English Schools' AA Cross Country Cup 2023

I	-	Team Devide A Cooring Athletes	
	or Boys	Team Results 4 Scoring Athletes	Distance 2500m
	Name	School, County	Time
1	Alistair Spurr	Westonbirt School, Gloucestershire	11:06
2 3	A Harry Helmore	Haberdashers' Adams, Shropshire	11:11 11:15
3 4	James Longworth	Bromsgrove Prep School, Hereford & Worcestershire Bromsgrove Prep School, Hereford & Worcestershire	11:15
5	Joeseph Ousji	The Fallibroome Academy, Cheshire	11:21
6	James Bostock	Princethorpe College, Warwickshire	11:20
7	D	Haberdashers' Adams, Shropshire	11:32
8	Miren Randhawa	Bishop Vesey's Grammar School, West Midlands	11:49
9	Oliver Gunther	Bishop Vesey's Grammar School, West Midlands	11:57
10	Freddie Preston	The King's School Worcester, Hereford & Worcestershire	12:02
11	Isaac Fowle	Princethorpe College, Warwickshire	12:11
12	Yuvan Sidhu	Bishop Vesey's Grammar School, West Midlands	12:12
13	Ethan Rouse	Thomas Telford School, Shropshire	12:13
14	Macklin Coalter	Bromsgrove Prep School, Hereford & Worcestershire	12:13
15	Francisco Artus-Thomazi	Alcester Grammar School, Warwickshire	12:23
16	Hakam Allouh	Bishop Vesey's Grammar School, West Midlands	12:28
17	Louis Burrows	Thomas Telford School, Shropshire	12:29
18	Lex Meredith	The King's School Worcester, Hereford & Worcestershire	12:30
19	F	Haberdashers' Adams, Shropshire	12:31
20	Joe Watt	Alcester Grammar School, Warwickshire	12:32
21	Charlie Parsons	Sir Thomas Rich's School, Gloucestershire	12:41
22	Seb Sedgemore	Thomas Telford School, Shropshire	12:43
23	Charlie Ray	Thomas Telford School, Shropshire	12:47
24	Jack Marley	The King's School Worcester, Hereford & Worcestershire	12:49
25	Oliver Hodgson	The King's School In Macclesfield, Cheshire	12:50
26	Jenson Berry	Finham Park School, West Midlands	12:51
27	Harry Overthrow	Sir Thomas Rich's School, Gloucestershire	12:52
28			12:53
29	Sam Corby	The King's School Worcester, Hereford & Worcestershire	12:54
30	Lucas Ashurst	Bromsgrove Prep School, Hereford & Worcestershire	12:55
31	Harry Burrows	Thomas Telford School, Shropshire	12:56
32	Alessandro Biselli	Sir Thomas Rich's School, Gloucestershire	12:57
33 34	C	Haberdashers' Adams, Shropshire	12:59
34 35	Harry Irving Alistair Durance	The King's School In Macclesfield, Cheshire	13:00 13:01
36	Jyanas Gurung	Alcester Grammar School, Warwickshire Bromsgrove Prep School, Hereford & Worcestershire	13:01
30 37	Ethan Frith	Finham Park School, West Midlands	13:05
38	James Heald	The King's School In Macclesfield, Cheshire	13:05
39	Hector McMyn	Westonbirt School, Gloucestershire	13:08
40	Barnaby Young	Westonbirt School, Gloucestershire	13:08
41	Zac Harper	The King's School In Macclesfield, Cheshire	13:20
42	Paul Laurens	The Fallibroome Academy, Cheshire	13:21
43	Aran Long	Alcester Grammar School, Warwickshire	13:21
44	Tomi Morris	Alcester Grammar School, Warwickshire	13:22
45	Jash Jepson	The King's School In Macclesfield, Cheshire	13:24
46	Arjan Sidhu	Finham Park School, West Midlands	13:28
47	Tobias Richardson	Bishop Vesey's Grammar School, West Midlands	13:29
48	Rufus Jones	Princethorpe College, Warwickshire	13:30
49	Toby Cooper	The King's School In Macclesfield, Cheshire	13:31
50	Harley Howells	Westonbirt School, Gloucestershire	13:32
51	Elijah Whiting	Westonbirt School, Gloucestershire	13:32
52	Indy Mounfield	Westonbirt School, Gloucestershire	13:34
53	Morgan Nabney	Alcester Grammar School, Warwickshire	13:35
54	В	Haberdashers' Adams, Shropshire	13:36
⊉ 5∫	L3Charlie Leech	Princethorpe College, Warwickshire	0 \$} 137203

English Schools' AA Cross Country Cup 2023

Junio	or Boys	Team Results	4	Scoring Athletes	Distance 2500m
Pos	Name	School, County			Time
56	Corin Floyd	Sir Thomas Rich's School, Gloucest	ershire		13:38
57	Rory Freeman	The King's School Worcester, Here	ford &	Worcestershire	13:45
58	Eddie Underwood	The King's School Worcester, Here	ford &	Worcestershire	13:48
59	Albie Doran	Finham Park School, West Midland	ls		13:49
60	George Cutter	Bromsgrove Prep School, Hereford	l & Woi	cestershire	13:49
61	Joseph Lee	Sir Thomas Rich's School, Gloucest	ershire		13:50
62	Reece Barrows	Bishop Vesey's Grammar School, V	Vest Mi	dlands	13:55
63	Lucas Clamp	Finham Park School, West Midland	ls		13:59
64	Sebastian Sharkey	Finham Park School, West Midland	ls		14:05
65	Alvin Wamala	Princethorpe College, Warwickshir	e		14:25
66	Alfie Hughes	The Fallibroome Academy, Cheshir	e		14:41
67	Austin Higham	Princethorpe College, Warwickshir	e		15:00

English Schools' AA Cross Country Cup 2023

Regional Final, West Central 1 at Bromsgrove School - Tuesday 7th November 2023

Intermediate Boys Team Results 4 Soring Athletes Distance 4400m 1 Tom Fisher Alexater Grammar School, Warwickshire 14.39 2 Keran Haley Myton School, Warwickshire 14.31 3 Kody Gilbody Thomas Telford School, Stropshire 15.15 4 Tom Lyevashov Bronsgrove School, Hereford & Worcestershire 15.16 5 Anan Gooper Alexster Grammar School, Warwickshire 15.28 7 Joel Ledgard Alexster Grammar School, Warwickshire 15.48 8 William Hughes Haberdasher/ Adams, Shropshire 15.44 10 Bobby Tomlinson The King's School, Hereford & Worcestershire 15.45 11 George Hadley Bromsgrove School, Hereford & Worcestershire 15.46 13 A Churchdown School, Gloucestershire 15.56 14 Excell Unhikuhu Sir Thomas Rich's School, Gloucestershire 16.03 15 Anthur Pugh Haberdasher/ Adams, Shropshire 16.06 15 Darison Stri Thomas Rich'S School, Gloucestershire 16.06	Intor	mediate Boys	Team Results 4 Scoring Athletes	Distance 4400m
1 Tom Fisher Alexster Grammar School, Warwickshire 14-33 2 Kiran Hiskey Myton School, Shropshire 15-51 3 Kody Gilbody Thomas Telford School, Shropshire 15-51 4 Tom Lyewshow Bromsgrow School, Herdford & Worcestershire 15-15 5 Aran Cooper Alexter Grammar School, Warvickshire 15-28 7 Joel Ledgard Alexter Grammar School, Warvickshire 15-28 8 William Hughes Haberdasheri Adams, Shropshire 15-48 10 Bobby Tomlinson The King's School In Macclesfield, Cheshire 15-44 11 George Hadley Bromsgrove School, Herdford & Worcestershire 15-45 12 Malakhi Balley Bromsgrove School, Herdford & Worcestershire 15-56 14 Excel lwhiwhu Sir Thomas Rich's School, Gloucestershire 16-56 15 Arthur Pugh Haberdasher' Adams, Shropshire 16-56 16 Freddie Giles Sir Thomas Rich's School, Gloucestershire 16-56 17 Dan Scatt Sir Thomas Rich's School, Gloucestershire 16-51<		-	_	
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46Ban BadleySandbach School, Cheshire17:3947Elliot MallinThomas Telford School, Shropshire18:0548Harry GoughThomas Telford School, Shropshire18:0749Hugo BommeMyton School, Warwickshire18:0850Oliver HoeBishop Vesey's Grammar School, West Midlands18:1051DChurchdown School, Gloucestershire18:1352Albie CraggSandbach School, Cheshire18:1353Oscar LenBromsgrove School, Hereford & Worcestershire18:3054Lucas JonesRoyal Grammar School Worcester, Hereford & Worcestershire18:33	44	Sam Coulson-Caime	Haberdashers' Adams, Shropshire	17:38
47Elliot MallinThomas Telford School, Shropshire18:0548Harry GoughThomas Telford School, Shropshire18:0749Hugo BommeMyton School, Warwickshire18:0850Oliver HoeBishop Vesey's Grammar School, West Midlands18:1051DChurchdown School, Gloucestershire18:1352Albie CraggSandbach School, Cheshire18:1353Oscar LenBromsgrove School, Hereford & Worcestershire18:3054Lucas JonesRoyal Grammar School Worcester, Hereford & Worcestershire18:33	45	Isaac Lucas	Sandbach School, Cheshire	17:38
48Harry GoughThomas Telford School, Shropshire18:0749Hugo BommeMyton School, Warwickshire18:0850Oliver HoeBishop Vesey's Grammar School, West Midlands18:1051DChurchdown School, Gloucestershire18:1352Albie CraggSandbach School, Cheshire18:1353Oscar LenBromsgrove School, Hereford & Worcestershire18:3054Lucas JonesRoyal Grammar School Worcester, Hereford & Worcestershire18:33	46	Ban Badley	Sandbach School, Cheshire	17:39
49Hugo BommeMyton School, Warwickshire18:0850Oliver HoeBishop Vesey's Grammar School, West Midlands18:1051DChurchdown School, Gloucestershire18:1352Albie CraggSandbach School, Cheshire18:1353Oscar LenBromsgrove School, Hereford & Worcestershire18:3054Lucas JonesRoyal Grammar School Worcester, Hereford & Worcestershire18:33	47	Elliot Mallin	Thomas Telford School, Shropshire	18:05
50Oliver HoeBishop Vesey's Grammar School, West Midlands18:1051DChurchdown School, Gloucestershire18:1352Albie CraggSandbach School, Cheshire18:1353Oscar LenBromsgrove School, Hereford & Worcestershire18:3054Lucas JonesRoyal Grammar School Worcester, Hereford & Worcestershire18:33	48	Harry Gough	Thomas Telford School, Shropshire	18:07
51DChurchdown School, Gloucestershire18:1352Albie CraggSandbach School, Cheshire18:1353Oscar LenBromsgrove School, Hereford & Worcestershire18:3054Lucas JonesRoyal Grammar School Worcester, Hereford & Worcestershire18:33	49	Hugo Bomme	Myton School, Warwickshire	18:08
52Albie CraggSandbach School, Cheshire18:1353Oscar LenBromsgrove School, Hereford & Worcestershire18:3054Lucas JonesRoyal Grammar School Worcester, Hereford & Worcestershire18:33		Oliver Hoe		
53Oscar LenBromsgrove School, Hereford & Worcestershire18:3054Lucas JonesRoyal Grammar School Worcester, Hereford & Worcestershire18:33				
54Lucas JonesRoyal Grammar School Worcester, Hereford & Worcestershire18:33				
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35 f 13Vlatthew JohnsonMyton School, Warwickshire18:5908/				
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18:5908/11/2023, 17:47

English Schools' AA Cross Country Cup 2023

Intermediate Boys		Team Results	4	Scoring Athletes	Distance 4400m
Pos	Name	School, County			Time
56	Charlie Rucinski	Royal Grammar School Worcest	er, Here	ford & Worcestershire	18:59
57	Bill Wilesmith	Royal Grammar School Worcest	er, Here	ford & Worcestershire	19:00
58	Aiden Bird	Thomas Telford School, Shropsh	ire		19:21
59	Luke Lloyd	Alcester Grammar School, Warv	vickshire	!	19:58
60	Panashe Chanduka	Sandbach School, Cheshire			21:03
61	Perry Ofori-Baffoe	Myton School, Warwickshire			21:22
62	Eric Gregory	Royal Grammar School Worcest	er, Here	ford & Worcestershire	21:37

English Schools' AA Cross Country Cup 2023

Cani	-			-	
	or Boys	Team Results	4	Scoring Athletes	Distance 5140m
Pos	Name	School, County			Time
1	Luke Jones	Royal Grammar School Worcester,	Herefor	a & worcestershire	17:04 17:22
2	Jack Kinrade William Pridden	Shrewsbury School, Shropshire	orcostor	chiro	17:22
3 4	Findlay Cullen	Bromsgrove School, Hereford & We	orcester	snire	17:37
4 5	Harry Parker Mclain	Shrewsbury School, Shropshire Shrewsbury School, Shropshire			17:56
6	Charlie Costello	Thomas Telford School, Shropshire			17:59
7	Ben Smith	Princethorpe College, Warwickshire			18:11
8	Felix Batty	Princethorpe College, Warwickshin			18:25
9	Dylan Teasdale	Royal Grammar School Worcester,		d & Warcestershire	18:25
10	Charlie Preece	Thomas Telford School, Shropshire			18:40
11	Charlie Stroud	Bishop Vesey's Grammar School, W		lands	18:48
12	William Mayes	King Edward VI School, Stratford U			18:53
13	Theo Cinnamond	Sir Thomas Rich's School, Gloucest			18:58
14	Dominic Weilds	Shrewsbury School, Shropshire	cronne		19:11
15	Johnnie Thurstan	Shrewsbury School, Shropshire			19:19
16	James Day	King Edward VI School, Stratford U	non Avo	n. Warwickshire	19:20
17	Jacob Bunyan	Royal Grammar School Worcester,			19:39
18	Eddie Harrison	Thomas Telford School, Shropshire			19:41
19	Elliott Baird	The King's School Worcester, Here		/orcestershire	19:44
20	James Agombar	Sir Thomas Rich's School, Gloucest			19:45
21	Noah Dunnett	Royal Grammar School Worcester,	Herefor	d & Worcestershire	19:56
22	Alex Mackinnon	Shrewsbury School, Shropshire			20:02
23	James Mayes	King Edward VI School, Stratford U	pon Avo	n, Warwickshire	20:08
24	Max Saunders	Bishop Vesey's Grammar School, W			20:20
25	Ben Gooch	The King's School Worcester, Herei	ford & W	/orcestershire	20:22
26	Dylan Felton	Bishop Vesey's Grammar School, W	/est Mid	lands	20:25
27	Ben Cryer	Helsby High School, Cheshire			20:47
28	Max McCabe	Bishop Vesey's Grammar School, W	/est Mid	lands	20:48
29	Edmund Roberts	The King's School Worcester, Herei	ford & W	/orcestershire	20:54
30	Torby Ellen	Sir Thomas Rich's School, Gloucest	ershire		20:58
31	Tom Scott	Thomas Telford School, Shropshire			21:04
32	Ben Godber	Bishop Vesey's Grammar School, W	/est Mid	lands	21:11
33	Paul Du Pontavice Du Vau	g Bromsgrove School, Hereford & W	orcester	shire	21:12
34	Alexander Lobban	Bromsgrove School, Hereford & W	orcester	shire	21:23
35	Barnaby Richards	The King's School Worcester, Here	ford & W	/orcestershire	21:30
36	Rhys Tombs	King Edward VI School, Stratford U	pon Avo	n, Warwickshire	21:31
37	Charlie Ashbrook	Helsby High School, Cheshire			21:37
38	Freddie Hadley	Princethorpe College, Warwickshir	e		21:39
39	Callum Thurlow	Sir Thomas Rich's School, Gloucest	ershire		21:42
40	Freddie Jones	Sir Thomas Rich's School, Gloucest	ershire		22:00
41	Jacob Magee	Sir Thomas Rich's School, Gloucest	ershire		22:14
42	Ben Hardwick	Helsby High School, Cheshire			22:23
43	Zack Dean	Helsby High School, Cheshire			22:35
44	Joe Gorst	Bishop Vesey's Grammar School, W			22:36
45	Aled Lee	The King's School Worcester, Here		/orcestershire	23:06
46	Guy Dawkins	Princethorpe College, Warwickshir			23:35
47	Jethro Chan	Bromsgrove School, Hereford & W	orcester	shire	24:53
48	Edward Lillico	Helsby High School, Cheshire			27:33

English Schools' AA Cross Country Cup 2023

	or Girls	Team Results 4 Scoring Athletes Distance 2500m		
Pos	Name	School, County	Time	
1	Martha Blower	Bromsgrove Prep School, Hereford & Worcestershire	10:16	
2	Harriet Anslow	Thomas Telford School, Shropshire	10:22	
3	Annabelle Wood	Newport Girls' High School Academy Trust, Shropshire	10:23	
4	BEE METCALFE	Knutsford Academy, Cheshire	10:31	
5	Freya Mustin	King's High School, Warwickshire	10:47	
6	Sophie Longworth	Bromsgrove Prep School, Hereford & Worcestershire	10:56	
7	Mea Haffield	The King's School Worcester, Hereford & Worcestershire	11:05	
8	Stella Sant	King's High School, Warwickshire	11:06	
9	Sophia Baker	Helsby High School, Cheshire	11:07	
10	Charlotte Ascough	Bromsgrove Prep School, Hereford & Worcestershire	11:10	
11	Holly Hanson	Alcester Grammar School, Warwickshire	11:23	
12	Alisa Argwal	Thomas Telford School, Shropshire	11:26	
13	Felicity Durkan	Bromsgrove Prep School, Hereford & Worcestershire	11:28	
14	Lucy Varley	Stroud High School, Gloucestershire	11:28	
15	Ace Doggett	The King's School Worcester, Hereford & Worcestershire	11:28	
16	Amelia Saunders	Stroud High School, Gloucestershire	11:32	
17	Grace Brady	Stroud High School, Gloucestershire	11:34	
18	Hannah Roddick	Cheltenham Ladies' College, Gloucestershire	11:36	
19 20	Ella Cunningham	Bromsgrove Prep School, Hereford & Worcestershire	11:37	
20	Floren Smith	Alcester Grammar School, Warwickshire	11:40	
21	Imogen Wynne Gracie Jones	Alcester Grammar School, Warwickshire	11:41	
22 23	Orla James	Thomas Telford School, Shropshire	11:41	
25 24	Darcie Grindrod	Sutton Coldfield Grammar School for Girls, West Midlands Helsby High School, Cheshire		
24 25	Philippa Godfrey	Newport Girls' High School Academy Trust, Shropshire		
26	Darcy Poole	Stroud High School, Gloucestershire		
27	Florence Morris	Stroud High School, Gloucestershire		
28	Lucia Ogilvie-Putt	King's High School, Warwickshire		
29	Megan Hastie	Finham Park School, West Midlands		
30	Rose Mcutcheon	Thomas Telford School, Shropshire		
31	Maisie Broadley	Neston High School, Cheshire		
32	, Sarah Taylor	Sutton Coldfield Grammar School for Girls, West Midlands		
33	Helena Guthrie	King's High School, Warwickshire		
34	Phillpa Warren	Finham Park School, West Midlands		
35	Isla Ellis	King's High School, Warwickshire		
36	Kaia Kotlinska	Sutton Coldfield Grammar School for Girls, West Midlands		
37	Emilia White	Thomas Telford School, Shropshire		
38	Anna Newman	Sutton Coldfield Grammar School for Girls, West Midlands		
39	April Sanderson	Neston High School, Cheshire		
40	Robyn Duffy	The King's School Worcester, Hereford & Worcestershire		
41	Jessica Smith	Cheltenham Ladies' College, Gloucestershire		
42	Aaliyah Hammad	The King's School In Macclesfield, Cheshire	12:00	
43	Rose Shepherd	Helsby High School, Cheshire	12:01	
44	Shaan Kaur	Newport Girls' High School Academy Trust, Shropshire	12:03	
45	Ivy Brannen	Newport Girls' High School Academy Trust, Shropshire	12:03	
46	Ilyah Soutar	Thomas Telford School, Shropshire	12:04	
47	Issy Marriot	Alcester Grammar School, Warwickshire	12:06	
48	Elsie Sinclair	The King's School Worcester, Hereford & Worcestershire	12:10	
49	Rose Davies Smith	Finham Park School, West Midlands	12:13	
50	Maisy Woodward	Alcester Grammar School, Warwickshire	12:14	
51	Sophia Painter	King's High School, Warwickshire	12:15	
52	Rose Williams	Cheltenham Ladies' College, Gloucestershire	12:21	
53	ROSALIE TARNE	Knutsford Academy, Cheshire	12:23	
54 55 ()	Olivia Knott	The King's School Worcester, Hereford & Worcestershire	12:25	00/11:1
ðð † 1	_ 3 Aiza Ul-Haq	Sutton Coldfield Grammar School for Girls, West Midlands	12:27 (08/11/2

English Schools' AA Cross Country Cup 2023

Junio	or Girls	Team Results 4 Scoring Athletes Distance 2500m	
Pos	Name	School, County	Time
56	Maisie McMorine	Helsby High School, Cheshire	12:33
57	Fay Jackson	Newport Girls' High School Academy Trust, Shropshire	12:33
58	Scarlett Corkish	Stroud High School, Gloucestershire	12:34
59	Lucy Prescott	Finham Park School, West Midlands	12:43
60	KATE WOLSTENHOLME	Knutsford Academy, Cheshire	12:44
61	Annie Husband	Alcester Grammar School, Warwickshire	12:45
62	Melissa Finegan	Neston High School, Cheshire	13:01
63	Cleo Fitton	The King's School Worcester, Hereford & Worcestershire	13:15
64	Molly Whitehouse	Finham Park School, West Midlands	13:23
65	Poppy Phillips	Sutton Coldfield Grammar School for Girls, West Midlands	13:26
66	Amy holt	Finham Park School, West Midlands	13:36
67	Lucy Gass	The King's School In Macclesfield, Cheshire	13:42
68	Penny O'Brien	The King's School In Macclesfield, Cheshire	13:44
69	Rose Zeller	Neston High School, Cheshire	13:47
70	Tilly Fox	The King's School In Macclesfield, Cheshire	15:24
71	Amelia Bexon	The King's School In Macclesfield, Cheshire	15:24
72	Rosie Bagnall	Knutsford Academy, Cheshire	15:48
73	Chloe Horan	Helsby High School, Cheshire	15:51
74	Siya Dutta	Cheltenham Ladies' College, Gloucestershire	15:57

English Schools' AA Cross Country Cup 2023

			2020	
	mediate Girls	Team Results 4 Scoring Athletes Distance 2500m		
Pos	Name	School, County	Time	
1	OLIVIA MCGHEE	Rugby High School, Warwickshire	11:33	
2	Lucy Hellingsworth	Haybridge High School and Sixth Form, Hereford & Worcestershire	11:41	
3	Ffion Collins	Haybridge High School and Sixth Form, Hereford & Worcestershire	11:44	
4	Olivia Bull	King's High School, Warwickshire	11:55	
5	Kara-Rose Welborn	Bromsgrove School, Hereford & Worcestershire	12:05	
6	Lucy Tebbett	The King's School Worcester, Hereford & Worcestershire	12:06	
7	Constance Rendell	Stroud High School, Gloucestershire	12:12	
8	Olive Thomas	Haybridge High School and Sixth Form, Hereford & Worcestershire	12:18	
9	Eleanor Sheffield	Stroud High School, Gloucestershire	12:32	
10	Freya Fitton	Helsby High School, Cheshire	12:40	
11 12	Caitlin Pridden	Bromsgrove School, Hereford & Worcestershire	12:42	
12	Sophie Purves	The King's School Worcester, Hereford & Worcestershire	12:43 12:44	
13	Emily Murdoch	Stroud High School, Gloucestershire		
14 15	Ella Purves Maisie Roberts	The King's School Worcester, Hereford & Worcestershire	12:50	
15 16		Thomas Telford School, Shropshire	13:07 13:14	
10	Imogen De Pennington Nancy Reeves	King's High School, Warwickshire	13:14	
18	Annie Silvers	King's High School, Warwickshire	13:18	
18	Amelia Harsant	King's High School, Warwickshire	13:25	
20	Ellie Corbett	Stroud High School, Gloucestershire	13:33	
20		Thomas Telford School, Shropshire Rugby High School, Warwickshire	13:34	
22	Evie Yates	Weaverham High School, Cheshire	13:34	
23		Rugby High School, Warwickshire	13:35	
23 24	Lauren Weedall	Weaverham High School, Cheshire	13:49	
25	Charlotte King	Weaverham High School, Cheshire	13:51	
26	Ebony Taylor	Weaverham High School, Cheshire	13:51	
27	Lily O'Brien	Westonbirt School, Gloucestershire	13:54	
28	Abby Webb	Bromsgrove School, Hereford & Worcestershire	13:54	
29	Daisy Fitton	The King's School Worcester, Hereford & Worcestershire	13:58	
30	Jessica Harvey	Haybridge High School and Sixth Form, Hereford & Worcestershire	14:01	
31	Ellie Barker	King's High School, Warwickshire	14:01	
32	Catherine Hamilton	The King's School Worcester, Hereford & Worcestershire	14:08	
33	Sophia Powell	Westonbirt School, Gloucestershire	14:11	
34	Nikol Tesarova	Stroud High School, Gloucestershire	14:21	
35	Connie Askin	Newport Girls' High School Academy Trust, Shropshire	14:22	
36	Emily McCabe	Thomas Telford School, Shropshire	14:22	
37	Phoebe Lloyd	Weaverham High School, Cheshire	14:23	
38	, Mischa Drewett	Sutton Coldfield Grammar School for Girls, West Midlands	14:28	
39	Flora Blower	Bromsgrove School, Hereford & Worcestershire	14:31	
40	Lois lee	Helsby High School, Cheshire	14:36	
41	Emma Craine	King's High School, Warwickshire	14:43	
42	Emme Tabbot	Thomas Telford School, Shropshire	14:44	
43	Yasmin Hughes	Bromsgrove School, Hereford & Worcestershire	14:49	
44	Isabell Borg	Sutton Coldfield Grammar School for Girls, West Midlands	14:54	
45	Carmen Hollier	Westonbirt School, Gloucestershire	15:03	
46		Westonbirt School, Gloucestershire	15:06	
47	Elizabeth Smith	Helsby High School, Cheshire	15:17	
48	Megan Troughton	Stroud High School, Gloucestershire	15:25	
49	Jess O'Neil	Helsby High School, Cheshire	15:26	
50	Ava Soesan	Sutton Coldfield Grammar School for Girls, West Midlands	15:26	
51	Easha Kaur	Newport Girls' High School Academy Trust, Shropshire	15:34	
52	Jenna Graham	Thomas Telford School, Shropshire	15:43	
53	Sarah Farag	Newport Girls' High School Academy Trust, Shropshire	15:51	
54	Rose Jha	Weaverham High School, Cheshire	15:51	
§5 f 1	£lena Hallett	Westonbirt School, Gloucestershire	16:04	08

English Schools' AA Cross Country Cup 2023

Inter	rmediate Girls	Team Results 4		Scoring Athletes	Distance 2500m	
Pos	Name	School, County				Time
56	Hermione Pratt	The King's School Worcester, Her	refo	rd & Worcestershire		16:21
57	IZZY MCDOWELL	Rugby High School, Warwickshire	ē			16:22
58	Ellen Cambidge	Newport Girls' High School Acade	emy	Trust, Shropshire		16:33
59	Anna Chapman-Fogliatti	Haybridge High School and Sixth	For	m, Hereford & Worces	stershire	16:38
60	Eve Deere	Sutton Coldfield Grammar Schoo	l foi	r Girls, West Midlands		17:26
61	SOPHIE FARRELL	Rugby High School, Warwickshire	ē			18:21

English Schools' AA Cross Country Cup 2023

Seni	or Girls	Team Results 4 Scoring Athletes	Distance 3420m					
Pos	Name	School, County	Time					
1	Niamh Hillard	Alcester Grammar School, Warwickshire	11:46					
2	Seren Jones	Sir Thomas Rich's School, Gloucestershire	11:58					
3	Isobelle Standell							
4	Maisy- Joy Spriggs	Alcester Grammar School, Warwickshire	12:02 12:17					
5	Grace Darcy	Princethorpe College, Warwickshire	12:27					
6	Sophia Coulson	Shrewsbury School, Shropshire	12:27					
7	REBECCA EATON	Rugby High School, Warwickshire	12:33					
8	Nancy Farmer	Helsby High School, Cheshire	12:37					
9	Scarlett Willoughby	Thomas Telford School, Shropshire	12:39					
10	Scallett Willoughby	Alcester Grammar School, Warwickshire	12:40					
11	Abbi Cooper	Alcester Grammar School, Warwickshire	12:43					
12	Ava Kind	Thomas Telford School, Shropshire	13:03					
13	Francesca Allen	Sutton Coldfield Grammar School for Girls, West Midlands	13:17					
14	Zoe Asquith	Thomas Telford School, Shropshire	13:21					
15	Jess Evans	Princethorpe College, Warwickshire	13:21					
16	Olivia Kerley	Shrewsbury School, Shropshire	13:31					
17	Rosie Morris	Shrewsbury School, Shropshire	13:49					
18	Amelia Blackledge	Shrewsbury School, Shropshire	13:55					
19	Hannah Sherratt	Alcester Grammar School, Warwickshire	13:58					
20	Ellie Leigh Livingstone	Shrewsbury School, Shropshire	14:08					
21	Anna Hind	Helsby High School, Cheshire	14:09					
22	Ella Moody	Cheltenham Ladies' College, Gloucestershire	14:12					
23	Emily Dyer	Bromsgrove School, Hereford & Worcestershire	14:13					
24	Emily Lloyd	Sutton Coldfield Grammar School for Girls, West Midlands	14:14					
25	Phoebe Dinnen	Bromsgrove School, Hereford & Worcestershire	14:26					
26	Natasha Thomas	Princethorpe College, Warwickshire	14:38					
27	Alexandra Hickman	Cheltenham Ladies' College, Gloucestershire	14:39					
28	Fiona Naughten	Cheltenham Ladies' College, Gloucestershire	14:42					
29	Caitlyn Disley	Thomas Telford School, Shropshire	14:51					
30	Emilia Redecker	Bromsgrove School, Hereford & Worcestershire	14:54					
31	Isabel Moore	Sutton Coldfield Grammar School for Girls, West Midlands	15:15					
32	Ava Watkinson	Thomas Telford School, Shropshire	15:16					
33	Elizabeth Dillon	Cheltenham Ladies' College, Gloucestershire	15:17					
34	Emily Murphy	Helsby High School, Cheshire	15:50					
35	Lucy Cattell	Bromsgrove School, Hereford & Worcestershire	15:53					
36	Emma Sarkies	Princethorpe College, Warwickshire	16:00					
37	Emily Bancroft	Sutton Coldfield Grammar School for Girls, West Midlands	16:02					
38	Lina Sievert	Bromsgrove School, Hereford & Worcestershire	16:11					
39	Freya Howell	Sir Thomas Rich's School, Gloucestershire	17:46					
40	Alicia Bright	Sir Thomas Rich's School, Gloucestershire	17:48					
41	Amelie Owen	Sir Thomas Rich's School, Gloucestershire	17:52					
42	Hayley Holland	Helsby High School, Cheshire	18:44					

English Schools' AA Cross Country Cup 2023

Regional Final, West Central 1 at Bromsgrove School - Tuesday 7th November 2023

Junior Boys

Posn Points School

1	45	Bishop Vesey's Grammar School, West Midlands
2	51	Bromsgrove Prep School, Hereford & Worcestershire
3	61	Haberdashers' Adams, Shropshire
4	75	Thomas Telford School, Shropshire
5	81	The King's School Worcester, Hereford & Worcestershire
6	113	Alcester Grammar School, Warwickshire
7	120	Princethorpe College, Warwickshire
8	130	Westonbirt School, Gloucestershire
9	136	Sir Thomas Rich's School, Gloucestershire
10	138	The King's School In Macclesfield, Cheshire
11	168	Finham Park School, West Midlands

Junior Girls

Posn Points School

- 1 30 Bromsgrove Prep School, Hereford & Worcestershire
- 2 66 Thomas Telford School, Shropshire
- 3 73 Stroud High School, Gloucestershire
- 4 74 King's High School, Warwickshire
- 5 99 Alcester Grammar School, Warwickshire
- 6 110 The King's School Worcester, Hereford & Worcestershire
- 7 117 Newport Girls' High School Academy Trust, Shropshire
- 8 129 Sutton Coldfield Grammar School for Girls, West Midlands
- 9 132 Helsby High School, Cheshire
- 10 171 Finham Park School, West Midlands
- 11 185 Cheltenham Ladies' College, Gloucestershire
- 12 189 Knutsford Academy, Cheshire
- 13 201 Neston High School, Cheshire
- 14 247 The King's School In Macclesfield, Cheshire

English Schools' AA Cross Country Cup 2023

Regional Final, West Central 1 at Bromsgrove School - Tuesday 7th November 2023

Intermediate Boys

Posn Points School

1	33	Bromsgrove School, Hereford & Worcestershire
2	40	Alcester Grammar School, Warwickshire
3	65	Haberdashers' Adams, Shropshire
4	68	The King's School In Macclesfield, Cheshire
5	74	Sir Thomas Rich's School, Gloucestershire
6	108	Churchdown School, Gloucestershire
7	125	Thomas Telford School, Shropshire
8	126	Myton School, Warwickshire
9	134	Weaverham High School, Cheshire
10	200	Royal Grammar School Worcester, Hereford & Worcestershire

11 203 Sandbach School, Cheshire

Intermediate Girls

Posn Points School

- 1 43 Haybridge High School and Sixth Form, Hereford & Worcestershire
- 2 48 Stroud High School, Gloucestershire
- 3 55 King's High School, Warwickshire
- 4 61 The King's School Worcester, Hereford & Worcestershire
- 5 83 Bromsgrove School, Hereford & Worcestershire
- 6 97 Weaverham High School, Cheshire
- 7 102 Rugby High School, Warwickshire
- 8 113 Thomas Telford School, Shropshire
- 9 146 Helsby High School, Cheshire
- 10 151 Westonbirt School, Gloucestershire
- 11 192 Sutton Coldfield Grammar School for Girls, West Midlands
- 12 197 Newport Girls' High School Academy Trust, Shropshire

Senior Boys

Posn Points School

- 1 25 Shrewsbury School, Shropshire
- 2 48 Royal Grammar School Worcester, Hereford & Worcestershire
- 3 65 Thomas Telford School, Shropshire
- 4 87 King Edward VI School, Stratford Upon Avon, Warwickshire
- 5 89 Bishop Vesey's Grammar School, West Midlands

English Schools' AA Cross Country Cup 2023

Regional Final, West Central 1 at Bromsgrove School - Tuesday 7th November 2023

- 6 99 Princethorpe College, Warwickshire
- 7 102 Sir Thomas Rich's School, Gloucestershire
- 8 108 The King's School Worcester, Hereford & Worcestershire
- 9 117 Bromsgrove School, Hereford & Worcestershire
- 10 149 Helsby High School, Cheshire

Senior Girls

Posn Points School

- 1 26 Alcester Grammar School, Warwickshire
- 2 38 Thomas Telford School, Shropshire
- 3 57 Shrewsbury School, Shropshire
- 4 82 Princethorpe College, Warwickshire
- 5 105 Sutton Coldfield Grammar School for Girls, West Midlands
- 6 105 Helsby High School, Cheshire
- 7 110 Cheltenham Ladies' College, Gloucestershire
- 8 113 Bromsgrove School, Hereford & Worcestershire
- 9 122 Sir Thomas Rich's School, Gloucestershire