

## English Schools' AA Cross Country Cup 2023

Herts 2 : Abbots Hill - Thursday 12th October 2023

Junior Boys		Team Results	4	Scoring Athletes	Distance 2500m
Pos	Name	School, County			Time
1	Isaac Gibson-Dunt	Verulam School, Hertfordshire			8:59
2	Aiden Barretto	Haberdasher Aske's Boys School, Hertfordshire			9:12
3	Jonah McNaught	Parmiter's School, Hertfordshire			9:14
4	Ethan Moss	Haberdasher Aske's Boys School, Hertfordshire			9:15
5	Freddie Yerbury	St Albans School, Hertfordshire			9:30
6	Max Henson	Parmiter's School, Hertfordshire			9:35
7	Tom Broadwith	Haberdasher Aske's Boys School, Hertfordshire			9:36
8	Stanley Lersch	St Columba's College, Hertfordshire			9:46
9	Tom Bailey	Verulam School, Hertfordshire			9:52
10	Nathan Airede	St Albans School, Hertfordshire			9:53
11	Simeon Azeez	Parmiter's School, Hertfordshire			9:54
12	Max Bradbury	St Albans School, Hertfordshire			9:56
13	Thomas Coote	Katherine Warington School, Hertfordshire			9:58
14	Jaden Dunn	Parmiter's School, Hertfordshire			10:02
15	Nathaniel Irvine	Parmiter's School, Hertfordshire			10:05
16	Thomas Burgees	Katherine Warington School, Hertfordshire			10:06
17	Harris	Katherine Warington School, Hertfordshire			10:09
18	Ethan Mcdonald	Katherine Warington School, Hertfordshire			10:11
19	Samuel Nagalingam	Verulam School, Hertfordshire			10:13
20	Logan Baker	Verulam School, Hertfordshire			10:15
21	Oli Banfield	Verulam School, Hertfordshire			10:17
22	Henry Nicols	St Columba's College, Hertfordshire			10:19
23	Eddie Beard	St Albans School, Hertfordshire			10:22
24	Frankie Murray	Katherine Warington School, Hertfordshire			10:27
25	Ollie Byrne	St Columba's College, Hertfordshire			10:20
26	Claude O'Reilly	Verulam School, Hertfordshire			10:24
27	Zac Tillman	Haberdasher Aske's Boys School, Hertfordshire			10:28
28	Monty Butterworth	St Albans School, Hertfordshire			10:40
29	Harry Samuel	Haberdasher Aske's Boys School, Hertfordshire			10:47
30	Ben Rayner	Parmiter's School, Hertfordshire			11:09
31	Oscar Bingham	Katherine Warington School, Hertfordshire			11:18
32	Robin Iounou	St Columba's College, Hertfordshire			11:36
33	Leo Moll	St Columba's College, Hertfordshire			11:38
34	William Pople	St Albans School, Hertfordshire			11:10
35	Zach Shonibare	St Columba's College, Hertfordshire			12:16
36	Niyam Lad	Haberdasher Aske's Boys School, Hertfordshire			16:53

## English Schools' AA Cross Country Cup 2023

Herts 2 : Abbots Hill - Thursday 12th October 2023

Intermediate Boys		Team Results	4	Scoring Athletes	Distance 4400m
Pos	Name	School, County			Time
1	Oscar Nagalingam	Verulam School, Hertfordshire			14:19
2	Ollie Blok	Verulam School, Hertfordshire			14:34
3	Louis Robson	St Columba's College, Hertfordshire			14:39
4	Jake Rafferty	Verulam School, Hertfordshire			14:46
5	Lukas Mclvor	Verulam School, Hertfordshire			14:53
6	Dan Green	St Albans School, Hertfordshire			15:17
7	Matthew May	St Albans School, Hertfordshire			15:17
8	Zac Butterworth	St Columba's College, Hertfordshire			15:19
9	Sam McNaught	Verulam School, Hertfordshire			15:29
10	Louis Chew	Haberdasher Aske's Boys School, Hertfordshire			15:47
11	Ben Pincus	Haberdasher Aske's Boys School, Hertfordshire			15:49
12	Issac Ng	St Columba's College, Hertfordshire			15:54
13	Zack Dalah	Haberdasher Aske's Boys School, Hertfordshire			15:59
14	Sebastian Povoas	Parmiter's School, Hertfordshire			16:10
15	Tom Arden-Davis	St Albans School, Hertfordshire			16:14
16	Thomas Meredith	St Albans School, Hertfordshire			16:18
17	William Pearson	St Albans School, Hertfordshire			16:19
18	Alexander McDonnel	Katherine Warington School, Hertfordshire			16:25
19	Joseph Lyons	Haberdasher Aske's Boys School, Hertfordshire			16:27
20	Finn Newton-Smith	St Albans School, Hertfordshire			16:37
21	Luke Kuelsheimer	Haberdasher Aske's Boys School, Hertfordshire			16:42
22	Charlie Arnold	Katherine Warington School, Hertfordshire			16:49
23	Lewis Cunningham	St Columba's College, Hertfordshire			16:50
24	Harry Shields	Katherine Warington School, Hertfordshire			16:51
25	Henry Gibson	Katherine Warington School, Hertfordshire			16:52
26	Ethan Fung	Haberdasher Aske's Boys School, Hertfordshire			16:53
27	Albert Dye	St Columba's College, Hertfordshire			16:54
28	Jake Rayner	Parmiter's School, Hertfordshire			16:56
29	Thomas George	Parmiter's School, Hertfordshire			16:59
30	James Beresford	Katherine Warington School, Hertfordshire			17:01
31	William Wood	Parmiter's School, Hertfordshire			17:40
32	Oscar Charman	Katherine Warington School, Hertfordshire			17:52
33	Alex Keenan	St Columba's College, Hertfordshire			18:17
34	Harry Yeoman	Parmiter's School, Hertfordshire			18:23
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## English Schools' AA Cross Country Cup 2023

## Herts 2 : Abbots Hill - Thursday 12th October 2023

Senior Boys		Team Results	4	Scoring Athletes	Distance 5140m
Pos	Name	School, County			Time
1	Gianleo Stubbs	St Columba's College, Hertfordshire			17:32
2	Ben Gostick	St Albans School, Hertfordshire			17:54
3	Alexander McDonald	St Columba's College, Hertfordshire			18:02
4	Alex Wood	St Albans School, Hertfordshire			18:26
5	Rafi Gayer	Haberdasher Aske's Boys School, Hertfordshire			18:40
6	Dillon Smith	St Columba's College, Hertfordshire			18:44
7	Hugo Francis	St Albans School, Hertfordshire			18:46
8	Lucas Smart	St Albans School, Hertfordshire			19:06
9	Peter Bayvel-Zayats	Haberdasher Aske's Boys School, Hertfordshire			19:28
10	Matthew Nicholls	Verulam School, Hertfordshire			19:32
11	Mylo Neale	St Albans School, Hertfordshire			19:57
12	Arthur Stroud	St Albans School, Hertfordshire			20:01
13	George Metcalfe	Haberdasher Aske's Boys School, Hertfordshire			20:22
14	Josh Sperry	Verulam School, Hertfordshire			21:10
15	Josh Banfield	Verulam School, Hertfordshire			21:13
16	Oscar Clark	Haberdasher Aske's Boys School, Hertfordshire			21:31
17	Nikolai Cherniaev	Verulam School, Hertfordshire			21:38
18	Adam Oldfield	Haberdasher Aske's Boys School, Hertfordshire			21:52
19	Toby Edwards	St Columba's College, Hertfordshire			21:58
20	Owen Dietman	St Columba's College, Hertfordshire			22:24
21	Nick Salmon	Verulam School, Hertfordshire			22:31
22	Max Logan	Haberdasher Aske's Boys School, Hertfordshire			23:01

## English Schools' AA Cross Country Cup 2023

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Junior Girls		Team Results	4	Scoring Athletes	Distance 2500m
Pos	Name	School, County			Time
1	Charlotte Douglas	St Albans High School for Girls, Hertfordshire			9:29
2	Amy Child	St Albans High School for Girls, Hertfordshire			9:45
3	Poppy Stacey	Abbots Hill School, Hertfordshire			9:51
4	Isabella Smith	St Albans High School for Girls, Hertfordshire			10:12
5	Sawano Bayley	Parmiter's School, Hertfordshire			10:13
6	Amaya Rupasinghe	Royal Masonic School for Girls, Hertfordshire			10:15
7	Sash Koblyanska	St Albans High School for Girls, Hertfordshire			10:24
8	Katie Mosieeva	Parmiter's School, Hertfordshire			10:27
9	Isabelle Cowie	Royal Masonic School for Girls, Hertfordshire			10:31
10	Anna Stokes	St Albans High School for Girls, Hertfordshire			10:32
11	Ava Sheloff	Abbots Hill School, Hertfordshire			10:46
12	Cordelia Helm	Royal Masonic School for Girls, Hertfordshire			10:52
13	Katie Strachan	Abbots Hill School, Hertfordshire			11:06
14	Georgina Ferrazzano	Royal Masonic School for Girls, Hertfordshire			11:24
15	Dina Borgozi	Parmiter's School, Hertfordshire			11:26
16	Freya Hardyman	St Albans High School for Girls, Hertfordshire			11:26
17	Elena Lee	Abbots Hill School, Hertfordshire			11:38
18	Megan Enock	Abbots Hill School, Hertfordshire			11:41
19	Madison Frazer-Harbron	Parmiter's School, Hertfordshire			11:42

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Intermediate Girls		Team Results	4	Scoring Athletes	Distance 2500m
Pos	Name	School, County			Time
1	Emma Gudgeon	St Albans High School for Girls, Hertfordshire			9:45
2	Megan Reader	Royal Masonic School for Girls, Hertfordshire			10:26
3	Isabel Hawks	St Albans High School for Girls, Hertfordshire			10:33
4	Annabelle Wade	St Albans High School for Girls, Hertfordshire			10:36
5	Kylie Kan	St Albans High School for Girls, Hertfordshire			10:42
6	Natalie Worsley	Parmiter's School, Hertfordshire			10:43
7	Olive Mitchell	Royal Masonic School for Girls, Hertfordshire			11:02
8	Poppy Chorlton	St Albans High School for Girls, Hertfordshire			11:05
9		Royal Masonic School for Girls, Hertfordshire			11:12
10	Annabel Sykes	Abbots Hill School, Hertfordshire			11:13
11	Emily Cottrell	Royal Masonic School for Girls, Hertfordshire			11:28
12	Nife Aramide	Abbots Hill School, Hertfordshire			11:36
13	Violet Swayne	Abbots Hill School, Hertfordshire			11:40
14	Phoebe Peak	Royal Masonic School for Girls, Hertfordshire			12:06
15	Autumn Rana	Parmiter's School, Hertfordshire			12:11
16	Ruby Ghioc	Parmiter's School, Hertfordshire			12:14
17	Lucy Alexander	St Albans High School for Girls, Hertfordshire			12:15
18	Sophie Uminski	Abbots Hill School, Hertfordshire			12:19
19	Mirela Jakupaj	Abbots Hill School, Hertfordshire			12:38
20	Lacey Higgs	Parmiter's School, Hertfordshire			13:43
21	Jodie Chan	Parmiter's School, Hertfordshire			14:43

Round - 1

## English Schools' AA Cross Country Cup 2023

Herts 2 : Abbots Hill - Thursday 12th October 2023

### Senior Girls

Team Results

4

Scoring Athletes

Distance 3420m

Pos	Name	School, County	Time
1	Katie Rodway	Abbots Hill School, Hertfordshire	11:02
2	Liv Arnold	Abbots Hill School, Hertfordshire	11:07
3	Amelie Carling	Abbots Hill School, Hertfordshire	12:20
4	Lucia Candal-O'Flanagan	Abbots Hill School, Hertfordshire	15:12

*Round - 1*

**English Schools' AA Cross Country Cup 2023**  
**Herts 2 : Abbots Hill - Thursday 12th October 2023**

**Junior Boys**

Posn	Points	School
1	34	Parmiter's School, Hertfordshire
2	49	Verulam School, Hertfordshire
3	50	St Albans School, Hertfordshire
4	64	Katherine Warington School, Hertfordshire
5	87	St Columba's College, Hertfordshire

**Junior Girls**

Posn	Points	School
1	14	St Albans High School for Girls, Hertfordshire
2	41	Royal Masonic School for Girls, Hertfordshire
3	44	Abbots Hill School, Hertfordshire
4	47	Parmiter's School, Hertfordshire

*Round - 1*

**English Schools' AA Cross Country Cup 2023**  
**Herts 2 : Abbots Hill - Thursday 12th October 2023**

**Intermediate Boys**

Posn	Points	School
1	12	Verulam School, Hertfordshire
2	44	St Albans School, Hertfordshire
3	46	St Columba's College, Hertfordshire
4	89	Katherine Warington School, Hertfordshire
5	102	Parmiter's School, Hertfordshire

**Intermediate Girls**

Posn	Points	School
1	13	St Albans High School for Girls, Hertfordshire
2	29	Royal Masonic School for Girls, Hertfordshire
3	53	Abbots Hill School, Hertfordshire
4	57	Parmiter's School, Hertfordshire

**Senior Boys**

Posn	Points	School
1	21	St Albans School, Hertfordshire
2	29	St Columba's College, Hertfordshire
3	56	Verulam School, Hertfordshire

**Senior Girls**

Posn	Points	School
1	10	Abbots Hill School, Hertfordshire