

ESAA English Schools' Track and Field Cup 2024
Round - 1, HRT 1 : Woodside Stadium, Watford - Friday 10th May 2024

Intermediate Boys

1 : 497pts : Hitchin Boys' School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf
Hurdles	Tom Pymar	11.4		28pts	Dylan Williams	12.2
100m	Leyton Thres	12.6		17pts	Sam Small	12.6
200m	Hugo McFarlane-Cushing	23.4		27pts		
300m	Horatio De-Vyott	38.2		26pts	Frank Jennings	40.4
800m	Toby Cullen	2:13.8		22pts	Milan Snarskis	2:19.9
1500m	Ronnie Small	4:38.4		22pts		
Long_Jump	Tom Pymar	5.11		16pts	Ronnie Small	5.03
High_Jump	Hugo McFarlane-Cushing	1.74		24pts	Ethan Ryan	1.59
Triple_Jump	Horatio De-Vyott	10.93		16pts	Toby Cullen	9.63
Pole_Vault	Jack Matthews	2.50		18pts		
Shot	Sam Small	10.85		18pts		
Discus	Frank Jennings	25.12		16pts	Adam Kitchiner	27.57
Javelin	Dylan Williams	50.11		27pts	Leyton Thres	29.96
Hammer	Milan Snarskis	39.31		23pts	Zach Czech	40.09
Relay	<u>Ethan Ryan , Adam Kitchiner , Zach Czech , Jack Matthews</u>					<u>52.1</u>

2 : 444pts : Haberdashers' Aske's Boys' School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf
Hurdles	Rahil Shah	13.9		15pts	Oliver Powell	15.0
100m	Lani Jaiyeola	12.0		23pts	Tobiloba Ayetan	12.8
200m	Nnamdi Ekeowa	24.8		21pts	Chu Ononogbu	25.3
300m	James Walters	39.8		22pts	Obafemi Ajiboye	41.4
800m	Josh Hirst	1:58.8		32pts	George Wang	2:37.4
1500m	Zach Thomas	4:45.6		20pts		
Long_Jump	Lani Jaiyeola	5.79		22pts	Nnamdi Ekeowa	5.01
High_Jump	James Walters	1.80		26pts	Josh Hirst	1.56
Triple_Jump	Oliver Powell	9.59		9pts	Rahil Shah	10.28
Pole_Vault	Zac Dickman	2.30		16pts		
Shot	Tobiloba Ayetan	11.90		22pts		
Discus	Chu Ononogbu	45.45		32pts	Zach Thomas	20.14
Javelin	George Wang	39.53		20pts	Dinil Rodrigo	25.61
Hammer						
Relay	<u>Obafemi Ajiboye , Kian Bhudia , Zac Dickman , Dinil Rodrigo</u>					<u>49.8</u>

3 : 441pts : Parmiter's School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf
Hurdles	William Wood	12.4		23pts	Louie Roberts	15.2
100m	Jaquim Veneracion	12.4		19pts	Keelan Skehill-White	12.4
200m	Hayden Stapelberg	25.5		19pts	Xavier Julius-Stein	24.7
300m	Luca Lazar	42.2		16pts	Luke Woolls	41.4
800m	Peter Bansaghi	2:15.4		21pts	Ramsey Gill	2:22.7
1500m	Gabriel Burea	4:53.2		19pts	Jake Rayner	5:25.9
Long_Jump	Charlie Henson	5.72		22pts	Luke Woolls	5.14
High_Jump					Peter Bansaghi	1.62
Triple_Jump	Louie Roberts	10.10		12pts	Luca Lazar	10.97
Pole_Vault	Ramsey Gill	2.90		22pts		
Shot	Keelan Skehill-White	11.65		21pts	Henry Plumb	7.93
Discus	Jaquim Veneracion	24.67		16pts	Jake Rayner	33.70

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Javelin	Hayden Stapelberg	33.61	16pts	Gabriel Burea	25.38
Hammer					
Relay	<u>William Wood , Xavier Julius-Stein , Charlie Henson , Henry Plumb</u>				49.5

4 : 403pts : Berkhamsted School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf
Hurdles	Charlie Gallagher	13.1		19pts	Evan Tophn	15.1
100m	Will Adey	11.9		24pts	Leo Ratcliffe	12.8
200m	Theo Downton	27.6		12pts	Joe Nagele	25.8
300m	Eddie Robertson	39.3		23pts	Jack Radclyffe	41.2
800m	Theo Lloyd-Evans	2:16.6		21pts	Eddie Slater	2:25.0
1500m	Tom Ford	4:17.5		26pts		
Long_Jump	Oscar Sheinman	5.38		18pts	Eddie Slater	5.51
High_Jump	Charlie Gallagher	1.35		11pts	Jack Radclyffe	1.44
Triple_Jump	Felix Serum	9.57		9pts	Leo Ratcliffe	10.30
Pole_Vault						
Shot	Theo Lloyd-Evans	12.84		25pts	Joe Nagele	11.34
Discus	Harvey Stubbs	26.32		17pts	Euan Topham	25.35
Javelin	Eddie Robertson	29.15		13pts	Archie Seddon	21.63
Hammer						
Relay	<u>Joe Nagele , Will Adey , Tom Ford , Harvey Stubbs</u>				53.1	

5 : 339pts : Dame Alice Owens, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf
Hurdles	Rian Shah	11.6		27pts	Albert Taylor	16.7
100m	Excel Ed Okungbowa	11.8		25pts	Dejon Danquah	13.7
200m	Jesse Wade	26.5		15pts	Stanley Thomas	28.3
300m	Issac Brasnett	39.3		23pts	Ronnie Hayden - Esposito	43.5
800m	Kyle Lloyd	2:23.8		18pts	Joe Fairbanks	2:35.1
1500m	Pranav Boodhumeah	5:15.2		14pts	Sami Safdar	5:16.2
Long_Jump	Excel Ed Okungbowa	5.75		22pts	Jesse Wade	3.26
High_Jump	Rian Shah	1.68		22pts	Joe Mooney	1.29
Triple_Jump	Joe Fairbanks	10.32		13pts	Ronnie Hayden - Esposito	9.66
Pole_Vault						
Shot	Morgan Jones	12.51		24pts	Sami Safdar	7.25
Discus	Issac Brasnett	22.38		13pts	Lewis Golding Courtnage	18.97
Javelin	Kyle Lloyd	12.96		2pts	Albert Taylor	30.52
Hammer						
Relay	<u>Pranav Boodhumeah , Morgan Jones , Lewis Golding Courtnage , Dejon Danquah</u>				56.0	

6 : 330pts : Beaumont School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf
Hurdles	Alex Estell	12.8		21pts		
100m	Thomas Archer	13.2		11pts	Stanley Hunter	12.5
200m	Matthew Fretter	25.7		18pts	Finn Copues	27.7
300m	Oliver Keigher	39.5		22pts	-	43.3
800m	Matthew Histed	2:32.5		15pts	Nathaniel Parsons	2:32.4
1500m	Sam Rathbone	4:48.8		20pts	Ethan Parsons	4:39.5
Long_Jump	Oliver Keigher	4.59		10pts	Stanley Hunter	4.90
High_Jump	Alex Estell	NM		0pts	Finn Copues	1.59
Triple_Jump	Sam Rathbone	9.45		9pts	Patrick Carsey	9.52

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Pole_Vault					
Shot	Thomas Archer	7.85	8pts		
Discus	David Spears	23.34	14pts	Evan O'Connor	17.67
Javelin	Matthew Fretter	43.58	23pts	Nathaniel Parsons	24.22
Hammer					
Relay	<u>Ethan Parsons , Patrick Carsey , David Spears , Matthew Histed</u>				<u>51.9</u>

7 : 308pts : John F Kennedy School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf
Hurdles	Jude Smith	11.8		26pts	Harry Russell	14.3
100m	George Brooks Johnson	11.5		28pts	Gabriele Centracchio	14.7
200m	Daniel Adenaike	25.7		18pts	Ross White	25.8
300m	Samuel Faponle	39.4		23pts		
800m	Charlie Nicholson	2:25.3		17pts	Beau Drew	2:34.2
1500m	Josh Moody	4:52.0		19pts	Dillon Jennings	4:53.7
Long_Jump	George Brooks Johnson	3.76		2pts	Charlie Nicholson	4.60
High_Jump					Samuel Fazoule	1.41
Triple_Jump	Jude Smith	11.54		19pts	Harry Russell	9.99
Pole_Vault						
Shot	Gabriele Centracchio	7.99		9pts	Ross White	7.74
Discus	Daniel Adenaike	20.51		12pts		
Javelin	Thomas Kelly	26.66		11pts		
Hammer						
Relay	<u>Josh Moody , Beau Drew , Dillon Jennings , Thomas Kelly</u>				<u>54.0</u>	

8 : 169pts : The Adeyfield Academy, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf
Hurdles	Teddy Horrod	17.1		0pts		
100m	Daniel Olusesan	12.1		22pts	Alfie Carrington	12.0
200m	Stefan Corcodel	26.1		17pts	Andrew Lockett	29.1
300m	Stanley Edwards-Mendoza	51.9		3pts	Jack Hart	45.9
800m	Riley Newland	3:00.6		6pts		
1500m						
Long_Jump	Riley Newland	2.77		0pts	Stanley Edwards-Mendoza	4.43
High_Jump	Teddy Fielding	1.17		5pts		
Triple_Jump					Andrew Lockett	5.60
Pole_Vault						
Shot	Praise Awoyemi	8.85		12pts		
Discus	Daniel Olusesan	16.18		7pts		
Javelin	Jack Hart	28.91		13pts	Carter Botha	27.74
Hammer						
Relay	<u>Stefan Corcodel , Alfie Carrington , Praise Awoyemi , Teddy Fielding</u>				<u>48.7</u>	

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Intermediate Girls

1 : 393pts : Queenswood School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Sienna Field	13.4		20pts	Tayla Robinson	17.8		5pts
100m	Shenel Okrah	13.7		19pts				
200m	Aara Kamara	26.0		27pts	Bru Burrows	30.2		13pts
300m	Abigail Thomson	45.4		21pts	Chloe Celements	48.8		16pts
800m	Ciara Mullen	2:42.9		19pts	Evie Killigrew	2:58.6		13pts
1500m	Rose-Ellen Flannery	5:13.8		25pts	Gabby Read	5:46.3		18pts
Long_Jump	Evie Killigrew	4.28		16pts	Bru Burrows	3.99		13pts
High_Jump	Chloe Celements	1.35		16pts	Sienna Field	1.32		15pts
Triple_Jump	Abigail Thomson	8.05		9pts	Talya Robinson	9.47		18pts
Pole_Vault								
Shot	Shenel Okrah	7.29		13pts	Ciara McMullen	4.89		5pts
Discus	Beatrix Dagnall	16.37		11pts	Rose-Ellen Flannery	12.26		5pts
Javelin	Willow Dench	22.77		17pts	Gabby Read	13.96		5pts
Hammer	Keira Lake-Byran	43.04		33pts				
Relay	<u>Aara Kamara , Willow Dench , Keira Lake-Byran , Estella Brzostowski</u>					57.4		pts

2 : 387pts : Berkhamsted School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Seren Majed	13.2		21pts	Poppy Oden-Haslett	15.8		12pts
100m	Isla Doubal	13.8		18pts	Maya Kearvell	13.5		21pts
200m	Emma Beeby	28.5		19pts	Amber Vaughn	28.9		17pts
300m	Neve Tyson	46.8		19pts	Eliza Kaynama	47.5		18pts
800m	Olivia Archer	2:44.6		18pts	Arusa Wise	3:00.5		12pts
1500m	Grace Connolly	5:42.5		19pts	Bella Seddon	5:45.3		18pts
Long_Jump	Grace Connolly	2.89		2pts	Poppy Davey	3.68		10pts
High_Jump	Isla Doubal	1.29		14pts	Grace Hughes	1.41		18pts
Triple_Jump	Nelly Sheffield	7.32		2pts	Poppy Oden-Haslett	8.47		12pts
Pole_Vault								
Shot	Seren Majed	8.66		18pts	Maya Kearvell	9.63		21pts
Discus	Neve Tyson	20.13		16pts	Rose Fowler	19.70		15pts
Javelin	Emma Beeby	20.72		15pts	Eliza Kaynama	19.19		13pts
Hammer								
Relay	<u>Rose Fowler , Arusha Wise , Grace Connolly , Bella Seddon</u>					58.5		pts

3 : 376pts : St Albans High School for Girls, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Millie Lindsay	14.4		17pts	Verity Fuge	14.6		16pts
100m	Fola Bajomo	13.5		21pts	Anjola Onile-ere	16.5		1pts
200m	Evie Kasoulis	30.1		13pts	Alannah Michael	30.5		12pts
300m					Ruby McCabe	47.4		18pts
800m	Bibi Fisher	2:44.3		18pts	Izzy Hawks	2:45.8		18pts
1500m	Emma Gudgeon	5:10.8		25pts	Annabelle Wade	5:43.7		19pts
Long_Jump	Arijola Onile-Eve	3.52		8pts	Verity Fuge	4.33		16pts
High_Jump	Juliette Wintersgill	1.35		16pts	Ruby McCabe	1.29		14pts
Triple_Jump	Evie Kasoulis	9.30		17pts	Evelyn Sparey	8.26		10pts
Pole_Vault								
Shot	Bibi Fisher	8.54		18pts	Alannah Michael	8.24		17pts
Discus	Millie Lindsay	19.58		15pts	Annabelle Wade	12.45		5pts

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Javelin	Izzy Hawks	28.85	24pts	Alice Gates	23.39	17pts
Hammer						
Relay	<u>Alice Gates , Evelyn Sparey , Juliette Wintersgill , Fola Bajomo</u>				57.0	pts

4 : 366pts : Dame Alice Owens, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Isabella Xavier	13.2		21pts	Annabelle Reusch	15.2		14pts
100m	Tia Patterson	14.0		16pts	Aditi Dheleria	14.6		11pts
200m	Ellie Johnson	30.9		11pts	Rhiannon Till	29.1		17pts
300m	Hannah Johnson	50.8		13pts	Iyla Saha	49.9		14pts
800m	Rosie Armstrong	2:39.4		21pts	Riya Goyal	3:03.1		11pts
1500m	Lily Van Thal	5:40.7		19pts	Emilie Moudart	5:46.4		18pts
Long_Jump	Tia Patterson	4.42		17pts	Annabelle Reusch	4.04		13pts
High_Jump	Isabella Xavier	1.53		22pts	Aayushi Dheleria	1.32		15pts
Triple_Jump	Rosie Armstrong	8.58		12pts	Rhiannon Till	NM		0pts
Pole_Vault								
Shot	Lilian Trollope	7.40		14pts	Iyla Saha	6.24		10pts
Discus	Hannah Johnson	21.03		17pts	Aditi Dheleria	12.45		5pts
Javelin	Ellie Johnson	25.98		21pts	Riya Goyal	21.43		16pts
Hammer								
Relay	<u>Aayushi Dheleria , Emilie Moudart , Lilian Trollope , Lily Van Thal</u>				59.0			pts

5 : 344pts : John F Kennedy School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Renee Ronan	16.3		10pts	Ava Lee Sarosh White	19.0		1pts
100m	Esther Faponle	13.5		21pts	Lulu Topping	14.4		12pts
200m	Tomi Kehinde	30.3		13pts	Evelyn Cook	29.2		16pts
300m	Trinity Bruner	47.4		18pts	Darcie Macpherson	53.8		9pts
800m	Isabel Nwanosike	2:50.8		16pts	Maisie Redman	2:46.2		17pts
1500m	Phoebe Molnar	6:34.8		10pts	Holly McDonnell	7:07.1		4pts
Long_Jump	Evelyn Cook	4.49		18pts	Trinity Bruner	4.09		14pts
High_Jump	Phoebe Molnar	1.59		24pts	Lulu Topping	1.32		15pts
Triple_Jump	Delores Ahenkan	10.46		26pts	Holly McDonnell	6.22		0pts
Pole_Vault								
Shot	Tomi Kehinde	7.89		15pts	Renee Ronan	6.38		10pts
Discus	Ava-Lee Sarosh-White	20.99		17pts	Esther Faponle	20.76		17pts
Javelin	Ciara Stack	20.06		14pts	Isabel Nwanosike	15.03		7pts
Hammer								
Relay	<u>Delores Ahenkan , Maisie Redman , Darcie Macpherson , Evelyn Cook</u>				57.8			pts

6 : 340pts : Parmiter's School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Autumn Rana	13.4		20pts	Poppy Seager	17.1		8pts
100m	Amelie-Rose Daniels	14.2		14pts	Nina Brown	15.1		8pts
200m	Chidera Ezenekwe	28.3		19pts	Aibhilin Cunningham	31.4		9pts
300m	Sundus Naqvi	46.8		19pts	Jess Street	51.2		12pts
800m	Jacey Dyett	2:43.1		19pts	Ruby Ghioc	3:16.4		7pts
1500m	Lacey Higgs	6:42.1		9pts	Natalie Worsley	5:42.1		19pts
Long_Jump	Chidera Ezenekwe	4.41		17pts	Aibhilin Cunningham	4.07		14pts
High_Jump	Autumn Rana	1.44		19pts	Nina Brown	1.23		12pts
Triple_Jump	Jess Street	9.15		16pts	Ruby Ghioc	8.03		9pts

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Pole_Vault							
Shot	Hui-Xin Sezille	8.55	18pts	Natalie Worsley	7.75	15pts	
Discus	Sundus Naqvi	19.13	14pts	Katya Samuels	17.39	12pts	
Javelin	Lacey Higgs	6.34	0pts	Poppy Seager	19.65	13pts	
Hammer							
Relay	Hui-Xin Sezille , Jacey Dyett , Katya Samuels , Amelie-Rose Daniels				59.2		pts

7 : 310pts : Beaumont School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Maisie Smith	16.3		10pts				
100m	Lauren Viney	13.9		17pts	Mikayla Blessing	14.4		12pts
200m	Jazz Mercer	30.2		13pts	Millie Baskerville	31.1		10pts
300m	Emily Gray	45.4		21pts	Sienna Zarili	50.5		13pts
800m	Beth Lawson	2:42.4		19pts	Phoebe Holt	2:53.2		15pts
1500m	Emma Treloar	5:23.7		23pts	Eva Dixon	5:47.0		18pts
Long_Jump	Emma Treloar	3.59		9pts	Sienna Zarili	3.98		13pts
High_Jump	Maisie Smith	1.29		14pts				
Triple_Jump	Phoebe Holt	7.70		6pts	Millie Baskerville	6.90		0pts
Pole_Vault								
Shot	Emily Gray	6.84		12pts	Diana Jeddad	7.81		15pts
Discus	Lauren Viney	16.44		11pts	Mikayla Blessing	17.08		12pts
Javelin	Jazz Mercer	23.09		17pts	Dakota Smith	20.16		14pts
Hammer								
Relay	Phoebe Holt , Diana Jeddad , Dakota Smith , Eva Dixon				60.4			pts

8 : 298pts : Royal Masonic School for Girls, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Freya Spencer	13.2		21pts	Annabel Hogan	14.5		16pts
100m	Fredericka Tagoe	17.3		0pts	Berry Hayne	15.6		6pts
200m	Sadie Treadwell	30.9		11pts	Scarlett Collins	31.6		8pts
300m	Lara Henderson	54.6		8pts	Alice Atkinson	50.8		13pts
800m	Olive Mitchell	2:41.6		20pts	Lucy Walton	2:55.3		14pts
1500m	Megan Reader	5:42.7		19pts	Emily Cottrell	6:29.8		11pts
Long_Jump	Sadie Treadwell	3.80		11pts	Freya Spencer	4.06		14pts
High_Jump	Annabel Hogan	1.26		13pts	Berry Hayne	1.29		14pts
Triple_Jump	Alessia McCormick	9.64		19pts	Lucy Walton	7.91		8pts
Pole_Vault								
Shot	Emily Cottrell	4.94		6pts	Tanishkha Shetty	5.22		7pts
Discus	Scarlett Collins	13.61		7pts	Lara Henderson	11.62		4pts
Javelin	Olive Mitchell	22.35		17pts	Alice Atkinson	17.28		10pts
Hammer								
Relay	Fredericka Tagoe , Megan Reader , Tanishkha Shetty , Alessia McCormick				56.9			pts

9 : 136pts : The Adeyfield Academy, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lacey Swindells	18.9		2pts	Chloe Sturtivant	18.8		2pts
100m	Taylor-Shattar Smith	15.4		7pts	Ava Harris	14.8		10pts
200m	Zoe Kelly	31.5		9pts				
300m					Millie Cowley	55.2		7pts
800m	Emma Butterworth	3:23.0		5pts				
1500m								

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Long_Jump	Millie Cowley	3.10	4pts	Zoe Kelly	3.64	9pts
High_Jump	Lacey Swindells	1.08	7pts	Chloe Sturtivant	1.17	10pts
Triple_Jump	Isabel Fallon	7.82	7pts			
Pole_Vault						
Shot	Calista Mankiew Makwang	6.38	10pts	Ava Harris	4.34	4pts
Discus	Taylor-Shattar Smith	23.61	20pts	Jess Hinks	14.60	8pts
Javelin	Daisy-Mai Bavington	10.34	2pts	Emma Butterworth	9.64	1pts
Hammer						
Relay	<u>Jess Hinks , Calista Mankiew Makwanga , Isabel Fallon , Daisy-Mai Bavington</u>				63.7	pts

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Junior Boys

1 : 413pts : Hitchin Boys' School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Charlie Tranter	13.3		23pts	Tom Matthews	13.8		20pts
100m	Dan Firth	13.0		20pts	Orin Salmon	13.6		14pts
200m	Stanley Small	26.8		20pts	Freddie Hopkinson	27.5		18pts
300m	Sam Matthews	42.8		19pts	Ewan Thompson	45.4		15pts
800m	Jack Fowler	2:33.1		19pts	Spencer Alsop	2:34.8		18pts
1500m	Seb Galloway	4:50.1		24pts	Oisin Minchin Adamo	5:23.2		16pts
Long_Jump	Dan Firth	4.28		14pts	Oisin Minchin Adamo	3.73		9pts
High_Jump	Raph Massie	1.44		18pts				
Triple_Jump	Charlie Tranter	9.40		16pts	Sam Matthews	8.86		13pts
Pole_Vault								
Shot	Stanley Small	7.31		10pts	Freddie Hopkinson	6.98		9pts
Discus	Alfie Weir	19.42		13pts	Spencer Alsop	16.10		10pts
Javelin	Seb Galloway	28.23		21pts	Tom Matthews	29.86		22pts
Hammer					Ewan Thompson	21.51		14pts
Relay	<u>Orin Salmon , Alfie Weir , Jack Fowler , Raph Massie</u>							55.5 pts

2 : 409pts : Robert Bloomfield Academy, Bedfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ben Fowles	14.5		17pts	Seb Downs	15.2		13pts
100m	Lucas Emery	13.9		12pts	Joshua Everitt	13.5		15pts
200m	Morgan Aislabie	25.4		25pts	Hudson Dwyer	27.4		19pts
300m	Zhenwei Lewis	42.9		19pts	Ayrton Austin	46.0		14pts
800m	Lewi Ashworth	2:24.8		21pts	Daniel Hopkin	2:36.3		18pts
1500m	Leo Littlejohn	5:18.1		17pts				
Long_Jump	Lucas Emery	3.97		11pts	Lewi Ashworth	4.62		18pts
High_Jump	Morgan Aislabie	1.62		24pts	Joshua Everitt	1.38		16pts
Triple_Jump	Ben Fowles	9.02		14pts				
Pole_Vault								
Shot	Seb Downs	9.13		16pts	Hudson Dwyer	10.14		20pts
Discus	Ayrton Austin	21.45		15pts	Daniel Hopkin	20.70		15pts
Javelin	Zhenwei Lewis	15.47		8pts	Matthew Frost	23.14		16pts
Hammer	Frankie McMillan	25.07		18pts	Bradan Green	18.93		11pts
Relay	<u>Leo Littlejohn , Bradan Green , Frankie McMillan , Seb Downs</u>							56.5 pts

3 : 354pts : Beaumont School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Tri	14.1		19pts	Teddy Dean	15.2		13pts
100m	Sam Rawlings	14.7		8pts	Joe Thomson	13.4		16pts
200m	Jacob Newman	28.3		16pts	Jamie Wong	28.3		16pts
300m	Josh Soll	46.6		13pts	Charlie Wappett	47.4		11pts
800m	Seth Keavney	2:51.4		13pts	Joseph McGrath	2:21.8		22pts
1500m	Seb Parsons	4:50.1		24pts	conor Treloar	5:02.0		21pts
Long_Jump	Sam Rawlings	3.96		11pts	Teddy Dean	4.48		16pts
High_Jump	Josh Soll	1.44		18pts	Jamie Wong	1.32		14pts
Triple_Jump	Tristan Mistry	9.98		18pts	Joe Thomson	8.85		13pts
Pole_Vault					Joseph McGrath	1.55		4pts
Shot	Albert Foley	7.47		11pts	Charlie Wappett	8.90		16pts
Discus	Jacob Newman	13.54		7pts				

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Javelin	Seth Keavney	9.12	2pts	Max Bretherton	22.14	15pts
Hammer						
Relay	<u>Seb Parsons , conor Treloar , Max Bretherton , Albert Foley</u>				56.2	pts

4 : 334pts : Dame Alice Owens, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Kian Shah	14.2		18pts	Max Laws	16.1		9pts
100m	Callum Scrivins	13.2		18pts	Kanyi Akpakwu	14.9		7pts
200m	Alex Koa -Wing	28.3		16pts	Xavier Wilkins	33.7		3pts
300m	Chris Leahy	45.2		15pts	Charlie Woods	42.6		19pts
800m	Faris Hamdulay	2:34.1		18pts	Abel Hodges	2:35.7		18pts
1500m	Luke Johnson	5:12.1		18pts	James Moudart	5:24.6		15pts
Long_Jump	Faris Hamdulay	3.87		10pts	Charlie Woods	4.22		14pts
High_Jump	Kian Shah	1.32		14pts	Xavier Wilkins	1.26		12pts
Triple_Jump	Eli Abugo	8.83		13pts	Taohai Khan	8.30		10pts
Pole_Vault								
Shot	Callum Scrivins	9.79		18pts	Alex Koa -Wing	6.68		8pts
Discus	Kanyi Akpakwu	28.05		22pts	Luke Johnson	14.38		8pts
Javelin	Chris Leahy	19.64		12pts	Abel Hodges	14.70		7pts
Hammer								
Relay	<u>James Moudart , Max Laws , Eli Abugo , Taohai Khan</u>				60.2			pts

5 : 319pts : Berkhamsted School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Jake Boteji	18.9		0pts	Josh Annetts	16.7		6pts
100m	Luke Reeves	12.6		24pts	Alex Fincham	13.3		17pts
200m	Seb Hawkes	30.2		12pts	Otto Thomas	28.9		15pts
300m	Charlie Hemlin	42.1		20pts	Jonny O'Donavan	51.3		6pts
800m	Louis Westcott	2:31.6		19pts	Rufus Hartley	2:43.8		15pts
1500m	Harry Wong	5:08.1		19pts	Dilan Ranchhoddas	5:59.0		8pts
Long_Jump	Luke Reeves	4.85		20pts	Jonny O'Donavan	3.61		8pts
High_Jump	Flynn Murray	1.08		6pts	Luke Green	1.32		14pts
Triple_Jump	Rufus Hartley	8.80		13pts	Otto Thomas	8.63		12pts
Pole_Vault								
Shot	Seb Hawkes	8.18		13pts	Dilan Ranchhoddas	6.41		7pts
Discus	Louis Westcott	22.56		17pts	Alex Fincham	15.58		10pts
Javelin	Charlie Hemlin	17.74		10pts	Theo Awdry	24.90		17pts
Hammer								
Relay	<u>Harry Wong , Josh Annetts , Luke Green , Jake Boteji</u>				61.1			pts

6 : 309pts : Haberdashers' Aske's Boys' School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lucas Davis	15.9		10pts	Frankie Craig	15.7		11pts
100m					Max Tillman	14.2		11pts
200m	Artmigam Ragulasinhan	27.0		20pts	Yixing Chen	31.6		8pts
300m	Zac Tillman	47.2		12pts	Max Loebinger	43.2		18pts
800m	Ethan Moss	2:29.4		20pts		2:27.2		21pts
1500m	Natan Drabik	4:55.3		23pts	Aryan Maisuria	5:34.0		13pts
Long_Jump	Lucas Davis	3.64		8pts	Artmigam Ragulasinhan	3.47		6pts
High_Jump	Aryan Maisuria	1.32		14pts	Ethan Moss	1.23		11pts
Triple_Jump	Max Tillman	9.10		14pts	Natan Drabik	8.96		13pts

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Pole_Vault							
Shot	Yixing Chen	7.23	10pts	Jason Obar	7.73	12pts	
Discus	Anton Al-Khalil	19.00	13pts	Max Loebinger	17.74	12pts	
Javelin	Callum Gim	20.25	13pts	Zac Tillman	9.84	2pts	
Hammer							
Relay	Aiden Barretto , Callum Gim , Frankie Craig ,				58.9		pts

7 : 299pts : Parmiter's School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles					Taylor Fetters	16.4		7pts
100m					Matthew Box	12.7		23pts
200m	Alex Gow	26.0		23pts	Demi Ogunyemi	31.1		9pts
300m	Matthew Denning	46.4		13pts	Hamid Aitkaci	51.8		6pts
800m	Max Henson	2:41.0		16pts	Jonah McNaught	2:26.1		21pts
1500m	Jaden Dunn	5:05.4		20pts	Nathaniel Irvine	5:38.1		12pts
Long_Jump	Jonah McNaught	3.84		10pts	Alex Gow	5.12		23pts
High_Jump	Hamid Aitkaci	1.11		7pts	Ethan Crawley-Wood	1.11		7pts
Triple_Jump	Matthew Denning	8.20		9pts	Jaden Dunn	8.51		11pts
Pole_Vault	Taylor Fetters	1.70		7pts				
Shot	Nikhil Shome	8.10		13pts	Harry Cox	7.52		11pts
Discus	Matthew Box	21.04		15pts	Ben Rayner	17.45		11pts
Javelin	Nathaniel Irvine	17.60		10pts	Max Henson	12.58		5pts
Hammer								
Relay	Nikhil Shome , Harry Cox , Demi Ogunyemi , Ben Rayner				63.0			pts

8 : 276pts : John F Kennedy School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Hugo Smitten	18.1		2pts	Mikolaj Kolesnik	14.6		16pts
100m	Zuriel Moses	14.2		11pts	Edmund Kyermeh	13.1		19pts
200m	Christain Amoah	27.5		18pts	James Sweeney	27.5		18pts
300m	Jude Glynn	51.8		6pts	Kacper Nowak	45.9		14pts
800m	Luke Mcnamee	2:37.7		17pts	Heath Rodrigo	3:06.3		8pts
1500m	Harry Deacon	5:13.5		18pts	Rory Moloney	5:00.4		21pts
Long_Jump	Jude Glynn	3.47		6pts	Edmund Kyermeh	4.29		14pts
High_Jump	Rory Moloney	1.11		7pts	James Sweeney	1.65		25pts
Triple_Jump	Heath Rodrigo	8.36		10pts	Theo Sproat	NM		0pts
Pole_Vault								
Shot	Kacper Nowak	6.51		8pts	Finn Eustace	5.78		5pts
Discus	Luke Mcnamee	12.93		7pts	Zuriel Moses	14.46		8pts
Javelin	Hugo Smitten	NM		0pts	Damian Trubilowicz	10.71		3pts
Hammer								
Relay	Christain Amoah , Harry Deacon , Finn Eustace , Theo Sproat				57.9			pts

9 : 132pts : The Adeyfield Academy, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Toby Hufschmeid	16.6		7pts				
100m	Sonny Cawdron	13.3		17pts	Billy Brinkley	15.7		3pts
200m	Beau Zikmund	31.8		8pts				
300m	Justin Filpas	57.1		0pts	Conor Power	54.9		3pts
800m	John Welham	2:48.3		14pts	Archie Howard	2:46.1		14pts
1500m								

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Long_Jump	Beau Zikmund	3.36	5pts	Justin Filpas	3.29	4pts
High_Jump				Alfie Sturtivant	1.02	4pts
Triple_Jump						
Pole_Vault	Toby Hufschmeid	1.25	1pts			
Shot	John Welham	4.47	2pts	Billy Brinkley	5.85	5pts
Discus	Reece Wall	14.95	9pts	Conor Power	13.44	7pts
Javelin	Charlie Wharfe	18.81	11pts	Riley Stevenson	13.77	6pts
Hammer						
Relay	, Archie Howard , Charlie Wharfe , Riley Stevenson				60.8	pts

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Junior Girls

1 : 360pts : Berkhamsted School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Freya Uhrmacher	13.0		24pts	Annabel Stewart	15.3		13pts	
100m	Maya Millner	13.0		29pts	Louisa Doyle	14.1		18pts	
200m	Valeria Antonini	31.9		11pts	Tessa Williams	30.0		18pts	
300m	Layla Jasinski	50.5		13pts					
800m	Annabel Lloyd-Evans	2:41.2		24pts	Tabitha Kitching	3:00.1		17pts	
1500m	Amelia Drane	5:15.3		27pts					
Long_Jump	Annabel Stewart	3.76		12pts	Tessa Williams	4.11		16pts	
High_Jump	Steph Hammond	1.32		18pts	Louisa Doyle	1.23		15pts	
Triple_Jump									
Pole_Vault									
Shot	Valeria Antonini	8.74		24pts	Annabel Lloyd-Evans	5.29		9pts	
Discus	Jemma McEwen	14.22		12pts	Tabitha Kitching	12.43		9pts	
Javelin	Layla Jasinski	22.34		22pts	Amelia Drane	9.93		6pts	
Hammer									
Relay	<u>Steph Hammond , Jemma McEwen , Freya Uhrmacher , Maya Milner</u>						56.4		pts

2 : 356pts : Parmiter's School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Alex Dacres	13.1		23pts	Emily Todd	13.5		21pts	
100m	Anna Anene	13.0		29pts	Sophia Lloyd	14.8		13pts	
200m	Isabel Charles-Ojo	28.8		22pts	Dina Borzogi	31.1		14pts	
300m	Lily Ghioc	54.1		9pts	Senice Ovide-Phillips	49.3		15pts	
800m	Sawano Bayley	2:44.0		23pts	Katie Moiseeva	2:53.7		20pts	
1500m	Gabi Olusanya-Artiles	5:27.2		25pts					
Long_Jump	Alex Dacres	3.93		14pts	Dina Borzogi	4.27		18pts	
High_Jump	Mya Obiekwe	1.23		15pts	Senice Ovide-Phillips	1.14		12pts	
Triple_Jump									
Pole_Vault									
Shot	Isabel Charles-Ojo	6.29		12pts	Gabi Olusanya-Artiles	4.48		6pts	
Discus	Zoe Thomas	15.83		14pts	Anna Anene	17.86		17pts	
Javelin	Lily Ghioc	17.50		16pts					
Hammer									
Relay	<u>Katie Moiseeva , Sawano Bayley , Zoe Thomas , Emily Todd</u>						60.4		pts

3 : 347pts : Queenswood School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Tehya Robertson	15.3		13pts	Lucy Harrison	13.7		20pts
100m	Bibi Alo	14.6		14pts				
200m	Ruby Berry	30.4		16pts	Amelia Rashid	34.4		6pts
300m	Olivia Evans	46.3		20pts	Erin Hobson	49.8		14pts
800m	Rosa Court	2:45.0		23pts	Anne Icleanu	2:48.9		21pts
1500m	Izzy Marriott	5:09.5		28pts	Madison Foxcroft	5:45.6		22pts
Long_Jump	Lucy Harrison	4.12		16pts	Erin Hobson	3.63		11pts
High_Jump	Tehya Robertson	1.26		16pts	Olivia Evans	1.23		15pts
Triple_Jump								
Pole_Vault								
Shot	Katriel Ayegbeni	8.89		25pts	Anne Icleanu	5.80		11pts
Discus	Madison Foxcroft	14.11		12pts	Ruby Berry	14.07		12pts

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Javelin	Amelia Rashid	16.66	15pts					
Hammer								
Relay	<u>Katriel Ayegbeni , Rosa Court , Izzy Marriott , Bibi Alo</u>						60.5	pts

4 : 327pts : Beaumont School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Zara Rennie	15.9		11pts	Emily Watts	15.6		12pts
100m	Amber Fells	14.2		17pts	Sophia Werbinski	15.2		11pts
200m	Lola Tembrass	27.8		25pts	Rosa Kosh	31.7		12pts
300m	Jane Yu	47.9		17pts	Jasmine Chakma Smith	48.6		16pts
800m	Natalie Herbst	3:00.8		17pts	Mabel Yeldham	2:50.9		21pts
1500m	Paloma Theobolds	5:15.5		27pts	Phoebe Crudgington	5:31.0		24pts
Long_Jump	Lola Tembrass	4.19		17pts	Rosa Kosh	3.78		12pts
High_Jump	Natalie Herbst	1.26		16pts				
Triple_Jump								
Pole_Vault					Sophia Werbinski	1.20		6pts
Shot	Amber Fells	4.84		8pts				
Discus	Jane Yu	14.43		12pts	Mabel Yeldham	11.72		8pts
Javelin	Paloma Theobolds	18.80		18pts				
Hammer								
Relay	<u>Zara Rennie , Emily Watts , Jasmine Chakma Smith , Phoebe Crudgington</u>						58.7	pts

5 : 318pts : St Albans High School for Girls, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Tara Lawal	13.4		22pts	Eloise Thomas	15.7		12pts
100m	Violet Whiting	14.4		15pts	Charlotte Wood	15.0		12pts
200m	Freya Hardyman	29.1		21pts	Orla Henry	31.2		14pts
300m	Amira Mackney	49.8		14pts	Beth Hopkins	49.9		14pts
800m	Arpi Aznauryan	3:09.7		14pts	Bella Smith	2:53.3		20pts
1500m	Amy Child	5:47.6		22pts				
Long_Jump	Violet Whiting	4.40		19pts	Charlotte Wood	3.76		12pts
High_Jump	Lara Hall	1.20		14pts	Eloise Thomas	1.38		20pts
Triple_Jump								
Pole_Vault								
Shot	Arpi Aznauryan	3.52		3pts	Orla Henry	5.46		10pts
Discus	Amira Mackney	13.55		11pts	Izzy Walker	16.13		14pts
Javelin	Beth Hopkins	18.94		18pts				
Hammer								
Relay	<u>Izzy Walker , Amy Child , Bella Smith , Freya Hardyman</u>						60.7	pts

6 : 315pts : Robert Bloomfield Academy, Bedfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Nuala Shepherd	16.9		8pts	Amari Dogbe	14.2		18pts
100m	Mya Smyth	13.7		22pts	Kaylyn Samping	14.6		14pts
200m	Emma Guile	31.5		13pts	Emily Kirkwood	33.2		8pts
300m	Tahlia Broomfield	48.9		15pts	Asia Blackett	53.1		10pts
800m	Lexi Miah	2:54.6		19pts	Sophia Scrivens	2:47.9		22pts
1500m								
Long_Jump	Amari Dogbe	3.90		14pts	Mya Smyth	3.77		12pts
High_Jump	Poppy Phillips	1.26		16pts	Emma Guile	1.26		16pts
Triple_Jump								

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Pole_Vault								
Shot	Sophia Scrivens	5.71	11pts	Nuala Shepherd	7.67	19pts		
Discus	Kaylyn Sampong	15.89	14pts					
Javelin	Grace Keates	24.92	25pts	Kyra Jackson	12.37	9pts		
Hammer	Tahlia Broomfield	20.98	16pts					
Relay	Grace Keates , Asia Blackett , Emily Kirkwood , Kyra Jackson				62.8	pts		

7 : 303pts : Dame Alice Owens, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Rona Kwon	14.4		17pts	Zara Levene	16.5		9pts
100m	Anaya Patel	17.0		2pts	Anashe Mapanzure	14.6		14pts
200m	Isla Brasnett	27.1		27pts	Emily Metcalf	32.4		10pts
300m	Florence Hicks	47.6		18pts				
800m	Amy Storey	3:03.2		16pts	Megan Henegan	3:26.7		9pts
1500m	Sasha Barrett	6:18.6		16pts				
Long_Jump	Isla Brasnett	4.75		25pts	Megan Henegan	3.55		10pts
High_Jump	Rona Kwon	1.20		14pts	Anashe Mapanzure	1.29		17pts
Triple_Jump								

Pole_Vault								
Shot	Sophia Terzopoulos	5.92	11pts	Zara Levene	5.41	10pts		
Discus	Florence Hicks	12.60	10pts	Madhi Al Rahman	15.16	13pts		
Javelin	Anaya Patel	24.03	25pts	Emily Metcalf	19.96	19pts		
Hammer								
Relay	Sophia Terzopoulos , Amy Storey , Madhi Al Rahman , Sasha Barrett				64.7	pts		

8 : 288pts : John F Kennedy School, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Mercy Adeyemi	14.4		17pts	Daniella Adenaike	21.0		0pts
100m	Maja Rewt	14.7		13pts	Angel Ahenkan	14.5		14pts
200m	Chukwudalu Okeke	29.5		19pts	Marta Tykocka	31.1		14pts
300m	Tomi Bankole	46.0		21pts				
800m	Ciara O'Neill	3:06.5		15pts	Allegra Blasi-Colleran	2:59.7		18pts
1500m	Jasmine Okoh	5:15.3		27pts	Niamh Connolly	5:35.7		24pts
Long_Jump	Jasmine Okoh	3.82		13pts	Angel Ahenkan	3.89		13pts
High_Jump	Maja Rewt	1.14		12pts	Niamh Connolly	NM		0pts
Triple_Jump								

Pole_Vault								
Shot	Tomi Bankole	6.77	14pts	Chukwudalu Okeke	6.94	15pts		
Discus	Isabella Bignall	13.76	11pts					
Javelin	Marta Tykocka	14.33	12pts	Allegra Blasi-Colleran	7.70	3pts		
Hammer								
Relay	Mercy Adeyemi , Isabella Bignall , Ciara O'Neill , Daniella Adenaike				63.8	pts		

9 : 275pts : Royal Masonic School for Girls, Hertfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Hannah McFarlane	15.1		14pts	Alina Watson	17.4		6pts
100m	Esther Thompson	14.1		18pts	Libby Evans	15.9		7pts
200m	Mutiati Bamisedun	30.4		16pts	Scarlett Palmer	30.0		18pts
300m	Lucy Miller	48.5		16pts				
800m	Mia Garner	2:54.8		19pts	Cordelia Helm	3:05.4		16pts
1500m	Amaya Rupasinghe	5:55.0		20pts				

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Long_Jump	Alina Watson	3.89	13pts	Scarlett Palmer	NM	0pts
High_Jump	Mutiati Bamisedun	1.35	19pts	Hannah McFarlane	1.17	13pts
Triple_Jump						
Pole_Vault						
Shot	Esther Thompson	5.55	10pts	Matilda Machin	5.73	11pts
Discus	Mia Garner	14.37	12pts	Cordelia Helm	10.45	7pts
Javelin	Amaya Rupasinghe	17.28	16pts	Cyce Snazell	12.00	9pts
Hammer						
Relay	<u>Lucy Miller , Matilda Machin , Cyce Snazell , Libby Evans</u>				62.0	pts