

ESAA English Schools' Track and Field Cup 2024
Round - 1, ESS 1 : Blackshots Stadium, Thurrock - Thursday 9th May 2024

Junior Boys

1 : 516pts : The Champion School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Liam BerginMcCarthy	14.0		19pts	Ike Ogbe	13.4		22pts
100m	Emmanuel Olatunde	12.7		23pts	Ethan JohnLewis	12.6		24pts
200m	Jason Okolo	27.9		17pts	David Agwuncha	28.4		16pts
300m	Chidera Asiegbu	39.3		26pts	Colin Pandanzyla	43.9		17pts
800m	Victor Agboola	2:23.6		22pts	Joris Mockus	2:30.6		20pts
1500m	Jaden Nwoke	4:53.0		23pts	George Alder	5:07.4		20pts
Long_Jump	Jaden Nwoke	4.81		20pts	Ethan JohnLewis	4.46		16pts
High_Jump	Jason Okolo	1.47		19pts	Ike Ogbe	1.44		18pts
Triple_Jump	Emmanuel Olatunde	10.72		22pts	Adam Naing	10.32		20pts
Pole_Vault								
Shot	Chizzy Bah	10.72		22pts	Colin Pandanzyla	11.92		26pts
Discus								
Javelin	Liam BerginMcCarthy	28.01		21pts	Joris Mockus	23.10		16pts
Hammer	Chidera Asiegbu	35.05		27pts	David Agwuncha	26.88		19pts
Relay	Victor Agboola , Chizzy Bah , George Alder , Adam Naing					53.4		21pts

2 : 510pts : Westcliff High School for Boys Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Michael Kushimo	12.5		27pts	Freddie Sankey	13.0		24pts
100m	Samuel Awobadejo	13.6		14pts	Sochima Okoye	13.0		20pts
200m	Favour Ben	27.2		19pts	Sam Awelewa	27.4		19pts
300m	Nathan Moradeke-Johnsor	45.5		14pts	Danyel Oladimeji	41.9		20pts
800m					Xavier Keenan	2:32.3		19pts
1500m	George Riley	4:59.0		22pts	Victor Janus	4:59.6		22pts
Long_Jump	Favour Ben	4.79		19pts	Rapuluchukwu Ekwe	4.35		15pts
High_Jump					Danyel Oladimeji	1.50		20pts
Triple_Jump	Michael Kushimo	10.95		23pts	Sochima Okoye	11.18		24pts
Pole_Vault	Victor Janus	2.30		19pts				
Shot					Ameer Salaam	11.06		23pts
Discus	Nathan Moradeke-Johnsor	26.65		21pts	Sam Awelewa	32.54		27pts
Javelin	Robert Burn	29.49		22pts	Xavier Keenan	18.49		11pts
Hammer	Samuel Awobadejo	26.65		19pts	Freddie Sankey	39.61		30pts
Relay	Robert Burn , Rapuluchukwu Ekwe , Ameer Salaam , George Riley					56.2		17pts

3 : 326pts : Gable Hall, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Reece Ngoka	16.3		8pts	Josh Coultous	17.9		2pts
100m	Valentino Wilshere	12.7		23pts	Richard Akinyemi	13.3		17pts
200m	Fiyinfoluwa Osinuga	28.4		16pts	Kayden Joseph	28.0		17pts
300m	Ayo Ogunya	41.0		22pts	Matt Boosey	42.4		20pts
800m	Riley Bradley	2:34.3		18pts	Enzo Williams	3:05.2		8pts
1500m	Daniel Spence	5:38.0		12pts	Elijah Parkes	5:32.5		13pts
Long_Jump	Alfie Gradley	4.79		19pts	Enzo Williams	3.40		6pts
High_Jump	Ademide Babalola	1.23		11pts	Richard Akinyemi	1.41		17pts
Triple_Jump	Fiyinfoluwa Osinuga	8.05		8pts	Josh Coultous	8.42		11pts
Pole_Vault								
Shot	Valentino Wilshere	6.05		6pts	Matt Boosey	9.65		18pts
Discus	Ayo Ogunya	23.60		18pts	Kayden Joseph	NM		0pts
Javelin	Riley Bradley	18.48		11pts	Elijah Parkes	15.13		8pts
Hammer								
Relay	Ademide Babalola , Alfie Gradley , Daniel Spence , Reece Ngoka					56.7		17pts

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Junior Boys

4 : 323pts : St Bonaventures, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Ian Donkor	14.1		19pts	Chidubem Azogama	15.7		11pts
100m	Abraham Ogunrin	13.5		15pts	Kay Ingelton	13.6		14pts
200m	Nana Dapaah	26.8		20pts	Kavarni James	29.3		14pts
300m	Anthony Embley	43.5		18pts				
800m	Nana Yaw	2:31.4		19pts	Jayden Jordan	2:46.0		15pts
1500m	Aritz Akinrele	5:18.0		17pts	Jacques Ettienne	5:22.6		16pts
Long_Jump	Ian Donkor	3.90		11pts	Jacques Ettienne	3.61		8pts
High_Jump	Nana Yaw	1.20		10pts	Chidubem Azogama	1.29		13pts
Triple_Jump	Anthony Embley	9.00		14pts	Abraham Ogunrin	7.43		3pts
Pole_Vault								
Shot	Nana Dapaah	11.32		24pts	Jackson Owusu	9.36		17pts
Discus	Kay Ingleton	18.54		13pts	Favour Aguguo	13.53		7pts
Javelin	Jayden Jordan	8.94		1pts	Dominic Dabrowicz	20.87		13pts
Hammer	Kavarni James	NM		0pts				
Relay	Jackson Owusu , Dominic Dabrowicz , Favour Aguguo , Aritz Akinrele					61.6		11pts

5 : 317pts : William Edwards School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Carter Johnson	15.8		10pts	Seth Mapunde	14.2		18pts
100m	JonnyJac Kilshaw	13.8		13pts	EnzoAiden Kudjo	13.0		20pts
200m	Cyrus Brunton	27.6		18pts	El Odiase	28.0		17pts
300m	Arthur Jacks	46.6		13pts	Harry Edmeades	41.2		22pts
800m	Joel Holland	3:00.0		10pts	Richie Hilton	2:55.2		11pts
1500m	Ted Saunders	5:22.0		16pts				
Long_Jump	EnzoAiden Kudjo	3.62		8pts	Richie Hilton	2.70		0pts
High_Jump	JonnyJac Kilshaw	1.32		14pts	Joel Holland	1.26		12pts
Triple_Jump	Carter Johnson	7.85		7pts	Arthur Jacks	10.90		23pts
Pole_Vault								
Shot	Seth Mapunde	9.28		17pts	El Odiase	9.70		18pts
Discus	Ashton Flood	16.89		11pts	Cyrus Brunton	13.16		7pts
Javelin	Harry Edmeades	14.69		7pts	Victor Tache	17.56		10pts
Hammer								
Relay	Victor Tache , Ashton Flood , Ted Saunders , Vinnie Burt					57.7		15pts

6 : 314pts : The Billericay School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Cayden Wylie	15.7		11pts	Finlay Smith	17.4		4pts
100m	Natan Adingupu	12.8		22pts	Marcus Clark	14.2		11pts
200m	Coll Edwards	28.7		15pts	Tyler Woerhle	29.6		13pts
300m	Joseph Ajagbe	46.1		13pts	Michal Prokorym	45.3		15pts
800m	Alex Tarhan	2:38.2		17pts	Jackson O'Brien	2:38.0		17pts
1500m	Hudson Lane	5:46.0		11pts	Haidon Stephens	5:36.8		12pts
Long_Jump	Archie Roff	3.35		5pts	Natan Adingupu	4.36		15pts
High_Jump	Alex Tarhan	1.29		13pts	Finlay Smith	1.23		11pts
Triple_Jump	Cayden Wylie	8.38		10pts	Haidon Stephens	7.52		4pts
Pole_Vault								
Shot	Joseph Ajagbe	9.42		17pts	Max Dickens	8.65		15pts
Discus	Hudson Lane	11.49		5pts	Marcus Clark	20.21		14pts
Javelin	Coll Edwards	19.32		12pts	Michal Prokorym	23.52		16pts
Hammer								
Relay	Jackson O'Brien , Max Dickens , Archie Roff , Tyler Woerhle					57.5		16pts

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Junior Boys
7 : 313pts : Chase High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Nafi Khan	14.9		15pts	Mutaquin Islam	16.2		8pts
100m	Luke Green	14.2		11pts	Fejiro Akpikie	13.8		13pts
200m	Jack Gourley	29.6		13pts	Alex Gege	28.2		17pts
300m	Emmanuel David	46.9		12pts	Morgan Obaze	48.8		9pts
800m	Elliott McMillan	2:52.1		12pts	Amin SufianTaher	2:41.6		16pts
1500m	Dexter Haynes	5:07.0		20pts				
Long_Jump	Luke Green	4.22		14pts	Jack Gourley	3.56		7pts
High_Jump	Elliott McMillan	1.23		11pts	Morgan Obaze	1.23		11pts
Triple_Jump					Mutaquin Islam	8.05		8pts
Pole_Vault								
Shot	Alex Gege	6.15		6pts	Amin SufianTaher	8.93		16pts
Discus	Nafi Khan	20.15		14pts	Fejiro Akpikie	21.42		15pts
Javelin	Zak Sheppard	27.75		20pts	Willaim Robson	25.39		18pts
Hammer	Emmanuel David	NM		0pts	Michael Mendonca	23.58		16pts
Relay	Dexter Haynes , Michael Mendonca , Zak Sheppard , Willaim Robson					61.9		11pts

8 : 300pts : West Hatch High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Tobias Taylor	12.7		26pts	Hayden Kushin	16.3		8pts
100m	Zac Lester	14.5		9pts	Osarhiemen Samuel	13.8		13pts
200m	Che Jordan	28.3		16pts	Daniel Simmonds	28.5		16pts
300m	David Ciolac	52.1		5pts	Elwood Walker	44.5		16pts
800m	Dylan Champion	2:21.2		22pts	Alex Rodriguez	3:04.0		9pts
1500m	Zac Freedman	5:24.0		16pts	Alex Angelov	5:15.4		18pts
Long_Jump	Hayden Kushin	3.52		7pts	Daniel Simmonds	3.62		8pts
High_Jump	Tobias Taylor	1.50		20pts	Che Jordan	1.38		16pts
Triple_Jump	Osarhiemen Samuel	9.01		14pts	Alex Rodriguez	8.17		9pts
Pole_Vault								
Shot	Dylan Champion	7.38		10pts	Adrian Todorov	6.37		7pts
Discus	Elwood Walker	12.69		6pts	Jude Katz	17.02		11pts
Javelin	David Ciolac	19.52		12pts	Alex Angelov	13.98		6pts
Hammer								
Relay								

9 : 296pts : Brentwood School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Tom Roome	14.9		15pts	Jedidiah Obaseki	16.2		8pts
100m	Tobiah Falaye	13.5		15pts	Nathan Tse	14.2		11pts
200m	Justin Edwards	30.1		12pts	Adrial Nwaesei	30.7		10pts
300m	Micah Nwosa	43.2		18pts	Jojo Faleye	41.7		21pts
800m	Mason Grindrod	2:41.4		16pts	Dylan OX	3:02.3		9pts
1500m	Frankie Edwards	5:14.0		18pts	Cammy Woods	5:23.2		16pts
Long_Jump	Justin Edwards	3.66		8pts	Frankie Edwards	3.08		2pts
High_Jump	Cammy Woods	1.23		11pts	Tom Roome	1.38		16pts
Triple_Jump	Jojo Faleye	8.37		10pts	Micah Nwosa	7.46		3pts
Pole_Vault								
Shot	Prince Bamiduro	8.76		15pts	Tobiah Falaye	6.48		7pts
Discus	Jedidiah Obaseki	20.98		15pts	Tiereni Ogundele	18.17		12pts
Javelin	Mason Grindrod	15.47		8pts	Dylan OX	14.46		7pts
Hammer								
Relay	Tiereni Ogundele , Prince Bamiduro , Nathan Tse , Adrial Nwaesei					59.3		13pts

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Junior Boys

10 : 267pts : Orsett Heath Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Freddie Dobson	15.4		12pts	George Bowden	15.5		12pts
100m	Braiden Madden	13.2		18pts	Jeremiah Adujora	14.1		11pts
200m	Leo Norman	28.9		15pts	Danielis Janulaitis	27.9		17pts
300m	Alfie Beeching	44.7		16pts	Zak walker	46.6		13pts
800m	Alex Bowers	2:36.7		18pts	Aron Pula	2:47.4		14pts
1500m	Owen Marchant	5:40.0		12pts	Codie Barnard	5:41.3		11pts
Long_Jump	Freddie Dobson	4.07		12pts	Danielis Janulaitis	4.02		12pts
High_Jump	Leo Norman	1.38		16pts	Zak walker	1.35		15pts
Triple_Jump								
Pole_Vault								
Shot	Reiss Twenboakodua	NM		0pts	Ollie Baker	NM		0pts
Discus	Alex Bowers	NM		0pts	Aron Pula	NM		0pts
Javelin	Kaine Malthouse	NM		0pts	George Bowden	32.08		25pts
Hammer								
Relay	Braiden Madden , Owen Marchant , Jeremiah Adujora , Alfie Beeching					55.4		18pts

11 : 254pts : Chigwell School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Michael MaselinoAkenya	15.1		14pts	Aman Birak	17.5		4pts
100m	Harrison Dawe	13.1		19pts	Toby Burchett	16.7		0pts
200m	Evan Page	30.2		12pts	Jacob Somogyi	31.4		9pts
300m	Kyle Sathyan	50.4		7pts				
800m	Seb Curtis	2:34.5		18pts	Jacob Springett	2:36.5		18pts
1500m	Rory Evans	5:05.0		20pts	William Smith	5:26.1		15pts
Long_Jump	Toby Burchett	2.85		1pts	Jacob Somogyi	3.72		9pts
High_Jump	Michael MaselinoAkenya	NM		0pts	Rory Evans	1.29		13pts
Triple_Jump	Seb Curtis	8.40		11pts	Aman Birak	7.58		4pts
Pole_Vault								
Shot	Harrison Dawe	10.69		21pts	Harry Saunders	7.25		10pts
Discus	Noah King	11.88		5pts	Jacob Springett	15.95		10pts
Javelin	William Isherwood	23.43		16pts	Ralph Laming	12.47		5pts
Hammer								
Relay	Noah King , Ralph Laming , Harry Saunders , William Smith					60.0		13pts

12 : 236pts : Thorpe Hall School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles					Ralph Barnett	18.4		1pts
100m	Toyin Omosini	14.3		10pts	Leo Traveller	13.7		13pts
200m								
300m	William Lord	46.8		12pts				
800m	Stanley Whiting King	2:34.8		18pts	Forrest Ahmet	3:06.6		8pts
1500m	Otis Tabor	4:55.0		23pts	Dominic Tansley	5:15.8		18pts
Long_Jump	Toyin Omosini	4.15		13pts				
High_Jump	Stanley Whiting King	1.29		13pts	Dominic Tansley	1.23		11pts
Triple_Jump								
Pole_Vault								
Shot	Edward Hickling Martin	7.57		11pts				
Discus	William Lord	18.34		12pts	Leo Traveller	16.24		10pts
Javelin	Dexter Mills	18.03		11pts	Forrest Ahmet	23.48		16pts
Hammer	Jacob Moloney	20.66		13pts	Ralph Barnett	21.47		14pts
Relay	Otis Tabor , Edward Hickling Martin , Jacob Moloney , Dexter Mills					63.2		9pts

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Junior Boys
13 : 184pts : Southchurch High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Valyo Peshev	17.4		4pts				
100m	Thomas Evans	13.6		14pts	Riley Macklin	15.6		4pts
200m	Charlie Nicholson	29.9		12pts	Henry LawrenceNicholson	35.8		0pts
300m	Leon Bradford	45.2		15pts	Bertie Gray	48.0		10pts
800m	William Fisher	3:09.4		7pts	Erick Pereira	3:11.4		6pts
1500m					Roi Quairalte	5:33.0		13pts
Long_Jump	Erick Pereira	3.41		6pts	Roi Quairalte	2.80		0pts
High_Jump	Leon Bradford	1.41		17pts	George Loader	1.29		13pts
Triple_Jump	Bobby Wye	7.33		2pts	Charlie Nicholson	NM		0pts
Pole_Vault								
Shot	Valyo Peshev	8.64		15pts	Dominic Rumbles	7.20		10pts
Discus	William Fisher	10.49		3pts	Aiden Kipp	10.38		3pts
Javelin	Thomas Evans	NM		0pts	Henry LawrenceNicholson	12.74		5pts
Hammer	Bertie Gray	18.36		11pts				
Relay	Dominic Rumbles , George Loader , Aiden Kipp , Riley Macklin					59.0		14pts

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Junior Girls

1 : 360pts : Westcliff High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Emilia Gibson	14.1		18pts	Isobel Henderson	18.1		4pts	
100m	Chi Chi Musa-Onyeka	13.5		24pts	Aaliyah Elliott	14.6		14pts	
200m	Ome Nwapa	27.7		25pts	Destiny Omonijo	28.1		24pts	
300m	Sarah Lawal	44.6		24pts					
800m					Isabella Riley	2:44.8		23pts	
1500m	Alice Judd	6:00.1		19pts	Reisha Patel	5:57.3		20pts	
Long_Jump	Sarah Lawal	4.30		18pts	Isabella Riley	4.22		17pts	
High_Jump	Ome Nwapa	1.44		22pts	Destiny Omonijo	1.17		13pts	
Triple_Jump									
Pole_Vault									
Shot	Niah Rosewell	5.83		11pts	Isobel Henderson	6.50		13pts	
Discus	Ameerah Salaam	16.54		15pts	Tiffany Chima	16.57		15pts	
Javelin	Alice Judd	16.41		14pts	Reisha Patel	9.72		6pts	
Hammer									
Relay	Niah Rosewell , Aaliyah Elliott , Ameerah Salaam , Emilia Gibson						58.2		21pts

2 : 348pts : Brentwood School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Ameilia Parker	13.9		19pts	Isla Liggins	15.5		12pts	
100m	Hallie Oguntayo	13.7		22pts	Lucy Croker	13.6		23pts	
200m	Camryn Bunyan	33.7		7pts	Lily Beckwith	29.0		21pts	
300m	Lottie Mott	52.6		11pts					
800m	Hollie Poyton	2:30.9		27pts	Ella Howard	2:45.1		22pts	
1500m	Keeley Hartless	5:47.8		22pts	Ore Johnson	6:00.9		19pts	
Long_Jump	Lily Beckwith	4.00		15pts	Hollie Poyton	4.25		18pts	
High_Jump	Hallie Oguntayo	1.23		15pts	Ameilia Parker	1.35		19pts	
Triple_Jump									
Pole_Vault									
Shot	Millie Blewitt	6.15		12pts					
Discus	Ore Johnson	13.95		11pts	Camryn Bunyan	13.54		11pts	
Javelin	Keeley Hartless	14.73		12pts	Isla Liggins	13.73		11pts	
Hammer									
Relay	Lucy Croker , Millie Blewitt , Lottie Mott , Ella Howard						59.4		19pts

3 : 301pts : Thorpe Hall School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Freya Homer	13.5		21pts	Kitty Langstone	15.1		14pts	
100m	Tia Leaver	14.9		12pts	Scarlett Demello	15.0		12pts	
200m	Jess Rider	29.1		21pts	Emily Thompson	31.8		12pts	
300m	Holly Mcbane	52.5		11pts					
800m	Amber Cantor	2:41.9		24pts	Isabella Eynon	3:26.2		9pts	
1500m	Lilia Bull	6:15.3		17pts	Martha Budge	6:48.8		11pts	
Long_Jump	Tia Leaver	4.52		20pts	Scarlett Demello	3.57		10pts	
High_Jump	Freya Homer	1.29		17pts					
Triple_Jump									
Pole_Vault									
Shot	Lacey Leaver	5.94		11pts	Kitty Langstone	5.74		11pts	
Discus	Amber Cantor	16.11		14pts	Emily Thompson	10.93		7pts	
Javelin	Lilia Bull	11.38		8pts	Isabella Eynon	21.00		21pts	
Hammer									
Relay	Lacey Leaver , Holly Mcbane , Jess Rider , Martha Budge						59.8		18pts

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Junior Girls

4 : 288pts : William Edwards School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Isla Gipson	17.5		6pts	Diana Goian	14.8		15pts
100m	Elizabeth Owojori	14.3		16pts	Iris Yellop	14.5		14pts
200m	Amber Adeyinka	32.1		11pts				
300m	Rachel Ayeni	50.1		14pts	Olga Radzyminska	49.9		14pts
800m	Arianna Mason	2:51.2		20pts	Lily Donovan	3:01.4		17pts
1500m	Isabella Da Silva	5:43.1		22pts	Hollie Matthews	5:38.8		23pts
Long_Jump	Amber Adeyinka	2.51		0pts	Olga Radzyminska	3.59		10pts
High_Jump	Hollie Matthews	1.35		19pts	Lily Donovan	1.17		13pts
Triple_Jump								
Pole_Vault								
Shot					Isabella Da Silva	6.28		12pts
Discus	Nida Krasaukaite	9.28		5pts	Diana Goian	20.30		20pts
Javelin	Elizabeth Owojori	15.79		14pts	Rachel Ayeni	9.17		5pts
Hammer								
Relay	Nida Krasaukaite , Iris Yellop , Isla Gipson , Arianna Mason					60.0		18pts

5 : 259pts : Shoeburyness High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Lilly Flint	14.5		16pts	Masie Pease	16.9		8pts
100m	Sophia Ballard	16.1		6pts	Isla Rose	16.5		4pts
200m	Peniel Lawrence	26.8		28pts	Evie Boygle	29.5		19pts
300m	Phoebe Solly	54.4		8pts				
800m	Mikalya Moalosi	3:14.6		13pts	Izabelle Joseph	3:00.8		17pts
1500m	Olivia Slater	6:13.2		17pts				
Long_Jump	Evie Boygle	4.45		20pts	Lilly Flint	3.88		13pts
High_Jump	Peniel Lawrence	1.38		20pts	Mikalya Moalosi	1.11		11pts
Triple_Jump								
Pole_Vault								
Shot	Harriet Corbyn	5.98		11pts	Masie Pease	5.26		9pts
Discus	Julia Kanafa	13.87		11pts	Anali C-Parks	NM		0pts
Javelin	Phoebe Solly	10.82		7pts	Sophie Ballard	12.26		9pts
Hammer								
Relay	Julia Kanafa , Olivia Slater , Izabelle Joseph , Sophie Brook					64.3		12pts

6 : 249pts : Chase High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Rachel Ojo	14.2		18pts	Darcey Ebanks	16.1		10pts
100m	Abbie Mills	14.5		14pts	Wiktoria Kolek	15.3		10pts
200m	Kaprice Page	31.0		14pts	Amara Maswera	30.3		17pts
300m					Sabella Allotey-Annan	48.5		16pts
800m					Mia Piper	3:03.3		16pts
1500m	Melissa Destefani	6:36.4		13pts				
Long_Jump	Abbie Mills	3.86		13pts	Darcey Ebanks	3.71		12pts
High_Jump	Rachel Ojo	1.17		13pts	Wiktoria Kolek	NM		0pts
Triple_Jump								
Pole_Vault								
Shot	Kaprice Page	6.53		13pts	Sabella Allotey-Annan	10.07		31pts
Discus	Harmony Ekhatior	NM		0pts	Lana Dodd	9.90		6pts
Javelin	Melissa Destefani	9.25		5pts	Amara Maswera	8.32		4pts
Hammer					Raphaelle Joseph	17.38		13pts
Relay	Mia Piper , Raphaelle Joseph , Harmony Ekhatior , Lana Dodd					64.8		11pts

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Junior Girls

7 : 228pts : Gable Hall, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Emily Kortland	17.6		5pts					
100m	Grace Collins	14.5		14pts	Bailey McNaney	14.0		19pts	
200m	Kenaya Idikayi	32.0		11pts	Olivia Browning	32.8		9pts	
300m	Emmelia West	49.7		14pts	Heidi Parkes	1.00.4		0pts	
800m	Freya Rimini	2:54.2		19pts	Lilly Franks	3:14.4		13pts	
1500m									
Long_Jump	Grace Collins	2.93		4pts	Olivia Browning	2.61		1pts	
High_Jump	Lilly Franks	1.20		14pts	Emily Mills	1.35		19pts	
Triple_Jump									
Pole_Vault									
Shot	Kenaya Idikayi	7.95		20pts	Emmanuella Ogundana	6.32		13pts	
Discus	Lucy Maffey	10.55		7pts	Bailey McNaney	14.13		12pts	
Javelin	Emmelia West	12.00		9pts	Heidi Parkes	12.71		10pts	
Hammer									
Relay	Emmanuella Ogundana , Lucy Maffey , ,							62.1	15pts

8 : 218pts : Chigwell School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Sadie Castle	15.9		11pts					
100m	India Harrod-Hill	15.4		10pts	Ruby Wolfryd	16.0		7pts	
200m	Bobbi Morris	29.9		18pts	Skye Moore	30.7		15pts	
300m	Ruby Wolfryd	53.3		10pts					
800m	Betsy Webster	2:48.7		21pts	Rosie Randlesome	3:14.9		13pts	
1500m	Isla O'Dowd	6:30.1		14pts	Isabella Newton	6:08.6		18pts	
Long_Jump	Isla O'Dowd	3.59		10pts	Betsy Webster	2.75		2pts	
High_Jump	Isabelle Hudson	NM		0pts	India Harrod-Hill	0.99		7pts	
Triple_Jump									
Pole_Vault									
Shot	Tiffany Foord	3.25		2pts	Alexia Karras	5.95		11pts	
Discus	Bobbi Morris	13.10		10pts	Skye Moore	12.82		10pts	
Javelin	Rosie Randlesome	9.28		5pts	Ruby Wolfryd	11.24		8pts	
Hammer									
Relay	Sadie Castle , Alexia Karras , Tiffany Foord , Sienna Cohen							61.2	16pts

9 : 206pts : West Hatch High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles					Alizee Leighton	19.6		0pts	
100m	Jaidenay Jaiteh	16.1		6pts	Connie Beckett	14.8		13pts	
200m	Mae Ramkissoon	30.1		17pts	Isis Marmitte	32.3		10pts	
300m									
800m	Marissa Higgs- Smith	2:46.7		22pts	Mayowa Alake	2:56.8		19pts	
1500m	Sophia Parker	5:35.2		24pts	Sofia Gipson	6:16.8		17pts	
Long_Jump	Sophia Parker	3.90		14pts	Mayowa Alake	3.60		11pts	
High_Jump					Sofia Gipson	1.08		10pts	
Triple_Jump									
Pole_Vault	Marissa Higgs- Smith	2.25		25pts					
Shot	Jaidenay Jaiteh	6.55		13pts					
Discus									
Javelin	Tash McKiernan	9.45		5pts					
Hammer									
Relay	,								

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Junior Girls

10 : 197pts : The Billericay School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Rosie Williams	16.0		11pts	Grace Turner	16.5		9pts
100m					Scarlett Tinsley	16.2		6pts
200m	Phoebe Forrest	31.8		12pts	Mariah Martin	33.2		8pts
300m								
800m	Chloe Jones	2:55.8		19pts	Ella Rawlings	3:09.4		14pts
1500m	Chloe Lee	5:52.1		21pts	Maggie Moreira	6:35.8		14pts
Long_Jump	Phoebe Forrest	3.99		14pts	Mariah Martin	2.82		3pts
High_Jump	Rosie Williams	1.14		12pts	Ella Rawlings	1.14		12pts
Triple_Jump								
Pole_Vault								
Shot	Maggie Moreira	5.37		9pts	Cleo Lamidi	4.63		7pts
Discus	Scarlett Tinsley	9.92		6pts	Charlotte Wilson	11.12		8pts
Javelin		4.91		0pts	Grace Turner	9.44		5pts
Hammer								
Relay	Charlotte Wilson , Cleo Lamidi , Chloe Lee , Chloe Jones					68.1		7pts

11 : 146pts : Southchurch High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Ketrin Kaganova	13.9		20pts	Amelie Chesney	14.7		13pts
200m	Charlotte Kell	35.1		4pts	Betsy Boosey	33.1		8pts
300m	Mia Purbrick	56.7		6pts	Amberley Day	56.9		6pts
800m	Amelia Szuminska	3:04.7		16pts	Sophia Lawrence-Harding	4:14.8		0pts
1500m					Heidi Thompson	8:39.4		0pts
Long_Jump	Sophia Lawrence-Harding	2.13		0pts	Betsy Boosey	2.39		0pts
High_Jump	Ketrin Kaganova	1.17		13pts	Heidi Thompson	0.96		6pts
Triple_Jump								
Pole_Vault								
Shot	Amelie Chesney	6.43		13pts	Amberley Day	3.38		2pts
Discus	Mia Purbrick	9.79		6pts	Charlotte Kell	9.07		5pts
Javelin	Matilda Boosey	15.56		13pts	Alexis Fairbrass	9.75		6pts
Hammer								
Relay	Matilda Boosey , Alexis Fairbrass , Amelia Szuminska , Pippa Higgins					66.4		9pts

12 : 122pts : Orsett Heath Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Savvanah Beavis	14.8		13pts	Miranda Meaney	15.4		10pts
200m	Isla Richardson	31.6		12pts	Ella Hodzic	33.1		8pts
300m					Sadie Sanford	1.00.01		0pts
800m								
1500m	Kalyca Osborne	6:46.5		12pts				
Long_Jump	Bethany Slater	3.34		8pts	Ella Hodzic	2.87		3pts
High_Jump	Miranda Meaney	1.05		9pts				
Triple_Jump								
Pole_Vault								
Shot	Kalyca Osborne	NM		0pts	Chloe Bleazy	5.29		9pts
Discus	Amina Seedat	10.01		6pts	Megan Williams	10.52		7pts
Javelin	Isla Richardson	12.83		10pts	Emma Cripps	12.00		9pts
Hammer								
Relay	Savvanah Beavis , Sadie Sanford , Chloe Bleazy , Emma Cripps					68.5		6pts

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Intermediate Boys
1 : 563pts : Westcliff High School for Boys Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Semilore Mustafa	10.6		32pts	Ajay Whiteman	12.2		24pts	
100m	Anthony Odumosu	12.0		23pts	Jake White	11.3		30pts	
200m	Matthew Agboleghbe	22.8		30pts	Benaiah Osei-Poku	24.3		23pts	
300m	Haris Dean	39.6		22pts	Asaph Lawal	38.5		25pts	
800m	Nonso Nwabueze	2:17.4		20pts	Reggie Herron	2:26.1		17pts	
1500m	Lennon Parsons	4:29.5		24pts					
Long_Jump	Semilore Mustafa	6.06		25pts	Jake White	5.86		23pts	
High_Jump	Matthew Agboleghbe	1.74		24pts	Ajay Whiteman	1.53		17pts	
Triple_Jump	Anthony Odumosu	12.64		25pts	Benaiah Osei-Poku	12.43		24pts	
Pole_Vault	Haris Dean	2.80		21pts					
Shot	Nonso Nwabueze	11.39		20pts	Asaph Lawal	13.53		27pts	
Discus	James Byford	26.74		18pts	Reggie Herron	32.56		24pts	
Javelin									
Hammer	Marcus Cato	42.05		25pts	Joshua Babalola	NM		0pts	
Relay	Joshua Babalola , Lennon Parsons , Marcus Cato , James Byford						50.7		20pts

2 : 492pts : The Campion School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Kamari Moise	11.5		27pts	Lucas Wieckowski	12.0		25pts	
100m	Ethan Mullender	12.2		21pts	Davin Dibua	12.6		17pts	
200m	Robert Hennessy	24.9		21pts	Ethan Ezimoha	24.5		22pts	
300m	Dubem Ikechi	37.8		27pts	Emanuel Iwuchukwu	39.9		21pts	
800m	Bode Thompson	2:26.5		17pts	Jesse Scott	2:16.1		21pts	
1500m	Aidan Doherty	4:37.2		22pts	Tom Guttridge	4:51.2		19pts	
Long_Jump	Dubem Ikechi	4.96		14pts	Ethan Ezimoha	3.75		2pts	
High_Jump	Bode Thompson	1.68		22pts	Lucas Wieckowski	1.62		20pts	
Triple_Jump	Kamari Moise	12.21		23pts	Emanuel Iwuchukwu	12.56		24pts	
Pole_Vault									
Shot	Ethan Mullender	10.29		16pts	Sam Johnson	12.15		23pts	
Discus	Robert Hennessy	28.55		20pts	Davin Dibua	28.22		19pts	
Javelin					Tom Guttridge	27.79		12pts	
Hammer	Tristan Beepath-Ince	29.05		17pts					
Relay	Tristan Beepath-Ince , Aidan Doherty , Sam Johnson , Jesse Scott						50.3		20pts

3 : 457pts : Brentwood School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Benjamin Cassidy	13.3		18pts	Will Brown	12.4		23pts	
100m	Sean-Connor Atafo				Jesse Epstein	12.7		16pts	
200m	Oluwatobi Ogundeko	22.4		32pts	Reuel Faleye	23.8		25pts	
300m	Ishmael Morton	39.1		23pts	Fimi Sanya-Isijola	38.7		24pts	
800m	Joe Poyton	2:18.4		20pts	Josh Harkins	2:20.1		19pts	
1500m	Tom Wiles	4:34.1		23pts	Jake Traveller	5:03.1		17pts	
Long_Jump	Joe Poyton	5.08		15pts	Oluwatobi Ogundeko	4.60		11pts	
High_Jump	Ishmael Morton	1.68		22pts	Fimi Sanya-Isijola	1.56		18pts	
Triple_Jump	Sean-Connor Atafo	14.04		32pts	Benjamin Cassidy	10.04		12pts	
Pole_Vault									
Shot	Norbert Erzua Nyenzah	11.76		21pts	Will Brown	10.07		16pts	
Discus	Reuel Faleye	24.10		15pts					
Javelin	Max Brown	32.19		15pts	Josh Harkins	24.66		10pts	
Hammer	Jesse Epstein	27.85		17pts					
Relay	Norbert Erzua Nyenzah , Max Brown , Tom Wiles , Jake Traveller						54.8		13pts

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Intermediate Boys
4 : 404pts : Chase High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Rayan Mebarki	12.7		21pts	Arsenii Handzii	11.7		26pts	
100m	Brian Thompson	12.2		21pts	Brian Memshai	13.0		13pts	
200m	Syon Contable	27.2		13pts	Arthur Seagrott	28.1		11pts	
300m	Kuba Chryck	43.6		13pts	Stan Mizulu	41.9		16pts	
800m	Tolu Akinwumiju	2:18.1		20pts	Jake Jaffa	2:28.1		16pts	
1500m	Marshall Murray	4:55.5		18pts					
Long_Jump	Syon Contable	4.58		10pts	Jake Jaffa	4.07		5pts	
High_Jump	Arthur Seagrott	1.59		19pts	Arsenii Handzii	1.77		25pts	
Triple_Jump	Rayan Mebarki	11.28		18pts	Stan Mizulu	9.45		9pts	
Pole_Vault									
Shot	Brian Thompson	11.80		22pts	Brian Memshai	11.43		20pts	
Discus	Kuba Chryck	31.23		22pts	Isaac Davis	25.95		17pts	
Javelin	Zion Orebiyi	NM		0pts					
Hammer	Tolu Akinwumiju	33.47		20pts	Noah Joseph	31.95		19pts	
Relay	Marshall Murray , Zion Orebiyi , Noah Joseph , Isaac Davis						57.1		10pts

5 : 392pts : The Billericay School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Ben Hogan	12.0		25pts	Josh Rogers	15.2		9pts	
100m	Kobe Guscott	11.3		30pts	Ollie Reeder	12.2		21pts	
200m	Sean Appiah	22.3		32pts	Allen Semarco	25.2		20pts	
300m	Lucas Vilcinis	40.3		20pts	Harrison Holoway	42.9		14pts	
800m					Ben Deeks	2:25.9		17pts	
1500m	Evan Jarvis	4:47.5		20pts	George Munday	4:48.3		20pts	
Long_Jump	Sean Appiah	5.36		18pts	Ollie Reeder	5.19		16pts	
High_Jump	Kobe Guscott	1.44		14pts	Lucas Vilcinis	1.32		10pts	
Triple_Jump	Alex Clark	NM		0pts	Evan Jarvis	9.03		7pts	
Pole_Vault									
Shot	Allen Semarco	9.57		14pts	George Munday	8.67		11pts	
Discus	Ben Hogan	21.14		12pts	Harrison Holoway	23.35		14pts	
Javelin	Jerome Mendoza	30.88		14pts	Christian Swan	30.89		14pts	
Hammer									
Relay	Josh Rogers , Jerome Mendoza , Christian Swan , Ben Deeks						50.7		20pts

6 : 352pts : William Edwards School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Oscar Zych	13.6		17pts					
100m	Callum Wilson Fowler	11.7		26pts	James Nanna	12.0		23pts	
200m	Mycken Yambuya	24.9		21pts	He'Great Ukor	27.4		12pts	
300m	Reece Bush	39.3		23pts	Aiden McLennon	40.3		20pts	
800m	Rowan Cayless	2:37.6		13pts	Gabrielle De Jesus	2:19.3		19pts	
1500m	Harley West	5:36.2		10pts	Jack Jackson	5:34.1		11pts	
Long_Jump	Reece Bush	4.73		12pts	Daniel Laiyemo	4.22		7pts	
High_Jump	Rowan Cayless	1.26		8pts	James Nanna	1.56		18pts	
Triple_Jump	Gabrielle De Jesus	10.03		12pts	Oscar Zych	9.28		8pts	
Pole_Vault									
Shot	Mycken Yambuya	7.48		7pts	Callum Wilson Fowler	8.58		11pts	
Discus	Aiden McLennon	19.07		10pts	Jack Jackson	18.64		10pts	
Javelin	Luca Curca	25.44		10pts	He'Great Ukor	30.63		14pts	
Hammer	Aaron Gunpott	24.60		14pts					
Relay	Harley West , Luca Curca , Daniel Laiyemo , Aaron Gunpott						52.8		16pts

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Intermediate Boys
7 : 335pts : Gable Hall, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	George Howe	15.1		9pts	Alex Arnold	15.2		9pts
100m	Dami Odesanya	12.3		20pts	Tyhan Celik	13.2		11pts
200m	Yuraji Verma	27.1		13pts	Rayness Tshobi	27.9		11pts
300m	Mateo Williams	42.2		16pts	Charlie Pearson	42.8		14pts
800m	Freddie Denham	2:22.5		18pts	Hayden Newton	2:21.2		19pts
1500m	Lucas Lawrence	4:52.2		19pts	Riley-Jo Barry	4:59.1		18pts
Long_Jump	Mateo Williams	4.62		11pts	Hayden Newton	3.78		2pts
High_Jump	Dami Odesanya	1.41		13pts	Tyhan Celik	1.56		18pts
Triple_Jump	Lucas Lawrence	9.72		10pts	Alex Arnold	10.34		13pts
Pole_Vault								
Shot	George Howe	9.30		13pts	Rayness Tshobi	8.85		12pts
Discus	Michael Amoa	23.52		15pts	Toby Kew	22.59		14pts
Javelin	Yuraji Verma	27.15		12pts	Charlie Pearson	23.57		9pts
Hammer								
Relay	Toby Kew , Michael Amoa , Freddie Denham , Riley-Jo Barry					53.2		16pts

8 : 295pts : St Bonaventures, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles					Gbemiga Raju	13.8		16pts
100m	Terell Okeny	12.3		20pts	Isaac Daniel	12.5		18pts
200m	Leron Adjei	23.9		24pts	Miguel P-B	27.8		11pts
300m	Diemi Mayavangua	42.0		16pts	Joshua Kuti	40.7		19pts
800m					Ferando Ahana	2:18.7		20pts
1500m	David Anugo	5:01.9		17pts	Gianpiero L-S	4:53.6		19pts
Long_Jump	Leron Adjei	5.60		21pts	Gianpiero L-S	4.33		8pts
High_Jump	Terell Okeny	NM		0pts	Fernando	NM		0pts
Triple_Jump	Uriah Maduekeh	NM		0pts	Miguel P-B	9.90		11pts
Pole_Vault								
Shot	David Anugo	12.42		24pts	Elyon Kwatei	9.21		13pts
Discus	Justin Ndikum	21.16		12pts	Samuel Appiah	19.63		11pts
Javelin	Gbemiga Raju	18.48		6pts	Joshua Kuti	23.84		9pts
Hammer								
Relay	Elyon Kwatia , Samuel Appiah , Joshua Kuti , Justin Ndikum					DQ		0pts

9 : 272pts : Thorpe Hall School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles					Hayden Low	13.7		16pts
100m	Saxon Moore	13.9		7pts	Joshua Franks	12.9		14pts
200m	Barnaby Gant	26.4		16pts	Toby French	26.8		14pts
300m	William Barrett	43.0		14pts				
800m	Hugo Fryatt	2:30.0		16pts				
1500m	Frederick Rosenthal	5:10.4		15pts				
Long_Jump	William Barrett	4.53		10pts	Toby French	4.82		13pts
High_Jump	Saxon Moore	1.47		15pts	Tiam Shokouh-Amiri	1.41		13pts
Triple_Jump	Hugo Fryatt	8.55		4pts	George Hogg	7.26		0pts
Pole_Vault								
Shot	Freddie Seaby	10.29		16pts	Oliver Johnston	9.84		15pts
Discus	Barnaby Gant	25.72		17pts	Hayden Low	17.52		9pts
Javelin	Frederick Rosenthal	26.93		11pts	Joshua Franks	35.18		17pts
Hammer	Frank Durrant	NM		0pts	Louis Tilson	20.90		10pts
Relay	Oliver Johnston , Louis Tilson , Frank Durrant , Freddie Seaby					57.3		10pts

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Intermediate Boys
10 : 254pts : Chigwell School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Karim Lawal	17.4		0pts	Howard Garner	15.5		7pts
100m	Felix Lammin	12.7		16pts	Latif Khan	12.9		14pts
200m	Rayan Choudhry	27.0		14pts	Syon Edwards	26.1		17pts
300m	Jai Parvais	51.6		3pts	Sachin Gharu	44.8		11pts
800m	Ibrahim Ahmed	2:25.1		17pts	Matisse Joby	2:24.8		18pts
1500m	George Worwood	4:44.6		21pts				
Long_Jump	Rayan Choudhry	4.03		5pts	Felix Lammin	4.61		11pts
High_Jump	Howard Garner	1.44		14pts	Sachin Gharu	1.32		10pts
Triple_Jump	Jai Parvais	9.45		9pts	Latif Khan	9.82		11pts
Pole_Vault								
Shot	Karim Lawal	8.56		11pts	Sebastiano Euba	7.99		9pts
Discus	Hayat Bin Vakas	18.09		9pts	George Worwood	18.35		9pts
Javelin	Freddie Goddard	NM		0pts	Ibrahim Ahmed	NM		0pts
Hammer								
Relay	Sebastiano Euba , Hayat Bin Vakas , Matisse Joby , Syon Edwards					51.6		18pts

11 : 247pts : West Hatch High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Takeem Campbell	14.6		12pts	Muhammed Shah	14.5		12pts
100m	Oscar Champion	13.1		12pts	Alex Pham	12.8		15pts
200m	Sammy Geist	24.8		21pts	Victor Iliev	31.3		3pts
300m	Harry Burrell	43.9		12pts	Manraj Grewal	51.4		3pts
800m	Nirvana Jordan	2:26.8		17pts				
1500m	Lucas Freedman	4:43.6		21pts	Charlie Cook	4:54.6		19pts
Long_Jump	Takeem Campbell	4.07		5pts	Muhammed Shah	3.99		4pts
High_Jump	Alex Pham	NM		0pts	Nirvana Jordan	NM		0pts
Triple_Jump	Sammy Geist	11.00		17pts	Lucas Freedman	9.20		8pts
Pole_Vault								
Shot	Oscar Champion	8.96		12pts	Viktor Iliev	8.96		12pts
Discus	George Petkov	21.86		13pts	Sathil Tuduwage	18.97		10pts
Javelin	Charlie Cook	24.16		10pts	Noah Unana	23.65		9pts
Hammer								
Relay								

12 : 227pts : Southchurch High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Xander Wright	14.4		13pts	Louis Davenport	14.6		12pts
100m	Frankie Roberts	14.0		6pts	Ashton Bruce	12.6		17pts
200m	Ronnie Hoiles	26.8		14pts	Preston Reed	28.5		10pts
300m	William Kelly	46.7		8pts	Caleb Adam	50.0		5pts
800m					Freddie Nicholson	2:37.1		13pts
1500m	George Barton	5:04.2		17pts	Harrison Tracy	5:36.7		10pts
Long_Jump	Ashton Bruce	4.25		7pts	Freddie Nicholson	3.59		1pts
High_Jump	William Kelly	1.35		11pts	Ronnie Hoiles	1.23		7pts
Triple_Jump	George Barton	8.68		5pts	Harrison Tracy	NM		0pts
Pole_Vault								
Shot	Preston Reed	9.28		13pts	Jamal Huthman	8.38		10pts
Discus	Xander Wright	18.00		9pts	Callum Young	21.17		12pts
Javelin	Charlie Crowder	20.61		7pts	Caleb Adam	22.49		8pts
Hammer								
Relay	Charlie Crowder , Jamal Huthman , Louis Davenport , Frankie Roberts					56.0		12pts

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Intermediate Boys
13 : 222pts : Orsett Heath Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Teddy Wakeling	13.7		16pts	Robert Hicks	14.7		11pts
100m	Louie Sach	12.3		20pts	Jacob Harris	13.1		12pts
200m								
300m	Aidan Joseph	43.2		13pts	Tyler Henry	45.8		9pts
800m	Marshall Murray	2:42.7		12pts				
1500m	Billy Chandler	5:47.1		8pts	Logan Silk	5:20.7		13pts
Long_Jump	Louie Sach	4.03		5pts				
High_Jump	Marshall Murray	1.53		17pts	Tyler Henry	1.35		11pts
Triple_Jump	Teddy Wakeling	10.32		13pts	Robert Hicks	9.47		9pts
Pole_Vault								
Shot					Jay Jay Jennings	7.87		8pts
Discus	James Clark	24.96		16pts	Artie Preyer- Eames	21.76		13pts
Javelin	Aidan Joseph	16.19		4pts	Logan Silk	27.09		12pts
Hammer								
Relay								

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Intermediate Girls
1 : 445pts : Brentwood School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles					Emily Sanderson	14.2		17pts	
100m	Aimee Lim	13.8		18pts	Megan Collett	14.0		16pts	
200m	Ava Carter	27.0		24pts	Kalea Martin	28.8		18pts	
300m	Ella Gilder-Briggs	43.3		25pts	Francesca Faud	46.9		19pts	
800m	Georgia Sawyer	2:48.6		16pts	Maisie Donovan	2:43.0		19pts	
1500m	Eva Sandhu	5:42.1		19pts	Daisy Edwards	5:50.4		17pts	
Long_Jump	Aimee Lim	4.74		20pts	Kalea Martin	4.19		15pts	
High_Jump	Ella Gilder-Briggs	1.29		14pts	Maisie Donovan	1.20		11pts	
Triple_Jump	Francesca Faud	9.65		20pts	Megan Collett	9.17		16pts	
Pole_Vault									
Shot	Alex Winjobi	8.30		17pts					
Discus	Abigail Loveys	20.53		16pts	Eva Sandhu	16.00		10pts	
Javelin	Georgia Sawyer	27.07		22pts	Daisy Edwards	21.48		16pts	
Hammer	Maya Tseayo	34.57		27pts	Emily Sanderson	22.51		15pts	
Relay	Abigail Loveys , Maya Tseayo , Alex Winjobi , Ava Carter						59.5		18pts

2 : 363pts : Thorpe Hall School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Sophie Kindley	16.3		10pts	Yasmin Rose	13.5		20pts	
100m	Dahlia Hanrahan	13.2		24pts	Florence Williams	15.0		9pts	
200m	Lucy Whiting King	30.7		11pts	Emily Bentley	27.4		22pts	
300m	Darcy Williamson	47.6		18pts	Jessica Sandford	50.4		13pts	
800m	Heidi Duff	3:09.6		9pts	Freya Walls	2:45.4		18pts	
1500m	Daisy Batho	5:33.4		21pts	Ruby Reddan	5:39.1		20pts	
Long_Jump	Dahlia Hanrahan	4.98		23pts	Yasmin Rose	4.44		17pts	
High_Jump	Darcy Williamson	1.20		11pts	Emily Bentley	1.26		13pts	
Triple_Jump	Sophie Kindley	7.88		7pts	Florence Williams	7.48		3pts	
Pole_Vault									
Shot	Heidi Duff	6.75		12pts	Lucy Whiting King	7.26		13pts	
Discus	Emilie Lammert	19.93		15pts	Daisy Batho	10.84		3pts	
Javelin	Sonny Shorey	22.35		17pts	Freya Walls	26.09		21pts	
Hammer									
Relay	Sonny Shorey , Ruby Reddan , Emilie Lammert , Jessica Sandford						62.5		13pts

3 : 290pts : William Edwards School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Alice Coshell	11.7		28pts	Lyra Macanaspie	17.0		8pts	
100m	Leighana Maine	15.0		9pts	Micheala Adu	14.8		10pts	
200m	Jada Patrick	31.0		10pts	Eleora Asare Boateng	29.6		15pts	
300m	Autumn Adeyinka	52.3		11pts	Rhianna John	44.9		22pts	
800m	Hanna Sadowska	3:03.7		11pts	Martha Fuller	3:05.1		11pts	
1500m	Aiste Jankute	6:45.3		8pts	Lily Knapman	6:07.2		14pts	
Long_Jump	Eleora Asare Boateng	3.27		6pts	Victoria Rembecka	3.27		6pts	
High_Jump	Hanna Sadowska	1.11		8pts	Lyra Macanaspie	1.17		10pts	
Triple_Jump	Rhianna John	9.79		20pts	Alice Coshell	10.53		27pts	
Pole_Vault									
Shot	Leighana Maine	8.37		17pts	Abigail Bluck	4.80		5pts	
Discus	Micheala Adu	14.00		8pts	Autumn Adeyinka	12.29		5pts	
Javelin	Aiste Jankute	10.04		1pts	Jada Patrick	15.44		7pts	
Hammer									
Relay	Martha Fuller , Abigail Bluck , Lily Knapman , Victoria Rembecka						62.6		13pts

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Intermediate Girls

4 : 289pts : Westcliff High School for Girls, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Mide Dosumu	14.9		15pts	Emelia Beevers	16.1		11pts	
100m	Aize Michael	13.8		18pts	Alliana Casimo	13.3		23pts	
200m	Mary Akanki	30.4		12pts	Tamie Makanjuola	29.9		14pts	
300m	Abake Obe	50.9		12pts	Ariana Balogun	49.5		14pts	
800m	Lois Kinsler	3:14.1		8pts	Lily Jones	2:57.1		13pts	
1500m	Michelle Adesina	5:49.8		18pts	Olivia Pritchard	5:57.3		16pts	
Long_Jump	Aize Michael	3.06		4pts	Tamie Makanjuola	3.91		12pts	
High_Jump	Lola Conran	NM		0pts	Lily Jones	1.32		15pts	
Triple_Jump	Mary Akanki	7.25		1pts	Alliana Casimo	9.53		19pts	
Pole_Vault									
Shot	Abake Obe	5.90		9pts	Emelia Beevers	6.25		10pts	
Discus	Mide Dosumu	16.34		11pts	Ariana Balogun	15.44		9pts	
Javelin	Lois Kinsler	14.07		5pts	Tallulah Czabanowycz	13.73		5pts	
Hammer									
Relay	Michelle Adesina , Olivia Pritchard , Tallulah Czabanowycz , Lola Conran						61.6		15pts

5 : 212pts : Chase High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Nicola Bartkowiak	13.7		19pts	Kara Dodd	12.8		23pts	
100m	Maggie Baxter	15.2		8pts	Annabel Tarbin	16.1		3pts	
200m									
300m	Mia Sokolovaite	52.3		11pts	Amber-Rose Bailey-Atkins	56.0		6pts	
800m	Gracylee Raymond	2:52.9		15pts	Nicole Herodekova	3:04.1		11pts	
1500m									
Long_Jump	Mia Sokolovaite	3.15		5pts	Nicole Herodekova	3.62		9pts	
High_Jump	Lily Chant	1.20		11pts	Kara Dodd	1.44		19pts	
Triple_Jump	Maggie Baxter	8.37		11pts	Ellie-May Gray	NM		0pts	
Pole_Vault									
Shot	Nicola Bartkowiak	7.65		15pts	Annabel Tarbin	5.90		9pts	
Discus	Elizabeth Gege	13.83		7pts	Amber-Rose Bailey-Atkins	15.24		9pts	
Javelin	Gracylee Raymond	13.58		5pts	Lauren Gontsi	14.67		6pts	
Hammer	Annabelle Banks	17.53		10pts	Willow Taylor	6.69		0pts	
Relay	Lily Chant , Annabelle Banks , Lauren Gontsi , Elizabeth Gege						72.8		0pts

6 : 167pts : The Billericay School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points	
Hurdles	Jessica Lee	16.7		9pts	Poppy Stilwell	18.2		4pts	
100m	Ruby Catchpole	15.5		6pts	Ami Walsh	15.6		6pts	
200m	Sofia Prudence	30.2		13pts	Imogen Sorrell	31.0		10pts	
300m	Amelia Clifton	52.0		11pts	Evie Curtis	52.4		11pts	
800m	Annabel Hawley	3:24.0		5pts	Sophie Hersey				
1500m	Lucia Brackett-Mencarelli	6:24.0		12pts					
Long_Jump	Jessica Lee	NM		0pts	Ami Walsh	NM		0pts	
High_Jump	Annabel Hawley	1.26		13pts	Imogen Sorrell	1.29		14pts	
Triple_Jump									
Pole_Vault									
Shot	Lucia Brackett-Mencarelli	4.04		3pts	Poppy Stilwell	6.26		10pts	
Discus	Holly Chaproniere	14.55		8pts					
Javelin	Sofia Prudence	17.87		11pts	Evie Curtis	14.82		6pts	
Hammer									
Relay	Amelia Clifton , Ruby Catchpole , Holly Chaproniere , Sophie Hersey						61.2		15pts

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Intermediate Girls
7 : 152pts : West Hatch High School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m	Italia Wright	15.1		8pts	Chloe Affleck	14.4		12pts
200m	Katie O'Donnell	30.7		11pts	Izzy Phillips	32.1		7pts
300m		53.3		9pts	Ariannah Best	59.5		2pts
800m						3:18.9		6pts
1500m	Amber Higgs- Smith	6:28.7		11pts	Daisy Sherrin	6:20.8		12pts
Long_Jump	Izzy Phillips	2.95		3pts	Chloe Affleck	2.99		3pts
High_Jump	Jazz Molloy	NM		0pts				
Triple_Jump					Italia Wright	8.89		14pts
Pole_Vault	Amber Higgs- Smith	2.25		18pts				
Shot	Ava O'Reilly	9.05		19pts				
Discus	Ellahe Safaei Keshtgar	NM		0pts				
Javelin	Daisy Sherrin	NM		0pts	Jessica Hazell	22.54		17pts
Hammer								
Relay								

8 : 138pts : Chigwell School, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles	Taran Chana	19.2		1pts				
100m	Verity Moore	14.5		11pts	Lyndsey Adirmora	14.7		10pts
200m	Nieve Wilson	33.5		4pts	Imogen Lewton	33.8		3pts
300m					Hollie Friend	55.9		6pts
800m	Milen Pabila	2:54.1		14pts	Pia Trauttmandorff	3:13.4		8pts
1500m	Grace Thompson	6:43.3		8pts	Alice Botham	6:10.5		14pts
Long_Jump	Grace Thompson	3.07		4pts	Lyndsey Adirmora	NM		0pts
High_Jump	Alice Botham	1.23		12pts	Taran Chana	1.20		11pts
Triple_Jump	Milen Pabila	6.62		0pts	Nieve Wilson	6.66		0pts
Pole_Vault								
Shot	Ada Nwankwo	8.30		17pts	Sonam Basra	3.72		2pts
Discus	Poppy Sharp	13.30		7pts	Ani Parmar	NM		0pts
Javelin	Imogen Lewton	9.19		0pts	Verity Moore	4.83		0pts
Hammer								
Relay	Ada Nwankwo , Poppy Sharp , Pia Trauttmandorff , Ani Parmar					67.4		6pts

9 : 121pts : Orsett Heath Academy, Essex

Event	Name	Perf	Wind	Points	Name	Perf	Wind	Points
Hurdles								
100m					Jess Keeling	16.0		4pts
200m								
300m					Maria Zielenska	54.1		8pts
800m	Ayla Izzet	3:05.1		11pts	Yasmine De Bruyn	3:11.1		9pts
1500m	Lydia Dennison	6:33.2		10pts	Ashleigh Meaney	6:34.7		10pts
Long_Jump	Ayla Izzet	3.63		9pts	Jess Keeling	3.37		7pts
High_Jump	Frankie Meah	NM		0pts	Abi Sims	NM		0pts
Triple_Jump								
Pole_Vault								
Shot	Clivena Opoku-Gyebi	6.26		10pts	Janaat Lawal	7.85		15pts
Discus					Ashleigh Meaney	15.20		9pts
Javelin					Maria Zielenska	13.78		5pts
Hammer								
Relay	Kallie Revell , Clivena Opoku-Gyebi , Lydia Dennison , Yasmine De Bruyn					62.2		14pts