

ESAA English Schools' Track and Field Cup 2023
National Final at Chelmsford Sport and Athletics Centre - Saturday 8th July 2023

Junior Girls

1 : 471pts : The Coopers' Company and Coborn School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Isabelle James	12.9	+0.6	24pts	Amelie Shearing	13.9	-0.2	19pts
100m	Tomilola Ojelowo	14.0	-0.8	19pts				
200m	Cleopatra Drake	28.0	-0.3	24pts	Poppy Dent-Jones	29.6	+0.8	19pts
300m	Annabella Drake	43.8		26pts				
800m	Jessica Page	2:23.6		31pts	Alice Watts	2:57.1		18pts
1500m	Summer Smith	4:48.8		33pts	Orla Friel	5:00.7		30pts
Long_Jump	Tomilola Ojelowo	4.47		20pts	Cleopatra Drake	4.31		18pts
High_Jump	Annabella Drake	1.41		21pts	Amelie Shearing	1.32		18pts
Triple_Jump								
Pole_Vault								
Shot	Ayla Baker	8.75		24pts				
Discus	Isabelle James	18.57		18pts	Summer Smith	17.39		16pts
Javelin	Jessica Page	28.80		29pts	Orla Friel	19.09		18pts
Hammer	Lila Chapelhow	31.66		25pts				
Relay	<u>Lila Chapelhow , Ayla Baker , Poppy Dent-Jones , Alice Watts</u>					57.7		21pts

2 : 458pts : Guildford High School, Surrey

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Genevieve Tribelhorn	12.5	+0.6	26pts	Zoe McIntyre	12.5	+0.6	26pts
100m	Flora Turner	14.2	+0.9	17pts	Layla Al-Falah	14.6	+1.2	14pts
200m	Ella Trowbridge	28.4	+0.8	23pts	Felicity Croucher	29.7	+0.1	19pts
300m	Scarlett Sheppard	43.9		26pts	Alyona Fetisova	49.0		15pts
800m	Tilly Robertson	2:21.4		32pts	Enoki Calvert-Ansari	2:26.7		29pts
1500m	Kitty Scott	4:45.0		34pts	Naomi Walmsley	4:56.2		31pts
Long_Jump	Alyona Fetisova	4.05		15pts	Layla Al-Falah	3.97		14pts
High_Jump	Genevieve Tribelhorn	1.38		20pts	Zoe McIntyre	1.44		22pts
Triple_Jump								
Pole_Vault								
Shot	Flora Turner	9.25		27pts				
Discus	Felicity Croucher	15.70		14pts				
Javelin	Ella Trowbridge	15.25		13pts	Scarlett Sheppard	19.13		18pts
Hammer								
Relay	<u>Kitty Scott , Enoki Calvert-Ansari , Tilly Robertson , Naomi Walmsley</u>					56.9		23pts

3 : 453pts : The FitzWimarc School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Connie Sutton	13.5	+0.6	21pts	Sienna McCoy	12.5	+0.6	26pts
100m	Grace Tilbrook	14.2	+0.9	17pts	Erin Norris	13.4	-0.8	25pts
200m	Lily Hartman	26.2	-0.7	30pts	Stevie Makepeace	29.5	+0.1	19pts
300m	Ava Bailey	48.0		17pts				
800m	Millie Casey	2:45.1		22pts	Lilly Naylor	2:40.0		24pts
1500m	Ezrah Harrold	4:43.0		35pts	Ami Hines	5:41.2		23pts
Long_Jump	Lily Hartman	4.43		19pts	Erin Norris	4.76		25pts
High_Jump	Ava Bailey	1.38		20pts	Stevie Makepeace	1.20		14pts
Triple_Jump								
Pole_Vault	Millie Casey	1.90		18pts				
Shot	Connie Sutton	8.32		22pts	Sienna McCoy	7.71		19pts
Discus	Ezrah Harrold	13.61		11pts				
Javelin	Sophie Stanford	26.32		27pts				
Hammer								
Relay	<u>Sophie Stanford , Grace Tilbrook , Lilly Naylor , Ami Hines</u>					59.2		19pts

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4 : 444pts : The Eastwood Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Alice Bird	12.4	+0.6	27pts	Amy Pugsley	12.6	+1.0	26pts
100m	Eva Baxter	14.6	+0.6	14pts	Ava Masters	13.8	+0.9	21pts
200m	Olivia Tyler	28.2	-0.3	24pts	Heidi Whatton	28.4	+0.1	23pts
300m	Cali Gall	45.4		22pts	Violet Burrell	45.0		23pts
800m	Chloe Boys	2:35.5		26pts	Nancy Argent	2:41.7		24pts
1500m	Camille Catling	5:15.9		27pts	Jessica Cunningham	5:44.7		22pts
Long_Jump	Eva Baxter	3.61		11pts	Heidi Whatton	4.27		18pts
High_Jump	Cali Gall	1.23		15pts	Amy Pugsley	1.57		27pts
Triple_Jump								
Pole_Vault	Alice Bird	2.40		28pts				
Shot	Olivia Tyler	6.65		14pts	Violet Burrell	8.75		24pts
Discus								
Javelin					Ava Masters	11.43		8pts
Hammer								
Relay	<u>Nancy Argent , Camille Catling , Chloe Boys , Jessica Cunningham</u>					59.0		20pts

5 : 441pts : James Allen's Girls' School, London

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Jackie Nzekwe	12.6	+0.6	26pts				
100m	Emilia Adese	12.9	+0.6	30pts	Pyale Wifa	12.9	-0.8	30pts
200m	Oyin Dawodu	29.5	+0.8	19pts	Amelie Wild	32.1	-0.7	11pts
300m	Marly Taylor	47.8		17pts				
800m	Martha Warner	2:42.3		23pts	JoJo Solly	2:54.0		20pts
1500m	Florence Mills	5:05.2		29pts	Isabelle Waddington	5:36.6		23pts
Long_Jump	Pyale Wifa	5.07		31pts	Oyin Dawodu	3.57		10pts
High_Jump	Marly Taylor	1.44		22pts	Alexa Amesimeku	1.29		17pts
Triple_Jump								
Pole_Vault								
Shot	Emilia Adese	11.80		40pts	Amelie Wild	5.63		10pts
Discus	Jackie Nzekwe	23.75		24pts	Martha Warner	21.84		22pts
Javelin	Goldie Harries	18.59		17pts	Florence Mills	7.35		2pts
Hammer								
Relay	<u>Alexa Amesimeku , Goldie Harries , JoJo Solly , Isabelle Waddington</u>					60.3		18pts

6 : 440pts : Southend High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Dakota Sladden	13.5	+0.6	21pts	Francesca Probert	13.8	-1.0	20pts
100m	Imani Dy-Yakah	14.2	+1.2	17pts	Shalom Bajomo	14.5	+0.9	14pts
200m	Alice Williams	28.9	+0.1	21pts	Elouise Thomas	29.2	-0.3	20pts
300m	Emily Archer	45.6		22pts	Holly Bowdler	48.5		16pts
800m	Niamh Staunton	2:35.1		26pts				
1500m					Annalise Burrows	5:17.9		27pts
Long_Jump	Alice Williams	3.89		13pts	Francesca Probert	4.41		19pts
High_Jump	Emily Archer	1.53		25pts	Elouise Thomas	1.50		24pts
Triple_Jump								
Pole_Vault								
Shot	Monica Malagala	11.30		37pts	Holly Bowdler	8.48		23pts
Discus	Dakota Sladden	16.06		14pts	Shalom Bajomo	20.95		21pts
Javelin	Niamh Staunton	22.16		22pts	Elicia Richardson	19.11		18pts
Hammer								
Relay	<u>Imani Dy-Yakah , Monica Malagala , Annalise Burrows , Elicia Richardson</u>					58.8		20pts

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7 : 431pts : Croydon High School, Surrey

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Breanna Jacob-David	12.8	+0.6	25pts	Arielle Macintyre	14.0	+0.6	19pts
100m	Kaweng Pwol	13.4	+1.2	25pts	Chloe Akoh-Arrey	14.7	+0.9	13pts
200m	Luna Corry	29.3	-0.3	20pts	Amariah Okunlola	29.5	+0.8	19pts
300m								
800m	Jessie Holder	2:37.8		25pts	Tabby Tooke	2:36.3		25pts
1500m	Aida Palomares-Domingue	5:15.6		27pts	Poppy Traynier	5:28.7		25pts
Long_Jump	Breanna Jacob-David	4.04		15pts	Arielle Macintyre	3.85		13pts
High_Jump	Amariah Okunlola	1.29		17pts	Tabby Tooke	1.20		14pts
Triple_Jump								
Pole_Vault	Luna Corry	2.20		24pts				
Shot	Kaweng Pwol	8.34		22pts	Chloe Akoh-Arrey	9.09		26pts
Discus					Poppy Traynier	15.73		14pts
Javelin	Florence Holman	28.31		29pts	Sophie Cowie	16.77		15pts
Hammer								
Relay	Florence Holman , Aida Palomares-Dominguez , Jessie Holder , Sophie Cowie					59.3		19pts

8 : 406pts : Parkstone Grammar School, Dorset

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Sophie Le Roux	13.3	+0.6	22pts				
100m	Grace Gollings	14.0	+0.6	19pts	Lily Steele	14.7	+1.2	13pts
200m	Lola Town	28.9	+0.8	21pts	Anastasia Solodovnik	28.7	-0.7	22pts
300m	Izzie Garavini	46.5		19pts	Mia Ironside	48.6		16pts
800m	Juno Wood	2:43.0		23pts	Isla Betts	2:44.2		23pts
1500m	Harriet Hodgson	5:02.7		30pts	Amelia Drew	5:31.8		24pts
Long_Jump	Izzie Garavini	4.23		17pts	Mia Ironside	3.86		13pts
High_Jump	Sophie Le Roux	1.53		25pts	Anastasia Solodovnik	1.32		18pts
Triple_Jump								
Pole_Vault								
Shot	Lola Town	6.16		12pts	Isla Betts	7.41		18pts
Discus	Grace Gollings	16.08		14pts	Lily Steele	20.10		20pts
Javelin	Jess Gollings	18.58		17pts				
Hammer								
Relay	Juno Wood , Harriet Hodgson , Amelia Drew , Jess Gollings					58.8		20pts

9 : 371pts : Dame Alice Owens, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Annabelle Reusch	13.3	+0.6	22pts	Isabella Xavier	13.6	-0.2	21pts
100m	Tia Patterson	13.9	-0.8	20pts	Isla Brasnett	13.7	+1.2	22pts
200m	Hannah Johnson	30.5	-0.3	16pts	Rhiannon Till	29.3	+0.8	20pts
300m								
800m	Adaugo Nwogu	2:34.2		26pts	Riya Goyal	2:57.3		18pts
1500m	Freya Mahendran	6:02.4		19pts	Lilly Van Thal	5:43.8		22pts
Long_Jump	Adaugo Nwogu	2.59		0pts	Isla Brasnett	4.08		15pts
High_Jump	Tia Patterson	1.41		21pts	Isabella Xavier	1.41		21pts
Triple_Jump								
Pole_Vault								
Shot	Mahdi Al Rahman	7.03		16pts	Clara Day	7.01		16pts
Discus	Hannah Johnson	20.70		20pts	Rhiannon Till	14.55		12pts
Javelin	Freya Mahendran	14.47		12pts	Riya Goyal	18.68		17pts
Hammer								
Relay	Annabelle Reusch , Mahdi Al Rahman , Lilly Van Thal , Clara Day					62.0		15pts

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10 : 363pts : St Helen and St Katharine, Oxfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Georgia Phillis	13.6	+0.6	21pts				
100m	Olivia Arbuckle	14.9	-0.8	12pts	Evelyn Collier	14.5	+0.6	14pts
200m	Imogen Ford	28.5	+0.8	23pts	Celeste Browne-Clayton	31.9	-0.7	11pts
300m	Isabella Boulton-Jones	46.8		19pts	Phoebe Rolls	50.7		13pts
800m	Scarlett Smith	2:30.4		27pts	Alice Chapman	2:42.3		23pts
1500m	Mary Harrington	5:34.5		24pts	Annabel Godwin	5:44.1		22pts
Long_Jump	Olivia Arbuckle	3.65		11pts	Georgia Phillis	3.86		13pts
High_Jump	Imogen Ford	NM		0pts	Phoebe Rolls	1.32		18pts
Triple_Jump								
Pole_Vault								
Shot	Milly Haddon	8.14		21pts	Celeste Browne-Clayton	6.01		12pts
Discus	Alice Chapman	17.75		16pts				
Javelin	Scarlett Smith	21.27		21pts	Mary Harrington	23.19		23pts
Hammer								
Relay	<u>Evelyn Collier , Isabella Boulton-Jones , Annabel Godwin , Milly Haddon</u>					59.4		19pts

11 : 332pts : Kirkham Grammar School, Lancashire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Emilia Simpson	14.2	+0.6	18pts	Hermione Edwards	15.5	-0.2	12pts
100m	Evie Dunne	15.0	-0.8	12pts	Lucie Mitchell	14.2	+0.6	17pts
200m	Alys Williams	32.1	-0.3	11pts	Anna Whittle	30.7	+0.1	15pts
300m								
800m	Mia Tinsley	2:48.6		21pts	Chloe Murro	2:50.4		21pts
1500m	Aimee Harling	4:56.7		31pts	Olivia Norcross	DNF		0pts
Long_Jump	Mia Tinsley	3.76		12pts	Lucie Mitchell	3.48		9pts
High_Jump					Hermione Edwards	1.23		15pts
Triple_Jump								
Pole_Vault	Emilia Simpson	2.20		24pts				
Shot	Alys Williams	7.92		20pts	Evie Dunne	7.58		18pts
Discus	Harriet Mackenzie	15.62		14pts	Anna Whittle	17.52		16pts
Javelin					Chloe Murro	18.91		18pts
Hammer	Eve Sharkey	15.69		11pts				
Relay	<u>Eve Sharkey , Harriet Mackenzie , Aimee Harling , Isabelle Roberts</u>					60.6		17pts

12 : 327pts : Mount St Mary's College, Derbyshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Olivia Booth	14.5	+0.6	16pts	Isi Fletcher	15.2	+0.6	13pts
100m	Hollie Flint	12.6	+0.9	33pts	Ava Lowrie	16.7	+1.2	3pts
200m	Georgia Flint	26.4	-0.7	30pts	Maisie Whitehead	33.9	+0.1	7pts
300m	Phoebe Morris	49.5		14pts	Jess Hind	53.9		9pts
800m	Annie Finlay	3:31.3		7pts	Ava Massarella	3:16.4		12pts
1500m	Ava Cranfield	5:19.9		26pts	Georgia Wilson	6:02.5		19pts
Long_Jump	Phoebe Morris	3.96		14pts	Maisie Whitehead	3.37		8pts
High_Jump	Hollie Flint	1.32		18pts	Olivia Booth	1.23		15pts
Triple_Jump								
Pole_Vault								
Shot	Georgia Flint	8.02		21pts	Isi Fletcher	6.77		14pts
Discus								
Javelin	Jess Hind	18.66		17pts	Ava Lowrie	17.17		15pts
Hammer								
Relay	<u>Ava Cranfield , Annie Finlay , Georgia Wilson , Ava Massarella</u>					61.7		16pts

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13 : 307pts : St Aidan's CE High School, North Yorkshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Temi Adeniji	13.7	-0.8	22pts	Freya Burdon	14.0	+0.6	19pts
200m	Olivia Main	34.6	-0.3	5pts	Annabel Washer	30.9	-0.7	15pts
300m					Alice Turner	49.2		15pts
800m	Indy Melville	2:34.4		26pts	Beth Holdsworth	2:46.8		22pts
1500m	Ellie Simpson	5:34.0		24pts	Eva Schuster	5:48.3		21pts
Long_Jump	Temi Adeniji	4.25		18pts	Annabel Washer	4.00		15pts
High_Jump	Freya Burdon	1.26		16pts				
Triple_Jump								
Pole_Vault								
Shot	Olivia Main	4.44		6pts	Eva Schuster	5.90		11pts
Discus	Indy Melville	12.58		10pts	India Gooden	18.17		17pts
Javelin	Rebecca Chester	16.57		15pts	Beth Holdsworth	14.39		12pts
Hammer								
Relay	Rebecca Chester , Ellie Simpson , India Gooden , Alice Turner					60.1		18pts