

Round - 1

## English Schools' AA Cross Country Cup 2024

### Essex 1 : Woodbridge - Monday 30th September 2024

Junior Boys		Team Results	4	Scoring Athletes	Distance 3200m
Pos	Name	School, County			Time
1	Dexter Marshall	Woodbridge School, Suffolk			11:54
2	Josh Seaman	Woodbridge School, Suffolk			12:37
3	Orson Bartlett	Langley School, Norfolk			14:47
4	Otis Ripman	Woodbridge School, Suffolk			12:51
5	Alfie Ripman	Woodbridge School, Suffolk			12:58
6	Ollie Ripman	Woodbridge School, Suffolk			12:59
7	Archie Rufford	Woodbridge School, Suffolk			13:16
8	Chris Sillik	Royal Hospital School, Suffolk			13:30
9	Gregory Slater	St Benedict's Catholic School, Suffolk			13:37
10	Seth Keogh	Thorpe St Andrew School And Sixth Form, Norfolk			13:41
11	Connor Tunbridge	Farlingaye High School, Suffolk			
12	Charles Cass-Courtney	Finborough School, Suffolk			
13	Josh Steyn	Royal Hospital School, Suffolk			
14	Tobias Wilson	Farlingaye High School, Suffolk			
15	Josh Drysdale	Thorpe St Andrew School And Sixth Form, Norfolk			
16	William Woods	Farlingaye High School, Suffolk			
17	Antoshka Stadlen	Farlingaye High School, Suffolk			
18	Sidney Astle	St Benedict's Catholic School, Suffolk			
19	Evan Cameron	St Benedict's Catholic School, Suffolk			
20	Harry Lichfield	Farlingaye High School, Suffolk			14:27
21	Kacper Kolodziej	St Benedict's Catholic School, Suffolk			
22	Isaac Deary	Langley School, Norfolk			
23	Josh Liebenburg	Finborough School, Suffolk			
24	Stanley McLeod	Langley School, Norfolk			
25	Tommy Bickers	Finborough School, Suffolk			
26	Tom Wright	Thorpe St Andrew School And Sixth Form, Norfolk			
27	Arthur Munnings	Thorpe St Andrew School And Sixth Form, Norfolk			
28	Ben Moss	Farlingaye High School, Suffolk			
29	Wilf Wakely	Royal Hospital School, Suffolk			
30	Jack Ansall	Thorpe St Andrew School And Sixth Form, Norfolk			15:12
31	Tom Greening	Thorpe St Andrew School And Sixth Form, Norfolk			
32	Jay Green	Langley School, Norfolk			
33	Harry Martin	Royal Hospital School, Suffolk			
34	James Lochore	Royal Hospital School, Suffolk			
35	Hugo McTrusty	St Benedict's Catholic School, Suffolk			
36	Solomon Brokenshire	St Benedict's Catholic School, Suffolk			
37	Aongus Gillies	Finborough School, Suffolk			
38	Dylan Newell-Ginn	Finborough School, Suffolk			
39	Issac Brightwell	Royal Hospital School, Suffolk			
40	Toby Sedgewick	Langley School, Norfolk			17:30

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## English Schools' AA Cross Country Cup 2024

### Essex 1 : Woodbridge - Monday 30th September 2024

Intermediate Boys		Team Results	4	Scoring Athletes	Distance 4200m
Pos	Name	School, County			Time
1	Mason Bramhald	Farlingaye High School, Suffolk			15:01
2	Digby Pearson	Woodbridge School, Suffolk			15:55
3	Ed Berkley	Farlingaye High School, Suffolk			16:34
4	Hamish Dover	Woodbridge School, Suffolk			16:48
5	Jago Jennings	Woodbridge School, Suffolk			16:54
6	David Lupsa	St Benedict's Catholic School, Suffolk			17:05
7	Riley Cozens	Langley School, Norfolk			17:18
8	Luke Houchell	Farlingaye High School, Suffolk			17:20
9	Oscar Wynn	Woodbridge School, Suffolk			17:23
10	Jack Knight	Woodbridge School, Suffolk			17:24
11	William Glover	St Benedict's Catholic School, Suffolk			
12	Oliver Lamas	St Benedict's Catholic School, Suffolk			
13	Jake McConnell	St Benedict's Catholic School, Suffolk			
14	Niall Langan	Thorpe St Andrew School And Sixth Form, Norfolk			
15	Aiden Cameron	St Benedict's Catholic School, Suffolk			
16	Elliot Zimmerman	Thorpe St Andrew School And Sixth Form, Norfolk			
17	Henry Dye	Langley School, Norfolk			
18	Austin Richardson	Thorpe St Andrew School And Sixth Form, Norfolk			
19	Hugo Mayes	Royal Hospital School, Suffolk			
20	Noah Wilkinson	St Benedict's Catholic School, Suffolk			18:56
21	John Whitefoot	Thorpe St Andrew School And Sixth Form, Norfolk			
22	Sid Watson	Farlingaye High School, Suffolk			
23	Toby Page	Farlingaye High School, Suffolk			
24	Zach Montgomery	Thorpe St Andrew School And Sixth Form, Norfolk			
25	Austin Murrell	Thorpe St Andrew School And Sixth Form, Norfolk			
26	James Gale	Langley School, Norfolk			
27	Tom Sherlock	Langley School, Norfolk			
28	Freddie Kelsey	Langley School, Norfolk			
29	Arthur Lee	Woodbridge School, Suffolk			
30	Oscar Fairhall	Royal Hospital School, Suffolk			22:01
31	Dimi Dimitrius	Royal Hospital School, Suffolk			22:01

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## English Schools' AA Cross Country Cup 2024

### Essex 1 : Woodbridge - Monday 30th September 2024

Senior Boys		Team Results	4	Scoring Athletes	Distance 5700m
Pos	Name	School, County			Time
1	Iwan Fothergill	Woodbridge School, Suffolk			17:21
2	Sean Eales	Royal Hospital School, Suffolk			17:39
3	Bruce Bennett	Woodbridge School, Suffolk			17:56
4	Flynn Kelly	Farlingaye High School, Suffolk			18:42
5	Jasper Keith	Woodbridge School, Suffolk			19:04
6	Angus Blackburn	Woodbridge School, Suffolk			19:21
7	Jonathon Crowle	Thorpe St Andrew School And Sixth Form, Norfolk			19:26
8	Sean Eales	Woodbridge School, Suffolk			19:55
9	Henry Shadrack	Royal Hospital School, Suffolk			20:11
10	Harry Page	Farlingaye High School, Suffolk			20:50
11	Jack Hargraves	Royal Hospital School, Suffolk			20:51
12	Nathan Russell	Farlingaye High School, Suffolk			20:54
13	Femi feyi-Adelaja	Royal Hospital School, Suffolk			20:56
14	Frazer Jarvis	Farlingaye High School, Suffolk			21:53
15	Alastair Fairley	Royal Hospital School, Suffolk			24:18
16	Harry Alexander	Royal Hospital School, Suffolk			24:18

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## English Schools' AA Cross Country Cup 2024

### Essex 1 : Woodbridge - Monday 30th September 2024

Junior Girls		Team Results	4	Scoring Athletes	Distance 2300m
Pos	Name	School, County			Time
1	Sophie Bolton	St Benedict's Catholic School, Suffolk			8:12
2	India Johnson	Woodbridge School, Suffolk			8:17
3	Alexandra McVittie	Woodbridge School, Suffolk			8:18
4	Flora Houchell	Farlingaye High School, Suffolk			8:32
5	Chloe Berry	Woodbridge School, Suffolk			8:41
6	Ella Knight	Woodbridge School, Suffolk			8:42
7	Anabella Johnson	Farlingaye High School, Suffolk			8:51
8	India Bostock	Woodbridge School, Suffolk			8:57
9	Imogen McVittie	Woodbridge School, Suffolk			9:16
10	Charlotte Houchell	Farlingaye High School, Suffolk			9:18
11	Seren Lloyd	Farlingaye High School, Suffolk			
12	Beatrice Harpur-Davies	St Benedict's Catholic School, Suffolk			
13	Ellie Plant	Farlingaye High School, Suffolk			
14	Isla Hellier-Vaughn	Finborough School, Suffolk			
15	Megan Daley	Royal Hospital School, Suffolk			
16	Imogen Knight	St Benedict's Catholic School, Suffolk			
17	Davina Oladele	Royal Hospital School, Suffolk			
18	Emer Cavanagh	Finborough School, Suffolk			
19	Chloe Jones	Royal Hospital School, Suffolk			
20	Sophia Collins	St Benedict's Catholic School, Suffolk			11:07
21	Sophie Stuart	Farlingaye High School, Suffolk			
22	Clara Needham	St Benedict's Catholic School, Suffolk			
23	Ava Ogunyadeka	Royal Hospital School, Suffolk			
24	Rosie Summers	Royal Hospital School, Suffolk			
25	Georgina Loader	Finborough School, Suffolk			
26	Alice Nowak	St Benedict's Catholic School, Suffolk			
27	Alexandra Arnold	Royal Hospital School, Suffolk			
28	Florence Reynolds	Thorpe St Andrew School And Sixth Form, Norfolk			11:59

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## English Schools' AA Cross Country Cup 2024

### Essex 1 : Woodbridge - Monday 30th September 2024

Intermediate Girls		Team Results	4	Scoring Athletes	Distance 3200m
Pos	Name	School, County			Time
1	Romily Adams	Woodbridge School, Suffolk			13:16
2	Molly Murphy	St Benedict's Catholic School, Suffolk			13:57
3	Alice Oberholzer	Woodbridge School, Suffolk			14:05
4	Lucy Murphy	St Benedict's Catholic School, Suffolk			14:37
5	Grace Hotham	Woodbridge School, Suffolk			14:47
6	Amelia Smith	St Benedict's Catholic School, Suffolk			14:58
7	Natasha Fernandez	Farlingaye High School, Suffolk			15:11
8	Eirann Cheale	Woodbridge School, Suffolk			15:25
9	Evie Thomas	Thorpe St Andrew School And Sixth Form, Norfolk			15:27
10	Tillie Jack	Royal Hospital School, Suffolk			15:27
11	Mariana Evans Lombe	Woodbridge School, Suffolk			
12	Lily Borrett	Thorpe St Andrew School And Sixth Form, Norfolk			
13	Abi Kemp	Farlingaye High School, Suffolk			
14	Alanna Evans	St Benedict's Catholic School, Suffolk			
15	Lois Keeley	Royal Hospital School, Suffolk			
16	Millie Smith	Woodbridge School, Suffolk			
17	Maggie Waters	Farlingaye High School, Suffolk			
18	Tallulah Holbrook	Farlingaye High School, Suffolk			
19	Skye Farrow	Royal Hospital School, Suffolk			
20	Amelie Jones	Royal Hospital School, Suffolk			17:10
21	Florence Arulampalam	Royal Hospital School, Suffolk			
22	Hermione Lockyer	Royal Hospital School, Suffolk			
23	Poppy Hinton	Farlingaye High School, Suffolk			
24	Imogen Grove	St Benedict's Catholic School, Suffolk			
25	Kiera Swarbrick	St Benedict's Catholic School, Suffolk			18:02

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## English Schools' AA Cross Country Cup 2024

### Essex 1 : Woodbridge - Monday 30th September 2024

Senior Girls		Team Results	4	Scoring Athletes	Distance 3800m
Pos	Name	School, County			Time
1	Darcy Gladwell	Ipswich School, Suffolk			13:14
2	Lottie Hitchcock	Ipswich School, Suffolk			13:54
3	Eloise Atkin	Farlingaye High School, Suffolk			14:27
4	Ottie Heather-Hayes	Ipswich School, Suffolk			15:06
5	Amelia Lewis	Ipswich School, Suffolk			15:23
6	Nia Lloyd	Farlingaye High School, Suffolk			15:38
7	Bea Snowden	Farlingaye High School, Suffolk			15:40
8	Katie Walker	Farlingaye High School, Suffolk			15:44
9	Lily Jerrold	Farlingaye High School, Suffolk			15:44
10	Lola Felton	Farlingaye High School, Suffolk			15:58
11	Pip Rawlings	Ipswich School, Suffolk			16:37
12	Alice Green	Royal Hospital School, Suffolk			16:59
13	Sophie Doe	Royal Hospital School, Suffolk			17:31
14	Sophie Benbow	Royal Hospital School, Suffolk			17:31
15	Polly Fitch	Royal Hospital School, Suffolk			18:20
16					18:35
17	Fifi Adewuyi	Royal Hospital School, Suffolk			20:22

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**English Schools' AA Cross Country Cup 2024**  
**Essex 1 : Woodbridge - Monday 30th September 2024**

<b>Junior Boys</b>			<b>Places</b>			
<b>Posn</b>	<b>Points</b>	<b>School</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>
12		Woodbridge School, Suffolk	1	2	4	5
58		Farlingaye High School, Suffolk	11	14	16	17
67		St Benedict's Catholic School, Suffolk	9	18	19	21
78		Thorpe St Andrew School And Sixth Form, Norfolk	10	15	26	27
81		Langley School, Norfolk	3	22	24	32
83		Royal Hospital School, Suffolk	8	13	29	33
97		Finborough School, Suffolk	12	23	25	37

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<b>Junior Girls</b>			<b>Places</b>			
<b>Posn</b>	<b>Points</b>	<b>School</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>
16		Woodbridge School, Suffolk	2	3	5	6
32		Farlingaye High School, Suffolk	4	7	10	11
49		St Benedict's Catholic School, Suffolk	1	12	16	20
74		Royal Hospital School, Suffolk	15	17	19	23

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<b>Intermediate Boys</b>			<b>Places</b>			
<b>Posn</b>	<b>Points</b>	<b>School</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>
20		Woodbridge School, Suffolk	2	4	5	9
34		Farlingaye High School, Suffolk	1	3	8	22
42		St Benedict's Catholic School, Suffolk	6	11	12	13
69		Thorpe St Andrew School And Sixth Form, Norfolk	14	16	18	21
77		Langley School, Norfolk	7	17	26	27

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**English Schools' AA Cross Country Cup 2024**  
**Essex 1 : Woodbridge - Monday 30th September 2024**

<b>Intermediate Girls</b>			<b>Places</b>			
<b>Posn</b>	<b>Points</b>	<b>School</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>
17		Woodbridge School, Suffolk	1	3	5	8
26		St Benedict's Catholic School, Suffolk	2	4	6	14
55		Farlingaye High School, Suffolk	7	13	17	18
64		Royal Hospital School, Suffolk	10	15	19	20

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<b>Senior Boys</b>			<b>Places</b>			
<b>Posn</b>	<b>Points</b>	<b>School</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>
15		Woodbridge School, Suffolk	1	3	5	6
35		Royal Hospital School, Suffolk	2	9	11	13
40		Farlingaye High School, Suffolk	4	10	12	14

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<b>Senior Girls</b>			<b>Places</b>			
<b>Posn</b>	<b>Points</b>	<b>School</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>
12		Ipswich School, Suffolk	1	2	4	5
24		Farlingaye High School, Suffolk	3	6	7	8
54		Royal Hospital School, Suffolk	12	13	14	15

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