

**ESAA English Schools' Track and Field Cup 2023**  
**National Final at Chelmsford Sport and Athletics Centre - Saturday 8th July 2023**

**Intermediate Boys**

**1 : 629pts : Dartford Grammar School, Kent**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Hans Nmaju	11.0	+0.1	30pts	Rahman Odugbayi	11.5	-1.2	27pts
100m	Michael Oyetti	11.7	-0.9	26pts	Daniel Asiedu	11.8	-1.2	25pts
200m	Tolani Bello	23.7	+0.7	25pts	Derayo Alade	25.2	+1.3	20pts
300m	Brandon Nathan	38.9		24pts	Joel Aggrey	39.0		24pts
800m	Freddie Luckett	2:14.4		22pts	Louie Griggs	2:15.0		22pts
1500m								
Long_Jump	Hans Nmaju	6.36		28pts	Daniel Asiedu	5.84		23pts
High_Jump	Daniel Obike	1.77		25pts	Louie Griggs	1.62		20pts
Triple_Jump	Rahman Odugbayi	13.58		29pts	Derayo Alade	13.00		27pts
Pole_Vault	Joel Aggrey	2.90		22pts				
Shot	Damien Osei-Bonsu	15.63		34pts	Tolani Bello	11.24		20pts
Discus	Arun Menon	44.52		32pts	Michael Oyetti	39.08		28pts
Javelin	Freddie Luckett	43.69		23pts				
Hammer	Brandon Nathan	39.72		24pts	Osarodion Lawrence-Orun	46.54		28pts
Relay	<u>Daniel Obike , Osarodion Lawrence-Orumwense , Arun Menon , Damien Osei-Bon</u>					49.7		21pts

**2 : 588pts : Westcliff High School for Boys Academy, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Obaloluwa Ayegbe	11.8	+0.1	26pts	Oluwasemilore Mustafa	11.0	-1.2	30pts
100m	Leon Agu	13.1	-1.2	12pts	Kwasi Prakah Asante	12.7	-1.4	16pts
200m	Daniel Osei-Poku	23.6	+0.8	26pts	Folagbade Oyenubi	25.5	+0.7	19pts
300m	Matthew Agbolebe	38.1		26pts	Aseph Lawal	38.6		25pts
800m	Anthony Odumusu	2:21.0		19pts	Haris Dean	2:14.0		22pts
1500m	Lennon Parsons	4:52.0		19pts				
Long_Jump	Anthony Odumusu	5.89		23pts	Oluwasemilore Mustafa	5.36		18pts
High_Jump	Matthew Agbolebe	1.71		23pts	Folagbade Oyenubi	1.71		23pts
Triple_Jump	Daniel Osei-Poku	13.29		28pts	Kwasi Prakah Asante	12.82		26pts
Pole_Vault	Haris Dean	2.80		21pts				
Shot	Daniel Akanno	11.90		22pts	Aseph Lawal	13.69		28pts
Discus	Leon Agu	40.95		29pts	Samuel Achogbuo	41.46		30pts
Javelin	Obaloluwa Ayegbe	52.58		29pts				
Hammer	Rajat Negi	41.90		25pts				
Relay	<u>Lennon Parsons , Samuel Achogbuo , Rajat Negi , Daniel Akanno</u>					49.0		23pts

**3 : 580pts : Southend High School for Boys, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Henry Grange	12.1	+0.1	24pts	Freddie Ashworth	12.2	+0.1	24pts
100m	Harry Lusher	11.8	-0.9	25pts	Harry Dove	12.0	-1.4	23pts
200m	Hayden Philipowitz	25.2	+0.9	20pts	Laurence Jackson	25.6	+0.8	18pts
300m	Oscar Dove	39.2		23pts	Ugo Godwin	40.5		20pts
800m	Jacob Dennis	2:12.3		23pts	Martin Peychev	2:11.9		23pts
1500m	Andrew Adesanya	4:13.3		28pts	Lochlan Dyer	4:25.4		24pts
Long_Jump					Harry Dove	6.02		25pts
High_Jump	Hayden Philipowitz	1.74		24pts	Freddie Ashworth	1.62		20pts
Triple_Jump	Harry Lusher	12.11		22pts	Ugo Godwin	12.32		23pts
Pole_Vault	Henry Grange	3.30		25pts	Lochlan Dyer	2.90		22pts
Shot	Oluwafikayomi Akinsemoy	13.25		26pts				
Discus	Andrew Adesanya	32.20		23pts	Laurence Jackson	32.79		24pts
Javelin								
Hammer	Oscar Dove	43.37		26pts	Alex Brigden	44.77		27pts
Relay	<u>Jacob Dennis , Oluwafikayomi Akinsemoyin , Martin Peychev , Alex Brigden</u>					52.0		18pts

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**4 : 549pts : The FitzWimarc School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Zak Williams	12.0	+0.1	25pts	Max Hockey	11.7	+0.1	26pts
100m	Kieran Longford	12.0	-0.9	23pts	Charlie Pyner	12.3	-1.2	20pts
200m	Sean Surridge	27.5	+0.7	12pts	Harry Casey	24.7	+0.9	21pts
300m	Owen Moore	39.0		24pts	Max Goodey	39.3		23pts
800m	Ronnie Reeves	2:09.7		24pts	Matthew Setters	2:20.3		19pts
1500m	Danny Curran	4:31.3		23pts	Louie Day	4:23.0		25pts
Long_Jump					Max Goodey	5.09		15pts
High_Jump	Kieran Longford	1.59		19pts	Charlie Pyner	1.77		25pts
Triple_Jump	Owen Moore	11.85		21pts	Max Hockey	11.05		17pts
Pole_Vault	Danny Curran	2.70		20pts	Harry Casey	4.20		31pts
Shot	Sean Surridge	11.57		21pts				
Discus	Louie Clarke	34.46		25pts	Matthew Setters	27.99		19pts
Javelin	Zak Williams	45.85		24pts				
Hammer	Joe Buscombe	47.53		28pts				
Relay	Ronnie Reeves , Joe Buscombe , Louie Day , Louie Clarke					51.0		19pts

**5 : 535pts : St Clement Danes School, Hertfordshire**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Callum Egan	11.2	+0.1	29pts				
100m	Amos Beloe	11.8	-1.4	25pts	Isaac Van den Bargh	12.4	-0.9	19pts
200m	Brayden O'Connor	24.5	+0.7	22pts	Issa Phillips-Pope	26.4	+1.3	16pts
300m	Johnny May	38.5		25pts	Jude Powell	40.8		19pts
800m	Curtis Anekwe	2:22.2		18pts	James O'Connor	2:02.8		28pts
1500m	Luke Mansour	4:49.0		20pts	Tom Robertson	4:54.8		19pts
Long_Jump	Amos Beloe	5.11		16pts	James O'Connor	5.80		23pts
High_Jump	Luke Montgomery	1.62		20pts				
Triple_Jump	Curtis Anekwe	11.42		19pts	Johnny May	10.98		16pts
Pole_Vault	Issa Phillips-Pope	3.30		25pts	Tom Robertson	3.45		26pts
Shot	Callum Egan	12.04		22pts				
Discus	Isaac Van den Bargh	25.36		16pts				
Javelin	Luke Mansour	34.71		17pts	Jude Powell	39.69		20pts
Hammer	Jake Palmer-Shaw	46.10		27pts	Jack Ridout	39.89		24pts
Relay	Brayden O'Connor , Jake Palmer-Shaw , Jack Ridout , Luke Montgomery					48.4		24pts

**6 : 532pts : The Coopers' Company and Coborn School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Roman Campbell	11.4	+0.1	28pts	Simeon Barker	12.2	+0.1	24pts
100m	Leo McCarthy	12.2	-1.4	21pts	Jamie Pisano	12.6	-0.9	17pts
200m	Jack Hignett	24.0	+1.3	24pts	Franklyn Broad	25.6	+0.7	18pts
300m	Daniel Brown	37.6		27pts	Ethan Berry	39.1		23pts
800m	Findlay McLaren	2:01.1		29pts	William Tilson	2:19.9		19pts
1500m	Jack West	4:20.6		25pts	Aaron Hick	4:32.8		23pts
Long_Jump	Roman Campbell	5.96		24pts	Daniel Brown	4.74		12pts
High_Jump	Jack Hignett	1.83		28pts	Findlay McLaren	1.68		22pts
Triple_Jump	Ethan Berry	10.58		14pts				
Pole_Vault								
Shot	Franklyn Broad	11.69		21pts	Jamie Pisano	11.49		20pts
Discus	Dillon Humphrey	32.62		24pts	Jack West	29.02		20pts
Javelin	Samuel Burdett	37.99		19pts	William Tilson	31.80		15pts
Hammer	Leo McCarthy	27.35		16pts				
Relay	Samuel Burdett , Aaron Hick , Dillon Humphrey , Simeon Barker					51.0		19pts

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**Intermediate Boys**  
**7 : 524pts : The Judd School, Kent**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Sam Newton	11.7	+0.1	26pts	Oliver Ames	12.0	-1.2	25pts
100m	Senul Weerasinghe	11.9	-0.9	24pts	Oliver Hamnett	12.1	-0.9	22pts
200m	Sam Jukes	25.5	+0.9	19pts	Ed Karsak	25.6	+1.3	18pts
300m	Felix Murray	38.6		25pts	Ewan Dobbs	39.3		23pts
800m	Leo Bradshaw Haydock	2:24.3		18pts	Theo Hood	2:25.8		17pts
1500m	Felipe Fujimori	4:25.9		24pts	Peter Fitzmaurice	4:25.5		24pts
Long_Jump	Sam Jukes	5.35		18pts	Oliver Hamnett	5.42		19pts
High_Jump	Sam Newton	1.85		29pts	Oliver Ames	1.62		20pts
Triple_Jump	Felix Murray	10.03		12pts	Ewan Dobbs	11.09		17pts
<b>Pole_Vault</b>								
Shot	Senul Weerasinghe	10.39		17pts				
Discus	Leo Bradshaw Haydock	28.98		20pts	Ed Karsak	35.46		26pts
Javelin	Will Law	48.31		26pts	Theo Hood	32.26		15pts
Hammer	Jake Simmonds	39.81		24pts				
Relay	Will Law , Jake Simmonds , Felipe Fujimori , Peter Fitzmaurice					52.9		16pts

**8 : 523pts : Grey Court School, Middlesex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Benn Povey	12.1	+0.1	24pts	Luke Sankey	12.5	+0.1	22pts
100m	Max Seddon	11.6	-1.2	27pts	Jakob Thompson	12.7	-0.9	16pts
200m	Shakur Roberts	23.7	+0.7	25pts	Elijah Kadir	24.5	+1.3	22pts
300m	James Alleyne	39.1		23pts	Charlie Tong	38.8		24pts
800m	Joshua Harwood-White	2:05.6		26pts	Isaiah Lourdes	2:12.2		23pts
1500m	Rory Macgregor	4:32.1		23pts	Leo Dorey	4:34.9		23pts
Long_Jump	Benn Povey	5.67		21pts	Max Seddon	5.49		19pts
High_Jump	James Alleyne	1.56		18pts	Luke Sankey	1.62		20pts
Triple_Jump	Shakur Roberts	10.87		16pts	Charlie Tong	10.76		15pts
<b>Pole_Vault</b>								
Shot	Elijah Kadir	12.12		23pts	Isaiah Lourdes	10.20		16pts
Discus	Frederick Luing Turnball	30.72		22pts	Jakob Thompson	26.01		17pts
Javelin	Chris cato	35.56		17pts				
Hammer	Leo Dorey	30.22		18pts				
Relay	Rory Macgregor , Frederick Luing Turnball , Chris Cato , Joshua Harwood-White					49.0		23pts

**9 : 502pts : St Anselm's College, Merseyside**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Charlie Wilson	12.2	+0.1	24pts	Hakeem Kehinde	12.9	+1.3	20pts
100m	Isaac William-Davis	12.4	-0.9	19pts	Luka Mulhall	12.3	-1.2	20pts
200m	Anthony Smith	27.9	+0.7	11pts	Matthew Wakefield	26.7	+0.9	15pts
300m	Jamie Lewis	40.3		20pts	Miles Favager	39.8		22pts
800m	Joseph Barton	2:06.5		26pts	Dawid Gawel	2:11.0		24pts
1500m	Oberon Kearney	4:13.7		28pts	Jac Chapman	4:23.3		25pts
Long_Jump	Charlie Wilson	5.30		18pts	Luka Mulhall	5.61		21pts
High_Jump	Isaac William-Davis	1.56		18pts	Miles Favager	1.50		16pts
Triple_Jump	Jamie Lewis	11.36		18pts	Joseph Barton	10.82		16pts
<b>Pole_Vault</b>								
Shot	Frazer Hancox	11.48		20pts	Hakeem Kehinde	10.11		16pts
Discus	Lucas Hagan	32.25		23pts	Dawid Gawel	32.96		24pts
Javelin								
Hammer	Matthew Wakefield	44.46		26pts	Tom Miller	25.30		15pts
Relay	Tom Miller , Oberon Kearney , Jac Chapman , Frazer Hancox					52.6		17pts

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**Intermediate Boys**

**10 : 468pts : Northampton School for Boys, Northamptonshire**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Tom McKenzie	12.0	+0.1	25pts	Alex McPhie	13.4	+0.1	18pts	
100m	Jasper Smith	12.5	-0.9	18pts	Kelvin Asiana	12.3	-0.9	20pts	
200m	Karl Edochie	24.1	+0.8	23pts	George Cooper	25.1	+1.3	20pts	
300m					Ngozi Ukandu	39.7		22pts	
800m	Jenson Halladey	2:16.5		21pts	Malachy Renihan	2:19.4		19pts	
1500m	Nathan Lamb	4:15.5		27pts	Freddie Harris	4:25.3		24pts	
Long_Jump	Karl Edochie	5.14		16pts	Ngozi Ukandu	5.57		20pts	
High_Jump	Jenson Halladey	1.62		20pts	Kelvin Asiana	1.53		17pts	
Triple_Jump	Ted Hinton	9.12		7pts	Tom McKenzie	11.62		20pts	
<b>Pole_Vault</b>									
Shot	George Tonga'uiha	12.35		23pts	Alex McPhie	8.54		11pts	
Discus	Kye Campy	32.34		23pts	George Cooper	31.20		22pts	
Javelin	Jasper Smith	36.77		18pts	Malachy Renihan	27.38		12pts	
<b>Hammer</b>									
Relay	<u>Nathan Lamb , George Tonga'uiha , Freddie Harris , Kye Campy</u>						49.3		22pts

**11 : 460pts : St Aidan's CE High School, North Yorkshire**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Nik Kanatas	12.5	+0.1	22pts	Jack Warren	13.4	-1.2	18pts	
100m	Will Daniels	12.5	-1.4	18pts	Jack Barnett	12.5	-1.2	18pts	
200m	Aaron Brompton	24.8	+0.8	21pts	Medwin Jino	25.7	+0.9	18pts	
300m	Ollie Holdsworth	39.2		23pts	Harry Singleton	41.2		18pts	
800m	Ollie Holt	2:10.7		24pts	Otis Baker	2:18.3		20pts	
1500m	Luke Shacklock	4:11.7		29pts	Alfie Charlton	4:31.3		23pts	
Long_Jump	Aaron Brompton	5.52		20pts	Alfie Charlton	4.66		11pts	
High_Jump	Josh Keay	1.71		23pts	Harry Singleton	1.53		17pts	
Triple_Jump	Ollie Holdsworth	10.64		15pts	Otis Baker	10.88		16pts	
<b>Pole_Vault</b>									
Shot	Nik Kanatas	11.02		19pts	Will Daniels	11.60		21pts	
Discus	Jack Barnett	18.59		10pts	Medwin Jino	19.50		11pts	
Javelin	John Regnier	21.18		8pts	Jack Warren	33.23		16pts	
<b>Hammer</b>									
Relay	<u>Josh Keay , John Regnier , Luke Shacklock , Ollie Holt</u>						50.1		21pts

**12 : 447pts : St George's Academy, Lincolnshire**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Archie Bradford	12.5	+0.1	22pts	Harrison Jennings	12.6	+1.3	22pts	
100m	Alfie Baker	12.3	-1.4	20pts	Max Cooke	12.9	-0.9	14pts	
200m	Ashley Cannon	23.6	+0.8	26pts	Joshua Clarke	25.4	+0.9	19pts	
300m	Gareth Roberts	41.4		18pts	Alfie McMillan	39.1		23pts	
800m	Joshua Green	2:20.2		19pts	Joshua Panton	2:26.6		17pts	
1500m	Brandon Szirtes	4:54.3		19pts	Charlie Harrison	4:44.0		21pts	
Long_Jump	Ashley Cannon	5.82		23pts	Joshua Clarke	4.71		12pts	
High_Jump	Archie Bradford	1.56		18pts	Harrison Jennings	1.59		19pts	
Triple_Jump	Brandon Szirtes	10.78		15pts	Harvey Farrow	11.70		20pts	
<b>Pole_Vault</b>									
Shot	Joshua Green	8.02		9pts	Joshua Lyon	11.12		19pts	
Discus	Charlie Harrison	20.50		12pts	Max Cooke	23.97		15pts	
Javelin	Gareth Roberts	25.76		11pts	Joshua Panton	23.29		9pts	
<b>Hammer</b>									
Relay	<u>Harvey Farrow , Alfie Baker , Alfie McMillan , Joshua Lyon</u>						47.7		25pts

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**Intermediate Boys**  
**13 : 362pts : Millfield School, Somerset**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Jack Liu	12.0	+0.1	25pts				
100m	Harry Wilson	12.2	-0.9	21pts	Nathan Phillips	12.3	-1.2	20pts
200m	Arlo Jennings	28.8	+0.9	9pts	Joe Reid	25.3	+0.8	19pts
300m	Dawson DeGruchy	66.6		0pts				
800m	Patrick Taylor-Ross	2:24.5		18pts				
1500m	Tom Webb	4:06.6		31pts	Cai Lewis	4:12.0		29pts
Long_Jump	Harry Wilson	4.40		9pts	Nathan Phillips	5.82		23pts
High_Jump	Arlo Jennings	1.56		18pts	Cai Lewis	1.41		13pts
Triple_Jump	Jack Liu	9.43		9pts				
Pole_Vault	Patrick Taylor-Ross	2.50		18pts	Raf Van Eijk	2.15		14pts
Shot	Regan Lyons	12.60		24pts				
Discus	Tom Webb	20.55		12pts	Joe Reid	39.07		28pts
Javelin								
Hammer	Sam Lumsdon	36.96		22pts				
Relay	Dawson DeGruchy , Raf Van Eijk , Regan Lyons , Sam Lumsdon					DNS		0pts