

ESAA English Schools' Track and Field Cup 2024
Regional 'A' Final, EA 1 at Melbourn Park Chelmsford - Tuesday 11th June 2024

Junior Boys

1 : 539pts : The Campion School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Liam Bergin-McCarthy	14.2		18pts	Ike Ogbe	13.4		22pts
100m	Emmanuel Olatunde	12.5		25pts	Ethan John-Lewis	12.3		27pts
200m	Jason Okolo	27.6		18pts	David Agwuncha	27.5		18pts
300m	Chidera Asiegbu	39.1		27pts	Colin Pandanzyla	43.1		18pts
800m	Victor Agboola	2:21.0		23pts	Joris Mockus	2:33.0		19pts
1500m	Jaden Nwoke	4:55.0		23pts	George Alder	5:08.0		20pts
Long_Jump	Jaden Nwoke	4.78		19pts	Ethan John-Lewis	5.23		24pts
High_Jump	Jason Okolo	1.44		18pts	Ike Ogbe	1.47		19pts
Triple_Jump	Emmanuel Olatunde	10.33		20pts	Adam Naing	10.22		20pts
Pole_Vault								
Shot	Chizzy Bah	11.88		25pts	Colin Pandanzyla	12.14		26pts
Discus								
Javelin	Liam Bergin-McCarthy	26.75		19pts	Joris Mockus	26.86		19pts
Hammer	Chidera Asiegbu	38.00		29pts	David Agwuncha	30.04		22pts
Relay	Adam Naing , Victor Agboola , George Alder , Chizzy Bah					53.6		21pts

2 : 539pts : Southend High School for Boys, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Stanley Argent	13.2		23pts	Daksh Kumar	12.9		25pts
100m	Chris Chukwu	12.9		21pts				
200m	Luke Wilkin	28.1		17pts	Joshua Lawrence	26.7		20pts
300m	Jacob Campbell	42.0		20pts	Owen Richardson	41.5		21pts
800m	Harry Murphy	2:24.0		22pts	Aman Chowdhury	2:25.0		21pts
1500m	Sam Joyce	4:54.0		23pts	George White	4:47.0		25pts
Long_Jump					George White	4.67		18pts
High_Jump					Larry Dunn	1.50		20pts
Triple_Jump	Stanley Argent	10.39		20pts	Aman Chowdhury	10.08		19pts
Pole_Vault	Chris Chukwu	2.50		23pts	Joshua Lawrence	2.60		25pts
Shot	Harry Murphy	10.50		21pts	Elijah Turner	10.30		20pts
Discus	Sam Joyce	27.90		22pts	Daksh Kumar	20.70		15pts
Javelin	Jacob Campbell	34.33		27pts	Luke Wilkin	34.51		27pts
Hammer	Henry Pownceby	33.94		26pts				
Relay	Henry Pownceby , Larry Dunn , Elijah Turner , Owen Richardson					55.6		18pts

3 : 535pts : Westcliff High School for Boys Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Michael Kushimo	12.8		25pts	Freddie Sankey	12.6		26pts
100m	Samuel Awobadejo	13.2		18pts	Sam Awelewa	13.1		19pts
200m	Favour Ben	27.3		19pts	Sochima Okoye	26.5		21pts
300m	Nathan Moradeke-Johnsor	44.6		16pts	Danyel Oladimeji	40.8		23pts
800m	Daniel Ward	2:44.0		15pts	Xavier Keenan	2:34.0		19pts
1500m	George Riley	5:06.0		20pts	Victor Janus	4:56.0		23pts
Long_Jump	Favour Ben	4.61		18pts				
High_Jump					Danyel Oladimeji	1.50		20pts
Triple_Jump	Michael Kushimo	11.03		24pts	Sochima Okoye	11.09		24pts
Pole_Vault					Victor Janus	2.40		21pts
Shot	Ameer Salaam	13.00		29pts				
Discus	Nathan Moradeke-Johnsor	27.93		22pts	Sam Awelewa	27.72		22pts
Javelin	Robert Burn	30.17		23pts	Xavier Keenan	18.27		11pts
Hammer	Samuel Awobadejo	41.29		32pts	Freddie Sankey	40.88		31pts
Relay	Robert Burn , Daniel Ward , George Riley , Ameer Salaam					59.1		14pts

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Junior Boys

4 : 523pts : The Eastwood Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	JJ Neife	13.3		23pts	Luis Shepherd-Hermida	12.6		26pts
100m	Albie Lyons	11.5		35pts	Fin Petherbridge	13.2		18pts
200m	Zach Petherbridge	26.6		21pts	Stan Sokolowski	25.9		23pts
300m	Sam Munday	41.8		21pts	Noah Marklew	42.3		20pts
800m	Charlie Sloman	2:24.0		22pts	Rafe Dowling	2:25.0		21pts
1500m	Ronnie Grant	5:04.0		21pts	Remy MacDonald	5:04.0		21pts
Long_Jump	Sam Munday	4.52		17pts	Ronnie Grant	4.30		15pts
High_Jump	Charlie Sloman	1.44		18pts	Fin Petherbridge	1.41		17pts
Triple_Jump	JJ Neife	10.26		20pts	Remy MacDonald	10.26		20pts
Pole_Vault								
Shot	Albie Lyons	11.75		25pts				
Discus	Zach Petherbridge	21.83		16pts	Noah Marklew	20.41		14pts
Javelin	Tom Buscombe	34.56		27pts	Stan Sokolowski	28.56		21pts
Hammer	Oscar Bell	32.97		25pts				
Relay	<u>Luis Shepherd-Hermida , Rafe Dowling , Tom Buscombe , Oscar Bell</u>					56.9		16pts

5 : 480pts : Robert Clack School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Joshua Buxton	12.5		27pts				
100m	Ayaat Ali	12.5		25pts	Ibrahim Ali	13.3		17pts
200m	Denzel Mwasha	25.0		26pts	Ire Macauley	27.9		17pts
300m	Tyler Walterstow-Frederi	42.1		20pts	Zephaniah Smith	41.8		21pts
800m	Ryan Lishandi	2:23.0		22pts	Charlie Burke	2:30.0		20pts
1500m					Devonte Pike	5:00.0		22pts
Long_Jump	Denzel Mwasha	4.23		14pts	Charlie Burke	3.56		7pts
High_Jump	Ryan Lishandi	1.44		18pts	Ayaat Ali	1.44		18pts
Triple_Jump	Mazeed Momoh	10.41		21pts	Ire Macauley	9.97		18pts
Pole_Vault								
Shot	Tyler Walterstow-Frederi	11.56		24pts	Ibrahim Ali	10.12		20pts
Discus	Joshua Buxton	21.85		16pts	Elijah Gwataringa	23.10		17pts
Javelin	Freddie Cable	19.51		12pts	Devonte Pike	25.18		18pts
Hammer	Teddy Peebles	33.12		25pts	Zephaniah Smith	25.90		18pts
Relay	<u>Teddy Peebles , Mazeed Momoh , Freddie Cable , Elijah Gwataringa</u>					56.3		17pts

6 : 471pts : Woodlands School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Fabian Nayan	10.8		35pts	Samuel Agboola	13.1		24pts
100m	Champion Ogunyemi	12.9		21pts				
200m	Austin Nicholson	28.0		17pts	Matas Sember	27.0		20pts
300m	Zak Williams-Lewis	43.1		18pts	Kiyan Osuoha	45.3		15pts
800m	Alex Butcher	2:29.0		20pts	Rhys Jackson	2:45.0		15pts
1500m	Luke Turvey	5:07.0		20pts	Theo Brooker	5:05.0		20pts
Long_Jump	Luke Turvey	4.32		15pts	Samuel Agboola	4.59		17pts
High_Jump	Alex Butcher	1.44		18pts	Jokubas Mereskevicius	1.41		17pts
Triple_Jump	Zak Williams-Lewis	10.08		19pts	Kiyan Osuoha	9.36		15pts
Pole_Vault								
Shot	Larry Popov	10.33		20pts				
Discus	Austin Nicholson	19.57		14pts	Matas Sember	26.60		21pts
Javelin		24.24		17pts	Theo Brooker	23.68		16pts
Hammer	Fabian Nayan	28.84		21pts	Rhys Jackson	30.99		23pts
Relay	<u>Larry Popov , Champion Ogunyemi , Andrew Persunaru , Jokubas Mereskevicius</u>					59.7		13pts

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Junior Boys

7 : 467pts : Barking Abbey School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Zain Rahman	12.4		27pts	Ilyas Abdul-Rob	13.6		21pts
100m	Adil Kamaly	12.0		30pts	Tareeq Muyanja	12.0		30pts
200m	Jamal Bajwa	24.8		27pts	Kyron Lewinson	28.2		17pts
300m	Inayet Hossain	43.7		17pts	Mason Choudhri	45.5		14pts
800m	Kamari Emanuel	2:27.0		21pts	Danite Isilika	2:45.0		15pts
1500m	Kevin Azoska-Pereira	5:15.0		18pts	Joel Mutshaka	5:04.0		21pts
Long_Jump	Jamal Bajwa	4.55		17pts	Mason Choudhri	4.61		18pts
High_Jump	Kamari Emanuel	1.41		17pts	Joel Mutshaka	1.32		14pts
Triple_Jump	Adil Kamaly	10.21		20pts	Ilyas Abdul-Rob	9.74		17pts
Pole_Vault								
Shot	Zain Rahman	8.90		16pts	Hadi Awan	9.68		18pts
Discus	Inayet Hossain	24.11		18pts	Kyron Lewinson	26.01		20pts
Javelin	Kevin Azoska-Pereira	NM		0pts	Yusuf Abdul Gaffor	24.66		17pts
Hammer								
Relay	<u>Danite Isilika , Yusuf Abdul Gaffor , Tareeq Muyanja , Hadi Awan</u>					56.8		17pts

8 : 442pts : The Coopers' Company and Coborn School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Oliver Cambridge	12.7		26pts	Henry Langford	13.5		22pts
100m	Ayaan Islam	12.8		22pts	Ethan Johnson	13.8		13pts
200m	Isaac Allen	27.1		19pts	Logan Hunt	28.5		16pts
300m	Matai Milner	43.7		17pts	Tommy Rose	46.1		13pts
800m	Oliver West	2:27.0		21pts	George Burgess	2:34.0		19pts
1500m	Joe Sewell	4:52.0		24pts	Archie Baily	4:45.0		25pts
Long_Jump	Matai Milner	4.85		20pts	Logan Hunt	4.25		14pts
High_Jump	Oliver Cambridge	1.44		18pts	Henry Langford	1.47		19pts
Triple_Jump	Tommy Rose	9.06		14pts	Archie Baily	8.61		12pts
Pole_Vault								
Shot	Ayaan Islam	8.97		16pts	Kai O'Connell-Boyle	8.85		15pts
Discus	Isaac Allen	22.30		16pts	George Burgess	19.60		14pts
Javelin	Ethan Johnson	23.09		16pts				
Hammer	Ashton Reeve	23.87		16pts				
Relay	<u>Oliver West , Joe Sewell , Kai O'Connell-Boyle , Ashton Johnson</u>					57.7		15pts

9 : 375pts : Thorpe St Andrew School and Sixth Form, Norfolk

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Charlie Sutton	14.4		17pts	Jacob Jenkins	15.6		11pts
100m	Louis Cubitt	12.9		21pts	Nduka Gray	12.6		24pts
200m	Riley Rant	26.2		22pts	Josh Rumsby	28.2		17pts
300m	Taylor Mindham	47.6		11pts	Mark Devaney	47.3		11pts
800m	Henry Antoniodes	2:26.0		21pts	Niall Langan	2:35.0		18pts
1500m	Seth Kepgh	5:19.0		17pts	Austin Murrell	5:07.0		20pts
Long_Jump	Charlie Sutton	4.36		15pts	Josh Rumsby	NM		0pts
High_Jump	Oscar Odell	1.50		20pts	Mark Devaney	1.41		17pts
Triple_Jump	Louis Cubitt	9.39		15pts	Jacob Jenkins	8.56		11pts
Pole_Vault								
Shot	Riley Rant	8.39		14pts	Nduka Gray	10.05		19pts
Discus	Will Bullen	21.24		15pts	Austin Murrell	12.97		7pts
Javelin	Taylor Mindham	14.00		7pts	Niall Langan	13.23		6pts
Hammer								
Relay	<u>Will Bullen , Seth Kepgh , Oscar Odell , Henry Antoniodes</u>					55.2		19pts

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Junior Boys

10 : 332pts : Woodbridge School, Suffolk

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Oscar Denvir	15.5		12pts	Olly Berry	17.0		5pts
100m	Josh Seaman	13.1		19pts	Frank Baird Smith	14.6		9pts
200m	Thomas Freeman	28.6		16pts	Otis Ripman	30.7		10pts
300m	Oscar Wynn	40.5		23pts				
800m	Ollie Ripman	2:38.0		17pts	Alfie Ripman	2:34.0		19pts
1500m	Digby Pearson	4:42.0		26pts	Dexter Marshall	4:44.0		26pts
Long_Jump	Dexter Marshall	4.15		13pts	Otis Ripman	3.95		11pts
High_Jump	Josh Seaman	1.29		13pts	Olly Berry	1.26		12pts
Triple_Jump	Oscar Denvir	7.71		6pts	Frank Baird Smith	7.80		7pts
Pole_Vault								
Shot	Jamie Smith	7.61		11pts	Noah Manders-Heffer	4.99		3pts
Discus	Oscar Wynn	20.51		15pts	Digby Pearson	20.10		14pts
Javelin	Thomas Freeman	26.57		19pts	Zik Ihenacho	20.70		13pts
Hammer								
Relay	<u>Jamie Smith , Alfie Ripman , Zik Ihenacho , Ollie Ripman</u>					60.0		13pts

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Intermediate Boys

1 : 594pts : Westcliff High School for Boys Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Ajay Whiteman	11.5		27pts	Semilore Mustafa	10.8		31pts	
100m	Anthony Odumosu	11.8		25pts	Micheael Fakunle	11.8		25pts	
200m	Jake White	23.0		29pts	Benaiah Osei-Poku	24.5		22pts	
300m	Haris Dean	40.2		21pts	Matthew Agbolegbe	35.8		32pts	
800m	Nonso Nwabueze	2:14.0		22pts	Reggie Herron	2:22.0		19pts	
1500m	Lennon Parsons	4:25.0		25pts					
Long_Jump	Jake White	5.62		21pts	Semilore Mustafa	5.97		24pts	
High_Jump	Ajay Whiteman	1.68		22pts	Matthew Agbolegbe	1.59		19pts	
Triple_Jump	Anthony Odumosu	12.38		23pts	Benaiah Osei-Poku	12.34		23pts	
Pole_Vault	Haris Dean	2.90		22pts					
Shot	Nonso Nwabueze	10.90		19pts	Micheael Fakunle	12.61		24pts	
Discus	Joseph Burdett	32.36		23pts	Reggie Herron	33.69		25pts	
Javelin	Charles Harvey	41.18		21pts					
Hammer	Marcus Cato	49.03		29pts					
Relay	Charles Harvey , Lennon Parsons , Marcus Cato , Joseph Burdett						50.1		21pts

2 : 583pts : Southend High School for Boys, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Henry Grange	11.2		29pts	Freddy Ashworth	11.4		28pts	
100m	Oluwasemlore Osinowo	12.1		22pts	Harry Dove	11.6		27pts	
200m	Lloyd Uwadiae	25.4		19pts	Jeremy Andersen	24.8		21pts	
300m	Dylan Wilson	38.8		24pts	Ugo Godwin	39.9		21pts	
800m	Louis Morrison	2:20.0		19pts	Oscar Dove	2:12.0		23pts	
1500m					Jude Hearn	4:26.0		24pts	
Long_Jump	Dylan Wilson	5.72		22pts	Harry Dove	5.48		19pts	
High_Jump	Louis Morrison	1.71		23pts	Freddy Ashworth	1.59		19pts	
Triple_Jump	Lloyd Uwadiae	11.34		18pts	Ugo Godwin	12.91		26pts	
Pole_Vault	Henry Grange	3.45		26pts					
Shot	Oluwasemlore Osinowo	12.71		25pts	Jeremy Andersen	12.45		24pts	
Discus	Oscar Kittle	35.66		26pts					
Javelin					Oscar Walls	42.42		22pts	
Hammer	Alex Brigden	50.32		30pts	Oscar Dove	50.83		30pts	
Relay	Oscar Walls , Oscar Kittle , Alex Brigden , Jude Hearn						53.2		16pts

3 : 560pts : The Coopers' Company and Coborn School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Simeon Barker	10.9		30pts	Freddie Fisher	11.4		28pts	
100m	Jae Callendar	11.8		25pts	Tom Backham	11.7		26pts	
200m	Dillon Humphrey	25.7		18pts	Reggie Marshall	25.9		17pts	
300m	Daniel Brown	36.9		29pts	Ethan Berry	38.6		25pts	
800m	Findlay McLaren	2:04.0		27pts	Jayden Wilkinson	2:16.0		21pts	
1500m	Shea Sweeney	4:31.0		23pts	Tom Alder	4:42.0		21pts	
Long_Jump	Jae Callendar	5.35		18pts	Jayden Wilkinson	5.60		21pts	
High_Jump	Findlay McLaren	1.71		23pts					
Triple_Jump	Simeon Barker	12.29		23pts	Tom Alder	10.85		16pts	
Pole_Vault									
Shot	Daniel Brown	13.43		27pts	Tom Backham	10.51		17pts	
Discus	Reggie Marshall	29.03		20pts	Freddie Fisher	29.30		20pts	
Javelin	Sam Burdett	43.36		22pts	John O'Brien	43.83		23pts	
Hammer	Dillon Humphrey	32.26		19pts					
Relay	Sam Burdett , Shea Sweeney , John O'Brien , Ethan Berry						50.1		21pts

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Intermediate Boys

4 : 541pts : The FitzWimarc School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Zac Shiret	11.6		27pts	Zak Williams	11.4		28pts	
100m	Alex Cane	12.1		22pts	Charlie Pyner	11.5		28pts	
200m	Thomas Oxlade	24.1		23pts	Noah Reynolds	24.4		22pts	
300m	Ronnie Rayner	38.6		25pts	Ryley Turner	40.3		20pts	
800m	Callum Gibson	2:24.0		18pts	Ben laird	2:15.0		22pts	
1500m	Tyler Davenport	4:55.0		19pts					
Long_Jump	Zac Shiret	5.02		15pts	Noah Reynolds	5.09		15pts	
High_Jump	Alex Cane	1.68		22pts	Charlie Pyner	1.85		29pts	
Triple_Jump	Ronnie Rayner	11.85		21pts					
Pole_Vault	Thomas Oxlade	2.70		20pts	Jack Hounsell	3.00		23pts	
Shot	Will Bannister	10.59		17pts	Ben laird	9.97		15pts	
Discus	Callum Gibson	39.23		28pts	Ryley Turner	29.20		20pts	
Javelin	Remi Martinez	34.80		17pts	Zak Williams	47.78		25pts	
Hammer									
Relay	<u>Remi Martinez , Jack Hounsell , Will Bannister , Tyler Davenport</u>						50.4		20pts

5 : 534pts : The Eastwood Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Zach Norris	11.4		28pts	Harvey Anteh	12.0		25pts	
100m	Cameron Nevil-Blaize	11.1		32pts	Adam Jell	12.0		23pts	
200m	Jerome Whiteley	23.5		26pts	Josh High	26.7		15pts	
300m	Oscar Claxton	36.6		30pts	Rocci Williams	38.5		25pts	
800m	Ryan Weir	2:23.0		18pts	Aydan Holland	2:01.0		30pts	
1500m	Harley Greenfield-Gormer	4:30.0		24pts	Harry Buttifant	4:38.0		22pts	
Long_Jump	Cameron Nevil-Blaize	5.07		15pts	Aydan Holland	5.98		24pts	
High_Jump	Zach Norris	1.56		18pts	Harvey Anteh	1.56		18pts	
Triple_Jump	Jerome Whiteley	11.18		17pts	Adam Jell	11.65		20pts	
Pole_Vault					Josh High	3.60		27pts	
Shot	Ryan Weir	9.02		12pts	Rocci Williams	9.82		15pts	
Discus	Oscar Claxton	22.03		13pts					
Javelin	Ben Blunt	31.62		15pts					
Hammer	Ben Pacey	37.19		22pts					
Relay	<u>Harley Greenfield-Gormer , Harry Buttifant , Ben Blunt , Ben Pacey</u>						50.6		20pts

6 : 525pts : Woodlands School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Lewis Williams	11.7		26pts	Fawwaz Owolabi	11.7		26pts	
100m	Joshua Cabulo	11.9		24pts	Luther Ngei Okparaji	11.8		25pts	
200m	Ronny Merchant	24.5		22pts	Oscar Clarke	25.0		20pts	
300m	Harry Fisher	38.3		25pts	Roman Dwyer	40.2		21pts	
800m	Elliot Noble	2:46.0		11pts	Luca Birkett	2:28.0		17pts	
1500m	Hayden Silvain	4:46.0		20pts	Archie Brooker	4:59.0		18pts	
Long_Jump	Ronny Merchant	5.24		17pts					
High_Jump					Oscar Clarke	1.68		22pts	
Triple_Jump	Joshua Cabulo	12.51		24pts	Luca Birkett	10.40		14pts	
Pole_Vault									
Shot	Harry Fisher	15.14		33pts	Fawwaz Owolabi	10.25		16pts	
Discus	Lewis Williams	35.04		26pts	George Sweeny	37.30		27pts	
Javelin	Elliot Noble	22.55		9pts	Archie Brooker	31.69		15pts	
Hammer	Chayce Sculley	36.64		22pts	Luther Ngei Okparaji	50.36		30pts	
Relay	<u>Chayce Sculley , George Sweeny , Hayden Silvain , Roman Dwyer</u>						53.5		15pts

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Intermediate Boys

7 : 523pts : The Campion School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Kamari Moise	11.1		29pts	Lucas Wieckowski	11.8		26pts
100m	Ethan Mullender	12.1		22pts	Richard Adams	11.9		24pts
200m	Davin Dibua	26.1		17pts	Robert Hennessy	24.8		21pts
300m	Dubem Ikechi	38.0		26pts	Emanuel Iwuchukwu	40.3		20pts
800m	Bode Thompson	2:23.0		18pts	Jesse Scott	2:19.0		20pts
1500m	Aidan Doherty	4:26.0		24pts	Tom Gutridge	4:55.0		19pts
Long_Jump	Dubem Ikechi	5.09		15pts	Richard Adams	5.37		18pts
High_Jump	Bode Thompson	1.50		16pts	Lucas Wieckowski	1.59		19pts
Triple_Jump	Kamari Moise	12.39		23pts	Emanuel Iwuchukwu	12.23		23pts
Pole_Vault								
Shot	Ethan Mullender	10.24		16pts	Odilon Attivor	11.56		21pts
Discus	Davin Dibua	29.59		21pts	Robert Hennessy	33.60		25pts
Javelin					Tom Gutridge	33.90		16pts
Hammer	Sam Johnson	42.32		25pts				
Relay	Aidan Doherty , Jesse Scott , Odilon Attivor , Sam Johnson					51.2		19pts

8 : 476pts : Robert Clack School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ernest Botang	11.8		26pts	Jahmaine Aldridge	12.0		25pts
100m	Peter Aderibigbe	11.7		26pts	Chibuike Ukeh	11.9		24pts
200m	Jordan Oshin	25.8		18pts	Eugene Poku	25.9		17pts
300m	Daniel Pike	42.9		14pts	Lequane Grant	38.2		26pts
800m	Dziuljanas Jonikas	2:25.0		18pts	Abdulrahmon Lawal	2:27.0		17pts
1500m								
Long_Jump	Peter Aderibigbe	5.38		18pts	Jahmaine Aldridge	5.46		19pts
High_Jump	Ernest Botang	1.47		15pts	Jordan Oshin	1.59		19pts
Triple_Jump	Chibuike Ukeh	12.02		22pts	Lequane Grant	12.32		23pts
Pole_Vault								
Shot	David Basset	11.01		19pts	Christopher Akoto	11.81		22pts
Discus	Abdulrahmon Lawal	24.65		16pts	Eugene Poku	27.72		19pts
Javelin	Dziuljanas Jonikas	31.63		15pts	Daniel Pike	22.44		8pts
Hammer	Aymeric Basset	23.76		13pts	Aridas Apanavicius	31.19		19pts
Relay	David Basset , Christopher Akoto , Aymeric Basset , Aridas Apanavicius					51.7		18pts

9 : 410pts : Finborough School, Suffolk

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Finley Dines	15.4		8pts	George Thomas	11.8		26pts
100m	Oscar Wells	12.1		22pts	Archie Doe	12.2		21pts
200m	Jim Gregory	27.1		13pts	Matt Dong	25.9		17pts
300m	Charlie Hearn	40.9		19pts	Alfie Littleboy	43.0		14pts
800m	Jack Potter	2:23.0		18pts	Ben Alakiu -Ohene	2:20.0		19pts
1500m	Fergus Quinn	5:06.0		16pts	Theo Truby	5:47.0		8pts
Long_Jump	Jim Gregory	4.77		12pts	Alfie Littleboy	4.85		13pts
High_Jump	Jack Potter	1.59		19pts	Theo Truby	1.56		18pts
Triple_Jump	Charlie Hearn	10.62		15pts	Archie Doe	10.67		15pts
Pole_Vault								
Shot	Oscar Wells	10.30		17pts	George Thomas	11.05		19pts
Discus	Adam Bayes-Housden	23.81		15pts	Matt Dong	21.74		13pts
Javelin	Finley Dines	41.51		21pts	Toby Price	30.41		14pts
Hammer								
Relay	Toby Price , Adam Bayes-Housden , Fergus Quinn , Ben Alakiu -Ohene					51.5		18pts

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Intermediate Boys

10 : 400pts : Wymondham College, Norfolk

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Oscar Russell	11.6		27pts	Alfie Hogston	12.0		25pts	
100m	Max Sayers	13.3		10pts	Alfie Foxcroft	12.8		15pts	
200m	Harry Gedge	25.3		19pts	Krish Chilleystone	26.2		16pts	
300m	Haydn Docherty	44.0		12pts	Max Allen	38.2		26pts	
800m	Alfie Sparkes	2:19.0		20pts	Joe Minnis	2:15.0		22pts	
1500m	Vito Machin	4:42.0		21pts	Barney Ward	4:48.0		20pts	
Long_Jump	Ted Schooley	4.47		9pts	Barney Ward	3.96		4pts	
High_Jump	Alfie Hogston	1.62		20pts	Beh Henshaw	1.56		18pts	
Triple_Jump	Harry Gedge	10.18		12pts	Oscar Russell	10.56		14pts	
Pole_Vault									
Shot	Max Allen	8.10		9pts	Alfie Foxcroft	9.86		15pts	
Discus	Joe Minnis	30.03		21pts	Krish Chilleystone	24.07		15pts	
Javelin	Haydn Docherty	25.23		10pts	Max Sayers	NM		0pts	
Hammer									
Relay	<u>Vito Machin , Ted Schooley , Ben Henshall , Alfie Sparkes</u>							50.4	20pts

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Junior Girls

1 : 454pts : The Coopers' Company and Coborn School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Alice Watts	12.8		25pts	Amelie Shearing	13.1		23pts
100m	Dulce Smith-Rodriguez	13.8		21pts				
200m	Poppy Dent-Jones	27.8		25pts	Ava Sweeney	29.5		19pts
300m	Cleo Drake	44.3		25pts	Faith Franklin	46.6		19pts
800m	Aria Sabado	2:39.0		25pts	Elena Williams	2:40.0		24pts
1500m	Summer Smith	4:44.0		35pts	Mia Wilson	5:35.0		24pts
Long_Jump	Cleo Drake	4.82		26pts	Alice Watts	4.32		18pts
High_Jump	Poppy Dent-Jones	1.44		22pts	Amelie Shearing	1.38		20pts
Triple_Jump								
Pole_Vault								
Shot	Ayla Baker	9.44		28pts	Dulce Smith-Rodriguez	8.43		23pts
Discus	Summer Smith	17.78		16pts	Mia Wilson	11.38		8pts
Javelin	Ava Sweeney	11.43		8pts				
Hammer								
Relay	<u>Ayla Baker , Faith Franklin , Elena Williams , Aria Sabado</u>					58.7		20pts

2 : 423pts : Westcliff High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Chi Chi Musa-Onyeka	13.2		27pts	Elizabeth Akanki	13.5		24pts
200m	Ome Nwapa	27.6		26pts	Destiny Omonijo	28.2		24pts
300m	Sarah Lawal	44.1		25pts	Philippa Kanneh	46.6		19pts
800m	Alice Judd	2:45.0		23pts	Charlotte Sumner	2:54.0		20pts
1500m	Reisha Patel	5:57.0		20pts	Isabella Riley	5:39.0		23pts
Long_Jump	Sarah Lawal	4.58		21pts	Isabella Riley	4.06		15pts
High_Jump	Ome Nwapa	1.44		22pts	Charlotte Sumner	1.35		19pts
Triple_Jump								
Pole_Vault								
Shot	Rachel Donald-Onwuemer	8.26		22pts	Destiny Omonijo	6.32		13pts
Discus	Chi Chi Musa-Onyeka	22.90		23pts	Ameerah Salaam	18.09		17pts
Javelin	Alice Judd	16.84		15pts	Reisha Patel	10.38		6pts
Hammer								
Relay	<u>Philippa Kanneh , Elizabeth Akanki , Rachel Donald-Onwuemena , Ameerah Sala</u>					59.7		19pts

3 : 422pts : The Eastwood Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Eva Baxter	12.3		27pts	Felicity Wilson	12.9		24pts
100m	Alba Newton	13.5		24pts	Evie Laing	14.1		18pts
200m	Elsie Rae Burrell	29.2		20pts	Florence Taylor	29.7		19pts
300m	Heidi Whatton	44.2		25pts				
800m	Nancy Argent	2:37.0		25pts	Katie Carver	2:34.0		26pts
1500m	Camille Catling	5:25.0		25pts	Lillia Noreika	5:59.0		20pts
Long_Jump	Heidi Whatton	4.31		18pts	Evie Laing	3.82		13pts
High_Jump	Nancy Argent	1.23		15pts	Felicity Wilson	1.29		17pts
Triple_Jump								
Pole_Vault	Eva Baxter	2.15		23pts				
Shot	Elsie Rae Burrell	5.62		10pts	Grace Enhimowo	8.27		22pts
Discus	Alba Newton	17.25		16pts	Lillia Noreika	17.61		16pts
Javelin								
Hammer								
Relay	<u>Grace Enhimowo , Katie Carver , Camille Catling , Florence Taylor</u>					59.3		19pts

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Junior Girls

4 : 415pts : Chelmsford County High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Alexa Goosen	13.6		21pts				
100m	Caitlin Li	13.3		26pts	Camilla Maclachlan	14.8		13pts
200m	Everly Platts	27.6		26pts	Sibylla Blanchard	32.9		9pts
300m						47.3		18pts
800m	Izzy Eida	2:29.0		28pts	Esme Thomas	2:41.0		24pts
1500m	Frankie Philipps	5:00.0		31pts	Lilly Sanford	5:06.0		29pts
Long_Jump	Everly Platts	4.62		22pts	Lilly Sanford	3.86		13pts
High_Jump	Caitlin Li	1.47		23pts	Isobel McLennan	1.20		14pts
Triple_Jump								
Pole_Vault								
Shot	Alexa Goosen	8.69		24pts	Charlotte Morley	6.33		13pts
Discus	Camilla Maclachlan	13.82		11pts	Sibylla Blanchard	14.04		12pts
Javelin	Frankie Philipps	15.82		14pts	Lana Burton	25.01		26pts
Hammer								
Relay	<u>Lana Burton , Izzy Eida , Esme Thomas , Isobel McLennan</u>					60.1		18pts

5 : 383pts : The FitzWimarc School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Amy Hockey	12.0		29pts	Lilybelle Hooper	13.4		22pts
100m	Ava Harris	14.7		13pts	Maisie Hegwein	14.2		17pts
200m	Zenobia Williams	29.7		19pts	Stevie Makepeace	29.9		18pts
300m	Millie Casey	46.1		20pts				
800m	Isla Young	2:40.0		24pts	Lilly Naylor	2:38.0		25pts
1500m	Orla Martin	5:30.0		25pts	Amy Harris	5:47.0		22pts
Long_Jump	Amy Hockey	4.04		15pts	Amy Harris	3.54		10pts
High_Jump					Lilybelle Hooper	1.29		17pts
Triple_Jump								
Pole_Vault	Millie Casey	1.70		16pts				
Shot	Lara Attwood	7.12		16pts	Maisie Hegwein	6.85		15pts
Discus					Lilly Naylor	12.63		10pts
Javelin	Zenobia Williams	14.88		12pts				
Hammer					Stevie Makepeace	26.15		21pts
Relay	<u>Ava Harris , Lara Attwood , Isla Young , Orla Martin</u>					60.7		17pts

6 : 379pts : Great Baddow High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Saya Saunders	12.3		27pts	Holly Partridge	14.0		19pts
100m	Abi McElroy	13.0		29pts	Darcey Lauwrens	14.6		14pts
200m	Freya Clark	29.5		19pts	Darcey Radley	30.7		15pts
300m								
800m	Georgia Matthews	2:36.0		26pts	Maisie Lonsdale	3:03.0		17pts
1500m	Mia Lawes	5:08.0		29pts	Daisy Duckworth	5:51.0		21pts
Long_Jump	Freya Clark	4.07		15pts	Cherri Moss	3.82		13pts
High_Jump	Holly Partridge	1.35		19pts	Darcey Lauwrens	1.26		16pts
Triple_Jump								
Pole_Vault								
Shot	Georgia Matthews	4.49		6pts	Maisie Lonsdale	5.96		11pts
Discus	Abi McElroy	14.61		12pts	Peyton Moore	15.08		13pts
Javelin	Saya Saunders	27.80		28pts	Mia Lawes	15.24		13pts
Hammer								
Relay	<u>Darcey Radley , Daisy Duckworth , Peyton Moore , Cherri Moss</u>					61.0		17pts

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Junior Girls

7 : 367pts : Forest School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Charlotte Edwards	13.7		20pts	Nayantara Hannon	18.5		2pts
100m	Bisi Ojospie	13.4		25pts	Keerit Binepal	13.8		21pts
200m	Maya Robinson	27.4		26pts	Sophia Avery	29.6		19pts
300m	Anya Agbim	49.2		15pts	Bella Holliday	50.4		13pts
800m	Olivia Brooks	2:45.0		23pts	Faith Brooks	2:45.0		23pts
1500m	Lara Mydlar	5:13.0		27pts	Lucinda Foster	6:29.0		15pts
Long_Jump	Maya Robinson	4.69		23pts	Anya Agbim	3.93		14pts
High_Jump	Keerit Binepal	1.29		17pts				
Triple_Jump								
Pole_Vault								
Shot	Bella Holliday	6.40		13pts	Bisi Ojospie	6.30		13pts
Discus	Faith Brooks	15.30		13pts				
Javelin	Olivia Brooks	16.32		14pts	Lucinda Foster	12.21		9pts
Hammer								
Relay	<u>Charlotte Edwards , Sophia Avery , Lara Mydlar , Nayantara Hannon</u>					57.2		22pts

8 : 366pts : Robert Clack School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Keziah Pothin	14.5		16pts	Durga Abegunde	14.1		18pts
100m	Joanna Osuala	14.3		16pts	Dorcas Oyetunji	14.5		14pts
200m	Suraiya Majeed	28.9		21pts	Annabel Omereonye	30.3		17pts
300m	Joan Osuala	46.1		20pts	Leyla Oden	49.8		14pts
800m	Savannah Stewart	2:54.0		20pts	Dominyka Petruskaite	3:03.0		17pts
1500m								
Long_Jump	Keziah Pothin	3.43		9pts	Durga Abegunde	4.32		18pts
High_Jump	Suraiya Majeed	1.35		19pts	Dominyka Petruskaite	1.29		17pts
Triple_Jump								
Pole_Vault								
Shot	Leyla Oden	6.27		12pts	Dorcas Oyetunji	8.04		21pts
Discus	Joan Osuala	27.08		29pts	Martha Boateng	14.69		12pts
Javelin								
Hammer	Joanna Osuala	20.06		16pts	Natasha Fania	26.05		21pts
Relay	<u>Savannah Stewart , Natasha Fania , Martha Boateng , Annabel Omereonye</u>					59.4		19pts

9 : 329pts : Woodbridge School, Suffolk

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Imarah Innis	14.2		17pts	Ella Ball	15.3		10pts
200m	India Johnson	30.0		18pts	Eirann Cheale	29.5		19pts
300m	Millie Smith	48.6		16pts	Jemima Brooks	51.4		12pts
800m	Alexandra McVittie	2:32.0		27pts	India Bostock	2:35.0		26pts
1500m	Alice Oberholzer	5:17.0		27pts	Ella Knight	5:27.0		25pts
Long_Jump	Alexandra McVittie	3.56		10pts	India Johnson	3.73		12pts
High_Jump	Alice Oberholzer	1.14		12pts	India Bostock	NM		0pts
Triple_Jump								
Pole_Vault								
Shot	Ella Ball	6.32		13pts	Lola Hill	6.81		15pts
Discus	Annabel Mott	18.19		17pts	Imarah Innis	12.52		10pts
Javelin	Eirann Cheale	16.30		14pts	Jemima Brooks	13.73		11pts
Hammer								
Relay	<u>Annabel Mott , Lola Hill , Ella Knight , Millie Smith</u>					59.8		18pts

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Junior Girls

10 : 296pts : The Perse School, Cambridgeshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lillyane Mason	13.9		19pts				
100m	Elisabeth Lindemann	14.5		14pts	Emme Spencer	15.1		11pts
200m	Eunice Stewart-Wallace	30.5		16pts	Sophie Lewis	31.7		12pts
300m	Anna Kreckler	55.9		7pts	Emily Herriot	55.6		7pts
800m	Caitlin Stockwell	2:48.0		22pts	Hannah Omori Rison	2:58.0		18pts
1500m	Harriet Sedgemore	6:09.0		18pts	Maddie Legg	6:01.0		19pts
Long_Jump	Lillyane Mason	4.50		20pts	Sophie Lewis	3.25		7pts
High_Jump	Eunice Stewart-Wallace	1.32		18pts	Emme Spencer	1.14		12pts
Triple_Jump								
Pole_Vault								
Shot	Elisabeth Lindemann	5.27		9pts	Esther Wong	6.77		14pts
Discus	Anna Kreckler	15.06		13pts				
Javelin	Harriet Sedgemore	13.02		10pts	Emily Herriot	14.53		12pts
Hammer								
Relay	<u>Esther Wong , Caitlin Stockwell , Maddie Legg , Hannah Omori Rison</u>					60.1		18pts

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Intermediate Girls

1 : 504pts : The Eastwood Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Freya Maskell	12.7		23pts	Desire Kehinde	12.7		23pts
100m	Violet Burrell	13.2		24pts	Ava Masters	14.0		16pts
200m	Alice Bird	27.3		23pts	Amy Pugsley	28.4		19pts
300m	Cali Gall	45.4		21pts	Dulcie Galbally	45.9		20pts
800m	Nell Tundervery	2:47.0		17pts	Chloe Boys	2:31.0		25pts
1500m	Sophie Middleton	5:50.0		18pts	Jessica Walker	4:47.0		31pts
Long_Jump	Cali Gall	4.05		14pts	Desire Kehinde	4.72		20pts
High_Jump	Nell Tundervery	1.29		14pts	Amy Pugsley	1.56		23pts
Triple_Jump					Jessica Walker	9.04		15pts
Pole_Vault	Alice Bird	2.75		28pts				
Shot	Violet Burrell	9.21		20pts	Phoebe Brahmhatt	8.36		17pts
Discus					Dulcie Galbally	17.80		13pts
Javelin	Evie Nobrega	28.79		24pts	Ava Masters	18.03		11pts
Hammer	Freya Maskell	33.14		26pts				
Relay	<u>Evie Nobrega , Phoebe Brahmhatt , Chloe Boys , Sophie Middleton</u>					58.5		19pts

2 : 499pts : The Coopers' Company and Coborn School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Isabelle James	13.6		19pts	Scarlett Woods	14.1		18pts
100m	Tomilola Ojelowo	13.3		23pts	Rhianna Jerome-Marcellir	13.9		17pts
200m	Jessie Lynes	27.9		21pts	Grace Tilson	29.2		16pts
300m	Annabella Drake	43.7		24pts	Emily Quinlan	50.2		13pts
800m	Daisy Leech	2:28.0		27pts	Jessica Page	2:28.0		27pts
1500m	Orla Friel	5:11.0		25pts	Jasmine Asmal	5:08.0		26pts
Long_Jump	Tomilola Ojelowo	4.95		23pts	Daisy Leech	4.86		22pts
High_Jump	Annabella Drake	1.47		20pts				
Triple_Jump	Grace Tilson	8.73		13pts				
Pole_Vault								
Shot	Rhianna Jerome-Marcellir	9.48		21pts	Emily Quinlan	6.49		11pts
Discus	Isabelle Foley	19.18		14pts	Isabelle James	19.73		15pts
Javelin	Jessica Page	34.03		30pts	Scarlett Woods	27.38		22pts
Hammer	Lila Chapelhow	38.17		30pts				
Relay	<u>Lila Chapelhow , Jessie Lynes , Isabelle Foley , Orla Friel</u>					56.8		22pts

3 : 481pts : Brentwood Ursuline Convent High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Joelle Daniels	12.5		24pts	Josephine Walsh	11.9		27pts
100m	Ufuoma Obukata	12.5		31pts	Divine Igwe	13.2		24pts
200m	Janice Okwara	29.5		15pts	Mary Olubukola-Sogebetu	28.4		19pts
300m	Abigail Bergin-McCarthy	43.6		24pts	Grace Smith	45.4		21pts
800m	Katie Hallett	2:57.0		14pts	Aisling O'Leary	2:36.0		23pts
1500m	Jessica Egan	5:55.0		17pts				
Long_Jump	Jessica Egan	4.42		17pts	Josephine Walsh	4.60		19pts
High_Jump	Katie Hallett	1.38		17pts	Mary Olubukola-Sogebetu	1.38		17pts
Triple_Jump	Janice Okwara	9.79		20pts	Grace Smith	9.03		15pts
Pole_Vault								
Shot	Ufuoma Obukata	8.62		18pts	Amara Okonkwo	8.92		19pts
Discus	Joelle Daniels	20.43		16pts	Temi Ogundare	18.34		13pts
Javelin	Lily Hawes	23.23		17pts	Aisling O'Leary	21.09		15pts
Hammer					Divine Igwe	25.61		18pts
Relay	<u>Lily Hawes , Abigail Bergin-McCarthy , Temi Ogundare , Amara Okonkwo</u>					57.1		21pts

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Intermediate Girls

4 : 467pts : Southend High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Dakota Sladden	13.1		21pts	Martha Zimuto	14.1		18pts
100m	Matilda Tsekiri	12.8		28pts	Shalom Bajomo	14.6		11pts
200m	Maya Worika	27.8		21pts	Emmanuella Addo	28.9		17pts
300m	Shiloh Omotosho	39.4		33pts	Elouise Thomas	48.4		16pts
800m	Emily Archer	2:46.0		18pts	Niamh Staunton	2:45.0		18pts
1500m	Chloe Fotherby	5:19.0		24pts	Annalise Burrows	5:22.0		23pts
Long_Jump	Shiloh Omotosho	4.79		21pts	Emmanuella Addo	4.77		21pts
High_Jump	Emily Archer	1.59		24pts	Elouise Thomas	1.56		23pts
Triple_Jump	Matilda Tsekiri	9.66		20pts	Jacqueline Sammoh	8.98		15pts
Pole_Vault								
Shot	Maya Worika	8.61		18pts	Martha Zimuto	7.25		13pts
Discus	Dakota Sladden	9.38		1pts	Shalom Bajomo	NM		0pts
Javelin	Holly Bowlder	27.83		23pts	Niamh Staunton	23.32		17pts
Hammer								
Relay	<u>Holly Bowlder , Jacqueline Sammoh , Chloe Fotherby , Annalise Burrows</u>					56.1		23pts

5 : 454pts : Woodlands School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lacie Norton	13.6		19pts	Florence Butler	13.3		20pts
100m	Dasha Mensah Abeka	13.9		17pts	Joshualle Cabulo	13.6		20pts
200m	Holly Swindell	30.9		11pts	Emilija Ratkelyte	29.6		15pts
300m	Ayla Laguda	49.2		15pts	Nicole Hawkins	43.9		24pts
800m	Jayla Carr	2:42.0		20pts	Lily May Kehler	3:00.0		13pts
1500m	Katie Hawkins	5:45.0		19pts	Zara Morley	5:11.0		25pts
Long_Jump	Dasha Mensah Abeka	4.09		14pts	Joshualle Cabulo	4.40		17pts
High_Jump	Ayla Laguda	1.44		19pts	Florence Butler	1.50		21pts
Triple_Jump	Jayla Carr	9.33		17pts	Sarah Shalomi	9.44		18pts
Pole_Vault								
Shot	Holly Swindell	8.79		18pts				
Discus	Katie Hawkins	17.26		12pts	Nicole Hawkins	20.51		16pts
Javelin	Lacie Norton	23.05		17pts				
Hammer	Brooke Buddle	33.59		26pts	Emilija Ratkelyte	31.90		24pts
Relay	<u>Brooke Buddle , Lily May Kehler , Zara Morley , Sarah Shalomi</u>					60.3		17pts

6 : 453pts : Brentwood School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles					Emily Sanderson	13.7		19pts
100m	Megan Collett	13.9		17pts	Aimee Lim	13.2		24pts
200m	Kalea Martin	28.3		19pts	Ava Carter	27.0		24pts
300m	Ella Gilder-Briggs	42.3		26pts	Francesca Faud	46.0		20pts
800m	Eva Sandhu	2:39.0		21pts	Maisie Donovan	2:56.0		14pts
1500m	Daisy Edwards	6:06.0		15pts	Isabel Whitney	5:46.0		18pts
Long_Jump	Kalea Martin	4.60		19pts	Aimee Lim	4.78		21pts
High_Jump	Ella Gilder-Briggs	1.29		14pts	Maisie Donovan	1.32		15pts
Triple_Jump	Megan Collett	9.03		15pts	Francesca Faud	9.82		21pts
Pole_Vault								
Shot	Alex Winjobi	7.96		16pts	Ava Carter	5.28		7pts
Discus	Abigail Loveys	22.50		19pts	Eva Sandhu	19.01		14pts
Javelin	Daisy Edwards	22.12		17pts				
Hammer	Maya Tseayo	33.03		26pts	Emily Sanderson	28.70		21pts
Relay	<u>Alex Winjobi , Abigail Loveys , Maya Tseayo , Isabel Whitney</u>					64.2		11pts

ESAA English Schools' Track and Field Cup 2024
Regional 'A' Final, EA 1 at Melbourn Park Chelmsford - Tuesday 11th June 2024

Intermediate Girls

7 : 415pts : The FitzWimarc School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Megan Geeves	13.1		21pts	Connie Sutton	14.1		18pts
100m	Emma Piakowski	14.7		10pts	Erin Norris	13.4		22pts
200m	Freya Crossingham	29.5		15pts	Jess Jolley	28.4		19pts
300m	Lily Hartman	41.7		27pts	Holly-Mae Elmes	46.2		20pts
800m	Beau Burkett	2:34.0		24pts	Ava Bailey	2:48.0		17pts
1500m	Ezrah Harrold	4:51.0		30pts	Sienna Beer	6:17.0		13pts
Long_Jump	Lily Hartman	4.79		21pts	Erin Norris	4.71		20pts
High_Jump	Chloe Harris	1.38		17pts	Ava Bailey	1.41		18pts
Triple_Jump	Megan Geeves	8.88		14pts	Holly-Mae Elmes	9.45		18pts
Pole_Vault								
Shot	Ezrah Harrold	6.08		9pts	Connie Sutton	8.42		17pts
Discus	Freya Crossingham	13.02		6pts	Jess Jolley	20.12		16pts
Javelin	Emma Piakowski	14.08		5pts				
Hammer								
Relay	<u>Sienna Beer , Sophie Stanford , Beau Burkett , Chloe Harris</u>					59.3		18pts

8 : 363pts : Forest School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Betsy McMillan	13.5		20pts	Lennie Micallef	15.7		12pts
100m	Momo Fokaya	13.3		23pts	Jenna Yadua	14.6		11pts
200m	Evanna Eze	25.6		28pts	Esmae Mahalingham	28.2		20pts
300m	Ione Lon	43.4		25pts	Helena Thompson	48.7		16pts
800m	Tilda Isaac	2:43.0		19pts	Emily Palmer	2:58.0		13pts
1500m	Tess Noblet	5:35.0		21pts	Amber Mclean	6:01.0		16pts
Long_Jump	Ione Lon	3.59		9pts	Momo Fokaya	4.14		14pts
High_Jump								
Triple_Jump	Betsy McMillan	9.06		16pts	Lennie Micallef	8.22		10pts
Pole_Vault								
Shot	Bea D'C	8.09		16pts	Evanna Eze	8.24		17pts
Discus	Helena Thompson	19.97		15pts				
Javelin	Jenna Yadua	16.79		9pts	Amber Mclean	5.91		0pts
Hammer	Tess Noblet	19.23		12pts				
Relay	<u>Tilda Isaac , Emily Palmer , Esmae Mahalingham , Bea D'C</u>					57.2		21pts

9 : 335pts : The Perse School, Cambridgeshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Kiana Mackie	13.6		19pts	Lizzie Edger	15.1		14pts
100m	Lola Endacott	13.5		21pts	Niah Veenith	14.3		13pts
200m	Olivia Kaser	27.9		21pts	Poppy Rayner	30.0		14pts
300m	Charlotte Denny-Gouldsor	54.0		9pts	Eleanor Blazeby	51.3		12pts
800m	Cheryl Gao	3:10.0		9pts	Georgia Warren	3:11.0		9pts
1500m	Jasmine Christmas	5:05.0		27pts	Ellen Cumming	5:49.0		18pts
Long_Jump	Lizzie Edger	4.24		15pts	Niah Veenith	4.05		14pts
High_Jump					Georgia Warren	1.29		14pts
Triple_Jump	Kiana Mackie	9.56		19pts	Ellen Cumming	7.76		6pts
Pole_Vault								
Shot	Daisy Fox	7.77		15pts	Noami Hoare	7.19		13pts
Discus	Eleanor Blazeby	15.41		9pts	Poppy Rayner	14.64		8pts
Javelin	Cheryl Gao	11.67		3pts	Charlotte Denny-Gouldsor	19.81		14pts
Hammer								
Relay	<u>Daisy Fox , Jasmine Christmas , Olivia Kaser , Noami Hoare</u>					58.4		19pts