

ESAA English Schools' Track and Field Cup 2024
Round - 1, ESS 2 : Blackshots Stadium, Thurrock - Tuesday 14th May 2024

Junior Boys

1 : 488pts : Southend High School for Boys, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Stanley Argent	13.9		20pts	Daksh Kumar	13.3		23pts
100m	Christopher Chukwu	13.9		12pts				
200m	Logan Hay	27.5		18pts	Joshua Lawrence	27.4		19pts
300m	Jacob Campbell	41.9		20pts	Owen Richardson	43.4		18pts
800m	Harry Murphy	2:26.0		21pts	Aman Chowdhury	2:29.0		20pts
1500m	Sam Joyce	5:00.0		22pts	George White	4:54.0		23pts
Long_Jump	Logan Hay	4.62		18pts	George White	4.76		19pts
High_Jump					Larry Dunn	1.53		21pts
Triple_Jump	Stanley Argent	10.35		20pts	Aman Chowdhury	9.80		18pts
Pole_Vault	Christopher Chukwu	2.40		21pts	Joshua Lawrence	2.50		23pts
Shot	Harry Murphy	9.44		17pts				
Discus	Sam Joyce	22.43		16pts	Daksh Kumar	18.56		13pts
Javelin	Jacob Campbell	32.75		25pts	Luke Wilkin	33.50		26pts
Hammer					Haroon Iqbal	26.95		19pts
Relay	<u>Luke Wilkin , Owen Richardson , Haroon Iqbal , Larry Dunn</u>					57.6		16pts

2 : 463pts : The Eastwood Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Luis Shepherd-Hermida	14.3		18pts	JJ Neife	13.3		23pts
100m	Albie Lyons	12.1		29pts	Fin Petherbridge	13.5		15pts
200m	Zach Petherbridge	28.0		17pts	Stan Sokolowski	27.5		18pts
300m	Remy MacDonald	47.0		12pts	Noah Marklew	42.8		19pts
800m	Rafe Dowling	2:20.0		23pts	Charlie Sloman	2:27.0		21pts
1500m	Connor Payne	5:10.0		19pts	Ronnie Grant	4:57.0		22pts
Long_Jump	Rafe Dowling	4.34		15pts	Ronnie Grant	4.28		14pts
High_Jump	Finn Petheridge	1.32		14pts	Charlie Sloman	1.35		15pts
Triple_Jump	Remy MacDonald	9.72		17pts	JJ Neife	10.20		20pts
Pole_Vault								
Shot	Albie Lyons	9.80		19pts				
Discus	Zach Petherbridge	21.40		15pts	Noah Marklew	17.42		11pts
Javelin	Tom Buscombe	38.96		31pts	Stan Sokolowski	27.96		20pts
Hammer					Oscar Bell	28.48		21pts
Relay	<u>Luis Shepherd-Hermida , Tom Buscombe , Oscar Bell , Connor Payne</u>					58.2		15pts

3 : 360pts : The King John School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Jude Smalley	14.7		16pts	Tomi Oyetunde	13.8		20pts
100m	Albert Ajetunmobi	13.6		14pts	Elijah Onilogbo	13.7		13pts
200m	Joey Colyer	29.0		15pts	Henry McMullen	29.2		14pts
300m	Harrison Menere	47.7		11pts	Wajud Ismael	44.3		16pts
800m	Jacob Fuller	2:24.0		22pts				
1500m	Jake Borg	5:42.0		11pts	Luke Berry	4:54.0		23pts
Long_Jump	Joey Colyer	3.82		10pts	Elijah Onilogbo	3.91		11pts
High_Jump	Jake Borg	1.32		14pts	Tomi Oyetunde	1.50		20pts
Triple_Jump	Albert Ajetunmobi	9.84		18pts	Adetumi Yesefu	9.21		15pts
Pole_Vault								
Shot					Kamsi Ezeh	8.80		15pts
Discus	Jacob Fuller	19.15		13pts	Henry McMullen	15.22		9pts
Javelin	Jude Smalley	22.46		15pts	Luke Berry	23.69		16pts
Hammer	Harrison Menere	23.97		16pts				
Relay	<u>Oscar Dearle , Adetumi Yesefu , Kamsi Ezeh , Wajud Ismael</u>					59.5		13pts

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Junior Boys

4 : 354pts : The Appleton School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Sidney Turner-Brown	13.7		21pts					
100m	DJ Wensley	13.8		13pts	Lewis Appiah Assante	13.7		13pts	
200m	Aaron Amobi	30.1		12pts	Taylor Raymond	29.7		13pts	
300m	Louie Clarke	50.5		7pts	Kenny Hicks	47.6		11pts	
800m	Louis Hambleton	2:35.0		18pts	Elliot Cater	2:28.0		21pts	
1500m	Ayyaan Tariq	5:47.0		10pts	Harry Hughes	6:00.0		8pts	
Long_Jump	Ayyaan Tariq	3.96		11pts	Louis Hambleton	4.34		15pts	
High_Jump	Laim Coleman	1.32		14pts	Taylor Raymond	1.38		16pts	
Triple_Jump	Aaron Amobi	9.00		14pts	Lewis Appiah Assante	9.61		17pts	
Pole_Vault					Harry Hughes	2.10		15pts	
Shot	DJ Wensley	9.22		17pts	Danny Sullivan	9.73		18pts	
Discus	Louie Clarke	22.35		16pts	Finley Heywood	17.06		11pts	
Javelin	Sidney Turner-Brown	23.70		16pts	Kenny Hicks	19.42		12pts	
Hammer									
Relay	<u>Laim Coleman , Finley Heywood , Danny Sullivan , Elliot Cater</u>						58.4		15pts

5 : 346pts : St Thomas More High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Harvey Chambers	13.5		22pts	Elliot Brackenbury	14.2		18pts	
100m	Logan Lowry	14.1		11pts	Kyle Mutiwasekwa	14.9		7pts	
200m	Lewis Anaglavi	26.6		21pts	Hayden Scott	29.3		14pts	
300m	Immanuel Tan	44.3		16pts	Jacob Thomas	45.5		14pts	
800m	Teddy Mullin	2:51.0		13pts	Ozzie Nicholls	2:40.0		17pts	
1500m									
Long_Jump	Hayden Scott	4.56		17pts	Elliot Brackenbury	4.17		13pts	
High_Jump	Luchi Genovese Wheeler	1.23		11pts	Logan Lowry	1.29		13pts	
Triple_Jump	Harvey Chambers	9.71		17pts	Lewis Anaglavi	8.82		13pts	
Pole_Vault									
Shot	Sean Chikamata	10.61		21pts	Harry Morgan	7.09		9pts	
Discus	Jacob Thomas	24.00		18pts	Immanuel Tan	16.37		10pts	
Javelin	Ozzie Nicholls	12.29		5pts	Teddy Mullin	21.59		14pts	
Hammer	Luis Garcia	22.12		15pts	Kyle Mutiwasekwa	24.50		17pts	
Relay	<u>Luchi Genovese Wheeler , Sean Chikamata , Harry Morgan , Luis Garcia</u>						DQ		0pts

6 : 342pts : The King Edmund School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Elliot Potter	16.8		6pts	Vinnie Lee	15.4		12pts	
100m	Brandon Karabulut	12.6		24pts	Lenny Emmons	13.4		16pts	
200m	Louie Atherton	29.2		14pts	Connor Dobson	27.5		18pts	
300m	Jacob Hanson	45.7		14pts	Duke Pearmain	41.8		21pts	
800m	Sid Suchley	2:45.0		15pts	Freddie Forward	2:42.0		16pts	
1500m	Arthur Ali	5:07.0		20pts	Zac Collins	5:34.0		13pts	
Long_Jump	Arthur Ali	4.23		14pts	Vinnie Lee	4.29		14pts	
High_Jump									
Triple_Jump	Elliot Chillele	7.22		1pts	Duke Pearmain	9.95		18pts	
Pole_Vault									
Shot	Brandon Karabulut	12.20		27pts	Costa Kolic	6.78		8pts	
Discus	Jacob Hanson	NM		0pts	Connor Dobson	20.38		14pts	
Javelin	Louie Atherton	23.78		16pts	Freddie Forward	13.67		6pts	
Hammer	Elliot Potter	18.71		11pts	Lenny Emmons	19.97		12pts	
Relay	<u>Sid Suchley , Costa Kolic , Elliot Chillele , Zac Collins</u>						61.0		12pts

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Junior Boys

7 : 316pts : King Edward VI Grammar School Chelmsford, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Joshua Chukwuma	14.4		17pts	Caden James	16.8		6pts
100m	Anoush Sanjeev	13.0		20pts	Adam Staunton	13.6		14pts
200m	Zhi Cheng Lin	30.2		12pts	Bradley Boateng	29.6		13pts
300m	Matt Umejiego	45.5		14pts	George Marshall	46.8		12pts
800m	Matthew Meadows	2:21.0		23pts	Seb Cook	2:40.0		17pts
1500m	Jamie Gilbey	5:17.0		17pts	Joshua Dalton	4:58.0		22pts
Long_Jump	Anoush Sanjeev	4.77		19pts	Caden James			
High_Jump	Joshua Dalton	1.11		7pts	Adam Staunton	1.17		9pts
Triple_Jump	Zhi Cheng Lin	8.59		11pts	George Marshall	8.18		9pts
Pole_Vault								
Shot	Joshua Chukwuma	8.03		13pts	Matt Umejiego	7.26		10pts
Discus	Ryan Dube	14.28		8pts	Bradley Boateng	16.76		11pts
Javelin	Matthew Meadows	19.71		12pts	Nathaniel Vickers	17.85		10pts
Hammer								
Relay	<u>Seb Cook , Jamie Gilbey , Ryan Dube , Nathaniel Vickers</u>					62.2		10pts

8 : 280pts : The Sandon School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Edward Lovegrove	15.9		10pts	Harry Stapleton	16.1		9pts
100m	George Guinan	13.3		17pts	Akolade Adesegha	15.0		7pts
200m	Jacob Orgles	30.6		11pts	Tyler Burke	30.1		12pts
300m	Luke Morgan	51.2		6pts	Sebastian Ford	49.3		8pts
800m	Toby Cooke	2:48.0		14pts	Reggie Moore	2:35.0		18pts
1500m	Ebenzer Onibonoje	5:38.0		12pts	Riley Pouslon	5:32.0		14pts
Long_Jump	George Guinan	4.42		16pts	Tyler Burke	4.67		18pts
High_Jump	Jacob Orgles	1.20		10pts	Ebenzer Onibonoje	1.20		10pts
Triple_Jump	Alex Sands	7.98		8pts	Riley Pouslon	8.86		13pts
Pole_Vault								
Shot	Akolade Adesegha	8.53		14pts	Sebastian Ford	9.22		17pts
Discus	Tom Barker	14.71		9pts	Harry Stapleton	16.59		11pts
Javelin	Luke Morgan	NM		0pts	Reggie Moore	12.02		5pts
Hammer								
Relay	<u>Edward Lovegrove , Toby Cooke , Alex Sands , Tom Barker</u>					61.4		11pts

9 : 273pts : Becket Keys Cof E School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Sam Northcott	15.8		10pts	Sonny Perera	16.7		6pts
100m					Patrick Barden	14.9		7pts
200m	Ben Morden	28.9		15pts	Ollie Everitt	32.9		5pts
300m	Jake Allen	47.4		11pts	Louis Hayes	49.0		9pts
800m	James Stevens	2:31.0		20pts	Peter Neall	2:36.0		18pts
1500m	Josh McCann	5:17.0		17pts	Alfie Kinnear	5:29.0		14pts
Long_Jump	Ben Morden	3.38		5pts	Sonny Perera	3.32		5pts
High_Jump	Sam Northcott	1.35		15pts	Patrick Barden	1.29		13pts
Triple_Jump	Oliver Poultney	8.89		13pts	Louis Hayes	7.42		3pts
Pole_Vault								
Shot	Louie Newnham	9.66		18pts	Ollie Everitt	6.10		6pts
Discus	Jake Allen	15.03		9pts	Peter Neall	19.39		13pts
Javelin	James Stevens	22.43		15pts	Will Tasker	19.15		12pts
Hammer								
Relay	<u>Louie Newnham , Josh McCann , Alfie Kinnear , Will Tasker</u>					58.6		14pts

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Junior Boys

10 : 272pts : Mayflower High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Adriaan Le Roux	DNF		0pts	Ethan Lewis	17.1		5pts
100m	Danny Patel	14.2		11pts	Archie Wallace	14.2		11pts
200m	Jayden Owusu	28.3		16pts	Ethan Price	28.5		16pts
300m	Dylan Foley	44.3		16pts	Adam Savvas	49.2		8pts
800m	Dominic Grant	2:28.0		21pts	Freddie Wallace	2:20.0		23pts
1500m	Luke Wheaton	5:30.0		14pts	Harry Daley	5:20.0		17pts
Long_Jump	Danny Patel	3.57		7pts	Freddie Wallace			
High_Jump	Jayden Owusu	1.35		15pts	Ethan Lewis	1.29		13pts
Triple_Jump	Harry Daley	NM		0pts	Adam Savvas	7.62		5pts
Pole_Vault								
Shot	Adriaan Le Roux	7.96		12pts	Liam Sonnet	5.57		4pts
Discus	Dylan Foley	20.10		14pts	Ethan Price	16.47		10pts
Javelin	Henry Worley smith	21.70		14pts	Archie Wallace	17.08		10pts
Hammer								
Relay	<u>Dominic Grant , Luke Wheaton , Henry Worley smith , Liam Sonnet</u>					63.0		10pts

11 : 267pts : Beauchamps High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Edgar Aucott	17.1		5pts	Charlie Mckenna	15.6		11pts
100m	George Jordon	13.6		14pts	Riley Victory	14.3		10pts
200m	Kairon Mills	26.5		21pts	Charlie Robertson	30.7		10pts
300m	Noah Quarrell	45.0		15pts				
800m	Kyan Dickson	2:44.0		15pts	Stanley Brown	2:27.0		21pts
1500m	Mitchell Gerchen	5:04.0		21pts	Oliver Morgan	5:26.0		15pts
Long_Jump	Mitchell Gerchen	3.41		6pts	Riley Victory	3.94		11pts
High_Jump	Kairon Mills	1.11		7pts	Charlie Mckenna	1.17		9pts
Triple_Jump	Kyan Dickson	8.19		9pts	Oliver Morgan	7.37		2pts
Pole_Vault								
Shot	Charlie Robertson	7.12		10pts	Thomas Dawes	5.54		4pts
Discus	George Jordon	12.28		6pts	Zack Smart	14.99		9pts
Javelin	Edgar Aucott	11.58		4pts	Callum Leworthy	24.02		17pts
Hammer								
Relay	<u>Stanley Brown , Zack Smart , Callum Leworthy , Thomas Dawes</u>					58.4		15pts

12 : 217pts : St Martin's School Brentwood, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ben Erskine	16.8		6pts	Lucas Reeves	18.8		0pts
100m	Reggie Wood	14.2		11pts	Stanley Laming	DNF		0pts
200m	Remon Chambers-Ricahrd	27.1		19pts	Joseph Adebayo	29.9		12pts
300m	Ayomide Durojaiye	46.2		13pts	Luke Winters	49.3		8pts
800m	Freddie Maskell	2:46.0		15pts	Ben Anderson	2:54.0		12pts
1500m	Marcus Juganaru	5:44.0		11pts	Thomas Anderson	6:13.0		6pts
Long_Jump	Freddie Maskell	4.05		12pts	Stanley Laming	3.31		5pts
High_Jump	Ben Anderson	1.32		14pts	Thomas Anderson	1.20		10pts
Triple_Jump	Reggie Wood	7.75		6pts	Luke Winters	NM		0pts
Pole_Vault								
Shot	Finn Mclachan	7.22		10pts	Josh Caddy	6.10		6pts
Discus	Ayomide Durojaiye	13.06		7pts	Joseph Adebayo	21.18		15pts
Javelin	Lucas Reeves	NM		0pts	Remon Chambers-Ricahrd	15.65		8pts
Hammer								
Relay	<u>Ben Erskine , Marcus Juganaru , Josh Caddy , Finn Mclachan</u>					61.3		11pts

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Junior Boys

13 : 191pts : Cecil Jones Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Sam Lyddiatt	15.1		14pts	Ronnie Noble	15.5		12pts	
100m	Dylan Bishop	14.9		7pts	Abdul Waheed	14.2		11pts	
200m	Marshall Wolowiec	31.1		9pts	Alfie Yates	30.6		11pts	
300m	Louie Holloway	48.4		10pts	Leighton Guzha	55.4		2pts	
800m	Sam Lowry	3:20.0		4pts	Cagan Ozden	2:40.0		17pts	
1500m	Findly Johnston	5:55.0		9pts					
Long_Jump	Sam Lyddiatt				Ronnie Noble	3.08		2pts	
High_Jump	Sam Lowry	1.26		12pts	Dylan Bishop	1.11		7pts	
Triple_Jump	Ryan Griffiths	NM		0pts	Abdul Waheed	7.36		2pts	
Pole_Vault									
Shot					Louie Holloway	5.78		5pts	
Discus	Leighton Guzha	13.61		7pts	-	NM		0pts	
Javelin	Marshall Wolowiec	29.98		22pts	Ruben Mitchell	9.93		2pts	
Hammer					Oscar Gargin	23.61		16pts	
Relay	<u>Oscar Gargin , Findly Johnston , Ruben Mitchell , Cagan Ozden</u>							62.7	10pts

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Intermediate Boys

1 : 546pts : Southend High School for Boys, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Freddie Ashworth	12.3		23pts	Henry Grange	11.9		25pts
100m	Harry Dove	12.2		21pts	Semi Osiniwo	12.6		17pts
200m	Jeremy Andersen	25.4		19pts	Lloyd Uwadiae	25.8		18pts
300m	Ugo Godwin	39.8		22pts	Dylan Wilson	40.0		21pts
800m	Oscar Dove	2:15.0		22pts	Louis Morrison	2:22.0		19pts
1500m	Jude Hearn	4:29.0		24pts				
Long_Jump	Harry Dove	5.74		22pts	Dylan Wilson	5.34		18pts
High_Jump	Freddie Ashworth	1.59		19pts	Louis Morrison	1.68		22pts
Triple_Jump	Ugo Godwin	12.27		23pts	Lloyd Uwadiae	11.66		20pts
Pole_Vault					Henry Grange	3.30		25pts
Shot	Jeremy Andersen	14.16		29pts	Semi Osiniwo	11.52		21pts
Discus	-				Oscar Kittle	33.42		24pts
Javelin	Oscar Walls	43.44		22pts	-			
Hammer	Oscar Dove	48.82		29pts	Alex Brigden	44.01		26pts
Relay	<u>Jude Hearn , Oscar Kittle , Alex Brigden , Oscar Walls</u>					53.7		15pts

2 : 512pts : The Eastwood Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Zach Norris	11.7		26pts	Adam Jell	11.7		26pts
100m	Cameron Nevil-Blaize	11.9		24pts	Jack Mayot	12.9		14pts
200m	Jerome Whiteley	23.5		26pts	Josh High	26.7		15pts
300m	Oscar Claxton	37.8		27pts	Rocci Williams	39.1		23pts
800m	Ryan Weir	2:26.0		17pts	Aydan Holland	2:06.0		26pts
1500m	Harley Greenfield-Gormer	4:35.0		23pts	Harry Buttifant	4:42.0		21pts
Long_Jump	Cameron Nevil-Blaize	5.63		21pts	Aydan Holland	5.94		24pts
High_Jump	Zach Norris	1.47		15pts	Harvey Anteh	1.53		17pts
Triple_Jump	Jerome Whiteley	11.26		18pts	Adam Jell	11.82		21pts
Pole_Vault					Josh High	3.45		26pts
Shot	Ryan Weir	9.91		15pts	Rocci Williams	9.57		14pts
Discus	Oscar Claxton	23.35		14pts	Jack Mayot	26.09		17pts
Javelin	-				-			
Hammer	Ben Pacey	36.89		22pts	-			
Relay	<u>Harley Greenfield-Gormer , Harry Buttifant , Harvey Anteh , Ben Pacey</u>					50.3		20pts

3 : 422pts : St Thomas More High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ummeli Moyo	13.6		17pts	David Femi-Alade	13.5		17pts
100m	Ola Gbadebo	12.2		21pts	David Bajela	11.4		29pts
200m	Maxwell Adeosun	24.2		23pts	Joel Ladegbaye	24.4		22pts
300m	Bradley Anaglavi	38.4		25pts	Divine Madueke	41.3		18pts
800m	Luke Tiller	2:17.0		21pts	Praise Likolo	2:30.0		16pts
1500m								
Long_Jump	David Bajela	6.21		27pts	Ummeli Moyo	5.42		19pts
High_Jump	Maxwell Adeosun	1.59		19pts	Divine Madueke	1.41		13pts
Triple_Jump	David Femi-Alade	11.96		21pts	Joel Ladegbaye	10.40		14pts
Pole_Vault								
Shot	Anaya Amoh	10.44		17pts	Bradley Anaglavi	8.49		10pts
Discus	Praise Likolo	21.22		12pts	Ola Gbadebo	18.72		10pts
Javelin	Raph Cohen	33.39		16pts	Luke Tiller	29.29		13pts
Hammer	Ohega Igiri	18.18		8pts	Josh Davies	14.16		4pts
Relay	<u>Raph Cohen , Ohega Igiri , Josh Davies , Anaya Amoh</u>					57.8		10pts

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Intermediate Boys

4 : 377pts : St Martin's School Brentwood, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ralph Phillips	13.6		17pts	Adam Sewell	13.8		16pts
100m	Joseph Perrira	12.9		14pts	Sean Prelli	13.1		12pts
200m	Dylan Hodges	27.8		11pts	Dexter Jones	26.6		15pts
300m	Dan Fadiora	41.5		17pts	Kwesi Djokata	41.6		17pts
800m	Marvelous Ojo	2:14.0		22pts	Ethan Leslie	2:25.0		18pts
1500m	Ritchy Biyekele	4:46.0		20pts				
Long_Jump	Joseph Perrira	5.40		19pts	Ralph Phillips	4.39		8pts
High_Jump	Ritchy Biyekele	1.65		21pts	Dexter Jones	1.47		15pts
Triple_Jump	Marvelous Ojo	9.74		10pts	Sean Prelli	10.26		13pts
Pole_Vault								
Shot	Dan Bacchi	8.21		10pts				
Discus	Dan Fadiora	25.26		16pts	Dylan Hodges	23.85		15pts
Javelin	Fakhir Mehdi	31.66		15pts	Ethan Leslie	33.55		16pts
Hammer	Kwesi Djokata	23.63		13pts	Elandre Ereku	21.22		11pts
Relay	<u>Elandre Ereku , Dan Bacchi , Fakhir Mehdi , Adam Sewell</u>					53.1		16pts

5 : 367pts : The King John School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Henry Mills	13.2		19pts				
100m	Ellis Lyons	12.9		14pts	Oliver Plumb	12.1		22pts
200m	Jason Ugwo	26.5		15pts	Eniola Dada	27.5		12pts
300m	Bryce Davis	41.1		18pts	Emmanuel Oladeru	53.1		1pts
800m	Samuel Ofori	2:31.0		16pts	Alfie Ogilvie	2:19.0		20pts
1500m					Kieran Crighton	4:42.0		21pts
Long_Jump	Ellis Lyons	5.39		18pts	Alfie Ogilvie	4.98		14pts
High_Jump	Joel Emeshe	1.44		14pts	Emmanuel Oladeru	1.35		11pts
Triple_Jump	Jason Ugwo	9.48		9pts	Eniola Dada	8.71		5pts
Pole_Vault								
Shot	Samuel Ofori	8.59		11pts	Paul Odukogbe	9.21		13pts
Discus	Bryce Davis	29.08		20pts				
Javelin	Henry Mills	29.46		13pts	Harry Wilkinson	36.84		18pts
Hammer	Jadan Adeusi	37.62		22pts	Oliver Plumb	34.12		20pts
Relay	<u>Jadan Adeusi , Joel Emeshe , Harry Wilkinson , Kieran Crighton</u>					50.2		21pts

6 : 340pts : The Sandon School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Fin Moore	11.7		26pts	William Brown	14.1		14pts
100m	Gavril Mills	12.8		15pts	Oliver Stern	12.9		14pts
200m	Albie Thompson	26.8		14pts	Tom Pain	26.9		14pts
300m	Clark-Junior Viernes	39.4		23pts	Tomi Akintoye	44.1		12pts
800m	Dominic Glover	2:33.0		15pts	Sam Harvey	2:41.0		12pts
1500m	Alfie Webb	5:16.0		14pts	Reece Cox	5:11.0		15pts
Long_Jump	Fin Moore	4.41		9pts	Gavril Mills	3.97		4pts
High_Jump	Alfie Webb	1.47		15pts	Tomi Akintoye	1.38		12pts
Triple_Jump	Clark-Junior Viernes	10.87		16pts	Tom Pain	10.01		12pts
Pole_Vault								
Shot	Dominic Glover	11.33		20pts	Sam Harvey			
Discus	Harry Ambor	23.45		14pts	Oliver Stern	17.07		8pts
Javelin	William Brown	28.68		13pts	Benny Mahoney	32.73		15pts
Hammer	-				-			
Relay	<u>Reece Cox , Harry Ambor , Benny Mahoney , Albie Thompson</u>					53.9		14pts

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Intermediate Boys

7 : 332pts : The Appleton School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Lian Bernardo	13.4		18pts	Chase Eaten	14.0		15pts	
100m	Michael Akinlade	13.7		8pts	Stanley Sycamore	13.1		12pts	
200m	Wade Morrissey	25.3		19pts	Lewis Frasle-Barry	26.5		15pts	
300m	Ahmed Taha	43.3		13pts	Lennon Attew	44.7		11pts	
800m	William De Fretas	2:30.0		16pts	Ben Gladman	2:36.0		14pts	
1500m					Templeton Spreadborough	5:22.0		13pts	
Long_Jump	Michael Akinlade	4.43		9pts	Lewis Frasle-Barry	5.05		15pts	
High_Jump	Wade Morrissey	1.53		17pts	Chase Eaten	1.44		14pts	
Triple_Jump	Lian Bernardo	11.61		20pts	Stanley Sycamore	9.73		10pts	
Pole_Vault									
Shot	Ahmed Taha	9.41		14pts	Jacob Hill	9.25		13pts	
Discus	Lewis Jones	NM		0pts	Lennon Attew	20.49		11pts	
Javelin	Ben Gladman	32.12		15pts	Templeton Spreadborough	24.68		10pts	
Hammer	Preston Downing	31.24		19pts	-				
Relay	William De Fretas , Lewis Jones , Preston Downing , Jacob Hill							56.8	11pts

8 : 324pts : Beauchamps High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Finley Greve	15.0		10pts	Tyler Sudbury	12.4		23pts	
100m	Bayley Denham	13.2		11pts					
200m	Jack Doward	26.6		15pts					
300m	Luke Kelly	40.2		21pts	George King	41.0		19pts	
800m	Ernest Solims	2:33.0		15pts	Harry Carter	2:37.0		14pts	
1500m	Troy Austin	4:43.0		21pts	Finley Cornwell	5:03.0		17pts	
Long_Jump	Finley Greve	4.14		6pts	Finley Cornwell	4.43		9pts	
High_Jump	Bayley Denham	1.50		16pts	Tyler Sudbury	1.47		15pts	
Triple_Jump	Luke Kelly	10.22		13pts	-				
Pole_Vault									
Shot	Jack Doward	7.55		7pts	George King	8.11		9pts	
Discus	Jaylee Archer	22.36		13pts	Oliver Jackson	21.31		12pts	
Javelin	Troy Austin	5.46		0pts	Harry Carter	27.66		12pts	
Hammer	Harrison Chester	24.21		14pts	Ernest Solims	26.53		16pts	
Relay	George Campling , Oliver Jackson , Harrison Chester , Jaylee Archer							53.1	16pts

9 : 303pts : The King Edmund School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Oscar Saggars	14.7		11pts	Finley Mahoney	14.1		14pts	
100m	Tyler Mendoza	13.2		11pts	Frankie Bones	13.8		7pts	
200m	Ezra McRae-Cook	28.1		11pts	Henry Threadgold	25.1		20pts	
300m	Daniel Scotchford	45.4		10pts	Fayyaz Rahman	44.5		11pts	
800m	Finley Smith	2:25.0		18pts	Tommy Mahoney	2:27.0		17pts	
1500m					Charles Pennells	5:24.0		13pts	
Long_Jump	Cameron Pennells	4.78		12pts	Fayyaz Rahman	5.01		15pts	
High_Jump	Finley Mahoney	1.38		12pts	Frankie Bones	1.38		12pts	
Triple_Jump	Daniel Scotchford	10.21		13pts	Henry Threadgold	10.96		16pts	
Pole_Vault									
Shot	Harrison Waller	8.47		10pts	Tommy Mahoney	6.81		5pts	
Discus	Tyler Mendoza	26.15		17pts	Dylan Kent	24.97		16pts	
Javelin	Ezra McRae-Cook	24.16		10pts	Charles Pennells	21.98		8pts	
Hammer	-				-				
Relay	Finley Smith , Harrison Waller , Dylan Kent , Oscar Saggars							53.9	14pts

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Intermediate Boys

10 : 293pts : Mayflower High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Will Stansfield	14.0		15pts	Toby Munro	15.7		6pts	
100m	Jack Warren-Gunn	12.9		14pts	Alfie Lowry	12.5		18pts	
200m	Archie Austin	25.9		17pts	Marcus Slater	28.6		9pts	
300m					Louis Bannister	46.4		8pts	
800m	Max Langshaw	2:26.0		17pts	Will Clements	2:22.0		19pts	
1500m	Harry Alsemgeest	5:12.0		15pts	Mason Grant	4:44.0		21pts	
Long_Jump	Max Langshaw	3.72		2pts	Mason Grant	3.32		0pts	
High_Jump	Jack Warren-Gunn	1.56		18pts	Marcus Slater	1.41		13pts	
Triple_Jump	Harry Alsemgeest	8.45		4pts	Louis Bannister	8.91		6pts	
Pole_Vault									
Shot	Josh Ball	9.42		14pts	Alfie Lowry	9.29		13pts	
Discus	Will Stansfield	19.23		10pts	Toby Munro	19.07		10pts	
Javelin	Declan Herholt	32.58		15pts	Freddie Bayliss	31.48		14pts	
Hammer	-				-				
Relay	Will Clements , Archie Austin , Josh Ball , Freddie Bayliss							53.4	15pts

11 : 240pts : The Cornelius Vermuyden School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Drake Smith-Watkins	17.1		0pts					
100m	Ashton Marson	12.8		15pts	Jack Weston	13.4		9pts	
200m	Ashton Blake	28.7		9pts	Reggie Buckingham	29.1		8pts	
300m	Thomas Crumpton	41.7		17pts	Alfie Buckingham	43.1		13pts	
800m									
1500m	Joe Princiotta-Halls	5:05.0		17pts					
Long_Jump	Reggie Buckingham	4.49		9pts	Alfie Buckingham	4.57		10pts	
High_Jump	Ashton Marson	1.47		15pts	Ashton Blake	1.47		15pts	
Triple_Jump									
Pole_Vault									
Shot	Louis Martin	8.38		10pts	Jack Weston	9.08		12pts	
Discus	Dexter White	28.71		20pts	Thomas Crumpton	24.99		16pts	
Javelin	Drake Smith-Watkins	26.64		11pts	Louis Bushell	22.85		9pts	
Hammer	Harry Dolby	17.29		7pts	George Robertson	18.13		8pts	
Relay	George Robertson , Louis Bushell , Louis Martin , Joe Princiotta-Halls							57.4	10pts

12 : 208pts : Cecil Jones Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Louie Armstrong	15.6		7pts					
100m	Yemi Owonifari	13.9		7pts	Paul Boyd	13.8		7pts	
200m	Ryan Potter	26.8		14pts	Corban Graham	26.4		16pts	
300m	Carlos Jardim	47.6		7pts	James Morgan	49.4		5pts	
800m	Lorent Ferizi	2:26.0		17pts	Brajan Kwiek	2:45.0		11pts	
1500m									
Long_Jump	Ryan Potter	4.81		13pts	Paul Boyd	3.55		1pts	
High_Jump	Yemi Owonifari	1.50		16pts	Chanul Senevirathnege	1.47		15pts	
Triple_Jump	Louie Armstrong				James Morgan	8.95		0pts	
Pole_Vault									
Shot	Lorent Ferizi	9.22		13pts	Corban Graham	9.95		15pts	
Discus	Carlos Jardim	NM		0pts	Christian Karani	15.60		7pts	
Javelin	Mark Rajapaksha	18.48		6pts	Brajan Kwiek	26.83		11pts	
Hammer	Ronnie Fuller	19.47		9pts	Zachary Stacey	21.93		11pts	
Relay	Ronnie Fuller , Zachary Stacey , Christian Karani , Mark Rajapaksha							67.4	0pts

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Junior Girls

1 : 392pts : The Eastwood Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Eva Baxter	13.1		23pts	Felicity Wilson	13.2		23pts	
100m	alba Newton	14.2		17pts	Evie Laing	14.8		13pts	
200m	Heidi Whatton	28.4		23pts	Elsie Rae Burrell	29.6		19pts	
300m	Daisy Nicholson	49.6		14pts					
800m	Nancy Argent	2:41.0		24pts	Katie Carver	2:41.0		24pts	
1500m	Camille Catling	5:28.0		25pts	Lilia Noreika	5:50.0		21pts	
Long_Jump	Heidi Whatton	4.11		16pts	Evie Laing	4.15		17pts	
High_Jump	Nancy Argent	1.29		17pts	Felicity Wilson	1.32		18pts	
Triple_Jump									
Pole_Vault	Eva Baxter	2.00		20pts					
Shot	Daisy Nicholson	5.50		10pts	Grace Enhimowo	7.52		18pts	
Discus	alba Newton	21.40		21pts	Lilia Noreika	12.40		9pts	
Javelin	-				-				
Hammer									
Relay	<u>Grace Enhimowo , Elsie Rae Burrell , Katie Carver , Camille Catling</u>						59.0		20pts

2 : 358pts : Southend High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles					Alice Bater	13.7		20pts	
100m	Betsy Chuks	15.4		10pts	Glory Akintunde	14.3		16pts	
200m	Lola Turner	29.8		18pts	Tobenna Okoroafor	31.1		14pts	
300m	Abigail Babalola	47.0		19pts	Yo'Elle Eric-Odoi	51.1		12pts	
800m	Sadie Owen	2:43.0		23pts	Mila Cubeddu	2:45.0		23pts	
1500m	Anna Regan	5:48.0		22pts	Orla Bowd	5:24.0		26pts	
Long_Jump					Tobenna Okoroafor	4.28		18pts	
High_Jump	Abigail Babalola	1.26		16pts	Mila Cubeddu	1.26		16pts	
Triple_Jump									
Pole_Vault									
Shot	Betsy Chuks	8.14		21pts	Yo'Elle Eric-Odoi	7.08		16pts	
Discus	Jemima Hearn	20.25		20pts	Glory Akintunde	18.75		18pts	
Javelin	Anna Regan	5.96		0pts	Alice Bater	13.09		10pts	
Hammer									
Relay	<u>Jemima Hearn , Sadie Owen , Orla Bowd , Lola Turner</u>						58.8		20pts

3 : 311pts : St Martin's School Brentwood, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Gabriella Eid	15.7		12pts	Gabriella Boxall	17.2		7pts	
100m	Ava Hughes	15.5		9pts	Molly Taunton	15.3		10pts	
200m	Katie Lowe	27.9		25pts	Ava Woolf	31.8		12pts	
300m	Fleur Bennett	49.4		15pts					
800m	Erin Kelly	2:23.0		31pts	Eliza Hobden	2:46.0		22pts	
1500m	Hattie Blackburn	5:36.0		24pts	Darcey Wallis	5:46.0		22pts	
Long_Jump	Katie Lowe	3.96		14pts	Fleur Bennett	3.96		14pts	
High_Jump	Gabriella Boxall	1.14		12pts	Molly Taunton	1.14		12pts	
Triple_Jump									
Pole_Vault									
Shot	Isabelle Adams	8.45		23pts	Ava Hughes	5.08		8pts	
Discus	Gabriella Eid	17.08		16pts	Ava Woolf	12.01		9pts	
Javelin	Eliza Hobden	5.25		0pts	-				
Hammer									
Relay	<u>Darcey Wallis , Hattie Blackburn , Isabelle Adams , Erin Kelly</u>						62.9		14pts

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Junior Girls

4 : 307pts : The King John School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Ava-Rose Waldron	13.9		20pts	Mercy Bakonsa	15.4		10pts
200m	Mia Duffield	30.1		17pts	Millie Swan	31.9		11pts
300m	Ryden Smith	51.1		12pts	Demi Hughes	54.3		8pts
800m	Ava Earle	3:05.0		16pts	Molly Fenton	2:50.0		21pts
1500m	Loella Bull-Smith	5:45.0		22pts	Holly Shepherd	5:46.0		22pts
Long_Jump	Ava-Rose Waldron	4.25		18pts	Holly Shepherd	4.00		15pts
High_Jump	Ava Earle	1.20		14pts	Amber Longman	1.32		18pts
Triple_Jump								
Pole_Vault								
Shot	Josie Atkins	6.97		15pts	Mercy Bakonsa	4.98		8pts
Discus	Ryden Smith	12.90		10pts	Millie Swan	12.96		10pts
Javelin	Loella Bull-Smith	14.95		12pts	Molly Fenton	14.43		12pts
Hammer								
Relay	<u>Mia Duffield , Amber Longman , Josie Atkins , Demi Hughes</u>					61.3		16pts

5 : 291pts : The Appleton School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Jazmine Abott	14.8		15pts	Mia Randall	15.0		12pts
200m	Sienna Moore	15.5		9pts				
300m	Aliyah Brown	32.5		10pts	Jaiden Robinson	52.1		11pts
800m	Rosa Brin	54.2		9pts	Gilberta Biney	3:06.0		16pts
1500m	Tayleigh Cross	2:44.0		23pts	Isabella Ungureanu	5:38.0		23pts
Long_Jump	Demitria Robinson	5:49.0		21pts	Jaiden Robinson	4.16		17pts
High_Jump	Jazmine Abott	3.84		13pts	Isabella Ungureanu	1.20		14pts
Triple_Jump	Tayleigh Cross	1.20		14pts				
Pole_Vault								
Shot	Aliyah Brown	5.98		11pts	Omotalani Babtunde	7.11		16pts
Discus	Sienna Moore	10.98		7pts	Rosie Smith	17.89		17pts
Javelin	Rosa Brin	14.77		12pts	Mia Randall	13.26		10pts
Hammer								
Relay	<u>Demitria Robinson , Rosie Smith , Omotalani Babtunde , Gilberta Biney</u>					64.9		11pts

6 : 253pts : Grays Convent High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Adeola Thompson	17.2		7pts	Kayla Edwards	16.0		7pts
200m	Ebere Nwachor	14.4		15pts	Eve Boateng	30.4		16pts
300m	Millie Mansfield	28.5		23pts	Roula Kannarachos-Freese	56.3		6pts
800m	Tia Gize-Uwakwe	71.4		0pts	Myleen Pham	3:03.0		17pts
1500m	Molly Garner	6:37.0		13pts	Arielle Bourne	7:13.0		7pts
Long_Jump	Millie Mansfield	4.70		24pts	Myleen Pham	3.31		8pts
High_Jump	Eve Boateng	1.23		15pts	Kayla Edwards	1.23		15pts
Triple_Jump								
Pole_Vault								
Shot	Mary Lawson	7.10		16pts	Mary Dapio-Ounbiyi	4.75		7pts
Discus	Tia Gize-Uwakwe	18.37		17pts	Roula Kannarachos-Freese	14.07		12pts
Javelin	Adeola Thompson	10.38		6pts	Molly Garner	11.05		7pts
Hammer								
Relay	<u>Arielle Bourne , Mary Lawson , Mary Dapio-Ounbiyi , Ebere Nwachor</u>					62.3		15pts

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Junior Girls

7 : 239pts : Becket Keys Cof E School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Evie Abbott	13.5		21pts	Pollyanna Fetherston	16.1		10pts
100m	Jasmine-Rose Sultanti	15.9		7pts	Kessiah Kinghorn	15.0		12pts
200m	Ffion Cole	30.5		16pts	Vienna Hayes	35.0		5pts
300m	Betsy Winney	48.3		16pts				
800m					Charlotte Hodgson	2:58.0		18pts
1500m					-	5:57.0		20pts
Long_Jump	Jasmine-Rose Sultanti	3.20		7pts	Pollyanna Fetherston	3.41		9pts
High_Jump	Ffion Cole	1.26		16pts	Charlotte Hodgson	NM		0pts
Triple_Jump								
Pole_Vault								
Shot	Evie Abbott	7.02		16pts	Zaray Amachree	6.07		12pts
Discus	Tiana Abraham	15.06		13pts	Harriet Garlick	10.23		7pts
Javelin	Betsy Winney	11.06		7pts	Vienna Hayes	13.82		11pts
Hammer								
Relay	<u>Tiana Abraham , Kessiah Kinghorn , Allegra Sawkins , Zaray Amachree</u>					61.3		16pts

8 : 236pts : The Sandon School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Frankie Hopper	16.7		8pts	Evie Moore	16.1		10pts
100m	Nina Hall	15.3		10pts	Dion Stacy	16.4		5pts
200m	Orla Farrell	32.8		9pts	Kitty Webber	31.8		12pts
300m								
800m	Cemersu Gunes	3:13.0		13pts	Isla Chaston	3:05.0		16pts
1500m	Phoebe Smith	7:00.0		10pts	Regan Raffell	6:46.0		12pts
Long_Jump	Nina Hall	3.51		10pts	Kitty Webber	3.98		14pts
High_Jump	Phoebe Smith	1.14		12pts	Regan Raffell	1.20		14pts
Triple_Jump								
Pole_Vault								
Shot	Olivia Smih	7.40		18pts	Evie Moore	6.51		13pts
Discus	Frankie Hopper	18.67		18pts	Dion Stacy	14.04		12pts
Javelin	Millie Henderson	11.87		8pts	-			
Hammer								
Relay	<u>Orla Farrell , Olivia Smih , Isla Chaston , Cemersu Gunes</u>					64.4		12pts

9 : 230pts : Mayflower High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lacey Gordon	17.1		7pts	Amy Tear	16.3		10pts
100m	Tara Morafa	15.4		10pts	Chioma Nwobodo	15.0		12pts
200m	Eva Branch	33.2		8pts	Peniel Obienyem	32.0		11pts
300m					Olivia Johnson-Marns	56.6		6pts
800m	Lilly Shepherd	2:58.0		18pts	Anya Smith	3:04.0		16pts
1500m	Lily Peart	6:01.0		19pts	Sophie Bickerstaff	5:50.0		21pts
Long_Jump	Lilly Shepherd	3.10		6pts	Chioma Nwobodo	2.44		0pts
High_Jump	-				Amy Tear	1.17		13pts
Triple_Jump								
Pole_Vault								
Shot	Tara Morafa	7.02		16pts	Peniel Obienyem	6.21		12pts
Discus	Lacey Gordon	11.46		8pts	Olivia Johnson-Marns	18.52		18pts
Javelin	Eva Branch	9.93		6pts	Edith Longlade	8.74		4pts
Hammer								
Relay	<u>Lily Peart , Anya Smith , Sophie Bickerstaff , Edith Longlade</u>					66.4		9pts

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Junior Girls

10 : 217pts : The King Edmund School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ruby Abbott	17.0		7pts	Sofia Dabbs	16.7		8pts
100m	Emily Hallums	14.2		17pts	Mylee Snell	17.3		0pts
200m	Grace Nelson	33.1		8pts	Freya Parkinson	42.0		0pts
300m	Neive Miller	52.9		10pts	Bethany Walls	52.2		11pts
800m	Lexi Harrison	3:13.0		13pts	Erin O'Neil	3:05.0		16pts
1500m								
Long_Jump	Grace Nelson	3.81		13pts	Erin O'Neil	3.95		14pts
High_Jump	Emily Hallums	1.20		14pts	Bethany Walls	1.23		15pts
Triple_Jump								
Pole_Vault								
Shot	Neive Miller	6.78		14pts	Mylee Snell	6.31		13pts
Discus	-				Freya Parkinson	13.85		11pts
Javelin	Ruby Abbott	8.03		3pts	Seanna Roche	9.71		6pts
Hammer					Destiny Ricketts	19.57		15pts
Relay	<u>Lexi Harrison , Sofia Dabbs , Destiny Ricketts , Seanna Roche</u>					66.1		9pts

11 : 209pts : Beauchamps High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles					Isabella Moore	14.9		14pts
100m	Raiyah Zakkour	15.0		12pts	Belle Souter	15.2		11pts
200m	Emily Schlenker	31.0		14pts	Maisie Geddes	32.8		9pts
300m	Kiera Nix	47.1		18pts	Mia Hajowyj	56.5		6pts
800m	Millie Dando	3:25.0		9pts	Heidi Bailey	2:47.0		22pts
1500m					Hollie Baxter	6:23.0		16pts
Long_Jump	Raiyah Zakkour	2.48		0pts	Heidi Bailey	2.40		0pts
High_Jump	Kiera Nix	1.08		10pts	Maisie Geddes	1.05		9pts
Triple_Jump								
Pole_Vault								
Shot	Millie Dando	5.05		8pts	-			
Discus	Daisy Trench	14.43		12pts	Hollie Baxter	8.22		4pts
Javelin	Emily Schlenker	9.85		6pts	Mia Hajowyj	12.57		9pts
Hammer					Katie Clarke	14.60		9pts
Relay	<u>Daisy Trench , Belle Souter , Isabella Moore , Katie Clarke</u>					65.0		11pts

12 : 161pts : The Cornelius Vermuyden School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Madison Dellar	17.8		5pts				
100m	Amira Smith	15.0		12pts	Elsie Jennings	17.1		1pts
200m	Megan Smithers	34.9		5pts				
300m	Nicole Westerberg	59.9		3pts				
800m					Michelle Bushell	3:23.0		10pts
1500m	Amu Budd	6:02.0		19pts	Kayleigh Dellar	6:26.0		15pts
Long_Jump	Megan Smithers	NM		0pts	Evie Dilliway	2.89		3pts
High_Jump	Madison Dellar	1.08		10pts				
Triple_Jump								
Pole_Vault								
Shot	Brooke Dellar	5.77		11pts	Amy Budd	3.42		3pts
Discus	Amira Smith	14.72		12pts	Grace Ash	16.33		15pts
Javelin	Nicole Westerberg	14.61		12pts	Michelle Bushell	16.92		15pts
Hammer								
Relay	<u>Grace Ash , Evie Dilliway , Kayleigh Dellar , Elsie Jennings</u>					65.4		10pts

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Junior Girls

13 : 159pts : Cecil Jones Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Maddison Burman	18.0		4pts	Bella-Mai James	16.7		8pts
100m	Jazmin Duncan	15.2		11pts	Sharnae Smith	15.9		7pts
200m	Sophie Cook	32.7		9pts	Skye Walter	33.0		9pts
300m	Maisie Tyler	64.5		0pts	Rene Nyanhanda	61.1		1pts
800m	Brianne Brown	3:14.0		13pts	Mari Wadda	3:03.0		17pts
1500m	Willow-Rose Dorrington	8:52.0		0pts	Alexis Mensah	7:56.0		0pts
Long_Jump	Maisie Tyler	2.94		4pts	Sharnae Smith	3.08		5pts
High_Jump	Maddison Burman	1.08		10pts	Mari Wadda	1.17		13pts
Triple_Jump								
Pole_Vault								
Shot	Jazmin Duncan	5.17		9pts	Skye Walter	5.96		11pts
Discus	Sophie Cook	13.83		11pts	Alexis Mensah	7.69		3pts
Javelin	Daisey Pooley	8.99		4pts	Bella-Mai James	12.96		10pts
Hammer								
Relay								

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Intermediate Girls

1 : 477pts : Southend High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Martha Zimuto	15.0		15pts	Dakota Sladden	13.2		21pts
100m	Emmanuella Addo	13.9		17pts	Matilda Tsekiri	13.6		20pts
200m	Maya Worika	28.7		18pts	Freya Legg	29.2		16pts
300m	Holly Boulder	48.1		17pts	Shiloh Omotosho	40.0		32pts
800m	Emily Archer	2:47.0		17pts	Niamh Staunton	2:49.0		16pts
1500m	Annalise Burrows	5:19.0		24pts	Chloe Fotherby	5:32.0		21pts
Long_Jump	Emmanuella Addo	4.88		22pts	Shiloh Omotosho	4.76		21pts
High_Jump	Emily Archer	1.56		23pts	Elouise Thomas	1.56		23pts
Triple_Jump	Martha Zimuto	8.29		10pts	Matilda Tsekiri	9.50		19pts
Pole_Vault								
Shot	Shalom Bajomo	7.20		13pts	Freya Legg	8.01		16pts
Discus	-				Dakota Sladden	22.06		18pts
Javelin	Holly Boulder	28.85		24pts	Niamh Staunton	24.85		19pts
Hammer	Maya Worika	22.05		15pts	-			
Relay	Shalom Bajomo , Chloe Fotherby , Annalise Burrows , Elouise Thomas					57.6		20pts

2 : 455pts : The Eastwood Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Desire Kehinde	13.1		21pts	Freya Maskell	13.4		20pts
100m	Violet Burrell	13.9		17pts	Ava Masters	14.4		12pts
200m	Alice Bird	28.8		18pts	Olivia Tyler	29.1		17pts
300m	Dulcie Galbally	45.9		20pts	Cali Gall	46.9		19pts
800m	Sophie Middleton	2:49.0		16pts	Chloe Boys	2:28.0		27pts
1500m	Jessica Walker	4:48.0		31pts	Amy Pugsley	5:58.0		16pts
Long_Jump	Desire Kehinde	4.41		17pts	Chloe Boys	3.96		13pts
High_Jump	Cali Gall	1.20		11pts	Amy Pugsley	1.50		21pts
Triple_Jump	Jessica Walker	8.70		13pts	-			
Pole_Vault	Alice Bird	2.75		28pts				
Shot	Violet Burrell	8.85		19pts	Phoebe Brahmatt	8.07		16pts
Discus	Dulcie Galbally	17.22		12pts	-			
Javelin	Evie Nobrega	30.93		27pts	Ava Masters	14.45		6pts
Hammer	-				Freya Maskell	28.25		21pts
Relay	Evie Nobrega , Olivia Tyler , Phoebe Brahmatt , Sophie Middleton					59.8		17pts

3 : 369pts : St Martin's School Brentwood, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Andie Brooks	14.6		16pts	Izabella Jones	16.6		9pts
100m	Century Robinson	14.7		10pts	Esme Monk	14.5		11pts
200m	Rowan Jude	29.3		16pts	Katie Cuschieri	30.7		11pts
300m	Daisy Willingale	47.7		17pts	Beau Bixby	47.5		18pts
800m	Amelie Shipton	2:28.0		27pts	Emmilia Lole	2:31.0		25pts
1500m					Lacey Oakes	5:57.0		16pts
Long_Jump	Esme Monk	4.49		18pts	Daisy Willingale	4.35		17pts
High_Jump	Katie Cuschieri	1.26		13pts	Century Robinson	1.32		15pts
Triple_Jump	Beau Bixby	7.45		3pts	-			
Pole_Vault								
Shot	Esther Adeogun	9.44		21pts	Emmilia Lole	6.20		10pts
Discus	Rowan Jude	19.03		14pts	Lily Attree	19.60		15pts
Javelin	Andie Brooks	23.05		17pts	Izabella Jones	18.87		12pts
Hammer	Penny Neall	20.30		13pts	Lacey Oakes	16.59		9pts
Relay	Esther Adeogun , Penny Neall , Amelie Shipton , Lily Attree					60.9		16pts

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Intermediate Girls

4 : 283pts : The King John School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Evie Parry	16.5		10pts	Kaysie Glover	16.0		11pts
100m	Lily Brookes	13.9		17pts	Esther Asomah	14.1		15pts
200m	Kemi Ojeneye	31.5		9pts	Tess Mcglason	30.0		14pts
300m	Sophie Palmer	49.9		14pts	Beau Edmunds	47.1		18pts
800m	Alexi Salmon	3:14.0		8pts	Beau Edmunds	3:12.0		9pts
1500m	Kate Williamson	6:21.0		12pts	Holly Bailey	6:26.0		11pts
Long_Jump	Lily Brookes	3.96		13pts	Tess Mcglason	4.02		13pts
High_Jump	Evie Parry	1.23		12pts		1.17		10pts
Triple_Jump								
Pole_Vault								
Shot	Kemi Ojeneye	4.94		6pts	Daisy Berry	5.16		6pts
Discus	Kate Williamson	14.08		8pts	Sisley Thompson	22.33		19pts
Javelin	Sophie Palmer	22.79		17pts	Beau Edmunds	6.06		0pts
Hammer	Sophie Laithwaite	NM		0pts	Eyram Tstete	17.81		10pts
Relay	<u>Sisley Thompson , Esther Asomah , Eyram Tstete , Esther Asomah</u>					57.2		21pts

5 : 252pts : The Sandon School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Olivia Morris	16.0		11pts	Lucia Johnson	17.0		8pts
100m	Olivia Hall	13.5		21pts	Lucy Beer	15.7		5pts
200m	Scarlet Lofthouse	32.0		7pts	Eleanor Boarder	32.5		6pts
300m	Caitlin Harvey	49.4		15pts	Holly Huntington	57.3		4pts
800m	Freya Faulker	2:57.0		14pts	Jessica Healey	3:28.0		3pts
1500m	Abigail Whitlock	6:01.0		16pts	Lylia Boydell	5:46.0		18pts
Long_Jump	Esther Stickely	3.95		13pts	Amber Backshall	3.72		10pts
High_Jump	Caitlin Harvey	1.14		9pts	Jessica Healey	1.26		13pts
Triple_Jump	Freya Faulker	9.35		18pts	Lylia Boydell	7.62		5pts
Pole_Vault								
Shot	Olivia Hall	7.98		16pts				
Discus	Olivia Morris	12.08		5pts	Eleanor Boarder	8.12		0pts
Javelin	Holly Huntington	21.17		15pts	Lucia Johnson	13.29		5pts
Hammer	-				-			
Relay	<u>Abigail Whitlock , Esther Stickely , Scarlet Lofthouse , Amber Backshall</u>					61.1		15pts

6 : 249pts : Mayflower High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Roxy Hartman	13.9		18pts	Julie Santos	16.8		9pts
100m	Holly Nethercoat	15.9		4pts	chloe Barnes	14.9		9pts
200m	Julianna Mason Bauckham	30.8		11pts	Caitlyn Mansfield	35.5		0pts
300m	Elsie Shepherd	49.8		14pts	Amy Norman	49.1		15pts
800m	Eadie Hatchard	2:49.0		16pts	Abby caldon	2:45.0		18pts
1500m	Betsy Thomas	6:03.0		15pts				
Long_Jump	Julianna Mason Bauckham	3.27		6pts	Elsie Shepherd	3.64		9pts
High_Jump	Emily Hall	1.29		14pts	Abby caldon	1.23		12pts
Triple_Jump	Eadie Hatchard	NM		0pts	Amy Norman	8.10		9pts
Pole_Vault								
Shot	Holly Nethercoat	5.84		9pts	chloe Barnes	6.14		10pts
Discus	Roxy Hartman	14.13		8pts	Julie Santos	14.34		8pts
Javelin	Caitlyn Mansfield	NM		0pts	Ruby Toll	20.68		15pts
Hammer	Anni Tidder	16.12		9pts	-			
Relay	<u>Emily Hall , Anni Tidder , Betsy Thomas , Ruby Toll</u>					64.0		11pts

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7 : 236pts : The Appleton School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Evie Hardiman	15.9		12pts				
100m	Fatima Suwareh	13.8		18pts	Raiyn Wilkinson	15.8		5pts
200m	Sharday Gayle-Petrou	30.9		11pts	Angelina Smart	31.4		9pts
300m	Jessika Stafford	53.0		10pts	Chloe Banham	52.2		11pts
800m	Maddie Rush	3:07.0		10pts	Kaylynn Cross	3:07.0		10pts
1500m	Hayley Bouwer	7:27.0		1pts	Alicia Morton	6:12.0		14pts
Long_Jump	Fatima Suwareh	3.44		7pts	Raiyn Wilkinson	2.48		0pts
High_Jump	Evie Hardiman	1.26		13pts	Angelina Smart	1.29		14pts
Triple_Jump	Maddie Rush	7.85		7pts	Lois Duck	7.93		8pts
Pole_Vault								
Shot	Layla Bellham	5.35		7pts	Alicia Morton	5.24		7pts
Discus	Sharday Gayle-Petrou	15.50		10pts	Kaylynn Cross	13.80		7pts
Javelin	Jessika Stafford	21.28		16pts	Chloe Banham	6.50		0pts
Hammer	Maisey Moyet	22.33		15pts	-			
Relay	<u>Lois Duck , Hayley Bouwer , Maisey Moyet , Layla Bellham</u>					62.2		14pts

8 : 218pts : Grays Convent High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Alegra Karbonskyte	18.7		2pts	Chisom Lemeh	16.3		10pts
100m	Preciuos Olukoya	15.6		6pts	Chidera Idika	15.6		6pts
200m	Karina Strezepka	31.8		8pts	Niamh Handley	30.4		12pts
300m	Omotoyosi Odunbanjo	51.9		11pts	Rachael Chuckwuka	61.6		0pts
800m	Emily Petrea	3:16.0		7pts	Sadie Allison	3:37.0		0pts
1500m	Sophie Pasztor	5:31.0		21pts				
Long_Jump	Emily Petrea	3.74		10pts	Niamh Handley	3.53		8pts
High_Jump	Winna Koho	1.29		14pts	Sadie Allison	1.23		12pts
Triple_Jump	Sophie Pasztor	8.58		12pts	Rachael Chuckwuka	NM		0pts
Pole_Vault								
Shot	Preciuos Olukoya	5.97		9pts	Chidera Idika	9.16		20pts
Discus	Omotoyosi Odunbanjo	12.84		6pts	Adenika Bamiduro	17.78		13pts
Javelin	Karina Strezepka	17.78		11pts	Alegra Karbonskyte	11.68		3pts
Hammer	-				-			
Relay	<u>Adenika Bamiduro , Winna Koho , Sienna Creighton , Chisom Lemeh</u>					60.1		17pts

9 : 212pts : Beauchamps High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ellis Thomas	16.2		11pts	Lauren Hennigan	17.9		5pts
100m	Rosie Vizard	13.9		17pts	Bella Day	14.4		12pts
200m	Ella Welland	31.6		8pts	Demi Iluyemi	32.8		5pts
300m	Isabel Devonport	54.2		8pts				
800m	Tayla Ruff	3:30.0		3pts	Evie Earnshaw	3:02.0		12pts
1500m	Freya Dickson	6:19.0		13pts				
Long_Jump	Isabel Devonport	2.87		2pts				
High_Jump	Ella Welland	1.17		10pts	Lauren Hennigan	1.14		9pts
Triple_Jump	Freya Dickson				Evie Earnshaw	NM		0pts
Pole_Vault								
Shot	Ellis Thomas	12.91		38pts	Demi Iluyemi	3.89		2pts
Discus	Rosie Vizard	14.33		8pts	CJ Harris	14.10		8pts
Javelin	Olivia Dolby	19.71		13pts	Bella Day	15.89		8pts
Hammer	-				Lily Crawford	14.95		7pts
Relay	<u>CJ Harris , Olivia Dolby , Lily Crawford , Tayla Ruff</u>					63.0		13pts

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Intermediate Girls

10 : 201pts : The King Edmund School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ocean Bradford	16.2		11pts	Hayley Hughes	17.1		8pts
100m	Evie Burnside	16.1		3pts	Evie Aldrich	14.6		11pts
200m	Mya Osman	32.1		7pts	Lois Reynolds	33.8		3pts
300m	Sophie Foster	50.8		13pts	Lexie Croft	55.4		7pts
800m	Alexa Beveridge	2:50.0		16pts				
1500m								
Long_Jump	Alexa Beveridge	3.49		8pts	Lois Reynolds	3.53		8pts
High_Jump	Evie Burnside	1.14		9pts	Hayley Hughes	1.11		8pts
Triple_Jump					Evie Aldrich	9.20		17pts
Pole_Vault								
Shot	Ocean Bradford	6.91		12pts	Alisia Watson	4.95		6pts
Discus	Mya Osman	16.69		11pts	Izzy Jones	19.66		15pts
Javelin	Sophie Foster	NM		0pts	Lexie Croft	18.17		11pts
Hammer	Gypsy-Bliss Thomas	13.79		6pts	Freya Miles	18.50		11pts
Relay								

11 : 130pts : Cecil Jones Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Nina Wadda	15.3		14pts	Ellie Tyre	18.3		4pts
100m	Sytira Smith	14.3		13pts	Sophie Banthorpe	15.5		6pts
200m	Maisie Byford	31.1		10pts	Joy Ogunbiyi	33.8		3pts
300m								
800m	Aisha Purnell	4:03.0		0pts	Kodie Wallis	3:31.0		2pts
1500m								
Long_Jump	Maisie Byford	3.69		10pts	Isabelle Galli	3.46		8pts
High_Jump	Nina Wadda	1.47		20pts	Taylor Mae Wells	NM		0pts
Triple_Jump	-				Ellie Tyre	NM		0pts
Pole_Vault								
Shot	Sytira Smith	8.82		19pts	Joy Ogunbiyi	6.69		11pts
Discus	Aisha Purnell	12.57		6pts	Sophie Banthorpe			
Javelin	Tamzin Wilson	9.59		1pts	Grace Burman	12.12		3pts
Hammer	-				-			
Relay								

12 : 104pts : The Cornelius Vermuyden School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Penny Guidotti	18.5		3pts				
100m					Tianna Matthews	15.5		6pts
200m	Olivia Westerberg	30.2		13pts		33.7		3pts
300m	Isla Lockhart	64.8		0pts				
800m								
1500m								
Long_Jump	Olivia Westeberg	3.42		7pts	Tiana Matthews	2.96		3pts
High_Jump	Penny Guidotti	1.14		9pts				
Triple_Jump								
Pole_Vault								
Shot								
Discus	Isla Lockhart	16.05		10pts	Megan Parks	21.08		17pts
Javelin	Emerson Cook	18.00		11pts	Amelia Pavitt	9.43		1pts
Hammer	Amelia Bandele	16.41		9pts	Rosie Aspinall	13.17		6pts
Relay	Amelia Bandele , Emerson Cook , Rosie Aspinall , Amelia Pavitt					67.4		6pts