

## English Schools' AA Cross Country Cup 2023

## Cumb 1 : Hunter Hall Penrith - Thursday 5th October 2023

Junior Boys		Team Results	4	Scoring Athletes	Distance 2500m
Pos	Name	School, County			Time
1	Noah Cook	Ulverston Victoria High School, Cumbria			
2	Magnus Foxwell	Casterton Sedbergh Preparatory School, Cumbria			
3	Theo Zabockliki	Ulverston Victoria High School, Cumbria			
4	Logan Sefton	Casterton Sedbergh Preparatory School, Cumbria			
5	Liam Fulton	Queen Elizabeth Grammar School Penrith, Cumbria			
6	Noah Hoyle	Queen Elizabeth Grammar School Penrith, Cumbria			
7	DOUGAL HOUSTAN	Queen Elizabeth School, Cumbria			
8	JOE WILLAN	Queen Elizabeth School, Cumbria			
9	ISAAC CLARKE	Kirkbie Kendal School, Cumbria			
10	Harri Tancred	Casterton Sedbergh Preparatory School, Cumbria			
11	Gill Burns	Queen Elizabeth Grammar School Penrith, Cumbria			
12	JOE FARRELL	Queen Elizabeth School, Cumbria			
13	Toby Carruthers	Queen Elizabeth Grammar School Penrith, Cumbria			
14	Jake Huddleston	Lancaster Royal Grammar School, Lancashire			
15	Luca Baldassarre	Ulverston Victoria High School, Cumbria			
16	HARRY MASON	Queen Elizabeth School, Cumbria			
17	Oscar Holroyd	Lancaster Royal Grammar School, Lancashire			
18	Oliver Subbs	Casterton Sedbergh Preparatory School, Cumbria			
19	Kyran Harvey	Ulverston Victoria High School, Cumbria			
20	Rafe Gibbons	Queen Elizabeth Grammar School Penrith, Cumbria			
21	Peter Talks	Lancaster Royal Grammar School, Lancashire			
22	Kian Stuart	Netherhall School, Cumbria			
23	GEORGE CHELTON	Kirkbie Kendal School, Cumbria			
24	TOM WHITE	Queen Elizabeth School, Cumbria			
25	Roman Watson	The Queen Katherine School, Cumbria			
26	Henry Richardson	Lancaster Royal Grammar School, Lancashire			
27	Seth Abbey	Queen Elizabeth Grammar School Penrith, Cumbria			
28	Lucas Brown	Netherhall School, Cumbria			
29	Monty Firth	Casterton Sedbergh Preparatory School, Cumbria			
30	FLETCHER HURLEY	Kirkbie Kendal School, Cumbria			
31	Finn Graham	Dallam School, Cumbria			
32	James McSweeney	Lancaster Royal Grammar School, Lancashire			
33	HARRY WILKIN	Queen Elizabeth School, Cumbria			
34	HARRY INGALL	Kirkbie Kendal School, Cumbria			
35	JOE BROWN	Kirkbie Kendal School, Cumbria			
36	Finlay Cobb	The Queen Katherine School, Cumbria			
37	Zak Norman	Netherhall School, Cumbria			
38	Deon Goulding	Netherhall School, Cumbria			
39	Herbie Marston	The Queen Katherine School, Cumbria			
40	Albert Little	Lancaster Royal Grammar School, Lancashire			
41	Morgan Towers	Netherhall School, Cumbria			
42	Henry Coke	Casterton Sedbergh Preparatory School, Cumbria			
43	ELLIS ROBINSON	Kirkbie Kendal School, Cumbria			
44	George Spires	The Whitehaven Academy, Cumbria			
45	Harry Martin	The Whitehaven Academy, Cumbria			
46	Ethan Kirkbride	Netherhall School, Cumbria			
47	Nate Pilling	The Queen Katherine School, Cumbria			
48	Dougie Mitchell	Ulverston Victoria High School, Cumbria			
49	Ollie McKee	The Whitehaven Academy, Cumbria			
50	Kai Taylor	Ulverston Victoria High School, Cumbria			
51	Jackson Littlewood-Blackburn	Dallam School, Cumbria			
52	Cohen Wilson	The Whitehaven Academy, Cumbria			
53	Ellis McGrady	The Whitehaven Academy, Cumbria			
54	Ben Hollows	Dallam School, Cumbria			
55	8 Solly Lannaghan	Dallam School, Cumbria			

Round - 1

## English Schools' AA Cross Country Cup 2023

Cumb 1 : Hunter Hall Penrith - Thursday 5th October 2023

### Junior Boys

### Team Results

4

### Scoring Athletes

Distance 2500m

### Pos Name

### School, County

### Time

56 Euan Goodall  
57 Henry Scott

Dallam School, Cumbria  
Dallam School, Cumbria

## English Schools' AA Cross Country Cup 2023

## Cumb 1 : Hunter Hall Penrith - Thursday 5th October 2023

Intermediate Boys		Team Results	4	Scoring Athletes	Distance 4400m
Pos	Name	School, County			Time
1	BEN BRASSINGTON	Queen Elizabeth School, Cumbria			
2	WILL BRAYSHAW	Kirkbie Kendal School, Cumbria			
3	George Martin	Sedbergh School, Cumbria			
4	Harry Sewell	Sedbergh School, Cumbria			
5	Toby Davies	Queen Elizabeth Grammar School Penrith, Cumbria			
6	JOSEFF TANCREL	Kirkbie Kendal School, Cumbria			
7	Ben Aaron	Ulverston Victoria High School, Cumbria			
8	Ollie Irwin	Sedbergh School, Cumbria			
9	Ben Barclay	Ulverston Victoria High School, Cumbria			
10	HARRY O'DONNELL	Kirkbie Kendal School, Cumbria			
11	OLIVER JARVIS	Queen Elizabeth School, Cumbria			
12	John Kavourides	Queen Elizabeth Grammar School Penrith, Cumbria			
13	ARCHIE SPICER	Queen Elizabeth School, Cumbria			
14	Marley Griffiths	Ulverston Victoria High School, Cumbria			
15	Ben Hope	Sedbergh School, Cumbria			
16	COOPER WADSWORTH	Queen Elizabeth School, Cumbria			
17	Toby Acland	The Queen Katherine School, Cumbria			
18	FRASER DUNN	Kirkbie Kendal School, Cumbria			
19	Evan Mulvany	The Queen Katherine School, Cumbria			
20	Ed Shawcross	Lancaster Royal Grammar School, Lancashire			
21	Sasha Moyle	Sedbergh School, Cumbria			
22	Henry Patchett	Sedbergh School, Cumbria			
23	Tom Finch	Queen Elizabeth Grammar School Penrith, Cumbria			
24	Declan Denwood	Netherhall School, Cumbria			
25	MICHAEL CAULFIELD	Kirkbie Kendal School, Cumbria			
26	Barnaby Parker	Queen Elizabeth Grammar School Penrith, Cumbria			
27	Sam Oldham	Ulverston Victoria High School, Cumbria			
28	Joseph Cook	Ulverston Victoria High School, Cumbria			
29	Hamish Macallister	Ulverston Victoria High School, Cumbria			
30	Stanley Puckle	Lancaster Royal Grammar School, Lancashire			
31	Callum Hoyles	Netherhall School, Cumbria			
32	Brodie Revill	The Queen Katherine School, Cumbria			
33	Sam Pilling	The Queen Katherine School, Cumbria			
34	Tom Mander	Queen Elizabeth Grammar School Penrith, Cumbria			
35	Ewan Birch	Queen Elizabeth Grammar School Penrith, Cumbria			
36	FINN DURKIN	Queen Elizabeth School, Cumbria			
37	Louie Nightingale	The Whitehaven Academy, Cumbria			
38	Sam Ennis	Lancaster Royal Grammar School, Lancashire			
39	Grayson Kerr	Lancaster Royal Grammar School, Lancashire			
40	Adam Kelly	The Whitehaven Academy, Cumbria			
41	WILL LADELL	Queen Elizabeth School, Cumbria			
42	Tyler Chilton	Netherhall School, Cumbria			
43	Josef Sewell	Netherhall School, Cumbria			

## English Schools' AA Cross Country Cup 2023

## Cumb 1 : Hunter Hall Penrith - Thursday 5th October 2023

Senior Boys		Team Results	4	Scoring Athletes	Distance 5140m
Pos	Name	School, County			Time
1		Lancaster Royal Grammar School, Lancashire			
2					
3		Lancaster Royal Grammar School, Lancashire			
4	Mylo Jewell	The Whitehaven Academy, Cumbria			
5	Thomas Renwick	Queen Elizabeth Grammar School Penrith, Cumbria			
6	Christian Muirhead	Queen Elizabeth Grammar School Penrith, Cumbria			
7		Lancaster Royal Grammar School, Lancashire			
8	James Twigg Ben Robinson	Lancaster Royal Grammar School, Lancashire			
9	Fin Richardson	The Whitehaven Academy, Cumbria			
10		Lancaster Royal Grammar School, Lancashire			
11	Charles Kemp	Queen Elizabeth Grammar School Penrith, Cumbria			
12	Max Lazonby	Queen Elizabeth Grammar School Penrith, Cumbria			
13	James Cooper	Queen Elizabeth Grammar School Penrith, Cumbria			
14	Callum Westwell	Queen Elizabeth Grammar School Penrith, Cumbria			

## English Schools' AA Cross Country Cup 2023

## Cumb 1 : Hunter Hall Penrith - Thursday 5th October 2023

Junior Girls		Team Results	4	Scoring Athletes	Distance 2500m	Time
Pos	Name	School, County				
1	Kara Van Der Merwe	The Queen Katherine School, Cumbria				
2	Isla Jebb	The Queen Katherine School, Cumbria				
3	Emmy Ranner	The Queen Katherine School, Cumbria				
4	Minnie Rowley	Casterton Sedbergh Preparatory School, Cumbria				
5	FAY THOMAS	Queen Elizabeth School, Cumbria				
6	Anna Hamilton	Queen Elizabeth Grammar School Penrith, Cumbria				
7	LARA COLLIN	Queen Elizabeth School, Cumbria				
8	Emma Anderson-Bickley	Casterton Sedbergh Preparatory School, Cumbria				
9	Katelyn Douglas	Ulverston Victoria High School, Cumbria				
10	Grace Goligher	Casterton Sedbergh Preparatory School, Cumbria				
11	Annabel Hinds	Casterton Sedbergh Preparatory School, Cumbria				
12	Kamzi Okoro	Queen Elizabeth Grammar School Penrith, Cumbria				
13	Ava Lawson	The Whitehaven Academy, Cumbria				
14	Bella Cooper	Casterton Sedbergh Preparatory School, Cumbria				
15	ELLEN METCALFE	Queen Elizabeth School, Cumbria				
16	ROSIE SPEIGHT	Kirkbie Kendal School, Cumbria				
17	Blue Thompson	Casterton Sedbergh Preparatory School, Cumbria				
18	ROSIE FLANNIGAN	Queen Elizabeth School, Cumbria				
19	MIA THISTLETHWAITE	Queen Elizabeth School, Cumbria				
20	Madisyn Strydom	Ulverston Victoria High School, Cumbria				
21	AYLA CLEMENT	Kirkbie Kendal School, Cumbria				
22	Grace Forbes	The Whitehaven Academy, Cumbria				
23	Ava Heath	Dallam School, Cumbria				
24	SEREN GORE	Kirkbie Kendal School, Cumbria				
25	Harriet Stainer	The Queen Katherine School, Cumbria				
26	ISLA DOUGLAS	Queen Elizabeth School, Cumbria				
27	Isabella Walby	Queen Elizabeth Grammar School Penrith, Cumbria				
28	Tess Reedy	The Queen Katherine School, Cumbria				
29	Amethyst Culley	The Whitehaven Academy, Cumbria				
30	Asha Rowe	The Queen Katherine School, Cumbria				
31	Jasmine O'Hagan	The Whitehaven Academy, Cumbria				
32	Aoife Smith	Netherhall School, Cumbria				
33	JESSICA ATKINSON	Kirkbie Kendal School, Cumbria				
34	Eleanor Simpson	Queen Elizabeth Grammar School Penrith, Cumbria				
35	Jessica Warrener	Ulverston Victoria High School, Cumbria				
36	Bethany Jones	Queen Elizabeth Grammar School Penrith, Cumbria				
37	Libby Blake	Queen Elizabeth Grammar School Penrith, Cumbria				
38	Isabelle Lister	Ulverston Victoria High School, Cumbria				
39	Katie Lydon	Ulverston Victoria High School, Cumbria				
40	Aleya Ostle	Netherhall School, Cumbria				
41	Izzie Murdock	Netherhall School, Cumbria				
42	Emmie Martin	Netherhall School, Cumbria				
43	KATHERINE CONWAY	Kirkbie Kendal School, Cumbria				
44	Elena Weaver	Dallam School, Cumbria				
45	Lexi Hunter	Dallam School, Cumbria				
46	Libby Gilbert	Dallam School, Cumbria				
47	Faith Heaney	The Whitehaven Academy, Cumbria				
48	Lana Stephenson	Netherhall School, Cumbria				

## English Schools' AA Cross Country Cup 2023

## Cumb 1 : Hunter Hall Penrith - Thursday 5th October 2023

Intermediate Girls		Team Results	4	Scoring Athletes	Distance 2500m	Time
Pos	Name	School, County				
1	Penelope Boyle	Ulverston Victoria High School, Cumbria				
2	Millie Jebb	The Queen Katherine School, Cumbria				
3	Julia Fielding	Sedbergh School, Cumbria				
4	Daisy Fielding	Sedbergh School, Cumbria				
5	Lucy Bell	Ulverston Victoria High School, Cumbria				
6	ISLA PEARMAN	Kirkbie Kendal School, Cumbria				
7	Ruby Cosgrove	Sedbergh School, Cumbria				
8	Emily Rycroft	Sedbergh School, Cumbria				
9	CARA BRADLEY	Kirkbie Kendal School, Cumbria				
10	Sophie Norman	Sedbergh School, Cumbria				
11	Anna Cunningham	Queen Elizabeth Grammar School Penrith, Cumbria				
12	Ruby Duxbury	The Queen Katherine School, Cumbria				
13	ELLIE TODHUNTER	Kirkbie Kendal School, Cumbria				
14	LILY SLATER	Kirkbie Kendal School, Cumbria				
15	Annabella Barker	Netherhall School, Cumbria				
16	Tess Evans	The Queen Katherine School, Cumbria				
17	BRIDGET ATKINSON	Queen Elizabeth School, Cumbria				
18	MACY HAYTON	Queen Elizabeth School, Cumbria				
19	Martha Morgan Travis	The Queen Katherine School, Cumbria				
20	ANNA COBLEY	Queen Elizabeth School, Cumbria				
21	LUCY BAGOT	Queen Elizabeth School, Cumbria				
22	Betsy Harrison	Sedbergh School, Cumbria				
23	EMILY EDMONSON	Queen Elizabeth School, Cumbria				
24	AALIYAH PEARSON	Kirkbie Kendal School, Cumbria				
25	Florrie Haddow	Ulverston Victoria High School, Cumbria				
26	EVA MIZON GILL	Queen Elizabeth School, Cumbria				
27	Isla Brodie	The Queen Katherine School, Cumbria				
28	Charlotte Harrison	Queen Elizabeth Grammar School Penrith, Cumbria				
29	Alice Rankin	Queen Elizabeth Grammar School Penrith, Cumbria				
30	Rosie Scott	The Queen Katherine School, Cumbria				
31	LUCY MURPHY	Kirkbie Kendal School, Cumbria				
32	Thea Ilett	Queen Elizabeth Grammar School Penrith, Cumbria				
33	Neev Rento	Queen Elizabeth Grammar School Penrith, Cumbria				
34	Emily Spencer	Ulverston Victoria High School, Cumbria				
35	Isla Robinson	Queen Elizabeth Grammar School Penrith, Cumbria				
36	Olivia Sturgeon	Ulverston Victoria High School, Cumbria				
37	Grace Hartley	Ulverston Victoria High School, Cumbria				
38	Lucie Parker	Netherhall School, Cumbria				

Round - 1

# English Schools' AA Cross Country Cup 2023

## Cumb 1 : Hunter Hall Penrith - Thursday 5th October 2023

### Senior Girls

Team Results

4

Scoring Athletes

Distance 3420m

Pos Name

School, County

Time

1	Amara Rose	Queen Elizabeth Grammar School Penrith, Cumbria
2	Isla Birch	Queen Elizabeth Grammar School Penrith, Cumbria
3	Molly Shaw	Queen Elizabeth Grammar School Penrith, Cumbria
4	Leah Rose	Queen Elizabeth Grammar School Penrith, Cumbria

**English Schools' AA Cross Country Cup 2023**  
**Cumb 1 : Hunter Hall Penrith - Thursday 5th October 2023**

**Junior Boys**

Posn	Points	School
1	34	Casterton Sedbergh Preparatory School, Cumbria
2	35	Queen Elizabeth Grammar School Penrith, Cumbria
3	38	Ulverston Victoria High School, Cumbria
4	43	Queen Elizabeth School, Cumbria
5	78	Lancaster Royal Grammar School, Lancashire
6	96	Kirkbie Kendal School, Cumbria
7	125	Netherhall School, Cumbria
8	147	The Queen Katherine School, Cumbria
9	190	The Whitehaven Academy, Cumbria
10	191	Dallam School, Cumbria

**Junior Girls**

Posn	Points	School
1	31	The Queen Katherine School, Cumbria
2	33	Casterton Sedbergh Preparatory School, Cumbria
3	45	Queen Elizabeth School, Cumbria
4	79	Queen Elizabeth Grammar School Penrith, Cumbria
5	94	Kirkbie Kendal School, Cumbria
6	95	The Whitehaven Academy, Cumbria
7	102	Ulverston Victoria High School, Cumbria
8	155	Netherhall School, Cumbria
9	158	Dallam School, Cumbria

**Intermediate Boys**

Posn	Points	School
1	30	Sedbergh School, Cumbria
2	36	Kirkbie Kendal School, Cumbria
3	41	Queen Elizabeth School, Cumbria
4	57	Ulverston Victoria High School, Cumbria
5	66	Queen Elizabeth Grammar School Penrith, Cumbria
6	101	The Queen Katherine School, Cumbria
7	127	Lancaster Royal Grammar School, Lancashire
8	140	Netherhall School, Cumbria

**Intermediate Girls**

Posn	Points	School
1	22	Sedbergh School, Cumbria
2	42	Kirkbie Kendal School, Cumbria
3	49	The Queen Katherine School, Cumbria
4	65	Ulverston Victoria High School, Cumbria
5	76	Queen Elizabeth School, Cumbria
6	100	Queen Elizabeth Grammar School Penrith, Cumbria

**Senior Boys**

Posn	Points	School
1	19	Lancaster Royal Grammar School, Lancashire
2	34	Queen Elizabeth Grammar School Penrith, Cumbria

**Senior Girls**

Posn	Points	School
1	10	Queen Elizabeth Grammar School Penrith, Cumbria