



ESAA English Schools' Track and Field Cup 2025

Round - 1, ESS 1 : Blackshots Thurrock Athletics Stadium - Thursday 8th May 2025



Junior Boys

1 : 437pts : Westcliff High School for Boys, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Mikael Ali	12.7		26pts	William Short	16.0		9pts
100m	Jayden Osho	13.8		13pts	Favour Ben	12.5		25pts
200m	Fumfum Nwabueze	26.6		21pts	Jojo Aidoo	26.4		21pts
300m	Jacob Fox	45.3		15pts	Stanley Cook	50.0		8pts
800m	Spencer Duprez	2:50.7		13pts	Xavier Keenan	2:33.5		19pts
1500m								
Long_Jump	Fumfum Nwabueze	4.02		12pts	Favour Ben	4.88		20pts
High_Jump	Jayden Osho	1.44		18pts	Stanley Cook	1.44		18pts
Triple_Jump	Mikael Ali	8.55		11pts	Jojo Aidoo	10.10		19pts
Pole_Vault	Spencer Duprez	2.20		17pts	William Short	2.30		19pts
Shot	Jacob Fox	8.61		15pts	Gowthan Sanga	10.00		19pts
Discus	Tamunoala Worika	25.40		19pts				
Javelin					Xavier Keenan	23.07		16pts
Hammer	Taseen Ahmed	41.48		32pts	Henry Eyon	20.84		13pts
Relay	Tamunoala Worika , Taseen Ahmed , Henry Eyon , Gowthan Sanga					54.5		19pts

2 : 424pts : The Champion School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Nick Diavewa-Lechowicz	13.4		22pts	William Rackham	13.3		23pts
100m	Tommy Fells	14.1		11pts	Ivan Gabor	13.6		14pts
200m	Nathaniel Margol	28.9		15pts	Eliel-Rondall Mbwankiem	28.2		17pts
300m	Liam Bergin-Mccarthy	41.3		21pts	Daniel Ikwudirim	43.4		18pts
800m	Victor Agboola	2:23.9		22pts	Tom Gilley	2:33.3		19pts
1500m	Reuben McDermott	5:05.7		20pts	Sean Mooney	5:02.7		21pts
Long_Jump	Nathaniel Margol	4.41		16pts	Tommy Fells	4.15		13pts
High_Jump	Nick Diavewa-Lechowicz	1.35		15pts	Daniel Ikwudirim	NM		0pts
Triple_Jump	Ivan Gabor	8.29		10pts	William Rackham	9.90		18pts
Pole_Vault								
Shot	Noah Cox	10.77		22pts	William Hiles	9.77		18pts
Discus	Victor Agboola	20.00		14pts	Eliel-Rondall Mbwankiem	24.50		19pts
Javelin	Liam Bergin-Mccarthy	36.88		29pts	Tom Gilley	20.47		13pts
Hammer								
Relay	Sean Mooney , William Hiles , Reuben McDermott , Noah Cox					59.1		14pts

3 : 423pts : Redden Court School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Harry Huckle	13.5		22pts	Oliver Clancy	15.3		13pts
100m	Ayden Taylor	13.1		19pts	Tobi Oloyede	12.4		26pts
200m	Gideon Lee	27.2		19pts	Harry Milton	25.2		25pts
300m	Arafaat Aduma	45.9		14pts	Ayo Oliwalia	43.2		18pts
800m	Joshua Braiden	2:28.7		20pts	Max Kondrchi	2:32.7		19pts
1500m	Joe Battrum	5:17.2		17pts	Callum Millard Jennings	5:02.2		21pts
Long_Jump	Archie Bright	3.90		11pts	Tobi Oloyede	5.05		22pts
High_Jump	Joe Battrum	1.20		10pts	Harry Milton	1.47		19pts
Triple_Jump	Harry Huckle	9.35		15pts	Ayo Oliwalia	9.62		17pts
Pole_Vault								
Shot	Ayden Taylor	7.92		12pts	Ethan Sparrow	10.97		22pts
Discus	Arafaat Aduma	18.85		13pts	Max Kondrchi	16.25		10pts
Javelin	Gideon Lee	17.76		10pts	Oliver Clancy	21.61		14pts
Hammer								
Relay	Ethan Sparrow , Joshua Braiden , Callum Millard Jennings , Archie Bright					57.8		15pts



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Junior Boys

4 : 410pts : The Gateway Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Temidayo Yusuf	14.1		19pts	Jeriah Ngongo	12.9		25pts
100m	Joseph Tinuoye	12.9		21pts				
200m	Seyi Komolafe	26.8		20pts		29.4		14pts
300m	David Akinremi	42.2		20pts	Rhylie Constantine	45.8		14pts
800m	Tobi Salman	2:27.4		21pts	Joshua Tinuoye	2:45.5		15pts
1500m	Archie Earland	6:15.9		6pts	Isaac Ahmed	5:21.9		16pts
Long_Jump	Joseph Tinuoye	4.38		15pts	Seyi Komolafe	4.19		13pts
High_Jump	Temidayo Yusuf	1.38		16pts	Stephen Debrah	1.32		14pts
Triple_Jump	Tobi Salman	11.17		24pts	Jeriah Ngongo	8.41		11pts
Pole_Vault								
Shot	Harrison Deller	7.81		12pts	Rhylie Constantine	8.22		13pts
Discus	David Akinremi	27.00		21pts	Sydney Futcher Brown	21.30		15pts
Javelin	Archie Earland	20.84		13pts				
Hammer	Michael Odulaja	31.74		24pts	Isaac Ahmed	22.38		15pts
Relay	Denis Pavaluta , Harrison Deller , Sydney Futcher Brown , Michael Odulaja					59.5		13pts

5 : 364pts : Beauchamps High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Jacob Martin	13.6		21pts	Charlie Mckenna	13.2		23pts
100m	Riley Victory	13.1		19pts	Charlie Robertson	13.1		19pts
200m	Bradley Tolley	27.6		18pts	Henry Fry	28.6		16pts
300m					Alfie Allison	45.7		14pts
800m	James Peters	2:35.0		18pts	Edgar Aucott	2:48.0		14pts
1500m	CJ Ridgway	5:23.8		16pts	Cameron Cornwell	5:48.5		10pts
Long_Jump	CJ Ridgway	3.45		6pts	Henry Fry	3.17		3pts
High_Jump	Riley Victory	1.35		15pts	Charlie Mckenna	1.35		15pts
Triple_Jump					Alfie Allison	8.42		11pts
Pole_Vault								
Shot	Thomas Dawes	8.68		15pts	Charlie Robertson	8.79		15pts
Discus	Jacob Martin	20.55		15pts	Cameron Cornwell	13.95		8pts
Javelin	James Peters	20.39		13pts	Zac Smart	25.14		18pts
Hammer	Bradley Tolley	21.54		14pts	Dorian Franciskovity	19.83		12pts
Relay	Thomas Dawes , Edgar Aucott , Zac Smart , Dorian Franciskovity					57.2		16pts

6 : 354pts : Mayflower High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Daniel Natusch	16.0		9pts	Leo Honey	13.5		22pts
100m	Charlie Coles	12.4		26pts	Elliot Adom	14.3		10pts
200m	Muizz Adegbola	27.7		18pts	Henry Steel	32.5		6pts
300m	Danny Patel	44.2		17pts	Liam Sonnet	42.4		20pts
800m	Dominic Grant	2:18.4		23pts	Archie Neathercoat	2:28.2		20pts
1500m	Alexander Guthrie-Blunk	5:08.1		19pts	William Smith	5:44.3		11pts
Long_Jump	Charlie Coles	4.50		17pts	Isaack Kouna-Mberi	4.20		14pts
High_Jump	Dominic Grant	NM		0pts	Archie Neathercoat	NM		0pts
Triple_Jump	Danny Patel	8.52		11pts	Liam Sonnet	8.93		13pts
Pole_Vault								
Shot	Daniel Natusch	6.56		8pts	Leo Honey	8.67		15pts
Discus	Muizz Adegbola	18.15		12pts	Elliot Adom	23.35		17pts
Javelin	Logan Hardy-Wallace	22.15		15pts	Henry Steel	24.44		17pts
Hammer								
Relay	Alexander Guthrie-Blunkell , Logan Hardy-Wallace , William Smith , Isaack Kour					58.5		14pts



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Junior Boys

7 : 349pts : Barking Abbey, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	KRIST GJERGJI	15.1		14pts	HAMZA UDDIN	13.8		20pts	
100m	FURQAN AHMED	13.3		17pts	BELLO OWUSU BOAKYE	13.2		18pts	
200m	SAMI BOUDJELLEL	28.0		17pts	AIDAN MUHAMMED	29.1		14pts	
300m	AIRIDAS ZALATUKAS	45.6		14pts	ZAYAN MOHAMMED ZAMAN	44.3		16pts	
800m	ABDUL KHAN	2:33.5		19pts	DANITE ISILIKA	2:37.5		17pts	
1500m	ADAM BELDJOUDI	5:30.1		14pts	DENNIS UNGUREANU	6:01.2		8pts	
Long_Jump	ZAYAN MOHAMMED ZAMAN	4.02		12pts	HAMZA UDDIN	4.15		13pts	
High_Jump	KRIST GJERGJI	1.23		11pts	DANITE ISILIKA	1.38		16pts	
Triple_Jump	ABDUL KHAN	9.04		14pts	BELLO OWUSU BOAKYE	8.26		10pts	
Pole_Vault									
Shot	AIRIDAS ZALATUKAS	7.38		10pts	MASON YAKISIKLI	7.57		11pts	
Discus	YAZDAN IBRAR	22.75		17pts	AIDAN MUHAMMED	21.25		15pts	
Javelin	FURQAN AHMED	15.24		8pts	DENNIS UNGUREANU	19.79		12pts	
Hammer									
Relay	MASON YAKISIKLI , YAZDAN IBRAR , ADAM BELDJOUDI , SAMI BOUDJELLEL						61.0		12pts

8 : 319pts : William Edwards School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Harry Read	14.5		17pts	Israel Ogunsanya	14.8		15pts	
100m	Moyo Balogun	13.6		14pts	Harry Bui	15.3		5pts	
200m	Victor Tache	30.4		11pts	Louis Letts	28.8		15pts	
300m	Dylan Swart	45.7		14pts	Jude Fuller	43.0		19pts	
800m	Carter Johnson	2:39.2		17pts	Ted Saunders	2:35.3		18pts	
1500m	Charlie Matthews	5:21.6		16pts	Sammy Flanders	5:41.5		11pts	
Long_Jump	Moyo Balogun	3.95		11pts	Israel Ogunsanya	3.60		8pts	
High_Jump	Ted Saunders	1.32		14pts	Jude Fuller	1.38		16pts	
Triple_Jump	Harry Read	7.33		2pts	Carter Johnson	7.94		7pts	
Pole_Vault									
Shot	James Onwe	7.74		12pts	Will Carey	8.70		15pts	
Discus	Dylan Swart	19.90		14pts	Louis Letts	23.45		17pts	
Javelin	Victor Tache	21.03		14pts	Harry Bui	13.40		6pts	
Hammer									
Relay	Charlie Matthews , Sammy Flanders , Will Carey , James Onwe						61.1		11pts

9 : 314pts : Castle View School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles									
100m	Zack Bradding	14.1		11pts	Henry Rook	14.3		10pts	
200m	Jack James	29.3		14pts	Logan De Luca	27.8		18pts	
300m	James Sullivan	43.3		18pts	Teddy Austin	43.5		18pts	
800m	Casey Smith	2:45.3		15pts	Bailey Deane	2:51.6		13pts	
1500m	Riley Marshall	5:33.7		13pts	Tommy Breading	5:16.8		17pts	
Long_Jump	James Sullivan	4.25		14pts	Bailey Deane	3.52		7pts	
High_Jump	Casey Smith	1.38		16pts					
Triple_Jump	Riley Marshall	7.97		8pts	Logan De Luca	7.49		3pts	
Pole_Vault									
Shot	Jack James	8.39		14pts	Max Michael	9.04		16pts	
Discus	Zack Bradding	22.75		17pts	Teddy Austin	24.00		18pts	
Javelin	Daniel Haggis	23.01		16pts	Farrell Smith	26.05		19pts	
Hammer					Henry Rook	19.76		12pts	
Relay	Tommy Breading , Max Michael , Daniel Haggis , Farrell Smith						65.8		7pts



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Junior Boys

10 : 298pts : Thorpe Hall School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Finbar Petherbridge	11.5		32pts	Archie Beadle	14.2		18pts
100m	Zachary Petherbridge	11.5		35pts				
200m	George Lee	29.3		14pts	Frederick Barnett	30.4		11pts
300m					Harry Acheampong	45.5		14pts
800m	Oliver French	2:43.5		15pts	George Hurrell	2:55.0		12pts
1500m								
Long_Jump	George Lee	3.61		8pts	George Hurrell	2.88		1pts
High_Jump	Finbar Petherbridge	1.53		21pts				
Triple_Jump	Zachary Petherbridge	10.54		21pts	Harry Acheampong	8.93		13pts
Pole_Vault								
Shot	Edward Hickling-Martin	9.24		17pts	Finley Davies	7.02		9pts
Discus	William Moss	14.55		9pts	Frederick Barnett	13.65		7pts
Javelin	Oliver French	13.27		6pts	Archie Beadle	20.70		13pts
Hammer	Max Rowland	17.48		10pts	Leo Traveller	NM		0pts
Relay	Edward Hickling-Martin , Max Rowland , Finley Davies , William Moss					60.4		12pts

11 : 289pts : De La Salle School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles					Zephan Brown	12.9		25pts
100m	Finnley Tremain	14.9		7pts	Anthony Olawale	13.7		13pts
200m	Jayden Jobe	28.5		16pts	Hezekiah Atunrase	27.3		19pts
300m	Riley Oakley	43.1		18pts	Miko Jagodzinski	47.3		11pts
800m	Taylor Nice	3:08.9		7pts	Cian MacMillan	3:12.7		6pts
1500m	Riley Graham	5:38.3		12pts	Rocco Fennings	6:08.6		7pts
Long_Jump	Jayden Jobe	3.44		6pts	Rocco Fennings	3.94		11pts
High_Jump	Riley Graham	NM		0pts	Anthony Olawale	1.41		17pts
Triple_Jump	Riley Oakley	6.29		0pts	Miko Jagodzinski	8.52		11pts
Pole_Vault								
Shot	Finnley Tremain	7.42		11pts	Hezekiah Atunrase	11.93		26pts
Discus	Denzel Olatunbosun	19.25		13pts	Zephan Brown	20.40		14pts
Javelin	Taylor Nice	NM		0pts	Christopher Tendelegu	24.54		17pts
Hammer	Nirvan Prajapati	21.69		14pts				
Relay	Denzel Olatunbosun , Cian MacMillan , Nirvan Prajapati , Christopher Tendelegu					64.5		8pts

12 : 289pts : The James Hornsby School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Archie Rayer	13.0		24pts	Alfie Mason	13.6		21pts
100m	Damian Alexa	13.2		18pts	Alfie Daley	14.2		11pts
200m								
300m								
800m	Archie Peek-Gage	2:29.0		20pts	Koby Lanbourne	2:56.3		11pts
1500m	Riley Moran	5:38.7		12pts	Oliver Hintz	5:30.7		14pts
Long_Jump	Koby Lanbourne	3.33		5pts	Alfie Daley	3.76		9pts
High_Jump	Archie Rayer	1.38		16pts	Alfie Mason	1.32		14pts
Triple_Jump	Damian Alexa	8.69		12pts	Sam Greenfield	9.33		15pts
Pole_Vault								
Shot	Archie Peek-Gage	7.11		10pts	Riley Robinson	6.73		8pts
Discus	Dominic Akorley	17.75		12pts	Josiah White	14.65		9pts
Javelin	Liam Townley	NM		0pts	Oliver Hintz	15.35		8pts
Hammer	Riley Moran	19.06		12pts	Rhys Harbinson	21.39		14pts
Relay	Josiah White , Rhys Harbinson , Dominic Akorley , Riley Robinson					58.6		14pts



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Junior Boys

13 : 99pts : Southchurch High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Idriz Hoxha	16.9		6pts					
100m	Teniola Owolabi	14.2		11pts	Pavel Askandar	15.5		4pts	
200m	Kelvin Adegbola	30.7		10pts	Asher Banda	33.7		3pts	
300m									
800m	Samuel Wright	2:44.6		15pts	Oscar Wheatly	2:59.5		10pts	
1500m	Hayden Golding	6:36.1		3pts	Benjy Steel	6:59.6		1pts	
Long_Jump	Benjy Steel	3.23		4pts	Asher Banda	3.02		2pts	
High_Jump	Kelvin Adegbola	NM		0pts	Teniola Owolabi	NM		0pts	
Triple_Jump									
Pole_Vault									
Shot	Alfie Coveney	6.22		7pts	Leo Benny Brown	4.64		2pts	
Discus	Navjot Singh	14.40		8pts	Pavel Askandar	13.95		8pts	
Javelin	Hayden Golding	NM		0pts	Samuel Wright	NM		0pts	
Hammer									
Relay	Idriz Hoxha , Alfie Coveney , Oscar Wheatly , Navjot Singh							67.6	5pts



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Junior Girls

1 : 315pts : Westcliff High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Amenze Amadin	15.5		12pts				
100m	Elizabeth Akanki	14.9		12pts	Hannah Stean	13.8		21pts
200m	Zara Freese	26.8		28pts	Destiny Omonijo	29.4		20pts
300m	Isabelle Wood	50.3		13pts	Dara Bamidele	50.5		13pts
800m	Leah Firman	2:52.9		20pts	Pru Brown	3:06.5		15pts
1500m	Anaya Sidhu	6:14.4		17pts				
Long_Jump	Zara Freese	3.32		8pts	Leah Firman	4.00		15pts
High_Jump	Elizabeth Akanki	1.29		17pts	Destiny Omonijo	1.26		16pts
Triple_Jump								
Pole_Vault								
Shot	Rachel Donald-Onwuemen	7.68		19pts	Elizabeth Ekpenyong	7.67		19pts
Discus	Isabelle Wood	11.12		8pts	Hannah Stean	13.69		11pts
Javelin	Amenze Amadin	13.20		10pts	Pru Brown	13.75		11pts
Hammer								
Relay	Dara Bamidele , Anaya Sidhu , Rachel Donald-Onwuemena , Elizabeth Ekpenyong					66.0		10pts

2 : 308pts : Redden Court School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lola Prescott	15.6		12pts	Nellie Crane	17.1		7pts
100m	Elizabeth Aderonmu	13.9		20pts	Cece Hayes	14.0		19pts
200m	Lily Bingle	32.2		10pts	Skye Hanchard	30.7		15pts
300m	Millie Cook	42.7		29pts				
800m	Kitty Prescott	3:05.8		16pts	Hollie Milton-White	3:02.5		17pts
1500m	Charlotte Parker	6:23.5		16pts				
Long_Jump	Nellie Crane	3.60		11pts	Paige Dickinson	3.30		8pts
High_Jump	Millie Cook	1.26		16pts	Elizabeth Aderonmu	1.11		11pts
Triple_Jump								
Pole_Vault								
Shot	Evie Hammond	8.65		24pts	Erin O'Flynn	7.34		17pts
Discus	Lola Prescott	15.81		14pts	Evie Anderson	12.53		10pts
Javelin	Lily Bingle	18.57		17pts	Skye Hanchard	6.19		1pts
Hammer								
Relay	Evie Anderson , Paige Dickinson , Cece Hayes , Charlotte Parker					60.1		18pts

3 : 301pts : Thorpe Hall School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Mia Jackson	15.9		11pts	Isabella Eynon	15.3		13pts
100m	Florence Clark	15.6		9pts	Emily Thompson	14.0		19pts
200m					Jessica Rider	27.8		25pts
300m					Freya Homer	43.6		27pts
800m	Halle Newman	2:52.6		20pts	Katie Carver	2:31.6		27pts
1500m					Emily Maddison	6:46.0		12pts
Long_Jump	Mia Jackson	3.57		10pts	Katie Carver	3.58		10pts
High_Jump	Amelie Ashby	1.41		21pts	Freya Homer	1.26		16pts
Triple_Jump								
Pole_Vault								
Shot	Halle Newman	5.99		11pts	Jessica Rider	5.89		11pts
Discus	Florence Clark	10.35		7pts				
Javelin	Sophia Motin	12.88		10pts	Isabella Eynon	21.07		21pts
Hammer					Emily Thompson	16.39		12pts
Relay	Emily Maddison , Bronte Bantick , Amelie Ashby , Sophia Motin					66.2		9pts



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Junior Girls

4 : 278pts : Grays Convent High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Kayla Edwards	15.0		14pts	Kyla Carver	18.7		2pts	
100m	Ebere Nwachokor	13.2		27pts	Abimbola Abaide	13.7		22pts	
200m	Vivian Nwabugwu	29.6		19pts	Molly Olukoya	29.3		20pts	
300m	Adeola Thompson	47.7		17pts	Kaylah Onukwube	53.3		10pts	
800m	Emily Garner	2:52.6		20pts	Chiamaka Ofokansi	3:50.3		1pts	
1500m									
Long_Jump	Emily Garner	3.34		8pts	Kyla Carver	3.05		5pts	
High_Jump	Kayla Edwards	1.35		19pts	Molly Olukoya	1.32		18pts	
Triple_Jump									
Pole_Vault									
Shot	Naomi Ade-Oduwale	6.98		15pts	Chiamaka Ofokansi	7.08		16pts	
Discus	Vivian Nwabugwu	12.76		10pts	Makayla Emuchay	14.19		12pts	
Javelin	Adeola Thompson	10.25		6pts	Abimbola Abaide	7.13		2pts	
Hammer									
Relay	<u>Makayla Emuchay , Ebere Nwachokor , Naomi Ade-Oduwale , Kaylah Onukwube</u>						62.0		15pts

5 : 267pts : Barking Abbey, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Malaika Uwandji	16.2		10pts	Alishah Ahmed	16.7		8pts	
100m	Keira Ly	14.9		12pts	Nayla Mills-Ugoh	14.5		14pts	
200m	Esther Fortune	32.4		10pts	Elizabeth Culeca	27.0		28pts	
300m	Faye Mohammed	51.5		12pts	Elizabeth Adeniyi	47.6		18pts	
800m	Princess-Rachel Tshikaya	3:09.4		14pts	Tia Pemba	3:08.3		15pts	
1500m	Alicia Adams	6:16.6		17pts					
Long_Jump	Keira Ly	3.10		6pts	Elizabeth Culeca	4.06		15pts	
High_Jump	Esther Fortune	1.17		13pts	Elizabeth Adeniyi	1.17		13pts	
Triple_Jump									
Pole_Vault									
Shot	Malaika Uwandji	6.18		12pts	Nayla Mills-Ugoh	6.06		12pts	
Discus	Faye Mohammed	14.37		12pts	Tia Pemba	11.70		8pts	
Javelin	Chrissann Lewis	13.35		10pts					
Hammer									
Relay	<u>Alishah Ahmed , Princess-Rachel Tshikaya , Chrissann Lewis , Alicia Adams</u>						67.1		8pts

6 : 262pts : Mayflower High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Eva Ali	16.7		8pts					
100m	Chioma Nwobodo	14.7		13pts	Scarlett Dendle	15.1		11pts	
200m	Eva Howson	31.7		12pts	Sonya Savchenko	30.5		16pts	
300m	Lilly Shepherd	48.7		16pts	Amelie Robbshaw	56.2		6pts	
800m	Lily Peart	2:45.0		23pts	Alice Threadgold	3:01.8		17pts	
1500m	Sophie Bickestaff	5:23.1		26pts	Holly Kirby	6:29.0		15pts	
Long_Jump	Chioma Nwobodo	2.32		0pts	Eva Howson	3.36		8pts	
High_Jump	Lilly Shepherd	1.23		15pts	Sonya Savchenko	1.20		14pts	
Triple_Jump									
Pole_Vault									
Shot					Holly Kirby	4.48		6pts	
Discus	Eva Ali	10.98		7pts	Scarlett Dendle	16.13		14pts	
Javelin	Nicole Howlett	19.28		18pts	Alice Threadgold	9.29		5pts	
Hammer									
Relay	<u>Sophie Bickestaff , Lily Peart , Nicole Howlett , Amelie Robbshaw</u>						64.5		12pts



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Junior Girls

7 : 247pts : Beauchamps High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Grace Smith	17.9		4pts				
100m	Reyhana Opowu	14.7		13pts	Raiyah Zakkour	14.3		16pts
200m	Abigail Shlenker	31.7		12pts	Sofia Butterworth	32.5		10pts
300m	Amelia Baker	49.6		14pts	Morgan Tilson	51.8		12pts
800m	Hollie Baxter	3:04.3		16pts	Daisy Hammond	2:05.1		40pts
1500m	Eva Moore	6:22.5		16pts	Sophie Matthews	6:20.0		16pts
Long_Jump	Isla Gratton	3.28		7pts	Raiyah Zakkour	3.63		11pts
High_Jump	Grace Smith	1.14		12pts	Morgan Tilson	1.23		15pts
Triple_Jump								
Pole_Vault								
Shot								
Discus	Abigail Shlenker	12.85		10pts				
Javelin	Hollie Baxter	13.82		11pts	Sophie Matthews	9.82		6pts
Hammer								
Relay	Eva Moore , Sofia Butterworth , Amelia Baker , Isla Gratton					68.5		6pts

8 : 222pts : The James Hornsby School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Feranmi Kofoworola	14.4		15pts				
200m	Leah Macdonald	33.2		8pts	Jasmyn Lionel	29.8		18pts
300m	Darcie Cole	48.9		15pts	Madeline Cook	51.0		13pts
800m	Keira Hadley	3:08.8		15pts	Lily Straderick	3:20.9		11pts
1500m	Olivia Sier	6:20.4		16pts				
Long_Jump	Leah Macdonald	3.08		5pts	Lucy Smith	2.99		4pts
High_Jump	Feranmi Kofoworola	1.20		14pts	Imogen Warburton	1.14		12pts
Triple_Jump								
Pole_Vault								
Shot	Olivia Sier	5.28		9pts	Amelia Houghton	6.94		15pts
Discus	Keira Hadley	10.15		6pts	Jasmyn Lionel	8.26		4pts
Javelin	Darcie Cole	15.09		13pts	Lily Straderick	10.39		6pts
Hammer	Lilly Barton	16.14		11pts	Madeline Cook	NM		0pts
Relay	Lucy Smith , Lilly Barton , Imogen Warburton , Amelia Houghton					64.3		12pts

9 : 222pts : William Edwards School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Jessica Seaman	17.6		5pts	Lottie Galea	17.1		7pts
100m	Demi Yusuf	13.8		21pts	Izzy Saunders	15.2		11pts
200m	Sehaj Jhakra	30.9		15pts	Mireya Donaldson	31.4		13pts
300m	Elvina Kusaite	53.5		9pts	Amber Adeyinka	52.8		10pts
800m	Maddison Laing	3:09.1		14pts	Kayleigh Burton	4:06.4		0pts
1500m	Ella Westlake	7:35.1		4pts	Scarlett Greenham	6:06.6		18pts
Long_Jump					Lottie Galea	2.98		4pts
High_Jump	Jessica Seaman	1.11		11pts	Mireya Donaldson	1.14		12pts
Triple_Jump								
Pole_Vault								
Shot	Demi Yusuf	6.43		13pts	Izzy Saunders	5.92		11pts
Discus					Kayleigh Burton	10.83		7pts
Javelin	Elvina Kusaite	16.77		15pts	Amber Adeyinka	11.81		8pts
Hammer								
Relay	Ella Westlake , Scarlett Greenham , Sehaj Jhakra , Maddison Laing					62.7		14pts



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Junior Girls

10 : 220pts : De La Salle School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Bernice Iwetan	18.5		2pts				
100m	Ivie Banna	15.0		12pts	Sapphira Brown	13.9		20pts
200m	Amiyah Olatunji	33.1		8pts	Delilah Dean	36.1		2pts
300m	Summer Lock	52.1		11pts	Tegan Brown	47.6		18pts
800m	Cheyene Woolner	3:13.7		13pts	Sinead Longhurst Parke	3:09.6		14pts
1500m	Emily Brock	6:28.5		15pts	Savanna Beesley	6:26.8		15pts
Long_Jump	Bernice Iwetan	2.92		4pts	Tegan Brown	2.10		0pts
High_Jump	Emily Brock	1.20		14pts		1.14		12pts
Triple_Jump								
Pole_Vault								
Shot	Delilah Dean	4.43		6pts	Sapphira Brown	6.49		13pts
Discus	Amiyah Olatunji	8.20		4pts				
Javelin	Summer Pugh	10.44		6pts	Savanna Beesley	17.53		16pts
Hammer								
Relay	Ivie Banna , Sinead Longhurst Parke , Cheyene Woolner , Summer Pugh					62.0		15pts

11 : 198pts : Castle View School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Amelia Thompson	16.1		10pts	Lillie Parks	18.1		4pts
100m	Jess Eacersall	13.8		21pts	Mitzie West	15.8		8pts
200m					Kayla Palmer	37.9		0pts
300m								
800m	Pheobe Huggins	3:03.7		16pts	Maddie Newman	3:10.8		14pts
1500m	Emily Horsman	7:23.5		6pts	Felicity Krezzl	5:39.7		23pts
Long_Jump	Jess Eacersall	3.61		11pts	Maddie Newman	3.19		6pts
High_Jump	Mitzie West	1.14		12pts	Lillie Parks	1.14		12pts
Triple_Jump								
Pole_Vault								
Shot	Megan Cutts	6.23		12pts	Kayla Palmer	5.04		8pts
Discus	Maisie Monk	10.73		7pts	Felicity Krezzl	11.49		8pts
Javelin	Amelia Thompson	14.39		12pts	Nicola Dryla	11.08		7pts
Hammer								
Relay	Pheobe Huggins , Emily Horsman , Megan Cutts , Maisie Monk					72.1		1pts

12 : 48pts : Southchurch High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Kayla Ngungu	18.6		2pts				
100m	Freya Purbrick	15.7		8pts	Aniyah Hanzerez-Sandar	17.8		0pts
200m	Hajrah Sidiqi	39.9		0pts				
300m								
800m								
1500m								
Long_Jump	Charlotte Stothard	2.72		2pts	Freya Purbrick	2.87		3pts
High_Jump	Kayla Ngungu	1.08		10pts	Lacey-Mai Martin	NM		0pts
Triple_Jump								
Pole_Vault								
Shot								
Discus	Amelia Stefanovici	7.77		3pts	Abigail McCarthy	11.97		9pts
Javelin	Lacey Thomas-Campbell	10.57		7pts	Hajrah Sidiqi	8.28		4pts
Hammer								
Relay	Aniyah Hanzerez-Sandar , Lola Quiralte-Wright , Abigail McCarthy , Riley Ward					78.9		0pts



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Intermediate Boys

1 : 565pts : The Champion School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Emanuel Iwuchukwu	11.8		26pts	Temi Akinwumi	11.6		27pts
100m	Ethan Mullender	11.8		25pts	Bailey Anatole-Liburd	12.0		23pts
200m	Brandon Ryan	24.0		24pts	Bode Thompson	24.0		24pts
300m	Joel Asirifi-Otchere	38.4		25pts	Chidera Asiegbu	38.1		26pts
800m	Jaden Nwoke	2:19.0		20pts	Emmanuel Olubukola-Sogt	2:26.5		17pts
1500m	Aidan Doherty	4:22.0		25pts				
Long_Jump	Jaden Nwoke	5.09		15pts	Emmanuel Olubukola-Sogt	5.46		19pts
High_Jump	Joel Asirifi-Otchere	1.65		21pts	Bode Thompson	1.79		26pts
Triple_Jump	Emanuel Iwuchukwu	12.62		25pts				
Pole_Vault								
Shot	Ethan Mullender	11.10		19pts	Bailey Anatole-Liburd	10.57		17pts
Discus	Harrison Rabess	41.30		30pts	Josiah Mikana	28.90		20pts
Javelin	Brandon Ryan	34.81		17pts	Temi Akinwumi	40.46		20pts
Hammer	Sam Johnson	50.94		30pts	Chidera Asiegbu	39.77		24pts
Relay	Harrison Rabess , Aidan Doherty , Josiah Mikana , Sam Johnson					50.4		20pts

2 : 547pts : Westcliff High School for Boys, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Charlie Burzotta	11.6		27pts	Michael Kushimo	11.4		28pts
100m	Danyel Oladimeji	12.2		21pts	Joe Burdett	11.5		28pts
200m	Samuel Awobadejo	25.6		18pts	Sochima Okoye	25.5		19pts
300m	Benaiah Osei-Poku	38.5		25pts	Freddie Sankey	37.9		26pts
800m	Reggie Herron	2:28.9		16pts	Claye Chan	2:20.8		19pts
1500m	Reuben Walters	5:03.4		17pts	Mahran Momin	4:58.9		18pts
Long_Jump	Charlie Burzotta	5.35		18pts	Mahran Momin	3.55		1pts
High_Jump	Danyel Oladimeji	1.62		20pts	Michael Kushimo	1.59		19pts
Triple_Jump	Benaiah Osei-Poku	13.38		28pts	Sochima Okoye	12.02		22pts
Pole_Vault								
Shot	Reggie Herron	13.20		26pts	Freddie Sankey	10.70		18pts
Discus					Joe Burdett	36.60		27pts
Javelin	Charles Harvey	47.89		25pts				
Hammer	Samuel Awobadejo	41.74		25pts	Josh Babalola	64.25		38pts
Relay	Josh Babalola , Charles Harvey , Claye Chan , Reuben Walters					51.8		18pts

3 : 474pts : The Gateway Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Josh Johnson	11.6		27pts	Augustine Agyei-Twum	12.0		25pts
100m	Emmanuel Opoku-Agyman	12.4		19pts	Samuel Mowoe	11.5		28pts
200m	AJ Adewumi	24.7		21pts	Naphtali Mulumbu	25.7		18pts
300m	Lewis Bennet	41.1		18pts	Sean Martinez-Oviasogie	39.0		24pts
800m	Eugene Obanor	2:24.5		18pts	Adam Ezekoknkwor	2:24.1		18pts
1500m	Garren Thomas	6:05.7		5pts	Szymon Drozdak	5:13.3		15pts
Long_Jump	Mikolaj Grath	4.79		12pts	Augustine Agyei-Twum	5.15		16pts
High_Jump	Lewis Bennet	1.50		16pts	Adam Ezekoknkwor	1.35		11pts
Triple_Jump	Josh Johnson	11.25		18pts	Sean Martinez-Oviasogie	12.12		22pts
Pole_Vault								
Shot	Emmanuel Opoku-Agyman	12.49		24pts	Naphtali Mulumbu	11.29		20pts
Discus	Tola Adebisi	29.80		21pts	Samuel Mowoe	27.60		19pts
Javelin								
Hammer	AJ Adewumi	45.18		27pts	Szymon Drozdak	28.81		17pts
Relay	Mikolaj Grath , Tola Adebisi , Eugene Obanor , Daya P					53.8		15pts



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Intermediate Boys

4 : 432pts : Redden Court School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lewis Bishop	13.7		16pts	Joseph Campbell	11.4		28pts
100m	Jose Oboho	12.1		22pts	Neo Leui-Smith	11.6		27pts
200m	Aaron Naurjausics	26.8		14pts	Mason Demuth	24.9		21pts
300m	Reuben Fynn	38.7		24pts	Fadil Raji	42.5		15pts
800m	Louie King	2:19.5		19pts	Pav Tatter	2:31.3		15pts
1500m	Liam Battrum	5:18.3		14pts	Oliver Rushworth	4:54.2		19pts
Long_Jump	Jose Oboho	4.67		11pts	Oliver Rushworth	4.87		13pts
High_Jump	Reuben Fynn	1.41		13pts	Joseph Campbell	1.65		21pts
Triple_Jump	Neo Leui-Smith	9.88		11pts	Lewis Bishop	11.15		17pts
Pole_Vault								
Shot	Ross Barrance	8.99		12pts	Fadil Raji	10.37		17pts
Discus	Aaron Naurjausics	28.75		20pts	Pav Tatter	20.30		11pts
Javelin	Louie King	37.52		19pts	Malchi Wright	30.17		14pts
Hammer								
Relay	Liam Battrum , Malchi Wright , Ross Barrance , Mason Demuth					51.2		19pts

5 : 420pts : Barking Abbey, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Mueen Tinibu	12.7		21pts	Zain Rahman	12.4		23pts
100m	Tareeq Muyanja	11.9		24pts	Adil Kamaly	12.2		21pts
200m	Darius Boateng	24.7		21pts	Farhan Arif	25.7		18pts
300m	Emmanuel Olatunde	41.3		18pts	Jamal Bajwa	39.0		24pts
800m	Ibrahim Msabah	2:15.0		22pts	Kamari Emanuel	2:34.6		14pts
1500m	Nathan Norcisse	5:03.6		17pts	Inayet Hossain	5:10.3		15pts
Long_Jump	Darius Boateng	5.37		18pts	Jamal Bajwa	4.87		13pts
High_Jump	Mueen Tinibu	1.59		19pts	Kamari Emanuel	1.47		15pts
Triple_Jump	Emmanuel Olatunde	10.96		16pts	Adil Kamaly	10.49		14pts
Pole_Vault								
Shot	Nathan Norcisse	8.18		9pts	Zain Rahman	9.15		13pts
Discus	Kyron Lewinson	21.20		12pts	Inayet Hossain	22.40		13pts
Javelin	Yusuf Gaffor	29.67		13pts	Farhan Arif	23.52		9pts
Hammer								
Relay	Yusuf Gaffor , Kyron Lewinson , Ibrahim Msabah , Tareeq Muyanja					51.5		18pts

6 : 387pts : Beauchamps High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Samuel Agboola	14.0		15pts	Carter Williams	14.1		14pts
100m	George Jordan	13.0		13pts	George Campling	11.8		25pts
200m	Kanye Okorie	25.1		20pts	Kairon Mills	24.1		23pts
300m	Noah Quarrell	44.7		11pts	Luke Kelly	38.7		24pts
800m	Troy Austin	2:19.3		19pts	Max Young	2:32.3		15pts
1500m	Stanley Brown	4:49.0		20pts	Ernest Solims	5:35.7		10pts
Long_Jump	Samuel Agboola	5.19		16pts	Max Young	5.33		18pts
High_Jump	Stanley Brown	1.53		17pts	Carter Williams	1.41		13pts
Triple_Jump	Kanye Okorie	8.95		6pts	Luke Kelly	10.54		14pts
Pole_Vault								
Shot					Kairon Mills	6.84		5pts
Discus	Oliver Jackson	32.30		23pts	George Campling	21.80		13pts
Javelin					Callum Leeworthy	29.02		13pts
Hammer	Noah Quarrell	20.91		10pts	Ernest Solims	24.91		14pts
Relay	Oliver Jackson , Callum Leeworthy , Troy Austin , George Jordan					52.7		16pts



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Intermediate Boys

7 : 360pts : Mayflower High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Oliver Sargood	15.1		9pts	Adriaan La Roux	14.0		15pts	
100m	Luiz Fellipe Lopes Sousa	12.4		19pts	Jayden Owusu	12.4		19pts	
200m	Archie Austin	24.7		21pts	Marcus Slater	27.1		13pts	
300m	Ewan Hasler	39.3		23pts	Ben Mouldsdale	43.6		13pts	
800m	Max Langshaw	2:18.0		20pts	Freddie Wallace	2:20.2		19pts	
1500m	Harry Alsemgeest	4:41.2		21pts	Thomas Lehman	4:51.0		19pts	
Long_Jump	Ewan Hasler	4.47		9pts	Freddie Wallace	4.23		7pts	
High_Jump	Marcus Slater	1.47		15pts	Jayden Owusu	1.44		14pts	
Triple_Jump	Oliver Sargood	9.15		7pts	Harry Daley	8.80		6pts	
Pole_Vault									
Shot	Archie Austin	7.65		8pts	Adriaan La Roux	8.10		9pts	
Discus	Niall Weightman	26.70		18pts	Ben Mouldsdale	25.60		17pts	
Javelin	Luiz Fellipe Lopes Sousa	25.32		10pts	Harry Alsemgeest	32.30		15pts	
Hammer									
Relay	Thomas Lehman , Max Langshaw , Harry Daley , Niall Weightman						54.4		14pts

8 : 336pts : De La Salle School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Joao Bez Batti Neto	13.5		17pts	Liam Reilley	14.0		15pts	
100m	Tyler Gandy	12.4		19pts	Cornelius Amponsah	13.1		12pts	
200m	Jayden Joseph	25.7		18pts	Charlie Wilde	25.7		18pts	
300m	Joshua Agyemang	44.5		11pts	Fejiri Atomre	40.3		20pts	
800m	Kai Jones	2:22.3		18pts	Aiden-Martin Dimmock	2:40.4		12pts	
1500m	Connor Cox	4:51.9		19pts					
Long_Jump	Jayden Joseph	4.47		9pts	Cornelius Amponsah	4.88		13pts	
High_Jump	Tyler Gandy	1.41		13pts	Liam Reilley	1.53		17pts	
Triple_Jump	Joao Bez Batti Neto	11.30		18pts	Aiden-Martin Dimmock	9.88		11pts	
Pole_Vault									
Shot	Elliot Annan	10.82		18pts	Bobby Harper	9.14		13pts	
Discus	Kai Jones	20.40		11pts	Fejiri Atomre	18.40		9pts	
Javelin	Joshua Agyemang	24.85		10pts	Jamie Prince	13.47		2pts	
Hammer									
Relay	Lateef Olorunseye , Elliot Annan , Charlie Wilde , Connor Cox						54.7		13pts

9 : 332pts : William Edwards School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Callum Wilson Fowler	13.5		17pts	Jaylen Williams	14.6		12pts	
100m	Oskar Zych	11.7		26pts	Daniel Oworojori	12.8		15pts	
200m	Mycken Yambuya	24.0		24pts	Kwame Donker	26.3		16pts	
300m	Arthur Jacks	40.3		20pts	John Coshell	45.6		9pts	
800m	Freddie Murphy	2:21.6		19pts	Callum Dove	2:50.0		9pts	
1500m	Arjon Gjonbala	5:22.9		13pts	Charlie Yellop	5:58.3		6pts	
Long_Jump	Oskar Zych	5.08		15pts	Daniel Oworojori	3.98		4pts	
High_Jump	Mycken Yambuya	1.44		14pts	Callum Dove	1.41		13pts	
Triple_Jump					Jaylen Williams	NM		0pts	
Pole_Vault									
Shot	Arjon Gjonbala	7.98		9pts	El Odiase	10.47		17pts	
Discus	Callum Wilson Fowler	26.70		18pts	Charlie Yellop	21.10		12pts	
Javelin	Freddie Murphy	NM		0pts	John Coshell	30.78		14pts	
Hammer	Harvey Nelder	22.07		12pts					
Relay	Harvey Nelder , El Odiase , Kwame Donker , Arthur Jacks						51.9		18pts



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Intermediate Boys

10 : 291pts : Thorpe Hall School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Hayden Low	12.7		21pts	Ralph Barnett	15.9		5pts
100m	Azriel Ajayi	12.4		19pts	Freddie Seaby	12.2		21pts
200m					Saxon Moore	25.7		18pts
300m	William Lord	44.1		12pts	Louis Loveland	43.6		13pts
800m	Hugo Fryatt	2:17.0		21pts	George Hogg	2:37.8		13pts
1500m	Otis Tabor	4:53.0		19pts				
Long_Jump	Azriel Ajayi	4.44		9pts	Louis Loveland	3.98		4pts
High_Jump	Hayden Low	1.53		17pts	Saxon Moore	1.56		18pts
Triple_Jump	Otis Tabor	7.65		1pts	George Hogg	8.94		6pts
Pole_Vault								
Shot	Jack Treend	7.90		9pts	Freddie Seaby	11.45		20pts
Discus	Barnaby Gant	22.40		13pts				
Javelin	William Lord	29.01		13pts	Dexter Mills	22.80		9pts
Hammer					Ralph Barnett	20.60		10pts
Relay								

11 : 118pts : Southchurch High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Louis Davenport	14.9		10pts					
100m	Leon Bradford	13.8		7pts	George Loader	13.5		9pts	
200m									
300m									
800m									
1500m	Ethan Cooper	5:16.1		14pts					
Long_Jump	Louis Davenport	4.84		13pts	Callum Young	4.24		7pts	
High_Jump	Leon Bradford	1.50		16pts	George Loader	1.50		16pts	
Triple_Jump	Bobby Wye	8.19		2pts					
Pole_Vault									
Shot	Matthew StMarthe	8.40		10pts	Riley Macklin	NM		0pts	
Discus									
Javelin					Joel Brierly	23.88		9pts	
Hammer									
Relay	<u>Ethan Cooper , Alfie Robinson , Joel Brierly , Matthew StMarthe</u>							61.5	5pts



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Intermediate Girls

1 : 423pts : Westcliff High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Aaliyah Elliott	15.0		15pts	Mide Dosumu	15.4		13pts
100m	Chi Chi Musa-Onyeka	12.9		27pts	Aize Michael	13.2		24pts
200m	Ome Nwapa	26.6		25pts	Allia du Plooy	28.3		19pts
300m	Sarah Lawal	44.5		23pts	Philippa Kanneh	48.2		17pts
800m	Charlotte Sumner	2:47.8		17pts	Alice Judd	2:54.1		14pts
1500m	Isabella Riley	5:30.8		21pts	Anna Smith	5:09.6		26pts
Long_Jump	Sarah Lawal	4.48		18pts	Philippa Kanneh	4.65		20pts
High_Jump	Ome Nwapa	1.44		19pts	Charlotte Sumner	1.38		17pts
Triple_Jump	Aize Michael	8.32		11pts	Mide Dosumu	8.01		9pts
Pole_Vault								
Shot	Ameerah Salaam	6.33		10pts	Allia du Plooy	6.82		12pts
Discus	Chi Chi Musa-Onyeka	24.33		21pts				
Javelin	Aaliyah Elliott	15.16		7pts	Alice Judd	10.39		2pts
Hammer	Grace Adewumi	25.84		18pts				
Relay	Isabella Riley , Grace Adewumi , Ameerah Salaam , Anna Smith					59.3		18pts

2 : 368pts : Thorpe Hall School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Y ROSE	14.7		16pts	K LANGSTONE	16.1		11pts
100m	D MADDOCKS	14.8		10pts	D HANRAHAN	12.6		30pts
200m	E BENTLEY	27.8		21pts				
300m	D WILLIAMSON	49.8		14pts	F WALLS	49.1		15pts
800m	H DUFF	3:15.1		7pts	A CANTOR	2:46.5		17pts
1500m	D BATHO	5:40.5		19pts				
Long_Jump	D MADDOCKS	2.73		0pts	K LANGSTONE	3.98		13pts
High_Jump	D WILLIAMSON	1.29		14pts	A CANTOR	1.23		12pts
Triple_Jump	Y ROSE	9.02		15pts	D HANRAHAN	11.01		32pts
Pole_Vault								
Shot	I WHITE	6.62		11pts	A BEADLE	5.92		9pts
Discus	E BENTLEY	13.88		7pts	A BARTHAUD	21.05		17pts
Javelin	S SHOREY	25.33		20pts	F WALLS	31.40		28pts
Hammer	H DUFF	23.44		16pts				
Relay	D BATHO , I WHITE , A BARTHAUD , S SHOREY					62.0		14pts

3 : 329pts : Grays Convent High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Tia Gize-Uwakwe	13.0		22pts	Chisom Lemeh	15.6		13pts
100m	Winna Koho	13.8		18pts	Chidera Idika	14.7		10pts
200m	Millie Mansfield	26.9		24pts	Eve Boateng	29.3		16pts
300m	Hollie Booker	53.4		9pts	Maja Baluka	49.5		14pts
800m	Ava Boucard	2:58.4		13pts	Mia McCaffrey	3:17.7		7pts
1500m	Molly Garner	6:26.4		11pts	Marissa Mudzuri	6:20.4		12pts
Long_Jump	Millie Mansfield	4.36		17pts	Chisom Lemeh	3.39		7pts
High_Jump	Winna Koho	1.32		15pts	Eve Boateng	1.32		15pts
Triple_Jump	Hollie Booker	8.14		9pts	Maja Baluka	8.63		13pts
Pole_Vault								
Shot	Mary Lawson	9.20		20pts	Chidera Idika	9.62		21pts
Discus	Tia Gize-Uwakwe	16.11		10pts	Roula Kanarachos-Freese	16.82		11pts
Javelin	Molly Garner	12.65		4pts	Mia McCaffrey	9.88		1pts
Hammer								
Relay	Ava Boucard , Roula Kanarachos-Freese , Mary Lawson , Marissa Mudzuri					60.1		17pts



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4 : 293pts : William Edwards School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Diana Goian	16.4		10pts	Ava-Rose Juwah	18.3		4pts
100m	Lois Ward	14.3		13pts	Elizabeth Owojori	13.1		25pts
200m	Keira Chadwick	27.9		21pts	Iris Yellop	29.6		15pts
300m	Lyra Macanaspie	49.2		15pts	Rachel Ayeni	48.5		16pts
800m	Hollie Matthews	2:40.0		21pts	Olga Radzaminska	3:02.5		12pts
1500m	Arianna Mason	5:59.7		16pts	Lily Donovan	6:09.3		14pts
Long_Jump	Arianna Mason	2.24		0pts	Olga Radzaminska	3.24		5pts
High_Jump	Hollie Matthews	1.41		18pts	Ava-Rose Juwah	1.20		11pts
Triple_Jump	Victoria Rembecka	NM		0pts	Lily Donovan	7.13		0pts
Pole_Vault								
Shot	Lois Ward	6.25		10pts	Ava Cooley-Wakefield	6.70		12pts
Discus	Diana Goian	18.97		14pts	Rachel Ayeni	17.78		13pts
Javelin	Lyra Macanaspie	NM		0pts	Elizabeth Owojori	15.60		8pts
Hammer								
Relay	Ava Cooley-Wakefield , Keira Chadwick , Victoria Rembecka , Iris Yellop					58.2		20pts

5 : 270pts : De La Salle School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Isobelle Watson	17.4		7pts	Amelia Smith	18.9		2pts
100m	Mia Hopkins	13.5		21pts	Chidera Okafor	13.7		19pts
200m	Divine Emeka	28.5		19pts	Korneilia Jagodzinska	32.8		5pts
300m	Olivia Costello	49.7		14pts	Alyssia Marques Duarte	54.4		8pts
800m	Nifemi Akeni	3:08.2		10pts	Grace Hammel	3:07.2		10pts
1500m	Evie Mayers	6:39.0		9pts	Imogen Thorpe	6:33.0		10pts
Long_Jump	Divine Emeka	3.76		11pts	Chidera Okafor	NM		0pts
High_Jump	Olivia Costello	1.20		11pts	Alyssia Marques Duarte	1.17		10pts
Triple_Jump								
Pole_Vault								
Shot	Mia Hopkins	5.89		9pts	Imogen Thorpe	5.35		7pts
Discus	Isobelle Watson	15.56		10pts	Korneilia Jagodzinska	13.10		6pts
Javelin	Lacey Atkinson	16.72		9pts	Amelia Smith	23.53		17pts
Hammer	Nifemi Akeni	17.87		10pts	Crystal Onyema	24.90		17pts
Relay	Grace Hammel , Evie Mayers , Lacey Atkinson , Crystal Onyema					64.9		10pts

6 : 245pts : Mayflower High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Amy Tear	15.8		12pts	Jess Abraham	15.4		13pts
100m	Sienna Wiles	14.9		9pts	Daniella Kounai	14.9		9pts
200m	Peniel Obienyem	31.1		10pts	Julianna Mason-Bauckham	34.9		0pts
300m	Elsie Shepherd	51.3		12pts	Olivia Johnson-Marns	52.3		11pts
800m	Abby Caldon	2:39.8		21pts	Anya Smith	3:00.8		12pts
1500m					Hattie Sains	6:47.6		8pts
Long_Jump					Jess Abraham	2.84		1pts
High_Jump	Amy Tear	1.23		12pts	Hattie Sains	1.26		13pts
Triple_Jump	Elsie Shepherd	8.59		12pts	Julianna Mason-Bauckham	7.28		1pts
Pole_Vault								
Shot	Peniel Obienyem	7.56		14pts	Daniella Kounai	6.83		12pts
Discus	Sienna Wiles	13.63		7pts	Olivia Johnson-Marns	21.63		18pts
Javelin	Caitlyn Jones	12.48		4pts	Anya Smith	11.40		3pts
Hammer	Juilet Wenborn	23.14		16pts				
Relay	Abby Caldon , Caitlyn Jones , Erin Weightman , Juliet Wenbourn					61.1		15pts



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7 : 222pts : Beauchamps High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles					Maisie Geddes	16.4		10pts
100m	Bella Day	13.9		17pts	Belle Souter	13.8		18pts
200m	Isabellla Edgson	31.6		8pts				
300m	Keira Nix	44.5		23pts	Sienna Holloway	49.1		15pts
800m					Ella Welland	2:35.9		23pts
1500m	Heidi Bailey	5:11.2		25pts	Lois Argent	7:02.2		5pts
Long_Jump	Heidi Bailey	3.24		5pts	Belle Souter	3.99		13pts
High_Jump	Keira Nix	1.08		7pts	Ella Welland	1.23		12pts
Triple_Jump	Farrah Higley	6.40		0pts	Hannah Ferguson	6.50		0pts
Pole_Vault								
Shot	Isabellla Edgson	4.90		6pts	Maisie Geddes	6.12		10pts
Discus	Katie Clarke	15.03		9pts	Lois Argent	9.46		1pts
Javelin	Bella Day	12.62		4pts				
Hammer	Ellis Rodgers	18.19		11pts				
Relay								

8 : 210pts : Redden Court School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Flick Russell	15.5		13pts	Evie Braiden	15.6		13pts
100m	Olivia McManus	15.2		8pts	Nyla Dennard-Mayne	15.0		9pts
200m	Amelia McDowell	30.3		13pts	Effi Woodroof	29.2		16pts
300m	Chloe Hawkins	51.5		12pts	Ella Evans	48.2		17pts
800m								
1500m								
Long_Jump	Ella Evans	3.24		5pts	Ella Kerley	2.86		2pts
High_Jump	Effi Woodroof	1.35		16pts				
Triple_Jump								
Pole_Vault								
Shot	Emilia Cernevschi	6.92		12pts	Karolina Kostigova	7.21		13pts
Discus	Flick Russell	22.43		19pts	Amelia McDowell	18.30		13pts
Javelin	Chloe Hawkins	9.27		1pts	Evie Braiden	17.76		11pts
Hammer								
Relay	Karolina Kostigova , Nyla Dennard-Mayne , Emilia Cernevschi , Olivia McManus					60.0		17pts

9 : 66pts : Southchurch High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m								
200m	Amelie Chesney	29.6		15pts				
300m	Alexis May Fairbrass	64.0		0pts				
800m	Amy Salter	3:00.7		12pts				
1500m								
Long_Jump	Darcy Johnson-Price	2.74		0pts				
High_Jump	Amelie Chesney	1.26		13pts				
Triple_Jump								
Pole_Vault								
Shot	Mia Sparks	4.37		4pts	Charlotte Kell	3.57		1pts
Discus	Mia Purbrick	NM		0pts	Amelia Szuminska	13.32		7pts
Javelin	Matilda Boosey	15.00		7pts	Alexis May Fairbrass	9.96		1pts
Hammer								
Relay	Mia Sparks , Olivia Chappell , Paisley-Jo Konradsson , Matilda Boosey					68.0		6pts