

English Schools' AA Cross Country Cup 2023

Regional Final, North West 1 at Sedbergh - Wednesday 8th November 2023

Junior Boys		Team Results	4	Scoring Athletes	Distance 2500m
Pos	Name	School, County			Time
1	Thomas Smout	Calday Grange Grammar School, Merseyside			14:06
2	Thomas Daly	St Ambrose College, Greater Manchester			14:21
3	Noah Cook	Ulverston Victoria High School, Cumbria			14:30
4	Theo Zabockliki	Ulverston Victoria High School, Cumbria			14:41
5	Harry Redhead	Range High School, Merseyside			14:57
6	Charlie Bibby	Calday Grange Grammar School, Merseyside			15:07
7	James Rowe	Rossall School, Lancashire			15:08
8	Magnus Foxwell	Casterton Sedbergh Preparatory School, Cumbria			15:09
9	Jack Farrington	The Manchester Grammar School, Greater Manchester			15:11
10	Alfie Taylor-Wark	West Hill School, Greater Manchester			15:12
11	Jake Harrison	The Manchester Grammar School, Greater Manchester			15:15
12	Harri Tancred	Casterton Sedbergh Preparatory School, Cumbria			15:17
13	Charlie Rourke	Altrincham Grammar School for Boys, Greater Manchester			15:18
14	Ben Stephens	Altrincham Grammar School for Boys, Greater Manchester			15:19
15	Liam Fulton	Queen Elizabeth Grammar School Penrith, Cumbria			15:20
16	Gill Burns	Queen Elizabeth Grammar School Penrith, Cumbria			15:22
17	Finley Marsden	Calday Grange Grammar School, Merseyside			15:23
18	Dougal Houston	Queen Elizabeth School, Cumbria			15:32
19	James Hall	Altrincham Grammar School for Boys, Greater Manchester			15:35
20	Noah Hoyle	Queen Elizabeth Grammar School Penrith, Cumbria			15:47
21	Louie Mckenna	Range High School, Merseyside			15:50
22	Finlay Lemon	Accrington St Christopher's Church of England HS, Lancashire			15:52
23	Ryan Gumbley	The Manchester Grammar School, Greater Manchester			16:05
24	Logan Sefton	Casterton Sedbergh Preparatory School, Cumbria			16:07
25	Joseph Wilkinson	The Manchester Grammar School, Greater Manchester			16:08
26	Harry Mason	Queen Elizabeth School, Cumbria			16:11
27	Jacobo Lopez-Tafall Autillo	Rossall School, Lancashire			16:12
28	Harry Craig	Range High School, Merseyside			16:13
29	Shea Gavin	St Ambrose College, Greater Manchester			16:16
30	Kyran Harvey	Ulverston Victoria High School, Cumbria			16:18
31	Rafe Gibbons	Queen Elizabeth Grammar School Penrith, Cumbria			16:33
32	Eryk Birch	Accrington St Christopher's Church of England HS, Lancashire			16:42
33	Giulio Herman	The Manchester Grammar School, Greater Manchester			16:43
34	Mark Downes-Bell	The Manchester Grammar School, Greater Manchester			16:44
35	Liam Carruthers	Queen Elizabeth Grammar School Penrith, Cumbria			16:48
36	Seth Abbey	Queen Elizabeth Grammar School Penrith, Cumbria			16:51
37	Oluwasemilo Ihimoyan	Altrincham Grammar School for Boys, Greater Manchester			16:54
38	Henley Lavoie	West Hill School, Greater Manchester			16:55
39	Luca Baldassarre	Ulverston Victoria High School, Cumbria			16:56
40	Aaron Cheripelli	Altrincham Grammar School for Boys, Greater Manchester			16:57
41	Oli Stubbs	Casterton Sedbergh Preparatory School, Cumbria			16:58
42	Frank Crook	Rossall School, Lancashire			16:59
43	Max Calverley	Accrington St Christopher's Church of England HS, Lancashire			17:02
44	Joe Farrell	Queen Elizabeth School, Cumbria			17:03
45	Henry Friend	St Ambrose College, Greater Manchester			17:04
46	Zac Finnegan	St Ambrose College, Greater Manchester			17:07
47	Alfie Kerrigan	Accrington St Christopher's Church of England HS, Lancashire			17:08
48	Leo Clegg	West Hill School, Greater Manchester			17:09
49	Bobby Marshall	Range High School, Merseyside			17:12
50	Freddie Crook	Rossall School, Lancashire			17:14
51	Noah Ashton	Queen Elizabeth School, Cumbria			
52	Seth Hammond	Altrincham Grammar School for Boys, Greater Manchester			
53	Ryan Condon	Range High School, Merseyside			
54	Kai Taylor	Ulverston Victoria High School, Cumbria			
55 of 14	Cormac Kennedy	St Ambrose College, Greater Manchester			

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Junior Boys		Team Results	4	Scoring Athletes	Distance 2500m
Pos	Name	School, County			Time
56	Oliver Cheetham	Accrington St Christopher's Church of England HS, Lancashire			
57	Orson Wakefield	Calday Grange Grammar School, Merseyside			
58	Rory Boyd	Calday Grange Grammar School, Merseyside			
59	Monty Dew	St Ambrose College, Greater Manchester			
60	Max Carter	West Hill School, Greater Manchester			
61	William Murphy	Calday Grange Grammar School, Merseyside			
62	Dougie Mitchell	Ulverston Victoria High School, Cumbria			
63	Jack DeGroot	Casterton Sedbergh Preparatory School, Cumbria			
64	Adam Locke	Casterton Sedbergh Preparatory School, Cumbria			

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Intermediate Boys		Team Results	4	Scoring Athletes	Distance 4400m
Pos	Name	School, County			Time
1	Hugo Berry	Sedbergh School, Cumbria			19:51
2	Michael Phelan	St Anselm's College, Merseyside			20:13
3	Ben Brassington	Queen Elizabeth School, Cumbria			20:29
4	Liam O'Brien	St Ambrose College, Greater Manchester			20:59
5	Jac Chapman	St Anselm's College, Merseyside			21:03
6	Tim Ye	The Manchester Grammar School, Greater Manchester			21:09
7	Thomas Amaral	St Ambrose College, Greater Manchester			21:19
8	Malachi Harty	St Anselm's College, Merseyside			21:29
9	George Martin	Sedbergh School, Cumbria			21:34
10	WILL BRAYSHAW	Kirkbie Kendal School, Cumbria			21:37
11	JOSEFF TANCREL	Kirkbie Kendal School, Cumbria			21:42
12	George Goulding	St Anselm's College, Merseyside			21:45
13	Matthew Merriman	St Anselm's College, Merseyside			22:09
14	Gabriel McGrath	St Ambrose College, Greater Manchester			22:11
15	Harry Phillips	The Manchester Grammar School, Greater Manchester			22:12
16	Harry Sewell	Sedbergh School, Cumbria			22:22
17	Marley Griffiths	Ulverston Victoria High School, Cumbria			22:39
18	Oliver Walker	West Hill School, Greater Manchester			22:50
19	Riley Underhill	Rainford High Technology College, Merseyside			22:53
20	HARRY O'DONNELL	Kirkbie Kendal School, Cumbria			22:55
21	Dawid Gawel	St Anselm's College, Merseyside			22:58
22	HARRY NICHOLSON	Kirkbie Kendal School, Cumbria			23:06
23	Henry Patchett	Sedbergh School, Cumbria			23:07
24	Will Walton	The Manchester Grammar School, Greater Manchester			23:15
25	Liam Merson	West Hill School, Greater Manchester			23:19
26	Ben Aaron	Ulverston Victoria High School, Cumbria			23:22
27	Peter Sagar-Moss	Accrington St Christopher's Church of England HS, Lancashire			23:25
28	Ollie Irwin	Sedbergh School, Cumbria			23:27
29	Dylan Roberts	Rainford High Technology College, Merseyside			23:30
30	Massey Cunningham	Altrincham Grammar School for Boys, Greater Manchester			23:33
31	Archer Blann	Altrincham Grammar School for Boys, Greater Manchester			23:34
32	Cody Felton	West Hill School, Greater Manchester			23:35
33	Oliver Jarvis	Queen Elizabeth School, Cumbria			23:36
34	Jamie Leahey	Rainford High Technology College, Merseyside			23:39
35	James Savoia	St Ambrose College, Greater Manchester			23:41
36	Cooper Wadsworth	Queen Elizabeth School, Cumbria			23:46
37	Teddy Rowe	Rossall School, Lancashire			23:46
38	Aidan Mee	West Hill School, Greater Manchester			23:53
39	Archie Spicer	Queen Elizabeth School, Cumbria			23:54
40	Noah Shaw	Rainford High Technology College, Merseyside			24:02
41	Sasha Moyle	Sedbergh School, Cumbria			24:16
42	Dylan Calvert	Accrington St Christopher's Church of England HS, Lancashire			24:23
43	Adam Loughenbury	St Ambrose College, Greater Manchester			24:24
44	Joshua Lockwood	Ulverston Victoria High School, Cumbria			24:30
45	Joseph Cuddy	Altrincham Grammar School for Boys, Greater Manchester			24:33
46	Will Henry	Rainford High Technology College, Merseyside			24:50
47	Euan Castle	Rainford High Technology College, Merseyside			24:55
48	FRASER DUNN	Kirkbie Kendal School, Cumbria			25:01
49	Charlie Bumstead	Altrincham Grammar School for Boys, Greater Manchester			25:15
50	Oliver Mirtorabi	West Hill School, Greater Manchester			25:18
51	Ed Stubbs	The Manchester Grammar School, Greater Manchester			
52	George Holman	Accrington St Christopher's Church of England HS, Lancashire			
53	James Bell	Altrincham Grammar School for Boys, Greater Manchester			
54	Joseph Cook	Ulverston Victoria High School, Cumbria			
55	Hamish McCallister	Ulverston Victoria High School, Cumbria			

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Intermediate Boys		Team Results	4	Scoring Athletes	Distance 4400m
Pos	Name	School, County			Time
56	David Chen	Altrincham Grammar School for Boys, Greater Manchester			
57	THOMAS HEARN	Kirkbie Kendal School, Cumbria			
58	Jack Ledger	The Manchester Grammar School, Greater Manchester			
59	Finn Durkin	Queen Elizabeth School, Cumbria			
60	Javier Delgado Bickart	Rossall School, Lancashire			
61	Fernando Agraz Garcia	Rossall School, Lancashire			
62	Daniel Juriansz	Accrington St Christopher's Church of England HS, Lancashire			
63	Zachary Jones	Accrington St Christopher's Church of England HS, Lancashire			
64	George Pearson	Rossall School, Lancashire			
65	Lucas Rhodes	West Hill School, Greater Manchester			
66	Jack Cowin	Queen Elizabeth School, Cumbria			
67	Edward Jefferson	Rossall School, Lancashire			

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Senior Boys	Team Results	4	Scoring Athletes	Distance 5140m
Pos	Name	School, County		Time
1	Alex Poulston	Calday Grange Grammar School, Merseyside		
2	Jack Heap	Wirral Grammar School for Boys, Merseyside		
3	Max Hazelhurst	Ulverston Victoria High School, Cumbria		
4	Finlay Day	Altrincham Grammar School for Boys, Greater Manchester		
5	Oberon Kearney	St Anselm's College, Merseyside		
6	James Brassington	Queen Elizabeth School, Cumbria		
7	Joseph Daly	St Ambrose College, Greater Manchester		
8	Ben Cronshaw	Wirral Grammar School for Boys, Merseyside		
9	Ed Lord	Altrincham Grammar School for Boys, Greater Manchester		
10	Ben Robinson	Lancaster Royal Grammar School, Lancashire		
11	Gabor Pongracz	St Ambrose College, Greater Manchester		
12	Jack Bernham	Calday Grange Grammar School, Merseyside		
13	Louis Hatton	Calday Grange Grammar School, Merseyside		
14	Sam Clarke	St Anselm's College, Merseyside		
15	Jack Eccles	Lancaster Royal Grammar School, Lancashire		
16	JOE HILBORNE	Kirkbie Kendal School, Cumbria		
17	Ben Stone	Altrincham Grammar School for Boys, Greater Manchester		
18	Aslak Rolfe	Queen Elizabeth Grammar School Penrith, Cumbria		
19	Benjamin Williams	Wirral Grammar School for Boys, Merseyside		
20	James O'Brien	St Ambrose College, Greater Manchester		
21	Alfie Parsley	St Anselm's College, Merseyside		
22	Andras Pongracz	St Ambrose College, Greater Manchester		
23	Oliver Oldham	Ulverston Victoria High School, Cumbria		
24	Will Johnson	Altrincham Grammar School for Boys, Greater Manchester		
25	Jack Livesy	Queen Elizabeth School, Cumbria		
26	Bruno Fielding	Sedbergh School, Cumbria		
27	Charlie Kemp	Queen Elizabeth Grammar School Penrith, Cumbria		
28	ALFIE ADDISON	Kirkbie Kendal School, Cumbria		
29	William Hampshire	Calday Grange Grammar School, Merseyside		
30	Alfie Sanosi	Sedbergh School, Cumbria		
31	Christian Muirhead	Queen Elizabeth Grammar School Penrith, Cumbria		
32	Micah Walmsley	Lancaster Royal Grammar School, Lancashire		
33	Finn Houston	Queen Elizabeth School, Cumbria		
34	Jack Mawgitt	Rossall School, Lancashire		
35	Rufus Farmer	Sedbergh School, Cumbria		
36	Will Croft	Sedbergh School, Cumbria		
37	Edd Walker	Queen Elizabeth Grammar School Penrith, Cumbria		
38	ALEX SPEIGHT	Kirkbie Kendal School, Cumbria		
39	James Jones	St Anselm's College, Merseyside		
40	Noah Wadsworth	Queen Elizabeth School, Cumbria		
41	Alexander McCabe	Wirral Grammar School for Boys, Merseyside		
42	Max Done	St Anselm's College, Merseyside		
43	Joe Haywood	Sedbergh School, Cumbria		
44	Ben Clark	Altrincham Grammar School for Boys, Greater Manchester		
45	James Wood	Rossall School, Lancashire		
46	Joe Barton	St Anselm's College, Merseyside		
47	Aghan Saravanan	Rossall School, Lancashire		
48	Joe DeGroote	Sedbergh School, Cumbria		
49	Dylan McGrath	St Ambrose College, Greater Manchester		
50	Ryan Needham	Rossall School, Lancashire		
51	JOE CALDERBANK	Kirkbie Kendal School, Cumbria		
52	Oliver Yorke	Calday Grange Grammar School, Merseyside		
53	Benedict Kennedy	St Ambrose College, Greater Manchester		
54	George McAleer	Rossall School, Lancashire		
55 of 14	William Needham	Rossall School, Lancashire		

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Senior Boys		Team Results	4	Scoring Athletes	Distance 5140m
Pos	Name	School, County			Time
56	Robert Pike	Ulverston Victoria High School, Cumbria			
57	James Clarke	Ulverston Victoria High School, Cumbria			
58	Lewis Clee	Ulverston Victoria High School, Cumbria			
59	James Cooper	Queen Elizabeth Grammar School Penrith, Cumbria			
60	Ralph Skelton Montgomery	Queen Elizabeth School, Cumbria			
61	JACK PEARMAN	Kirkbie Kendal School, Cumbria			
62	Om Jagar	Lancaster Royal Grammar School, Lancashire			
	Tayo Dada	Lancaster Royal Grammar School, Lancashire			dnf

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Junior Girls		Team Results	4	Scoring Athletes	Distance 2500m	Time
Pos	Name	School, County				
1	Eve Beddow	West Kirby Grammar School, Merseyside				
2	Isobel Beddow	West Kirby Grammar School, Merseyside				
3	Isla Jebb	The Queen Katherine School, Cumbria				
4	Daisy Rushton	Merchant Taylors School, Merseyside				
5	Faye Thomas	Queen Elizabeth School, Cumbria				
6	Isla Yorke	West Kirby Grammar School, Merseyside				
7	Lucy Delamere	Merchant Taylors School, Merseyside				
8	Minnie Rowley	Casterton Sedbergh Preparatory School, Cumbria				
9	Emily Brookes	Canon Slade CofE School, Greater Manchester				
10	Emmy Ranner	The Queen Katherine School, Cumbria				
11	Gabriella Dale	Accrington St Christopher's Church of England HS, Lancashire				
12	Eirinn Thorgarrd	Altrincham Grammar School for Girls, Greater Manchester				
13	Annabel Hinds	Casterton Sedbergh Preparatory School, Cumbria				
14	Isobel Gill	Accrington St Christopher's Church of England HS, Lancashire				
15	Grace Goligher	Casterton Sedbergh Preparatory School, Cumbria				
16	Emma Anderson-Bickley	Casterton Sedbergh Preparatory School, Cumbria				
17	Iottie abbot beck	Upton Hall School FCJ, Merseyside				
18	Anna Hamilton	Queen Elizabeth Grammar School Penrith, Cumbria				
19	Eliza Keech	Canon Slade CofE School, Greater Manchester				
20	Lara Colin	Queen Elizabeth School, Cumbria				
21	Ellen Metcalfe	Queen Elizabeth School, Cumbria				
22	Poppy Coates	West Kirby Grammar School, Merseyside				
23	Niamh Whittaker	Accrington St Christopher's Church of England HS, Lancashire				
24	Pearl Fay	Merchant Taylors School, Merseyside				
25	Tilly Fagan-McNulty	Loreto Grammar School, Greater Manchester				
26	ellie jackson	Upton Hall School FCJ, Merseyside				
27	Harriet Stainer	The Queen Katherine School, Cumbria				
28	Amber Khan	Altrincham Grammar School for Girls, Greater Manchester				
29	katie merriman	Upton Hall School FCJ, Merseyside				
30	Jessica Cockrell	West Kirby Grammar School, Merseyside				
31	Betsie Carmichael	Rossall School, Lancashire				
32	Annie Noone	Loreto Grammar School, Greater Manchester				
33	Emily Daniels	Rossall School, Lancashire				
34	Mia Thistlethwaite	Queen Elizabeth School, Cumbria				
35	Tia Ball	Loreto Grammar School, Greater Manchester				
36	isla lawrenson	Upton Hall School FCJ, Merseyside				
37	Annabelle Gibson	Loreto Grammar School, Greater Manchester				
38	Bella Cooper	Casterton Sedbergh Preparatory School, Cumbria				
39	Isla Douglas	Queen Elizabeth School, Cumbria				
40	Rosie Flannigan	Queen Elizabeth School, Cumbria				
41	Sophie Orrell	Canon Slade CofE School, Greater Manchester				
42	Tabby Welch	Altrincham Grammar School for Girls, Greater Manchester				
43	elizabeth gadsdon	Upton Hall School FCJ, Merseyside				
44	Lily Meadows	Altrincham Grammar School for Girls, Greater Manchester				
45	Olivia Roberts	Rossall School, Lancashire				
46	Zara Brodi-Greer	Casterton Sedbergh Preparatory School, Cumbria				
47	Faye McKeown	Upton Hall School FCJ, Merseyside				
48	Alicia Quartermain	Rossall School, Lancashire				
49	Isabella Walby	Queen Elizabeth Grammar School Penrith, Cumbria				
50	Kamzi Okoro	Queen Elizabeth Grammar School Penrith, Cumbria				
51	Allanah Donlan	Loreto Grammar School, Greater Manchester				
52	Amy O'Keefe	Altrincham Grammar School for Girls, Greater Manchester				
53		Altrincham Grammar School for Girls, Greater Manchester				
54	Beth Jones	Queen Elizabeth Grammar School Penrith, Cumbria				
55 of 14	Grace Austin	Canon Slade CofE School, Greater Manchester				

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Junior Girls		Team Results	4	Scoring Athletes	Distance 2500m	Time
Pos	Name	School, County				
56	Emily Roberts	Accrington St Christopher's Church of England HS, Lancashire				
57	Olivia Nugent	Merchant Taylors School, Merseyside				
58	Charlotte Oehring	Accrington St Christopher's Church of England HS, Lancashire				
59	Asha Rowe	The Queen Katherine School, Cumbria				
60	Eleanor Simpson	Queen Elizabeth Grammar School Penrith, Cumbria				
61	Libby Blake	Queen Elizabeth Grammar School Penrith, Cumbria				
62	Emily Taylor	Canon Slade CofE School, Greater Manchester				
63	Emily Boyd	Canon Slade CofE School, Greater Manchester				

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Intermediate Girls		Team Results	4	Scoring Athletes	Distance 2500m
Pos	Name	School, County			Time
1	Izzy Hall	Altrincham Grammar School for Girls, Greater Manchester			14:56
2	Isla Pastor	West Kirby Grammar School, Merseyside			14:59
3	Molly Carvell	Wirral Grammar School for Girls, Merseyside			15:11
4	Holly Coates	West Kirby Grammar School, Merseyside			15:17
5	Julia Fielding	Sedbergh School, Cumbria			15:19
6	Scarlett Hutchinson-Thomp	Canon Slade CofE School, Greater Manchester			15:22
7	Millie Jebb	The Queen Katherine School, Cumbria			15:33
8	Jemima Bradburn	Rossall School, Lancashire			15:45
9	Emma Robertshaw	Accrington St Christopher's Church of England HS, Lancashire			15:50
10	Daisy Fielding	Sedbergh School, Cumbria			15:54
11	Jessica A Taylor	Canon Slade CofE School, Greater Manchester			15:59
12	Isobel Tillotson	Accrington St Christopher's Church of England HS, Lancashire			16:01
13	Lucy Bell	Ulverston Victoria High School, Cumbria			16:02
14	Orla Kissane	West Kirby Grammar School, Merseyside			16:17
15	ELLIE TODHUNTER	Kirkbie Kendal School, Cumbria			16:23
16	Phoebe Carroll	Altrincham Grammar School for Girls, Greater Manchester			16:24
17	CARA BRADLEY	Kirkbie Kendal School, Cumbria			16:30
18	Sophie Norman	Sedbergh School, Cumbria			16:32
19	Constance Gibson	Loreto Grammar School, Greater Manchester			16:49
20	Coco Neary	Altrincham Grammar School for Girls, Greater Manchester			16:58
21	Saoise Maule	Loreto Grammar School, Greater Manchester			16:59
22	Keira Johnson	Canon Slade CofE School, Greater Manchester			17:02
23	ISLA PEARMAN	Kirkbie Kendal School, Cumbria			17:07
24	Jessica H Taylor	Canon Slade CofE School, Greater Manchester			17:15
25	Sinead Gregory	Loreto Grammar School, Greater Manchester			17:19
26	Ella Cowan	Wirral Grammar School for Girls, Merseyside			17:21
27	Sarah Ashcroft	Loreto Grammar School, Greater Manchester			17:23
28	Leyla Bancroft	Wirral Grammar School for Girls, Merseyside			17:28
29	Isabelle Dusterloh	Altrincham Grammar School for Girls, Greater Manchester			17:29
30	Ruby Duxbury	The Queen Katherine School, Cumbria			17:32
31	Lexie Ellis	Upton Hall School FCJ, Merseyside			17:34
32	Jemima Singleton	Altrincham Grammar School for Girls, Greater Manchester			17:35
33	LILY SLATER	Kirkbie Kendal School, Cumbria			17:39
34	Emily Rycroft	Sedbergh School, Cumbria			17:43
35	Charlotte Booth	Altrincham Grammar School for Girls, Greater Manchester			17:49
36	Cara Gregory	Loreto Grammar School, Greater Manchester			17:54
37	Genevieve Jackson	Loreto Grammar School, Greater Manchester			18:00
38	Lottie Smith	Accrington St Christopher's Church of England HS, Lancashire			18:04
39	Tess Evans	The Queen Katherine School, Cumbria			18:06
40	Beatrice Bartram	Wirral Grammar School for Girls, Merseyside			18:09
41	Lucy Smout	West Kirby Grammar School, Merseyside			18:15
42	Anabelle Rogan	West Kirby Grammar School, Merseyside			18:20
43	Florrie Haddow	Ulverston Victoria High School, Cumbria			18:25
44	Tamzin Osbourne	Accrington St Christopher's Church of England HS, Lancashire			19:10
45	Emma Condon-Tomlinson	Rossall School, Lancashire			19:11
46	Erin O'Leary	Upton Hall School FCJ, Merseyside			19:31
47	Rosie Scott	The Queen Katherine School, Cumbria			19:43
48	Eloise Howlett	Upton Hall School FCJ, Merseyside			19:49
49	Emily Spencer	Ulverston Victoria High School, Cumbria			19:54
50	Bella Birks	Rossall School, Lancashire			20:07
51	Olivia Sturgeon	Ulverston Victoria High School, Cumbria			
52	Charlotte Del Strother	Accrington St Christopher's Church of England HS, Lancashire			
53	Evie Johnson	Canon Slade CofE School, Greater Manchester			
54	Mollie Wood	Canon Slade CofE School, Greater Manchester			
55 of 14	Grace Hartley	Ulverston Victoria High School, Cumbria			

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Intermediate Girls

Team Results 4

Scoring Athletes

Distance 2500m

Pos	Name	School, County	Time
56	Emma Aldwinckle	Upton Hall School FCJ, Merseyside	
57	Emma Beswick	Sedbergh School, Cumbria	
58	Mia Hanley	Sedbergh School, Cumbria	
59	Lucy Mercer	West Kirby Grammar School, Merseyside	
60	Martha Newns	Wirral Grammar School for Girls, Merseyside	

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Senior Girls		Team Results	4	Scoring Athletes	Distance 3420m
Pos	Name	School, County			Time
1	Georgia Bell	Ulverston Victoria High School, Cumbria			16:53
2	Meg Hoshiko	Wirral Grammar School for Girls, Merseyside			17:36
3	Amara Rose	Queen Elizabeth Grammar School Penrith, Cumbria			17:38
4	Sarah Smith	Dallam School, Cumbria			17:44
5	Amelie Smethurst	Canon Slade CofE School, Greater Manchester			17:52
6	Marina Bailey	Ulverston Victoria High School, Cumbria			17:56
7	Sarah Smith	Wirral Grammar School for Girls, Merseyside			18:08
8	Gabrielle Phelan	Upton Hall School FCJ, Merseyside			18:28
9	Evie Smith	Wirral Grammar School for Girls, Merseyside			18:33
10	Sophie Rylance	Dallam School, Cumbria			18:35
11	Kate Colin	Queen Elizabeth School, Cumbria			18:53
12	Sarah Theobald	Upton Hall School FCJ, Merseyside			18:57
13	Ellen Douglas	Ulverston Victoria High School, Cumbria			19:05
14	Sophie Cowin	Queen Elizabeth School, Cumbria			19:10
15	Ruby Woodward	Queen Elizabeth School, Cumbria			19:27
16	hannah brearton	Upton Hall School FCJ, Merseyside			19:27
17	Iona Barrowdale-Smith	Ulverston Victoria High School, Cumbria			19:57
18	Grace Errington	Queen Elizabeth Grammar School Penrith, Cumbria			20:14
19	Molly Shaw	Queen Elizabeth Grammar School Penrith, Cumbria			20:16
20	Anna Thompson	Queen Elizabeth Grammar School Penrith, Cumbria			20:26
21	Lily Horton	Upton Hall School FCJ, Merseyside			20:27
22	Elif Sancar	Sedbergh School, Cumbria			20:30
23	Isla Birch	Queen Elizabeth Grammar School Penrith, Cumbria			20:32
24	Scarlett Harrison	Sedbergh School, Cumbria			20:36
25	Hannah Beaver	Loreto Grammar School, Greater Manchester			20:42
26	Tilly Hynes	Sedbergh School, Cumbria			21:15
27	Leah Rose	Queen Elizabeth Grammar School Penrith, Cumbria			21:33
28	Niamh Barnsley-Ryan	Dallam School, Cumbria			22:12
29	Zita Walsh	Loreto Grammar School, Greater Manchester			22:17
30	Sophie Roberts	Queen Elizabeth School, Cumbria			22:28
31	Abigail Cass	Sedbergh School, Cumbria			22:34
32	Tommi Hoshiko	Wirral Grammar School for Girls, Merseyside			22:54
33	Sophia Charlton	Sedbergh School, Cumbria			22:58
34	Elizabeth Cole	Upton Hall School FCJ, Merseyside			23:17
35	Emily Wrennal	Queen Elizabeth School, Cumbria			23:19
36	Sylvie Davies	Loreto Grammar School, Greater Manchester			23:59
37	Ellie Todd	Ulverston Victoria High School, Cumbria			24:05

Regional Final

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Junior Boys

Posn	Points	School
1	68	The Manchester Grammar School, Greater Manchester
2	76	Ulverston Victoria High School, Cumbria
3	81	Calday Grange Grammar School, Merseyside
4	82	Queen Elizabeth Grammar School Penrith, Cumbria
5	83	Altrincham Grammar School for Boys, Greater Manchester
6	85	Casterton Sedbergh Preparatory School, Cumbria
7	103	Range High School, Merseyside
8	122	St Ambrose College, Greater Manchester
9	126	Rossall School, Lancashire
10	139	Queen Elizabeth School, Cumbria
11	144	Accrington St Christopher's Church of England HS, Lancashire
12	156	West Hill School, Greater Manchester

Junior Girls

Posn	Points	School
1	31	West Kirby Grammar School, Merseyside
2	52	Casterton Sedbergh Preparatory School, Cumbria
3	80	Queen Elizabeth School, Cumbria
4	92	Merchant Taylors School, Merseyside
5	99	The Queen Katherine School, Cumbria
6	104	Accrington St Christopher's Church of England HS, Lancashire
7	108	Upton Hall School FCJ, Merseyside
8	124	Canon Slade CofE School, Greater Manchester
9	126	Altrincham Grammar School for Girls, Greater Manchester
10	129	Loreto Grammar School, Greater Manchester
11	157	Rossall School, Lancashire
12	171	Queen Elizabeth Grammar School Penrith, Cumbria

Regional Final

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Intermediate Boys

Posn	Points	School
1	27	St Anselm's College, Merseyside
2	49	Sedbergh School, Cumbria
3	60	St Ambrose College, Greater Manchester
4	63	Kirkbie Kendal School, Cumbria
5	96	The Manchester Grammar School, Greater Manchester
6	111	Queen Elizabeth School, Cumbria
7	113	West Hill School, Greater Manchester
8	122	Rainford High Technology College, Merseyside
9	141	Ulverston Victoria High School, Cumbria
10	155	Altrincham Grammar School for Boys, Greater Manchester
11	183	Accrington St Christopher's Church of England HS, Lancashire
12	222	Rossall School, Lancashire

Intermediate Girls

Posn	Points	School
1	61	West Kirby Grammar School, Merseyside
2	63	Canon Slade CofE School, Greater Manchester
3	66	Altrincham Grammar School for Girls, Greater Manchester
4	67	Sedbergh School, Cumbria
5	88	Kirkbie Kendal School, Cumbria
6	92	Loreto Grammar School, Greater Manchester
7	97	Wirral Grammar School for Girls, Merseyside
8	103	Accrington St Christopher's Church of England HS, Lancashire
9	123	The Queen Katherine School, Cumbria
10	156	Ulverston Victoria High School, Cumbria
11	181	Upton Hall School FCJ, Merseyside

Senior Boys

Posn	Points	School
1	54	Altrincham Grammar School for Boys, Greater Manchester
2	55	Caldy Grange Grammar School, Merseyside
3	60	St Ambrose College, Greater Manchester
4	70	Wirral Grammar School for Boys, Merseyside
5	79	St Anselm's College, Merseyside

Regional Final

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6	104	Queen Elizabeth School, Cumbria
7	113	Queen Elizabeth Grammar School Penrith, Cumbria
8	119	Lancaster Royal Grammar School, Lancashire
9	127	Sedbergh School, Cumbria
10	133	Kirkbie Kendal School, Cumbria
11	139	Ulverston Victoria High School, Cumbria
12	176	Rossall School, Lancashire

Senior Girls

Posn	Points	School
1	37	Ulverston Victoria High School, Cumbria
2	50	Wirral Grammar School for Girls, Merseyside
3	57	Upton Hall School FCJ, Merseyside
4	60	Queen Elizabeth Grammar School Penrith, Cumbria
5	70	Queen Elizabeth School, Cumbria
6	103	Sedbergh School, Cumbria