

ESAA English Schools' Track and Field Cup 2024
Round - 1, ESS 3 : Chelmsford AC - Thursday 16th May 2024

Junior Boys

1 : 458pts : Woodlands School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Fabian Nayan	11.3		33pts	Samuel Agboola	13.3		23pts
100m	Champion Ogunyemi	13.4		16pts				
200m	Matas Sember	27.7		18pts	Austin Nicholson	28.9		15pts
300m	Zak Williams-Lewis	43.3		18pts	Kiyan Osuoha	43.4		18pts
800m	Alex Butcher	2:27.0		21pts	Rhys Jackson	2:40.0		17pts
1500m	Luke Turvey	5:14.0		18pts	Theo Brooker	5:06.9		20pts
Long_Jump	Luke Turvey	3.96		11pts	Samuel Agboola	4.52		17pts
High_Jump	Alex Butcher	1.50		20pts	Jokubas Mereskevicius	1.41		17pts
Triple_Jump	Zak Williams-Lewis	9.78		17pts	Kiyan Osuoha	9.76		17pts
Pole_Vault								
Shot	Andrew Persunaru	10.04		19pts	Larry Popov	9.63		18pts
Discus	Matas Sember	16.20		10pts	Austin Nicholson	22.48		16pts
Javelin					Theo Brooker	21.50		14pts
Hammer	Fabian Nayan	34.41		26pts	Rhys Jackson	30.09		22pts
Relay	<u>Larry Popov , Andrew Persunaru , Jokubas Mereskevicius , Champion Ogunyemi</u>					56.7		17pts

2 : 452pts : Barking Abbey School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Zain Rahman	12.5		26pts	Ilyas Abdul-Rob	14.3		17pts
100m	Adil Kamaly	12.2		27pts	Tareeq Muyanjanja	12.2		27pts
200m	Jamal Bajwa	25.3		25pts	Kyron Lewinson	28.5		16pts
300m	Inayet Hossain	42.4		20pts	Mason Choudhri	46.7		12pts
800m	Danite Isilika	2:31.4		19pts	Kamari Emanuel	2:28.0		21pts
1500m	Kevin Azoska-Pereira	5:10.0		19pts	Joel Mutshaka	5:01.0		21pts
Long_Jump	Jamal Bajwa	4.72		19pts	Mason Choudhri	4.27		14pts
High_Jump	Danite Isilika	1.32		14pts	Kamari Emanuel	1.38		16pts
Triple_Jump	Adil Kamaly	9.97		18pts	Ilyas Abdul-Rob	9.36		15pts
Pole_Vault								
Shot	Zain Rahman	8.41		14pts	Enris Rexhaj	8.60		15pts
Discus	Inayet Hossain	20.51		15pts	Kyron Lewinson	22.96		17pts
Javelin	Kevin Azoska-Pereira	17.84		10pts	Yusuf Abdul Gaffor	25.95		18pts
Hammer								
Relay	<u>Yusuf Abdul Gaffor , Tareeq Muyanjanja , Joel Mutshaka , Enris Rexhaj</u>					56.1		17pts

3 : 433pts : Forest School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Nathaniel Gittens	12.7		26pts	Jesse Jones	16.0		9pts
100m	Jonah Germayel	14.1		11pts	Eli Barnes	13.4		16pts
200m	Lawrence Foster	23.7		30pts	CJ Bediako	29.2		14pts
300m	Cosmo Miller	40.3		24pts	Mikel Wynter	46.1		13pts
800m	Charlie Pledger	2:18.0		24pts	Rory Willis	2:22.0		22pts
1500m	Callum Whiteside	4:51.0		24pts	Oskar Prince	5:02.0		21pts
Long_Jump	Lawrence Foster	4.86		20pts	CJ Bediako	3.82		10pts
High_Jump	Nathaniel Gittens	1.20		10pts	Jesse Jones	1.29		13pts
Triple_Jump	Charlie Pledger	8.70		12pts	Mikel Wynter	9.60		17pts
Pole_Vault								
Shot	Cosmo Miller	11.84		25pts	Jonah Germayel	9.94		19pts
Discus	Rehan Akram	nm		0pts				
Javelin	Oskar Prince	21.14		14pts	Callum Whiteside	21.31		14pts
Hammer	Arthur Marchant	22.35		15pts				
Relay	<u>Rehan Akram , Rory Willis , Arthur Marchant , Eli Barnes</u>					56.3		17pts

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Junior Boys

4 : 401pts : St John Payne Catholic School Chelmsford, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Jake Read	12.4		27pts	Daniel Ejimifor	14.8		15pts
100m	Jerimah Oyetunde	12.5		25pts	Torrin Suresh	12.8		21pts
200m	Zachery Ikharebore	25.3		25pts	Lotanna Ugwoke	27.8		17pts
300m	Alexander Sharma	48.1		10pts	Wonuola Babajide	44.6		16pts
800m	Cornelius Blavy Wilson	2:40.0		17pts	Benjamin Holland	2:46.0		15pts
1500m	Ronald Harrison	5:22.0		16pts	Ed Delaney	5:30.0		14pts
Long_Jump	Zachery Ikharebore	4.43		16pts	Wonuola Babajide	4.21		14pts
High_Jump	Jake Read	1.62		24pts	Ed Delaney	1.35		15pts
Triple_Jump	Alexander Sharma	8.35		10pts	Daniel Ejimifor	8.66		12pts
Pole_Vault								
Shot	Jerimah Oyetunde	8.28		13pts	Lotanna Ugwoke	8.16		13pts
Discus	Thomas Kemp	22.98		17pts	Cornelius Blavy Wilson	18.35		12pts
Javelin	Joseph Wright	19.78		12pts	Benjamin Holland	15.81		8pts
Hammer								
Relay	<u>Joseph Wright , Ronald Harrison , Thomas Kemp , Torrin Suresh</u>					56.6		17pts

5 : 390pts : The FitzWimarc School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Felix Churchill Browne	14.5		16pts	Kobe Linton	14.7		16pts
100m	George Norris	13.9		12pts	Thomas Partridge	13.3		17pts
200m	Oliver Bryant	27.5		18pts	Emilio LaFrancesca	28.3		16pts
300m	Teddy D'arcy	52.9		5pts	Benny O'Brien	44.1		17pts
800m	Tommy Mason	2:32.6		19pts	Theo Mahoney	2:35.0		18pts
1500m	Calvin Bollans	5:14.8		18pts	Harry Wing	5:06.0		20pts
Long_Jump	George Norris	4.44		16pts	Thomas Partridge	3.12		3pts
High_Jump	Felix Churchill Browne	1.29		13pts				
Triple_Jump								
Pole_Vault	Calvin Bollans	2.00		13pts	Kobe Linton	2.15		16pts
Shot	Oliver Bryant	9.86		19pts				
Discus	Teddy D'arcy	18.83		13pts	William Surridge	19.88		14pts
Javelin	Tommy Mason	27.75		20pts	Benny O'Brien	23.42		16pts
Hammer	Archie Spiteri	28.52		21pts	Emilio LaFrancesca	25.71		18pts
Relay	<u>Harry Wing , Theo Mahoney , William Surridge , Archie Spiteri</u>					57.3		16pts

6 : 357pts : Henlow Church of England Academy, Bedfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Josiah Rowlands	13.7		20pts	Jai Sood	14.6		16pts
100m	Jordan Hlasi	12.9		20pts	Jenson Vero	13.2		18pts
200m	Ollie Lloyd	27.0		19pts	Ollie Matthiae	27.9		17pts
300m	Jack Keane	49.8		8pts	Blake Freeman	45.0		15pts
800m	Ollie Archer	2:38.0		17pts	Harley Oswick-Endersby	2:36.0		18pts
1500m	Logan Hayes	5:26.0		15pts	James Stephans	5:37.0		12pts
Long_Jump	Jenson Vero	4.44		16pts	Jai Sood	4.44		16pts
High_Jump	Jordan Hlasi	1.35		15pts				
Triple_Jump	Ollie Archer	8.38		10pts	Blake Freeman	8.80		13pts
Pole_Vault								
Shot	Harley Oswick-Endersby	9.19		16pts	Ollie Lloyd	7.90		12pts
Discus	Oskar Ellis	17.36		11pts	Josiah Rowlands	16.37		10pts
Javelin	Tommy Smith Horton	24.56		17pts	James Stephans	20.24		13pts
Hammer								
Relay	<u>Oskar Ellis , Tommy Smith Horton , Logan Hayes , Jack Keane</u>					60.0		13pts

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7 : 355pts : Great Baddow High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Oliver Jones	13.3		22pts	Luke Hart	15.7		11pts
100m	Jayden Anaba	12.7		22pts	Miguel Niewiadomski	13.8		13pts
200m	Remi Gouveia	29.6		13pts	Oliver Jones	30.6		10pts
300m	Oscar Lewis	44.8		16pts	Daniel Cousins	46.9		12pts
800m	Josh Humphries	2:33.6		19pts	Kailen Warboys	2:30.0		20pts
1500m	Thomas Mills	5:04.0		21pts	Martin Zhechev	5:22.0		16pts
Long_Jump	Thomas Mills	4.03		12pts	Oliver Jones	4.03		12pts
High_Jump	Josh Humphries	1.32		14pts	Oscar Lewis	1.23		11pts
Triple_Jump	Teddy Farmer	8.55		11pts	Daniel Cousins	8.52		11pts
Pole_Vault								
Shot	Jeff Efosa-Agho	10.33		20pts	Oliver Jones	7.44		11pts
Discus	Jayden Anaba	15.97		10pts	Kailen Warboys	17.16		11pts
Javelin	Remi Gouveia	28.53		21pts	Miguel Niewiadomski	23.20		16pts
Hammer								
Relay								

8 : 352pts : Redden Court School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Lewis Stear	15.8		10pts	Lewis Bishop	13.9		20pts	
100m	Toby Oloyede	13.0		19pts	Jose Oboho	13.2		18pts	
200m	Harry Milton	27.4		18pts	Lucas Flack	31.9		7pts	
300m	Oliver Rushworth	46.4		13pts	Shiloh Yeboah	48.9		9pts	
800m	Reuben Fynn	2:31.0		20pts	Pav Tatter	2:33.0		19pts	
1500m	Zac Cooper	5:13.0		18pts	Callum Millard Jennings	5:07.0		20pts	
Long_Jump	Jose Oboho	4.12		13pts	Tobi Oloyede	4.45		16pts	
High_Jump	Reuben Fynn	1.41		17pts	Harry Milton	1.32		14pts	
Triple_Jump	Oliver Rushworth	8.86		13pts	Shiloh Yeboah	8.87		13pts	
Pole_Vault									
Shot	Ross Barrance	9.95		19pts	Lewis Stear	6.79		8pts	
Discus	Riley Brooks	18.31		12pts	Pav Tatter	19.90		14pts	
Javelin	Lewis Bishop	nm		0pts	Lucas Flack	16.15		9pts	
Hammer									
Relay	Ross Barrance , Callum Millard Jennings , Riley Brooks , Zach Cooper						59.5		13pts

9 : 339pts : New Hall School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Thomas Hall	17.3		4pts	Chris Nwiazu	14.5		17pts	
100m	Luke Armbruster	13.2		17pts	Hudson Sando	14.5		9pts	
200m	Archie Tebbutt	24.8		26pts	Rohan Lyle-Singh	28.3		16pts	
300m	Rafael Araujo Low	53.1		4pts	Juwon Drew-Smith	42.3		20pts	
800m	Oba Otulana	2:32.9		19pts	Jacob Sugden	2:49.0		14pts	
1500m	Fred Ferman	4:36.0		28pts	Dominic Bisoni	5:35.0		13pts	
Long_Jump	Archie Tebbutt	5.02		22pts	Chris Nwiazu	4.17		13pts	
High_Jump	Hudson Sando	1.35		15pts	Thomas Hall	1.20		10pts	
Triple_Jump	Rafael Araujo Low	10.00		19pts	Asher Carty-Peters	8.66		12pts	
Pole_Vault									
Shot	Mihai Munteanu	5.89		5pts	Jacob Sugden	6.65		8pts	
Discus	Luke Armbruster	22.93		17pts	Rohan Lyle-Singh	19.72		14pts	
Javelin	Fred Ferman	11.35		4pts	Oba Otulana	nm		0pts	
Hammer									
Relay	Asher Carty-Peters , Juwon Drew-Smith , Mihai Munteanu , Dominic Bisoni						59.7		13pts

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Junior Boys

10 : 266pts : The Bromfords School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Louis Dowsey	16.2		8pts	Thomas Matthews	16.0		9pts
100m	Oliver Battersby	14.2		11pts	Tino Gorogodo	15.2		6pts
200m	Zack Fisher	29.2		14pts	Charlie Wallace	28.6		16pts
300m	Oliver Calliste	48.4		9pts	Archie Newman	46.8		12pts
800m	Jason Lowrie	2:56.0		11pts	Max Wheeler	2:45.0		15pts
1500m	Thiago Casol	5:52.0		10pts	Max Reilly	5:25.0		15pts
Long_Jump	Thiago Casol	3.27		4pts	Max Reilly	3.98		11pts
High_Jump	Oliver Battersby	1.35		15pts	Freddie Fawcett	1.32		14pts
Triple_Jump	Oliver Calliste	8.48		11pts	Zack Fisher	nm		0pts
Pole_Vault								
Shot	Ariel Andah	6.86		9pts	Tino Gorogodo	6.26		7pts
Discus	Louis Dowsey	15.43		9pts	Thomas Matthews	13.71		8pts
Javelin	Jason Lowrie	19.68		12pts	Archie Newman	24.13		17pts
Hammer								
Relay	<u>Charlie Wallace , Max Wheeler , Freddie Fawcett , Ariel Andah</u>					59.6		13pts

11 : 260pts : Moulsham High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ethan Gardner	16.0		9pts	Thomas Collins	17.2		5pts
100m	Finlay Reader	12.8		21pts	Finley Garcia-Leaps	14.2		11pts
200m	Charlie Bower	29.9		12pts	Tom Pryke	30.9		10pts
300m	Edan Mullett	42.9		19pts	Joseph Le Roux	47.2		12pts
800m	Logan Keman	2:32.7		19pts	Jai Brainch	2:29.0		20pts
1500m	Milo Godwin	5:32.0		14pts	Raff Welden	5:42.0		11pts
Long_Jump	Charlie Bower	3.98		11pts	Joe Poyton Burrell	3.41		6pts
High_Jump	Milo Godwin	1.29		13pts	Edan Mullett	1.23		11pts
Triple_Jump	Finlay Reader	10.23		20pts	Joseph Le Roux	7.40		3pts
Pole_Vault								
Shot	Oba Abugunde	6.39		7pts	Finley Garcia-Leaps	5.85		5pts
Discus	Ethan Gardner	10.53		3pts	Raff Welden	6.61		0pts
Javelin	Logan Keman	12.10		5pts	Jai Brainch	20.98		13pts
Hammer								
Relay	<u>Joe Poyton Burrell , Oba Abugunde , Thomas Collins , Tom Pryke</u>					dfn		0pts

12 : 255pts : Plume School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Myles Dolphin	12.7		26pts				
100m	Will Hopkins	14.4		10pts	Jayden Martin	13.7		13pts
200m	Henry Frost	30.7		10pts	Finn Kirkman	36.0		0pts
300m	Callum Webb	45.5		14pts	Liam Little	43.4		18pts
800m	Harrison Bowyer	3:03.0		9pts	Sam Middleton	3:05.0		8pts
1500m	Gabe Bell	5:23.0		16pts	Harry Kirby	5:55.0		9pts
Long_Jump	Myles Dolphin	4.08		12pts	Max Sorial	3.99		11pts
High_Jump		1.23		11pts				
Triple_Jump	Liam Little	9.46		16pts	Harry Kirby	6.81		0pts
Pole_Vault								
Shot	Max Barke	7.37		10pts	Jayden Martin	4.87		3pts
Discus	Sam Middleton	11.66		5pts	Gabe Bell	13.15		7pts
Javelin	Callum Webb	20.52		13pts	Finn Kirkman	10.32		3pts
Hammer								
Relay	<u>Max Barke , Harrison Bowyer , Max Sorial , Henry Frost</u>					60.0		13pts

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Junior Boys

13 : 186pts : Hylands School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles					Vincent Romero-Boyle	15.7		11pts	
100m	Tao Gaorutwe	14.5		9pts	Freddie Chamberlain	14.3		10pts	
200m	Tommy Alfie Read	36.9		0pts	Kenny Doherty-Queen	32.0		7pts	
300m					Oscar Withyman	48.4		10pts	
800m	Landon Richardson	2:59.0		10pts	Finley McClure	2:57.0		11pts	
1500m	Harry O Brien	5:46.0		11pts					
Long_Jump	Tao Gaorutwe	2.89		1pts	Kenny Doherty-Queen	2.80		0pts	
High_Jump	Landon Richardson	1.11		7pts	Freddie Chamberlain	1.14		8pts	
Triple_Jump	Harry O Brien	8.44		11pts	Vincent Romero-Boyle	8.11		9pts	
Pole_Vault									
Shot	Jaden Lass	9.52		18pts	Shyheim Bryan	6.85		9pts	
Discus	Jaden Bennett	nm		0pts	Freddie Thake	18.50		13pts	
Javelin	Maxx Allaway	25.60		18pts	Oscar Withyman	12.55		5pts	
Hammer									
Relay	Tao Gaorutwe , Jaden Bennett , Finley McClure , Freddie Thake							65.0	8pts

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Intermediate Boys

1 : 521pts : The FitzWimarc School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Mason Russell	13.0		19pts	Zak Williams	11.3		28pts
100m	Alex Cane	12.0		23pts	Charlie Pyner	11.7		26pts
200m	Thomas Oxlade	24.0		24pts	Noah Reynolds	24.5		22pts
300m	Ronnie Rayner	38.0		26pts	Ryley Turner	39.7		22pts
800m	Ben Laird	2:14.0		22pts	Daniel Hall	2:19.0		20pts
1500m	Tyler Davenport	4:36.0		22pts				
Long_Jump					Noah Reynolds	5.17		16pts
High_Jump	Alex Cane	1.56		18pts	Charlie Pyner	1.86		29pts
Triple_Jump	Ronnie Rayner	11.39		18pts	Daniel Hall	10.75		15pts
Pole_Vault	Thomas Oxlade	2.90		22pts	Jack Hounsell	3.00		23pts
Shot	Ben Laird	9.99		15pts	Will Bannister	10.72		18pts
Discus	Callum Gibson	28.11		19pts	Ryley Turner	24.93		16pts
Javelin					Zak Williams	45.50		24pts
Hammer	Mason Russell	25.07		15pts				
Relay	<u>Jack Hounsell , Will Bannister , Tyler Davenport , Callum Gibson</u>					51.2		19pts

2 : 513pts : Woodlands School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Fawwaz Owolabi	11.8		26pts	Lewis Williams	11.8		25pts
100m	Luther Ngei-Okparaji	12.0		22pts	Joshua Cabulo	11.8		25pts
200m	Roman Dwyer	25.2		19pts	Oscar Clarke	25.4		19pts
300m	Sonny Gittins	37.9		26pts	Harry Fisher	38.6		25pts
800m	Elliot Noble	2:21.0		19pts	Edward Hazelgrove	2:20.0		19pts
1500m	Luca Birkett	4:51.0		19pts	Archie Brooker	5:09.0		16pts
Long_Jump	Sonny Gittins	5.12		16pts				
High_Jump					Oscar Clarke	1.71		23pts
Triple_Jump	Roman Dwyer	10.38		13pts	Joshua Cabulo	11.99		21pts
Pole_Vault								
Shot	Fawwaz Owolabi	9.65		14pts	Harry Fisher	14.27		30pts
Discus	George Sweeny	29.16		20pts	Lewis Williams	32.57		24pts
Javelin	Elliot Noble	40.17		20pts	Archie Brooker	30.61		14pts
Hammer	Luther Ngei-Okparaji	42.75		25pts	Vinnie Turner	29.58		18pts
Relay	<u>Vinnie Turner , Edward Hazelgrove , George Sweeny , Luca Birkett</u>					53.6		15pts

3 : 450pts : Redden Court School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Joseph Campbell	11.7		26pts	Jaden Hanchard	13.0		20pts
100m	Theo Adeyemo	11.2		30pts	Keyaan Bagayan	12.7		16pts
200m	James Moore	25.2		20pts	William Halcro	26.0		17pts
300m	Tomisin Olayiwola	37.9		26pts	Kris Warren	43.4		13pts
800m	Jake Weston	2:15.7		21pts	Neo Lieu-Smith	2:31.0		16pts
1500m	George Pearce	4:44.0		21pts	Liam Battrum	4:50.8		19pts
Long_Jump	Theo Adeyemo	5.40		19pts	James Moore	4.72		12pts
High_Jump	Tomisin Olayiwola	1.62		20pts	Joseph Campbell	1.62		20pts
Triple_Jump	Keyaan Bagayan	10.73		15pts	George Pearce	10.70		15pts
Pole_Vault								
Shot	Leo Aguda	10.67		18pts				
Discus	Aron Narajasucis	24.14		15pts	Jaden Hanchard	21.32		12pts
Javelin	Jake Weston	33.45		16pts	Neo Lieu-Smith	26.05		11pts
Hammer	William Halcro	25.64		15pts				
Relay	<u>Liam Battrum , Leo Aguda , Kris Warren , Aron Narajasucis</u>					52.5		17pts

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Intermediate Boys

4 : 436pts : Great Baddow High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Jake Ellis	12.0		25pts	Marcus Fazackerley	11.4		27pts	
100m	Charlie Collins	12.7		16pts	Fabio Lena	12.8		15pts	
200m	Ollie Collins	26.5		15pts	William Justier	25.0		20pts	
300m	Oscar Turpin	39.5		22pts	Jakub Skamla	40.5		20pts	
800m	Ethan Brien	2:15.0		22pts	Finn Mulholland	2:17.0		21pts	
1500m	Luca Nardi	4:58.0		18pts	Jaiden Moore	5:14.0		15pts	
Long_Jump	Charlie Collins	4.99		14pts	Jakub Skamla	4.63		11pts	
High_Jump	Teddy Dutton	1.65		21pts	Marcus Fazackerley	1.41		13pts	
Triple_Jump	Jake Ellis	10.80		16pts	Finn Mulholland	10.45		14pts	
Pole_Vault									
Shot	Ollie Collins	10.37		17pts	William Justier	10.49		17pts	
Discus	Oscar Turpin	26.45		17pts	Luca Nardi	23.23		14pts	
Javelin	Jaiden Moore	30.16		14pts	Adam Shattock	30.70		14pts	
Hammer									
Relay	<u>Ethan Brien , Teddy Dutton , Adam Shattock , Fabio Lena</u>						51.4		18pts

5 : 413pts : Forest School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Joel Williams	13.2		19pts	Ubayd Lawal	13.7		16pts	
100m	Jaiden Lemom	11.4		29pts	Aaron Johnson Campbell	12.5		18pts	
200m	Alex Foster	24.9		20pts	Henry Tyfield	26.6		15pts	
300m	Oskar Kyson	38.2		26pts	Jude Dempsey Thompson	40.4		20pts	
800m	Thomas O Donnell	2:13.0		23pts	Jude Josey	2:23.0		18pts	
1500m	Hamza Khan	4:38.0		22pts	Sebastian Reid	5:00.1		17pts	
Long_Jump	Joel Williams	4.18		6pts	Aaron Johnson Campbell	4.82		13pts	
High_Jump	Thomas O Donnell	1.20		6pts	Jude Josey	1.23		7pts	
Triple_Jump	Hamza Khan	10.83		16pts	Jaiden Lemom	10.77		15pts	
Pole_Vault									
Shot	Alex Foster	8.85		12pts	Ubayd Lawal	7.95		9pts	
Discus	Henry Tyfield	26.18		17pts	Jude Dempsey Thompson	18.84		10pts	
Javelin	Oskar Kyson	36.37		18pts	Lucian Anke Pope	22.47		8pts	
Hammer	James Balleny	28.17		17pts					
Relay	<u>Sebastian Reid , James Balleny , Lucian Anke Pope , -</u>						52.9		16pts

6 : 386pts : St John Payne Catholic School Chelmsford, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Chester Booth	13.7		16pts	Thabani Zinja Ncube	12.9		20pts	
100m	Justin Adrada	12.3		20pts	Benji Ejionye	12.4		18pts	
200m	Nathan Okonkwo	26.0		17pts	James Hayes	26.2		16pts	
300m	Dean Mwanza	43.1		13pts	David Ejionye	38.9		24pts	
800m	Joseph Delaney	2:11.0		24pts	Archie Booth	2:27.6		17pts	
1500m	Noah Taylor	5:25.0		13pts	Jack Northwood	4:50.0		20pts	
Long_Jump	Justin Adrada	5.18		16pts	David Ejionye	4.87		13pts	
High_Jump	Joseph Delaney	1.32		10pts	Tyson Alrin Parkes	1.47		15pts	
Triple_Jump	Thabani Zinja Ncube	9.10		7pts	Benji Ejionye	11.26		18pts	
Pole_Vault									
Shot	Rob Nicolai Cucu	10.00		16pts	James Hayes	9.89		15pts	
Discus	Nathan Okonkwo	23.00		14pts	Jack Northwood	16.75		8pts	
Javelin	Chester Booth	27.63		12pts	Archie Booth	23.42		9pts	
Hammer									
Relay	<u>Dean Mwanza , Noah Taylor , Rob Nicolai Cucu , Tyson Alrin Parkes</u>						53.4		15pts

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7 : 385pts : Moulsham High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Will Mitchell	14.5		12pts	Andre Anabi	13.0		19pts	
100m	Chimuka Hamalabi	11.5		28pts	James Donoghue	13.9		7pts	
200m	Lance Keman	25.7		18pts	Alex Summers	25.5		18pts	
300m	Ethan Thorpe	41.3		18pts	Chilala Hamalabi	41.3		18pts	
800m	Hugo Young	2:10.0		24pts	Nathan Stratton	2:27.0		17pts	
1500m	Oliver Addy	4:45.0		21pts	Jackson Newman	5:02.0		17pts	
Long_Jump	Lance Keman	4.79		12pts	Hugo Young	4.93		14pts	
High_Jump	Chimuka Hamalabi	1.50		16pts	Andre Anabi	1.23		7pts	
Triple_Jump	Oliver Addy	10.05		12pts	Chilala Hamalabi	10.46		14pts	
Pole_Vault									
Shot	Alex Summers	10.90		19pts	James Donoghue	10.23		16pts	
Discus	Teddy Hinson	25.19		16pts	Will Mitchell	18.69		10pts	
Javelin	Luca Martin	19.94		7pts	Nathan Stratton	24.50		10pts	
Hammer									
Relay	<u>Luca Martin , Ethan Thorpe , Jackson Newman , Teddy Hinson</u>						53.5		15pts

8 : 352pts : The Bromfords School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Finley Adams	14.2		14pts	Samuel Carter	12.5		22pts	
100m	Joey Brasse	12.5		17pts	Daniel Kamara	12.7		15pts	
200m	Louie Watkins	25.4		19pts	Riley Wing	25.7		18pts	
300m	Aaron Davies	41.8		17pts	Daniel Osagie	43.7		12pts	
800m	Trent Asare	2:20.0		19pts	Ronnie Green	2:33.0		15pts	
1500m	James Cook	4:54.0		19pts	Riley Murrell	5:18.0		14pts	
Long_Jump	Aaron Davies	4.50		10pts	Riley Murrell	4.75		12pts	
High_Jump	Finley Adams	1.41		13pts	Daniel Kamara	1.47		15pts	
Triple_Jump	Samuel Carter	10.55		14pts	Trent Asare	10.46		14pts	
Pole_Vault									
Shot	Alfie Calliste	8.32		10pts	Daniel Osagie	9.77		15pts	
Discus	Joey Brasse	16.70		8pts	James Cook	18.85		10pts	
Javelin	Benjamin Faulkner	20.70		7pts	Riley Wing	23.40		9pts	
Hammer									
Relay	<u>Louie Watkins , Ronnie Green , Alfie Calliste , Benjamin Faulkner</u>						54.1		14pts

9 : 351pts : Barking Abbey School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Junior Yomba	12.4		22pts	Umar Awad	15.8		5pts	
100m	Darius Boateng	12.3		19pts	Farhan Arif	13.3		9pts	
200m	Chukwuemeka Kanu	26.7		14pts	Zephan Osei-Akoto	23.9		24pts	
300m	Marques-Jay Croasdaile-B	41.3		18pts	Romeo Taylor	40.7		19pts	
800m	Cheng Wang	2:28.0		17pts	Musa Harun	2:36.0		14pts	
1500m	George Bagna	5:10.0		16pts	Jack Houston-Taylor	5:15.0		15pts	
Long_Jump	Darius Boateng	4.92		14pts	Jack Houston-Taylor	5.16		16pts	
High_Jump	Chukwuemeka Kanu	1.35		11pts	Umar Awad	nh		0pts	
Triple_Jump	Junior Yomba	11.56		19pts	Marques jay Cross	11.06		17pts	
Pole_Vault									
Shot	Hiwad Bashardost	7.45		7pts	Romeo Taylor	9.22		13pts	
Discus	Amarni Johnson	19.95		11pts	Musa Harun	26.38		17pts	
Javelin	George Bagna	25.76		11pts	Farhan Arif	18.07		6pts	
Hammer									
Relay	<u>Zephan Osei-Akoto , Cheng Wang , Amani Johnson , Hiwad Bashardost</u>						52.1		17pts

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Intermediate Boys

10 : 347pts : New Hall School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Harry Lee	11.0		29pts	Harry Pitt	14.7		11pts
100m	James Lee	11.8		24pts	Austin Brooke	15.5		0pts
200m	RJ Winful	24.6		22pts	Roman Burton-Yurevich	24.9		21pts
300m	Naman Jayanthi	41.9		16pts	Oliver Skinner	40.3		20pts
800m	Will Brown	2:12.0		23pts	Isaac Carty-Peters	2:38.0		13pts
1500m	Charlie Woodley	4:37.0		22pts	Francis Bisoni	5:49.0		8pts
Long_Jump	Harry Lee	5.82		23pts	Hector Bunch	4.27		7pts
High_Jump	Roman Burton-Yurevich	1.47		15pts				
Triple_Jump	Isaac Carty-Peters	11.43		19pts	Blair Butcher	10.07		12pts
Pole_Vault								
Shot	James Lee	8.95		12pts	Francis Bisoni	7.39		7pts
Discus	RJ Winful	21.43		12pts	Charlie Woodley	21.40		12pts
Javelin	Will Brown	10.89		1pts	Naman Jayanthi	9.38		0pts
Hammer								
Relay	<u>Hector Bunch , Blair Butcher , Oliver Skinner , Austin Brooke</u>					51.8		18pts

11 : 259pts : Plume School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Finley Walton	12.1		22pts	Jack Turner	13.3		10pts
200m	Riley Foakes	27.2		13pts	James Pease	27.5		12pts
300m	Cameron Hough	44.7		11pts	Alfie Purdy	39.3		23pts
800m	Dylan Ellender	2:32.0		15pts	Tommy Hewitt	2:57.0		7pts
1500m						6:17.0		3pts
Long_Jump	Finley Walton	4.84		13pts		4.88		13pts
High_Jump	Alfie Purdy	1.26		8pts	Jack Turner	1.32		10pts
Triple_Jump	Dylan Ellender	9.10		7pts				
Pole_Vault								
Shot	Cameron Hough	10.78		18pts	Thomas Doherty	10.19		16pts
Discus	James Pease	18.16		9pts	Billy Boom	22.34		13pts
Javelin	Tommy Hewitt	24.12		10pts	Kodie Samler	21.64		8pts
Hammer								
Relay	<u>Riley Foakes , Thomas Doherty , Elliot Rose , Kodie Samler</u>					51.7		18pts

12 : 143pts : Hylands School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Janith Bopage	15.9		5pts	William Herne	15.9		5pts
100m	Evan Anderton	13.6		8pts	Sidney Harding	15.7		0pts
200m	Emmanuel Nwachukwu	32.0		1pts	Riley D'Aguiar	31.2		3pts
300m	Tristan Payne	53.7		1pts	Ash Jeyakumar	53.3		1pts
800m	Zac Sutton	2:42.0		12pts	Daniel Akinwumi	dnf		0pts
1500m	Ioan Pye	5:40.0		10pts	Leon Puerto	5:26.0		12pts
Long_Jump	Ash Jeyakumar	3.73		2pts	Daniel Akinwumi	3.36		0pts
High_Jump	Leon Puerto	1.32		10pts	Emmanuel Nwachukwu	1.32		10pts
Triple_Jump	Evan Anderton	7.93		2pts	William Herne	8.00		2pts
Pole_Vault								
Shot	Fahad Alshimary	7.78		8pts	Sidney Harding	8.85		12pts
Discus	Tristan Payne	25.25		16pts	Harry Lakin	19.20		10pts
Javelin	Basil Samson	nm		0pts	Ioan Pye	19.21		6pts
Hammer								
Relay	<u>Basil Samson , Harry Lakin , Zac Sutton , Janith Bopage</u>					59.6		7pts

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Junior Girls

1 : 369pts : Great Baddow High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Saya Saunders	12.2		28pts	Holly Partridge	13.4		21pts
100m	Abi McElroy	12.8		31pts	Darcey Lauwrens	14.8		12pts
200m	Freya Clark	28.7		22pts	Darcey Radley	29.9		18pts
300m								
800m	Georgia Matthews	2:41.0		24pts	Maisie Lonsdale	3:08.0		15pts
1500m	Mia Lawes	5:21.9		26pts	Daisy Duckworth	6:02.0		19pts
Long_Jump	Georgia Matthews	3.20		7pts	Cherri Moss	3.81		13pts
High_Jump	Holly Partridge	1.35		19pts	Darcey Lauwrens	1.17		13pts
Triple_Jump								
Pole_Vault								
Shot	Freya Clark	5.09		8pts	Maisie Lonsdale	5.20		9pts
Discus	Abi McElroy	15.47		13pts	Peyton Moore	17.12		16pts
Javelin	Saya Saunders	25.19		26pts	Mia Lawes	12.03		9pts
Hammer								
Relay	<u>Darcey Radley , Peyton Moore , Daisy Duckworth , Cherri Moss</u>					59.0		20pts

2 : 366pts : Forest School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Charlotte Edwards	13.9		19pts				
100m	Bisi Ojosipi	13.4		25pts				
200m	Maya Robinson	27.0		28pts	Keerit Binopal	29.5		19pts
300m	Bella Holliday	48.4		16pts	Anya Agbim	47.8		17pts
800m	Olivia Brooks	2:36.0		26pts	Faith Brooks	2:38.0		25pts
1500m	Lara Mydlar	5:09.1		28pts	Eva Prince	5:18.0		27pts
Long_Jump	Maya Robinson	4.29		18pts	Bella Holliday	3.61		11pts
High_Jump	Nayantara Hannon	1.17		13pts	Eni Fadahunsi	1.23		15pts
Triple_Jump								
Pole_Vault								
Shot	Bisi Ojosipi	6.03		12pts	Sophia Avery	4.87		8pts
Discus	Faith Brooks	15.03		13pts				
Javelin	Olivia Brooks	16.74		15pts	Eva Prince	13.38		10pts
Hammer								
Relay	<u>Charlotte Edwards , Sophia Avery , Lara Mydlar , Keerit Binopal</u>					57.7		21pts

3 : 360pts : The FitzWimarc School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Amy Hockey	12.6		25pts	Lilybelle Hooper	13.7		20pts
100m	Penny Tubbs	14.9		12pts	Ava Harris	14.6		14pts
200m	Zenobia Williams	29.8		18pts	Stevie Makepeace	30.3		17pts
300m	Millie Casey	47.2		18pts				
800m	Isla Young	2:34.0		26pts	Lacey Fleetwood	2:45.0		23pts
1500m	Lilly Naylor	5:32.7		24pts	Amy Harriss	5:32.1		24pts
Long_Jump	Amy Hockey	3.98		14pts	Amy Harriss	2.99		4pts
High_Jump	Lara Attwood	1.26		16pts	Lilybelle Hooper	1.26		16pts
Triple_Jump								
Pole_Vault	Millie Casey	1.80		18pts				
Shot								
Discus	Penny Tubbs	11.90		9pts	Lacey Fleetwood	15.69		14pts
Javelin	Zenobia Williams	15.12		13pts				
Hammer					Stevie Makepeace	23.36		19pts
Relay	<u>Lilly Naylor , Ava Harris , Isla Young , Lara Attwood</u>					61.2		16pts

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Junior Girls

4 : 333pts : Woodlands School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Darcy Birkett	13.1		23pts	Maryann Jegede	13.2		23pts
100m	Amelia Moles	14.7		13pts	Lucy Manka	15.0		12pts
200m								
300m	Salet Borrego Fals	51.2		12pts				
800m	Millie Tomlin	2:59.0		18pts	Lana Hatful	3:01.0		17pts
1500m	Kendall Carr	5:56.0		20pts	Raven Dyas-Cameron	5:49.0		21pts
Long_Jump					Lucy Manka	2.80		3pts
High_Jump	Darcy Birkett	1.32		18pts	Maryann Jegede	1.38		20pts
Triple_Jump								
Pole_Vault								
Shot	Amelia Moles	6.11		12pts	Lana Hatful	6.65		14pts
Discus	Kendall Carr	14.72		12pts	Kyra-Louise Stevenson	18.45		17pts
Javelin	Salet Borrego Fals	15.14		13pts	Millie Tomlin	13.80		11pts
Hammer	Klara Macina	25.09		21pts	Neda Bendikaite	22.34		18pts
Relay	<u>Klara Macina , Kyra-Louise Stevenson , Raven Dyas-Cameron , Neda Bendikaite</u>					62.0		15pts

5 : 331pts : Brentwood Ursuline Convent High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Liya Adeyeri	12.4		26pts				
100m	Nile Mansingh	14.9		12pts	Carisse Ocansey	14.1		18pts
200m	Shantay Charles	28.8		21pts	Angel Jada Kwakye	30.6		15pts
300m	Chisom Igwe	49.2		15pts	Osese Iluobe	47.1		18pts
800m	Michelle Eshun	2:51.0		21pts	Ria Forson	2:53.0		20pts
1500m					Ella Fagan	5:21.8		26pts
Long_Jump	Michelle Eshun	4.22		17pts	Ella Fagan	3.55		10pts
High_Jump	Liya Adeyeri	1.29		17pts	Osese Iluobe	1.26		16pts
Triple_Jump								
Pole_Vault								
Shot	Isabel Adom	7.80		20pts				
Discus					Carisse Ocansey	16.20		14pts
Javelin	Nile Mansingh	23.35		24pts	Ria Forson	12.93		10pts
Hammer	Chisom Igwe	nm		0pts				
Relay	<u>Angel Jada Kwakye , Cleo Simon , Shantay Charles , Isabel Adom</u>					65.0		11pts

6 : 325pts : Moulsham High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Holly Bowring	13.6		20pts				
100m	Lucy Ajayi	13.3		26pts	Freya Winstone-Foster	14.8		13pts
200m	Ava Fernandes	29.7		19pts	Karina Protsenko	30.8		15pts
300m	Freya Fitzpatrick	48.1		17pts	Daisy Bella-Newman	52.0		11pts
800m	Esmee Kitson	3:09.0		15pts	Helena Boddy	2:52.0		20pts
1500m	Abi Tilley	5:43.0		22pts	Olivia Wiles	5:26.5		25pts
Long_Jump	Esmee Kitson	3.21		7pts	Lucy Ajayi	4.42		19pts
High_Jump	Daisy Bella-Newman	1.20		14pts	Karina Protsenko	1.23		15pts
Triple_Jump								
Pole_Vault								
Shot	Holly Bowring	6.16		12pts				
Discus	Ellie Cook	12.31		9pts	Freya Winstone-Foster	13.28		11pts
Javelin	Ava Fernandes	13.77		11pts	Olivia Wiles	12.39		9pts
Hammer								
Relay	<u>Abi Tilley , Ellie Cook , Freya Fitzpatrick , Helena Boddy</u>					62.3		15pts

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Junior Girls

7 : 322pts : New Hall School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Caitlin Rawden	16.7		8pts	Olamiposi Jones	17.3		6pts
100m	Morin Adenuga	13.9		19pts	Olivia George	14.7		13pts
200m	Naimah Taiwo	29.1		21pts	Maisy Kent	32.5		10pts
300m	Sophie Halford	46.7		19pts				
800m	Ava King	2:25.0		30pts	Evie Shirley	2:54.0		20pts
1500m	Heidi Woodley	4:50.7		33pts	Isabelle Bazely	5:32.0		24pts
Long_Jump	Morin Adenuga	4.15		17pts	Sophie Halford	3.43		9pts
High_Jump	Evie Shirley	1.20		14pts	Olamiposi Jones	1.20		14pts
Triple_Jump								
Pole_Vault								
Shot	Olivia George	5.67		10pts	Naimah Taiwo	5.56		10pts
Discus	Caitlin Rawden	10.18		6pts				
Javelin	Bethany Kelly	13.96		11pts	Ava King	13.77		11pts
Hammer								
Relay	<u>Heidi Woodley , Bethany Kelly , Isabelle Bazely , Maisy Kent</u>					60.8		17pts

8 : 295pts : St Bernards High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Rita Okoroha	13.1		23pts	Alicia Sonny	15.3		13pts
100m	MaryJane Duru	13.5		24pts	Chimelumeze Okafor	13.8		21pts
200m	Micah Madueke	31.1		14pts	Sophia Thomas	32.8		9pts
300m	Pixie Oakley	47.3		18pts	Gabriella Mabeleka	48.9		15pts
800m								
1500m					Niamh Jones	6:06.0		18pts
Long_Jump	Pixie Oakley	3.31		8pts	Alicia Sonny	3.91		14pts
High_Jump	Rita Okoroha	nm		0pts	Niamh Jones	1.29		17pts
Triple_Jump								
Pole_Vault								
Shot	MaryJane Duru	7.13		16pts				
Discus	Princess Manavele	14.98		13pts	Sophia Thomas	15.18		13pts
Javelin					Gabriella Mabeleka	16.95		15pts
Hammer	Shani Mukudu	21.35		17pts	Niamh Chapman	19.17		15pts
Relay	<u>Princess Manavele , Shani Mukudu , Micah Madueke , Chimelumeze Okafor</u>					64.1		12pts

9 : 291pts : St John Payne Catholic School Chelmsford, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Sienna Wright	14.4		17pts	Dami Morenikeji	13.7		20pts
100m	Dee Mupunga	14.3		16pts	Florence Phipps	14.4		14pts
200m	Francine Niyrenda	29.7		19pts	Jess Garcia	31.5		12pts
300m	Nadya Theys	49.9		14pts				
800m	Lydia Baker	3:20.0		11pts	Charlotte Callegari	3:25.0		9pts
1500m	Scarlett Danson	7:19.0		6pts	-	6:19.0		16pts
Long_Jump	Francine Niyrenda	4.45		20pts	Florence Phipps	3.39		8pts
High_Jump	Nadya Theys	1.26		16pts	Sienna Wright	1.32		18pts
Triple_Jump								
Pole_Vault								
Shot	Olivia Ibirogbra	5.65		10pts	Dami Morenikeji	6.46		13pts
Discus	Lydia Baker	12.25		9pts				
Javelin	Lily Prizeman	17.38		16pts	Charlotte Callegari	12.49		9pts
Hammer								
Relay	<u>Lily Prizeman , Scarlett Danson , Jess Garcia , Dee Mupunga</u>					59.7		18pts

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Junior Girls

10 : 286pts : Redden Court School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Evie Braiden	15.3		13pts	Poppy Ingram	16.9		8pts	
100m	Leona-Faith Anaman	14.4		15pts	Erin O'Flynn	15.6		8pts	
200m	Amelia McDowell	30.7		15pts	Sophia Dance	31.5		13pts	
300m									
800m	Millie Cook	2:31.0		27pts	Maddi Jones	3:22.0		10pts	
1500m	Maisy Jeffery	6:20.0		16pts	Charlotte Parker	6:10.0		18pts	
Long_Jump	Sophia-Rae Ahmad	3.46		9pts	Maddi Jones	3.17		6pts	
High_Jump	Leona-Faith Anaman	1.29		17pts	Millie Cook	1.23		15pts	
Triple_Jump									
Pole_Vault									
Shot	Nyla Dennard-Mayne	5.92		11pts	Erin O'Flynn	6.51		13pts	
Discus	Amelia McDowell	17.40		16pts	Sophia Tobin	14.95		13pts	
Javelin	Evie Braiden	17.35		16pts	Poppy Ingram	16.10		14pts	
Hammer									
Relay	<u>Sophia Tobin , Maisy Jeffery , Sophia Dance , Charlotte Parker</u>						63.4		13pts

11 : 243pts : Barking Abbey School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Elizabeth Adeniyi	16.9		7pts	Naomi Olurin	14.7		15pts	
100m	Nayla Mills-Ugoh	14.2		17pts	Elizabeth Culeca	13.7		22pts	
200m	Larisa Matviychuk	31.2		14pts	Simone Ilunga	31.5		12pts	
300m	Naomi Babb	50.4		13pts					
800m					Princess Tshikaya	3:04.0		16pts	
1500m	Liaba Arslan	6:42.0		13pts					
Long_Jump	Nayla Mills-Ugoh	3.52		10pts	Elizabeth Culeca	3.88		13pts	
High_Jump	Elizabeth Adeniyi	nm		0pts	Simone Ilunga	1.32		18pts	
Triple_Jump									
Pole_Vault									
Shot	Kyra Richards	6.15		12pts	Jalia Uwandji	6.88		15pts	
Discus	Naomi Babb	15.43		13pts	Naomi Olurin	8.50		4pts	
Javelin	Tayla Davis	13.75		11pts	Larisa Matviychuk	16.13		14pts	
Hammer									
Relay	<u>Kyra Richards , , Princess Tshikaya , Liaba Arslan</u>						69.5		4pts

12 : 230pts : Henlow Church of England Academy, Bedfordshire

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Erin Duignan	17.1		7pts	Daisy Dwyer	16.6		9pts	
100m	Sophie Smyth	15.2		10pts	Faith Litton	14.7		13pts	
200m	Imogen Harvey	32.6		9pts	Emilia Day	31.9		11pts	
300m									
800m	Elsa Sarll	3:05.0		16pts	Chiara Patch	2:58.0		18pts	
1500m	Milena Sarll	6:05.0		19pts	Evie Winder	6:06.0		19pts	
Long_Jump	Faith Litton	4.02		15pts	Daisy Dwyer	3.36		8pts	
High_Jump	Lyla Hyams	1.14		12pts	Erin Duignan	1.23		15pts	
Triple_Jump									
Pole_Vault									
Shot	Emilia Day	4.18		5pts	Lily Draycott	6.05		12pts	
Discus	Imogen Harvey	10.43		7pts	Sophie Smyth	9.28		5pts	
Javelin	Isobel Thorpe	8.81		4pts	Chiara Patch	8.05		3pts	
Hammer									
Relay	<u>Lily Draycott , Milena Sarll , Isobel Thorpe , Elsa Sarll</u>						63.8		13pts

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13 : 183pts : Plume School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Felicity Reeder	15.9		11pts	Tala Wreford	15.4		13pts
100m	Scarlett Davis	16.0		7pts	Abigail Hennis	15.8		7pts
200m	Florence Patient	33.9		7pts	Evie Mouser	33.8		7pts
300m	Isla Farrow	55.5		7pts				
800m	Chloe Southern	3:34.0		6pts	Louise Ranger	3:30.0		8pts
1500m	Elin Chapman	6:21.0		16pts	Maya Butcher	5:59.0		20pts
Long_Jump	Tala Wreford	3.60		11pts	Evie Mouser	3.01		5pts
High_Jump	Chloe Southern	1.11		11pts	Abigail Hennis	1.11		11pts
Triple_Jump								
Pole_Vault								
Shot	Norah Hutchings	6.32		13pts	Elin Chapman	4.12		5pts
Discus					Maya Butcher	11.05		8pts
Javelin	Scarlett Davis	8.05		3pts	Felicity Reeder	6.29		1pts
Hammer								
Relay	<u>Florence Patient , Isla Farrow , Louise Ranger , Norah Hutchings</u>					68.2		6pts

14 : 138pts : The Bromfords School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Christiana Metehau	18.6		2pts	Izzy Scarlet	17.9		4pts
100m	Jasmin Selwood	16.9		2pts	Lola Forecast	17.4		0pts
200m	Lily Hough	31.6		12pts	Kotryna Pacauskaite	32.6		9pts
300m								
800m	Evie Tasneem	3:16.0		12pts	Olivia Partridge	3:38.0		5pts
1500m	Megan Denford	6:22.1		16pts	Olivia Patterson	7:47.0		2pts
Long_Jump	Lily Hough	3.76		12pts	Lola Forecast	2.34		0pts
High_Jump	Christiana Metehau	1.11		11pts	Evie Tasneam	1.05		9pts
Triple_Jump								
Pole_Vault								
Shot	Miley Barford	4.74		7pts	Grace Tarling	5.86		11pts
Discus	Kotryna Pacauskaite	8.79		4pts	Izzy Scarlet	10.00		6pts
Javelin	Jasmin Selwood	6.69		1pts	Olivia Partridge	12.66		9pts
Hammer								
Relay	<u>Megan Denford , Grace Tarling , Miley Barford , Olivia Patterson</u>					69.9		4pts

15 : 110pts : Hylands School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Margo Konstantynova	16.0		11pts	Millie Webber	20.9		0pts
100m	Tegan Hughes	16.0		7pts	Mereym Gok	21.6		0pts
200m	Emanuella Nwachukwu	35.0		4pts	Courteny-Marie Sidgewick	35.4		4pts
300m								
800m	Elizabeth Onasanya	4:18.0		0pts	Katherine Mullender	3:50.0		1pts
1500m	Jessica Lording	6:22.0		16pts	Madina Etemadi	8:00.0		0pts
Long_Jump	Ellena Clarke	3.17		6pts	Madina Etemadi	2.83		3pts
High_Jump	Margo Konstantynova	1.20		14pts	Millie Webber	nm		0pts
Triple_Jump								
Pole_Vault								
Shot	Mereym Gok	nm		0pts	Emanuella Nwachukwu	6.73		14pts
Discus	Elizabeth Onasanya	8.70		4pts	Jessica Lording	10.78		7pts
Javelin	Katherine Mullender	11.20		8pts	Frances Alder	9.41		5pts
Hammer								
Relay	<u>Frances Alder , Ellena Clarke , Tegan Hughes , Courteny-Marie Sidgewick</u>					68.2		6pts

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1 : 454pts : Brentwood Ursuline Convent High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Joelle Daniels	12.9		22pts	Josephine Walsh	11.9		27pts
100m	Ufuoma Obukata	12.4		32pts	Divine Igwe	13.8		18pts
200m	Janice Okwara	29.3		16pts	Mary Olubukola-Sogebetui	28.9		17pts
300m	Abigail Bergin-McCarthy	43.9		24pts	Grace Smith	45.9		20pts
800m	Katie Hallett	2:58.0		13pts	Aisling O'Leary	2:38.5		21pts
1500m	Jessica Egan	6:06.0		15pts				
Long_Jump	Jessica Egan	4.03		13pts	Josephine Walsh	4.64		19pts
High_Jump	Katie Hallett	1.32		15pts	Mary Olubukola-Sogebetui	1.26		13pts
Triple_Jump	Janice Okwara	9.78		20pts	Grace Smith	8.10		9pts
Pole_Vault								
Shot	Ufuoma Obukata	9.04		19pts	Amara Okonkwo	8.80		19pts
Discus	Joelle Daniels	21.87		18pts	Temi Ogundare	18.48		13pts
Javelin	Lily Hawes	22.90		17pts	Aisling O'Leary	20.34		14pts
Hammer					Divine Igwe	25.30		18pts
Relay	<u>Abigail Bergin-McCarthy , Temi Ogundare , Lily Hawes , Amara Okonkwo</u>					56.8		22pts

2 : 441pts : The FitzWimarc School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Megan Geeves	12.8		23pts	Connie Sutton	14.9		15pts
100m	Erin Norris	13.5		21pts	Freya Crossingham	14.4		11pts
200m	Jessica Jolley	28.6		18pts	Poppy Levy	29.8		14pts
300m	Holly Mae Elmes	45.6		21pts	Lilly Hartman	40.9		29pts
800m	Beau Burkett	2:31.0		25pts	Ava Bailey	2:46.5		17pts
1500m	Ezrah Harrold	4:56.0		29pts	Sienna Beer	5:50.0		18pts
Long_Jump	Erin Norris	4.65		20pts	Lilly Hartman	4.70		20pts
High_Jump	Chloe Harris	1.41		18pts	Ava Bailey	1.44		19pts
Triple_Jump	Holly Mae Elmes	9.13		16pts	Sienna Beer	8.04		9pts
Pole_Vault								
Shot	Megan Geeves	7.27		13pts	Connie Sutton	8.60		18pts
Discus	Jessica Jolley	19.38		15pts	Freya Crossingham	14.94		9pts
Javelin	Emma Piakowski	19.42		13pts	Poppy Levy	16.80		9pts
Hammer								
Relay	<u>Ezrah Harrold , Emma Piakowski , Beau Burkett , Chloe Harris</u>					57.4		21pts

3 : 434pts : Woodlands School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lacie Norton	13.4		20pts	Florence Butler	13.7		19pts
100m	Dasha Mensah Abeka	13.8		18pts	Emilija Ratkelyte	14.7		10pts
200m	Sarah Shalomi	32.9		5pts	Gracie Duprie	34.5		1pts
300m	Ayla Laguda	48.1		17pts	Nicole Hawkins	43.1		25pts
800m	Lily May Kehler	2:42.1		19pts	Jayla Carr	2:48.0		17pts
1500m	Katie Hawkins	5:34.0		21pts	Zara Morley	5:10.0		26pts
Long_Jump	Dasha Mensah Abeka	4.24		15pts				
High_Jump	Ayla Laguda	1.44		19pts	Florence Butler	1.50		21pts
Triple_Jump	Sarah Shalomi	9.54		19pts	Jayla Carr	9.20		17pts
Pole_Vault								
Shot	Holly Swindell	8.80		19pts				
Discus	Katie Hawkins	13.94		7pts	Nicole Hawkins	21.83		18pts
Javelin	Lacie Norton	19.00		12pts	Gracie Duprie	20.05		14pts
Hammer	Praise Iyogun	27.18		20pts	Emilija Ratkelyte	31.92		24pts
Relay	<u>Lily May Kehler , Zara Morley , Praise Iyogun , Holly Swindell</u>					59.3		18pts

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4 : 401pts : Forest School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Tara Sweetnam	14.3		17pts	Betsy McMillan	14.8		15pts
100m	Momo Fakoya	13.7		19pts	Connie Barnes	14.2		14pts
200m	Evanna Eze	23.9		34pts	Esmae Mahalingham	28.3		19pts
300m	Ione Lon	43.6		24pts	Lennie Micallef	52.6		10pts
800m	Emily Palmer	2:43.0		19pts	Tilda Isaac	3:02.0		12pts
1500m	Tess Noblet	5:14.0		25pts	-	5:40.8		19pts
Long_Jump	Momo Fakoya	3.86		12pts	Esmae Mahalingham	3.89		12pts
High_Jump	Bluebelle McCartney	1.32		15pts	Lennie Micallef	1.26		13pts
Triple_Jump	Betsy McMillan	9.16		16pts	Tara Sweetnam	8.34		11pts
Pole_Vault								
Shot	Jenna Yadua	8.11		16pts	Jola Ashiru	7.63		15pts
Discus	Ione Lon	11.91		5pts	Connie Barnes	16.94		11pts
Javelin	Milla Stimpson	17.80		11pts	Emily Palmer	12.97		4pts
Hammer	Tess Noblet	21.09		14pts				
Relay	<u>Jola Ashiru , Jenna Yadua , Milla Stimpson , Bluebelle McCartney</u>					58.8		19pts

5 : 391pts : Great Baddow High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Amelie Scott	11.5		29pts	Kate Case	14.1		18pts
100m	Ruby Warwick	13.3		22pts	Izzy Forester	14.8		9pts
200m	Evie Matthews	30.1		13pts	Olivia Jarman	30.5		12pts
300m	Phoebe Love	45.9		20pts	Daisy Philips	47.5		18pts
800m	Harriet Matthews	2:29.0		26pts	Lucy Clarke	2:58.9		13pts
1500m	Rosie Burden	5:33.0		21pts	Nicole Maynard	5:40.0		20pts
Long_Jump	Izzy Forester	3.52		8pts	Beth Peart	3.46		8pts
High_Jump	Phoebe Love	1.29		14pts	Olivia Jarman	1.38		17pts
Triple_Jump	Amelie Scott	11.16		33pts	Daisy Phillips	8.65		13pts
Pole_Vault								
Shot	Harriet Matthews	6.32		10pts	Evie Matthews	5.67		8pts
Discus	Rosie Burden	16.03		10pts	Emily Davis	15.86		10pts
Javelin	Nicole Maynard	11.28		3pts	Freya Matthews	19.31		13pts
Hammer								
Relay	<u>Ruby Warwick , Emily Davis , Lucy Clarke , Freya Matthews</u>					55.7		23pts

6 : 367pts : St Bernards High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Hannah-Delight Agunsoye	15.2		14pts	Eva Williams	15.7		12pts
100m	Givings Njoku	13.4		22pts	Adaeze Idezuna	15.4		7pts
200m	Joy Ofori	30.1		13pts	Chidera Opara	31.9		8pts
300m	Marley Bowles	45.8		21pts	Jessica Anajekwu	51.1		12pts
800m	Florence Wallace	2:32.0		25pts	Ruby Crombie	2:38.9		21pts
1500m	Olivia Cauchi	7:46.0		0pts	Evangeline Stimpson-Cook	6:47.0		8pts
Long_Jump	Givings Njoku	4.31		16pts	Ruby Crombie	3.65		10pts
High_Jump	Marley Bowles	1.17		10pts	Jessica Anajekwu	1.23		12pts
Triple_Jump	Evangeline Stimpson-Cook	9.60		19pts				
Pole_Vault								
Shot	Adaeze Idezuna	8.17		16pts	Chidera Opara	7.52		14pts
Discus	Hannah-Delight Agunsoye	23.73		21pts	Joy Ofori	22.45		19pts
Javelin					Eva Williams	19.67		13pts
Hammer	Temitayo Akinseli	25.66		18pts	Uche Okonor	27.73		20pts
Relay	<u>Temitayo Akinseli , Uche Okonor , Tia (Reserve) , Florence Wallace</u>					60.6		16pts

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7 : 342pts : St John Payne Catholic School Chelmsford, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Tallulah Coleman	12.5		24pts	Marney Hall	16.2		11pts
100m	Evelyn Shonde	13.2		24pts	Alicija Yalaju	12.8		27pts
200m	Leah Gregan	29.6		15pts	Jasmin Recasa-Lunn	28.4		19pts
300m	Chido Mupunga	48.9		15pts	Rebecca Duke	50.1		13pts
800m	Niamh McSweeney	2:54.0		15pts				
1500m	Maisy Martindale	6:19.0		13pts				
Long_Jump	Evelyn Shonde	4.15		15pts	Jasmin Recasa-Lunn	4.14		14pts
High_Jump	Chido Mupunga	nm		0pts	Alicija Yalaju	1.53		22pts
Triple_Jump	Niamh McSweeney	7.53		4pts	Rebecca Duke	9.21		17pts
Pole_Vault								
Shot	Maisy Martindale	4.68		5pts	Ariel Omijie	8.66		18pts
Discus	Valery Monteiro Ferreira	17.67		12pts	Marney Hall	13.70		7pts
Javelin	Tallulah Coleman	8.67		0pts	Amy Bultitude	19.01		12pts
Hammer	Eloise Smith	34.70		27pts				
Relay	<u>Ariel Omijie , Eloise Smith , Valery Monteiro Ferreira , Leah Gregan</u>					62.5		13pts

8 : 334pts : New Hall School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Emily McBane	16.3		10pts	Lucy Ellingworth	16.7		9pts
100m	Michelle Shadipe	12.9		27pts	Stephanie Mwiazu	16.1		3pts
200m	Olamide Jones	30.3		12pts	Martha Morley	31.1		10pts
300m	Millie Cameron	46.9		19pts	Isla Davies	50.3		13pts
800m	Missy Tiller	2:23.0		29pts	Camille Adams	2:54.0		15pts
1500m	Olivia Forrest	4:37.0		34pts	Isabel Forrest	5:25.0		23pts
Long_Jump	Isla Davies	3.37		7pts	Lucy Ellingworth	3.55		9pts
High_Jump	Alex Mason	1.41		18pts	Missy Tiller	1.20		11pts
Triple_Jump	Isabel Forrest	6.22		0pts	Olivia Forrest	8.46		12pts
Pole_Vault								
Shot	Martha Morley	6.61		11pts	Stephanie Mwiazu	7.22		13pts
Discus	Millie Cameron	12.46		5pts	Evie McLaren	15.50		10pts
Javelin	Olamide Jones	13.37		5pts	Camille Adams	15.96		8pts
Hammer								
Relay	<u>Evie McLaren , Emily McBane , Michelle Shadipe , Alex Mason</u>					57.1		21pts

9 : 285pts : Redden Court School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Janay Ilsley	17.2		7pts	Flick Russell	16.5		9pts
100m	Amelia Luis	14.5		11pts	Evie Norman	13.9		17pts
200m	Sariya Savage-Azille	31.9		8pts	Eva Bishop	32.1		7pts
300m	Ruby Wilkinson	49.2		15pts	Effi Woodroof	50.8		13pts
800m	Emily Pugh	3:14.0		8pts	Emilia Cerneschi	3:01.0		12pts
1500m	Poppy Jeffery	5:52.0		17pts	Isla Houston	5:56.5		16pts
Long_Jump	Amelia Luis	3.89		12pts	Eva Bishop	3.74		10pts
High_Jump	Eliana Tobin	1.29		14pts	Effi Woodroof	1.23		12pts
Triple_Jump	Evie Norman	8.50		12pts				
Pole_Vault								
Shot	Emily Pugh	7.20		13pts	Emilia Cerneschi	6.80		12pts
Discus	Flick Russell	20.92		17pts	Janay Ilsley	13.70		7pts
Javelin	Sasha Nye	21.78		16pts	Isla Houston	17.76		11pts
Hammer								
Relay	<u>Eliana Tobin , Ruby Wilkinson , Sariya Savage-Azille , Sasha Nye</u>					65.3		9pts

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10 : 279pts : Moulsham High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Leah Sharrock	16.7		9pts	Tilly Clark-Sasse	17.9		5pts
100m	Alexa Willett	15.6		6pts	Arabella Cook	15.1		8pts
200m	Lucy Bulman	27.2		23pts	Megan Smith	30.8		11pts
300m	Izzy Bower	51.3		12pts	Gemma Martin	53.5		9pts
800m	Chloe Haycock	2:42.8		19pts	Lilia Evans	2:58.6		13pts
1500m	Katie Cox	5:31.0		21pts	Emily Smith	5:56.0		16pts
Long_Jump	Emily Holmes	3.11		4pts	Tilly Clark-Sasse	3.92		12pts
High_Jump	Katie Cox	1.20		11pts	Arabella Cook	1.29		14pts
Triple_Jump	Alexa Willett	8.55		12pts	Megan Smith	8.52		12pts
Pole_Vault								
Shot	Lucy Bulman	7.76		15pts	Chloe Haycock	5.24		7pts
Discus	Izzy Bower	13.73		7pts	Emily Smith	nm		0pts
Javelin	Chloe Booker	13.84		5pts	Gemma Martin	18.81		12pts
Hammer								
Relay	<u>Leah Sharrock , Chloe Booker , Emily Holmes , Lilia Evans</u>					61.0		16pts

11 : 170pts : The Bromfords School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Emma Cook	20.9		0pts	Katie Fisher	17.1		7pts
100m	Pristeen Mosugu	14.0		15pts	Karina Vintu	16.0		4pts
200m	Lois Drummond	34.4		1pts	Elizabeth Swaby	31.9		7pts
300m	Lexi Blunt	52.3		11pts	Rosie Dewell	53.1		10pts
800m	Phoebe Green	3:46.0		0pts	Charlotte Ford	3:02.3		12pts
1500m	Connie Coates	5:31.7		21pts				
Long_Jump	Lois Drummond	3.05		4pts	Lexi Blunt	3.74		10pts
High_Jump	Pristeen Mosugu	1.17		10pts	Rosie Dewell	nm		0pts
Triple_Jump	Katie Fisher	7.55		4pts	Elizabeth Swaby	7.88		7pts
Pole_Vault								
Shot	Isabelle Chudleigh	4.66		5pts	Karina Vintu	6.10		10pts
Discus	Chloe Cox	14.00		8pts	Charlotte Ford	10.85		3pts
Javelin	Connie Coates	15.95		8pts	Gabriella Schitu	12.44		4pts
Hammer								
Relay	<u>Chloe Cox , Emma Cook , Gabriella Schitu , Phoebe Green</u>					65.6		9pts

12 : 100pts : Plume School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Pippa Ruffy	17.1		7pts	Poppy Slater	16.3		10pts
100m	Mia Stamate	16.3		2pts				
200m	Katie Middleton	30.5		12pts	Isy Kemsley	34.7		1pts
300m								
800m	Millie Marks	3:04.0		11pts				
1500m	Emmi Hunt	7:47.0		0pts				
Long_Jump	Katie Middleton	3.74		10pts	Poppy Slater	3.12		4pts
High_Jump								
Triple_Jump	Millie Marks	8.11		9pts				
Pole_Vault								
Shot								
Discus	Emmi Hunt	14.74		9pts				
Javelin	Lily Krapez	14.15		5pts	Pippa Ruffy	15.86		8pts
Hammer								
Relay	<u>Mia Stamate , Isy Kemsley , Lily Krapez , Pheobe Plummer</u>					63.6		12pts

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