		16pts	Joshua Taylor	5:46.0		11pts	
Long_Jump	Oscar Irving	3.71		9pts	Billy Marney	4.59		17pts	
High_Jump	Sam Watson	1.32		14pts	Joseph Manlow	1.40		16pts	
Triple_Jump	Ronnie Jones	8.94		13pts	James Davies	8.30		10pts	
Pole_Vault									
Shot	Albert Mann	7.81		12pts	Owen Morley	6.26		7pts	
Discus	George Ahearne	20.59		15pts	Samuel Stewart	16.14		10pts	
Javelin	Charlie McCall	14.20		7pts	Joseph Roig	18.50		11pts	
Hammer									
Relay	George Ahearne , Joshua Taylor , Henry Cross , Albert Mann						60.0		13pts

8 : 307pts : New Hall School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Dylan Merrill	17.9		2pts	Theo Portlock	17.5		4pts	
100m	Jack Armbruster	13.6		13pts	Carlos Shadwell	13.9		12pts	
200m	Dominic O'Hara	28.1		17pts	Harry Hall	30.6		10pts	
300m	Rohan Lyle-Singh	53.6		4pts	Felix Adams	44.1		17pts	
800m	Elliot Downes	2:35.9		18pts	Asher Carty-Peters	2:37.9		17pts	
1500m	David Mikolajczyk	5:18.4		17pts	Dominic Bisoni	5:53.0		9pts	
Long_Jump	David Mikolajczyk	4.07		12pts	Felix Adams	4.21		14pts	
High_Jump	Dominic O'Hara	1.35		15pts	Elliot Downes	1.23		11pts	
Triple_Jump	Asher Carty-Peters	9.43		16pts	Iyin Sofola	7.25		1pts	
Pole_Vault									
Shot	Rohan Lyle-Singh	10.13		20pts	Louis Kinch	9.08		16pts	
Discus	Carlos Shadwell	22.45		16pts	Dylan Merrill	14.75		9pts	
Javelin	Jack Armbruster	19.90		12pts	Dominic Bisoni	18.20		11pts	
Hammer									
Relay	Theo Portlock , Harry Hall , Louis Kinch , Iyin Sofola						58.6		14pts

9 : 301pts : The Boswells School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Ethan Field	15.8		10pts	Archie Marshall	15.6		11pts	
100m	Tyler Allen	15.0		6pts	Emmanuel Ankrah	12.4		26pts	
200m	Ala Rasoli	29.5		13pts	Joel Adedayo	28.3		16pts	
300m	Max Locke-Wheaton	56.4		1pts	Bradley Lawrence	48.7		9pts	
800m	Milo Arain	2:55.6		11pts	Jasper Dearden	2:55.7		11pts	
1500m	Freddie Capon	5:26.0		15pts	Luka Lefkaditis	5:25.5		15pts	
Long_Jump	Felix Lo	4.52		17pts	Joel Adedayo	3.48		6pts	
High_Jump	Tyler Allen	1.32		14pts	Rio Grayston	1.26		12pts	
Triple_Jump	Max Locke-Wheaton	9.44		16pts	Archie Marshall	10.23		20pts	
Pole_Vault									
Shot	Freddie Capon	5.55		4pts	Jasper Dearden	5.57		4pts	
Discus	Luka Lefkaditis	15.55		10pts	Emmanuel Ankrah	18.79		13pts	
Javelin	Ala Rasoli	17.80		10pts	Bradley Lawrence	24.60		17pts	
Hammer									
Relay	Milo arain , Ethan Field , Rio Grayston , Felix Lo						58.6		14pts



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Junior Boys

10 : 296pts : Saffron Walden County High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Antoni Bugai	15.6		11pts				
100m	Henry Allen	13.4		16pts	Reuben Hill	13.5		15pts
200m	Karter Blair	29.6		13pts	Zach Gunn	30.2		12pts
300m	Charley Holland	44.4		16pts	Robbie Fraser	44.6		16pts
800m	Henry McIntyre	2:58.7		10pts	Tim Gilbert	2:42.1		16pts
1500m	Freddie Cockburn	5:05.0		20pts	Rory Pelling	5:13.0		18pts
Long_Jump								
High_Jump	Robbie Fraser	1.35		15pts	Andrew Rapkin	1.41		17pts
Triple_Jump	Charley Holland	8.46		11pts	Antoni Bugai	8.31		10pts
Pole_Vault								
Shot	Freddie Cockburn	6.50		8pts	Billy Bissett	9.63		18pts
Discus	Tim Gilbert	14.82		9pts				
Javelin	Henry McIntyre	23.80		16pts	Rory Pelling	21.30		14pts
Hammer								
Relay	Andrew Rapkin , Zach Gunn , Karter Blair , Billy Bissett					58.2		15pts

11 : 275pts : Moulsham High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ethan Gardner	15.8		10pts	Tom Collins	15.8		10pts
100m	Finnley Garcia-Leaks	13.5		15pts	Lucas Batt	13.7		13pts
200m	Charlie Bower	29.7		13pts	Tom Pryke	30.2		12pts
300m	Joe Poyton-Burrell	45.1		15pts	Dawid Blokowski	47.7		11pts
800m	Alex Wibberley	3:12.0		6pts	Toby Sainsbury	2:41.3		16pts
1500m	Milo Godwin	5:22.3		16pts	Toby Stothard	5:39.9		12pts
Long_Jump	Charlie Bower	3.36		5pts	Lucas Batt	3.87		10pts
High_Jump	Milo Godwin	1.32		14pts	Toby Sainsbury	NM		0pts
Triple_Jump	Joe Poyton-Burrell	9.62		17pts	Dawid Blokowski	9.07		14pts
Pole_Vault								
Shot	Finnley Garcia-Leaks	6.78		8pts	Alex Bragaru	8.10		13pts
Discus	Ethan Gardner	16.60		11pts	Obaloluwa Abegunde	18.56		13pts
Javelin	Alex Wibberley	12.00		5pts	Tom Pryke	6.90		0pts
Hammer								
Relay	Toby Stothard , Obaloluwa Abegunde , Alex Bragaru , Tom Collins					57.4		16pts



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Junior Girls

1 : 417pts : The Eastwood Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Rosie Mower	13.4		22pts	Tia Leaver	13.0		23pts
100m	Evie Laing	13.4		25pts	Anna Higgins	14.1		18pts
200m	Elsie Burrell	27.7		25pts	Ava Kench	30.9		14pts
300m	Isla Haslett	47.8		17pts	Florence Taylor	46.6		19pts
800m	Imogen Hurst	2:46.9		22pts	Phoebe Coleman	2:49.4		21pts
1500m	Lilla Noreika	5:43.4		22pts	Delilah Eastwood	5:34.1		24pts
Long_Jump	Evie Laing	4.38		19pts	Anna Higgins	4.05		15pts
High_Jump	Isla Haslett	1.38		20pts	Tia Leaver	1.41		21pts
Triple_Jump								
Pole_Vault	Rosie Mower	2.20		24pts				
Shot	Elsie Burrell	6.87		15pts	Phoebe Coleman	6.45		13pts
Discus	Lilla Noreika	18.82		18pts				
Javelin		NM		0pts		NM		0pts
Hammer								
Relay	Ava Kench , Florence Taylor , Imogen Hurst , Delilah Eastwood					58.7		20pts

2 : 404pts : The Coopers Company and Coborn School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Brooke Lavey	12.8		24pts	Edie Smith	15.2		13pts
100m	Esther Olajide	13.6		23pts				
200m	Ava McMillan	28.0		24pts	Betsy Morrow	29.3		20pts
300m	Mari Stander	46.8		19pts	Isla Spears	48.1		17pts
800m	Aria Sabado	2:33.8		26pts	Issy Roch	2:39.5		24pts
1500m	Mia Wilson	5:25.9		25pts	Eden Sloan	5:25.6		25pts
Long_Jump	Ava McMillan	4.45		20pts		NM		0pts
High_Jump	Esther Olajide	1.32		18pts	Edie Smith	1.29		17pts
Triple_Jump								
Pole_Vault								
Shot	Betsy Morrow	7.90		20pts	Brooke Lavey	7.45		18pts
Discus	Mari Stander	13.40		11pts	Mia Wilson	14.01		12pts
Javelin	Keira Attwood-Kelly	19.38		18pts	Issy Roch	15.07		13pts
Hammer								
Relay	Keira Attwood-Kelly , Aria Sabado , Isla Spears , Eden Sloan					61.0		17pts

3 : 372pts : St Bernard's High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Sophia Thomas	16.5		9pts	Lillyana Fordham	14.9		14pts
100m	Kaitlyn Addo-boateng	14.0		19pts				
200m	Michelle Chukwuke	29.8		18pts	Lucia Radley	29.0		21pts
300m	Niamh Jones	48.3		16pts				
800m	Chloe Connolly	2:46.0		22pts	Makaylah Lyanda	2:55.4		19pts
1500m	Rosa Manzyukova	5:50.9		21pts	Abigail Cauchi	5:58.9		20pts
Long_Jump	Michelle Chukwuke	3.60		11pts		NM		0pts
High_Jump	Niamh Jones	1.35		19pts	Lucia Radley	1.26		16pts
Triple_Jump								
Pole_Vault								
Shot	Kaitlyn Addo-boateng	6.85		15pts	Kosi Opara	8.44		23pts
Discus	Lillyana Fordham	23.35		24pts	Iona Phillips	21.98		22pts
Javelin	Chloe Connolly	21.92		22pts	Rosa Manzyukova	17.00		15pts
Hammer	Sophia Thomas	19.03		15pts				
Relay	Abigail Cauchi , Iona Phillips , Kosi Opara , Makaylah Lyanda					64.8		11pts



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Junior Girls

4 : 372pts : Chelmsford County High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Camilla Maclachlan	13.9		19pts				
100m	Eni-Zoe Saiki	13.4		24pts	Sofia Uddin	16.0		7pts
200m	Haneefah Bello	28.7		22pts	Hannah Yeboah	31.0		14pts
300m	Imogen Oldnall	49.0		15pts	Eliza Woodward	49.0		15pts
800m	Isobel McLennan	2:54.2		19pts				
1500m	Madison Kindler	4:48.5		33pts	Camilla White	5:41.0		23pts
Long_Jump	Eni-Zoe Saiki	3.53		10pts	Camilla White	4.26		18pts
High_Jump	Isobel McLennan	1.23		15pts	Eliza Woodward	1.32		18pts
Triple_Jump								
Pole_Vault								
Shot	Haneefah Bello	6.80		15pts	Hannah Yeboah	6.34		13pts
Discus	Camilla Maclachlan	14.83		13pts	Obianuju Nsoedo	18.95		18pts
Javelin	Imogen Oldnall	21.33		21pts	Alex Rowe-Goodey	23.70		24pts
Hammer								
Relay	Obianuju Nsoedo , Madison Kindler , Sofia Uddin , Alex Rowe-Goodey					61.7		16pts

5 : 331pts : Robert Clack, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles					Valley Shally	15.8		11pts
100m	Dorcas Oyetunji	15.6		9pts	Nicole Nwanke	14.1		18pts
200m	Martha Boateng	32.3		10pts	Lily Oyewunmi	30.3		16pts
300m	Durga Abegunde	48.1		17pts	Mariama Barnes	50.8		13pts
800m	Dominyka Petrauskaite	2:59.0		18pts	Isabella Kaciulis	2:50.6		21pts
1500m	Princy Patel	6:31.9		14pts				
Long_Jump	Durga Abegunde	4.12		16pts	Valley Shally	3.76		12pts
High_Jump	Dominyka Petrauskaite	1.38		20pts	Isabella Kaciulis	1.32		18pts
Triple_Jump								
Pole_Vault								
Shot	Dorcas Oyetunji	6.22		12pts	Nicole Nwanke	8.90		25pts
Discus					Lily Oyewunmi	22.46		23pts
Javelin	Megija Racina	12.18		9pts		NM		0pts
Hammer	Martha Boateng	18.64		14pts	Sharon Betu	24.90		20pts
Relay	Mariama Barnes , Megija Racina , Princy Patel , Sharon Betu					61.9		15pts

6 : 322pts : Great Baddow High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lilly-Rose Dickinson	14.1		18pts	Mia Chapman	17.7		5pts
100m	Maisie Lonsdale	15.0		12pts	Ava Collins	15.4		10pts
200m	Evie Darke	30.9		14pts	Darcey Radley	29.6		19pts
300m								
800m	Georgia Matthews	2:34.2		26pts	Brooke Nowell	2:50.3		21pts
1500m	Mia Lawes	5:20.5		26pts	Emily Collins	5:56.4		20pts
Long_Jump	Georgia Matthews	3.36		8pts	Ava Collins	3.70		12pts
High_Jump	Brooke Nowell	1.23		15pts	Mia Chapman	1.26		16pts
Triple_Jump								
Pole_Vault								
Shot	Lilly-Rose Dickinson	6.02		12pts	Maisie Lonsdale	7.44		18pts
Discus	Maddie Moss	18.00		17pts	Isla Silk	13.36		11pts
Javelin	Mia Lawes	17.83		16pts	Emily Collins	14.82		12pts
Hammer								
Relay	Evie Darke , Darcey Radley , Maddie Moss , Isla Silk					62.9		14pts



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**Junior Girls**

**7 : 321pts : St John Payne Catholic School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Omosalewa OJEDIRAN	15.7		11pts	Agnese Iorio	13.9		19pts
100m	Klaudia Bochonek	14.7		13pts	Kamdi Ezeoke	15.0		11pts
200m	Jess Garcia	28.3		23pts	Lois Rutter	30.1		17pts
300m	Florence Phipps	47.4		18pts	Scarlett Danson	48.4		16pts
800m					Katie Wiseman	3:04.9		16pts
1500m	Eleanor Sheehan	5:53.6		21pts	Annabelle Morden	5:38.7		23pts
Long_Jump	Jess Garcia	3.71		12pts	Scarlett Danson	3.76		12pts
High_Jump	Omosalewa OJEDIRAN	1.20		14pts	Annabelle Morden	NM		0pts
Triple_Jump								
Pole_Vault								
Shot	Grace Oternubi	5.88		11pts	Kamdi Ezeoke	8.23		22pts
Discus	Eleanor Sheehan	9.66		6pts				
Javelin	Florence Phipps	25.43		26pts	Lois Rutter	16.21		14pts
Hammer								
Relay	Grace Oternubi , Klaudia Bochonek , Agnese Iorio , Katie Wiseman					61.4		16pts

**8 : 316pts : New Hall School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lilli Lee	12.9		24pts	Felicity Hall	14.5		16pts
100m	Morin Adenuga	13.2		26pts	Scarlett George	15.3		10pts
200m	Naimah Taiwo	27.5		26pts	Eva Sugden	32.3		10pts
300m								
800m	Willow Bruce	2:37.8		25pts	Isabelle Bates	2:53.2		20pts
1500m	Isabelle Bazely	6:25.6		15pts	Meredith Calderwood	6:07.1		18pts
Long_Jump	Naimah Taiwo	3.43		9pts	Natalya Simpson	3.54		10pts
High_Jump	Morin Adenuga	1.29		17pts	Eva Sugden	1.23		15pts
Triple_Jump								
Pole_Vault								
Shot	Deanna Akinwande	6.55		13pts	Scarlett George	6.03		12pts
Discus	Isabelle Bates	12.76		10pts	Willow Bruce	10.89		7pts
Javelin	Isabelle Bazely	9.28		5pts	Lilli Lee	14.82		12pts
Hammer								
Relay	Meredith Calderwood , Felicity Hall , Natalya Simpson , Deanna Akinwande					61.2		16pts

**9 : 305pts : Saffron Walden County High School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Clara Changer	15.4		12pts				
100m	Rosa Brackstone	14.4		15pts	Lottie Kourentis	14.8		12pts
200m	Annie Thacker	29.8		18pts	Lana King	31.6		12pts
300m	Rose Norman	48.9		15pts	Emma Hill	52.3		11pts
800m	Erin Morrow	2:37.2		25pts	Phoebe Harris	2:54.5		19pts
1500m	Mary Maguire	5:41.8		23pts	Charlotte Noakes	6:02.0		19pts
Long_Jump	Mary Maguire	4.19		17pts	Lottie Kourentis	3.55		10pts
High_Jump	Emma Hill	1.14		12pts	Rosa Brackstone	1.35		19pts
Triple_Jump								
Pole_Vault								
Shot	Phoebe Harris	5.70		11pts		NM		0pts
Discus	Rose Norman	11.08		8pts	Annie Thacker	9.61		6pts
Javelin	Charlotte Noakes	12.98		10pts	Martha Hartley	18.10		17pts
Hammer								
Relay	Erin Morrow , Clara Changer , Martha Hartley , Lana King					63.0		14pts



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Junior Girls

10 : 299pts : The Boswells School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Phoebe Emerson	13.8		20pts				
100m	Lexi-Mae Muhita	15.7		8pts	Emer Scullion	14.6		13pts
200m	Evie Morgan	32.7		9pts	Keava John	33.6		7pts
300m					Flo Edwards	48.4		16pts
800m	Emmy Dearden	2:55.4		19pts	Lilah Kyriacos	3:10.9		14pts
1500m	Charlotte Harris	6:50.6		11pts	Alannah Goodhall	6:02.7		19pts
Long_Jump	Flo Edwards	3.96		14pts	Emer Scullion	3.38		8pts
High_Jump	Phoebe Emerson	1.32		18pts	Keava John	1.32		18pts
Triple_Jump								
Pole_Vault								
Shot	Lexi-Mae Muhita	6.21		12pts	Summer Ward	6.16		12pts
Discus	Emmy Dearden	12.16		9pts	Ella-Rose Scott-Horne	18.65		18pts
Javelin	Evie Morgan	28.53		29pts	Lilah Kyriacos	15.45		13pts
Hammer								
Relay	Summer Ward , Camille Berquez , Charlotte Harris , Alannah Goodhall					64.4		12pts

11 : 249pts : Moulsham High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Freya Kirkham	15.8		11pts	Madeleine Lockwood	17.5		6pts
100m	Amy Restarick	14.5		14pts	Mia Crook	16.1		6pts
200m	Eadie Hobday	31.6		12pts	Philippa Sheriff	34.9		5pts
300m	Karina Protsenko	48.9		15pts	Esmee Kitson	49.9		14pts
800m	Emily Borella	2:42.0		24pts	Grace Chambers	3:15.4		12pts
1500m	Abi Tilley	5:38.6		23pts	Jessica Hobson	5:29.8		25pts
Long_Jump	Mia Crook	3.10		6pts	Esmee Kitson	3.72		12pts
High_Jump	Karina Protsenko	1.26		16pts	Emily Borella	1.14		12pts
Triple_Jump								
Pole_Vault								
Shot	Amy Restarick	4.60		7pts	Eadie Hobday	3.65		4pts
Discus	Abi Tilley	12.86		10pts				
Javelin		NM		0pts	Madeleine Lockwood	9.40		5pts
Hammer								
Relay	Philippa Sheriff , Jessica Hobson , Freya Kirkham , Grace Chambers					65.9		10pts

12 : 246pts : Chelmer Valley High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Sienna Pointer	16.4		9pts	Lottie Jallow	17.1		7pts
100m	Michelle Olaketo	14.4		15pts	Tilly Carter	14.8		12pts
200m	Cara Dunbar	33.6		7pts	Lainey Kochen	30.5		16pts
300m	Amelia Wright	47.9		17pts	Arwen Griffiths	51.5		12pts
800m		3:01.6		17pts				
1500m		7:05.8		9pts				
Long_Jump	Lainey Kochen	3.39		8pts	Arwen Griffiths	3.68		11pts
High_Jump	Amelia Wright	1.35		19pts	Lottie Jallow	1.17		13pts
Triple_Jump								
Pole_Vault								
Shot	Michelle Olaketo	6.31		13pts	Isabella Rosam	6.31		13pts
Discus	Sienna Pointer	15.35		13pts	Katherine Watson	10.90		7pts
Javelin	Tilly Carter	9.11		5pts	Isabella Rolls	9.40		5pts
Hammer								
Relay	Katherine Watson , Ava Seward , Cara Dunbar , Isabella Rosam					60.2		18pts



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Junior Girls

13 : 213pts : The Cornelius Vermuyden School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Brooke Dellar	16.4		9pts	Alysia Pearson	18.0		4pts
100m	Freshta Muhammed	15.8		8pts	Antonette Nkwanda	17.6		0pts
200m	Hailey Sibanda	28.0		24pts	Violet Hanby	35.7		3pts
300m	Summer Page	47.7		17pts				
800m	Hollie Gerrish	3:45.4		2pts	Kayleigh Dellar	2:53.9		20pts
1500m								
Long_Jump	Hailey Sibanda	3.92		14pts	Faith Jones	2.74		2pts
High_Jump	Summer Page	1.23		15pts	Alysia Pearson	1.05		9pts
Triple_Jump								
Pole_Vault								
Shot	Hollie Gerrish	5.65		10pts	Antonette Nkwanda	7.43		18pts
Discus	Erin Griffiths	14.20		12pts	Violet Hanby	13.27		11pts
Javelin	Baylee Pamphillon	19.42		18pts	Kayleigh Dellar	11.18		7pts
Hammer	Brooke Dellar	15.02		10pts				
Relay	Baylee Pamphillon , Freshta Muhammed , Erin Griffiths , Faith Jones					76.1		0pts



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Intermediate Boys  
1 : 499pts : The Eastwood Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Harvey Anteh	12.7		21pts	Luis Shepherd	12.2		24pts
100m	Cameron Nevill-Blaize	11.2		31pts				
200m	Jacob Shrimpton	26.6		15pts	Sam Munday	25.0		20pts
300m	George Twist	41.9		16pts	Noah Marklew	39.3		23pts
800m	Arun Panchal	2:17.2		20pts	Harry Buttifant	2:07.3		25pts
1500m	Caidon Ali	4:37.6		22pts	Noah Tundervary	4:43.9		21pts
Long_Jump	Cameron Nevill-Blaize	5.56		20pts	Sam Munday	5.15		16pts
High_Jump	Harvey Anteh	1.47		15pts	Noah Marklew	1.56		18pts
Triple_Jump	Arun Panchal	11.38		18pts	Luis Shepherd	9.91		11pts
Pole_Vault	Josh High	4.35		32pts	Caidon Ali	2.60		19pts
Shot								
Discus	George Twist	30.23		21pts	Noah Tundervary	21.65		13pts
Javelin	Tom Buscombe	40.89		21pts	Rhian Martinez	35.09		17pts
Hammer	Ben Pacey	31.78		19pts				
Relay	Harry Buttifant , Tom Buscombe , Ben Pacey , Rhian Martinez					50.2		21pts

2 : 437pts : Brentwood School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Nile Grandison	12.1		24pts	Tom Roome	15.0		9pts
100m	Fawwaz Adeboye	11.3		30pts	Rob Dewar	12.4		19pts
200m	Jesse Epstein	25.7		18pts	Leo Lorraine	24.5		22pts
300m	Sam Redgrave	41.7		17pts	Jojo Faleye	39.0		24pts
800m	Charlie McCluskey	2:18.3		20pts	Ben Usher-Tollen	2:25.8		17pts
1500m	Feargus Addicott	4:52.1		19pts				
Long_Jump	James Folan	5.49		19pts				
High_Jump	Leo Lorraine	1.53		17pts	Tom Roome	1.50		16pts
Triple_Jump	Fawwaz Adeboye	11.87		21pts	Jojo Faleye	11.09		17pts
Pole_Vault								
Shot	Jesse Epstein	10.78		18pts	Rob Dewar	9.20		13pts
Discus	Sam Redgrave	27.46		18pts	Noah Olafemi	26.23		17pts
Javelin	Feargus Addicott	27.56		12pts	Ben Usher-Tollen	23.52		9pts
Hammer	Marius Mereacre	24.70		14pts	Nile Grandison	21.08		11pts
Relay	James Folan , Noah Olafemi , Charlie McCluskey , Marius Mereacre					52.7		16pts

3 : 436pts : The Coopers Company and Coborn School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Baris Muratoglu	12.5		22pts	Oliver Cambridge	12.8		20pts
100m	Teddy Monk	11.9		24pts	Dylan Fox	13.0		12pts
200m	Nicky Mulholland	26.1		17pts	Matai Milner	25.4		19pts
300m	Jayden Wilkinson	38.9		24pts	Reggie Marshall	39.5		22pts
800m	Tommy Ferrieria	2:17.9		20pts	Matthew Mia	2:17.7		20pts
1500m	Orly Morton	4:37.2		22pts	Jamie Pink	5:22.8		13pts
Long_Jump	Jayden Wilkinson	5.56		20pts	Matai Milner	5.16		16pts
High_Jump	Ewan Lowrie	1.56		18pts	Orly Morton	NH		0pts
Triple_Jump	Dylan Fox	10.00		12pts	Oliver Cambridge	10.81		16pts
Pole_Vault								
Shot	Theo Laronde	12.26		23pts	Jamie Pink	9.02		12pts
Discus	Reggie Marshall	24.88		16pts	Matthew Mia	21.37		12pts
Javelin	Baris Muratoglu	35.34		17pts	Ethan Johnson	36.50		18pts
Hammer								
Relay	Ethan Johnson , Tommy Ferrieria , Ewan Lowrie , Teddy Monk					49.8		21pts



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Intermediate Boys  
4 : 424pts : The Appleton School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Chase Eaton	13.6		17pts	Sidney Turner-Brown	12.5		22pts
100m	Stan Sycamore	12.4		19pts	Dj Wensley	12.4		19pts
200m	Aaron Amobi	26.2		16pts	Taylor Raymond	26.4		16pts
300m	Ahmed Taha	41.6		17pts	Michael Akinlade	40.3		20pts
800m	Cheeran	2:22.2		18pts	Louis Hambleton	2:25.0		18pts
1500m	Templeton Spreadborough	5:19.6		14pts				
Long_Jump	Stan Sycamore	5.25		17pts	Cheeran	4.46		9pts
High_Jump	Chase Eaton	1.59		19pts	Taylor Raymond	1.50		16pts
Triple_Jump	Aaron Amobi	10.31		13pts	Michael Akinlade	11.55		19pts
Pole_Vault								
Shot	Dj Wensley	10.25		16pts		10.54		17pts
Discus		31.67		23pts		27.67		19pts
Javelin	Templeton Spreadborough	33.32		16pts	Sidney Turner-Brown	32.65		15pts
Hammer	Ahmed Taha	23.90		13pts				
Relay	Lewis Jones , Josh Ramsey , Danny Sullivan , Louis Hambleton					53.1		16pts

5 : 421pts : St John Payne Catholic School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Archie Booth	12.7		21pts	Jake Read	12.0		25pts
100m	Justin Adrada	12.4		19pts	Jeremiah Oyetunde	12.2		21pts
200m	Benji Ejionye	24.7		21pts	Nathan Okonkwo	25.7		18pts
300m	Zachary Ikharebore	39.1		23pts	Martim Pereira	41.2		18pts
800m	Tyson Aldrin-Parkes	2:38.6		13pts	Joseph Delaney	2:05.4		26pts
1500m	Jack Northwood	4:36.9		22pts	Ronald Harrison	5:25.3		12pts
Long_Jump	Zachary Ikharebore	4.43		9pts	Justin Adrada	5.09		15pts
High_Jump	Tyson Aldrin-Parkes	1.68		22pts	Jake Read	1.77		25pts
Triple_Jump	Benji Ejionye	11.98		21pts	Joseph Delaney	10.29		13pts
Pole_Vault								
Shot	Leo Jones-Robinson	7.90		9pts	Jeremiah Oyetunde	9.03		12pts
Discus	Jack Northwood	21.86		13pts	Nathan Okonkwo	NM		0pts
Javelin	Archie Booth	27.53		12pts	Samuel Ogunpie	35.57		17pts
Hammer								
Relay	Martim Pereira , Ronald Harrison , Leo Jones-Robinson , Samuel Ogunpie					54.2		14pts

6 : 388pts : The Beaulieu Park School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Vinnie Cole	16.6		1pts	Ben Evans	16.7		1pts
100m	Josh Laybourn	11.9		23pts	Noah Kalema	11.8		25pts
200m	Josh Samuels	24.7		21pts	Hugo Allison	24.7		21pts
300m	Jack Bodell	44.2		12pts	Ellis Walker	40.1		21pts
800m	Khaya Fakazi	2:15.0		21pts	Josh Hurd	2:18.9		20pts
1500m	Freddie Johnson	5:16.1		14pts	Zac Johnson	4:42.1		21pts
Long_Jump	Freddie Johnson	4.60		11pts	Josh Laybourn	4.60		11pts
High_Jump	Vinnie Cole	1.41		13pts	Noah Kalema	1.65		21pts
Triple_Jump	Jack Bodell	10.86		16pts	Zac Johnson	10.29		13pts
Pole_Vault								
Shot	Joseph Glenister	9.46		14pts	Josh Hurd	9.60		14pts
Discus	Josh Samuels	24.72		16pts	Ellis Walker	23.47		14pts
Javelin	Freddie Jones	26.69		11pts	Ben Evans	27.05		12pts
Hammer								
Relay	Khaya Fakazi , Hugo Allison , Joseph Glenister , Freddie Jones					49.9		21pts



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Intermediate Boys  
7 : 372pts : The Boswells School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Kologn Barrie	12.5		22pts	Andrei Radu	12.9		20pts	
100m	Connor Boe	12.8		15pts	Des Ubong	12.6		16pts	
200m	Ajmal Awan	25.5		19pts	Dillan Sutterby	27.3		12pts	
300m	Will Morgan	45.4		9pts	Jack Penfold	43.4		13pts	
800m	Toby O'Donnell	2:28.3		16pts	Freddie Rea	2:30.2		16pts	
1500m	David Suculiuc	4:56.2		18pts	Daniel Pollard	4:27.9		24pts	
Long_Jump	Connor Boe	4.52		10pts	Des Ubong	5.15		16pts	
High_Jump	Toby O'Donnell	1.44		14pts	Jack Penfold	1.38		12pts	
Triple_Jump	Ajmal Awan	10.77		15pts	Kologn Barrie	11.79		20pts	
Pole_Vault									
Shot	David Suculiuc	9.28		13pts	Will Maunder	7.12		6pts	
Discus	Will Morgan	26.18		17pts	Isaac Nicholas	22.36		13pts	
Javelin	Dillan Sutterby	26.66		11pts	Freddie Rea	14.95		3pts	
Hammer									
Relay	Will Maunder , Andrei Radu , Daniel Pollard , Isaac Nicholas						49.3		22pts

8 : 360pts : Great Baddow High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Jake Ellis	12.6		22pts	Luke Hart	14.7		11pts	
100m	Fabio Lena	12.7		15pts	Evan Green	12.4		19pts	
200m	Dan Ennis	24.6		22pts	Remi Gouveia	27.1		13pts	
300m	Jakub Skamla	39.3		23pts	Dan Cousins	43.3		13pts	
800m	Finn Mulholland	2:25.3		17pts	Thomas Ashby	2:32.7		15pts	
1500m					Alex Bradburn	5:01.9		17pts	
Long_Jump	Fabio Lena	4.63		11pts	Jakub Skamla	4.45		9pts	
High_Jump	Thomas Mills	NM		0pts	Will Edwards	1.59		19pts	
Triple_Jump	Finn Mulholland	11.70		20pts	Dan Cousins	10.23		13pts	
Pole_Vault									
Shot	Evan Green	12.41		24pts	Thomas Ashby	7.70		8pts	
Discus	Dan Ennis	19.28		10pts	Jeff Efosa-Agho	23.59		15pts	
Javelin	Jake Ellis	28.45		12pts	Remi Gouveia	33.50		16pts	
Hammer									
Relay	Luke Hart , Alex Bradburn , Jeff Efosa-Agho , Will Edwards						53.2		16pts

9 : 360pts : New Hall School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Joseph Mikolajczyk	12.1		24pts	Luke Armbruster	12.5		22pts	
100m	Ed Porter	11.7		25pts	Akinyemi Aina	12.1		22pts	
200m	Lucas Terry	27.8		11pts	Alex Banthorpe	25.3		19pts	
300m	Rafael Araujo Low	58.4		0pts	Kaden Lewis	42.7		14pts	
800m	Francis Bisoni	2:43.0		11pts	Oliver Norman	2:27.1		17pts	
1500m	Fred Ferman	4:29.5		24pts	Thomas Hall	5:31.0		11pts	
Long_Jump	Alex Banthorpe	5.07		15pts	Kaden Lewis	4.90		14pts	
High_Jump	Hudson Sando	1.35		11pts	Thomas Hall	1.38		12pts	
Triple_Jump	Joseph Mikolajczyk	11.37		18pts	Rafael Araujo Low	10.50		14pts	
Pole_Vault									
Shot	Akinyemi Aina	4.63		0pts	Ed Porter	8.45		10pts	
Discus	Lucas Terry	20.72		12pts	Alex Tiffen	17.58		9pts	
Javelin	Luke Armbruster	34.18		16pts	Fred Ferman	16.05		4pts	
Hammer									
Relay	Alex Tiffen , Oliver Norman , Hudson Sando , Francis Bisoni						56.8		11pts



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Intermediate Boys  
10 : 332pts : Chelmer Valley High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Jacob Thorpe	17.6		0pts	Jacob Mitchell	14.4		13pts
100m	Alakarborne Turay	12.5		18pts	Edward Clout	12.2		21pts
200m	Emmanuel Oseghale	26.2		16pts	Jimmy Mixture	27.0		13pts
300m	Caden Tunbridge	43.5		13pts	Jake Ridgwell	41.7		17pts
800m	Xavier Millar	2:26.9		17pts	Reece Burton	2:27.7		17pts
1500m	Luke Webb	4:34.8		23pts	Tylar Jennings	5:03.4		17pts
Long_Jump	Alexander Gazzard	4.77		12pts	Jake Ridgwell	NM		0pts
High_Jump	Jacob Thorpe	1.23		7pts	Tylar Jennings	1.29		9pts
Triple_Jump	Alakarborne Turay	11.64		20pts	Reece Burton	10.70		15pts
Pole_Vault								
Shot	Xavier Millar	8.72		11pts	Jimmy Mixture	8.64		11pts
Discus	Jamal Sanyaolu	22.82		14pts	Jacob Mitchell	19.72		11pts
Javelin	Caden Tunbridge	18.19		6pts	Edward Clout	27.35		12pts
Hammer								
Relay	Jamal Sanyaolu , Luke Webb , Emmanuel Oseghale , Alexander Gazzard					51.4		19pts

11 : 329pts : Saffron Walden County High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Jago Marchant	13.8		16pts	Oliver Lethaby	13.2		18pts
100m						11.9		23pts
200m	Max Kellett	24.8		21pts				
300m	Charlie Hornigold	42.1		16pts	Connor Mone	41.4		17pts
800m	Cole Robles-Dewey	2:20.8		19pts	Freddie Watts	2:34.2		14pts
1500m	Andrew De koning	4:30.4		23pts				
Long_Jump	George Porter	5.50		20pts	Max Kellett	4.91		14pts
High_Jump					Albie Downham-Smith	1.44		14pts
Triple_Jump	Jago Marchant	10.48		14pts	Luca Marriott	10.97		16pts
Pole_Vault								
Shot	Freddie Watts	9.17		13pts	Charlie Hornigold	8.60		11pts
Discus	Connor Mone	19.62		11pts	Oliver Lethaby	20.58		12pts
Javelin	Ashdon Addison	37.11		18pts				
Hammer								
Relay	Andrew De koning , Luca Marriott , Cole Robles-Dewey , Ashdon Addison					51.4		19pts

12 : 325pts : The Cornelius Vermuyden School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Jabari Sandy	14.4		13pts				
100m	Richard Adams	12.0		23pts				
200m	Alfie Buckingham	25.8		17pts	Reggie Buckingham	25.8		18pts
300m	Thomas Crumpton	39.4		23pts				
800m	Ashton Blake	2:28.9		16pts				
1500m		4:49.1		20pts	Joseph Princiotto-Halls	4:59.1		18pts
Long_Jump	Richard Adams	5.93		24pts				
High_Jump					Jabari Sandy	1.59		19pts
Triple_Jump	Alfie Buckingham	10.28		13pts	Joseph Princiotto-Halls	10.66		15pts
Pole_Vault								
Shot	Tyler Barringer	10.42		17pts				
Discus	Thomas Crumpton	23.23		14pts	Reggie Buckingham	18.84		10pts
Javelin	Drake Smith-Watkins	32.23		15pts	Louis Bushell	33.78		16pts
Hammer	Ashton Blake	19.53		9pts	George Robertson	19.98		9pts
Relay	Tyler Barringer , Louis Bushell , Drake Smith-Watkins , George Robertson					53.1		16pts



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Intermediate Boys  
13 : 305pts : Moulsham High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Harry Collins	12.6		22pts	Ellis Knivett	16.5		2pts
100m	Alfie Conroy	13.4		9pts	James Donoghue	13.9		7pts
200m	Ben Heinz	25.1		20pts	Frankie Cook	28.1		10pts
300m					Edan Mullet	41.4		18pts
800m	Kallum Johnson-Burke	2:46.2		10pts	Luca Martin	2:28.4		16pts
1500m	Matteo Bose	4:59.9		18pts	Hugh Gardner	5:47.1		8pts
Long_Jump	Matteo Bose	4.21		7pts	Edan Mullet	5.11		16pts
High_Jump	Ben Heinz	1.41		13pts				
Triple_Jump	Kasper Nielsen	9.00		7pts	Jack Egan	10.49		14pts
Pole_Vault								
Shot	James Donoghue	12.58		24pts	Frankie Cook	9.90		15pts
Discus	Harry Collins	16.53		8pts	Alfie Conroy	26.00		17pts
Javelin	Kallum Johnson-Burke	30.48		14pts	Luca Martin	28.47		12pts
Hammer								
Relay	Jack Egan , Kasper Nielsen , Hugh Gardner , Ellis Knivett							
						51.7		18pts



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Intermediate Girls

1 : 571pts : The Coopers Company and Coborn School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Alice Watts	12.7		23pts	Isabelle James	13.2		21pts
100m	Tomi Ojelowo	13.5		21pts	Dulce Smith-Rodriguez	14.1		15pts
200m	Cleo Drake	26.0		27pts	Poppy Dent-Jones	27.8		21pts
300m	Annabella Drake	42.1		27pts	Faith Franklin	43.4		24pts
800m	Jasmine Asmal	2:30.5		25pts	Jessica Page	2:31.2		25pts
1500m	Summer Smith	4:35.0		34pts	Orla Friel	5:00.0		28pts
Long_Jump	Cleo Drake	4.77		21pts	Alice Watts	4.28		16pts
High_Jump	Annabella Drake	1.44		19pts	Poppy Dent-Jones	1.44		19pts
Triple_Jump	Jasmine Asmal	9.82		21pts	Tomi Ojelowo	9.37		18pts
Pole_Vault								
Shot	Dulce Smith-Rodriguez	9.23		20pts				
Discus	Summer Smith	19.35		15pts	Isabelle James	19.86		15pts
Javelin	Ayla Baker	37.72		34pts	Jessica Page	33.86		30pts
Hammer	Lila Chapelhow	39.00		30pts				
Relay	Lila Chapelhow , Faith Franklin , Ayla Baker , Orla Friel					56.7		22pts

2 : 521pts : The Eastwood Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Amy Pugsley	12.1		26pts	Felicity Wilson	12.8		23pts
100m	Violet Burrell	13.2		24pts	Alba Newton	14.1		14pts
200m	Eva Baxter	28.8		18pts	Alice Bird	26.6		25pts
300m	Heidi Whatton	43.8		24pts	Cali Gall	45.4		21pts
800m	Nancy Argent	2:41.8		20pts	Chloe Boys	2:35.6		23pts
1500m	Camille Catling	5:11.0		25pts	Nell Tundervary	6:09.9		14pts
Long_Jump	Heidi Whatton	4.57		19pts	Cali Gall	4.30		16pts
High_Jump	Nancy Argent	1.35		16pts	Felicity Wilson	1.41		18pts
Triple_Jump	Amy Pugsley	10.31		25pts	Chloe Boys	9.30		17pts
Pole_Vault	Eva Baxter	2.30		19pts	Alice Bird	3.20		37pts
Shot	Violet Burrell	9.50		21pts	Olivia Tyler	8.56		18pts
Discus					Alba Newton	22.27		19pts
Javelin	Macey Floyd	24.02		18pts				
Hammer								
Relay	Camille Catling , Olivia Tyler , Macey Floyd , Nell Tundervary					57.2		21pts

3 : 449pts : Chelmsford County High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Matilda Wilson	17.0		8pts	Daisy Oludipe	17.1		8pts
100m	Everly Platts	12.8		27pts	Dasha Gyami	13.7		19pts
200m	Caitlin Li	27.2		23pts	Muna Ozono	27.9		21pts
300m	Nicole Mwanache	50.2		13pts	Charlotte Morley	47.3		18pts
800m	Lilly Sanford	2:26.1		27pts	Esme Thomas	2:50.0		16pts
1500m	Isobelle Eida	4:59.0		28pts	Frankie Philipps	4:52.0		30pts
Long_Jump	Everly Platts	4.87		22pts	Charlotte Morley	3.70		10pts
High_Jump	Caitlin Li	1.41		18pts	Lilly Quirk	1.32		15pts
Triple_Jump	Nicole Mwanache	8.97		15pts	Dasha Gyami	9.46		18pts
Pole_Vault								
Shot	Matilda Wilson	7.87		15pts	Muna Ozono	9.44		21pts
Discus	Isobelle Eida	17.06		12pts	Daisy Oludipe	18.18		13pts
Javelin	Lana Burton	24.75		19pts	Frankie Philipps	18.49		12pts
Hammer								
Relay	Lana Burton , Lilly Quirk , Lilly Sanford , Esme Thomas					57.0		21pts



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Intermediate Girls

4 : 431pts : Brentwood School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Katie Archer	15.0		15pts	Amelia Parker	13.3		20pts
100m	Hallie Oguntayo	13.3		23pts	Aimee Lim	13.5		21pts
200m	Ava Carter	29.0		17pts	Lily Beckwith	28.1		20pts
300m	Ore Johnson	48.2		17pts	Maisie Donovan	45.7		21pts
800m	Bella Taylor-Bush	3:02.0		12pts	Keeley Hartless	2:46.9		17pts
1500m	Eva Sandhu	5:27.9		22pts	Isabel Whitney	5:25.1		22pts
Long_Jump	Lily Beckwith	4.27		16pts	Aimee Lim	4.93		22pts
High_Jump	Hallie Oguntayo	1.38		17pts	Amelia Parker	1.44		19pts
Triple_Jump	Maisie Donovan	8.97		15pts	Ava Carter	7.98		8pts
Pole_Vault								
Shot	Zoe Anthony	8.66		18pts	Joanne Fashina	8.23		17pts
Discus	Ore Johnson	16.56		11pts	Eva Sandhu	21.79		18pts
Javelin	Katie Archer	21.00		15pts	Keeley Hartless	18.69		12pts
Hammer								
Relay	Zoe Anthony , Joanne Fashina , Isabel Whitney , Bella Taylor-Bush					61.0		16pts

5 : 408pts : St Bernard's High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Rita Okorah	12.9		22pts	Hannah Delight	15.1		14pts
100m	Pixie Oakley	12.7		28pts	Mary-Jane Duru	13.6		20pts
200m	Chy Chy Okoli	29.0		17pts	Jessica Anajekwu	30.5		12pts
300m	Gabby Mabaleka	47.4		18pts	Alicia Sonny	46.8		19pts
800m	Millie Anderson	3:00.0		13pts	Rubie Crombie	2:49.0		16pts
1500m	Florence Wallace	5:27.6		22pts				
Long_Jump	Florence Wallace	3.91		12pts	Alicia Sonny	4.55		19pts
High_Jump	Rita Okorah	1.35		16pts	Jessica Anajekwu	1.35		16pts
Triple_Jump	Chy Chy Okoli	9.69		20pts	Rubie Crombie	NM		0pts
Pole_Vault								
Shot	Adeaze Idezuna	8.40		17pts	Mary-Jane Duru	8.45		17pts
Discus	Princess Manavele	18.65		14pts	Hannah Delight	22.21		19pts
Javelin	Gabby Mabaleka	19.03		12pts	Millie Anderson	16.03		8pts
Hammer						27.10		20pts
Relay	Pixie Oakley , Shani Mukudu , Princess Manavele , Adeaze Idezuna					59.8		17pts

6 : 380pts : Great Baddow High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Cherri Moss	14.0		18pts	Holly Partridge	13.8		18pts
100m	Abi McElroy	12.2		34pts	Florence Bullen	14.8		10pts
200m	Jessica Barnard	28.9		17pts	Lucie Young	29.0		17pts
300m	Sofia Nardi	47.8		17pts	Emily Davis	52.0		11pts
800m	Saya Saunders	2:41.4		20pts	Lucy Clarke	3:09.3		9pts
1500m	Rosie Burden	5:35.0		21pts	Daisy Duckworth	6:00.7		16pts
Long_Jump	Cherri Moss	3.95		13pts	Florence Bullen	3.32		6pts
High_Jump	Rosie Burden	1.35		16pts	Holly Partridge	1.38		17pts
Triple_Jump	Jessica Barnard	8.30		11pts	Lucy Clarke	NM		0pts
Pole_Vault								
Shot	Abi McElroy	7.28		13pts	Lucie Young	5.40		7pts
Discus	Peyton Moore	17.14		12pts	Emily Davis	17.04		12pts
Javelin	Saya Saunders	30.04		26pts	Freya Matthews	23.95		18pts
Hammer								
Relay	Freya Matthews , Peyton Moore , Daisy Duckworth , Sofia Nardi					57.3		21pts



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Intermediate Girls  
7 : 358pts : St John Payne Catholic School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles		13.5		19pts	Dami Morenikeji	12.9		22pts
100m	Makayla Turner	14.3		13pts	Alicija Yalaju	12.5		31pts
200m	Francine Niyrenda	30.2		13pts	Jasmin Recasa-Lunn	25.9		27pts
300m	Lilly Lipstein-Brown	49.1		15pts	Sienna Wright	47.6		17pts
800m	Lydia Baker	3:19.9		6pts	Jess Dick	3:17.2		7pts
1500m	Nadya Theys	7:09.0		4pts	Anna Shuttlewood	6:14.3		13pts
Long_Jump	Francine Niyrenda	4.12		14pts	Sienna Wright	4.22		15pts
High_Jump	Nadya Theys	1.32		15pts	Alicija Yalaju	1.50		21pts
Triple_Jump	Lilly Lipstein-Brown	8.66		13pts	Jasmin Recasa-Lunn	9.41		18pts
Pole_Vault								
Shot		8.35		17pts	Dami Morenikeji	7.13		13pts
Discus	Lydia Baker	12.64		6pts	Jess Dick	15.15		9pts
Javelin	Makayla Turner	14.62		6pts		16.68		9pts
Hammer								
Relay	<u>Anna Shuttlewood , Acelynn Agyapong , Tallulah Coleman , Lily Prizeman</u>					61.3		15pts

8 : 338pts : The Boswells School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Bronte Hellen	16.8		9pts	Olivia Mullineaux	15.8		12pts
100m	Molly Boon	13.9		16pts	Isabel Emerson	13.9		17pts
200m	Erinn Cook	28.7		18pts	Jess Wilkins	29.8		14pts
300m	Erin Spilling	50.5		13pts	Holly Ridgwell	55.0		7pts
800m	Olivia Clark	2:52.1		15pts	Lyla Bilby	2:54.3		14pts
1500m	Amelia Goodhall	5:31.1		21pts	Issy Hoptroff	7:38.0		0pts
Long_Jump	Bronte Hellen	3.93		12pts	Isabel Emerson	3.98		13pts
High_Jump	Rebecca Olaru	1.26		13pts	Jess Wilkins	1.44		19pts
Triple_Jump	Olivia Clark	8.70		13pts	Jess Wintersgill-Harris	8.83		14pts
Pole_Vault								
Shot	Molly Boon	6.39		10pts	Lyla Bilby	6.06		9pts
Discus	Erinn Cook	19.12		14pts	Olivia Mullineaux	28.94		26pts
Javelin	Erin Spilling	26.94		22pts	Issy Hoptroff	10.18		1pts
Hammer								
Relay	<u>Jess Wintersgill-Harris , Amelia Goodhall , Rebecca Olaru , Holly Ridgwell</u>					60.6		16pts

9 : 321pts : Saffron Walden County High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Amelia Fox	DNF		0pts	Ava Pelling	16.7		9pts
100m	Rosanna Kourentis	13.3		23pts	Besi Bell	14.1		15pts
200m	Luana Martins	28.0		20pts	Gemma Smethers	29.5		15pts
300m	Hannah Cullen	45.3		21pts	Olivia Hornby	50.0		14pts
800m	Lucie Anderton	2:45.4		18pts	Amelie Beacom	2:56.1		14pts
1500m	Ava Cinque	5:26.6		22pts	Daisy White	5:24.3		23pts
Long_Jump					Besi Bell	4.32		16pts
High_Jump	Hannah Cullen	1.35		16pts	Ava Pelling	1.26		13pts
Triple_Jump								
Pole_Vault								
Shot	Ava Cinque	5.59		8pts	Gemma Smethers	6.36		10pts
Discus	Teghan Storey	17.36		12pts	Lucie Anderton	17.99		13pts
Javelin	Amelie Beacom	18.40		12pts	Olivia Hornby	13.05		4pts
Hammer								
Relay	<u>Rosanna Kourentis , Daisy White , Alice Mandl , Teghan Storey</u>					55.8		23pts



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Intermediate Girls  
10 : 314pts : New Hall School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Caitlin Rawden	17.9		5pts				
100m	Michelle Shadipe	12.8		28pts	Olivia George	14.4		11pts
200m	Evie Shirley	30.9		11pts	Eva Hayford	30.3		12pts
300m	Sophie Halford	47.0		19pts				
800m	Ava King	2:22.4		29pts	Missy Tiller	2:24.2		28pts
1500m	Heidi Woodley	4:48.0		31pts	Isabel Forrest	5:21.0		23pts
Long_Jump	Isabel Forrest	3.34		6pts	Sophie Halford	3.29		6pts
High_Jump	Evie Shirley	1.32		15pts	Eva Hayford	1.23		12pts
Triple_Jump					Michelle Shadipe	8.27		10pts
Pole_Vault								
Shot	Aimee Winful	7.77		15pts	Olivia George	6.49		11pts
Discus	Millie Cameron	13.29		7pts	Maisy Kent	14.23		8pts
Javelin	Ava King	17.82		11pts	Heidi Woodley	8.63		0pts
Hammer								
Relay	Aimee Winful , Emily McBane , Maisy Kent , Caitlin Rawden					60.9		16pts

11 : 308pts : Moulsham High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Freya Winstone-Foster	14.0		15pts	Olivia Hazell	14.1		15pts
200m	Lucy Ajayi	27.1		23pts	Ava Warner	31.7		8pts
300m	Freya Fitzpatrick	47.0		19pts	Izzy Bower	50.0		14pts
800m	Matilda Thatcher	2:46.5		17pts	Ella Bradford	2:51.5		15pts
1500m	Olivia Wiles	5:33.0		21pts	Chloe Haycock	6:07.5		14pts
Long_Jump	Lucy Ajayi	4.06		14pts	Ella Bradford	4.12		14pts
High_Jump	Matilda Thatcher	1.20		11pts	Chloe Haycock	1.26		13pts
Triple_Jump	Emily Holmes	7.90		8pts	Izzy Bower	8.36		11pts
Pole_Vault								
Shot	Lowri Weymouth	5.02		6pts	Freya Fitzpatrick	7.81		15pts
Discus	Freya Winstone-Foster	18.45		13pts	Evie Orriss	16.31		11pts
Javelin	Olivia Wiles	16.02		8pts	Ava Warner	13.37		5pts
Hammer								
Relay	Saffron Boxall , Olivia Hazell , Emily Holmes , Evie Orriss					59.0		18pts

12 : 266pts : Chelmer Valley High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Mollie Jones	16.3		10pts	Poppy Nash	18.0		5pts
100m	Nneka Olaketo	13.0		26pts	Veronica Olaketo	13.9		16pts
200m	Beatrice Southwell	29.6		15pts	Eva Brown	32.0		7pts
300m	Charlotte Aston	50.8		13pts	Emilia Webb	57.4		4pts
800m	Charlotte Low	2:54.5		14pts	Bonnie Wynes	2:54.0		15pts
1500m	Annie Harris	7:10.0		4pts	Jessica Andrews	5:55.7		16pts
Long_Jump	Nneka Olaketo	5.21		27pts	Bonnie Wynes	3.80		11pts
High_Jump	Emilia Webb	1.32		15pts	Mollie Jones	NM		0pts
Triple_Jump	Poppy Nash	NM		0pts	Charlotte Low	NM		0pts
Pole_Vault								
Shot	Charlotte Aston	5.61		8pts	Veronica Olaketo	7.19		13pts
Discus	Alexandra Bennion	22.75		19pts	Jessica Andrews	7.95		0pts
Javelin	Eva Brown	19.68		13pts	Abi Housden	10.86		2pts
Hammer								
Relay	Alexandra Bennion , Beatrice Southwell , Annie Harris , Abi Housden					63.0		13pts



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Intermediate Girls  
13 : 167pts : The Beaulieu Park School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Elsa Spall	17.3		7pts	Ruby Bedford	18.4		3pts
100m	Esme Thytherleigh	15.0		9pts	Daisy Davenport	14.9		9pts
200m	Emmanuella Ezenwa	34.7		1pts	Ellora Ulasi	33.3		4pts
300m	Ruby Bedford	55.7		6pts	Molly Solesbury	60.0		1pts
800m	Poppy Maclean	2:56.0		14pts	Ava Rainone	3:23.6		5pts
1500m	Hetty Harrison	5:08.0		26pts				
Long_Jump	Poppy Maclean	3.43		7pts	Ava Rainone	3.31		6pts
High_Jump	Esme Thytherleigh	1.11		8pts	Elsa Spall	NM		0pts
Triple_Jump	Hetty Harrison	8.50		12pts	Daisy Davenport	7.32		2pts
Pole_Vault								
Shot	Maisie Gill	6.98		12pts	Bonnie Aurndale-Curd	6.31		10pts
Discus	Elleora Ulasi	13.68		7pts	Molly Solesbury	9.86		2pts
Javelin	Isabella Cross	14.30		6pts	Caitlyn Castleman	NM		0pts
Hammer								
Relay	Emmanuella Ezenwa , Maisie Gill , Bonnie Aurndale-Curd , Isabella Cross					65.0		10pts