

**ESAA English Schools' Track and Field Cup 2023**  
**Round - 1 ESS 2 :: Blackshots - Tuesday 16th May 2023**

**Junior Boys**

**1 : 470pts : The Eastwood Academy, Leigh-on-Sea, Essex**

<b>100m</b>	12.2 = 28pts	Cameron Neville-Blaise
	13.5 = 15pts	JJ Niefe
<b>200m</b>	24.8 = 27pts	Albie Lyons
	27.8 = 18pts	Joshua High
<b>300m</b>	46.6 = 13pts	Ben Pacey
	44.5 = 16pts	Roger Walker
<b>800m</b>	2:33.1 = 19pts	Remi MacDonald
	2:29.7 = 20pts	Charlie Sloman
<b>1500m</b>	4:52.5 = 23pts	Noah Tundervary
	5:13.6 = 18pts	Connor Payne
<b>Hurdles</b>	13.4 = 22pts	Harvey Anteh
	13.8 = 20pts	George Twist
<b>Relay</b>	62.1 = 10pts	Frankie Scottow , Tom Buscombe Charlie Sloman , Connor Payne
<b>High_Jump</b>	1.47 = 19pts	Harvey Anteh
<b>Long_Jump</b>	4.00 = 12pts	Remi MacDonald
	4.25 = 14pts	JJ Niefe
<b>Triple_Jump</b>	10.05 = 19pts	Cameron Neville-Blaise
	9.62 = 17pts	Roger Walker
<b>Pole_Vault</b>	2.35 = 20pts	Joshua High
<b>Shot</b>	10.53 = 21pts	Albie Lyons
<b>Discus</b>	21.00 = 15pts	Frankie Scottow
	23.68 = 18pts	George Twist
<b>Javelin</b>	24.58 = 17pts	Noah Tundervary
	31.49 = 24pts	Tom Buscombe
<b>Hammer</b>	33.40 = 25pts	Ben Pacey

**2 : 455pts : Forest School, London, Essex**

<b>100m</b>	11.9 = 31pts	Lawrence Foster
	13.1 = 19pts	Aaron Johnson Campbell
<b>200m</b>	26.1 = 22pts	Oskar Kyson
	27.7 = 18pts	Jude Dempsey Thompson
<b>300m</b>	42.1 = 20pts	Joshua Avery
	45.0 = 15pts	Henry Tyfield
<b>800m</b>	2:25.1 = 21pts	Callum Whiteside
	2:33.4 = 19pts	Jude Josey
<b>1500m</b>	4:58.0 = 22pts	Seb Reid
	5:10.5 = 19pts	Rory Willis
<b>Hurdles</b>	13.8 = 20pts	Cosmo Cooper
	13.5 = 22pts	Patrik Stromgren
<b>Relay</b>	58.9 = 14pts	Seb Reid , Rory Willis Rehan Rejhi , James Balleny
<b>High_Jump</b>	1.41 = 17pts	Patrik Stromgren
	1.20 = 10pts	Jude Josey
<b>Long_Jump</b>	4.30 = 15pts	Cosmo Cooper
	4.34 = 15pts	Lawrence Foster
<b>Triple_Jump</b>	9.71 = 17pts	Aaron Johnson Campbell
	NM = 0pts	
<b>Pole_Vault</b>		
<b>Shot</b>	9.63 = 18pts	Rehan Rejhit
<b>Discus</b>	22.70 = 17pts	Henry Tyfield
	20.87 = 15pts	Jude Dempsey Thompson
<b>Javelin</b>	28.96 = 21pts	Oskar Kyson
	22.04 = 15pts	Callum Whiteside
<b>Hammer</b>	24.26 = 17pts	Joshua Avery
	23.90 = 16pts	James Balleny

**3 : 440pts : The Coopers' Company and Coborn School, Upminster, Essex**

<b>100m</b>	13.8 = 13pts	Owen Austin
	13.3 = 17pts	Jamie Pink
<b>200m</b>	26.6 = 21pts	Reggie Marshall
	27.0 = 20pts	Theo Laronde
<b>300m</b>	41.2 = 22pts	Jayden Wilkinson
	44.3 = 16pts	Josh Fontaine
<b>800m</b>	2:26.8 = 21pts	Tommy Ferreira
	2:30.0 = 20pts	Karolis Bartkus
<b>1500m</b>	4:53.5 = 23pts	Archie Baily
	5:17.6 = 17pts	Joe Sewell
<b>Hurdles</b>	13.3 = 23pts	Sanderson Campbell
	14.3 = 18pts	Rhys Ballam
<b>Relay</b>	60.3 = 12pts	Ewan Lowrie , Archie Baily Joe Sewell , Baris Muratogla
<b>High_Jump</b>	1.41 = 17pts	Ewan Lowrie
	1.32 = 14pts	Rhys Ballam
<b>Long_Jump</b>	4.88 = 20pts	Jayden Wilkinson
	4.12 = 13pts	Karolis Bartkus
<b>Triple_Jump</b>	9.54 = 16pts	Sanderson Campbell
	8.86 = 13pts	Josh Fontaine
<b>Pole_Vault</b>		
<b>Shot</b>	12.78 = 28pts	Theo Laronde
	8.72 = 15pts	Jamie Pink
<b>Discus</b>	28.98 = 23pts	Reggie Marshall
	11.71 = 5pts	Tommy Ferreira
<b>Javelin</b>	21.76 = 14pts	Owen Austin
	26.91 = 19pts	Baris Muratogla
<b>Hammer</b>		

**4 : 409pts : St Martin's School Brentwood, Brentwood, Essex**

<b>100m</b>	13.2 = 18pts	Sean Prelli
	13.6 = 14pts	Nicholas Kostic
<b>200m</b>	26.8 = 20pts	Dylan Hodges
	29.8 = 13pts	Daniel Fadiora
<b>300m</b>	42.7 = 19pts	Kwesi Djokoto
	43.1 = 18pts	Dexter Jones
<b>800m</b>	2:18.3 = 23pts	Marvelous Ojo
	2:34.1 = 18pts	James Brentnall
<b>1500m</b>		
<b>Hurdles</b>	14.0 = 19pts	Adam Sewell
	13.5 = 22pts	Ralph Phillips
<b>Relay</b>	60.8 = 12pts	Fakhir Medhir , Daniel Bachi Jake Pascoe , Leighton Hogg
<b>High_Jump</b>	1.32 = 14pts	Adam Sewell
	1.44 = 18pts	Dexter Jones
<b>Long_Jump</b>	3.80 = 10pts	Marvelous Ojo
	3.62 = 8pts	James Brentnall
<b>Triple_Jump</b>	9.48 = 16pts	Sean Prelli
	8.80 = 13pts	Ralph Phillips
<b>Pole_Vault</b>		
<b>Shot</b>	8.77 = 15pts	Daniel Bachi
	9.81 = 19pts	Nicholas Kostic
<b>Discus</b>	28.85 = 23pts	Dylan Hodges
	23.48 = 17pts	Daniel Fadiora
<b>Javelin</b>	30.60 = 23pts	Fakhir Medhir
	9.90 = 2pts	Jake Pascoe
<b>Hammer</b>	28.51 = 21pts	Kwesi Djokoto
	21.95 = 14pts	Leighton Hogg

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**Junior Boys**

**5 : 407pts : Shenfield High School, Brentwood, Essex**

<b>100m</b>	13.3 = 17pts	Daniel Ogholo
	12.9 = 21pts	Frankie Welch
<b>200m</b>	26.5 = 21pts	Emmanuel Oyedele
	26.3 = 22pts	Charlie Barber
<b>300m</b>	45.8 = 14pts	Louis Wilkinson
	45.1 = 15pts	Daniel Ogundele
<b>800m</b>	2:22.4 = 22pts	Alf Carter
	2:23.7 = 22pts	Jamie Neal
<b>1500m</b>	4:44.6 = 25pts	Zac Thomas
	5:15.8 = 18pts	Jude Longman
<b>Hurdles</b>	16.2 = 8pts	Kai Debenham
	14.9 = 15pts	Tom Allen
<b>Relay</b>	55.3 = 18pts	Will Turner-Smith , Daniel Ogholo Louis Wilkinson , Rory Passingham
<b>High_Jump</b>	1.35 = 15pts	Tom Allen
	1.29 = 13pts	Charlie Barber
<b>Long_Jump</b>	3.99 = 11pts	Jamie Neal
	3.79 = 9pts	Jude Longman
<b>Triple_Jump</b>	10.27 = 20pts	Zac Thomas
	8.25 = 10pts	Alf Carter
<b>Pole_Vault</b>		
<b>Shot</b>	8.74 = 15pts	Emmanuel Oyedele
	7.84 = 12pts	Rory Passingham
<b>Discus</b>	17.67 = 12pts	Frankie Welch
	16.88 = 11pts	Daniel Ogundele
<b>Javelin</b>	28.60 = 21pts	Will Turner-Smith
	27.44 = 20pts	Kai Debenham
<b>Hammer</b>		

**6 : 370pts : St Thomas More High School, Westcliff-on-Sea, Essex**

<b>100m</b>	13.5 = 15pts	Eddie Fajemibola
	11.9 = 31pts	Joel Ladegbaye
<b>200m</b>	29.1 = 14pts	Hayden Scott
	27.3 = 19pts	Lewis Anaglavi
<b>300m</b>	38.8 = 28pts	Praise Adebayo
	58.2 = 0pts	David Femi-Alade
<b>800m</b>	2:25.3 = 21pts	Luke Tiller
	2:53.5 = 12pts	George Luft
<b>1500m</b>		
<b>Hurdles</b>	16.5 = 7pts	Divine Madueke
	13.7 = 21pts	Aadrian Damo
<b>Relay</b>	54.3 = 20pts	Jacob Thomas , Ekow Koomson Luca Clements , Ben Williams
<b>High_Jump</b>	1.26 = 12pts	Divine Madueke
	1.26 = 12pts	Aadrian Damo
<b>Long_Jump</b>	4.30 = 15pts	Hayden Scott
	4.57 = 17pts	Luca Clements
<b>Triple_Jump</b>	10.61 = 22pts	David Femi-Alade
	9.83 = 18pts	Joel Ladegbaye
<b>Pole_Vault</b>		
<b>Shot</b>	5.85 = 5pts	Lewis Anaglavi
	12.16 = 26pts	Praise Adebayo
<b>Discus</b>	13.78 = 8pts	Eddie Fajemibola
	18.99 = 13pts	Jacob Thomas
<b>Javelin</b>	16.60 = 9pts	Luke Tiller
	19.50 = 12pts	Jude
<b>Hammer</b>	20.59 = 13pts	Anaya Amoh
	NM = 0pts	Ekow Koomson

**7 : 347pts : The Beaulieu Park School, Chelmsford, Essex**

<b>100m</b>	13.0 = 20pts	Noah Kalema
	12.4 = 26pts	Ruben Terry
<b>200m</b>	28.6 = 16pts	Cameron Ely
	27.6 = 18pts	Hugo Allison
<b>300m</b>	53.8 = 4pts	George Parker
	45.8 = 14pts	Ellis Walker
<b>800m</b>	2:32.2 = 19pts	Freddie Johnson
	2:32.0 = 19pts	Khaya Fakazi
<b>1500m</b>	4:58.2 = 22pts	Zac Johnson
	5:44.9 = 11pts	Louie Champion
<b>Hurdles</b>	14.6 = 16pts	Josh Samuels
	17.0 = 5pts	Henry Perkins
<b>Relay</b>	57.4 = 16pts	Ben Evans , Zac Johnson Jack Bodell , Hugo Allison
<b>High_Jump</b>	1.53 = 21pts	Noah Kalema
	NM = 0pts	Khaya Fakazi
<b>Long_Jump</b>	4.45 = 16pts	Freddie Johnson
	3.89 = 10pts	Henry Perkins
<b>Triple_Jump</b>	7.87 = 7pts	Cameron Ely
	8.04 = 8pts	George Parker
<b>Pole_Vault</b>		
<b>Shot</b>	8.27 = 13pts	Ruben Terry
	8.30 = 14pts	Ellis Walker
<b>Discus</b>	18.34 = 12pts	Josh Samuels
	18.32 = 12pts	Jack Bodell
<b>Javelin</b>	23.85 = 16pts	Ben Evans
	19.32 = 12pts	Louie Champion
<b>Hammer</b>		

**8 : 308pts : St Bonaventure's RC School, London, Essex**

<b>100m</b>	12.0 = 30pts	Terell O'Kenya
	13.0 = 20pts	Samuel Mgbatogu
<b>200m</b>	29.6 = 13pts	Nana Dapaah
	28.5 = 16pts	Desmond Makmot
<b>300m</b>	43.8 = 17pts	Gianpiero Lardieri Sanchez
	48.1 = 10pts	Elliot Ackpoli
<b>800m</b>	2:47.4 = 14pts	Zaion Christian
	2:39.7 = 17pts	Jamien Boakye
<b>1500m</b>	5:52.0 = 10pts	Benjamin James
	6:09.5 = 7pts	Yusuf Kahn
<b>Hurdles</b>	14.5 = 17pts	Ian Donkoh
	16.1 = 9pts	Anthony Embley
<b>Relay</b>	59.6 = 13pts	Elyon Kwatei , Elliot Ackpoli Yusuf Kahn , Kenzo Da Costa
<b>High_Jump</b>	1.44 = 18pts	Desmond Makmot
	1.20 = 10pts	Anthony Embley
<b>Long_Jump</b>	4.50 = 17pts	Gianpiero Lardieri
	3.80 = 10pts	Ian Donkoh
<b>Triple_Jump</b>	7.34 = 2pts	Kenzo Da Costa
	7.97 = 8pts	Zaion Christian
<b>Pole_Vault</b>		
<b>Shot</b>	7.39 = 10pts	Benjamin James
	10.28 = 20pts	Elyon Kwatei
<b>Discus</b>		
<b>Javelin</b>	19.95 = 12pts	Terell O'Kenya
	15.18 = 8pts	Nana Dapaah
<b>Hammer</b>		

**ESAA English Schools' Track and Field Cup 2023**  
**Round - 1 ESS 2 :: Blackshots - Tuesday 16th May 2023**

**Junior Boys**

**9 : 238pts : Cecil Jones Academy, Southend-on-Sea, Essex**

<b>100m</b>	12.5 = 25pts	Dennis Bozanca
	13.6 = 14pts	Paul Boyd
<b>200m</b>	33.4 = 4pts	Carlos Jardim
	28.2 = 17pts	Harry Hillsden
<b>300m</b>	50.4 = 7pts	Harry Cox
	49.6 = 8pts	James Morgan
<b>800m</b>	2:40.4 = 16pts	Sam Lowry
	2:23.5 = 22pts	Callum Taylor
<b>1500m</b>		
<b>Hurdles</b>	16.5 = 7pts	Luka Lewin
	16.8 = 6pts	Alfie Rollin-Skinner
<b>Relay</b>	72.4 = 0pts	Nathan Lovell , Ben Lewis Josef Istok , Borys Pinkowski
<b>High_Jump</b>	1.35 = 15pts	Callum Taylor
	1.29 = 13pts	Borys Pinkowski
<b>Long_Jump</b>	3.57 = 7pts	Paul Boyd
	2.50 = 0pts	Alfie Rollin-Skinner
<b>Triple_Jump</b>	8.21 = 9pts	Nathan Lovell
	NM = 0pts	James Morgan
<b>Pole_Vault</b>		
<b>Shot</b>	8.15 = 13pts	Harry Cox
	8.07 = 13pts	Carlos Jardim
<b>Discus</b>	10.86 = 4pts	Sam Lowry
	10.69 = 4pts	Luka Lewin
<b>Javelin</b>	18.10 = 11pts	Harry Hillsden
<b>Hammer</b>	18.28 = 11pts	Ben Lewis
	19.98 = 12pts	Josef Istok

**10 : 233pts : William Edwards School, Grays, Essex**

<b>100m</b>	14.6 = 9pts	JJ Kilshaw
	16.1 = 1pts	Adetayo Adebowala
<b>200m</b>	27.4 = 19pts	Arthur Jacks
<b>300m</b>	52.8 = 5pts	Charlie Yellop
	41.7 = 21pts	Luca Curca
<b>800m</b>	2:47.2 = 14pts	Ritchie Hilton
<b>1500m</b>	6:47.5 = 2pts	Robert Csotin
	6:07.7 = 7pts	Oliver Moravek
<b>Hurdles</b>		
	13.3 = 23pts	Oscar Zych
<b>Relay</b>	58.5 = 14pts	Seth Mapunde , Adetayo Adebowala El Odiase , Ritchie Hilton
<b>High_Jump</b>	1.20 = 10pts	Arthur Jacks
	1.20 = 10pts	Oliver Moravek
<b>Long_Jump</b>	3.98 = 11pts	JJ Kilshaw
<b>Triple_Jump</b>	7.75 = 6pts	Charlie Yellop
	NM = 0pts	Oscar Zych
<b>Pole_Vault</b>		
<b>Shot</b>	9.27 = 17pts	Seth Mapunde
	9.37 = 17pts	El Odiase
<b>Discus</b>	14.32 = 8pts	Freddie Murphy
	18.60 = 13pts	Robert Costin
<b>Javelin</b>	21.80 = 14pts	John Coshell
	19.70 = 12pts	Luca Curca
<b>Hammer</b>		

**11 : 212pts : Chelmer Valley High School, Chelmsford, Essex**

<b>100m</b>	14.9 = 7pts	Emmanuel Oseghale
	14.4 = 10pts	Alakarbourne Turray
<b>200m</b>	29.7 = 13pts	Teddy Clout
	31.1 = 9pts	Jake Ridgewell
<b>300m</b>	37.9 = 30pts	Sam Steadman
	54.2 = 3pts	Mason Wilkinon
<b>800m</b>	2:44.4 = 15pts	Luke Wilson
	2:58.7 = 10pts	Luke Webb
<b>1500m</b>	6:26.7 = 5pts	Max Choules
	5:21.5 = 16pts	Arther Ford
<b>Hurdles</b>		
<b>Relay</b>	59.9 = 13pts	Danny Fehily , Arther Ford Ben Arnott , Mason Wilkinson
<b>High_Jump</b>	NM = 0pts	Sam Steadman
	1.20 = 10pts	Jake Ridgewell
<b>Long_Jump</b>	3.73 = 9pts	Luke Wilson
	3.50 = 7pts	Emmanuel Oseghale
<b>Triple_Jump</b>	NM = 0pts	Alakarbourne Turray
	8.77 = 12pts	Lance Percy
<b>Pole_Vault</b>		
<b>Shot</b>	10.05 = 19pts	Danny Fehily
	9.57 = 18pts	Teddy Clout
<b>Discus</b>		
<b>Javelin</b>	13.50 = 6pts	Tyler Jennings
	NM = 0pts	Luke Webb
<b>Hammer</b>		

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**Junior Girls**

**1 : 476pts : The Coopers' Company and Coborn School, Upminster, Essex**

<b>100m</b>	13.5 = 24pts	Tomi Ojelowo
<b>200m</b>	27.9 = 25pts	Cleo Drake
	28.2 = 24pts	Poppy Dent-Jones
<b>300m</b>	43.7 = 26pts	Annabella Drake
<b>800m</b>	2:28.5 = 28pts	Jessica Page
	2:44.2 = 23pts	Alice Watts
<b>1500m</b>	4:57.3 = 31pts	Summer Smith
	5:16.2 = 27pts	Orla Friel
<b>Hurdles</b>	12.2 = 28pts	Isabelle James
	13.8 = 20pts	Amelie Shearing
<b>Relay</b>	57.6 = 22pts	Lila Chapelhow , Ayla Baker Poppy Dent-Jones , Alice Watts
<b>High_Jump</b>	1.47 = 23pts	Annabella Drake
	1.26 = 16pts	Amelie Shearing
<b>Long_Jump</b>	4.32 = 18pts	Tomi Ojelowo
	4.34 = 18pts	Cleo Drake
<b>Triple_Jump</b>		
<b>Pole_Vault</b>		
<b>Shot</b>	8.45 = 23pts	Ayla Baker
<b>Discus</b>	16.38 = 15pts	Isabelle James
	18.25 = 17pts	Summer Smith
<b>Javelin</b>	26.67 = 27pts	Jessica Page
	19.16 = 18pts	Orla Friel
<b>Hammer</b>	29.09 = 23pts	Lila Chapelhow

**2 : 420pts : The Eastwood Academy, Leigh-on-Sea, Essex**

<b>100m</b>	14.1 = 18pts	Eva Baxter
	13.8 = 21pts	Ava Masters
<b>200m</b>		
	28.0 = 24pts	Heidi Whatton
<b>300m</b>	45.7 = 21pts	Violet Burrell
	47.6 = 18pts	Cali Gall
<b>800m</b>	2:41.9 = 24pts	Freya Walls
	2:37.4 = 25pts	Chloe Boys
<b>1500m</b>	5:28.8 = 25pts	Camille Catling
	5:48.7 = 21pts	Nancy Argent
<b>Hurdles</b>	12.1 = 28pts	Alice Bird
	12.4 = 27pts	Amy Pugsley
<b>Relay</b>	61.4 = 16pts	Chloe Boys , Camille Catling Nancy Argent , Grace
<b>High_Jump</b>		
	1.57 = 27pts	Amy Pugsley
<b>Long_Jump</b>	4.21 = 17pts	Eva Baxter
	4.12 = 16pts	Heidi Whatton
<b>Triple_Jump</b>		
<b>Pole_Vault</b>	2.10 = 22pts	Alice Bird
<b>Shot</b>	7.22 = 17pts	Violet Burrell
	8.19 = 21pts	Grace
<b>Discus</b>		
	13.84 = 11pts	Cali Gall
<b>Javelin</b>	13.89 = 11pts	Freya Walls
	13.26 = 10pts	Ava Masters
<b>Hammer</b>		

**3 : 381pts : Forest School, London, Essex**

<b>100m</b>	13.6 = 23pts	Esmae Mahalingham
	14.6 = 14pts	Bea Da Concaio
<b>200m</b>	26.1 = 31pts	Evanna Eze
	28.0 = 24pts	Maya Robinson
<b>300m</b>	48.7 = 16pts	Helena Thompson
<b>800m</b>	2:40.5 = 24pts	Olivia Brooks
	2:45.1 = 22pts	Amber McClean
<b>1500m</b>	5:56.4 = 20pts	Faith Brooks
	5:22.5 = 26pts	Lara Mydlar
<b>Hurdles</b>	13.5 = 21pts	Lennie Mecalff
	13.9 = 19pts	Iselle Rifat
<b>Relay</b>	61.5 = 16pts	Jola Ashiru , Lara Mydlar Amber McClean , Faith Brooks
<b>High_Jump</b>	1.20 = 14pts	Bea Da Concaio
	1.11 = 11pts	Iselle Rifat
<b>Long_Jump</b>	3.47 = 9pts	Maya Robinson
	3.70 = 12pts	Esmae Mahalingham
<b>Triple_Jump</b>		
<b>Pole_Vault</b>		
<b>Shot</b>	7.36 = 17pts	Jola Ashiru
	8.19 = 21pts	Evanna Eze
<b>Discus</b>	16.85 = 15pts	Helena Thompson
	14.05 = 12pts	Lennie Mecalff
<b>Javelin</b>	16.35 = 14pts	Olivia Brooks
	NM = 0pts	
<b>Hammer</b>		

**4 : 358pts : Chelmsford County High School for Girls, Chelmsford, Essex**

<b>100m</b>	13.3 = 26pts	Isabella Johnson
	14.8 = 13pts	Lana Burton
<b>200m</b>	28.6 = 22pts	Muna Ozono
	DQ = 0pts	Everly Platts
<b>300m</b>		
<b>800m</b>	2:32.2 = 27pts	Frankie Philipps
	2:38.0 = 25pts	Isobelle Eida
<b>1500m</b>	5:49.3 = 21pts	Esme Thomas
	5:20.1 = 26pts	Lilly Sanford
<b>Hurdles</b>	13.8 = 20pts	Caitlin Li
	14.8 = 15pts	Daisy Oludipe
<b>Relay</b>	61.5 = 16pts	Matilda Wilson , Isobelle Eida Lilly Sanford , Nicole Mwanache
<b>High_Jump</b>	1.20 = 14pts	Caitlin Li
	1.17 = 13pts	Nicole Mwanache
<b>Long_Jump</b>	4.54 = 20pts	Isabella Johnson
	4.10 = 16pts	Everly Platts
<b>Triple_Jump</b>		
<b>Pole_Vault</b>		
<b>Shot</b>	9.13 = 26pts	Muna Ozono
	6.74 = 14pts	Matilda Wilson
<b>Discus</b>	9.51 = 6pts	Esme Thomas
	15.42 = 13pts	Daisy Oludipe
<b>Javelin</b>	12.70 = 10pts	Frankie Philipps
	16.50 = 15pts	Lana Burton
<b>Hammer</b>		

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**Junior Girls**

**5 : 351pts : St Martin's School Brentwood, Brentwood, Essex**

<b>100m</b>	14.0 = 19pts	Esme Monk
	13.5 = 24pts	Ruby Collier
<b>200m</b>	28.8 = 22pts	Rowan Jude
<b>300m</b>	51.1 = 12pts	Daisy Willingale
<b>800m</b>	2:48.0 = 22pts	Eliza Hobden
	2:51.1 = 20pts	Fleur Bennett
<b>1500m</b>	5:07.2 = 29pts	Erin Kelly
	5:03.9 = 30pts	Emmie Lole
<b>Hurdles</b>	12.5 = 26pts	Andie Brooks
	DQ = 0pts	Izabella Jones
<b>Relay</b>	64.8 = 11pts	Erin Kelly , Isabelle Adams Ruby Walsh , Fleur Bennett
<b>High_Jump</b>	1.20 = 14pts	Daisy Willingale
	1.23 = 15pts	Ruby Collier
<b>Long_Jump</b>	3.43 = 9pts	Eliza Hobden
	4.19 = 17pts	Esme Monk
<b>Triple_Jump</b>		
<b>Pole_Vault</b>		
<b>Shot</b>	7.38 = 17pts	Isabelle Adams
	6.29 = 12pts	Ruby Walsh
<b>Discus</b>	17.62 = 16pts	Rowan Jude
<b>Javelin</b>	22.70 = 23pts	Andie Brooks
	15.35 = 13pts	Izabella Jones
<b>Hammer</b>		

**6 : 326pts : Shenfield High School, Brentwood, Essex**

<b>100m</b>	14.3 = 16pts	Tegan Barber
<b>200m</b>	26.9 = 28pts	Poppy Horton
<b>300m</b>	45.5 = 22pts	Steph Smith
	47.9 = 17pts	Maisie Brickell
<b>800m</b>	2:53.2 = 20pts	Amber Keen
	2:51.2 = 20pts	Amelie Ayres
<b>1500m</b>	5:42.5 = 22pts	Ellie Gray
	5:42.3 = 22pts	Fay Dignam
<b>Hurdles</b>	16.3 = 10pts	Isal Franklin
	16.9 = 8pts	Daisy Doel
<b>Relay</b>	64.6 = 12pts	Layla Soyer , Daisy Woodward Daisy Doel , Amelie Ayres
<b>High_Jump</b>	1.23 = 15pts	Steph Smith
	1.26 = 16pts	Daisy Woodward
<b>Long_Jump</b>	3.96 = 14pts	Poppy Horton
	3.87 = 13pts	Maisie Brickell
<b>Triple_Jump</b>		
<b>Pole_Vault</b>		
<b>Shot</b>	5.03 = 8pts	Faye Dignam
	7.21 = 17pts	Tegan Barber
<b>Discus</b>	13.25 = 11pts	Ellie Gray
	13.65 = 11pts	Amber Keen
<b>Javelin</b>	17.30 = 16pts	Layla Soyer
	11.20 = 8pts	Isla Franklin
<b>Hammer</b>		

**7 : 257pts : Chelmer Valley High School, Chelmsford, Essex**

<b>100m</b>	13.2 = 27pts	Nneka Olaketo
	15.0 = 12pts	Emilia Webb
<b>200m</b>	33.1 = 8pts	Millie Mevsonavich
	37.0 = 1pts	Jessica Joseph
<b>300m</b>	57.4 = 5pts	Poppy Nash
	51.3 = 12pts	Chloe Reynolds
<b>800m</b>	3:05.9 = 16pts	Jessica Andrews
	3:00.0 = 18pts	Seren Griffiths
<b>1500m</b>	6:18.6 = 16pts	Holly Jones
<b>Hurdles</b>	17.0 = 7pts	Alex Bennion
	16.5 = 9pts	Abi Housden
<b>Relay</b>	64.0 = 12pts	Charlotte Lowe , Chloe Reynolds Veronika Olaketo , Holly Jones
<b>High_Jump</b>	NM = 0pts	Abi housden
	1.23 = 15pts	Emelia Webb
<b>Long_Jump</b>	3.27 = 7pts	Millie Mevsonavich
	4.72 = 24pts	Nneka Olaketo
<b>Triple_Jump</b>		
<b>Pole_Vault</b>		
<b>Shot</b>	7.73 = 19pts	Veronika Olaketo
	6.92 = 15pts	Jess Andrews
<b>Discus</b>	18.18 = 17pts	Alex Bennion
	10.18 = 6pts	Jessica Joseph
<b>Javelin</b>	9.66 = 5pts	Poppy Nash
	9.77 = 6pts	Seren Griffiths
<b>Hammer</b>		

**8 : 253pts : William Edwards School, Grays, Essex**

<b>100m</b>	13.1 = 28pts	Rhianna John
	14.4 = 15pts	Michaela Adu
<b>200m</b>	33.5 = 8pts	Olivia Cannon
<b>300m</b>	53.3 = 10pts	Lyra Macanespie
	58.1 = 4pts	Nidhi Gupally
<b>800m</b>	3:12.1 = 13pts	Isabella Da Silva
	2:49.3 = 21pts	Lily Donovan
<b>1500m</b>	5:38.9 = 23pts	Hollie Matthews
<b>Hurdles</b>	15.2 = 13pts	Maya Baluka
	15.7 = 12pts	Millie Cripps
<b>Relay</b>	62.3 = 15pts	Ava Cooley Wakefield , Olivia Cannon Elizabeth Owojori , Millie Cripps
<b>High_Jump</b>	1.11 = 11pts	Lyra Macanespie
	1.17 = 13pts	Hollie Matthews
<b>Long_Jump</b>	4.49 = 20pts	Rhianna John
	2.83 = 3pts	Lily Donovan
<b>Triple_Jump</b>		
<b>Pole_Vault</b>		
<b>Shot</b>	5.22 = 9pts	Maya Baluka
<b>Discus</b>	11.56 = 8pts	Ava Cooley Wakefield
	15.10 = 13pts	Nidhi Gupally
<b>Javelin</b>	14.80 = 12pts	Elizabeth Owojori
	7.40 = 2pts	Michaela Adu
<b>Hammer</b>		

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**Junior Girls**

**9 : 250pts : Grays Convent High School, Grays, Essex**

<b>100m</b>	16.0 = 7pts	Chidera Ideka
	15.1 = 11pts	Omotoyosi Odubanjo
<b>200m</b>	31.0 = 14pts	Eve Boateng
	27.9 = 25pts	Millie Mansfield
<b>300m</b>	52.7 = 10pts	Janet Ogunrinde
	61.3 = 1pts	Tamara Vera
<b>800m</b>	3:16.2 = 12pts	Winna Koho
	2:59.4 = 18pts	Ava Boucard
<b>1500m</b>	6:59.7 = 10pts	Zarah Jasim
<b>Hurdles</b>	15.2 = 13pts	Chisom Lemeh
<b>Relay</b>	65.7 = 10pts	Eve Boateng , Zara Omoregie Zarah Jasim , Mary Lawson
<b>High_Jump</b>	1.26 = 16pts	Winna Koho
	1.05 = 9pts	Tamara Vera
<b>Long_Jump</b>	3.76 = 12pts	Chisom Lemeh
	4.20 = 17pts	Millie Mansfield
<b>Triple_Jump</b>		
<b>Pole_Vault</b>		
<b>Shot</b>	8.37 = 22pts	Chidera Ideka
	6.25 = 12pts	Mary Lawson
<b>Discus</b>	12.23 = 9pts	Janet Ogunrinde
	12.69 = 10pts	Omotoyosi Odubanjo
<b>Javelin</b>	14.20 = 12pts	Zara Omoregie
	NM = 0pts	Ava Boucard
<b>Hammer</b>		

**10 : 237pts : The Beaulieu Park School, Chelmsford, Essex**

<b>100m</b>	15.0 = 12pts	Elleora Ulasi
	15.0 = 12pts	Daisy Davenport
<b>200m</b>	32.8 = 9pts	Ruby Bedford
	34.9 = 5pts	Megan Walden
<b>300m</b>	55.6 = 7pts	Layla Ross
<b>800m</b>	2:58.8 = 18pts	Amalie Higden
	2:56.5 = 19pts	Poppy Maclean
<b>1500m</b>	5:07.4 = 29pts	Hetty Harrison
	6:54.2 = 10pts	Oluwademilade Olarewaju
<b>Hurdles</b>	17.9 = 4pts	Maisie Gill
<b>Relay</b>	63.8 = 13pts	Ruby Collins , Daisy Davenport Adison Willis , Oluwademilade Olarewaju
<b>High_Jump</b>	1.14 = 12pts	Layla Ross
	1.08 = 10pts	Poppy Maclean
<b>Long_Jump</b>	3.49 = 9pts	Hetty Harrison
	3.41 = 9pts	Megan Walden
<b>Triple_Jump</b>		
<b>Pole_Vault</b>		
<b>Shot</b>	6.64 = 14pts	Maisie Gill
	5.92 = 11pts	Adison Willis
<b>Discus</b>	12.60 = 10pts	Elleora Ulasi
	15.81 = 14pts	Amalie Higden
<b>Javelin</b>	12.90 = 10pts	Ruby Collins
	NM = 0pts	Ruby Bedford
<b>Hammer</b>		

**11 : 177pts : Cecil Jones Academy, Southend-on-Sea, Essex**

<b>100m</b>	16.7 = 3pts	Isabelle Galli
	15.8 = 8pts	Willow Maybe
<b>200m</b>	33.3 = 8pts	Emily Jones
	32.7 = 9pts	Skye Walter
<b>300m</b>	60.0 = 0pts	Evie-Rae Phipps
	56.7 = 6pts	Summer Petchey
<b>800m</b>	3:27.9 = 8pts	Alexis Mensah
	3:06.6 = 15pts	Mari Wadda
<b>1500m</b>		
<b>Hurdles</b>	13.6 = 21pts	Aaliyah Steri
	16.0 = 11pts	Maisie Byford
<b>Relay</b>	64.3 = 12pts	Sytira Smith , Willow Maybe Summer Petchey , Alexis Mensah
<b>High_Jump</b>	NM = 0pts	Aaliyah Steri
	1.14 = 12pts	Mari Wadda
<b>Long_Jump</b>	3.32 = 8pts	Isabelle Galli
	3.19 = 6pts	Maisie Byford
<b>Triple_Jump</b>		
<b>Pole_Vault</b>		
<b>Shot</b>	8.55 = 23pts	Sytira Smith
	5.43 = 10pts	Emily Jones
<b>Discus</b>		
<b>Javelin</b>	12.56 = 9pts	Grace Burman
	11.99 = 8pts	Skye Walter
<b>Hammer</b>		

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**Intermediate Boys**

**1 : 479pts : The Coopers' Company and Coborn School, Upminster, Essex**

<b>100m</b>	12.6 = 17pts	Dillon Humphrey
	12.3 = 20pts	Jamie Pisano
<b>200m</b>	25.2 = 20pts	Franklyn Broad
	25.1 = 20pts	Ethan Berry
<b>300m</b>	38.7 = 24pts	Daniel Brown
	40.6 = 20pts	Simeon Barker
<b>800m</b>	2:10.5 = 24pts	Jack West
	2:21.6 = 19pts	Will Tilson
<b>1500m</b>	4:23.2 = 25pts	Findlay McLaren
	4:40.8 = 21pts	Aaron Hick
<b>Hurdles</b>	11.6 = 27pts	Roman Campbell
	12.0 = 25pts	Freddie Fisher
<b>Relay</b>	52.7 = 16pts	Sam Burdett , Jeremy Godwin Aaron Hick , Freddie Fisher
<b>High_Jump</b>	1.44 = 14pts	Jeremy Godwin
	1.56 = 18pts	Findlay McLaren
<b>Long_Jump</b>	5.17 = 16pts	Roman Campbell
	5.12 = 16pts	Daniel Brown
<b>Triple_Jump</b>	10.77 = 15pts	Simeon Barker
	10.12 = 12pts	Ethan Berry
<b>Pole_Vault</b>		
<b>Shot</b>	11.10 = 19pts	Franklyn Broad
	10.65 = 18pts	Jamie Pisano
<b>Discus</b>	27.74 = 19pts	Dillon Humphrey
	29.54 = 21pts	Jack West
<b>Javelin</b>	37.06 = 18pts	Sam Burdett
	32.25 = 15pts	Will Tilson
<b>Hammer</b>		

**2 : 478pts : The Eastwood Academy, Leigh-on-Sea, Essex**

<b>100m</b>	11.6 = 27pts	Sam Gboyega
	12.2 = 21pts	Ruben Phillip
<b>200m</b>	24.6 = 22pts	James Clark
	24.3 = 23pts	Jerome Whiteley
<b>300m</b>	40.4 = 20pts	Ryan Weir
	38.9 = 24pts	Oscar Claxton
<b>800m</b>	2:23.8 = 18pts	Harry Clark
	2:19.1 = 19pts	Rocci Williams
<b>1500m</b>	4:31.8 = 23pts	Harry Wright
	4:40.0 = 22pts	Aydan Holland
<b>Hurdles</b>	11.9 = 25pts	Mason Smith
	11.8 = 26pts	Luke Clark
<b>Relay</b>	50.5 = 20pts	Jamie Mann , Harry Wright Leo Walters , Oscar Claxton
<b>High_Jump</b>	1.41 = 13pts	Sam Gboyega
	1.53 = 17pts	Mason Smith
<b>Long_Jump</b>	5.63 = 21pts	James Clark
	5.91 = 24pts	Aydan Holland
<b>Triple_Jump</b>	10.36 = 13pts	Jamie Mann
	10.64 = 15pts	Rocci Williams
<b>Pole_Vault</b>		
<b>Shot</b>	9.35 = 13pts	Ryan Weir
	8.60 = 11pts	Jerome Whiteley
<b>Discus</b>	14.50 = 6pts	Leo Walters
	23.84 = 15pts	Luke Clark
<b>Javelin</b>	39.70 = 20pts	Harry Clark
<b>Hammer</b>	32.95 = 20pts	Ruben Phillip

**3 : 415pts : Shenfield High School, Brentwood, Essex**

<b>100m</b>	12.1 = 22pts	Zion Folley
	12.8 = 15pts	Liam Wright
<b>200m</b>	24.5 = 22pts	Dexter Humphries
	23.8 = 25pts	Harry Shorey
<b>300m</b>	39.3 = 23pts	Alfie Mercer
	39.5 = 22pts	Tom Lyons
<b>800m</b>	2:20.5 = 19pts	Charlie Raghavan
	2:16.4 = 21pts	Ned Hepburn
<b>1500m</b>	5:03.1 = 17pts	Harry Connell
	5:11.9 = 15pts	Bobby Sains
<b>Hurdles</b>	13.1 = 19pts	Zack Higgins
	14.4 = 13pts	Tobias Maitland
<b>Relay</b>	51.0 = 19pts	Timi Sani , Frank Courtney Tobias Maitland , Harry Connell
<b>High_Jump</b>	1.44 = 14pts	Liam Wright
	1.44 = 14pts	Zack Higgins
<b>Long_Jump</b>	5.52 = 20pts	Harry Shorey
	4.90 = 14pts	Ned Hepburn
<b>Triple_Jump</b>	9.97 = 11pts	Dexter Humphries
	10.05 = 12pts	Alfie Mercer
<b>Pole_Vault</b>		
<b>Shot</b>	8.84 = 12pts	Timi Sani
	9.70 = 15pts	Zion Folley
<b>Discus</b>	23.67 = 15pts	Frank Courtney
	24.17 = 15pts	Tom Lyons
<b>Javelin</b>	32.70 = 15pts	Charlie Raghavan
	18.70 = 6pts	Bobby Sains
<b>Hammer</b>		

**4 : 410pts : St Bonaventure's RC School, London, Essex**

<b>100m</b>	12.3 = 20pts	Jamie Mayavangua
	12.0 = 23pts	Samuel Ampofo
<b>200m</b>	24.5 = 22pts	Folarian Oguntuase
	24.5 = 22pts	Leron Adjei
<b>300m</b>	39.8 = 22pts	Yobo Sorae
	40.4 = 20pts	Fiyin Yusuf
<b>800m</b>	2:13.6 = 22pts	Daniel Banjoko
	2:25.6 = 17pts	David Banjoko
<b>1500m</b>	5:09.8 = 16pts	David Anuga
	5:01.7 = 17pts	Augustas Keturakis
<b>Hurdles</b>	12.7 = 21pts	Chinedum Ohanweh
	14.5 = 12pts	Terry Oppong
<b>Relay</b>	51.5 = 18pts	Bemiga Raji , Jamie Mayavangua Yobo Sorae , isreal Osunde
<b>High_Jump</b>	1.68 = 22pts	David Banjoko
<b>Long_Jump</b>	4.46 = 9pts	Samuel Ampofo
	4.98 = 14pts	Leron Adjei
<b>Triple_Jump</b>	11.80 = 21pts	Daniel Banjoko
	10.83 = 16pts	Chinedum Ohanweh
<b>Pole_Vault</b>		
<b>Shot</b>	10.01 = 16pts	David Anuga
	9.53 = 14pts	Augustus Ketuakis
<b>Discus</b>	18.21 = 9pts	Bemiga Raji
	18.36 = 9pts	Terry Oppong
<b>Javelin</b>		
<b>Hammer</b>	27.52 = 16pts	Folarian Oguntuase
	22.55 = 12pts	isreal Osunde

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**Intermediate Boys**

**5 : 409pts : St Martin's School Brentwood, Brentwood, Essex**

<b>100m</b>	11.9 = 24pts	Jaden Symister
	11.7 = 26pts	Cairo Chambers-Richards
<b>200m</b>	26.3 = 16pts	Mikel Osaji-Okai
	24.2 = 23pts	Lee Boka
<b>300m</b>	44.0 = 12pts	Martin Timis
	44.2 = 12pts	Dylan Smithson
<b>800m</b>	2:29.4 = 16pts	Joe Elphick
	2:30.1 = 16pts	Oliver Martin
<b>1500m</b>	5:02.7 = 17pts	Jonny Oakes
	5:00.6 = 17pts	Ritchy Biyekele
<b>Hurdles</b>	11.7 = 26pts	Timi Adebayo
<b>Relay</b>	DQ = 0pts	Ethan Leslie , Eren Ozkoch Ben Godfrey , Joe Elphick
<b>High_Jump</b>	1.71 = 23pts	Timi Adebayo
	1.68 = 22pts	Ritchy Biyekele
<b>Long_Jump</b>	4.56 = 10pts	Lee Boka
	4.47 = 9pts	Cairo Chambers-Richards
<b>Triple_Jump</b>	10.98 = 16pts	Jonny Oakes
	10.52 = 14pts	Mikel Osaji-Okai
<b>Pole_Vault</b>		
<b>Shot</b>	10.86 = 18pts	Jaden Symister
	12.31 = 23pts	Eren Ozkoch
<b>Discus</b>	27.54 = 19pts	Ben Godfrey
	20.48 = 11pts	Oliver Martin
<b>Javelin</b>	32.70 = 15pts	Ethan Leslie
	20.00 = 7pts	Dylan Smithson
<b>Hammer</b>	29.07 = 17pts	Martin Timis

**6 : 395pts : St Thomas More High School, Westcliff-on-Sea, Essex**

<b>100m</b>	11.8 = 25pts	Innocent Duru
	11.6 = 27pts	Aaron Wole-Romiluyi
<b>200m</b>	26.0 = 17pts	Ola Gbadebo
	25.1 = 20pts	Daniel Wole-Romiluyi
<b>300m</b>	41.7 = 17pts	Bradley Anaglavi
	39.4 = 23pts	Rahim Rajulawalla
<b>800m</b>	2:31.2 = 15pts	Jeremiah Emmanuel
	2:31.3 = 15pts	Brody Squires-Wilson
<b>1500m</b>		
<b>Hurdles</b>	12.1 = 24pts	Ummeli Moyo
	14.2 = 14pts	David Bajela
<b>Relay</b>	51.0 = 19pts	Raphael Cohen , Prasie Likolo Travis Okeke , Josh Davies
<b>High_Jump</b>	1.29 = 9pts	Bradley Anaglavi
	NM = 0pts	Ola Gbadebo
<b>Long_Jump</b>	5.84 = 23pts	Innocent Duru
	5.23 = 17pts	David Bajela
<b>Triple_Jump</b>	11.69 = 20pts	Ummeli Moyo
	10.91 = 16pts	Praise Likolo
<b>Pole_Vault</b>		
<b>Shot</b>	7.34 = 7pts	Brody Squires-Wilson
	7.03 = 6pts	Daniel Wole-Romiluyi
<b>Discus</b>	22.33 = 13pts	Jeremiah Emmanuel
	26.53 = 18pts	Rahim Rajulawalla
<b>Javelin</b>	33.90 = 16pts	Raphael Cohen
	20.45 = 7pts	Travis Okeke
<b>Hammer</b>	23.25 = 13pts	Joshua Davies
	24.91 = 14pts	Aaron Wole-Romiluyi

**7 : 349pts : The Beaulieu Park School, Chelmsford, Essex**

<b>100m</b>	12.3 = 20pts	Joel Appiah
	12.5 = 18pts	Josiah Ocran
<b>200m</b>	25.4 = 19pts	Ben Laybourne
	24.9 = 21pts	Dola Olarewaju
<b>300m</b>	42.2 = 16pts	Joe Milton
<b>800m</b>	2:36.3 = 14pts	Tom Green
	2:23.7 = 18pts	Dominic Willis
<b>1500m</b>	5:21.4 = 13pts	Sam Donegan
	4:50.5 = 19pts	Toby Scarfe
<b>Hurdles</b>	13.1 = 19pts	Eden Smith
	13.8 = 16pts	Jack Sawyer
<b>Relay</b>	52.6 = 17pts	Ben Chivers , Sam Donegan Dola Olarewaju , Dan McManus
<b>High_Jump</b>	1.47 = 15pts	Toby Scarfe
	1.29 = 9pts	Ben Laybourne
<b>Long_Jump</b>	4.98 = 14pts	Tom Green
	4.69 = 11pts	Eden Smith
<b>Triple_Jump</b>	10.41 = 14pts	George Nicholls
	NM = 0pts	Dominic Willis
<b>Pole_Vault</b>		
<b>Shot</b>	7.92 = 9pts	Josiah Ocran
	10.02 = 16pts	Dan McManus
<b>Discus</b>	24.83 = 16pts	Joel Appiah
	27.51 = 19pts	Gabriel Michaelides
<b>Javelin</b>	22.85 = 9pts	Ben Chivers
	20.98 = 7pts	Joe Milton
<b>Hammer</b>		

**8 : 329pts : Cecil Jones Academy, Southend-on-Sea, Essex**

<b>100m</b>	12.8 = 15pts	Yemi Owonifari
	12.7 = 16pts	Olamide Adewole
<b>200m</b>	27.0 = 14pts	Ryan Potter
	27.2 = 13pts	Besard Markaj
<b>300m</b>	42.3 = 15pts	Kaden Beer
	48.4 = 6pts	Lewis Bakanowski
<b>800m</b>	2:28.8 = 16pts	Lorent Ferizi
	2:42.2 = 12pts	Tyler Locke
<b>1500m</b>	4:30.1 = 23pts	Toby Jones
<b>Hurdles</b>	12.9 = 20pts	Rio Michaels
	17.3 = 0pts	Liam Galli
<b>Relay</b>	54.5 = 14pts	Tyler Locke , Logan Dare Konstantin Marinov , Vinny Cundy
<b>High_Jump</b>	1.47 = 15pts	Ryan Potter
	1.50 = 16pts	Rio Michaels
<b>Long_Jump</b>	4.27 = 7pts	Laim Gali
	4.73 = 12pts	Lewis Bakanowski
<b>Triple_Jump</b>	9.90 = 11pts	Toby Jones
	10.46 = 14pts	Olamide Adewole
<b>Pole_Vault</b>		
<b>Shot</b>	8.61 = 11pts	Lorent Ferizi
	8.19 = 9pts	Vinny Cundy
<b>Discus</b>	29.20 = 20pts	Yemi Owonifari
	19.52 = 11pts	Besard Markaj
<b>Javelin</b>	25.03 = 10pts	Kaden Beer
<b>Hammer</b>	26.82 = 16pts	Logan Dare
	23.05 = 13pts	Konstantin Marinov



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**Intermediate Boys**

**9 : 313pts : William Edwards School, Grays, Essex**

<b>100m</b>	11.9 = 24pts	Malik Alaka
	12.0 = 23pts	James Nanna
<b>200m</b>	26.7 = 15pts	Samuel Robinson
	28.8 = 9pts	Mihail Cinte
<b>300m</b>	41.9 = 16pts	Cezar Draganescu
	45.8 = 9pts	Daniel Laiyemo
<b>800m</b>	2:18.2 = 20pts	Sam Byrnes
	2:29.0 = 16pts	Francis McLoughin
<b>1500m</b>	5:26.1 = 12pts	Jack Tobin
<b>Hurdles</b>	11.8 = 26pts	William Watts
	13.6 = 17pts	Kevin Moghina
<b>Relay</b>	55.2 = 13pts	Olisa Ebosie , Samuel Robinson Ben Gorbutt , Daniel Laiyemo
<b>High_Jump</b>	1.65 = 21pts	William Watts
	1.47 = 15pts	James Nanna
<b>Long_Jump</b>	3.57 = 1pts	Jack Jackson
<b>Triple_Jump</b>		
<b>Pole_Vault</b>		
<b>Shot</b>	9.07 = 12pts	Ben Gorbutt
	7.41 = 7pts	Olisa Ebosie
<b>Discus</b>	29.47 = 20pts	Mihail Cinte
	19.44 = 10pts	Kevin Moghina
<b>Javelin</b>	31.50 = 15pts	Malik Alaka
	27.20 = 12pts	Cezar Draganescu
<b>Hammer</b>		

**10 : 308pts : Chelmer Valley High School, Chelmsford, Essex**

<b>100m</b>	12.6 = 17pts	Lucas Muyambi
	12.2 = 21pts	Ben Morgan
<b>200m</b>	26.8 = 14pts	Luca Nurse
	26.8 = 14pts	Louis Blackie
<b>300m</b>	40.4 = 20pts	Josh Wilson
	41.8 = 17pts	Ewan Nicoll
<b>800m</b>	2:34.5 = 14pts	George FordGeorge Ford
	2:44.1 = 11pts	Oliver Williams
<b>1500m</b>	4:46.1 = 20pts	Tom Carter
	4:49.4 = 20pts	Tom Smith
<b>Hurdles</b>	15.7 = 6pts	Ed Baker
	13.1 = 19pts	Roman Miller
<b>Relay</b>	53.2 = 16pts	Tom Smith , Tom Carter Dylan McCabe , Cassius Wilcock
<b>High_Jump</b>	NM = 0pts	George Ford
	1.38 = 12pts	Ewan Nicoll
<b>Long_Jump</b>		
<b>Triple_Jump</b>	10.40 = 14pts	Ben Morgan
<b>Pole_Vault</b>		
<b>Shot</b>	8.54 = 11pts	Josh Wilson
	8.87 = 12pts	Roman Miller
<b>Discus</b>	19.31 = 10pts	Dylan McCabe
	28.27 = 19pts	Lucas Muyambi
<b>Javelin</b>	29.56 = 13pts	Ed Baker
	21.44 = 8pts	Cassius Wilcock
<b>Hammer</b>		

**11 : 269pts : Forest School, London, Essex**

<b>100m</b>	12.4 = 19pts	Jaiden Lemom
	12.4 = 19pts	Akshaye Khambh
<b>200m</b>	23.4 = 27pts	Alex Foster
	27.3 = 13pts	Caspar Holmes
<b>300m</b>	40.1 = 21pts	Thomas O'Donnell
<b>800m</b>	2:15.4 = 21pts	Ed Fox
	2:53.0 = 8pts	Otis Cannon
<b>1500m</b>	4:59.7 = 18pts	Will Cassidy Keating
	5:26.7 = 12pts	Oliver Porter
<b>Hurdles</b>		
<b>Relay</b>		Sidney Sanders , Otis Cannon Matt Gittens , Oliver Porter
<b>High_Jump</b>	1.35 = 11pts	Leo Everitt
	NM = 0pts	
<b>Long_Jump</b>	4.44 = 9pts	Alex Foster
	3.61 = 1pts	Akshaye Khambh
<b>Triple_Jump</b>	10.28 = 13pts	Jaiden Lemom
<b>Pole_Vault</b>		
<b>Shot</b>	10.18 = 16pts	Sidney Sanders
	7.64 = 8pts	Matt Gittens
<b>Discus</b>	20.60 = 12pts	Thomas O'Donnell
	18.52 = 10pts	George Phillips
<b>Javelin</b>	23.12 = 9pts	Will Cassidy Keating
	29.73 = 13pts	Ed Fox
<b>Hammer</b>	19.68 = 9pts	Caspar Holmes

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**Intermediate Girls**

**1 : 418pts : Forest School, London, Essex**

<b>100m</b>	13.2 = 24pts	Momo Fokaya
	14.8 = 10pts	Betsy McMillan
<b>200m</b>	27.0 = 24pts	Ione Lon
	30.6 = 12pts	Blossom McCartney
<b>300m</b>	42.2 = 27pts	Isabelle Kyson
	46.4 = 20pts	Verity Ross
<b>800m</b>	2:39.1 = 21pts	Sophie Whiteside
	2:43.8 = 19pts	Tilda Isaac
<b>1500m</b>	5:20.5 = 23pts	Tess Noblet
	5:54.8 = 17pts	Violet Galliers
<b>Hurdles</b>	11.5 = 29pts	Rebecca Wright
	12.5 = 24pts	Tara Sweetnam
<b>Relay</b>	DQ = 0pts	Jenna Yadua , Milla Stimpson Violet Galliers , Tilda Isaac
<b>High_Jump</b>	1.38 = 17pts	Isabelle Kyson
	1.26 = 13pts	Tara Sweetnam
<b>Long_Jump</b>	3.85 = 12pts	Betsy McMillan
	3.93 = 12pts	Momo Fokaya
<b>Triple_Jump</b>	7.78 = 6pts	Blossom McCartney
<b>Pole_Vault</b>		
<b>Shot</b>	13.24 = 39pts	Rebecca Wright
	7.66 = 15pts	Verity Ross
<b>Discus</b>	17.57 = 12pts	Tess Noblet
	12.86 = 6pts	Ione Lon
<b>Javelin</b>	21.10 = 15pts	Milla Stimpson
	12.74 = 4pts	Jenna Yadua
<b>Hammer</b>	24.26 = 17pts	Sophie Whiteside

**2 : 397pts : The Coopers' Company and Coborn School, Upminster, Essex**

<b>100m</b>	14.9 = 9pts	Maddie Powell
	13.7 = 19pts	Heidi Burt
<b>200m</b>	31.1 = 10pts	Emily Quinlan
	31.3 = 9pts	Isabelle Foley
<b>300m</b>	44.9 = 22pts	Izzy Pickard
	49.7 = 14pts	Grace Tilson
<b>800m</b>	2:29.4 = 26pts	Daisy Leech
	4:45.8 = 0pts	Daisy Manning
<b>1500m</b>	5:11.0 = 25pts	Rosie Warner
	5:40.9 = 19pts	Eliza Bridges
<b>Hurdles</b>	12.6 = 24pts	Maggie Smith
	15.0 = 15pts	Scarlett Woods
<b>Relay</b>	59.3 = 18pts	Bella Marshall , Daisy Manning Rhianna Jerome , Maddie Powell
<b>High_Jump</b>	1.50 = 21pts	Maggie Smith
	1.26 = 13pts	Eliza Bridges
<b>Long_Jump</b>	4.26 = 16pts	Daisy Leech
	3.45 = 8pts	Grace Tilson
<b>Triple_Jump</b>	7.90 = 8pts	Rosie Warner
	8.33 = 11pts	Heidi Burt
<b>Pole_Vault</b>		
<b>Shot</b>	9.61 = 21pts	Izzy Pickard
	9.48 = 21pts	Rhianna Jerome
<b>Discus</b>	19.07 = 14pts	Isabelle Foley
	19.42 = 15pts	Bella Marshall
<b>Javelin</b>	23.40 = 17pts	Scarlett Woods
	26.81 = 22pts	Emily Quinlan
<b>Hammer</b>		

**3 : 392pts : The Eastwood Academy, Leigh-on-Sea, Essex**

<b>100m</b>	14.2 = 14pts	Evie Nobrega
	14.6 = 11pts	Chloe Facey
<b>200m</b>	29.3 = 16pts	Sophia Lansley
	31.1 = 10pts	Nana Mensah
<b>300m</b>	45.8 = 21pts	Dulcie Galbally
	48.2 = 17pts	Jodie Murphy
<b>800m</b>	2:53.2 = 15pts	Sophie Middleton
	2:52.9 = 15pts	Nancy Mitchell
<b>1500m</b>	5:00.6 = 28pts	Jessica Walker
	5:15.6 = 24pts	Megan Vernon
<b>Hurdles</b>	13.4 = 20pts	Desiree Kehinde
	13.0 = 22pts	Freya maskell
<b>Relay</b>	59.5 = 18pts	Jessica Walker , Sophie Middleton Tia Reeve , Kayleigh Ive
<b>High_Jump</b>	1.32 = 15pts	Sophia Lansley
	1.29 = 14pts	Nancy Mitchell
<b>Long_Jump</b>	4.20 = 15pts	Desiree Kehinde
	3.71 = 10pts	Chloe Facey
<b>Triple_Jump</b>	7.98 = 8pts	Kayleigh Ive
	8.08 = 9pts	Nana Mensah
<b>Pole_Vault</b>		
<b>Shot</b>	9.07 = 19pts	Tia Reeve
	5.27 = 7pts	Jodie Murphy
<b>Discus</b>	16.90 = 11pts	Dulcie galbally
	18.40 = 13pts	Freya Maskell
<b>Javelin</b>	21.30 = 16pts	Evie Nobrega
	28.32 = 24pts	Megan Vernon
<b>Hammer</b>		

**4 : 374pts : Shenfield High School, Brentwood, Essex**

<b>100m</b>	12.7 = 29pts	Heidi Beaumont
	14.1 = 15pts	Fisola Fagbadegun
<b>200m</b>	27.7 = 21pts	Leila Lynch
	29.8 = 14pts	Jess Winstone-Adair
<b>300m</b>	49.4 = 15pts	Rachel Pearce
	52.7 = 10pts	Lucy Allison
<b>800m</b>	2:55.8 = 14pts	Sophia Lee
	2:54.0 = 15pts	Millie Preston
<b>1500m</b>	5:28.9 = 22pts	Marcie O'Meara
	6:00.8 = 16pts	Saoirse Green
<b>Hurdles</b>	15.2 = 14pts	
<b>Relay</b>	64.3 = 11pts	Titi Majekodunmi , Katie Allison Millie Preston , Linda Murati
<b>High_Jump</b>	1.26 = 13pts	Leila Lynch
	1.38 = 17pts	Marcie O'Meara
<b>Long_Jump</b>	4.12 = 14pts	Jess Winstone-Adair
	3.95 = 13pts	Fisola Fagbadegun
<b>Triple_Jump</b>	8.81 = 14pts	Olivia Pinnington
	7.55 = 4pts	Heidi Beaumont
<b>Pole_Vault</b>		
<b>Shot</b>	10.28 = 24pts	Titi Majekodunmi
	7.02 = 13pts	Linda Murati
<b>Discus</b>	14.45 = 8pts	Sophia Lee
	16.25 = 11pts	Katie Allison
<b>Javelin</b>	21.80 = 16pts	Saoirse Green
	21.55 = 16pts	Rachel Pearce
<b>Hammer</b>	22.18 = 15pts	Lucy Allison

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**Intermediate Girls**

**5 : 364pts : Chelmsford County High School for Girls, Chelmsford, Essex**

<b>100m</b>	14.3 = 13pts	Sarah Yuen
	14.2 = 14pts	Sarah Adesanya
<b>200m</b>	31.6 = 8pts	Esther Adesiyen
	29.6 = 15pts	Nesochi Onychere
<b>300m</b>	53.5 = 9pts	Charlotte Lee
	49.5 = 14pts	Lily-Anne Walsh
<b>800m</b>	2:21.6 = 30pts	Lottie Wilkin
	2:37.5 = 22pts	Kesia Crees
<b>1500m</b>	4:53.9 = 29pts	Bethan Davies
	5:17.6 = 24pts	Ginika Onychere
<b>Hurdles</b>	15.9 = 12pts	Grace Harrod-Rothwell
	15.5 = 13pts	Neha Gopal
<b>Relay</b>	60.2 = 17pts	Bethan Davies , Neha Gopal Manuella Okuku , Chelsea Ikewuka
<b>High_Jump</b>	1.35 = 16pts	Grace Harrod-Rothwell
	1.35 = 16pts	Ginika Onychere
<b>Long_Jump</b>	3.73 = 10pts	Charlotte Lee
	3.52 = 8pts	Kesia Crees
<b>Triple_Jump</b>	8.69 = 13pts	Esther Adesiyen
	8.66 = 13pts	Lily-Anne Walsh
<b>Pole_Vault</b>		
<b>Shot</b>	8.46 = 17pts	Sarah Yuen
	7.61 = 15pts	Manuella Okuku
<b>Discus</b>	15.43 = 9pts	Chelsea Ikewuka
	14.65 = 8pts	Nesochi Onychere
<b>Javelin</b>	11.90 = 3pts	Lottie Wilkin
	21.70 = 16pts	Sarah Adesanya
<b>Hammer</b>		

**6 : 348pts : St Martin's School Brentwood, Brentwood, Essex**

<b>100m</b>	14.1 = 15pts	Brooke Carey
	14.5 = 11pts	Gemma Johnston
<b>200m</b>	30.3 = 13pts	Freya Whymark
	27.5 = 22pts	Eva Cockerton
<b>300m</b>	51.4 = 12pts	Chloe Watts
	46.6 = 19pts	Harriet Hudson
<b>800m</b>	2:54.0 = 15pts	Ruby Lee
	2:44.3 = 18pts	Poppy Lee
<b>1500m</b>	5:11.1 = 25pts	Sienna Shipton
	6:02.8 = 15pts	Lacey Oakes
<b>Hurdles</b>	16.2 = 11pts	Gracie-Jayne Angus
	16.2 = 11pts	Isabel Kazali
<b>Relay</b>	62.0 = 14pts	Esther Adeogun , Freya Whymark Poppy Lee , Isabel Connor
<b>High_Jump</b>	1.44 = 19pts	Ruby Lee
	1.41 = 18pts	Harriet Hudson
<b>Long_Jump</b>	3.54 = 8pts	Chloe Watts
	3.87 = 12pts	Eva Cockerton
<b>Triple_Jump</b>	7.54 = 4pts	Brooke Carey
	9.25 = 17pts	Sienna Shipton
<b>Pole_Vault</b>		
<b>Shot</b>	8.81 = 19pts	Esther Adeogun
	6.61 = 11pts	Gemma Johnston
<b>Discus</b>	15.12 = 9pts	Lacey Oakes
	14.94 = 9pts	Isabel Kazali
<b>Javelin</b>	16.08 = 8pts	Gracie-Jayne Angus
	19.57 = 13pts	Isabel Connor
<b>Hammer</b>		

**7 : 304pts : William Edwards School, Grays, Essex**

<b>100m</b>	13.6 = 20pts	Eleora Asare Boateng
	13.7 = 19pts	Elizabeth Laiyemo
<b>200m</b>	27.4 = 22pts	Rhea Murdock
	31.0 = 10pts	Leighana Maine
<b>300m</b>	51.1 = 12pts	Jada Patrick
	52.9 = 10pts	Autumn Adeyinka
<b>800m</b>	3:23.9 = 5pts	Aiste Jankute
	2:50.1 = 16pts	Demi Hetherington
<b>1500m</b>	6:12.0 = 14pts	Hanna Sadowska
	6:56.3 = 6pts	Martha Fuller
<b>Hurdles</b>	12.3 = 25pts	Alice Coshell
	15.0 = 15pts	Brody Brownlie
<b>Relay</b>	59.4 = 18pts	Martha Fuller , Abigail Bluck Sophie Gorbutt , Demi Hetherington
<b>High_Jump</b>	1.29 = 14pts	Alice Coshell
	1.17 = 10pts	Hanna Sadowska
<b>Long_Jump</b>	3.31 = 6pts	Eleora Asare Boateng
	4.37 = 17pts	Elizabeth Laiyemo
<b>Triple_Jump</b>	9.24 = 17pts	Rhea Murdock
<b>Pole_Vault</b>		
<b>Shot</b>	7.74 = 15pts	Sophie Gorbutt
	7.58 = 14pts	Leighana Maine
<b>Discus</b>	12.98 = 6pts	Abigail Bluck
	14.08 = 8pts	Autumn Adeyinka
<b>Javelin</b>	9.35 = 1pts	Aiste Jankute
	12.20 = 4pts	Jada Patrick
<b>Hammer</b>		

**8 : 297pts : Chelmer Valley High School, Chelmsford, Essex**

<b>100m</b>	14.1 = 15pts	Chloe Fisk
	13.8 = 18pts	Phoebe Mansfield
<b>200m</b>	27.9 = 21pts	Lacey Anderson
	31.5 = 9pts	Scarlet Henry
<b>300m</b>	47.6 = 18pts	Erin Taylor
	47.6 = 18pts	Brooke McClement
<b>800m</b>	2:52.0 = 15pts	Ruby Clark
	3:00.5 = 12pts	Lois Dunbar
<b>1500m</b>	6:08.3 = 14pts	Zoe Nuttall
	6:29.3 = 11pts	Freya Butcher
<b>Hurdles</b>		
<b>Relay</b>	57.8 = 20pts	Erin Taylor , Amelia Nicholson Pippa Clout , Freya Butcher
<b>High_Jump</b>	1.17 = 10pts	Phoebe Mansfield
	1.38 = 17pts	Zoe Nuttall
<b>Long_Jump</b>	2.99 = 3pts	Chloe Fisk
	3.38 = 7pts	Kiera Old
<b>Triple_Jump</b>	7.55 = 4pts	Brooke McClement
	8.30 = 11pts	Ruby Clark
<b>Pole_Vault</b>		
<b>Shot</b>	5.92 = 9pts	Lacey Anderson
	5.93 = 9pts	Mia Robertson
<b>Discus</b>	18.35 = 13pts	Amelia Nicholson
	16.54 = 11pts	Lois Dunbar
<b>Javelin</b>	21.12 = 15pts	Pippa Clout
	22.48 = 17pts	Scarlet Henry
<b>Hammer</b>		

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**Intermediate Girls**

**9 : 287pts : Grays Convent High School, Grays, Essex**

<b>100m</b>	13.8 = 18pts	Sylvia Jefia
	17.1 = 0pts	Margaret Ogunrinde
<b>200m</b>	30.2 = 13pts	Niamh Handley
	31.2 = 10pts	Tiara Williams
<b>300m</b>	51.8 = 11pts	Maeve Pitney
	51.9 = 11pts	Paige Pinnock
<b>800m</b>	3:05.5 = 11pts	Amy Sullivan
	3:31.1 = 2pts	Georgia Smith
<b>1500m</b>	5:17.3 = 24pts	Sophie Pasztor
	5:43.6 = 19pts	Isobel Pitney
<b>Hurdles</b>	15.6 = 13pts	Erin Pitney
<b>Relay</b>	62.0 = 14pts	Alannah Edward , Adenika Bamiduro Margaret Ogunrinde , Rachael Muchena
<b>High_Jump</b>	1.44 = 19pts	Erin Pitney
	1.26 = 13pts	Maeve Pitney
<b>Long_Jump</b>	3.49 = 8pts	Niamh Handley
	3.88 = 12pts	Tiara Williams
<b>Triple_Jump</b>	7.95 = 8pts	Racheal Muchena
	8.29 = 10pts	Paige Pinnock
<b>Pole_Vault</b>		
<b>Shot</b>	7.42 = 14pts	Sylvia Jefia
	7.27 = 13pts	Adenika Bamiduro
<b>Discus</b>	11.71 = 5pts	Sophie Pasztor
	14.05 = 8pts	Isobel Pitney
<b>Javelin</b>	8.01 = 0pts	Amy Sullivan
	21.82 = 16pts	Georgia Smith
<b>Hammer</b>	22.42 = 15pts	Alannah Edward

**10 : 267pts : The Beaulieu Park School, Chelmsford, Essex**

<b>100m</b>	13.0 = 26pts	Mya Thomas
	15.2 = 8pts	Cleo Ocran
<b>200m</b>	29.8 = 14pts	Erin Radburn
	30.0 = 14pts	Scarlett Ralph
<b>300m</b>	56.5 = 5pts	Ella Bodell
	47.8 = 17pts	Ruby Hillman
<b>800m</b>	2:52.8 = 15pts	Isabelle Evans
	2:45.5 = 18pts	Megan Kier
<b>1500m</b>	4:58.8 = 28pts	Daisy Stollery
	6:44.9 = 8pts	Jamie-Leigh Mayle
<b>Hurdles</b>	18.8 = 2pts	Amelia Ashwell
<b>Relay</b>	58.8 = 19pts	Emily Mitchell , Abby Wainwright Ella Bodell , Mya Thomas
<b>High_Jump</b>	1.20 = 11pts	Isabelle Evans
	1.17 = 10pts	Amelia Ashwell
<b>Long_Jump</b>	2.45 = 0pts	Daisy Stollery
	3.92 = 12pts	Cleo Ocran
<b>Triple_Jump</b>	6.82 = 0pts	Emily Mitchell
	7.99 = 8pts	Erin Radburn
<b>Pole_Vault</b>		
<b>Shot</b>	7.99 = 16pts	Megan Kier
	7.58 = 14pts	Jess Gardner
<b>Discus</b>	17.22 = 12pts	Abby Wainwright
	11.78 = 5pts	Jamie-Leigh Mayle
<b>Javelin</b>	7.97 = 0pts	Scarlett Ralph
	13.63 = 5pts	Ruby Hillman
<b>Hammer</b>		

**11 : 59pts : Cecil Jones Academy, Southend-on-Sea, Essex**

<b>100m</b>	15.5 = 6pts	Sadie Corney
	15.3 = 7pts	Aisha Purnell
<b>200m</b>	37.7 = 0pts	Rebecca Peel
	32.7 = 6pts	Eden Bright
<b>300m</b>	53.1 = 10pts	Kianna Stean
	DNF = 0pts	Ellie Tyre
<b>800m</b>		
<b>1500m</b>		
<b>Hurdles</b>		
<b>Relay</b>		Amaya McKenzie , Amy Cook Rebecca Peel , Chloe Appleton
<b>High_Jump</b>	1.38 = 17pts	Nina Wadda
	NM = 0pts	Aisha Purnell
<b>Long_Jump</b>	2.16 = 0pts	Eden Bright
	3.03 = 3pts	Ellie Tyre
<b>Triple_Jump</b>		
<b>Pole_Vault</b>		
<b>Shot</b>	6.25 = 10pts	Amaya McKenzie
<b>Discus</b>	7.08 = 0pts	Sadie Corney
<b>Javelin</b>	8.39 = 0pts	Kianna Stean
<b>Hammer</b>		