

**ESAA English Schools' Track and Field Cup 2024**  
**Round - 1, ESS 4 : Chelmsford - Friday 17th May 2024**

**Junior Boys**

**1 : 494pts : Robert Clack School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles					Prince Kasanda	13.2		23pts
100m	Joshua Buxton	12.6		24pts	Ibrahim Ali	13.5		14pts
200m	Denzel Mwashu	25.7		24pts	Selorm Woadzro	27.8		18pts
300m	Ayaat Ali	46.0		14pts	Zephaniah Smith	42.5		19pts
800m	Ryan Lishandi	2:26.0		21pts	Charlie Burke	2:23.0		22pts
1500m					Devonte Pike	5:01.0		21pts
Long_Jump	Denzel Mwashu	5.07		22pts	Prince Kasanda	5.15		23pts
High_Jump	Ryan Lishandi	1.44		18pts	Ayaat Ali	1.38		16pts
Triple_Jump	Mazeed Momoh	10.44		21pts	Selorm Woadzro	9.83		18pts
Pole_Vault								
Shot	Ibrahim Ali	9.55		18pts	Charlie Burke	8.97		16pts
Discus	Joshua Buxton	34.63		29pts	Elijah Gwataringa	23.68		18pts
Javelin	Freddie Cable	26.50		19pts	Devonte Pike	23.39		16pts
Hammer	Zephaniah Smith	31.22		23pts	Teddy Peebles	26.17		19pts
Relay	<u>Mazeed Momoh , Teddy Peebles , Freddie Cable , Elijah Gwataringa</u>					55.9		18pts

**2 : 445pts : The Coopers' Company and Coborn School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Oliver Cambridge	12.8		25pts	Henry Langford	13.8		20pts
100m	Ayaan Islam	13.0		19pts	Ashton Reeve	13.9		12pts
200m	Isaac Allen	26.9		20pts	Nicky Mulholland	26.9		20pts
300m	Tommy Rose	45.1		15pts	Matai Milner	44.1		17pts
800m	Oliver West	2:25.0		21pts	Rohan Keith	2:33.0		19pts
1500m	Joe Sewell	4:47.0		25pts	Archie Baily	4:51.0		24pts
Long_Jump	Matai Milner	4.92		21pts	Archie Baily	4.27		14pts
High_Jump	Oliver Cambridge	1.44		18pts	Henry Langford	1.47		19pts
Triple_Jump	Tommy Rose	9.19		14pts	Rohan Keith	8.76		12pts
Pole_Vault								
Shot	Ayaan Islam	9.36		17pts	Kai O'Connell-Boyle	8.70		15pts
Discus	Isaac Allen	19.81		14pts	Nicky Mulholland	17.70		12pts
Javelin	Ethan Johnson	29.69		22pts				
Hammer	Ashton Reeve	21.18		14pts				
Relay	<u>Oliver West , Joe Sewell , Kai O'Connell-Boyle , Ethan Johnson</u>					56.9		16pts

**3 : 428pts : The Gateway Academy, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Joshua Johnson	13.5		22pts	Jeriah Ngongo	14.1		19pts
100m	Joseph Tinuoye	13.6		13pts	Naphtali Mulumba	12.8		21pts
200m	William Savage	28.9		15pts	Tola Adebisi	29.4		14pts
300m	Adam Ezekonkwor	45.9		14pts	Aiden Baker	44.8		16pts
800m	Oluwatobiloba Salman	2:30.0		20pts	Rhyllie Constantine	2:44.0		15pts
1500m					David Akinremi	5:32.0		14pts
Long_Jump	Joseph Tinuoye	4.25		14pts	Jeriah Ngongo	3.98		11pts
High_Jump	Adam Ezekonkwor	1.35		15pts	Tola Adebisi	1.38		16pts
Triple_Jump	William Savage	9.31		15pts				
Pole_Vault								
Shot	Joshua Johnson	9.78		18pts	Naphtali Mulumba	11.33		24pts
Discus	Oluwatobiloba Salman	17.96		12pts	David Akinremi	24.68		19pts
Javelin	Mitchell Garrido	32.99		25pts	Rhyllie Constantine	18.70		11pts
Hammer	Szymon Drozdak	35.90		27pts	Aieden Randell	27.95		20pts
Relay	<u>Mitchell Garrido , Szymon Drozdak , Aieden Randell , Aiden Baker</u>					55.8		18pts

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**Junior Boys**

**4 : 428pts : Davenant Foundation School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Joe Britton	16.2		8pts	Isaac Laing	16.9		6pts
100m	Daniel Fairlamb	12.5		24pts	Nathaniel Sandy	12.9		20pts
200m	Alex Osagie	24.6		27pts	Albie Mitchell	26.9		20pts
300m	Nathaniel Igbeta	46.7		12pts	Isiah Oham	42.8		19pts
800m	Liberty Akisanya	2:34.0		19pts	Calum Thompson	2:24.0		22pts
1500m	Eric Frith	4:59.0		22pts	Hughie Loe	5:01.0		21pts
Long_Jump	Alex Osagie	5.04		22pts	Albie Mitchell	4.39		15pts
High_Jump	Daniel Fairlamb	1.53		21pts				
Triple_Jump	Joe Britton	9.72		17pts				
Pole_Vault								
Shot	Isiah Oham	9.66		18pts	Nathaniel Sandy	9.69		18pts
Discus	Nathaniel Igbeta	26.00		20pts	Ivan Brown	12.90		7pts
Javelin	Eric Frith	19.23		12pts	Theo Hepton	23.52		16pts
Hammer	Liberty Akisanya	22.47		15pts	Calum Thompson	19.32		12pts
Relay	<u>Isaac Laing , Hughie Loe , Theo Hepton , Ivan Brown</u>					57.8		15pts

**5 : 419pts : Shenfield High School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Tom Allen	13.0		24pts	Tyler Roberts	13.6		21pts
100m	Egor Jakovenko	13.5		14pts	Alfie Hill	13.9		12pts
200m	Emmanuel Oyedele	25.7		23pts	Harry Fisher	27.7		18pts
300m	Owen Fisher	43.3		18pts	Jack Martin	47.3		11pts
800m	Jude Longman	3:19.0		5pts	Ollie Goodwin	2:28.0		21pts
1500m	Will Hughes	4:43.0		26pts	Casper Norris	5:24.0		16pts
Long_Jump	Jude Longman	4.49		16pts	Alfie Hill	4.36		15pts
High_Jump	Tom Allen	1.53		21pts				
Triple_Jump	Emmanuel Oyedele	11.39		25pts	Tyler Roberts	9.49		16pts
Pole_Vault								
Shot	Kamarley Folley-Ephraim	8.91		16pts	Jack Martin	6.61		8pts
Discus	Egor Jakovenko	18.72		13pts	Harry Fisher	20.63		15pts
Javelin	Owen Fisher	23.55		16pts	Ollie Goodwin	24.53		17pts
Hammer	Will Bundy	24.70		17pts				
Relay	<u>Will Hughes , Kamarley Folley-Ephraim , Will Bundy , Casper Norris</u>					57.8		15pts

**6 : 379pts : Colchester Royal Grammar School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Malachi Enenmoh	14.4		17pts	Emmanuel Oseghale	15.9		10pts
100m	Michael Umejiego	13.4		16pts	Jude Lowden	14.8		8pts
200m	Oghosa Osarhiemen	26.5		21pts	Veeromsai Ande	27.8		18pts
300m	Jack White	44.3		16pts	Harry Jones	44.8		15pts
800m	Jacob Riddell	2:39.0		17pts	Raffy Winborn	2:39.0		17pts
1500m	Francois Bollu	5:11.0		19pts	Tristan De Belligny	5:44.0		11pts
Long_Jump	Oghosa Osarhiemen	4.53		17pts	Jude Lowden	4.31		15pts
High_Jump	Emmanuel Oseghale	1.23		11pts	Malachi Enenmoh	1.35		15pts
Triple_Jump	Jack White	9.73		17pts	Veeromsai Ande	9.29		15pts
Pole_Vault								
Shot	Michael Umejiego	10.03		19pts	Harry Jones	9.94		19pts
Discus	Harvey Brooks Charles	29.25		23pts	Sam Thornton	13.70		8pts
Javelin	Jacob Riddell	NM		0pts	Tristan De Belligny	24.49		17pts
Hammer								
Relay	<u>Sam Thornton , Francois Bollu , Harvey Brooks Charles , Raffy Winborn</u>					56.0		18pts

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**Junior Boys**

**7 : 324pts : Greensward Academy, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Callum Hope	22.5		0pts				
100m	Vinnie Young	13.2		18pts	Alfie Gjoni	13.6		13pts
200m	Kaiden Nott	26.5		21pts	Owolabi Ojuri	30.7		10pts
300m	Finlay Williams	DQ		0pts				
800m	Aaron Jobson	2:31.0		20pts	Lucas Griffin	2:34.0		19pts
1500m	Evan Henty	4:58.0		22pts	Louis Rawlinson	4:56.0		23pts
Long_Jump	Vinnie Young	4.79		19pts	Owolabi Ojuri	3.14		3pts
High_Jump	Kaiden Nott	1.41		17pts	Lucas Griffin	1.32		14pts
Triple_Jump	Aaron Jobson	8.51		11pts				
Pole_Vault								
Shot	Evan Henty	6.94		9pts	Alfie Gjoni	10.25		20pts
Discus	Connor Aveling	23.50		18pts	Kodi Gentles	17.60		12pts
Javelin	Henry Bowyer	22.12		15pts	Louis Rawlinson	12.94		5pts
Hammer	Finlay Williams	NM		0pts	Matt Norman	19.69		12pts
Relay	Connor Aveling , Callum Hope , Henry Bowyer , Kodi Gentles					58.8		14pts

**8 : 320pts : The Boswells School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Nicholas Cracknell	14.5		17pts	David Suculiuc	18.7		0pts
100m	Connor Boe	13.1		19pts	Dillan Sutterby	14.1		11pts
200m	Ajmal Awan	27.2		19pts	Dillan Sutterby	31.0		10pts
300m	Will Maunder	45.4		15pts	Luke Wareham	48.3		10pts
800m	Freddie Parsons	2:25.0		21pts	Leo Wing	2:43.0		16pts
1500m	Max Prestney	5:28.0		15pts	Ronny Fennings-Mills	5:57.0		9pts
Long_Jump	Connor Boe	4.32		15pts	Desmond Ubong	4.23		14pts
High_Jump	Freddie Parsons	1.41		17pts				
Triple_Jump	Ajmal Awan	8.73		12pts	Luke Wareham	8.79		12pts
Pole_Vault								
Shot	Will Maunder	10.25		20pts	Robert Mafigo	7.47		11pts
Discus	-	14.14		8pts				
Javelin	Nicholas Cracknell	23.73		16pts	Dillan Sutterby	24.70		17pts
Hammer								
Relay	Leo Wing , Robert Mafigo , Max Prestney , Ronny Fennings-Mills					56.9		16pts

**9 : 313pts : Saffron Walden County High, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Flynn Macgregor	15.5		12pts	Harvey Burton	15.3		13pts
100m	Freddie Woodcock	13.3		16pts	Brodie Henderson	13.3		17pts
200m	Henry Van De Poel	26.3		22pts	Will Mayes	29.0		14pts
300m	James Tait	44.5		16pts	Connor Mone	47.6		11pts
800m	Freddie Vickers	2:42.0		16pts	Sammy Fritz	2:36.0		18pts
1500m	Freddie Cockburn	5:13.0		18pts	Caspar Jenner	5:23.0		16pts
Long_Jump	Henry Van De Poel	4.84		20pts	Harvey Burton	4.29		14pts
High_Jump	Freddie Vickers	1.53		21pts	Sammy Fritz	1.26		12pts
Triple_Jump	Caspar Jenner	7.34		2pts	Tyler Burton	NM		0pts
Pole_Vault								
Shot	Will Mayes	6.84		9pts	Connor Mone	7.20		10pts
Discus	Jack Butler Shinn	16.97		11pts				
Javelin	Freddie Cockburn	13.07		6pts				
Hammer								
Relay	Freddie Woodcock , Brodie Henderson , James Tait , Flynn Macgregor					54.9		19pts

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**Junior Boys**

**10 : 313pts : Chelmer Valley High School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Samuel Watson	16.3		7pts	Logan Nicoll	14.6		16pts
100m	Teddy Clout	15.2		6pts	Ronnie Jones	13.7		13pts
200m	Caden Tunbridge	28.5		16pts	Emmanuel Oseghale	27.5		18pts
300m	Jake Ridgewell	44.6		16pts	Jacob Mitchell	44.6		16pts
800m	Oscar Irving	2:39.0		17pts	Charlie McCall	2:35.0		18pts
1500m	Tom Waller	5:46.0		11pts	James Davies	5:33.0		13pts
Long_Jump	Caden Tunbridge	4.06		12pts	Emmanuel Oseghale	4.11		13pts
High_Jump	Samuel Watson	1.29		13pts	James Davies	NM		0pts
Triple_Jump	Jake Ridgewell	9.40		16pts	Logan Nicoll	8.51		11pts
Pole_Vault								
Shot	Keon Guerrini-Etta	6.80		9pts	Ronnie Jones	8.59		14pts
Discus	Jamal Sanyaolu	19.72		14pts	Jacob Mitchell	14.90		9pts
Javelin	Teddy Clout	21.51		14pts	Charlie McCall	20.02		13pts
Hammer								
Relay	<u>Jamal Sanyaolu , Keon Guerrini-Etta , Tom Waller , Oscar Irving</u>					64.9		8pts

**11 : 286pts : Emerson Park Academy, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	George Rogers	14.6		16pts				
100m	Josias Manpinga	12.5		25pts	Nathan Wodbidke	14.4		9pts
200m	Dylan Mills	27.8		18pts	Kyelle Campbell	31.3		9pts
300m	Riley Roche	44.6		16pts	Joaquim Londjoka	44.9		15pts
800m	Freddie Foster	2:41.0		16pts	Ebraheem Bizimana	2:31.0		20pts
1500m	Jack Rossington	5:31.0		14pts	Rafael Maghera	5:34.0		13pts
Long_Jump	Freddie Foster	4.04		12pts	Riley Roche	4.20		14pts
High_Jump	Josias Manpinga	1.38		16pts	Matt Crane	1.29		13pts
Triple_Jump					Joaquim Londjoka	8.18		9pts
Pole_Vault								
Shot	Dylan Mills	7.02		9pts	Mason Leather	6.98		9pts
Discus	Aaron Thwala	13.90		8pts	Ebraheem Bizimana	15.00		9pts
Javelin	George Rogers	4.79		0pts	Jack Rossington	8.52		1pts
Hammer								
Relay	<u>Rafael Maghera , Matt Crane , Mason Leather , Kyelle Campbell</u>					58.4		15pts

**ESAA English Schools' Track and Field Cup 2024**  
**Round - 1, ESS 4 : Chelmsford - Friday 17th May 2024**

**Intermediate Boys**

**1 : 531pts : The Coopers' Company and Coborn School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Simeon Barker	10.9		30pts	Freddie Fisher	11.8		26pts
100m	Jae Callendar	12.0		22pts	Jayden Singh Bal	12.0		22pts
200m	Reggie Marshall	25.9		17pts	Jayden Wilkinson	25.7		18pts
300m	William Tilson	41.2		18pts	Ethan Berry	39.3		23pts
800m	Findlay McLaren	1:59.0		32pts	Daniel Brown	2:07.0		26pts
1500m	Shea Sweeney	4:39.0		22pts	Tom Alder	4:39.0		22pts
Long_Jump	Jae Callendar	4.91		14pts	Jayden Wilkinson	5.45		19pts
High_Jump	Findlay McLaren	1.71		23pts				
Triple_Jump	Simeon Barker	12.62		25pts	Tom Alder	10.99		16pts
Pole_Vault								
Shot	Jayden Singh Bal	9.25		13pts	Daniel Brown	12.62		24pts
Discus	Reggie Marshall	29.30		20pts	Freddie Fisher	25.79		17pts
Javelin	Sam Burdett	44.76		23pts	William Tilson	36.09		18pts
Hammer	Dillon Humphrey	31.78		19pts				
Relay	<u>Shea Sweeney , Ethan Berry , Dillon Humphrey , Sam Burdett</u>					49.4		22pts

**2 : 464pts : Robert Clack School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ernest Boateng	15.9		5pts	Jahmaine Aldridge	13.2		18pts
100m	Peter Aderibigbe	12.4		18pts	Chibuike Ukeh	12.1		22pts
200m	Dylan Leadeham	25.8		17pts	Eugene Poku	25.7		18pts
300m	Lequane Grant	38.3		25pts	Ryan Alexander	38.8		24pts
800m	Dziulijanas Jonikas	2:22.0		19pts	Abdulrahmon Lawal	2:34.0		15pts
1500m								
Long_Jump	Peter Aderibigbe	5.31		18pts	Jahmaine Aldridge	4.81		13pts
High_Jump	Ernest Boateng	1.35		11pts	Ryan Alexander	1.77		25pts
Triple_Jump	Lequane Grant	12.65		25pts	Chibuike Ukeh	12.50		24pts
Pole_Vault								
Shot	David Basset	11.94		22pts	Christopher Akoto	12.64		24pts
Discus	Abdulrahmon Lawal	28.74		20pts	Eugene Poku	31.34		22pts
Javelin	Dziulijanas Jonikas	30.94		14pts	Dylan Leadeham	28.73		13pts
Hammer	Aymeric Basset	24.01		14pts	Aridas Apanavicius	31.44		19pts
Relay	<u>David Basset , Christopher Akoto , Aymeric Basset , Aridas Apanavicius</u>					51.3		19pts

**3 : 454pts : Davenant Foundation School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Sam Sam-Amoye	12.0		25pts				
100m	Tumi Olaniyan	12.1		21pts	Marvin Cousens	12.9		13pts
200m	Jaheim Roman	24.5		22pts	Micah Edwards	24.0		23pts
300m	Jadon Owenmuyi	38.9		24pts	Kaleb Silva	39.0		24pts
800m	Harry Stockill	2:05.0		27pts	Max Mcgovern	2:14.0		22pts
1500m	Luka Norden	4:22.0		25pts	Josh Stephenson	4:38.0		22pts
Long_Jump	Jadon Owenmuyi	5.38		18pts	Kaleb Silva	4.47		9pts
High_Jump	Tumi Olaniyan	1.53		17pts	Joshua Akisanya	1.53		17pts
Triple_Jump	Sam Sam-Amoye	10.74		15pts	Micah Edwards	11.40		19pts
Pole_Vault								
Shot	Jaheim Roman	11.31		20pts	Marvin Cousens	10.36		17pts
Discus		12.28		3pts				
Javelin	Jacques Prinsloo	32.30		15pts	Max Mcgovern	24.85		10pts
Hammer	Martim de Vieria Aguiar	23.69		13pts	Harry Stockill	25.20		15pts
Relay	<u>Joshua Akisanya , Luka Norden , Jacques Prinsloo , Martim de Vieria Aguiar</u>					51.8		18pts

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**Intermediate Boys**

**4 : 446pts : Shenfield High School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Anesu Before	13.6		17pts	Kai Debenham	14.4		12pts	
100m	Silva Tyler-Earnshaw	11.5		28pts	Ramareo Felix-Crick	12.0		23pts	
200m	Charlie Bussandra-Sweene	23.6		25pts	Adrian Shalujo-Afolabi	24.9		21pts	
300m	Hosanna Ngunga	40.3		20pts	George Vickerstaff	41.2		18pts	
800m	Joe Davis	2:23.0		18pts	Ben Backman	2:26.0		17pts	
1500m	Zac Thomas	4:50.0		20pts	Charlie Eagle	4:51.0		19pts	
Long_Jump	Silva Tyler-Earnshaw	5.12		16pts	Hosanna Ngunga	5.43		19pts	
High_Jump	Anesu Before	1.47		15pts	George Vickerstaff	1.50		16pts	
Triple_Jump	Zac Thomas	10.63		15pts	Adrian Shalujo-Afolabi	11.29		18pts	
Pole_Vault									
Shot	Charlie Bussandra-Sweene	9.41		14pts	Ramareo Felix-Crick	9.72		15pts	
Discus	Frank Courtney	27.00		18pts	Dylan Nelson	24.16		15pts	
Javelin	Joe Davis	33.50		16pts	Kai Debenham	28.94		13pts	
Hammer									
Relay	<u>Charlie Eagle , Ben Backman , Dylan Nelson , Frank Courtney</u>						51.7		18pts

**5 : 439pts : Colchester Royal Grammar School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Tomi Banwo	14.0		14pts	Dhruv Chintala	14.7		11pts	
100m	Samuel Akande	12.0		22pts	Joshua Famojuro	11.8		25pts	
200m	Tobias Samuel	23.8		25pts	Propser Oseghale	24.8		21pts	
300m	Oscar Bromley	43.0		14pts	Eli Leach	41.8		17pts	
800m	Lawrence Pierson	2:21.0		19pts	Silas Roper	2:13.0		23pts	
1500m	Rohan Dasoar	4:36.0		22pts	Amani Luvisiah	4:46.0		20pts	
Long_Jump	Tobias Samuel	5.92		24pts	Joshua Famojuro	5.04		15pts	
High_Jump	Oscar Bromley	1.53		17pts	Eli Leach	1.53		17pts	
Triple_Jump	Samuel Akande	11.99		21pts	Ayo Ogunyemi	12.06		22pts	
Pole_Vault									
Shot	Tomi Banwo	7.51		7pts	Amani Luvisiah	9.42		14pts	
Discus	Lawrence Pierson	30.70		22pts	Propser Oseghale	27.80		19pts	
Javelin	Rohan Dasoar	18.88		6pts	Ameen Wahid	17.55		5pts	
Hammer									
Relay	<u>Dhruv Chintala , Ameen Wahid , Ayo Ogunyemi , Silas Roper</u>						52.4		17pts

**6 : 400pts : Saffron Walden County High, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Billy Tang	13.9		15pts	Theo Bari	15.3		8pts	
100m	Henri Knowles	11.6		27pts	Paul Coe	12.7		16pts	
200m	Xander Harty	27.5		12pts	George Holland	24.4		22pts	
300m	Harry Orr	40.1		21pts	Laurence Cox	41.7		17pts	
800m	Rufus Jenner	2:13.0		23pts	Theo Potton	2:15.0		22pts	
1500m	Raph Buchallet	4:30.0		24pts	Ollie Anderson	4:41.0		21pts	
Long_Jump	Henri Knowles	5.81		23pts	Paul Coe	5.03		15pts	
High_Jump	Theo Potton	1.47		15pts	Harry Orr	1.35		11pts	
Triple_Jump	Ollie Anderson	9.69		10pts	Billy Tang	9.18		7pts	
Pole_Vault									
Shot	Theo Bari	10.38		17pts	Ed Burton	9.98		15pts	
Discus	Laurence Cox	18.00		9pts	Rufus Jenner	14.36		5pts	
Javelin	George Holland	24.06		10pts	Will Tyler	34.92		17pts	
Hammer									
Relay	<u>Ed Burton , Will Tyler , Xander Harty , Raph Buchallet</u>						51.7		18pts

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**Intermediate Boys**

**7 : 392pts : The Gateway Academy, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Augustine Agyei-Twum	12.2		24pts	Sean Martinez-Oviasogie	13.3		18pts
100m	Emmanuel Opoku-Agyema	12.3		20pts	Harry Thompson	14.1		6pts
200m	Junior Adedayo Gbolohan	25.7		18pts	Logan Hamlet	25.2		19pts
300m	Lewis Bennett	41.3		18pts				
800m	Joshua Ajayi	2:27.0		17pts	Dominykas Bobrovskij	2:13.0		23pts
1500m	Riley Sparks	5:55.0		7pts	Flavius Agapie	4:48.0		20pts
Long_Jump	Augustine Agyei-Twum	5.29		17pts	Harry Thompson	4.32		8pts
High_Jump	Lewis Bennett	1.41		13pts	Sean Martinez-Oviasogie	1.59		19pts
Triple_Jump	Joshua Ajayi	9.26		8pts	Luca-Marion Popa	10.32		13pts
Pole_Vault								
Shot	Emmanuel Opoku-Agyema	11.09		19pts	Mohamed Moussaoui	10.98		19pts
Discus	Riley Sparks	21.80		13pts	Dominykas Bobrovskij	19.85		11pts
Javelin					Flavius Agapie	26.17		11pts
Hammer	Junior Adedayo Gbolohan	29.36		17pts	Oluwasegun Aribisala	30.50		18pts
Relay	<u>Luca-Marion Popa , Oluwasegun Aribisala , Mohamed Moussaoui , Logan Hamlet</u>					53.0		16pts

**8 : 384pts : King Edward VI Grammar School Chelmsford, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Carwyn Ewusie	14.6		12pts	Raafay Mirza	14.3		13pts
100m	Kwame Prakah-Asante	11.8		25pts	Chimebuka Nwobodo	12.0		22pts
200m	Allen Prince	24.8		21pts	Brume Okuko	27.1		13pts
300m	Harrison Chumbley	39.4		22pts	Donald Okunlawon	40.4		20pts
800m	Stephen Bradley	2:10.0		24pts	Anthony Ganchev	2:15.0		22pts
1500m	Austin Kelly	4:24.0		25pts	Jacob Parrott	4:34.0		23pts
Long_Jump	Carwyn Ewusie	4.89		13pts	Kwame Prakah-Asante	5.03		15pts
High_Jump	Brume Okuko	NM		0pts	Raafay Mirza	1.29		9pts
Triple_Jump	Joshua Lewis	NM		0pts	Donald Okunlawon	11.42		19pts
Pole_Vault								
Shot	Anthony Ganchev	7.58		7pts	David Obialor	6.89		5pts
Discus	Harrison Chumbley	19.84		11pts	Chimebuka Nwobodo	25.08		16pts
Javelin	Allen Prince	35.25		17pts	Stephen Bradley	28.19		12pts
Hammer								
Relay	<u>David Obialora , Joshua Lewis , Austin Kelly , Jacob Parrott</u>					51.9		18pts

**9 : 373pts : Emerson Park Academy, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Charlie Goodwin	13.7		16pts				
100m	Ade Ademoroti	12.9		14pts	Rio Alderton	12.8		15pts
200m	Sam Kolawole	25.2		19pts	Jaiden Mahil	24.5		22pts
300m	Charlie Greenwood	39.7		22pts	Calen Stone	41.9		16pts
800m	Tommy Patten	2:19.0		20pts	Ethan Wood	2:39.0		13pts
1500m					Sam Singh	4:40.0		22pts
Long_Jump	Charlie Greenwood	5.20		17pts	Jaiden Mahil	4.38		8pts
High_Jump	Ade Ademoroti	1.44		14pts	Rio Alderton	1.50		16pts
Triple_Jump	Sam Kolawole	10.68		15pts	Ethan Wood	9.30		8pts
Pole_Vault								
Shot	Charlie Goodwin	9.96		15pts	Sam Singh	10.71		18pts
Discus	David Mwanza	19.94		11pts	Dan Freeman	22.82		14pts
Javelin	Freddie Hatcher	29.55		13pts	Calen Stone	36.78		18pts
Hammer	Nathan Halverstone	18.80		8pts				
Relay	<u>Dan Freeman , Freddie Hatcher , Nathan Halverstone , Tommy Patten</u>					51.4		19pts

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**Intermediate Boys**

**10 : 357pts : Chelmer Valley High School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Roman Millar	12.2		24pts	Jacob Thorpe	14.2		14pts
100m	William Midwood	13.3		10pts	Jimmy Mixture	13.2		11pts
200m	Luca Nurse	25.4		19pts	Lance Percy	27.0		14pts
300m	Sam Steadman	37.0		29pts	Ewan Nicoll	38.5		25pts
800m	Luke Webb	2:22.0		19pts	Reece Burton	2:29.0		16pts
1500m	Thomas Carter	4:32.0		23pts	Tyler Jennings	5:18.0		14pts
Long_Jump	Sean O'Brian	4.03		5pts	Sam Steadman	5.24		17pts
High_Jump	Tyler Jennings	1.29		9pts	Ewan Nicoll	1.53		17pts
Triple_Jump	Lance Percy	9.68		10pts	Reece Burton	9.29		8pts
Pole_Vault								
Shot	Roman Millar	9.06		12pts	Jacob Thorpe	8.78		11pts
Discus	Ben Arnott	19.33		10pts	Thomas Carter	16.54		8pts
Javelin	Luca Nurse	32.49		15pts	Jimmy Mixture	17.95		5pts
Hammer								
Relay	<u>Luke Webb , Ben Arnott , William Midwood , Sean O'Brian</u>					55.9		12pts

**11 : 336pts : The Boswells School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Kologne Barrie	13.3		18pts	Caleb Mark	12.7		21pts
100m	Robert Murhpy	13.1		11pts	Val Rook	13.3		10pts
200m	Noah Morena	24.9		20pts	Val Rook	26.4		15pts
300m	Harley Sutterby	46.2		8pts	Jed Yeman	47.1		7pts
800m	Niall Kelly	2:25.0		18pts	Benjamin Smith	2:06.0		26pts
1500m	Pierce Dillon	6:03.0		5pts	Alexander Coppen Adamic	6:08.0		4pts
Long_Jump	Robert Murhpy	4.45		9pts	Benjamin Smith	5.07		15pts
High_Jump	Noah Morena	1.47		15pts	Alexander Coppen Adamic	1.47		15pts
Triple_Jump	Kologne Barrie	11.32		18pts	Val Rook	9.99		11pts
Pole_Vault								
Shot	Niall Kelly	8.03		9pts	Jonny Little	10.32		17pts
Discus	Pierce Dillon	21.94		13pts	Jed Yeman	17.76		9pts
Javelin	Harley Sutterby	26.60		11pts	xander stone	27.75		12pts
Hammer								
Relay	<u>Jonny Little , Jakub Lukaszewski , Caleb Mark , xander stone</u>					51.3		19pts

**12 : 295pts : Greensward Academy, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles					Freddie Hadden	13.3		18pts
100m	Ronnie Edwards	12.2		21pts				
200m	Josh Lewis	26.7		15pts				
300m	Alfie Young	42.3		15pts	Harry Ryan	42.3		15pts
800m	Jack Clarke	2:30.0		16pts	Ethan Love	2:26.0		17pts
1500m	Josh Smith	5:19.0		14pts				
Long_Jump	Alfie Young	5.02		15pts				
High_Jump	Jack Clarke	1.53		17pts	Ethan Love	1.29		9pts
Triple_Jump					Freddie Hadden	10.67		15pts
Pole_Vault								
Shot	Josh Lewis	8.36		10pts	Harry Ryan	10.77		18pts
Discus	Charlie Stone	23.71		15pts	Tom Duffy	27.20		18pts
Javelin	Tom Von Isenburg	30.36		14pts	Ronnie Edwards	31.26		14pts
Hammer								
Relay	<u>Tom Von Isenburg , Josh Smith , Charlie Stone , Tom Duffy</u>					51.4		19pts

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**Intermediate Boys**

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**Junior Girls**

**1 : 453pts : The Coopers' Company and Coborn School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Alice Watts	12.7		25pts	Amelie Shearing	13.4		21pts
100m	Dulce Smith-Rodriguez	14.0		19pts				
200m	Poppy Dent-Jones	27.6		26pts	Brooke Lavey	29.9		18pts
300m	Cleo Drake	43.3		27pts	Faith Franklin	45.7		21pts
800m	Aria Sabado	2:38.0		25pts	Elena Williams	2:38.0		25pts
1500m	Summer Smith	4:38.0		36pts	Mia Wilson	5:30.0		25pts
Long_Jump	Cleo Drake	4.39		19pts	Alice Watts	4.51		20pts
High_Jump	Poppy Dent-Jones	1.41		21pts	Amelie Shearing	1.35		19pts
Triple_Jump								
Pole_Vault								
Shot	Ayla Baker	10.02		31pts	Brooke Lavey	6.77		14pts
Discus	Dulce Smith-Rodriguez	16.58		15pts	Summer Smith	18.80		18pts
Javelin	Aria Sabado	9.89		6pts				
Hammer								
Relay	<u>Ayla Baker , Faith Franklin , Elena Williams , Mia Wilson</u>					57.6		22pts

**2 : 402pts : Chelmsford County High School for Girls, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Alexa Goosen	13.9		19pts				
100m	Caitlin Li	13.4		24pts	Camilia Maclachlan	14.9		12pts
200m	Everly Platts	28.2		24pts				
300m	Charlotte Morley	47.9		17pts	Sibylla Blanchard	51.8		12pts
800m	Izzy Eida	2:32.0		27pts	Esme Thomas	2:43.0		23pts
1500m	Frankie Philipps	4:57.0		31pts	Lilly Sanford	5:09.0		28pts
Long_Jump	Everly Platts	4.90		28pts	Lilly Sanford	3.54		10pts
High_Jump	Caitlin Li	1.41		21pts	Isobel McLennan	1.20		14pts
Triple_Jump								
Pole_Vault								
Shot	Alexa Goosen	8.18		21pts	Charlotte Morley	6.10		12pts
Discus	Camilla Maclachlan	15.17		13pts	Sibylla Blanchard	15.07		13pts
Javelin	Frankie Philipps	17.14		15pts	Lana Burton	21.10		21pts
Hammer								
Relay	<u>Izzy Eida , Lana Burton , Isobel McLennan , Esme Thomas</u>					60.8		17pts

**3 : 372pts : Robert Clack School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Keziah Pothin	14.2		17pts	Durga Abegunde	14.4		16pts
100m	Dorcas Oyetunji	14.9		12pts	Durga Abegunde	14.5		14pts
200m	Suraiya Majeed	27.7		25pts	Annabel Omereonye	30.4		16pts
300m	Joan Osuala	46.7		19pts	Leyla Oden	48.1		17pts
800m	Laura Ameny	3:04.0		16pts	Dominyka Petrauskaite	2:55.0		19pts
1500m								
Long_Jump	Keziah Pothin	4.25		18pts	Durga Abegunde	4.32		18pts
High_Jump	Suraiya Majeed	1.32		18pts	Dominyka Petrauskaite	1.35		19pts
Triple_Jump								
Pole_Vault								
Shot	Dorcas Oyetunji	7.36		17pts	Leyla Oden	7.21		17pts
Discus	Joan Osuala	24.70		26pts	Martha Boateng	16.05		14pts
Javelin	-							
Hammer	Natasha Fania	25.80		21pts	Joanna Osuala	19.38		15pts
Relay	<u>Laura Ameny , Martha Boateng , Annabel Omereonye , Natasha Fania</u>					60.1		18pts

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**Junior Girls**

**4 : 348pts : Davenant Foundation School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Eden Dunnage	14.7		15pts				
100m	Athalia Patrick	14.3		16pts	Zarah Roman	13.9		19pts
200m	Phoebe Whelan	29.1		21pts	Zintle Griffith	29.6		19pts
300m	Hema Ansah	47.4		18pts	Emily Stockill	49.4		15pts
800m	Ava O'neal	2:59.0		18pts	Lacey Murray	2:57.0		19pts
1500m	Kishi Abidodun-Opanuga	6:23.0		16pts	Breesha Hemsworth	6:20.0		16pts
Long_Jump	-							
High_Jump	Lillian McCauley	1.29		17pts	Zintle Griffith	1.20		14pts
Triple_Jump								
Pole_Vault	Phoebe Whelan	2.05		21pts	Emily Stockill	2.25		25pts
Shot	Eden Dunnage	7.14		16pts	Zarah Roman	7.18		16pts
Discus						11.53		8pts
Javelin	Hema Ansah	14.18		11pts	Lacey Murray	12.77		10pts
Hammer								
Relay	<u>Athalia Patrick , Ava O'neal , Lillian McCauley , Breesha Hemsworth</u>					60.3		18pts

**5 : 347pts : Shenfield High School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Marlie Leachman	14.0		18pts				
100m	Gabbie Goodwin	14.0		19pts	Isla Franklin	13.8		21pts
200m	Ava Winterbourne	29.4		20pts	Grace Higgins	30.1		17pts
300m	Lily Newman	48.8		15pts				
800m	Amber Keen	2:41.0		24pts	Daisy Doel	2:56.0		19pts
1500m	Amera Khelfa	5:25.0		25pts	Lylar Mercer	5:54.0		21pts
Long_Jump	Gabbie Goodwin	3.39		8pts	Grace Higgins	3.92		14pts
High_Jump	Daisy Woodward	1.41		21pts	Lylar Mercer	1.20		14pts
Triple_Jump								
Pole_Vault								
Shot	Alexa Dench	7.00		16pts	Lily Newman	6.00		12pts
Discus	Ava Winterbourne	13.39		11pts	Isla Franklin	12.98		10pts
Javelin	Amber Keen	16.10		14pts	Daisy Doel	14.09		11pts
Hammer								
Relay	<u>Amera Khelfa , Daisy Woodward , Alexa Dench , Marlie Leachman</u>					60.8		17pts

**6 : 326pts : Saffron Walden County High, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	-	14.8		15pts				
100m	Besi Bell	13.9		19pts	Teghan Storey	14.7		13pts
200m	Arianna Wilson	29.1		21pts	Hannah Piepenburg	31.7		12pts
300m	Olivia Hornby	53.3		10pts	Gemma Smethers	50.5		13pts
800m	Ava Cinque	2:45.0		23pts	Clara Changer	3:01.0		17pts
1500m	Mary Maguire	5:58.0		20pts	Daisy White	5:44.0		22pts
Long_Jump	Besi Bell	4.15		17pts	Olivia Hornby	4.09		15pts
High_Jump	Ella Snelson	1.26		16pts	Gemma Smethers	1.26		16pts
Triple_Jump								
Pole_Vault								
Shot	Pheobe Dacey	6.55		13pts	Ava Cinque	5.50		10pts
Discus	Teghan Storey	17.46		16pts	Arianna Wilson	13.92		11pts
Javelin	Hannah Piepenburg	14.78		12pts				
Hammer								
Relay	<u>Pheobe Dacey , Clara Changer , Mary Maguire , Daisy White</u>					62.0		15pts

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**Junior Girls**

**7 : 320pts : The Gateway Academy, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Kimani Babatunde	14.3		17pts	Leja Rimsaite	14.3		17pts
100m	Shantae Austin	14.6		14pts	Esther Funso Akinyeye	14.0		19pts
200m	Trixi Nyani	31.7		12pts	Sheneece Wayoe	30.3		17pts
300m	Elsie Holland	48.8		16pts	Michaela Aboagye	46.7		19pts
800m					Jinelle Edeki	2:55.0		19pts
1500m								
Long_Jump	Elsie Holland	4.31		18pts	Esther Funso Akinyeye	3.48		9pts
High_Jump	Aishat Wasiu	1.23		15pts				
Triple_Jump								
Pole_Vault								
Shot	Shantae Austin	5.65		10pts	Jinelle Edeki	6.55		13pts
Discus	Kimani Babatunde	14.92		13pts	Michaela Aboagye	17.63		16pts
Javelin	Gracie Smith	21.12		21pts				
Hammer	Onyinyechi Udeh	24.80		20pts	Sheneece Wayoe	21.80		17pts
Relay	<u>Onyinyechi Udeh , Trixi Nyani , Aishat Wasiu , Leja Rimsaite</u>					60.0		18pts

**8 : 295pts : The Boswells School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Olivia Mullineaux	13.9		19pts	Bronte Hellen	16.5		9pts
100m	Rebecca Olaru	14.9		12pts	isabella reed	14.3		15pts
200m	Holly Ridgwell	31.1		14pts	isabella reed	31.4		13pts
300m								
800m	Lyla Bilby	2:57.0		19pts	Emmy Dearden	3:02.0		17pts
1500m					Alannah Goodall	6:10.0		18pts
Long_Jump	Emer Scullion	4.01		15pts	Bronte Hellen	3.89		13pts
High_Jump	Rebecca Olaru	1.32		18pts	isabella reed	1.38		20pts
Triple_Jump								
Pole_Vault								
Shot	Olivia Mullineaux	9.29		27pts	Molly Boon	6.42		13pts
Discus	Lyla Bilby	14.61		12pts	Joy Onibonje	14.00		12pts
Javelin	Evie Morgan	15.57		13pts	Emmy Dearden	10.78		7pts
Hammer								
Relay	<u>Joy Onibonje , Alannah Goodall , Holly Ridgwell , Evie Morgan</u>					66.4		9pts

**9 : 272pts : Greensward Academy, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Annabelle Elkington	16.3		10pts	Elizabeth Gilham	17.6		5pts
100m	Maisie Jones	14.2		16pts	Caitlin Godwin	13.9		19pts
200m	Poppy Sharpe	31.3		13pts	Charlotte Devoir	31.9		11pts
300m	Avalea Harris	55.4		7pts	Annaliese Lister	51.4		12pts
800m	Sienna Bradley	3:00.0		18pts	Ava Jolly	2:50.0		21pts
1500m					Phillipa Day	6:42.0		13pts
Long_Jump	Sienna Bradley	3.74		12pts	Elizabeth Gilham	3.42		9pts
High_Jump	Annabelle Elkington	1.23		15pts	Ava Jolly	1.26		16pts
Triple_Jump								
Pole_Vault								
Shot	Avalea Harris	5.48		10pts	Annaliese Lister	4.97		8pts
Discus	Maisie Jones	15.12		13pts	Charlotte Devoir	12.80		10pts
Javelin	Isla Frost	18.40		17pts				
Hammer								
Relay	<u>Isla Frost , Poppy Sharpe , Caitlin Godwin , Phillipa Day</u>					61.0		17pts

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**Junior Girls**

**10 : 256pts : Chelmer Valley High School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Sienna Pointer	16.8		8pts					
100m	Veronica Olaketo	14.0		19pts	Amelia Elles-Copping	14.3		16pts	
200m	Amelia Wright	30.6		15pts	Tilly Carter	32.8		9pts	
300m	Eva Brown	52.3		11pts	Charlotte Aston	51.0		12pts	
800m	Jessica Andrews	3:01.0		17pts	Bonnie Wynes	2:55.0		19pts	
1500m	Arwen Griffiths	6:09.0		18pts	Amber Pope Bixby	6:58.0		10pts	
Long_Jump	Amelia Elles-Copping	3.50		10pts	Charlotte Aston	3.65		11pts	
High_Jump	Amelia Wright	1.32		18pts					
Triple_Jump									
Pole_Vault									
Shot	Veronica Olaketo	6.25		12pts	Cara Dunbar	4.28		6pts	
Discus	Sienna Pointer	11.84		9pts	Bonnie Wynes	11.13		8pts	
Javelin	Tilly Carter	7.42		2pts	Eva Brown	18.81		18pts	
Hammer									
Relay	<u>Cara Dunbar , Arwen Griffiths , Amber Pope Bixby , Jessica Andrews</u>						67.3		8pts

**11 : 228pts : Woodford County High School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Adjoa Osei-Bonsu	15.4		13pts	Iman Balogun	16.0		11pts	
100m	Alina Mirza	16.2		5pts					
200m	Sana Kavalam	31.4		13pts	Maya Malik	32.1		11pts	
300m					Navya Singh	49.9		14pts	
800m	Ayana Patel	3:03.0		17pts	Maisha Patel	3:06.0		16pts	
1500m	Isabella Suzuki Wheatley	5:55.0		20pts	Elise Drobnych	6:25.0		15pts	
Long_Jump	Zara Anif	2.80		3pts	Elise Drobnych	3.53		10pts	
High_Jump	Isabella Suzuki Wheatley	1.29		17pts	Maisha Patel	1.11		11pts	
Triple_Jump									
Pole_Vault									
Shot	Ayana Patel	4.46		6pts	Navya Singh	4.57		7pts	
Discus	Alina Mirza	15.96		14pts	Tiffany Azumah	NM		0pts	
Javelin	Sana Kavalam	10.64		7pts	Iman Balogun	9.27		5pts	
Hammer									
Relay	<u>Maya Malik , Maisha Patel , Tiffany Azumah , Adjoa Osei-Bonsu</u>						63.2		13pts

**12 : 213pts : Emerson Park Academy, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Layla-Mae Eaton	17.8		5pts	-	15.7		12pts	
100m	Lily Harris	14.6		14pts	Olivia Wood	14.8		12pts	
200m	Tiana Donker	30.7		15pts	Olivia Wheeler	32.4		10pts	
300m									
800m	Skye Eastman	2:55.0		19pts	Evie Dennis	3:21.0		11pts	
1500m	Oma Nawafor	6:24.0		16pts	Claudette Pursey	6:18.0		17pts	
Long_Jump	Olivia Wood	3.09		5pts	Olivia Wheeler	2.45		0pts	
High_Jump	Lily Harris	1.05		9pts	Tiana Donker	1.20		14pts	
Triple_Jump									
Pole_Vault									
Shot	Airlie Cotter	5.98		11pts	Leah Ogunbisi	4.31		6pts	
Discus	Oma Nawafor	15.19		13pts	Evie Dennis	9.69		6pts	
Javelin	Skye Eastman	8.69		4pts	Claudette Pursey	5.51		0pts	
Hammer									
Relay	<u>Airlie Cotter , Leah Ogunbisi , Layla-Mae Eaton , Olivia Goodwin</u>						62.9		14pts

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**Junior Girls**

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**Intermediate Girls**

**1 : 485pts : The Coopers' Company and Coborn School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Isabelle James	13.6		19pts	Scarlett Woods	14.3		17pts
100m	Tomilola Ojelowo	13.4		21pts	Rhianna Jerome-Marcellin	14.1		15pts
200m	Grace Tilson	29.3		16pts	Jessie Lynes	28.4		19pts
300m	Annabella Drake	42.7		26pts	Emily Quinlan	48.3		16pts
800m	Jessica Page	2:29.0		26pts	Daisy Leech	2:25.0		28pts
1500m	Orla Friel	4:59.0		28pts	Jasmine Asmal	5:07.0		26pts
Long_Jump	Tomilola Ojelowo	4.88		22pts	Daisy Leech	4.92		22pts
High_Jump	Annabella Drake	1.50		21pts	Jasmine Asmal	1.41		18pts
Triple_Jump	Grace Tilson	8.19		10pts				
Pole_Vault	Scarlett Woods	2.25		18pts				
Shot	Rhianna Jerome-Marcellin	9.52		21pts				
Discus	Isabelle Foley	21.08		17pts	Isabelle James	16.58		11pts
Javelin	Jessica Page	29.02		25pts	Emily Quinlan	25.85		21pts
Hammer	Lila Chapelhow	NM		0pts				
Relay	Lila Chapelhow , Jessie Lynes , Isabelle Foley , Orla Friel					56.3		22pts

**2 : 397pts : Shenfield High School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ruby Abela	15.0		14pts	Rachel Pearce	14.2		17pts
100m	Fisola Fagbadegun	12.8		28pts	Sirayah Scott	13.9		16pts
200m	Poppy Horton	27.5		22pts	Celia Venter	31.4		9pts
300m	Steph Smith	42.9		25pts	Saoirse Green	47.5		18pts
800m	Sophia Lee	2:55.0		14pts	Fae Dignum	2:43.0		19pts
1500m					Ellie Gray	5:13.0		25pts
Long_Jump	Poppy Horton	4.68		20pts	Fae Dignum	4.27		16pts
High_Jump	Steph Smith	1.32		15pts	Ellie Gray	1.32		15pts
Triple_Jump	Fisola Fagbadegun	9.04		15pts	Rachel Pearce	9.25		17pts
Pole_Vault								
Shot	Amanda Kayode	7.20		13pts	Celia Venter	5.13		6pts
Discus	Ruby Abela	19.28		15pts	Jess Lilley	18.12		13pts
Javelin	Sophia Lee	7.40		0pts	Saoirse Green	23.53		17pts
Hammer					Violet Walker	18.04		11pts
Relay	Sirayah Scott , Amanda Kayode , Jess Lilley , Violet Walker					60.3		17pts

**3 : 361pts : Robert Clack School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Maizie Jones	16.2		11pts	Keyna Nzingu	16.4		10pts
100m	Nissi Egbowon	14.7		10pts	Belange Morais	14.6		10pts
200m	Niah Dosunmu	27.8		21pts	Tyra Geh	29.9		14pts
300m	Temi Olokun	45.6		21pts	Faizah Mogaji	48.4		16pts
800m	Thalia Taylor	2:56.0		14pts	Nwayinnaya Williams	3:30.0		3pts
1500m								
Long_Jump	Temi Olokun	4.54		18pts	Niah Dosunmu	4.46		18pts
High_Jump	Nwayinnaya Williams	1.29		14pts	Keyna Nzingu	1.47		20pts
Triple_Jump	Thalia Taylor	9.48		18pts	Tyra Geh	8.41		11pts
Pole_Vault								
Shot	Serena Kantono	6.90		12pts	Faizah Mogaji	7.72		15pts
Discus	Maizie Jones	18.60		14pts	Emily Stevens	23.10		20pts
Javelin	Tunisha Folarin	13.64		5pts	Belange Morais	15.15		7pts
Hammer	Nissi Egbowon	28.93		21pts	Tumi Aladenike	27.12		20pts
Relay	Serena Kantono , Emily Stevens , Tumi Aladenike , Tunisha Folarin					59.5		18pts

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**Intermediate Girls**

**4 : 347pts : Chelmsford County High School for Girls, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Daisy Oludipe	16.6		9pts	Neha Gopal	15.5		13pts
100m	Mimi Al-Atia	15.6		6pts	Dasha Gyami	13.8		18pts
200m	Isabella Johnson	27.2		23pts	Maisie Brooksbank	31.3		9pts
300m	Nicole Mwanache	50.5		13pts	Nesochi Onychere	45.9		20pts
800m	Elizabeth Mathews	2:46.0		18pts				
1500m					Bethan Davies	4:53.0		30pts
Long_Jump	Isabella Johnson	4.91		22pts	Maisie Brooksbank	3.80		11pts
High_Jump	Nicole Mwanache	NM		0pts	Neha Gopal	1.26		13pts
Triple_Jump	Elizabeth Mathews	8.66		13pts	Nesochi Onychere	9.16		16pts
Pole_Vault								
Shot	Muna Ozono	8.00		16pts	Sarah Yuen	9.79		22pts
Discus	Daisy Oludipe	18.62		14pts	Dasha Gyami	15.53		10pts
Javelin	Mimi Al-Atia	16.27		8pts	Harriet Rowe-Goodey	27.01		22pts
Hammer								
Relay	<u>Harriet Rowe-Goodey , Bethan Davies , Sarah Yuen , Lily Quirk</u>					57.4		21pts

**5 : 328pts : Saffron Walden County High, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Amelia Fox	13.4		20pts	Matilda McIntyre	16.5		10pts
100m	Maja Kubat	14.7		10pts	Rosanna Kourentis	13.2		23pts
200m	Luana Martins	27.9		21pts	Lukcyana Baleisolomon	31.8		8pts
300m	Hannah Cullen	45.7		21pts	Jemima Lethaby	49.8		14pts
800m	Phoebe Sanders	2:39.0		21pts	Eiryn Gamble	3:01.0		12pts
1500m						6:36.0		10pts
Long_Jump	Amelia Fox	4.60		19pts	Luana Martins	4.58		19pts
High_Jump	Lauren Carter-Tucker	1.47		20pts	Hannah Cullen	1.35		16pts
Triple_Jump	Eiryn Gamble	7.91		8pts	Jemima Lethaby	7.72		6pts
Pole_Vault								
Shot	Matilda McIntyre	5.99		9pts				
Discus	Maja Kubat	17.56		12pts	Connie Whiter	15.45		9pts
Javelin	Lukcyana Baleisolomone	19.40		13pts	Makereta Masibalavu	16.07		8pts
Hammer								
Relay	<u>Phoebe Sanders , Lauren Carter-Tucker , Makereta Masibalavu , Rosanna Kourer</u>					58.8		19pts

**6 : 324pts : Davenant Foundation School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Daisy Anderson	15.5		13pts	Alissa Youngson	17.0		8pts
100m	Ruby Erewunmi	14.2		14pts	Martha Bentley	14.4		11pts
200m	Maria Murphy-Zaleska	29.8		14pts	Holly Cooper	32.2		7pts
300m	Evie Mae Mosanya	44.1		23pts	Alexia Sinclair	48.9		15pts
800m	Faye Owers	2:39.0		21pts	Isabellah Butler-Davis	2:46.0		18pts
1500m	Alannah Wood	6:05.0		15pts	Arabella Hau	6:15.0		13pts
Long_Jump	Evie Mae Mosanya	4.24		15pts	Alexia Sinclair	2.85		2pts
High_Jump	Faye Owers	1.35		16pts	Martha Bentley	1.50		21pts
Triple_Jump	Alannah Wood	NM		0pts				
Pole_Vault								
Shot	Maria Murphy-Zaleska	7.11		13pts	Holly Cooper	6.61		11pts
Discus	Ruby Erewunmi	13.88		7pts	Arabella Hau	15.55		10pts
Javelin	Martha Bruton	20.12		14pts	Alissa Youngson	11.56		3pts
Hammer	Daisy Anderson	17.82		10pts	Rowenna Barnard	17.00		10pts
Relay	<u>Martha Bruton , Alannah Wood , Rowenna Barnard , Isabellah Butler-Davis</u>					58.2		20pts

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**7 : 324pts : The Gateway Academy, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Annabel Quartson	14.5		16pts	Lacey May Haylett	16.7		9pts
100m	Mikal Mulumba	13.6		20pts	Georgie Lovell-Franklin	14.7		10pts
200m	Beatrice Ogungbe	30.5		12pts	Chloe Debrincat	30.1		13pts
300m	Marjorie Nyani	49.1		15pts	Gavriella Nyani	49.8		14pts
800m	Macie Baker	2:40.0		21pts	Kara Meade	2:59.0		13pts
1500m								
Long_Jump	Kara Meade	4.18		15pts	Gavriella Nyani	3.40		7pts
High_Jump	Macie Baker	1.26		13pts	Annabel Quarston	1.35		16pts
Triple_Jump	Marjorie Nyani	9.00		15pts	Chloe Debrincat	8.85		14pts
Pole_Vault								
Shot	Queen Elizabeth Funso - A	7.35		14pts	Georgie Lovell-Franklin	5.88		9pts
Discus	Mikal Mulumba	18.40		13pts	Chloe Whipps	16.32		11pts
Javelin	Beatrice Ogungbe	19.65		13pts	Lacey May Haylett	13.92		5pts
Hammer	Katie Dodd	19.25		12pts	Kamila Tsybalista	23.19		16pts
Relay	<u>Katie Dodd , Chloe Whipps , Queen Elizabeth Funso - Akinyeve , Kamila Tsybalist</u>					66.3		8pts

**8 : 312pts : The Boswells School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Jessica Wintersgill-Harris	16.6		9pts	Lily Simpson	14.2		17pts
100m	Madi Ball	14.6		10pts	Marley Morgan	15.3		7pts
200m	Jessica Wilkins	29.5		15pts	Marley Morgan	31.6		8pts
300m	Erin Spilling	49.5		14pts	Yasmin Catton	59.4		2pts
800m	Sara Akhtar	2:55.0		14pts	Olivia Clarke	2:50.0		16pts
1500m	Amelia Goodall	5:48.0		18pts	Katie Bidgood	6:07.0		15pts
Long_Jump	Jessica Wintersgill-Harris	4.16		15pts	Olivia Clarke	3.96		13pts
High_Jump	Jessica Wilkins	1.38		17pts	Lily Simpson	1.50		21pts
Triple_Jump	Sara Akhtar	7.86		7pts	Marley Morgan	8.67		13pts
Pole_Vault								
Shot	Maisie Horsby	8.05		16pts	Nancy Biggs	6.40		11pts
Discus	Madi Ball	16.67		11pts	Erinn Cook	15.49		9pts
Javelin	Erin Spilling	25.70		20pts	Yasmin Catton	10.75		2pts
Hammer								
Relay	<u>Erinn Cook , Amelia Goodall , Katie Bidgood , Maisie Horsby</u>					63.4		12pts

**9 : 298pts : Chelmer Valley High School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Kiera Old	16.5		9pts	Alexandra Bennion	17.0		8pts
100m	Nneka Olaketo	13.6		19pts	Poppy Nash	14.9		9pts
200m	Phoebe Mansfield	30.2		13pts	Emilia Webb	30.2		13pts
300m	Erin Taylor	47.2		18pts	Beatrice Southwell	49.1		15pts
800m	Charlotte Low	2:46.0		18pts	Lois Dunbar	3:00.0		13pts
1500m	Freya Butcher	6:12.0		14pts	Zoe Nuttall	6:35.0		10pts
Long_Jump	Nneka Olaketo	5.01		23pts	Kiera Old	4.04		13pts
High_Jump	Phoebe Mansfield	1.35		16pts	Emilia Webb	1.35		16pts
Triple_Jump	Erin Taylor	NM		0pts	Zoe Nuttall	7.42		3pts
Pole_Vault								
Shot	Freya Butcher	6.85		12pts	Vegas Berry	4.22		3pts
Discus	Alexandra Bennion	21.10		17pts	Lois Dunbar	14.96		9pts
Javelin	Scarlett Henry	15.05		7pts	Poppy Nash	11.86		3pts
Hammer								
Relay	<u>Vegas Berry , Scarlett Henry , Beatrice Southwell , Aimee Butler</u>					60.0		17pts

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**10 : 273pts : Emerson Park Academy, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles						17.5		6pts
100m	Alice Rosall	14.0		15pts	Halle Nott	14.2		13pts
200m	Tiger Gascoyne Olde	29.3		16pts	Lucie Guirey	31.3		9pts
300m	Sophie Goodwin	51.1		12pts	Madalina Turcan	46.3		20pts
800m	Abi Rogers	2:42.0		20pts	Ivy James	2:57.0		14pts
1500m	Lois Smith	5:42.0		19pts	Maddy Dennis	6:34.0		10pts
Long_Jump	Alice Rosall	4.00		13pts	Amira Shodeine-Maksu	3.65		10pts
High_Jump					Abi Moyegun	1.26		13pts
Triple_Jump	Tiger Gascoyne Olde	7.80		7pts	Madalina Turcan	8.46		12pts
Pole_Vault								
Shot	Sophie Goodwin	6.28		10pts				
Discus	Lucie Guirey	19.40		15pts	Eva Goodwin	18.25		13pts
Javelin	Ivy James	11.21		3pts	Maddy Dennis	11.70		3pts
Hammer								
Relay	<u>Abi Rogers , Lois Smith , Amira Shodeine-Maksu , Eva Goodwin</u>					57.6		20pts

**11 : 267pts : Greensward Academy, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Isobel Cooke	15.4		13pts	Isabella Kenny	16.0		11pts
100m	Libby Mitchell	13.0		26pts	Farah O'Donovan	14.1		14pts
200m	Amelia Benstead	32.5		6pts	Jamie Bull	32.0		7pts
300m	Brooke Moody	56.5		5pts	Evie Knappen	56.5		5pts
800m	Tilly Dowell	3:08.0		10pts	Carys Lewis	2:50.0		16pts
1500m	Matilda Goodwin	6:08.0		14pts				
Long_Jump	Libby Mitchell	5.15		26pts	Carys Lewis	3.99		13pts
High_Jump	Isobel Cooke	1.35		16pts	Evie Knappen	1.20		11pts
Triple_Jump	Jamie Bull	7.18		0pts	Isabella Kenny	7.59		4pts
Pole_Vault								
Shot	Tilly Dowell	6.46		11pts	Libby Brenkley	6.86		12pts
Discus	Ruby Bixby	15.20		9pts	Amelia Benstead	13.75		7pts
Javelin	Brooke Moody	16.20		8pts	Evie Lampard	14.17		5pts
Hammer								
Relay	<u>Ruby Bixby , Farah O'Donovan , Evie Lampard , Matilda Goodwin</u>					59.1		18pts

**12 : 248pts : Woodford County High School, Essex**

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Aaliyah Shamim	17.0		8pts				
100m	Remi Salako	13.2		23pts	Yemisi Alawode	14.2		14pts
200m	Sharanya Khajuria	32.1		7pts	Ayesha Patel	33.9		3pts
300m	Alisha Tyahi	48.8		15pts				
800m	Charlotte Cheung	3:09.0		10pts	Flo Potter	3:14.0		8pts
1500m	Lara Davies	6:24.0		12pts	Mandi Dumbura	6:14.0		13pts
Long_Jump	Remi Salako	5.34		29pts	Yemisi Alawode	3.45		8pts
High_Jump	Lara Davies	1.26		13pts	Flo Potter	1.23		12pts
Triple_Jump	Aaliyah Shamim	8.26		10pts	Mandi Dumbura	8.64		13pts
Pole_Vault								
Shot	Safiya Akram	4.74		5pts	Thameeraa Prabakaran	4.80		5pts
Discus	Alisha Tyahi	14.05		8pts				
Javelin	Charlotte Cheung	16.88		9pts	Shraddha Thirunagari	15.19		7pts
Hammer								
Relay	<u>Yemisi Alawode , Ayesha Patel , Safiya Akram , Sharanya Khajuria</u>					60.9		16pts

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