

## English Schools' AA Cross Country Cup 2023

## Regional Final, West Central 1 at Bromsgrove School - Tuesday 7th November 2023

Junior Boys		Team Results	4	Scoring Athletes	Distance 2500m
Pos	Name	School, County			Time
1	Alistair Spurr	Westonbirt School, Gloucestershire			11:06
2	A	Haberdashers' Adams, Shropshire			11:11
3	Harry Helmore	Bromsgrove Prep School, Hereford & Worcestershire			11:15
4	James Longworth	Bromsgrove Prep School, Hereford & Worcestershire			11:21
5	Joeseoph Ousji	The Fallibroome Academy, Cheshire			11:28
6	James Bostock	Princethorpe College, Warwickshire			11:32
7	D	Haberdashers' Adams, Shropshire			11:39
8	Miren Randhawa	Bishop Vesey's Grammar School, West Midlands			11:49
9	Oliver Gunther	Bishop Vesey's Grammar School, West Midlands			11:57
10	Freddie Preston	The King's School Worcester, Hereford & Worcestershire			12:02
11	Isaac Fowle	Princethorpe College, Warwickshire			12:11
12	Yuvan Sidhu	Bishop Vesey's Grammar School, West Midlands			12:12
13	Ethan Rouse	Thomas Telford School, Shropshire			12:13
14	Macklin Coalter	Bromsgrove Prep School, Hereford & Worcestershire			12:13
15	Francisco Artus-Thomazi	Alcester Grammar School, Warwickshire			12:23
16	Hakam Allouh	Bishop Vesey's Grammar School, West Midlands			12:28
17	Louis Burrows	Thomas Telford School, Shropshire			12:29
18	Lex Meredith	The King's School Worcester, Hereford & Worcestershire			12:30
19	F	Haberdashers' Adams, Shropshire			12:31
20	Joe Watt	Alcester Grammar School, Warwickshire			12:32
21	Charlie Parsons	Sir Thomas Rich's School, Gloucestershire			12:41
22	Seb Sedgemore	Thomas Telford School, Shropshire			12:43
23	Charlie Ray	Thomas Telford School, Shropshire			12:47
24	Jack Marley	The King's School Worcester, Hereford & Worcestershire			12:49
25	Oliver Hodgson	The King's School In Macclesfield, Cheshire			12:50
26	Jenson Berry	Finham Park School, West Midlands			12:51
27	Harry Overthrow	Sir Thomas Rich's School, Gloucestershire			12:52
28					12:53
29	Sam Corby	The King's School Worcester, Hereford & Worcestershire			12:54
30	Lucas Ashurst	Bromsgrove Prep School, Hereford & Worcestershire			12:55
31	Harry Burrows	Thomas Telford School, Shropshire			12:56
32	Alessandro Biselli	Sir Thomas Rich's School, Gloucestershire			12:57
33	C	Haberdashers' Adams, Shropshire			12:59
34	Harry Irving	The King's School In Macclesfield, Cheshire			13:00
35	Alistair Durance	Alcester Grammar School, Warwickshire			13:01
36	Jyanas Gurung	Bromsgrove Prep School, Hereford & Worcestershire			13:03
37	Ethan Frith	Finham Park School, West Midlands			13:05
38	James Heald	The King's School In Macclesfield, Cheshire			13:08
39	Hector McMyn	Westonbirt School, Gloucestershire			13:08
40	Barnaby Young	Westonbirt School, Gloucestershire			13:08
41	Zac Harper	The King's School In Macclesfield, Cheshire			13:20
42	Paul Laurens	The Fallibroome Academy, Cheshire			13:21
43	Aran Long	Alcester Grammar School, Warwickshire			13:21
44	Tomi Morris	Alcester Grammar School, Warwickshire			13:22
45	Jash Jepson	The King's School In Macclesfield, Cheshire			13:24
46	Arjan Sidhu	Finham Park School, West Midlands			13:28
47	Tobias Richardson	Bishop Vesey's Grammar School, West Midlands			13:29
48	Rufus Jones	Princethorpe College, Warwickshire			13:30
49	Toby Cooper	The King's School In Macclesfield, Cheshire			13:31
50	Harley Howells	Westonbirt School, Gloucestershire			13:32
51	Elijah Whiting	Westonbirt School, Gloucestershire			13:32
52	Indy Mounfield	Westonbirt School, Gloucestershire			13:34
53	Morgan Nabney	Alcester Grammar School, Warwickshire			13:35
54	B	Haberdashers' Adams, Shropshire			13:36
55 of 13	Charlie Leech	Princethorpe College, Warwickshire			13:37

## English Schools' AA Cross Country Cup 2023

### Regional Final, West Central 1 at Bromsgrove School - Tuesday 7th November 2023

Junior Boys		Team Results	4	Scoring Athletes	Distance 2500m
Pos	Name	School, County			Time
56	Corin Floyd	Sir Thomas Rich's School, Gloucestershire			13:38
57	Rory Freeman	The King's School Worcester, Hereford & Worcestershire			13:45
58	Eddie Underwood	The King's School Worcester, Hereford & Worcestershire			13:48
59	Albie Doran	Finham Park School, West Midlands			13:49
60	George Cutter	Bromsgrove Prep School, Hereford & Worcestershire			13:49
61	Joseph Lee	Sir Thomas Rich's School, Gloucestershire			13:50
62	Reece Barrows	Bishop Vesey's Grammar School, West Midlands			13:55
63	Lucas Clamp	Finham Park School, West Midlands			13:59
64	Sebastian Sharkey	Finham Park School, West Midlands			14:05
65	Alvin Wamala	Princethorpe College, Warwickshire			14:25
66	Alfie Hughes	The Fallibroome Academy, Cheshire			14:41
67	Austin Higham	Princethorpe College, Warwickshire			15:00

## English Schools' AA Cross Country Cup 2023

## Regional Final, West Central 1 at Bromsgrove School - Tuesday 7th November 2023

Intermediate Boys		Team Results	4	Scoring Athletes	Distance 4400m
Pos	Name	School, County			Time
1	Tom Fisher	Alcester Grammar School, Warwickshire			14:39
2	Kieran Halsey	Myton School, Warwickshire			14:51
3	Kody Gilbody	Thomas Telford School, Shropshire			15:01
4	Tom Lyevashev	Bromsgrove School, Hereford & Worcestershire			15:15
5	Aran Cooper	Alcester Grammar School, Warwickshire			15:17
6	Will Hapgood	Bromsgrove School, Hereford & Worcestershire			15:18
7	Joel Ledgard	Alcester Grammar School, Warwickshire			15:28
8	William Hughes	Haberdashers' Adams, Shropshire			15:29
9	Ross Hallinan	The King's School In Macclesfield, Cheshire			15:40
10	Bobby Tomlinson	The King's School In Macclesfield, Cheshire			15:43
11	George Hadley	Bromsgrove School, Hereford & Worcestershire			15:45
12	Malakhi Bailey	Bromsgrove School, Hereford & Worcestershire			15:46
13	A	Churchdown School, Gloucestershire			15:48
14	Excel Iwhiwu	Sir Thomas Rich's School, Gloucestershire			15:54
15	Arthur Pugh	Haberdashers' Adams, Shropshire			15:56
16	Freddie Giles	Bromsgrove School, Hereford & Worcestershire			16:03
17	Dan Scott	Sir Thomas Rich's School, Gloucestershire			16:05
18	Dylan Williams-Yang	Haberdashers' Adams, Shropshire			16:06
19	Stan Slater	The King's School In Macclesfield, Cheshire			16:06
20	F	Churchdown School, Gloucestershire			16:06
21	Jonathan Thomson	Sir Thomas Rich's School, Gloucestershire			16:11
22	Harry Knight	Sir Thomas Rich's School, Gloucestershire			16:15
23	Thomas Karra-Betts	Bishop Vesey's Grammar School, West Midlands			16:17
24	Sam Southall	Haberdashers' Adams, Shropshire			16:19
25	Ethan Adam	Sir Thomas Rich's School, Gloucestershire			16:20
26	Zak Tisdale	Bishop Vesey's Grammar School, West Midlands			16:21
27	James Lappin	Alcester Grammar School, Warwickshire			16:26
28	Tom Court	Weaverham High School, Cheshire			16:34
29	Jack Tomlinson	Haberdashers' Adams, Shropshire			16:48
30	Dylan Hodgson	The King's School In Macclesfield, Cheshire			16:50
31	Tom Jenkins	Weaverham High School, Cheshire			16:50
32	Aidan Wagg	The King's School In Macclesfield, Cheshire			16:54
33	Harry Pickup	Royal Grammar School Worcester, Hereford & Worcestershire			16:55
34	Caleb Davy	Myton School, Warwickshire			16:55
35	Arnold Downes	Weaverham High School, Cheshire			17:03
36	Callum Evans	Thomas Telford School, Shropshire			17:15
37	C	Churchdown School, Gloucestershire			17:18
38	E	Churchdown School, Gloucestershire			17:24
39	Harry Wilkins	Thomas Telford School, Shropshire			17:29
40	Mackenzie Hulse	Weaverham High School, Cheshire			17:30
41	Billy Calder	Myton School, Warwickshire			17:33
42	Oscar Burke	Weaverham High School, Cheshire			17:34
43	Hugo Blackwell	The King's School In Macclesfield, Cheshire			17:36
44	Sam Coulson-Caime	Haberdashers' Adams, Shropshire			17:38
45	Isaac Lucas	Sandbach School, Cheshire			17:38
46	Ban Badley	Sandbach School, Cheshire			17:39
47	Elliot Mallin	Thomas Telford School, Shropshire			18:05
48	Harry Gough	Thomas Telford School, Shropshire			18:07
49	Hugo Bomme	Myton School, Warwickshire			18:08
50	Oliver Hoe	Bishop Vesey's Grammar School, West Midlands			18:10
51	D	Churchdown School, Gloucestershire			18:13
52	Albie Cragg	Sandbach School, Cheshire			18:13
53	Oscar Len	Bromsgrove School, Hereford & Worcestershire			18:30
54	Lucas Jones	Royal Grammar School Worcester, Hereford & Worcestershire			18:33
55 of 13	Matthew Johnson	Myton School, Warwickshire			18:59

## English Schools' AA Cross Country Cup 2023

### Regional Final, West Central 1 at Bromsgrove School - Tuesday 7th November 2023

Intermediate Boys		Team Results	4	Scoring Athletes	Distance 4400m
Pos	Name	School, County			Time
56	Charlie Rucinski	Royal Grammar School Worcester, Hereford & Worcestershire			18:59
57	Bill Wilesmith	Royal Grammar School Worcester, Hereford & Worcestershire			19:00
58	Aiden Bird	Thomas Telford School, Shropshire			19:21
59	Luke Lloyd	Alcester Grammar School, Warwickshire			19:58
60	Panashe Chanduka	Sandbach School, Cheshire			21:03
61	Perry Ofori-Baffoe	Myton School, Warwickshire			21:22
62	Eric Gregory	Royal Grammar School Worcester, Hereford & Worcestershire			21:37

## English Schools' AA Cross Country Cup 2023

## Regional Final, West Central 1 at Bromsgrove School - Tuesday 7th November 2023

Senior Boys		Team Results	4	Scoring Athletes	Distance 5140m
Pos	Name	School, County		Time	
1	Luke Jones	Royal Grammar School Worcester, Hereford & Worcestershire		17:04	
2	Jack Kinrade	Shrewsbury School, Shropshire		17:22	
3	William Pridden	Bromsgrove School, Hereford & Worcestershire		17:37	
4	Findlay Cullen	Shrewsbury School, Shropshire		17:40	
5	Harry Parker Mclain	Shrewsbury School, Shropshire		17:56	
6	Charlie Costello	Thomas Telford School, Shropshire		17:59	
7	Ben Smith	Princethorpe College, Warwickshire		18:11	
8	Felix Batty	Princethorpe College, Warwickshire		18:25	
9	Dylan Teasdale	Royal Grammar School Worcester, Hereford & Worcestershire		18:35	
10	Charlie Preece	Thomas Telford School, Shropshire		18:40	
11	Charlie Stroud	Bishop Vesey's Grammar School, West Midlands		18:48	
12	William Mayes	King Edward VI School, Stratford Upon Avon, Warwickshire		18:53	
13	Theo Cinnamond	Sir Thomas Rich's School, Gloucestershire		18:58	
14	Dominic Weilds	Shrewsbury School, Shropshire		19:11	
15	Johnnie Thurstan	Shrewsbury School, Shropshire		19:19	
16	James Day	King Edward VI School, Stratford Upon Avon, Warwickshire		19:20	
17	Jacob Bunyan	Royal Grammar School Worcester, Hereford & Worcestershire		19:39	
18	Eddie Harrison	Thomas Telford School, Shropshire		19:41	
19	Elliott Baird	The King's School Worcester, Hereford & Worcestershire		19:44	
20	James Agombar	Sir Thomas Rich's School, Gloucestershire		19:45	
21	Noah Dunnett	Royal Grammar School Worcester, Hereford & Worcestershire		19:56	
22	Alex Mackinnon	Shrewsbury School, Shropshire		20:02	
23	James Mayes	King Edward VI School, Stratford Upon Avon, Warwickshire		20:08	
24	Max Saunders	Bishop Vesey's Grammar School, West Midlands		20:20	
25	Ben Gooch	The King's School Worcester, Hereford & Worcestershire		20:22	
26	Dylan Felton	Bishop Vesey's Grammar School, West Midlands		20:25	
27	Ben Cryer	Helsby High School, Cheshire		20:47	
28	Max McCabe	Bishop Vesey's Grammar School, West Midlands		20:48	
29	Edmund Roberts	The King's School Worcester, Hereford & Worcestershire		20:54	
30	Torby Ellen	Sir Thomas Rich's School, Gloucestershire		20:58	
31	Tom Scott	Thomas Telford School, Shropshire		21:04	
32	Ben Godber	Bishop Vesey's Grammar School, West Midlands		21:11	
33	Paul Du Pontavice Du Vaug	Bromsgrove School, Hereford & Worcestershire		21:12	
34	Alexander Lobban	Bromsgrove School, Hereford & Worcestershire		21:23	
35	Barnaby Richards	The King's School Worcester, Hereford & Worcestershire		21:30	
36	Rhys Tombs	King Edward VI School, Stratford Upon Avon, Warwickshire		21:31	
37	Charlie Ashbrook	Helsby High School, Cheshire		21:37	
38	Freddie Hadley	Princethorpe College, Warwickshire		21:39	
39	Callum Thurlow	Sir Thomas Rich's School, Gloucestershire		21:42	
40	Freddie Jones	Sir Thomas Rich's School, Gloucestershire		22:00	
41	Jacob Magee	Sir Thomas Rich's School, Gloucestershire		22:14	
42	Ben Hardwick	Helsby High School, Cheshire		22:23	
43	Zack Dean	Helsby High School, Cheshire		22:35	
44	Joe Gorst	Bishop Vesey's Grammar School, West Midlands		22:36	
45	Aled Lee	The King's School Worcester, Hereford & Worcestershire		23:06	
46	Guy Dawkins	Princethorpe College, Warwickshire		23:35	
47	Jethro Chan	Bromsgrove School, Hereford & Worcestershire		24:53	
48	Edward Lillico	Helsby High School, Cheshire		27:33	

## English Schools' AA Cross Country Cup 2023

## Regional Final, West Central 1 at Bromsgrove School - Tuesday 7th November 2023

Junior Girls		Team Results	4	Scoring Athletes	Distance 2500m
Pos	Name	School, County			Time
1	Martha Blower	Bromsgrove Prep School, Hereford & Worcestershire			10:16
2	Harriet Anslow	Thomas Telford School, Shropshire			10:22
3	Annabelle Wood	Newport Girls' High School Academy Trust, Shropshire			10:23
4	BEE METCALFE	Knutsford Academy, Cheshire			10:31
5	Freya Mustin	King's High School, Warwickshire			10:47
6	Sophie Longworth	Bromsgrove Prep School, Hereford & Worcestershire			10:56
7	Mea Haffield	The King's School Worcester, Hereford & Worcestershire			11:05
8	Stella Sant	King's High School, Warwickshire			11:06
9	Sophia Baker	Helsby High School, Cheshire			11:07
10	Charlotte Ascough	Bromsgrove Prep School, Hereford & Worcestershire			11:10
11	Holly Hanson	Alcester Grammar School, Warwickshire			11:23
12	Alisa Argwal	Thomas Telford School, Shropshire			11:26
13	Felicity Durkan	Bromsgrove Prep School, Hereford & Worcestershire			11:28
14	Lucy Varley	Stroud High School, Gloucestershire			11:28
15	Ace Doggett	The King's School Worcester, Hereford & Worcestershire			11:28
16	Amelia Saunders	Stroud High School, Gloucestershire			11:32
17	Grace Brady	Stroud High School, Gloucestershire			11:34
18	Hannah Roddick	Cheltenham Ladies' College, Gloucestershire			11:36
19	Ella Cunningham	Bromsgrove Prep School, Hereford & Worcestershire			11:37
20	Floren Smith	Alcester Grammar School, Warwickshire			11:40
21	Imogen Wynne	Alcester Grammar School, Warwickshire			11:41
22	Gracie Jones	Thomas Telford School, Shropshire			11:41
23	Orla James	Sutton Coldfield Grammar School for Girls, West Midlands			
24	Darcie Grindrod	Helsby High School, Cheshire			
25	Philippa Godfrey	Newport Girls' High School Academy Trust, Shropshire			
26	Darcy Poole	Stroud High School, Gloucestershire			
27	Florence Morris	Stroud High School, Gloucestershire			
28	Lucia Ogilvie-Putt	King's High School, Warwickshire			
29	Megan Hastie	Finham Park School, West Midlands			
30	Rose Mcutcheon	Thomas Telford School, Shropshire			
31	Maisie Broadley	Neston High School, Cheshire			
32	Sarah Taylor	Sutton Coldfield Grammar School for Girls, West Midlands			
33	Helena Guthrie	King's High School, Warwickshire			
34	Phillpa Warren	Finham Park School, West Midlands			
35	Isla Ellis	King's High School, Warwickshire			
36	Kaia Kotlinska	Sutton Coldfield Grammar School for Girls, West Midlands			
37	Emilia White	Thomas Telford School, Shropshire			
38	Anna Newman	Sutton Coldfield Grammar School for Girls, West Midlands			
39	April Sanderson	Neston High School, Cheshire			
40	Robyn Duffy	The King's School Worcester, Hereford & Worcestershire			
41	Jessica Smith	Cheltenham Ladies' College, Gloucestershire			
42	Aaliyah Hammad	The King's School In Macclesfield, Cheshire			12:00
43	Rose Shepherd	Helsby High School, Cheshire			12:01
44	Shaan Kaur	Newport Girls' High School Academy Trust, Shropshire			12:03
45	Ivy Brannen	Newport Girls' High School Academy Trust, Shropshire			12:03
46	Ilyah Soutar	Thomas Telford School, Shropshire			12:04
47	Issy Marriot	Alcester Grammar School, Warwickshire			12:06
48	Elsie Sinclair	The King's School Worcester, Hereford & Worcestershire			12:10
49	Rose Davies Smith	Finham Park School, West Midlands			12:13
50	Maisy Woodward	Alcester Grammar School, Warwickshire			12:14
51	Sophia Painter	King's High School, Warwickshire			12:15
52	Rose Williams	Cheltenham Ladies' College, Gloucestershire			12:21
53	ROSALIE TARNE	Knutsford Academy, Cheshire			12:23
54	Olivia Knott	The King's School Worcester, Hereford & Worcestershire			12:25
55 of 13	Aiza Ul-Haq	Sutton Coldfield Grammar School for Girls, West Midlands			12:27

## English Schools' AA Cross Country Cup 2023

## Regional Final, West Central 1 at Bromsgrove School - Tuesday 7th November 2023

Junior Girls		Team Results	4	Scoring Athletes	Distance 2500m
Pos	Name	School, County			Time
56	Maisie McMorine	Helsby High School, Cheshire			12:33
57	Fay Jackson	Newport Girls' High School Academy Trust, Shropshire			12:33
58	Scarlett Corkish	Stroud High School, Gloucestershire			12:34
59	Lucy Prescott	Finham Park School, West Midlands			12:43
60	KATE WOLSTENHOLME	Knutsford Academy, Cheshire			12:44
61	Annie Husband	Alcester Grammar School, Warwickshire			12:45
62	Melissa Finegan	Neston High School, Cheshire			13:01
63	Cleo Fitton	The King's School Worcester, Hereford & Worcestershire			13:15
64	Molly Whitehouse	Finham Park School, West Midlands			13:23
65	Poppy Phillips	Sutton Coldfield Grammar School for Girls, West Midlands			13:26
66	Amy holt	Finham Park School, West Midlands			13:36
67	Lucy Gass	The King's School In Macclesfield, Cheshire			13:42
68	Penny O'Brien	The King's School In Macclesfield, Cheshire			13:44
69	Rose Zeller	Neston High School, Cheshire			13:47
70	Tilly Fox	The King's School In Macclesfield, Cheshire			15:24
71	Amelia Bexon	The King's School In Macclesfield, Cheshire			15:24
72	Rosie Bagnall	Knutsford Academy, Cheshire			15:48
73	Chloe Horan	Helsby High School, Cheshire			15:51
74	Siya Dutta	Cheltenham Ladies' College, Gloucestershire			15:57

## English Schools' AA Cross Country Cup 2023

## Regional Final, West Central 1 at Bromsgrove School - Tuesday 7th November 2023

Intermediate Girls		Team Results	4	Scoring Athletes	Distance 2500m
Pos	Name	School, County			Time
1	OLIVIA MCGHEE	Rugby High School, Warwickshire			11:33
2	Lucy Hellingsworth	Haybridge High School and Sixth Form, Hereford & Worcestershire			11:41
3	Ffion Collins	Haybridge High School and Sixth Form, Hereford & Worcestershire			11:44
4	Olivia Bull	King's High School, Warwickshire			11:55
5	Kara-Rose Welborn	Bromsgrove School, Hereford & Worcestershire			12:05
6	Lucy Tebbett	The King's School Worcester, Hereford & Worcestershire			12:06
7	Constance Rendell	Stroud High School, Gloucestershire			12:12
8	Olive Thomas	Haybridge High School and Sixth Form, Hereford & Worcestershire			12:18
9	Eleanor Sheffield	Stroud High School, Gloucestershire			12:32
10	Freya Fitton	Helsby High School, Cheshire			12:40
11	Caitlin Pridden	Bromsgrove School, Hereford & Worcestershire			12:42
12	Sophie Purves	The King's School Worcester, Hereford & Worcestershire			12:43
13	Emily Murdoch	Stroud High School, Gloucestershire			12:44
14	Ella Purves	The King's School Worcester, Hereford & Worcestershire			12:50
15	Maisie Roberts	Thomas Telford School, Shropshire			13:07
16	Imogen De Pennington	King's High School, Warwickshire			13:14
17	Nancy Reeves	King's High School, Warwickshire			13:18
18	Annie Silvers	King's High School, Warwickshire			13:19
19	Amelia Harsant	Stroud High School, Gloucestershire			13:25
20	Ellie Corbett	Thomas Telford School, Shropshire			13:33
21	ESTHER HUTCHINS MORAN	Rugby High School, Warwickshire			13:34
22	Evie Yates	Weaverham High School, Cheshire			13:35
23	MERRYN HUTCHINS MORAI	Rugby High School, Warwickshire			13:37
24	Lauren Weedall	Weaverham High School, Cheshire			13:49
25	Charlotte King	Weaverham High School, Cheshire			13:51
26	Ebony Taylor	Weaverham High School, Cheshire			13:52
27	Lily O'Brien	Westonbirt School, Gloucestershire			13:54
28	Abby Webb	Bromsgrove School, Hereford & Worcestershire			13:54
29	Daisy Fitton	The King's School Worcester, Hereford & Worcestershire			13:58
30	Jessica Harvey	Haybridge High School and Sixth Form, Hereford & Worcestershire			14:01
31	Ellie Barker	King's High School, Warwickshire			14:03
32	Catherine Hamilton	The King's School Worcester, Hereford & Worcestershire			14:08
33	Sophia Powell	Westonbirt School, Gloucestershire			14:11
34	Nikol Tesarova	Stroud High School, Gloucestershire			14:21
35	Connie Askin	Newport Girls' High School Academy Trust, Shropshire			14:22
36	Emily McCabe	Thomas Telford School, Shropshire			14:22
37	Phoebe Lloyd	Weaverham High School, Cheshire			14:23
38	Mischa Drewett	Sutton Coldfield Grammar School for Girls, West Midlands			14:28
39	Flora Blower	Bromsgrove School, Hereford & Worcestershire			14:31
40	Lois lee	Helsby High School, Cheshire			14:36
41	Emma Craine	King's High School, Warwickshire			14:43
42	Emme Tabbot	Thomas Telford School, Shropshire			14:44
43	Yasmin Hughes	Bromsgrove School, Hereford & Worcestershire			14:49
44	Isabell Borg	Sutton Coldfield Grammar School for Girls, West Midlands			14:54
45	Carmen Hollier	Westonbirt School, Gloucestershire			15:03
46		Westonbirt School, Gloucestershire			15:06
47	Elizabeth Smith	Helsby High School, Cheshire			15:17
48	Megan Troughton	Stroud High School, Gloucestershire			15:25
49	Jess O'Neil	Helsby High School, Cheshire			15:26
50	Ava Soesan	Sutton Coldfield Grammar School for Girls, West Midlands			15:26
51	Easha Kaur	Newport Girls' High School Academy Trust, Shropshire			15:34
52	Jenna Graham	Thomas Telford School, Shropshire			15:43
53	Sarah Farag	Newport Girls' High School Academy Trust, Shropshire			15:51
54	Rose Jha	Weaverham High School, Cheshire			15:51
55	Elena Hallett	Westonbirt School, Gloucestershire			16:04



## English Schools' AA Cross Country Cup 2023

Regional Final, West Central 1 at Bromsgrove School - Tuesday 7th November 2023

Intermediate Girls

Team Results 4

Scoring Athletes Distance 2500m

Pos	Name	School, County	Time
56	Hermione Pratt	The King's School Worcester, Hereford & Worcestershire	16:21
57	IZZY MCDOWELL	Rugby High School, Warwickshire	16:22
58	Ellen Cambidge	Newport Girls' High School Academy Trust, Shropshire	16:33
59	Anna Chapman-Fogliatti	Haybridge High School and Sixth Form, Hereford & Worcestershire	16:38
60	Eve Deere	Sutton Coldfield Grammar School for Girls, West Midlands	17:26
61	SOPHIE FARRELL	Rugby High School, Warwickshire	18:21

## English Schools' AA Cross Country Cup 2023

## Regional Final, West Central 1 at Bromsgrove School - Tuesday 7th November 2023

Senior Girls		Team Results	4	Scoring Athletes	Distance 3420m
Pos	Name	School, County			Time
1	Niamh Hillard	Alcester Grammar School, Warwickshire			11:46
2	Seren Jones	Sir Thomas Rich's School, Gloucestershire			11:58
3	Isabelle Standell	Thomas Telford School, Shropshire			12:02
4	Maisy- Joy Spriggs	Alcester Grammar School, Warwickshire			12:17
5	Grace Darcy	Princethorpe College, Warwickshire			12:27
6	Sophia Coulson	Shrewsbury School, Shropshire			12:33
7	REBECCA EATON	Rugby High School, Warwickshire			12:37
8	Nancy Farmer	Helsby High School, Cheshire			12:39
9	Scarlett Willoughby	Thomas Telford School, Shropshire			12:39
10		Alcester Grammar School, Warwickshire			12:40
11	Abbi Cooper	Alcester Grammar School, Warwickshire			12:43
12	Ava Kind	Thomas Telford School, Shropshire			13:03
13	Francesca Allen	Sutton Coldfield Grammar School for Girls, West Midlands			13:17
14	Zoe Asquith	Thomas Telford School, Shropshire			13:21
15	Jess Evans	Princethorpe College, Warwickshire			13:27
16	Olivia Kerley	Shrewsbury School, Shropshire			13:31
17	Rosie Morris	Shrewsbury School, Shropshire			13:49
18	Amelia Blackledge	Shrewsbury School, Shropshire			13:55
19	Hannah Sherratt	Alcester Grammar School, Warwickshire			13:58
20	Ellie Leigh Livingstone	Shrewsbury School, Shropshire			14:08
21	Anna Hind	Helsby High School, Cheshire			14:09
22	Ella Moody	Cheltenham Ladies' College, Gloucestershire			14:12
23	Emily Dyer	Bromsgrove School, Hereford & Worcestershire			14:13
24	Emily Lloyd	Sutton Coldfield Grammar School for Girls, West Midlands			14:14
25	Phoebe Dinnen	Bromsgrove School, Hereford & Worcestershire			14:26
26	Natasha Thomas	Princethorpe College, Warwickshire			14:38
27	Alexandra Hickman	Cheltenham Ladies' College, Gloucestershire			14:39
28	Fiona Naughten	Cheltenham Ladies' College, Gloucestershire			14:42
29	Caitlyn Disley	Thomas Telford School, Shropshire			14:51
30	Emilia Redecker	Bromsgrove School, Hereford & Worcestershire			14:54
31	Isabel Moore	Sutton Coldfield Grammar School for Girls, West Midlands			15:15
32	Ava Watkinson	Thomas Telford School, Shropshire			15:16
33	Elizabeth Dillon	Cheltenham Ladies' College, Gloucestershire			15:17
34	Emily Murphy	Helsby High School, Cheshire			15:50
35	Lucy Cattell	Bromsgrove School, Hereford & Worcestershire			15:53
36	Emma Sarkies	Princethorpe College, Warwickshire			16:00
37	Emily Bancroft	Sutton Coldfield Grammar School for Girls, West Midlands			16:02
38	Lina Sievert	Bromsgrove School, Hereford & Worcestershire			16:11
39	Freya Howell	Sir Thomas Rich's School, Gloucestershire			17:46
40	Alicia Bright	Sir Thomas Rich's School, Gloucestershire			17:48
41	Amelie Owen	Sir Thomas Rich's School, Gloucestershire			17:52
42	Hayley Holland	Helsby High School, Cheshire			18:44

*Regional Final*

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**Junior Boys**

Posn	Points	School
1	45	Bishop Vesey's Grammar School, West Midlands
2	51	Bromsgrove Prep School, Hereford & Worcestershire
3	61	Haberdashers' Adams, Shropshire
4	75	Thomas Telford School, Shropshire
5	81	The King's School Worcester, Hereford & Worcestershire
6	113	Alcester Grammar School, Warwickshire
7	120	Princethorpe College, Warwickshire
8	130	Westonbirt School, Gloucestershire
9	136	Sir Thomas Rich's School, Gloucestershire
10	138	The King's School In Macclesfield, Cheshire
11	168	Finham Park School, West Midlands

**Junior Girls**

Posn	Points	School
1	30	Bromsgrove Prep School, Hereford & Worcestershire
2	66	Thomas Telford School, Shropshire
3	73	Stroud High School, Gloucestershire
4	74	King's High School, Warwickshire
5	99	Alcester Grammar School, Warwickshire
6	110	The King's School Worcester, Hereford & Worcestershire
7	117	Newport Girls' High School Academy Trust, Shropshire
8	129	Sutton Coldfield Grammar School for Girls, West Midlands
9	132	Helsby High School, Cheshire
10	171	Finham Park School, West Midlands
11	185	Cheltenham Ladies' College, Gloucestershire
12	189	Knutsford Academy, Cheshire
13	201	Neston High School, Cheshire
14	247	The King's School In Macclesfield, Cheshire

*Regional Final*

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**Intermediate Boys**

Posn	Points	School
1	33	Bromsgrove School, Hereford & Worcestershire
2	40	Alcester Grammar School, Warwickshire
3	65	Haberdashers' Adams, Shropshire
4	68	The King's School In Macclesfield, Cheshire
5	74	Sir Thomas Rich's School, Gloucestershire
6	108	Churchdown School, Gloucestershire
7	125	Thomas Telford School, Shropshire
8	126	Myton School, Warwickshire
9	134	Weaverham High School, Cheshire
10	200	Royal Grammar School Worcester, Hereford & Worcestershire
11	203	Sandbach School, Cheshire

**Intermediate Girls**

Posn	Points	School
1	43	Haybridge High School and Sixth Form, Hereford & Worcestershire
2	48	Stroud High School, Gloucestershire
3	55	King's High School, Warwickshire
4	61	The King's School Worcester, Hereford & Worcestershire
5	83	Bromsgrove School, Hereford & Worcestershire
6	97	Weaverham High School, Cheshire
7	102	Rugby High School, Warwickshire
8	113	Thomas Telford School, Shropshire
9	146	Helsby High School, Cheshire
10	151	Westonbirt School, Gloucestershire
11	192	Sutton Coldfield Grammar School for Girls, West Midlands
12	197	Newport Girls' High School Academy Trust, Shropshire

**Senior Boys**

Posn	Points	School
1	25	Shrewsbury School, Shropshire
2	48	Royal Grammar School Worcester, Hereford & Worcestershire
3	65	Thomas Telford School, Shropshire
4	87	King Edward VI School, Stratford Upon Avon, Warwickshire
5	89	Bishop Vesey's Grammar School, West Midlands

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6	99	Princethorpe College, Warwickshire
7	102	Sir Thomas Rich's School, Gloucestershire
8	108	The King's School Worcester, Hereford & Worcestershire
9	117	Bromsgrove School, Hereford & Worcestershire
10	149	Helsby High School, Cheshire

**Senior Girls**

Posn	Points	School
1	26	Alcester Grammar School, Warwickshire
2	38	Thomas Telford School, Shropshire
3	57	Shrewsbury School, Shropshire
4	82	Princethorpe College, Warwickshire
5	105	Sutton Coldfield Grammar School for Girls, West Midlands
6	105	Helsby High School, Cheshire
7	110	Cheltenham Ladies' College, Gloucestershire
8	113	Bromsgrove School, Hereford & Worcestershire
9	122	Sir Thomas Rich's School, Gloucestershire